"What you do today can improve all your tomorrows" - Ralph Marston

Even in these days, with wearing a mask, a smile can go a long way and be a highlight to your day and others.

Please see the following updates to the Welcome Inn Community Centres Programs.

Seniors

We continue to assist our seniors by providing hampers and supportive phone calls. It's a great way to make a new friend and help the long winter days feel less lonely. The seniors support line can be reached at **289-260-3771**.

Volunteer Opportunities:

If you would be interested in supporting seniors by phoning them on a regular basis, please contact ruth@welcomeinn.ca to talk about possibilities.

Food Bank

Welcome Inn's Food Bank is now offering appointments, please call, 905-525-5824 to book ahead and avoid waiting in the cold.

Drop-in visits are still available. Winter food bank hours are Monday, Wednesday, Thursday, and Friday from 10:30 AM - 2:00 PM.

Donations are being accepting during our Food Bank Hours.

We are in a high need for baby food, baby formula, size 3-6 diapers and personal hygiene products.

Community programing

We are looking for tax volunteers that speaks Arabic and/or English.

Please contact Krista for more details, 905-516-0480.

LAF is Back!

Welcome Inn's Learning and Fun (LAF) after school program is back! This year, LAF will be delivered virtually. Mentors will help students with homework, play educational games, and provide a positive, safe and fun online environment. Program participants will receive focused attention, a chance to connect with peers, and interact with positive role models.

Registration is now OPEN! The first day of LAF will be January 25th, and registration will remain open until spots are filled.

To register and for more information, give us a call at <u>905-525-5824</u>, or email Danielle at danielle@welcomeinn.ca.