

SWIM SCHEDULE – June 26, 2023 – Sept 3, 2023

<u>PROGRAM</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Open Swim 18+	9:45-10:45 am	9:45-10:45 am	10:30-11:30 am	9:45-10:45 am	9:45-10:45 am	10:30-11:30
Open Swim	1:15/2:45 7:00-8:30	1:15-2:45 6:45-8:30	1:15-2:45 pm 6:45-8:30	1:15-2:45 pm 6:45-8:30 pm*	1:15-2:45 pm 7:00-8:30 pm FREE	1:15-2:45 pm
Open Swim (Family)	5:30-7:00				5:30-7:00	
Length Swim	11:45 am-1:00 pm	12-1:00 6:45-8:30	11:45 -1:00 6:45-8:30	12:00-1:00 pm 6:45-8:30 pm*	11:45 am-1:00 pm	11:45 am-1:00 pm
Water Fit	10:45-11:30 am		9:45-10:30 am		10:45-11:30 am	

OUTDOOR SWIMMING & WADING POOLS:

OPEN – JUNE 30TH, 2023 for details & locations visit:

<https://www.hamilton.ca/things-do/recreation/locations/outdoor-wading-pools>