



MAY 2021 | VOLUME 5 | OFFICE@NORTHENDBREEZES.COM | WWW.NORTHENDBREEZES.COM | @NORTHENDBREEZES | FACEBOOK.COM/NORTHENDBREEZES

NOW YOU SEE THEM, NOW YOU DON'T TENANTS IN THE NORTH END



SUBMITTED BY ROBYN GILLAM

In the mid 20th century, 468 James North was home to the Genesee Tavern, a famous watering hole and social hub of the old North End. Later on, it was Clarkey's, part of Hamilton's bar-based music scene. Like many such older establishments, the building provided accommodation on the second floor.

A few years after Clarkey's closed, when Gordon Smyth moved in, the building had been taken over by a company providing low cost rentals. Gordon, originally from Barrie, has trained as both a photographer and

software designer, but a number of serious, overlapping health conditions have rendered him unemployable and dependent on Ontario Disability Support Program (ODSP) for his survival. This amounts to \$1255 per month, including \$497 for shelter allowance.

In 2017, the building, along with the adjacent semi-detached dwellings, was bought by John van Nostrand of JvN/d Developments for what was described as a socially inclusive, low-rise affordable housing development. However, none of the tenants, who were on ODSP or minimum wage, made the 25K per year necessary to

qualify. JvN/d later revealed a plan for a nine storey building, creating widespread opposition in the neighbourhood and leading to an appeal being filed against it. Seeing delays to the project, van Nostrand put the property up for sale in September 2019 and it was recently purchased by the developer Mattas. Tenants have now been issued with an eviction order, due to demolition of the building, to vacate by June 30th.

The three tenants have nowhere to go. They cannot afford anything in the current housing market, and there is a ten to twelve year waiting list for so-

cial housing. It looks like Gordon and Daisy, his Chihuahua-Jack Russell cross, will go going on an indefinite camping trip. As he needs his electric scooter to get around, Gordon has purchased a generator as well as a tent. Due to his health conditions, he does not expect to survive living outside for more than a year or two. Gordon hopes his demise might bring attention to non-survivable rates of ODSP and lack of affordable housing which he sees at the root of this situation. It's why he recently agreed to appear on CHCH Evening News.

CONTINUED ON PAGE 2

Brusey Awnings | Just a shade better

Between You And The Sun Since 1929!

**497 Hughson Street North, Hamilton
L8L 4N8
Ask for Rick Brusey
905-522-5625**

Jason Farr
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ALWAYS ENGAGING
71 Main Street West
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E-mail: jason.farr@hamilton.ca
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to help you!**

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NOW YOU SEE THEM, NOW YOU DON'T: TENANTS IN THE NORTH END

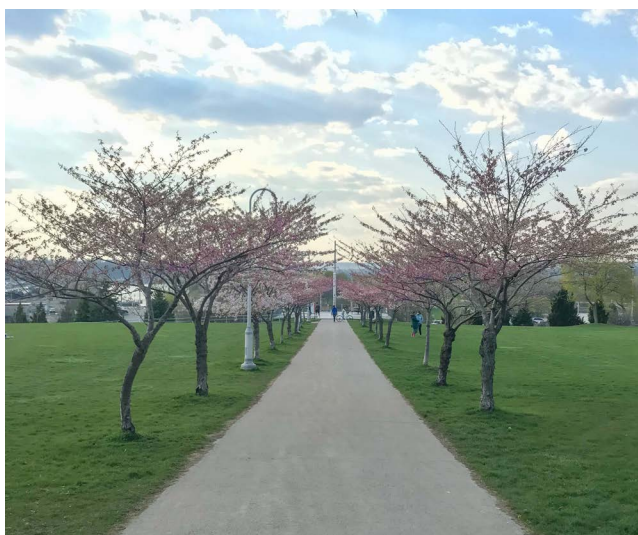
CONTINUED FROM FRONT PAGE

Those at 468 James are not the only tenants disappearing in the North End or all over Hamilton. All are being squeezed by a rental market predicated on return of investment rather than the provision of shelter. It's all part of a red-hot real estate market where properties are being flipped and or developed at dizzying speed. However, it's also possible that once the building is vacated, 468 James could stand

empty indefinitely, just like the former social housing of Jamesville, across the street, or the buildings along the proposed LRT corridor. With so many homeless and housing insecure residents of Hamilton, this should not happen. Letting people live in these spaces is an urgent priority while new affordable housing remains on the drawing board. Contact your councilor or about it.

The author would like to thank Gordon Smyth, Olivia O'Connor of Acorn for setting up the interview and Shawn Selway for additional information on the building.

BEAUTIFUL NORTH END



The North End is blessed with many beautiful views. For anyone looking to enhance the wild features and biodiversity on their property this is a great decade to do it. The United Nations declared 2021-2030 the UN Decade of Ecosystem Restoration in recognition of the importance of urban areas and restoration in urban areas. This is an ambitious, global project whose aim is to "massively scale up the restoration of degraded and destroyed ecosystems as a proven measure to fight the climate crisis and enhance food security, water supply and biodiversity." Anyone interested in restoration can find projects, partners, funding and the knowledge they need to make their efforts successful. It may all seem ambitious, but there is much we can do to encourage biodiversity of trees and plants, even in a small garden. You can start with the following information. EH/HNC pollinators toolkit (<https://www.hamiltonpollinatorparadise.org/toolkit.html>), EH's Trees from Seeds initiative and 'how to' videos here: https://www.environmenthamilton.org/trees_from_seeds

They also have tree seeds if people need them. Reach out at contactus@environmenthamilton.org



HOPA P O R T S

FIRST VESSEL AT THE PORT OF HAMILTON

On March 24, the Port of Hamilton welcomed bulk carrier, Baie St. Paul, officially kicking off the 2021 marine shipping season. Coming all the way from Dartmouth N.S., this self-unloading 'Laker' docked along pier 26 with a load of gypsum for stevedore QSL to unload.

Captain Serge Chevrier was presented with a ceremonial top hat and gift by the Hamilton-Oshawa Port Authority's Harbour Master, Vicki Gruber and HOPA Ports President & CEO, Ian Hamilton, at the base of the gangway.

The Baie St. Paul is a "Nova Scotia-class" vessel, meaning it can cross the Anticosti line in the Gulf of the St. Lawrence. The ship has a modern en-

gine and hull design to increase fuel efficiency and decrease air emissions. Its double hulls prevent spills in the event of an accident and state-of-the-art cargo handling systems to minimize dust and cargo residue. "The new technologies built into the design of Baie St. Paul and her sister ships helped launch a transformation in Great Lakes shipping that is making it safer for our crews to navigate and healthier for the environments and communities in which we operate," said Louis Martel, President and CEO, The CSL Group.

After leaving Hamilton, the Baie St. Paul headed to Thunder Bay to pick up grain. In 2020, HOPA's cargo levels dipped 30 per cent in the early months, but a good Ontario harvest and strong showings in grain and other commodities made up the balance by the fall. The port saw a final tonnage total of close to 10 million MT by season close, almost exactly on-par with 2019's results.

WALKABOUT: MESA

SUBMITTED BY KEN HIRTER

Ola from down ole South American Mexico way & memory lane finds me at my favorite Mexican restaurant here in Hamilton on the James Street North Strip that place is MESA.

I have frequently dined and had dinner with friends and my rating is a 5 of course. I have dined inside and had festive meals with friends out back. The best Nacho's since my Hernandez's Highway days in Toronto on the Yonge Street Strip. So with the summer heat & sun in the weather forecast think of Mexico, think food and remember Mesa.

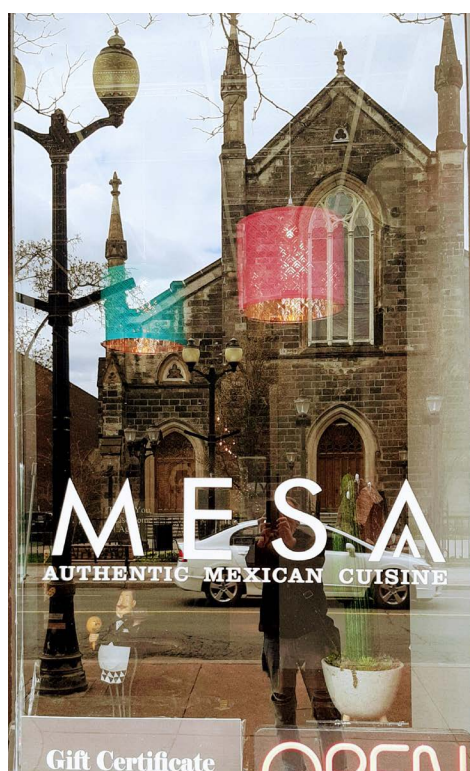
Destination Mexico: "A place along the Gulf of Mexico along the Pacific Oceanside Highway and along the coast along the way. From the sandy beaches with the sun to the dancing and the music on the streets into the night".

Now think of their food: "The Custom of Authentic Mexican food is more than something you experience, traditional Mexican food and the vibrant history and of the Mexican Heritage.

TASTE...SIGHTS...SOUNDS....& MESA is just that, from the Authentic decor as you enter their doors and to their extensive array of Mexican fares & delicious mouth-watering delights with every mouthfull.

Did you know that since 2015-2020 Mesa is the Hamilton's Spector's "Platinum Winner" & "The Readers Choice Award" for their Mexican Cuisine. Check out their extensive menu of culinary cuisine and their delectable food, including burritos, nacho's, tacos and much more. All that's missing is the Sombrero, Maracas & music outside on the walkway as you enter this wonderful restaurant on James Street North.

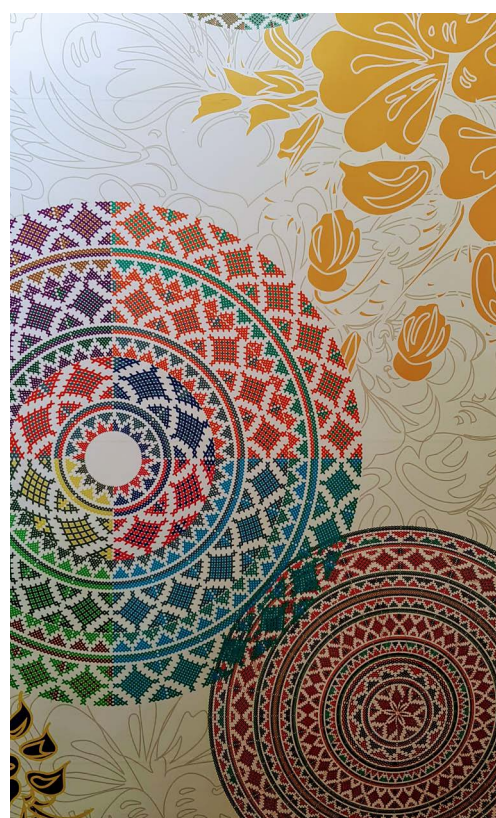
Don't feel like cooking? SKIP THE DISHES and order take out today. At present Mesa is operating on a pick up and delivery service but they hope to be opening up the restaurant by the time summer rolls around. They can be reached at (289) 246-9696 or for online menu ordering options. <https://m.facebook.com> <https://m.facebook.com/mesa> or at EatAtMesa.com



The Farmers Alamac has indicated a hot, hot, summer so bring the feel, the vibe instead of a BBQ outback have a traditional Mexican feast of sun, drink and merriment outback instead. Or if you prefer indoor dining your barkeeper & server Adrian would be pleased to serve you your specialty drinks & cocktails this summer.

Mesa is located at 255 James Street North center on the James Street Strip or they can be reached by telephone at (289-246-9696). For an evening out with family, friends, solo or a date night out come down ole Mexico way. Support the local restaurants in your neighborhood today and skip the dishes and dine outside or indoors.

I would like to thank Veronica and Adrian for taking their time out for this months Walkabout for May. Till next month take care.... Cheers



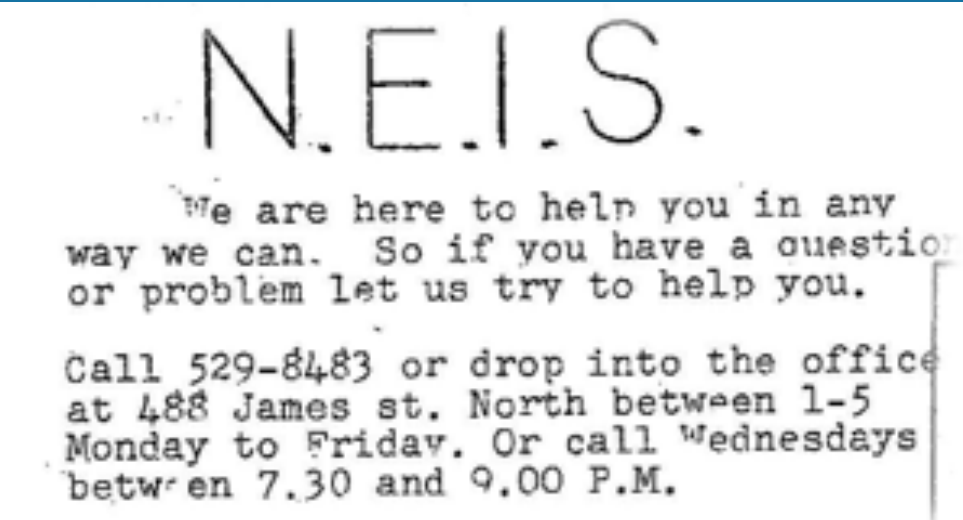
50 YEARS OF THE NORTH END BREEZES

Let the celebrations begin! Fifty years is a milestone in the publishing world and we've come a long way from the typed newsletter with hand drawn ads to where we are today. What hasn't changed is the obvious pride that the residents of the NE have in their community.

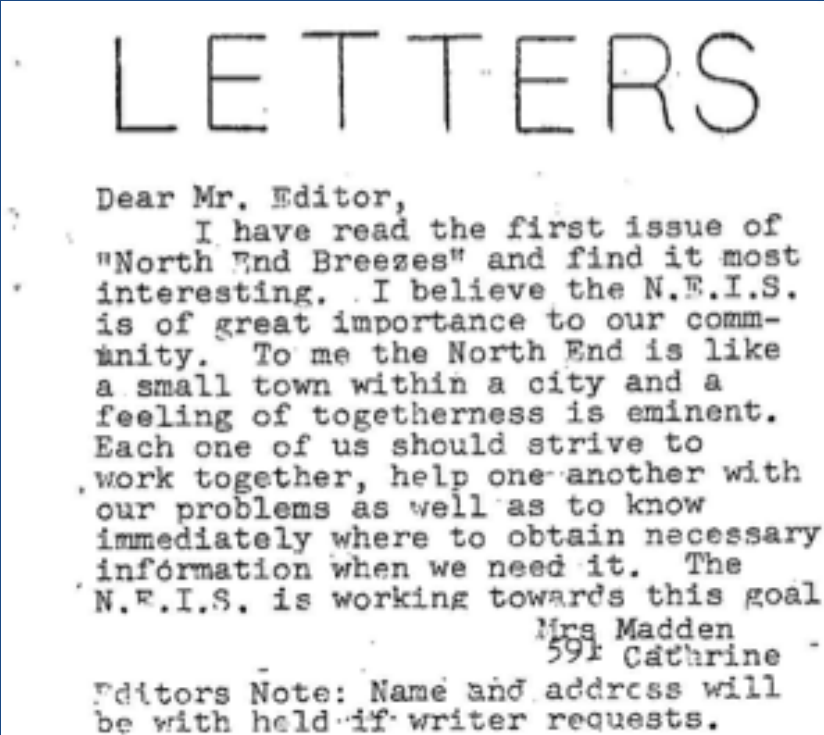
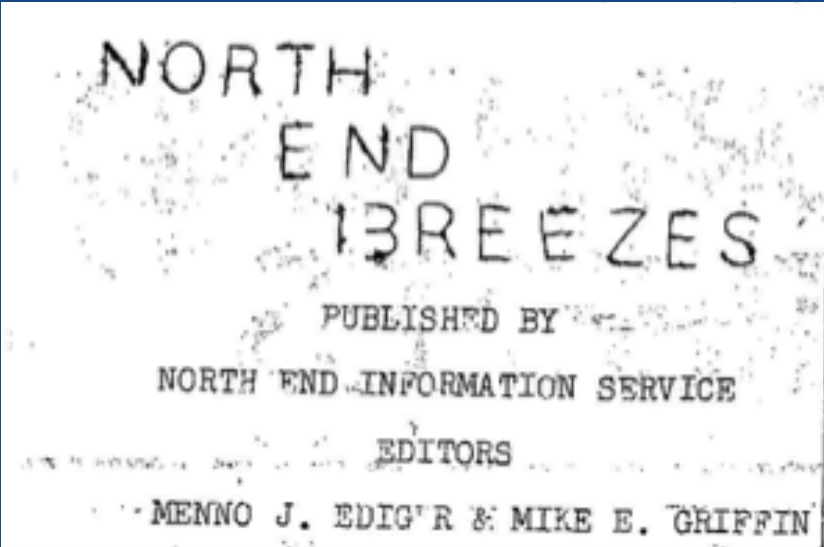
In the big picture of The North End Breezes, I am a transplant. Others have been and gone and the previous Coordinator, Wendy Collins, was with us for eleven years.

We want to share archived articles with you in the upcoming months. We hope to touch your memories or share the history of the North End to our new North Enders.

As we lead up to our 50th Anniversary in May of 2022, we hope to be able to bring everyone together to celebrate. We welcome your stories and your memories so please share them with us.



The North End Information Service was started as a small hand typed newsletter to share news and stories with the people of the North End. We're proud to carry on that tradition and keep bringing news of the community to the community.



The North End Information Service was started in 1972 by Menno J. Edig'r and Mike E Griffin. This was the forerunner of todays North End Breezes. The first archived issue we can find is May 1972, but a first edition is alluded to in a Letter to the Editor by Mrs. Madden on Catherine Street.

We'd love to hear your stories, or be able to contact the families of the original Editors. If you have any information, please contact us at office@northendbreezes.com



There have been a few changes to the header over the years, and sometimes from one issue to the next. This is the header used in our first archived issue in May of 1972.

Let the memories begin!

NORTH END
ADVERTISING
IN 1972

N.E.C.A.
N.E.C.A. GARDEN CLUB
The thorny trees and stumps have finally been removed from the NECA Garden Club site near Rock Chapel. This is a new site this year and is very near to home. This will cut down the traveling time involved.
Hurry, Hurry, Hurry, There are a few places left to give out to families. The Garden Club is a excellent way to put fresh produce on your table at little cost. This year seeds have been donated and all that is needed is your care and attention to make this a successful summer in the garden.
The work will begin the weekend of May 21 and will continue through out the summer. If transportation you think will be a problem it will be of no problem because the van has room for all. If you would like more information on the project, contact Rev. James Manuel at Eastwood Church 522-4026
N.E.C.A. FAMILY PINIC
The NECA Family Pinic will be held June 25, 1972 (Sunday) This year It will be at Hidden Valley in Burlington. All are welcome to come

ED'S
VARIETY
SILVERWOOD'S
"MEADOWGOLD"
ICE CREAM
1/2 GAL 89¢
ALL FLAVOURS
SILVERWOOD'S
YOGURT
REG 23¢
BUY ONE
GET ONE FREE
CHRISTIE'S
"BUTTERMATE"
BREAD 24¢
5 FOR \$1.00
OR 23¢ PER ONE
LOAF
553 JAMES ST. N.
527-0422

PICTON
VARIETY
492 JAMES STREET NORTH
522-3405
OLD STYLE SCOOP ICE CREAM
WE HAVE EVERYTHING
OLD STYLE SCOOP ICE CREAM
OPEN EVERY DAY
OPEN SUNDAYS - 10 A.M. to 9.30 P.M.
CIGARETTES
BREAD
GIFTS
GREETING CARDS
COMESTICS
MILK
YOUR ONE STOP SHOP

LADY
LOVE
BEAUTY PARLOUR
591 CATHARINE STREET N.
529-8414
Hours Tues - Sat 9.30 to 6.00

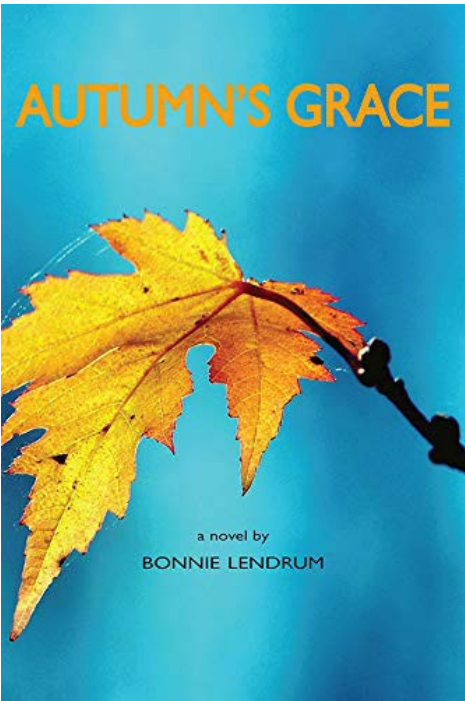
An interesting reference to a group called N.E.C.A.
This one caught my attention. Could it be a group similar to our North End Neighbours Association (NENa)?
One thing it tells me is that the NE has been building community for over 50 years!

The ads were a little different.... typed with hand drawn images. Perhaps a bit creative, but just as effective and wow!
A 1/2 litre of ice cream for 89 cents!
How many of these places do you remember?

CLASSIFIED ADS
PUPS FOR SALE - Now eating soft food Only four left Phone 528-7359 or call at 510 James St. N.
WANTED - A small house or Apt. to rent. Middle aged couple with no children. Apply Box 3 North End Breezes, 488 James St. N.
WANTED - Junior Assistant Editor or small Monthly newspaper. Apply box 6 North End Breezes, 488 James Street North.
NO CHARGE FOR USE OF THIS SERVICE TO NORTH END PEOPLE
Wanted - Small unfurnished apt. for retired single man. Apply to Box 5 North End Breezes, 488 James St. N.
WANTED - Gas Range call Mrs Blackwood at 529-1244
WANTED - Wood Stove call Mrs. Madden at 429-8414
If you need use of a hall for wedding etc. call 529-1244 for St. Luke's Hall.

BOOK CLUB CORNER

SUBMITTED BY KIT DARLING AND THE MEMBERS OF THE BAY AREA BOOK CLUB



At our April video chat, we discussed **Autumn's Grace** by **Bonnie Lendrum**. A nurse in a variety of roles, from community nursing to director roles in hospitals from Montreal to Toronto to Hamilton, Lendrum writes from personal experience and observation. The story follows the highs and lows of the Campbell family as they navigate their father's cancer diagnosis, treatment, care and death over a period of 10 months. The 2 eldest daughters, Jessie and Jane are both nurses – Jessie with a PHD is a professor of nursing, Jane has a Masters and runs the organ donation/transplant program at a major urban hospital. Ethan, the son, is a veterinarian like his father. Marj, the mother, was trained as a nurse, but as her daughter phrases it, “since she got her Mrs. that was it.” Gillian, the youngest is a teacher at a Texas Bible college. Lendrum deftly portrays the family dynamics and the emotions that each family member experiences, from hope, to despair to rage. She also highlights the patchwork of support and care available to assist families in the situation from a high level of medical expertise and training to ig-

norance, lack of training and “doctor knows best” dismissiveness. For those with little medical knowledge or influential contacts, it must be confusing and over-whelming. Some of us have experienced different levels of support and care for end-of-life patients and those who chose to die at home. In one instance, there was a range of supports and services for that express purpose, including social workers to provide support and counselling to family care providers. In Windsor, there is a similar support system in place. This only highlights the patchwork nature of our health care system. (Image with permission Inanna Publications and Education Inc,)

And here is a recommended read available from the Hamilton Public Library. To borrow it or place a reserve, go to <https://hpl.bibliocommons.com>

The Queen's Gambit by Walter Tevis

Eight-year-old orphan Beth Harmon appears to be a very quiet and unremarkable girl. But when Beth sees the orphanage's janitor at a

chess board in the basement, all that changes, she asks to be taught the game. She loves it and hungrily absorbs the game and thinks about it day and night. By age sixteen, she is in the U.S. Open championship. This is not a rosy rags to riches story. Beth is not a flawless heroine. She struggles with relationships, addictions and finances. The author does an excellent job of portraying life in the orphanage, the characters and the male dominated world of chess. There is constant tension in the storytelling that will leave you to decide if Beth is a heroine or an anti-heroine. Paige Turner

Note: The bookmobile will be at Eastwood Park on Thursdays from 4:30 to 5:00. There will be no access to the bookmobile to browse, but staff will be on hand for contactless returns and holds pickup.

Have you read any of our recommendations? Liked any of the same books we talked about or disagreed totally?

Let us know at bayareabookclub@bell.net.

Are You Missing That Printed Copy of The North End Breezes?

As soon as it's safe for our volunteers to deliver, we'll be printing again. In the meantime, our electronic version on the website www.northendbreezes.com is really quite good. We also offer a link to the paper that you can get by email. Send us your email at office@northendbreezes.com and we'll add you to the list!

Let The Breezes Help You Promote Your Business!

Let's get down to business.....We want to help you promote your business while you struggle with restrictions. Send us a quick email about how you are continuing to serve the North End and we will feature you in an upcoming issue free of charge.
Email ads@northendbreezes.com

MATTHEW GREEN

Member of Parliament
Hamilton Centre



Matthew Green, MP
Hamilton Centre

905-526-0770
matthew.green@parl.gc.ca



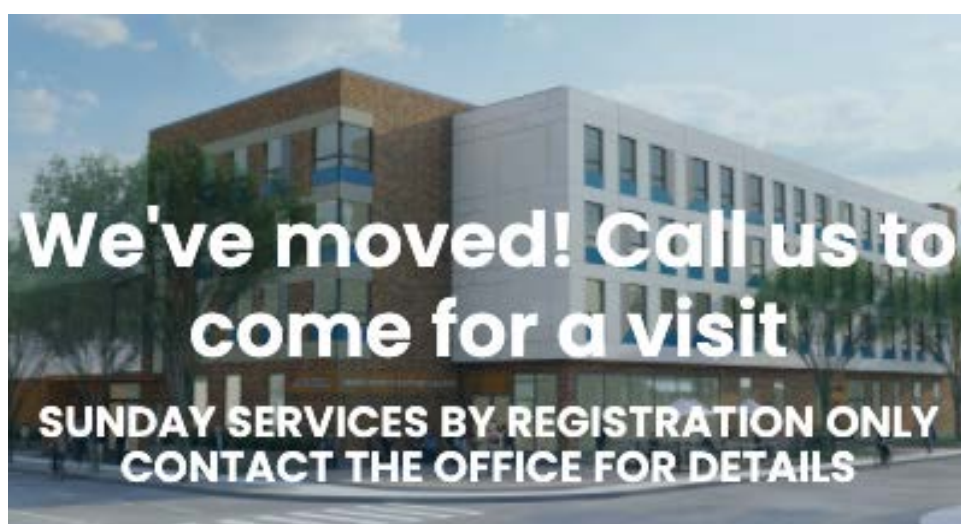


UPDATE: In-person services on Sundays, following the Covid19 protocols of face masks and social distancing

Services are at 9am and 11am and pre-registration is needed due to attendance restrictions.

You can register for the services by visiting our www.jamesnorth.church and following the links.

There are also Good Friday services at the same times.



500 James St N, Hamilton

Contact Phone: 905.527.3972

Email: office@jamesnorth.church

Office Hours: Mon to Fri 9AM - 4PM

www.jamesnorth.church

James North Baptist Church has been a part of the North End for the past 133 years. Their congregation has been more than just a worship gathering on Sundays. Under the leadership of Pastor Dwayne Cline, we believe the Lord has called us to a very simple philosophy of ministry. We seek to bless the North End of Hamilton in Jesus' name. We minister to as many people during the week as we do through our Sunday worship times.

We believe the gospel changes everything. The good news of the gospel is that the death of Jesus Christ has paid the price for our sin, taking the penalty we deserve on Himself, saving us with certainty because of His resurrection. The gospel grants us purpose, hope and a new perspective on joy and fulfillment. Life may not always be easy, but our hope is in Jesus Christ.

At James North Baptist Church we strive to continually offer the hope of Jesus to others through our ministries and programs.

The church is looking forward to welcoming neighbours to the new building. During the Covid lockdown they are having live-stream services every Sunday at 10am. Once the lockdown is over they anticipate returning to live services at 30% capacity. Pre-registration for those services are required. Find all the details for joining in the services on their website at www.jamesnorth.church. On Fridays from 9:30am to 11am Coffee's On Food Bank is still operating, under the existing protocols.



ST. LAWRENCE THE MARTYR PARISH

UPDATE:

Weekly Mass Schedule

Wednesday 7:00 p.m.

Thursday 7:00 p.m. (Confession and Adoration at 6:00 p.m.)

Friday 9:00 a.m. (except for March 26 which will be 7pm)

Saturday 10:00 a.m. and 5:00 p.m.

Sunday 11:00 a.m.

The parish office is open by appointment only. Please call or email for all inquiries.

Contact Us

Please note: the office is currently closed due to Covid 19 restrictions but our secretary is working from home. During the closure, the parish can be reached by email: stlawrencehamilton@hamiltondiocese.com or Phone: (905) 529 3921 and leave a message.

For PASTORAL EMERGENCIES ONLY please call the emergency number 365-888-1275

We thank our parishioners and benefactors for the ongoing financial support of the church during the last several months.

Parish updates are shared at <http://www.stlawrencehamilton.ca>



The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 x.3004, by email at office@northendbreezes.com or on our website: www.northendbreezes.com

Published by:

North End Breezes Board of

Directors: Paul Havercroft, Ian McDonald, Chris Pearson, Natalia Kouznetsova

Editorial Assistant: Kit Darling
Co-Ordinator: Brenda Duke

Layout + Design: Katie Fitzgerald
Circulation & Distribution: The Board, JoAnn Osti, Sheri Selway, Sandra Hudson, Cameron Kroetsch and Steve Osborne along with a dedicated team of volunteers.

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION:

The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

Help us grow your Breezes.

We are looking for ideas, submissions, advertisers. Please email your thoughts to office@northendbreezes.com or call 905-523-6611 x.3004. Leave your contact name and number and we'll get back to you.

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda

LAKE MONSTERS

SUBMITTED BY BRIAN ROULSTON

Almost every culture around the world has myths and legends of large snake-like creatures in their local waters. Hamilton Bay, or rather Burlington Bay as it was called then is no exception.

Most of us are familiar with the story of “Nessie”, an evasive snake-like creature supposedly living in the depths of a Scottish lake. Could Nessie have cousins living here in Lake Ontario or even in our bay? Hmm... maybe.

In the sightings below the description of these creatures have been more or less consistent over the years. They are described as being dark blue or brown, as wide as an adult male, long and tapered at both ends with fins near the center of their bodies. Some have mentioned scales, warts or stiff bristles covering their backs.

The Hamilton Spectator ran a story on August 17th, 1877 of an “Extraordinary Monster”. There were three sightings just off Carroll’s Point in Burlington Bay the previous afternoon. The first was from a fisherman trolling for pike. He saw water bubbling on the lake’s surface about 15 metres away. The fisherman rowed towards the bubbles, but before he got halfway, a creature came out of the water and started towards him. It simply swam past him and disappeared.

A second fisherman some distance away saw something lurking around just under the surface. A third fisherman claimed he saw the same creature as the first two gentlemen. He too was out on the bay when a large snake like creature grabbed one of his oars and took off with it. The next morning he found his oar embedded with teeth marks.

As the article said, “Take these stories for what it’s worth and you decide if they were real or not.”

For over two centuries there have been other random, but unforgettable sightings of large water-serpents up and



down the coast of Lake Ontario. From Kingston to Toronto, then Hamilton.

The first ‘recorded’ sighting of a “lake-serpent” was by the French explorer Jacques Cartier in the 1700s. He was mapping the area when his crew observed a “giant finned like snake” moving through the water like a caterpillar, propelling itself with the aid of its fins. Cartier and his men tried to catch the creature but it was much too fast and it dove under the water. The Seneca, called this creature Gaasyendietha aka the Seneca Dragon and often referred to as the Meteor Dragon. Some say it could fly on a stream of fire, breathe fire and that it was born from a serpent’s egg or it fell from a meteor as it streaked across the sky.

The next known encounter with the creature occurred in 1805. Four fishermen saw what looked like an overturned rowboat floating on the lake. The closer the creature the men moved towards this “overturned boat”, the more nervous the fishermen became. In addition to the description above they said it had a large frightful-looking mouth.

On August 14th, 1829, The Kingston Gazette & Religion Advocate reported that two children, ages 10 and 14, were playing on a beach near St. Catharines and spotted the creature swimming in the lake.

On July 1st, 1833, according to the Oswego Palladium, the schooner

Polythermus piloted by a Capt. Abjah Kellogg and his crew spotted a serpent just outside of Kingston Harbour at around 7:00pm. The creature started swimming torpedo-like toward the ship. Instead of striking the ship the serpent safely passed alongside the ship’s bow and kept going toward the St. Lawrence.

The Toronto Mail reported the Burlington Bay creature was seen basking on the shore of Fort York for some time. It made several snorting sounds as it headed back into the water.

This mysterious creature showed up again in Kingston off Gull Beach in 1842. Two boys were playing when they spotted something out in the lake that frightened them. They ran home and told their father who along with a friend, quickly grabbed a shotgun and went to the area where the boys were playing. Fortunately, for the creature it didn’t stick around long enough to get shot.

Another sighting of this elusive creature was by a group of people standing on the shore of Olcott, New York on June 25th, 1872. They heard a low rumbling or bellowing sound coming off the lake that lasted about 10 minutes. The group saw something leap through the air like a giant whale. It lashed around for several minutes before it made one final splash then disappeared.

The stories of Gaasyendietha even

reached as far south as Galveston, Texas. The Galveston Daily News was sent a story from The Union & Advertiser in Rochester N.Y about a sighting that took place ten miles west of the Genesee River in Parma, New York. Several people were socializing just after sunset when they watched a herd of cattle approach the water to get a drink. A large head emerged above the water, looming dangerously, as if it was going to grab one of the cows. The creature

made a noise that frightened the cattle away. The cattle decided to try their luck a few hundred metres downward. The monster was once again waiting for them and just like the first time, he scared the cattle back into the field.

The last plausible sighting according to the website the Mysteriousuniverse.com occurred Sept 5, 2011. A couple of friends posted on the website about their own experience as they attended a concert at or near the Toronto docks. They claimed to have seen something slithering across the lake’s surface. One of the two friends said he/she saw the creature three times during the concert, the other friend supposedly saw it twice.

Could it be that some dinosaur-type creatures somehow survived the last ice age; and for thousands of years have been or may still be living deep in our Great Lakes and coastal waters? Some have speculated large Lake Sturgeon which are the largest and longest-lived fish dating back some 200 million years. However, on May 28th 2020, the largest sturgeon ever caught was just over 2 metres long and weighed 106kg. This falls far short of the lengths reported of being between 15 to 53 meters in these sightings.

On a final note, like every good fish story, the tale tends to get longer and more impressive with every telling. Before you know it the lowly lake serpent may sprout wings and spit fire.



NORTH END NEIGHBOURHOOD ASSOCIATION (NENA) UPDATE

SUBMITTED BY KATHY RENWALD

The North End Neighbourhood Association met virtually April 7th and heard the news that a nine story development at 600 James North has been approved by the Local Planning Appeal Tribunal (LPAT). The city of Hamilton was opposed to the development, citing “overdevelopment” of the location. The project was also opposed at LPAT by Harbour West Neighbours (HWN), represented by Herman Turkstra. Building height, parking challenges, and compatibility with the scale of the neighbourhood were among reasons cited for not ap-

proving the development.

In their 37 page ruling, LPAT noted the city has already approved other intensification applications for the West Harbour area, including 8 stories on James Street North, and that other high rises exist in the North End. The developer of the proposed commercial/residential building is J & B Developments. More information on their plans for the northeast corner of James and Burlington can be found at: <https://www.pinemount.ca/work/600-james-street-north>

The LPAT decision can be found here: <https://olt.gov.on.ca/tribunals/lpat/e-decisions/> Under E-Decisions enter the case number PL190517

At the Nena meeting, Herman Turkstra, head of the association’s Planning and Traffic committee said that HWNI was still studying the decision.

In other planning and traffic news: An application for a minor variance for a development at 50 Picton Street West was turned down by Hamilton’s Committee of Adjustment. A proposal to sever a lot, tear down a Victorian cottage and build two stacked townhouses with a total of four units, was deemed “not a minor variance” by the

committee. Opposition by neighbours, and Councillor Jason Farr noted the imposing size of the buildings, proposal for only eight per cent front yard landscaping, no front doors, and privacy intrusion for neighbours as concerns.

It was noted at the NENA meeting that the North End will face more pressure for intensification and a comprehensive-inclusive discussion should take place in the near future.

The Environment Committee lead by Jon Davey has been gathering details on the increase in idling locomotives at the CN switching yard near Bayfront Park. Lots of smoke and fumes, and concerns about air quality. I attended a virtual meeting of Clean Air Hamilton April 12 where this issue was discussed after a presentation by the Railway Association of Canada (RCA). RCA talked about efforts by railroads to reduce carbon emissions. It was mentioned there is a “30 minute limit to idling engines except for operational purposes,” as described by Transport Canada. This vague guideline doesn’t seem to be helpful, but the RCA said they would be a good point of contact for a conversation with CN about idling concerns. Clean Air Hamilton meetings are open to the public.

Property Damage Concerns:

North End resident Stephen Harris spoke at the meeting about increasing vandalism in the neighbourhood. He listed graffiti, rocks thrown at houses and the serious incidents of fires being set on porches.” Nena contacted Hamilton Police Services and got this response. “The Hamilton Police are investigating this matter, it is currently an ongoing investigation. Officers are actively canvassing the areas surrounding where the incidents occurred, checking for video surveillance and speaking with witnesses. The Hamilton Police are asking the public to come forward with any information that they feel may assist police. Contact police at 905-540-5085 if you have information on these incidents.”

As a closer, it is worth downloading the City of Hamilton App. It contains shortcuts that would be hard to find on the city’s website, including calendars, agendas and minutes of most city of Hamilton committees and sub-committees. Also included links to live-streamed meetings.

For additional and the newest NENA information visit: <https://www.north-endneighbourhoodassociation.com/>

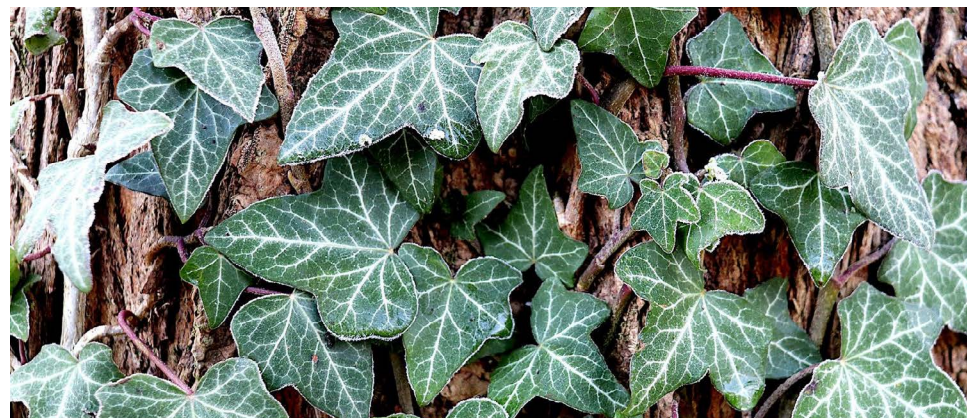
DID I REALLY PLANT THAT?!

SUBMITTED BY CANDY VENNING

Whether you’re a fresh gardener or an expert, you’ve planted something that you came to regret – a lot. It may have been the pretty flower, the ‘friend’s’ recommendation or the label that lured you in but eventually it became a monster. A recent discussion on Facebook, Venni Gardens revealed a long list of bad memories. Here are some of the worst with suggested alternatives.

Ground Covers

Vinca (aka Periwinkle): Ground cover with glossy dark green leaves and pretty blue flowers – what’s not to like? Often described as a vigorous grower – wait, what! That word ‘vigorous’ should be written in bold letters. What it really means is that



this plant, if not totally surrounded by concrete, will attempt world domination. It will spread and cover everything in its path. That delicate peony you were looking for? – gone!

English Ivy Romantic visions of ivy covered, crumbling manors must have inspired our continued folly. Tough stems with suckers to attach to brick walls and destroy the mortar; climbing trees while smothering anything in its path. An aggressive grower that is tough to dig up.

Goutweed (aka Bishop’s Weed) Pretty pale green leaves, often var-

iegated with white. The roots spread and it pops up in the oddest spots. I once spent 2 years on hands and knees, digging it out, searching for the little hair-like roots that would grow into more plants. And then a neighbour on one side was given some that she thought were so pretty and planted them along the fence. And the neighbour on the other side liked them so much she... you get the picture. I now have them popping up in my raised vegetable beds.

Alternatives: Tiarella, Trout lily, ferns, Mertensia, Sweet woodruff,

Pulmonaria, Virginia waterleaf, Puss-toes, creeping phlox or a mix of all of these!

Vines


(Vertical interest is always welcome – but NOT these thugs)

Trumpet Vine All those lovely orange flowers, ooooo! the birds and bees are going to love them you think, I certainly hope so because it will pop up all over your neighbourhood. One gardener even had one that grew up the side of a 2.5 story house and wormed its way into the attic.

Chocolate Vine (aka Akebia) One gardener planted this after seeing it at the Royal Botanical Gardens. (Proof that even the experts can plant regrets although they removed it completely when they discovered its true nature.) Lovely vine with delicate leaves that has little chandeliers of purple flowers. But it can pull over a fence and the vines will root and spread and spread and spread.

WHO WAS

Ed Stewart



And his contribution to the North End

NORTH END AWARDS

The North End Breezes is proud to carry on a tradition started by Ed Stewart in 2005. In partnership with North End Neighbours Association, we will be launching the North Ender of the Year Award. The application will be available in June so start thinking about who you can nominate!

Who was Ed Stewart?

Ed Stewart (1929-2020) was born on Wood Street in the North End in 1929. At a young age, his family suffered a tragedy when his brother Bill was killed on the Athabaskan and they moved away soon after. His life’s journey kept him active with the 607 Athabaskan Associations.

Over the years, Ed’s journeys took him across the world and he visited and resided in many cities. He settled in Oakville with his wife, built a home and lived there until his passing in August of 2020. During his travels, he still kept in touch with his childhood friends in the North End and remembered his roots. He knew when they celebrated their birthdays, when they were mentioned in the paper, what they had done and when they had passed. A true “old school” person, Ed would call or write to keep in touch.

One of Ed’s passions was The North Ender of The Year Award which he started in 2005. The award recognizes people, groups and businesses that have supported and built community in the North End.

Ed was a gifted graphic designer and designed the banner logo that we use to this day for The Breezes.

His passions included being involved in the Sea Cadets and the 23rd Field Ambulance. Ed was a collector of memorabilia and shared many of his photos and stories with the North End through The Breezes.

An all- round gentleman, Ed Stewart always demonstrated a sense of humor and was generous with his talent, connections his wealth of experience. Ed’s kindness, knowledge and love of the North End will be missed.

In honour of Ed Stewart we continue the North End of the Year award,

The Ed Stewart Legacy Award is presented to an individual, group or business in recognition of an outstanding contribution to the North End through community engagement, service or leadership. The nominee should have demonstrated a long-standing, significant commitment to the improvement of the neighbourhood through professional or voluntary efforts. Normally this award is presented to recognize efforts spread over a period of ten plus years, however, a single outstanding achievement may be considered.

As our community continues to grow with new residents and businesses, we’d also like to introduce The Community Builder Award.

North End yard sale weekend supporting The Welcome Inn!

The time for spring cleaning is NOW!

Host a yard sale on the weekend of June 26-27, 2021, at your own house, and donate 20% (minimum) to the Welcome Inn!

The Welcome Inn has not stopped operating during the pandemic and could use our support to continue providing their programs. Food banks and seniors programs are more important than ever and, with the community support, we can provide them with additional resources to boost their operations.

Let us know that you will be participating by emailing Amanda at NorthEndYardSale2021@outlook.com. Your address will be added to the Facebook event that will go live in June and all local promo!

Note: The yard sale weekend will only happen if COVID restrictions are limited, and each participating residence will have to ensure that social distancing is being maintained.



Welcome Inn
Community Centre

The Community Builders Award is presented to recognize the efforts implemented by the nominee in the North End neighbourhood. The individual should embody the community spirit and have dedicated their time with measurable impact on the North End and its residents. demonstrated compassion in ways of touching or enriching the lives of others, showing ongoing leadership and initiative, or sustained and selfless voluntary service. An impact visionary who is making a difference of the future of our neighbourhood. In selecting the recipient(s) of the awards, a panel of judges will consider the nature of the community involvement undertaken by each nominee and the resulting achievements, using the materials submitted to support the nomination form.

Goal \$100,000

\$100,000

\$90,000

\$80,000

\$70,000

\$60,000

\$50,000

\$40,000

\$30,000

\$20,000

\$10,000

0

\$16,330



One Heart One Soul

Progress Update

ONE HEART ONE SOUL



One Heart One Soul Fundraising Campaign at St. Lawrence

St. Lawrence is one of the oldest parishes in the Hamilton Diocese. Our rich history began in November of 1890 with the first Mass and the official opening of St. Lawrence the Martyr. The magnificent stained-glass windows, paintings, pipe organ and altar are a real treasure to our parish. Now, over 130 years old, our beloved

church is in desperate need of repair. The One Heart, One Soul Campaign gives us an avenue and opportunity to make much needed repair to the church, but also strengthen our parish community and unite us with the entire diocese. To learn more about the campaign and how you can contribute please call the parish office (905)529-3921 or visit our campaign website <https://www.oneheartonesoul.ca/stlawrencehamilton>

ADOPT THE BREEZES

We hear stories every day that touch our hearts and make us wonder how we can make a difference. Should we bring a new pet into our family? Is there a child that needs a loving home? Or perhaps there is a cause that could use your support.

Thank you for supporting your community newsletter. Since 1971 this newsletter has been published in a variety of forms, but it is the partnership with our readers that has always been at the heart of what we do. This is seen in the financial stability of the newsletter as in 2015 24% of our income came through

donations and fund-raising activities.

We’ve seen many changes over the past few years. Colour added to our newspaper, a website presence and Twitter bringing our social media presence to the forefront. Over the past few months, we have continued to bring the news of the community to you in a digital format but as soon as the situation warrants, you will have a paper copy to enjoy while you sit on your porch with your cup of coffee. The on line readership has increased over 57% so we know you are still looking

forward to the monthly edition of the Breezes. We continue to look for ways to balance our books and keep the Breezes sustainable as we approach our fiftieth year of publication.

We hope that you will join us with a financial gift that will allow us to continue to keep the people and resources of the North End connected. You will receive a charitable donation receipt for your donation. Thank you in advance for your donation.

Sincerely,
The North End Breezes Board



GRANDAD'S DONUTS
Hamilton, ON L8L 1J7
289-700-0905

Support our supporters!

OUR CORNER
♦ *Bar & Grill* ♦

905-523-0584
496 James St N,
Hamilton, ON
L8L 1J1



Do you tweet? Do you have a couple of hours a week?
The Breezes would love your expertise! The Breezes needs
someone to help with our social media platforms on
Twitter and Facebook.

[Please contact: office@northendbreezes.com](mailto:office@northendbreezes.com)



Welcome Inn
Community Centre

Eco Adventures Day Camp 2021

Calling all campers! Avoid summer boredom and join us for a week at Welcome Inn for some environmentally friendly fun. Learn more about our Earth and how to care for it in a series of interactive activities including games, gardening, outings, crafts and more!




Campers 5-10 years old
\$80/week per camper
Monday-Friday, 9am-3pm
Registration weeks available:

- July 5th-9th
- July 12th-16th
- July 19th-23rd
- July 26th-30th

*North End residents will get priority.
**Only one week per camper to start. If spaces are still available then we will reopen registration on a first come, first served basis.

Contact Gladys at gladys@welcomeinn.ca or 905-525-5824 for more information
Please note: If camp is unable to run in person, it will be available over ZOOM free of charge.




Welcome Inn
Community Centre

Welcome Inn Day Camp Needs Your Help!
We are looking forward to eco-friendly art & crafts all summer long. That's where you come in!

If you have clean:

- toilet paper or paper towel rolls
- tin cans
- 2L plastic pop bottles
- water bottles
- milk cartons
- old magazines
- glass jars (with or without lids)
- egg cartons
- yarn or twine

Please consider donating them to us!



You can drop them off at Welcome Inn any time between 10:30am-2pm Mondays, Wednesdays, Thursdays or Fridays. Just come to the Appointment Pick-Up table located on the front left side of the building. Ring the doorbell on the table and someone will be happy to receive your donation!

We are located at 40 Wood St. East, Hamilton, L8L 3Y3

THANK YOU FOR ALL YOUR SUPPORT!



Welcome Inn
Community Centre

IS OFFERING FOOD BANK APPOINTMENTS

Avoid waiting in the cold -
Call **905-525-5824** to book

Drop-ins also available
Monday, Wednesday, Thursday & Friday
10:30AM - 2:00 PM



Welcome Inn's
**MOST REQUESTED
ESSENTIAL
ITEMS**



SHAMPOO



PROTEIN
BOOST/PROTEIN DRINK



TOILET PAPER



BODY WASH



DISH SOAP



LAUNDRY PODS

HOW TO HELP...

DROP OFF ITEMS AT 40 WOOD STREET EAST
*RING THE SIDE DOOR BELL FOR ASSISTANCE *

DONATION HOURS: MON, WED, THURSDAY & FRI 9:30-2:00.

*“Always find a reason to laugh. it may not add years to your life
but will surely add life to your years.” – Unknown*

Even in these days, with wearing a mask, a smile can go a long way and
be a highlight to your day and others.

Please see the following updates to the Welcome Inn Community Centres Programs



SENIORS

With spring here, please know that there is community all around you and you are not alone. We are here to help!

Please call the Seniors Support line if you are in need of food hamper deliveries or would like to be matched with a volunteer who would love to call you on a regular basis for a friendly chat. We will all get through this together!

Seniors Support Line: 289-260-3771

VOLUNTEER OPPORTUNITIES

We are looking for volunteers who would like to connect with neighbourhood seniors, by phoning them on a regular basis. These phone calls are a meaningful way to help seniors cope with the isolation they are facing during the pandemic. If interested in volunteering, please call our Seniors Support Line: 289-260-3771, to get the conversation started.

FOOD BANK

Welcome Inn's Food Bank is now offering appointments, please call, 905-525-5824 to book ahead and avoid waiting in line.

Drop-in visits are still available. Spring food bank hours are Monday, Wednesday, Thursday, and Friday from 10:30 AM - 2:00 PM.

Donations are being accepting during our Food Bank Hours. We are in a high need for Toilet paper, Body wash, Shampoo, Dish soap, Boost/Ensure and Laundry pods.

COMMUNITY PROGRAMMING

We are looking for an Arabic/English speaking individual who can interpret for community members during our workshops this summer.

Please contact Krista for more details, 905-516-0480

NEW HORIZONS THRIFT STORE

The Welcome Inn is looking forward to the grand reopening of New Horizons Thrift Store. Our goal is to reopen the store in the coming year, adding more community space and a lovely café.

The store has been packed up and we are just waiting to re-open the store in a new location. We are currently not able to take donations until we obtain our new location.



Welcome Inn
Community Centre

NORTH END BREEZES FREE CLASSIFIED ADS

*Ad content subject to approval by the Board
of Directors in keeping with the Mission
and Vision of North End Breezes. Call
905-523-6611 ext 3004 or email office
@northendbreezes.com*

Send your upcoming events to events@northendbreezes.com to be included in our monthly calendar and on our website: www.northendbreezes.com

Roommate wanted to share an apartment.
Reasonable rent plus shared responsibilities.
Please call 289-389-1070

Lawn Mowing: I am a 14 year old boy looking
to make some money over the summer by mow-
ing lawns in the north end. If interested call Ezra
Oucharek at 905-517-1661.

For Sale: BIKINIS: Hand crocheted, Made to or-
der, Very daring. \$95.00. Call Beryle @905-540-
4242 for an Appt.

Children's Birthday Parties: Make your child's
birthday the talk of the neighbourhood. Earlee the
Entertainer will make it happen Magic, balloons,
paintable tattoos for only \$75.00 per hour North
End Neighbours – special rate of \$65.00 per hour
Call Earl Ross – 289-439-0166

Downtown Delivery Driver: Looking for a MA-
TURE adult to do deliveries in the City of Hamil-
ton's lower city. Trips / tips / extras you keep. You
should have a float of at least \$75 to make change
for customers as a float will be provided to you to
purchase items. If you are interested, please call
905-921-9339 and ask for Pearl.

Be a driving force in your community! Drivers
are needed to provide transportation for seniors
to get to medical appointments. Flexible schedule
and mileage reimbursement. Please call 905-529-
0700 or email voncsshamilton@von.ca

Part-time Dispatcher; Looking for a mature adult
to answer phone and dispatch orders to drivers,
Weekends only to start Saturday evenings and
Sunday afternoon. Looking for some local here
in the North End. As we are in walking distance.
Training provided and after training you can work
out of your own home. Please call 905-921-9339
ask for Pearl

Sewing & Dressmaking. Students and clients
wanted. Lessons or alterations available. Ages 6
to 106! Expert in African apparel. Please call Hy-
acinth 289-308-6176

GOOD FOOD BOX

Pick up your box at Welcome Inn, or Eva Rothwell Resource Centre! Place your order by the second Wednesday of every month, and pick up on the 3rd Wednesday from 2-5!

High quality, fresh produce at a fair price!
\$15 for a large box (\$20 value)
\$10 for a small box (\$15 value)

Order at NHCHC
or Eva Rothwell.
Call for info:
905-523-6611 ext 3007

Brought to you by:

The Eva Rothwell
Resource Centre
at Robert Land



YOUR COMMUNITY! YOUR SUPPORT! MAKE A DIFFERENCE!

The Breezes is supported by your generosity! Hundreds of volunteer hours go into each publication but we need your help to cover those essential costs of printing and delivery. A tax receipt will be issued to the address noted. Please send your cheque to North Hamilton Community Health Centre at 438 Hughson Street North or visit our website www.northendbreezes.com to make a donation through paypal.

During this time of social distancing, we are still accepting e-transfers to: office@northendbreezes.com



JOIN OUR TEAM!!

The Board of Directors is looking for eager volunteers to bring new ideas and skills to the table.

Now in our 48th year, The Breezes is looking to put some new wind in our sails that will lead us forward. If you have skills in technology, event planning or fundraising, we can use those skills to grow our team. The North End Breezes relies on our volunteers to bring the community news to you. We require minimal commitment of two hours per month. Contact us for details and to discuss how you can be part of the team! Email office@northendbreezes.com

Are you Pregnant?

YOU'RE INVITED TO...

Welcome Baby Program



We provide the following at this program:

- Access a Registered Dietitian and Public Health Nurse.
- Pregnancy and post natal education
- Meet other moms
- Healthy snacks and recipes
- Food vouchers
- Bus tickets
- Free prenatal vitamins.
- Free Vitamin D drops
- Free child minding for children under 6.

Where?

Compass CH – 438 Hughson Street North

For more information contact:

Cory at: (905)-523-6611 Ext.3047



Celebrations
of Life

Pre-Planning

Aftercare
Support

Full Service
Funerals and
Visitations

Circle of Life

Cremation and Burial Centre Inc.

Simple Cremation, No Hidden Fees
\$2,676.45

Includes: Coordinating Activities- \$455. Documents - \$425.*
Shelter of Remains - \$275. Transfer Vehicle - \$415.**
Cremation Container - \$195. Cremation - \$560.
Death Registration - \$47. Coroner's Fee - \$75. HST - \$229.45

905.628.8558

* Incl. unlimited Proof of Death Certificate. ** 2 staff, 24 hr. availability

100 King St. E, Dundas • www.circleoflifecbc.com

Letters to the Editor



Did you enjoy an article? Was there something we missed? Is there something you don't like?

Or maybe you have an update we missed? The Breezes is YOUR paper! Help us spread the news you want to hear. Email office@northendbreezes.com

COOKING IN THE NORTH END



SALMON FILLET WITH ASPARAGUS, SUGAR SNAP PEAS AND RADISH SALAD

Jump into spring with a quick and colourful salad.
Approximately 5-10 min prep, 35 min cook time.

Ingredients

- 2 skinless salmon fillets, 6 oz
- 1 tablespoon butter
- Squeeze of lemon
- Salt + Pepper
- 2 tablespoons of olive oil, divided
- 1 garlic clove, minced
- 1 bunch (7-8 spears) of asparagus
- 1 bunch (8-10) of medium sized radish, halved
- 1 cup sugar snap peas, ends trimmed
- 2 cups sourdough (or 2 bagel), cubed

Extras

- Goat, ricotta, or parm cheese
- Your favourite greens, dill and/or parsley

Instructions

1. Preheat oven to 400°C
2. Pat salmon dry with paper towels and season with salt and pepper. Leave at room temperature while prepping the vegetables.
3. Prep 1 XL baking tray with non-stick foil, creating two separate sections by folding the edges of the foil. Or use 2 separate medium trays.
4. Toss asparagus, radishes in 1 tablespoon of olive oil with salt and pepper. Line up in a single layer on ½ the baking tray, keeping the other section empty.
5. Meanwhile, trim the ends of the sugar snap peas and cube sourdough.
6. In a medium bowl combine the snap peas with sourdough, toss with 1 tablespoon of olive oil, garlic, salt and pepper.
7. After 20 min of asparagus and radish in the oven, pull out the tray. Remove the asparagus, and replace with snap peas and sourdough, leaving the radish to cook longer.
8. In the empty section of the baking tray (or using an additional tray), line the salmon fillets, squeeze a bit of lemon on top and add ½ teaspoon butter on each fillet.
9. Bake an additional 10-12 minutes, until salmon is cooked through.
10. Combine the veggies, topped with the salmon and sour dough.
11. Garnish with your favourite cheese and greens.

Enjoy your dinner and easy clean up! Bon appetit!



5th Annual Rain barrel Fundraiser

Where: Virtual Event

Pre-order your
rain barrels and
accessories @
[www.rainbarrel.ca/
northendbreezes](http://www.rainbarrel.ca/northendbreezes)

Current Covid – 19 protocols and
the timing of the latest stay – at –
home order have required us to
make this a virtual event

Home delivery option available when
ordering on-line.

Thankyou for supporting your community Newspaper

Email: office@northendbreezes.com

**Any Orders already placed with a pick-up option
for May 8th will be contacted.**



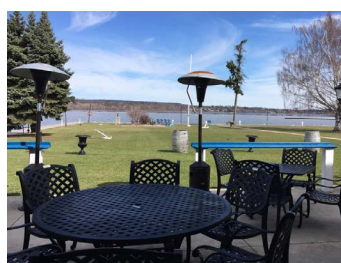
**FLOWER SALE
CANCELLED for
MAY 8th**





Even if you don't own a boat, YOU can be a member.
Our membership is open to everyone!

RHYC was established in 1888, Our club provides a year-round facility offering an exceptional waterfront experience. Social memberships are available to enjoy our beautiful pool, dining facilities, meeting rooms and patio.



For membership information or a visit please contact us at
(905) 528-8464 or email: **sail@rhy.ca**

SIMPSON & WELLENREITER LLP

Anthony Wellenreiter (905) 525-4520

David Reid Simpson (905) 527-1174

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Websites that Work!

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