



**Name: Bennetto Community Centre**  
**Address: 450 Hughson St N**  
**Phone: 905-546-3747**

**For real time program info:**  
[hamilton.ca/swimming](https://www.hamilton.ca/swimming)



<b>SWIMMING SCHEDULE - SPRING 2026 – April 7, 2026 – June 28, 2026</b>							
<b>PROGRAM</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>Open Swim 18+</b>	10:00-11:15am	10:30-11:30am	10:30-11:30am	10:30-11:30am	10:00-11:15am	1:30-2:30pm	
<b>Open Swim</b>	7:15-8:45pm	8:00-9:00pm		7:15-8:45pm		2:30-3:30pm	
<b>Open Swim FREE</b>					6:45-8:15pm		
<b>Open Swim (Family)</b>		9:30-10:30am 5:00-6:00pm		9:30-10:30am	5:00-6:30pm		
<b>Water Fit</b>	11:15-12:00pm	7:15-8:00pm	9:45-10:30am		11:15-12:00pm		
<b>Length Swim</b> Swims marked with a * 2 lanes only	12:15-1:30pm 7:15-8:45pm*	9:30-11:30am* 11:45-1:00pm	11:45-1:00pm 8:30-9:30pm	9:30-11:30am* 11:45-1:00pm 7:15-8:45pm*	12:15-1:30pm	12:15-1:15pm	

**NOTES: Centre will be Closed on Monday May 18, 2026 (Victoria Day)**

**For information on swim admission criteria and supervision requirements:**

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>



# Hamilton

**Centre Name:** Bennetto Community Centre  
**Address:** 450 Hughson St. N.  
**Phone:** 905-546-3747

**For real time program info:**  
[hamilton.ca/gym](http://hamilton.ca/gym)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Cardio, Balance &amp; Strength</b> (55+) 10:30am – 11:30am <b>*\$3.18 per visit</b>	<b>Open Gym</b> (Parent & Tot) 10:30am – 12:00pm	<b>**School Gym - FREE</b> (Bennetto School students only) 1:15-1:45pm	<b>Open Gym</b> (Parent & Tot) 10:30am – 12:00pm	<b>Cardio, Balance &amp; Strength</b> (55+) 10:30am – 11:30am <b>*\$3.18 per visit</b>	<b>Open Gym</b> (Under 17 w/parent <b>FREE</b> 12:30pm – 1:30pm)	
<b>Volleyball</b> (16+) 7:00pm – 8:45pm	<b>Soccer</b> (18+) 8:00pm-9:00pm	<b>Basketball</b> (18+) 8:15pm-9:45pm	<b>Pickleball</b> (18+) 12:30pm – 2:30pm	<b>**School Gym - FREE</b> (Bennetto School students only) 1:15-1:45pm	<b>Pickleball</b> (18+) 1:45pm – 3:45pm	
			<b>Open Gym</b> (Under 17 w/parent <b>FREE</b> 5:00pm – 6:00pm)	<b>Open Gym</b> (13-17 yrs) 5:15pm – 6:45pm		
			<b>Pickleball</b> (18+) 6:45pm – 8:45pm	<b>Volleyball</b> (18+) 7:00pm – 8:30pm		

**NOTES: Centre will be Closed on Monday May 18, 2026 (Victoria Day)**

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.