

BENNETTO COMMUNITY CENTRE

450 Hughson Street North

905-546-4944

www.hamilton.ca

JUNE 2023

Cool Off with Bennetto's Summer Programs!

SUMMER Drop-in Programs (Starting June 26, 2023):

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swims: (18+) 9:45-10:45am (Open) 1:15-2:45pm (Family) 5:30-7:00pm (Open) 7:00-8:30pm	Open Swims: (18+) 9:45-10:45am (Open) 1:15-2:45pm (Open) 6:45-8:30pm*	Open Swim: (18+) 10:30-11:30am (Open) 1:15-2:45pm (Open) 6:45-8:30pm*	Open Swims: (18+) 9:45-10:45am (Open) 1:15-2:45pm (Open) 6:45-8:30pm*	Open Swims: (18+) 9:45-10:45am (Open) 1:15-2:45pm (Family) 5:30-7:00pm (Open - FREE) 7:00-8:30pm	Open Swims: (18+) 10:30-11:30am (Open) 1:15-2:45pm	CLOSED
Open Gym: (13-17 yrs) 7:00-8:30 pm	Open Gym: (Parent & Tot) 10:30-12:00pm	Open Gym: (13-17 yrs) 7:00-8:30 pm	Open Gym: (Parent & Tot) 10:30-12:00pm (Family) 5:00-6:30pm	Open Gyms: (9-12 yrs) 5:15-6:45 pm (Family) 7:00-8:30 pm	Open Gyms: (Family - FREE) 12:00-1:30 pm	
Water Fit: 10:45-11:30am	Lengths: 12:00-1:00pm 6:45-8:30pm* *2 Lanes Only	Water Fit: 9:45-10:30am	Pickleball: (18+) 12:30-2:30 pm (18+) 6:45-8:45pm	Water Fit: 10:45-11:30am	Pickleball: (18+) 1:45-3:45 pm	
Lengths: 11:45-1:00pm 7:15-8:45 pm* *2 Lanes Only		Lengths: 11:45-1:00pm 8:30-9:30 pm	Lengths: 12:00-1:00pm 6:45-8:30pm* *2 Lanes Only	Lengths: 11:45-1:00pm	Lengths: 11:45-1:00pm	
*Cardio Balance & Strength (55+) 10:00-11:00 am \$2.37 per visit				*Cardio Balance & Strength (55+) 10:00-11:00 am \$2.37 per visit		
*Chair Fit (55+) 11:00-12:00 pm \$2.37 per visit				*Chair Fit (55+) 11:00-12:00 pm \$2.37 per visit		

For all our drop-in programs please check on-line at: www.hamilton.ca/recreation

OUTDOOR SWIMMING & WADING POOLS:
 OPEN – JUNE 30TH, 2023 for details & locations visit:

<https://www.hamilton.ca/things-do/recreation/locations/outdoor-wading-pools>