



OCTOBER 2021 | VOLUME 9 | OFFICE@NORTHENDBREEZES.COM | WWW.NORTHENDBREEZES.COM | @NORTHENDBREEZES | FACEBOOK.COM/NORTHENDBREEZES

# WALKABOUT ALL ABOARD AT THE WEST HARBOUR GO STATION



SUBMITTED BY KEN HIRTER

This month's Walkabout finds me at the West Harbor GO. All aboard! Destination Niagara Falls. Away I went on the GO train. Here in the North End, August 7th, 2021 saw the beautiful, sleepy West Harbor Go station nestled by the bay come awake with Allday service to Toronto and service now to Niagara Falls.

I took my first train run this September. The beautiful east routes and the wonderful ride to Toronto Union Station on a Saturday afternoon - then Sunday west bound to Niagara Falls with stops at the old railway stations in St. Catharines and Niagara Falls was absolutely

charming. It was a day tripping kinda weekend and a memorable one. As I was leaving the old Railway Station in "the Falls" someone was tickling on the old ivories, playing on a hand painted old upright piano. "A kiss is just a kiss, a smile is just a smile." (Casablanca, 1944 Bogart & Bacall)

Whether riding solo or with friends & family; going biking, hiking or out with your furry friends boarding the GO is the way to go. Discover the trails, parks and festivals in a different City today. Enjoy the changing of the autumn leaves and travel throughout Niagara's Wine Country scenic route to Niagara Falls or travel to Toronto and beyond.

Catch the fall festivals, markets dotting along the way and all aboard - toot, toot!

Travel on the GO train, with plenty of leg room, accessible washrooms, bike depot parking and free internet Wi fi. So cool!

For more general information, fares or schedules please visit their website at [www.gotransit.com](http://www.gotransit.com) or call them toll free at 1-888-438-6646.

The West Harbor GO Station is located at 253 James Street North across from the grand, old CNN Railway Station now Liuna Station.

Hop, skip, jump and hitch a ride on the GO today and away you go. Cheers

## NORTH END FOOD DRIVE OCTOBER 16

The pandemic has been hard and we all see signs of people that are in need now more than ever. In support of Welcome Inn we will be doing a food drive on October 16th. There will be donation locations throughout the neighbourhood for you to bring your food and personal hygiene items to.

Together our small donations make a big difference. We are lucky to live in such a caring, supportive neighbourhood. Going door to door also gives us a chance to meet our neighbours and to have our kids learn about hard work and giving back to the community.

The Welcome Inn is truly a gem of the North End. The organization runs community programs for everyone including after school and summer camp for children to the very popular seniors home cooked lunch which takes place every Tuesday.

The Welcome Inn Emergency Food Bank was established in 1991 to address the growing number of families experiencing hunger. Each month 400 households come to Welcome Inn Community Centre and receive a three-day supply of food and personal hygiene items. They believe that food is a basic human right, so no one is turned away. This service is operated primarily by a dedicated group of volunteers. They have recently become a Good Food Organization and are working together with partners for a healthy and fair food system for all.

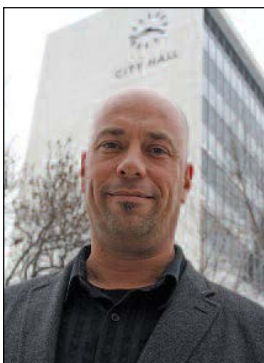
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**NORTH END NEIGHBOURHOOD ASSOCIATION (NENA) UPDATE: FIND OUT WHAT’S HAPPENING IN YOUR NEIGHBOURHOOD**

NENA held it’s September meeting on September 1st. We continue to meet online and everyone is welcome.

After a summer hiatus from the monthly meetings there were a few new things to talk about. Chief among them was the fate of the Simcoe Tot Lot, located on the northeast corner of Bay and Strachan. This is the site of the Sunset Cultural Gardens and is up for development along with the Jamesville development site (located on the northwest corner of James and Stachan). A resolution was passed for NENA’s Planning and Traffic Committee to try to save the Simcoe Tot Lot from development. A second resolution was passed directing the Planning and Traffic Committee to request the City of Hamilton include the neighbourhood association in further planning of the Jamesville site.

Also on the agenda was the need to elect a new Board. Board Members can hold their positions for two years, and this December it will be time to fill the roles with new people. Board Members attend monthly meetings and contribute to various roles such as managing the money, taking minutes, contributing to social media, and writing updates for the Breezes. If you or someone you know are interested in getting involved, please email [nen.president@gmail.com](mailto:nen.president@gmail.com) and come out to our next meeting.

NENA meets the first Wednesday of every month, and the next meeting is on October 6th at 7pm. We will continue to meet virtually.

If you’d like to be added to NENA’s mailing list, please visit [www.northendneighbourhoodassociation.com/](http://www.northendneighbourhoodassociation.com/) and sign up for our Monthly Newsletter on the home page.

You can also find us on social media:

[www.facebook.com/NorthEndNeighbours](https://www.facebook.com/NorthEndNeighbours)  
<https://www.instagram.com/northendhamilton>  
<https://twitter.com/nenhamilton>

**HOPA PORTS** | **PORT UPDATE**

**STV Pathfinder returns to Sail Training in Hamilton Harbour Thanks to Breakwater Investments**

Brigs Youth Sail Training (Brigs) has announced, through the generous support of Blair McKeil of Breakwater Investments, the tall ship STV Pathfinder will return to sail training in 2022.

Following an extensive refit, Pathfinder will rejoin her sister ship TS Playfair in Brigs’ homeport of Hamilton, Ontario. Together, the two Brigantines will offer sail training courses to youth and adults. Brigs, a 60 year old not-for-profit organization, will operate the tall ships and offer over 350 spots annually for new trainees to come on board starting in the summer of 2022.

Commissioned in 1963, STV Pathfinder was one of Canada’s first specially designed sail training ships. Thousands of young people have learned to sail on her and many graduates of Brigs’ sailing programs have gone into marine careers.

More information is available at [brigs.ca](http://brigs.ca), Facebook and Instagram @brigs.sailing.



**Green Marine**

Did you know? HOPA is a founding member of the Green Marine industry environmental program, North America’s leading environmental certification program for the maritime industry. You can find HOPA’s most recent Green Marine results and read about other sustainability initiatives at the Ports of Hamilton & Oshawa in the 2020 Sustainably Report at [www.hopaports.ca](http://www.hopaports.ca)

**LINDA’S CHATTY WALKABOUT: RIDING THE GO TRAIN**

SUBMITTED BY LINDA BENSON

I woke up on Labour Day morning and said, “GO” to Toronto.... Honestly I could not wait to see my granddaughter, officially 5 months old!! I have only seen her once, when a friend drove me into Toronto and hung around while I was getting my hugs and cuddles in.

This time, I was going alone, on the West Harbour GO train. There were a few minor issues, (could have been major but I took a deep breath). It was Labour Day and for some reason this Go station seemed to be tightly locked up. Running back and forth between the two locations, I was becoming a wee bit flabbergasted. There were many people standing around, scratching their heads, we could see the train waiting, but we could not access the platforms. One of the passengers drove down to Hughson Street Go Station, where she was told that the West Harbour station is unmanned, although they informed her that the only access to the platforms would be via the parking lot entrance. She returned to the location where I and many others were waiting, parked her car and generously ran up the stairs (there were quite a few, but the elevator was not working!!) and let us all in. The next train was just pulling into the station, so myself (and many others) were feeling elated, albeit a little worn out, especially those with little kiddies and there were a few with mobility devices who seemed to be going back and forth between the parking lot and street level. Yes, there was some frustration and many complaints about all those stairs (I was huffing and puffing) but for the most part, we were just happy not to miss another train.

After a 30 minute walk from my home to the station, and almost an hour trying to access the platforms, I was ready to go, on the GO....

Even though we had glitches, I have to say, the ride was awesome and I felt relaxed. It was only on my return journey that I noticed there were 2 other levels on the train, one being a “Quiet Zone”. Although not so quiet, as there was a very irate man up there, he was thumping the seats and was generally very loud and unhappy. I “quietly” retreated to the lower level!!!

The ride into Toronto, I disembarked at Exhibition, was smooth and very

relaxing. I didn’t know how many stations until my stop, so I was a bit afraid to fall asleep, and honestly with the gentle swaying of the train and the “click clack” sound of train, I was ready to fall into a deep sleep. The ride itself took over an hour to Exhibition, which is before Union Station.

I noticed that there were a couple people who were having a difficult time, paying for a family, via the automated ticket machines. I had a Presto Card, but still, not being a regular presto user, I was not sure where to tap my card. So here’s some advice, there was nowhere on the platform or the train to tap it. Not knowing this I had to run up a, seemingly never ending flight of stairs. I realized it was 3 levels!!! If you use the entrance closest to the Bay, as I did, you need to come through the street level entrance, to tap your card or use the machines.

There did not seem to be any washrooms inside the station or on the platforms, which I was searching for, but there are washrooms on the train itself, phew, thankfully.

Although the train was quite busy, remember most of us had missed the prior train. Everyone wore a mask, cleansed their hands before sitting, and there were plastic partitions between the seats. I didn’t feel hemmed in or at risk.

You may be wondering if I would take the GO train from the West Harbour again, and the answer is



a resounding YES. I was able to speak to one stranger on the train, who gave me the low down on the journey itself, and why she takes the train into Toronto, oh and how not to get lost....

Although the train was quite busy, remember most of us had missed the prior train. Everyone wore a mask, cleansed their hands before sitting, and there were plastic partitions between the seats. I didn’t feel hemmed in or at risk.

So what would my recommendations be? Get your tickets online if you can, or purchase a Presto card (55% discount for seniors, 65 plus). Make sure you tap your Presto card before entering the platforms, and again before leaving. Preferably use the main entrance rather than the one across from Bay Front Park. Or, have someone drive you to the parking lot entrance, as access seemed so much easier from there. If you need to use the elevator, it might be a good thing to call ahead and see if they are working. And, enjoy the ride!!

As this is my chatty page, all things North End, and my goal is to speak to one stranger per day, I would love to meet up with others, like yourself, maybe for a coffee or just to sit and chat. If you would like to meet up, just leave comments for me and I will look you up.

Of course, what you tell me, will more than likely end up on this page, but only the good stuff, like what’s happening in the North End, the history of it and the great places to visit.

See you next month!

**A little bit about Linda....**

“I walk for exercise, and for mental health, I love to chat with strangers and friends alike, I enjoy a good cup of coffee, while reading or writing my stories. I have been volunteering for over 30 years, mostly in the health sector, but more recently with those most vulnerable in my community.

I have been writing blogs and articles for a number of years now, and I recently teamed up with McMaster University as part of their Senior Memoir Writing Project.

My passion is my community. I love to roam about, taking photos and chatting with strangers. My goal would be to reintroduce other seniors to what our city has to offer, and, help get people back out again, whether for short walks or long treks. I hope you will join me on my journey....”



# BOOK CLUB CORNER

SUBMITTED BY KIT DARLING AND THE MEMBERS OF THE BAY AREA BOOK CLUB

Our October meeting is after the print deadline for The Breezes, but here are some recommended reads available from the Hamilton Public Library. To borrow one or place a reserve, go to <https://hpl.bibliocommons.com>.

Blaze Island by Catherine Bush. The Hamilton Reads 2021 title and a most timely read, this is a novel described by the author as “literary realism”, exploring our current climate crisis and the crisis of human denial together in a way that echoes Shakespeare’s Tempest. Milan Wells, a climate scientist and recently widowed, is under attack from climate deniers who are attempting to professionally discredit him



and pressure the university to let him go. He flees Princeton with his 10-year-old daughter, Miranda to a small island off the coast of Newfoundland and Labrador. (Think Fogo Island.) There, over the years, he creates a self-sustaining life, with solar and wind power, gardens and green house as well as chickens. The residents of the small town nearby think it odd that neither he nor Miranda leave the island. Years pass, Miranda is a young woman when

a Category 5 hurricane sweeps up the east coast of North America, inundating cities and causing havoc as it brushes past Blaze Island. A young man stumbles up to their door, having escaped his car after being swept into a storm surged creek. While the narrative is at times difficult to follow as it swings from past to present and view point to view point, this is an engaging and worthwhile read. - Kit Darling

Run Hide Repeat by Pauline Dakin. This is a memoir of the author’s unusual childhood. I found “unusual” to be a gross understatement. So much so that I kept reading reviews on the internet to verify that it was indeed a memoir because it read like a twisted thriller. Pauline Dakin was 7 years old when her parents, who lived in Vancouver, separated. Thereafter, Pauline and

her 5-year-old brother, Ted, spent their childhood on the run with their mother from their father and the Mafia. Their very lives were in danger. At least that was what the children were told as they were uprooted from relatives, friends, and school and moved across Canada several times. The story became even more bizarre when it included a whole host of invisible criminals and crime fighters and spies and informants and government safe houses. But it was not the truth and it sent Pauline into therapy. A captivating read that proves truth is stranger than fiction. - Paige Turner

*Note: The bookmobile is at Bennetto Recreation Centre, Thursdays from 4:30 to 5:00. There is no access to the bookmobile to browse, but staff are on hand for contactless returns and holds pickup.*

*Have you read any of our recommendations? Liked any of the same books we talked about or disagreed totally? Let us know at bayareabookclub@bell.net*



**UPDATE: In-person services on Sundays, following the Covid19 protocols of face masks and social distancing**

**Pre-registration is needed due to attendance restrictions. You can register for the services by visiting our website at [www.jamesnorth.church](http://www.jamesnorth.church) and following the link.**



**500 James St N, Hamilton  
Contact Phone: 905.527.3972  
Email: [office@jamesnorth.church](mailto:office@jamesnorth.church)  
Office Hours: Mon to Fri 9AM - 4PM  
[www.jamesnorth.church](http://www.jamesnorth.church)**

We are enjoying in-person worship services, following the Covid19 protocols of face masks and social distancing. Pre-registration is preferred as we are limited in numbers, but you are still welcome to just walk on over and we’ll find a space for you! Check our website ([www.jamesnorth.church](http://www.jamesnorth.church)) for registration and service times as they change according to the protocols and attendance. If we have 2 services they are at 9am and 11am. If we have one service it is at 11am.

James North Baptist Church (formerly Hughson Street Baptist) has been a part of the North End for the past 134 years. We have been more than just a worship gathering on Sundays as we minister to as many people during the week as we do through our Sunday worship times. Under the leadership of Pastor Dwayne Cline, we believe the Lord has called us to a very simple philosophy of ministry – we seek to bless the North End of Hamilton in Jesus’ name.

We believe the gospel changes everything. The good news of the gospel is that the death of Jesus Christ has paid the price for our sin, taking the penalty we deserve on Himself, saving us with certainty because of His resurrection. The gospel grants us purpose, hope and a new perspective on joy and fulfillment. Life may not always be easy, but our hope in Jesus Christ gives us strength for the journey. At James North we strive to continually offer the hope of Jesus to others through our ministries and programs.

We’ve been in our new building now for just over a year – have you dropped in for a look yet? We would be glad to welcome you any Sunday or check out our live-stream. You could also come by on Fridays from 9-11am for Coffee’s On where our Food Bank is open to help those who need a little boost. Our website is the place to go for up-to-date information



## St. Lawrence the Martyr Parish

125 Picton Street E., Hamilton, Ontario  
905-529-3921

[stlawrencehamilton@hamiltondiocese.com](mailto:stlawrencehamilton@hamiltondiocese.com)  
[www.stlawrencehamilton.ca](http://www.stlawrencehamilton.ca)

In case of after hours emergency please call 365-888-1275

Pastor: Rev. Peter Jurzyk

Sunday Mass 11:00 a.m.

### Weekday Mass Schedule:

~No Mass Monday or Tuesday~  
Wednesday - Confession 6:30 p.m. Mass 7:00 p.m.  
Thursday - Confession and Adoration 6:00 p.m., Mass 7:00 p.m.  
Friday Mass 9:00 a.m.  
Saturday-Confession 9:30 a.m., Mass 10:00 a.m.

### Sacraments of Marriage or Baptism:

Please contact the parish office to make an appointment to meet with Father Peter.

### Parish News

**Fall 50/50 Draw/Tickets** are now available for our next 50/50 draw which will be held on Thanksgiving weekend. Tickets are available after Mass or through the Parish office. This 50/50 draw has the potential for the largest jackpot in parish history, so get your tickets! Tickets are \$5 for one ticket or \$10 for three tickets. Licence M783106

**Confirmation and First Communion** - Parents of children who did not receive the sacraments of Confirmation or First Communion due to COVID lockdowns are asked to complete the registration form on the parish website or call the Parish Office. We are in the process of scheduling dates for these children to receive their sacraments.

**One Heart One Soul Capital Campaign** - We thank all of our Parishioners and Benefactors! Due to your generosity we were able to exceed our fundraising Goal by 20%!

## The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 x.3004, by email at [office@northendbreezes.com](mailto:office@northendbreezes.com) or on our website: [www.northendbreezes.com](http://www.northendbreezes.com)

### Published by:

**North End Breezes Board of Directors:** Paul Havercroft, Ian McDonald, Chris Pearson  
**Editorial Assistant:** Kit Darling  
**Co-Ordinator:** Brenda Duke  
**Layout + Design:** Katie Fitzgerald  
**Circulation & Distribution:** The Board, JoAnn Osti, Sheri Selway, Sandra Hudson, Cameron Kroetsch and Steve Osborne along with a dedicated team of volunteers.

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

### NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

### NORTH END BREEZES VISION:

The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

### Help us grow your Breezes.

We are looking for ideas, submissions, advertisers. Please email your thoughts to [office@northendbreezes.com](mailto:office@northendbreezes.com) or call 905-523-6611 x.3004. Leave your contact name and number and we'll get back to you.

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda



## Let The Breezes Help You Promote Your Business!

Let's get down to business.....We want to help you promote your business while you struggle with restrictions. Send us a quick email about how you are continuing to serve the North End and we will feature you in an upcoming issue free of charge. Email [ads@northendbreezes.com](mailto:ads@northendbreezes.com)



**Do you tweet? Do you have a couple of hours a week?**

The Breezes would love your expertise! The Breezes needs someone to help with our social media platforms on Twitter and Facebook.

Please contact: [office@northendbreezes.com](mailto:office@northendbreezes.com)



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# NORTH ENDER OF THE YEAR AWARD



On Saturday September 25th, after a year hiatus, the former Northend Reunion Picnic has returned, this year moving forward with the NORTH ENDER OF THE YEAR AWARD PRESENTATION.

This year was brought together by THE NORTH BREEZES and the North End Neighborhood Association (NENA). Your host's for the afternoon opening were Brenda Duke (NEB) and Andrew Robinson (NENA) president.

The event was held at the home of the new James North Baptist Church & Community Housing (formerly Hughson Baptist) located at 500 James Street North with thanks to Assistant Pastor, Paul Havercroft.

Jason Farr. Our Ward 2 City Counselor was honoured to present the awards and recognize our North End as a unique neighbourhood.

The nominees for the Community Builder Award recognized for their

contributions were: Peter Ormond, Frank Rocchi and Shawn and Sheri Selway.

All the nominees were well deserving, with this year's award presented to Shawn & Sheri Selway, long time North End Residents for the past 35 years of community involvement and a very active couple within their community with an outstanding love for their neighborhood. "It's about the people, here in the North End of kind neighbours and creating a neighbourhood we can be proud to call home"

The Ed Stewart Legacy Award recognizes long-time residents that reach our where they are needed to support and improve their neighbours and community. The nominees were: Darlene Billingsley, The Cellar Dwellers and Marilyn Leavy. This year's award was presented to Darlene Billingsley for the many and varied contributions she's made over the years. Darlene graciously shares her honour with

The Cellar Dwellers who work hand in hand with her. Mr. Ed Stewart would have been pleased.

Thanks plus to the local sponsors and supporters who contributed: Fishers Pier 4 Pub, Grandad's Donuts, Harbor Cruise & Trolley Rides, Hutch's, James Street Cannabis Co, Kohler Pharmacy, Northend Pita, Our Corner Bar & Grill and Weston Pizza & Wings.

We'd like to give a special shoutout to Karl Andrus and Tina Dort for catering the event and to Pat Cayuga for the wonderful 2021 Celebration Cake.

It was a fun, delightful afternoon gathering as friends and neighbors. I am looking forward to 2022 when the North End Breezes also celebrates 50 years in publication (May 1972) maybe merge the 2 celebrations in one next year would be cool.

Cheers!



ABOVE:  
COMMUNITY BUILDER  
AWARD WINNERS  
SHAWN & SHERI SELWAY  
BELOW:  
ED STEWART LEGACY  
AWARD WINNER DARLENE  
BILLINGSLEY  
BOTH PICTURE WITH  
JASON FARR



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\* Days and time may vary depending on Mohawk's academic delivery schedule

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This Employment Ontario project is funded in part by the Government of Canada and the Government of Ontario.



# FROM THE NORTH END BREEZES ARCHIVES...

We’ve been taking a look back in time by sharing some of The North End Breezes’ archives. This month, we have some content from October issues in the 70s and 80s! Do you remember when the Breezes looked like this?

## NORTH END CYCLE

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## NORTH END COMMUNITY AT WORK

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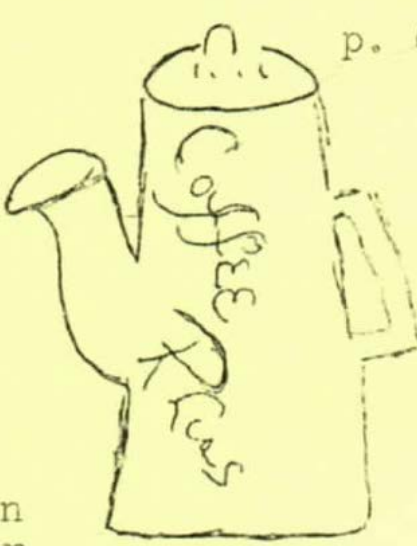
LADIES!!

YOU are invited to our monthly COFFEE HOUR at Calvin-Grace Church 541 James St. N.

Thurs. May 26, 9:00-11:00 a.m.

Mr. Bill Hartnoll, CHML's popular Garden Doctor "How Does Your Garden Grow". The Rev. Ron Anger, Associate Minister, Cheyne Presbyterian Church, Stoney Creek, "Bloom Where You're Planted". Free Nursery Provided Door Prizes.

p. 6



## A CANAL AND A HARBOUR, PART TWO

By the mid-nineteenth century, the Port of Hamilton had grown into the fourth busiest port in Canada, trailing Montreal, Quebec City, and Toronto. Steamers like The Perseverance, Shannon and Echo became everyday occurrences among the sailing schooners Breeze, General Wolfe and Princess of Wales. Horse drawn wagons were going every which way, loaded with freight from these vessels, heading to merchants near and far. Businesses based on shipping, such as sailmakers, boat repairs and boat building, sprung up quickly and became big businesses.

The construction of the Burlington Canal resulted in a slow but steady increase in the number of industries in the area; it wasn’t until hydroelectric power was brought from Decewsville in 1898 that industry truly flourished in Hamilton. James Street North and the new Grand Trunk Railyard area came to life with shops, inns, taverns, and boarding houses. Barbershops, saloons, blacksmiths, feed mills, and other agricultural suppliers were the town’s primary job creators. The building of the Burlington Canal was in the long run a good thing for the Port of Hamilton. However, the new canal, which allowed Great Lakes passenger ships to pass through, unintentionally threatened the Port of Hamilton’s population.

As Quebec City and Montreal reached their capacity for more immigrants, Toronto and Hamilton were next in line. The end of the Napoleonic Wars, the Irish Potato Famine, and the eviction of Scottish Highlanders from their land all contributed to the influx of immigrants to Hamilton. The conditions on the ships were frequently filthy and overcrowded, with the majority of passengers travelling in the hold. These, along with the heat of July and August, provided ideal breeding grounds for Cholera. In 1832, Hamilton, a small town of around 800 people, was unprepared to deal with the onslaught of such a disaster. The town was aware that the immigrants were on their way and had made every effort to prepare. Unfortunately, they were prepared for Cholera as an airborne disease rather than a waterborne disease. Hamilton was not alone; Toronto, like many other small towns and cities across North America, was hard hit. The epi-



PHOTO CREDIT: HAMILTON PUBLIC LIBRARY HISTORY AND ARCHIVES

demic in Hamilton lasted from 1832 to 1854 and came in waves, with the most severe outbreaks occurring in 1832, 1849, and 1854. Officially, 120 people died; however, because records were not well kept or there were simply too many to record, the death toll is thought to be much higher. The town was ready to move on once the cholera had passed.

Recreation and leisure activities were relatively new concepts in the late nineteenth century. Great Lakes steamers Macassa, Mazeppa, and Modjeska would soon be making stops from the James Street dock to the beaches of Burlington for a day of laying on the beach and swimming, and eventually became the first form of everyday commuter transportation between Hamilton and Toronto.

During the 1870s, small fruit and vegetable farms sprouted up along the beach strip while fishing shanties lined the opposite side. Wabasso beach (now La Salle Park), and Brant Inlet (Burlington) became the playground of rich and well-to-do Hamiltonians. It was the area that had been least affected by the pollution of the harbour. Hotels, cottages, restaurants and nightclubs slowly replaced the farms and fish shanties. Those who couldn’t afford to eat at the restaurants or pay for club admissions frequently sat outside, listening to the bands play until the early hours of the morning. Steamer trips from Hamilton to Toronto often included an evening of live music and dinner.

Blue-collar workers could not afford such luxuries but enjoyed a day at the beach through company-sponsored picnics and church events. In the new cen-

tury, Hamiltonians with more moderate incomes could ride the Hamilton Street Railway over the beach strip to this popular summertime resort. Free HSR rides to the beach strip for the children became reality as concerned parents and city officials worried about them swimming in the polluted waters along Hamilton’s shoreline. The new Burlington Beach Commission took control of the beach strip in 1907, and the dirt path from Hamilton to Burlington was paved in 1923 for automobiles. Burlington also purchased Wabasso Beach from the City of Hamilton in 1923, and the area was renamed LaSalle Park after René-Robert Cavalier, Sieur de La Salle, a 17th-century French explorer and fur trader and the first to explore Hamilton Harbour. Burlington operated the amusement park until 1947. Cottages on the beach strip were converted into permanent year-round residences not long after the amusement park closed.

In the 1870s, pleasure boating became popular on the bay. The Burlington Canal made it possible for yachts to move freely between the harbour and Lake Ontario. The Royal

Hamilton Yacht Club, at its original location along the beach strip, and the Victoria Yacht Club at the foot of Wellington Street, were both established as places for leisure craft sailors to socialize, swim, store their yachts, and sail.

Alexander Brown constructed a wharf near LaSalle Park and supplied up to 50,000 cords of firewood a year to the many steamships that sailed across Burlington Bay. Docks were also constructed at the foot of Sherman Avenue where both Great Lakes steamers and sail ships could be serviced.

In 1882, there was even a proposal to build a canal with two locks from the bay to the downtown core at King Street in place of Wellington Street. It never got off the ground due to the lack of money and opposition from the railway. Hamilton would have looked very different today if this had come to pass.

The Burlington Canal was widened again in the early 1930s to 92 m, with two 9 m channels. The Burlington Canal and Hamilton Harbour remain some of the busiest waterways inside of the St. Lawrence Seaway today.



Friendly and knowledgeable staff here to help with your questions and curiosities - First timers are always welcome.

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# Welcome Inn Community Centre Updates

WELCOME INN IS LOOKING FOR VOLUNTEERS, AND WE WOULD LOVE TO HAVE YOU JOIN OUR TEAM!

**Learning and Fun Afterschool Program**  
Volunteering with the LAF program involves working with children from grades 1-8 one-on-one or in small group settings one or more days each week. The program runs from 2:45pm-5:30pm, Monday through Thursday, from September to June.  
We focus on developing children’s math, reading, writing, financial literacy and homework completion skills through individualized tutoring.  
For more information, please email michelle@welcomeinn.ca or call 905-525-5824.

**Food Hamper Delivery for Seniors**  
Some of more isolated seniors or those with mobility issues receive food hampers delivered to their front door in a COVID-safe, contactless manner. Deliveries are made Mondays, Wednesdays, Thursdays and Fridays during the morning.

For more information, please email ruth@welcomeinn.ca or call 905-525-5824.

**Phone Visitors for Seniors**  
We are looking for volunteers who are willing to connect with seniors by phone to help them navigate the loneliness of isolation. The schedule for calling seniors is flexible and can be set up with our Seniors Program Coordinator.  
For more information, please email ruth@welcomeinn.ca or call 905-525-5824.

**Food Bank Volunteers**  
Though we are still running our food bank with paid staff in order to keep this essential program safe and operational, we will soon be welcoming volunteers to help out again onsite. Our food bank is open four days a week (Mondays, Wednesdays, Thursdays and Fridays) from 10:30-2:00pm. Details are only tentative at this point, but, if you do want to know more about volunteering at our food bank, please email krista@welcomeinn.ca or call 905-525-5824.



## FALL GARDENING

SUBMITTED BY CANDY VENNING

Hello there, remember last spring how every time you saw a crocus or snowdrop you smiled and then...wondered why you don’t have any in your yard? Yup! Time to think about spring bulbs – and if you didn’t order in advance from @flowerbulbsRus or a similar mail order company, don’t take your chances at a hardware, dollar store or other non nursery place. I believe inferior bulbs, low quality or improperly stored (or even, GASP! last years’ unsold stock) that don’t grow, is one of several reasons (boring choices too!) that folks don’t plant more spring joy. Squirrels get a lot of the blame for missing bulbs but there are multiple factors – here’s my “do’s and don’ts!”

1) **More than just tulips.** Tulips are the preferred food of squirrels and deer, they can look fussy or weird with informal gardens, so, go for Daffodils (which come in loads of sizes and colours and unlike tulips, tend to multiply vs fading out. Mingle in some Muscari; they work well for formal gardens as they can be planted along the edges of boxwoods or yews and add a bright blue ‘highlight’ along the edge. Covet some Crocus; short lived but what joyful colour mixes and bees like them too. Include Eranthis for earliest colourful flowers resembling short necked buttercups (another pollinator fave, quite shade tolerant) Fritillaria imperialis if you want a big bold showstopper, combine it with huge Alliums for a ‘wow’ effect that will have folks ‘selfie-ing’ themselves shamelessly across your yard.

2) **Plant deep** or don’t bother – we stopped using hand trowels about 15 years ago, instead we plant, divide and wrinkle out weeds while we’re at it, with a Hori Hori knife – available in multiple prices and qualities – an absolutely essential tool for medium to small bulbs. For bigger bulbs like huge daffs, Alliums, and Fritillaria get a small transplant shovel and it’s a 2-person job – one on the shovel digging deep to prise open a pocket and the other on the ground shoving that fat bulb down behind the levered soil in the slice/pocket (we don’t dig out or turn over the soil – more like

a levered slice and then don’t forget to tread that hole/slice/pocket closed again)

3) **Cover your tracks** to foil opportunistic squirrels by watering & stomping the soil down – frost and thaw will fluff the soil again by spring unless you have solid clay and then perhaps skip bulbs planting altogether (sorry but bulbs hate clay).

4) **Plant at the right time** – this part is tricky – we often get a push of hot weather through September and early October with a drought, then we get cool weather and a few deluges – prepare to go out after a solid rain when it’s cooler out – the soil is softer even though you may get muddy, be ready to embrace that situation – set yourself up with a good audiobook, a thermos full of tea, or scotch (I won’t tell) and a couple of pairs of gloves, ideally a helper for the larger bulb planting method as mentioned above (cardboard can be handy to kneel on to prevent wet knees)

5) **Plant more**, more, still more, nope that’s still not enough...mooooo! We have planted 100’s of thousands of bulbs and we always go big the first year – we plant as many as we can, especially in newer planting beds (soft soil) – those new perennials will get bigger too, roots will entwine with the bulbs preventing them from being dug up by humans or squirrels.

### NORTH END BREEZES FREE CLASSIFIED ADS

*Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Submit your ad - call 905-523-6611 ext 3004 or email office@northendbreezes.com*

- Looking for a professional cleaning lady in the Northend for my 3 bedroom home , no stairs or animals. Must have own tools such as vacuum cleaner, mop and cleaning products. If interested e-mail me @ mleclercq@cogeco.ca
- Roommate wanted to share an apartment. Reasonable rent plus shared responsibilities. Please call 289-389-1070
- Lawn Mowing: I am a 14 year old boy looking to make some money over the summer by mowing lawns in the north end. If interested call Ezra Oucharek at 905-517-1661.
- Children’s Birthday Parties: Make your child’s birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour North End Neighbours – special rate of \$65.00 per hour Call Earl Ross – 289-439-0166
- Downtown Delivery Driver: Looking for a MATURE adult to do deliveries in the City of Hamilton’s lower city. Trips / tips / extras you keep. You should have a float of at least \$75 to make change for customers as a float will be provided to you to purchase items. If you are interested, please call 905-921-9339 and ask for Pearl.
- Be a driving force in your community! Drivers are needed to provide transportation for seniors to get to medical appointments. Flexible schedule and mileage reimbursement. Please call 905-529-0700 or email voncesshamilton@von.ca

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High quality, fresh produce at a fair price!  
\$15 for a large box (\$20 value)  
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**Order at NHCHC or Eva Rothwell.**  
**Call for info: 905-523-6611 ext 3007**

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\* Incl. unlimited Proof of Death Certificate. \*\* 2 staff, 24 hr. availability

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## Come visit the Beasley Community Fridge!

Located at 249 John Street N & Available 24/7

**Stop by to pick up some food, or to drop off some donations!**

**Yes to:** water, grab-and-go snacks, fresh or frozen fruit & vegetables, bread, eggs, dairy & alternatives, commercially produced frozen meals, canned goods, baby formula, menstrual products and hygiene items.

**No thanks to:** home cooked food, raw meat, or expired food.

**More information is available at:**  
[https://linktr.ee/CF\\_HamOnt](https://linktr.ee/CF_HamOnt)

## Are you Pregnant?

YOU'RE INVITED TO...

### Welcome Baby Program

**We provide the following at this program:**  
-Access a Registered Dietitian and Public Health Nurse.  
-Pregnancy and post natal education  
-Meet other moms  
-Healthy snacks and recipes  
-Food vouchers  
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-Free prenatal vitamins.  
-Free Vitamin D drops  
-Free child minding for children under 6.

**Where?**  
Compass CH – 438 Hughson Street North

For more information contact:  
Cory at: (905)-523-6611 Ext.3047

### JOIN OUR TEAM!!

The Board of Directors is looking for eager volunteers to bring new ideas and skills to the table.

Now in our 48<sup>th</sup> year, The Breezes is looking to put some new wind in our sails that will lead us forward. If you have skills in technology, event planning or fundraising, we can use those skills to grow our team. The North End Breezes relies on our volunteers to bring the community news to you. We require minimal commitment of two hours per month. Contact us for details and to discuss how you can be part of the team! Email [office@northendbreezes.com](mailto:office@northendbreezes.com)





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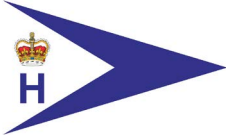
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