



SUMMER 2022 | VOLUME 7 | OFFICE@NORTHENDBREEZES.COM | WWW.NORTHENDBREEZES.COM | FOLLOW THE NORTH END BREEZES ON INSTAGRAM @NORTHENDBREEZES

CELEBRATING THE NORTH END'S NEW 'COPPS PIER'

SUBMITTED BY MAUREEN SCALLY

The name of the new waterfront park "Copps Pier", is a fitting way to honour the Copps family and their commitment to the waterfront. Former Hamilton mayor, Victor Kennedy Copps, former Ward 4 Councillor Geraldine Copps and the Honourable Sheila Copps, who all worked to improve water quality and enable public access to the waterfront

It was an exciting day for the Opening of the Copps Pier at Pier 8 with the Haida in the back drop and the whole Copps Family in attendance, Mary, Sheila, Brenda, and Kevin along with their Spouses and children, Danelle, Elise, Emily, Gabriele, Beatrice and next generation Cece and new born Armaan Victor. Each one of Former Mayor Victor Copps and Alderman Geraldine Copps Children took turns speaking about their passion and

love for Hamilton. There were a few emotional moments when they spoke about the vision of their parents, Mayor Vic as the people's Mayor, and Geraldine's advocacy to the environment and social issues.

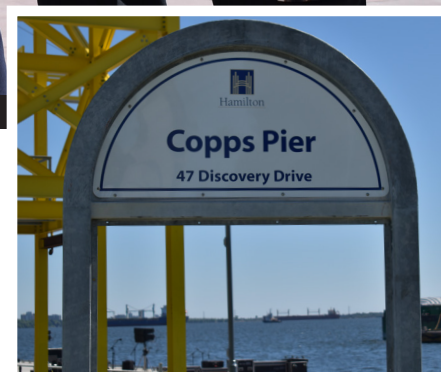
The Honourable Sheila Copps, as Minister of Canadian Heritage, struck a historic agreement between the City of Hamilton and the Harbour Commission in 2000 that would return ownership of the open land around the harbour to the city which was the first step towards making the waterfront accessible for public access and enjoyment. Sheila was able to acquire the Haida from Toronto for one dollar (\$1.00) and then worked to bring it to Hamilton so it could be enjoyed, by all.

Now Copps Pier is along the waters edge and will be enjoyed by many North Enders and Hamiltonians with



PHOTOS COURTESY OF TAYLOR SCALLY

the Copps name so proudly placed for generations to come. It was envisioned to "bringing full public access to the water's edge". Mayor Vic and Geraldine would have been oh so Proud!!!!





Dr. Ariana Candaras
Naturopathic Doctor



166 Bay St. N., Hamilton, ON, L8R 2P7
905-529-8800
www.drcandarasnd.com

Dr. Ariana ND is a naturopath serving the North End neighbourhood. She has a special interest in digestion, mental health and healthy aging. However, she welcomes all who are looking for support in making long-term, sustainable changes to their health. Naturopathic Medicine aims to treat the whole person through a holistic and individualized approach, using natural modalities. Please book a free chat or visit our website to learn more about how naturopathic medicine can help you.

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Hamilton, ON L8N 2A15
905-544-9644
ahorwath-co@ndp.on.ca

andreaorwath.ca





NENA UPDATE - THE NORTH END IS THE BEST PLACE TO LIVE FOR SUMMER EVENTS

Hamilton is packed with events in the summer and the North End is no exception. Living so close to some of the city’s prime outdoor spaces means we can walk to many of these events.

On July 1st the City will be hosting a Canada Day celebration at Bayfront Park. The family fun event starts at 4pm and cumulates with fireworks at 10pm. For more information check out www.hamilton.ca/attractions/festivals-events/hamilton-canada-day-bayfront-park.

On July 15th & 16th Pier 4 will welcome the Because Beer 2022 event. There will be music, vendors, and of course beer. This event requires tickets. Find out more at <https://www.becausebeer.ca/tickets>.

At Pier 8 you can hear free live music every Thursday evening. Bring a chair or a blanket. Music starts at 6:30pm. You can find out more info at <https://www.hamiltonwaterfront.com/music-on-the-waterfront/>.

Our neighbourhood also has some local events happening. Head on down to the Sunset Cultural Gardens at Strachan and Bay for full moon gatherings. July’s full moon happens on July 13th and is called the Thunder Moon because of the number of thunder storms that occur in July. At sunset this full moon will rise in the southeast. Full moon gatherings in Sunset Garden happen when there are clear skies. You can also head over to the garden anytime of day to enjoy the columbine, allium, teasel and other flowers blooming throughout the summer.

Finally, keep your eye out for a new North End neighbour-led event. Planning for a “Walk the Block” event is currently underway, with its goal to encourage people to get out of their cars and explore their neighbourhood by foot.

The North End Neighbourhood Association meets the first Wednesday of every month. Meetings are currently on zoom and start at 7pm. Everyone is welcome. You can find out about our meetings by signing up for our newsletter. We are also on Facebook and Twitter.

Sign up for our newsletter here: <https://www.northend-neighbourhoodassociation.com/> (Scroll to the very bottom).

www.facebook.com/NorthEndNeighbours

www.twitter.com/nenhamilton

A NEW COMMUNITY FRIDGE FOR THE NORTH END

SUBMITTED BY LEAH JANZEN, COMMUNITY DEVELOPMENT WORKER/FOOD SECURITY SPECIALIST

Compass Community Health launched a community fridge this past April. The fridge is located on the south/west corner of our property, near the corner of Hughson and Picton. The fridge is currently stocking fresh fruits and vegetable and dairy alternatives (oat milk, almond milk, soy milk etc.).

As the growing season is in full swing, we are looking to our community to help stock the fridge. If you have any extra produce from your garden, you are welcome to drop it off directly into the fridge. We are also accepting monetary donations and grocery gift cards that will go towards purchasing goods for the fridge when the growing season ends. The fridge is open Monday to Friday 8am-4pm.

Contact Leah Janzen for more details. 905-523-6611 (ex.3006) or ljanzen@compassch.org.



WALK THE BLOCK: THE LOVELIEST AND LIVELIEST PART OF HAMILTON

SUBMITTED BY KEITH THOMPSON

I’ve been in love with the North End for a long time. Before we moved here last year, my wife and I would walk the blocks on our way to Bayfront Park and dream about making this neighbourhood our home. When we got our dog last year, he seemed to have this natural pull, always leading us into the North End. As we spent more and more time on the streets and sidewalks of the neighbourhood, our love continued to grow.

As in all things “love,” it wasn’t one thing. It was the trees. Or the mix of houses, each with its own style and personality. It was the churches sprinkled about on the

corners of residential streets. It was the bayfront, the parks, and the elaborate front gardens. It was Grandad’s Donuts and the Ken Soble tower shining bright against the backdrop of a pink summer sunset. It was all these things, but most importantly, it was the people.

Even as strangers walking our dog in the neighbourhood, people would stop to say hello. When we finally moved into the area, we found this friendliness wasn’t some fluke. In the first few weeks, people would cross the road to introduce themselves and welcome us to the North End. Even now, people wave from their porches or offer a friendly “good morning” as we pass on the sidewalks. Our neighbours will get up early to cut our grass or grab our delivery packages when they see we’re gone for the day. There is something special about this neighbourhood; a sense of community that is more than the houses, the streets, the trees and the gardens.

It’s a collection of amazing, caring & genuine people that make the North End “the liveliest, loveliest part of Hamilton, set apart by the neighbourliness and fierce pride of its people...the city’s most colourful characters.”

To celebrate this fantastic community, I’m helping organize a Walk the Block event. For a few hours, we’ll partially close the streets to vehicle traffic. We hope you’ll join us in getting out onto the sidewalks for this pedestrian-friendly event. We hope this will be a chance to say hello to your neighbours, meet new friends, and experience the community that makes this neighbourhood such a fantastic place to live. Keep an eye on the North End Neighbourhood Association website and Facebook page for more details about this upcoming event.

If you’re looking to get involved and help us bring this event to life, email Keith at thompskeith@gmail.com

LINDA'S CHATTY CORNER

SUBMITTED BY LINDA BENSON

What an absolutely beautiful day it was, this Tuesday. A friend suggested we meet up at the Williams Pub café for breakfast. Sitting outside on their patio, listening to the birds, looking out at the beautiful, glistening water, I felt a sense of serenity and pride. Well, I use the word "serenity" with lightness, after all there was construction all around us, but to my mind, this was beauty in and of itself. My friend and I marveled at what has been constructed, and, accomplished in a few short months. As we spoke about the future of our harbour, we could only speculate what is to come. To me, this resurrection of our harbour is truly spectacular! I am excited to see the finished effect.

We took a long leisurely walk around the area from Pier 8 to Pier 4. We spoke to many of the construction workers, to site supervisors and to the garden crew from City hall. Everyone was of the same mind; this is going to be pure beauty. Oh I know there will be the naysayers, especially those who have to live beside all the construction, the dust and grime, not to mention the noise. For you, I hope this is a temporary way of life, and you will just as in awe and amazed by the future outcome of this area. There was a small kiddy park open, with some swings and other equipment, and it seemed to be quite busy during my visit. The

promenade from Williams to the Haida is now open and it looks worlds apart from the previous walk way, which is lovely to see.

I did mention in one of my last stories, I believe it will be good for Williams Café to have some healthy competition, and I still feel this way. I hope there will be a few open-air cafes, lots of patios and park like seating areas, for us to congregate and enjoy a meal, a snack or a light beverage with one another.

I spoke to a group of young people who were beautifying the area with plants and flower beds. Two of the young men, Josh, from McMaster University and Logan from Mohawk college, seemed excited to be doing Spring/Summer work with the City of Hamilton. What a great idea for the city to hire students from various colleges. I wish this program had been around when my son was at university, an amazing collaboration.

We sat for a while, outside the former Chamber of Commerce, admiring all the docked boats and simply enjoying the sunshine and scenery. Honestly, I couldn't stop marveling at all the changes to the harbor.

On our walk, we came across a structure, some sort of tower I believe, and attached to it was the biggest bird's nest I have ever seen. At first, I thought it was part of a sculpture, but then we saw, and heard, the chirping of the birds from within. Have you seen it? How wonderful these birds are, to weave such intricacies.

FIVE STARS RESTAURANT TRAINING AND EMPOWERMENT PROGRAM

In the Fall of 2021, PATH Employment Services' colleagues MacKenzie Townsend and Joel McKinley noted a desperate need for restaurant employees in the Hamilton area. Within a week's time, there were over 1300 unique restaurant jobs that were posted on Indeed, and that need continues to grow. According to Tourism SkillsNet Ontario there will be a 51% increase in demand for chefs and cooks.

To get started, Joel and MacKenzie conducted research to see where the bottleneck in the industry had formed and came to the conclusion that Certification, Training, and Experience had been the defining factors that were missing- so the Five Stars Restaurant Training and Empowerment Program was born. The program consists of 5 key components: On-the-Job Work Experience, Training and Certifications, Wraparound Mental Health Support, Employability Skills, and Life Skills.

Wrap-around Mental Health supports are provided by the Canadian Mental Health Association – Hamilton Branch. This type of support has been stretched thin with the coming of COVID-19. Participants will receive Dialectical Behavioral Therapy skills (DBT) administered by a Full Time Mental Health Worker who is available for clients to access throughout the duration of the program for more long-term support. Dialectical Behavioral Therapy (DBT) has proven to be effective in helping people with a variety of disabilities related to mental health including depression, panic/anxiety disorders, addictions, behavior compulsions, eating disorders, schizophrenia, bipolar disorder, mood disorders, phobias, and other similar behavioral, emotional, and mental health challenges. It has been found that lack of employment often

leads to mental health barriers due to lack of social interaction/support, lack of financial stability, low motivation, and feelings of inadequacy. Thus, allowing our participants to assess and participate in DBT and wraparound supports will hopefully aid in their success throughout this program and their employment journey.

Five Stars has also partnered with community leaders such as Ontario Tourism Education Corporation (OTEC) and Mohawk College Enterprise to help deliver hands on training for the program including Line Cook Training and Conflict Resolution. This government funded program will provide People with Disabilities/Mental Health challenges with 4 weeks of paid in-class specialized training and certifications, and 2 weeks of 30 hours/week paid-on-the-job placement experience.

There are 13 spots available for each cohort (8 cohorts over the next 12 months). Those selected in the interview process will have the advantage of participation in this unique and career enhancing opportunity. Once a participant has completed the program, they will have all of the Certifications needed to work within the Ontario Restaurant Sector. They will then be transferred to our in-program Job Developer for placement in a local restaurant, diner, café, or banquet centre. A wage subsidy will be offered to any participating employer who hires a Five Stars client to help offset training costs for onboarding someone new to the industry.

For more information, please contact Michelle at fivestars@pathemployment.com or 905-528-6611 Ext. 233 or visit: <http://www.pathemployment.com/how-we-help/#five-stars>

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- Free child minding for children under 6.

Where?
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For more information contact:
Cory at: (905)-523-6611 Ext.3047



PATH
EMPLOYMENT SERVICES

45 STORY TOWER AT PIER 8 DEVELOPMENT

SUBMITTED BY JEFF GLEN

I am a long-time resident of the North End and I continue to marvel at and appreciate what a great neighbourhood community it is to live in. I love the North End. I even have the t-shirt. I’ve watched the development of Piers 1 through 5, the Waterfront Trail and Bayfront Park. I feel they have added so much to the aesthetics and quality of life in our community.

Since early spring I have enjoyed riding my bike along the newly opened Pier 8 boardwalk connecting to the amenities of the Discovery Center, roller rink and Williams coffeehouse. I’ve even conceded to the fact that the remaining vacant land at Pier 8 will not become green space. I can only hope that the architectural significance and beauty of the proposed multiple eight story buildings with a maximum of 1645 condo units lives up to the hype and I look forward to it. But when the idea of a 45-storey tower was proposed for the site at last year’s North End Neighbourhood Association’s zoom meeting, all I could see was red.

It turns out a few residents of the North End appealed the city’s decision to raise the number of condo units from 1,000 to 1645 to the Ontario Land Tribunal. But the city would not back down on the numbers and this group went in to negotiations with a mediator. The developer agreed to support a 45-story tower in order to reduce density in the multiple eight story condo units.

I feel it is a very weak argument that this will attract more families to the development and specifically to the 45-story tower. I also feel it was beyond the scope of a few residents specifically the appellants Harbour West Neighbours to agree to this surprising settlement. They should have walked away from the idea of a 45-story tower which was never part of the vision for Pier 8.

I feel we live in one of the most geographically beautiful cities in Canada

and I don’t see how a 45-storey tower will enhance the waterfront. It would be one of the most offensive features I can imagine, whether viewed from the escarpment, from the water or at the site itself, this ominous tower rising above you.

I realize this proposed tower has its supporters and I would be very interested in what the balance of opinions are pro or con. The only ones I have seen in the Hamilton Spectator’s letters to the editor have been negative. Councillor Jason Farr, in his “Update from the Councillor” column in the April edition of the Breezes, asked residents to ponder this relatively new potential development, the 45-storey tower. He also asked for public feedback on whether the long-planned design for mixed-use, midsize development on Pier 8 could/should be altered to permit high rise(s) on this one block.

I feel the residents of the North End and all Hamiltonians would want to take a long hard look at how this tower will change the look and feel of the North End neighbourhood and the city as a whole. This is not a done deal and another full public consultation meeting will be held by the city in September. I encourage all residents to share your opinion with Jason Farr, Jason.farr@hamilton.ca, the Breezes and with letters to the Editor of the Hamilton Spectator.

There is also a petition against the inclusion of a 45-story tower on Pier 8.

<https://www.change.org/p/north-end-neighbourhood-association-stop-the-tower-protect-north-end-neighbourhood>

Jeff Glen
jjgtoyou@icloud.com

<https://www.hamilton.ca/city-initiatives/priority-projects/key-project-pier-8-block-16>

**The North End
Breezes Board of
Directors is looking
for eager volunteers
to bring new ideas
and skills to the
table!**

The Breezes is looking to put some new wind in our sails that will lead us forward. If you have skills in technology, event planning or fundraising, we can use those skills to grow our team. The North End Breezes relies on volunteers to bring the community news to you. We require minimal commitment of two hours per month. Contact us for details and to discuss how you can be part of the team! Email office@northendbreezes.com to learn more.

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MATTHEW GREEN

Member of Parliament
Hamilton Centre



Matthew Green, MP
Hamilton Centre

905-526-0770
matthew.green@parl.gc.ca





Sunday Worship
10:00 – 11:30AM

Children's Ministry
Nursery to Grade 5



500 James St N, Hamilton
Contact Phone: 905.527.3972
Email: office@jamesnorth.church
Office Hours: Mon to Fri 9AM - 4PM
www.jamesnorth.church

James North Baptist Church (formerly Hughson Street Baptist) has been a part of the North End for almost 135 years. We have been more than just a worship gathering on Sundays as we minister to as many people during the week as we do through our Sunday worship times. Under the leadership of Pastor Dwayne Cline, we believe the Lord has called us to a very simple philosophy of ministry – we seek to bless the North End of Hamilton in Jesus' name.

With the easing of Covid19 protocols we have returned to one worship gathering as we can set up to accommodate a full house. There is an area where seating will still have physical distancing in place for those who want to ease back into crowds a little more slowly. We'd be glad to welcome you any Sunday.

We believe the gospel changes everything. The good news of the gospel is that the death of Jesus Christ has paid the price for our sin, taking the penalty we deserve on Himself, saving us with certainty because of His resurrection. The gospel grants us purpose, hope and a new perspective on joy and fulfillment. Life may not always be easy, but our hope in Jesus Christ gives us strength for the journey. At James North we strive to continually offer the hope of Jesus to others through our ministries and programs.

Perhaps you haven't had a chance to visit us in our new building at the NE corner of James St N and Picton Ave. It still feels new, although we've been here since August 2021. We would be glad to welcome you any Sunday or you can check out our live-stream to watch from home. You could also come by on Fridays from 9-11am for Coffee's On where our Food Bank is open to help those who need a little boost.

Check our website for up-to-date information (www.jamesnorth.church)



St. Lawrence the Martyr Parish

125 Picton Street E., Hamilton, Ontario
905-529-3921
stlawrencehamilton@hamiltondiocese.ca
www.stlawrencehamilton.ca
In case of after hours emergency please call 365-888-1275
Pastor: Rev. Peter Jurzyk
Sunday Mass 11:00 a.m.

Weekday Mass Schedule:
~No Mass Monday~
Tuesday - Confession 6:30 p.m. Mass 7:00 p.m.(new)
Wednesday - Mass 12 noon (new)
Thursday - Confession and Adoration 6:00 p.m., Mass 7:00 p.m.
Friday - Mass 9:00 a.m.
Saturday-Confession 9:30 a.m., Mass 10:00 a.m.
Please check our website for most up to date schedule
Sacraments of Marriage or Baptism:
Please contact the parish office to make an appointment to meet with Father Peter.

Parish News

Spring 50/50 draw - Tickets are on sale until June 19th for the St. Lawrence spring 50/50 draw, our last two jackpots were quite sizable! Tickets can be purchased at the church after Sunday Mass or through the parish office.

Confirmation is coming up for students currently in Grade 7 and any students who missed the sacrament due to the pandemic. A registration form is available on our website. Confirmation date - May 31, 2022

Hall Rentals are available again! We are once again booking our hall for event rentals - The hall can seat approximately 150 people for a sit down dinner, and there is a full kitchen facility with commercial refrigerator and freezer, a bar area (with fridge) and a P.A. System. We welcome:
Wedding Receptions
Birthdays
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Retirement Parties
Bowling Banquets
Movie and Television production
Please visit our website <http://stlawrencehamilton.ca/hall-rentals/> for pricing and more details



The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses in print and on-line. Contact us at 905-523-6611 x.3004, by email at office@northendbreezes.com or on our website: www.northendbreezes.com

Published by: North End Breezes
Board of Directors: Paul Havercroft, Chrissy Chrzan, Chris Pearson & Elizabeth Poynter

Co-Ordinator: Brenda Duke

Editorial Assistant: Kit Darling

Layout + Design: Katie Fitzgerald

Social Media: Chrissy Chrzan

Web Site Development: Marie Mushing

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The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION:

The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

The North End Breezes is an independent, non-profit, volunteer publication. Our mandate is to provide information to the community, support our local services and be a voice in matters that affect the North End.

Help us grow your Breezes.
We are looking for ideas, submissions, and advertisers. Please email your thoughts to office@northendbreezes.com or call 289-933-4810.
Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thank you

THE UNFORGETTABLE NORTH END

SUBMITTED BY BEVERLY HILL - ORIGINALLY
PRINTED IN THE BREEZES SEPT, 2007

My name is Beverly Hill and I was raised in the “North End” of Hamilton, Ontario. I lived on Simcoe Street West, below Bay Street down by the bay from 1948 until 1960 with my parents Adeline & Spencer Hill. In 1960, we left Simcoe Street because the city bought up all the property to build an incinerator. The incinerator was never built but now there is a new roadway to the bay, which is a harbour today. Today there is a lovely park which they have finished building in the last 2 years. Many times I think of when I lived in the North End because there were many happy moments.

I was about 12 years old when I left the North End with my parents. We moved to the “East End” of Hamilton which I never liked because I wanted to still live in the North End. I ended up spending more time back in the North End. Simcoe Street West was like a little village with about 35 houses. The people that lived in these homes were very friendly. During the summer, people used to sit outside and visit with each other. About halfway down Simcoe Street was a small street called Marsh Street. On Marsh Street there were 4 houses with nice families. My first girlfriend, Jeannie Bromley, and the Dennie Family lived on Marsh Street. We are still good friends to this day. That is over 50 years. At the foot of Simcoe Street down by the bay, there were about 4 boat houses that people actually lived in. Most of the people on Simcoe Street had big families, the Wintemutes had 13 well disciplined and clean children.

On Simcoe Street below Bay Street, there were 3 small businesses. At the top of Simcoe Street hill there was a wood mill and across from the wood mill was an Italian bakery called Palmero Brothers. Everyone enjoyed the smells that came from the bakery when they would bake bread. The smells were wonderful. At the bottom of Simcoe Street was a cotton mill.

On the street was one house that really stood out from all the others. The Nelson Family owned this house. They had a beautiful, well-kept yard. It was landscaped with lovely flowers and trees. The only danger of living on Simcoe Street

was being close to the bay. Our parents used to worry a lot because the kids in the neighbourhood would run down the hill to the bay and our parents would have to chase after us. The neighbours would keep a watch out for the kids going to the bay and call the parents to tell them their child is heading that way...down to the bay.

Then there were times that a photographer would come around the neighbourhood with a pony and you could get your picture taken with the pony for \$1. Then in the evening, the ice cream truck would come. We called him “The Yummy Man”. He would ring his bell and all the kids would come running. I remember when my parents would be getting me ready for bed and “The Yummy Man” would come about that time. Like all the other kids in the neighbourhood, my parents could not get me to bed until I had my ice cream treat. If we couldn’t get our ice cream, we would be very upset. Every Monday to Saturday the bread man and the milk man would come. I remember when the bread man would bring his basket full of goodies up to our door. I asked my mom to buy cookies or doughnuts from him. The bread men were from Wonder Bread and Jackson Bakery. The milk men were from Bordens, Royal Oak and Silverwoods. None of these milk companies exist today.

Not too far from us were the C.N.R. tracks on Strachan Street West. In the summer, every so often, the trains would stop on Strachan Street and many people from the neighbourhood would run up to the trains because the workers would hand out free watermelon. We really enjoyed this free treat. There were many Italian people in the neighbourhood and they too came down to the trains because along the side of the road on Strachan Street, grew many dandelions. They would pick the dandelions and take them home to cook. Apparently, dandelions are a great source of fibre.

On the corner of Bay Street & Strachan Street was a variety store owned by an Italian family called Mattioli. They were very friendly people. On my way to school when I had a nickel, I would stop in there and buy penny candy. In those days, “honeymooners” and “coconut balls” were good sellers. You also got 3 jujubes for 1 cent.

The public school I went to was McIlwraith School on Murray Street West. It had two floors of classrooms that went from kindergarten to grade 7. It was a nice

school. Besides classes, the school offered many activities. Once a year before Christmas, they would have a Fun Fair. They would sell crafts and used items donated by the students and community. My mother bought a plaque for her wall for 25 cents at the fair. It is a lovely scenic picture that I still have to this day. Also at the Fun Fair, they showed cartoons and funny films in the girls’ gym. I remember going downstairs to watch Laurel & Hardy and the L’il Rascals. We got a lot of good laughs out of those films.

Now, on James Street North, about 3 blocks from my house, there were many good memories. There was a very busy and friendly drugstore called Liptons. Going further north on James Street was a popular variety store called Hammy’s run by Hammy and his wife. Many of the “northenders” went into Hammy’s store because they enjoyed talking to him. On day Hammy had a stroke and his wife ran the store until he could come back. Hammy was missed very much while he was away. Next to Hammy’s was another place where people liked to hang out. It was a Chinese restaurant called EatMore run by Tommy Wong. You could buy both Chinese and Canadian food. This restaurant was a very busy place, especially after the Genesee Hotel closed for the night. The patrons of the hotel would go over to EatMore for a meal. It was not uncommon for some people to sneak out after their meal without paying. Good old Tommy would still serve these same people when they came back because he knew they would eventually pay and he would trust them. Still going further north on James Street was a store called Dorothy’s Dry Goods. This store attracted a lot of people from the North End because she would sell both men and ladies clothes at very reasonable prices. Dorothy was a very friendly person and if she didn’t have something you asked for, she would do her best to try to order it for you. Sadly, none of these businesses are around today. The buildings have been torn down.

Back in the 1970’s, they had a “North End Reunion” at the H.M. Star. Both Tommy Wong and Hammy attended this reunion out of respect for all the “northenders” who had been so kind to them while they ran their businesses.

In the North End there were outings! On the weekends there were 2 boats that would leave the Hamilton harbour to take passengers out on Lake Ontario for the low cost of 50 cents per round trip. These boats were the Lady Hamilton and

Macassa Bay. Usually the Lady Hamilton would go to Port Dalhousie because it was a bigger boat. Macassa Bay would go to Burlington Beach and LaSalle Park. Many families in the North End would pack up a picnic lunch and go to the boats to enjoy the day. Burlington Beach had an amusement park with rides and a bingo hall. Back then, the beach was a very busy place in the summer with clean water and a clean sandy beach. LaSalle Park had a little wading pool and swings for the children. There was also a pavilion that was used by different organizations for a picnic area. One of the organizations that used the pavilion at LaSalle Park was Her Majesty’s Army & Navy, of which my dad was a member. We went to both LaSalle Park & Port Dalhousie for our summer picnics. There were 2 parks in the North End for us to go to. One was Eastwood Park at the corner of Burlington Street & Mary Street and the other was Bayfront Park at the corner of Burlington Street & MacNab Street. Eastwood Park had swings and a sandbox that all the kids enjoyed. Eastwood Park was used both in summer and winter. In the summer, all the kids enjoyed the pool and the rink would be used for playing basketball and volleyball. In the winter, there would be ice skating for 25 cents. It was an outdoor rink and on really cold evenings, you could go inside and buy a hot chocolate or just sit and get warmed. These parks are still in use today.

There were different churches in the North End with lots of activities for the community. Calvin Church had Brownies and different Christian clubs for the kids. Hughson Street Baptist Church had Pioneers for the girls. There was Eastwood Baptist Church run by the Reverend Allan Matthews. He was a very nice man who had many volunteers for leaders for all the different activities. I remember going there for C.G.I.T. (Canadian Girls in Training). I really enjoyed this Christian club. In the summer, the churches had Vacation Bible School for all ages. Usually in the morning, the Bible School was for the kids age 5 – 12 years old and at night, the older kids age 13 and up would participate. We were taken out on different outings. Boy! Did we ever have a great time!

I will never forget the North End. At times, it is sad because you can’t go back. I still see some of the old faces from the neighbourhood and we sit and talk about the old times. I will always cherish my memories of the great times I had there!

THE BENEFITS OF TRANSPORTATION OPTIONS: E-BIKES

SUBMITTED BY JON DAVEY

Statistics Canada tells us the average Canadian will drive their car 15,000 km every year many of which are short, local trips of 10 km or less. Thus, once we've welcomed our new neighbours into their 1600 units on Pier 8, assuming each unit owner also has one car, there will be hundreds of thousands of new car kilometres travelled annually through our neighbourhood streets. It's not hard to imagine this will impact road conditions, local air quality, car commute times and commercial activity for contractors and small business operators, trying to get to their destinations. It will also result in reduced street safety, especially for children and the elderly. This outcome will be disliked by many and beneficial for few and will be no one individual's fault. It's an inevitable result of a transportation system that makes car use a necessity. Streets aren't going to get any wider so a big part of embracing new development needs to mean prioritizing active and public transportation options that can make neighbourhoods both healthier and more affordable.

Canadian vehicles consume an average of 9 litres/100 km which means that travelling those 15,000 km will require purchasing 1350 litres of gas/year. With gas prices soaring, there's little wonder people are looking for alternatives for all those short, in-town trips. In terms of avoiding pain-at-the-pumps nothing beats good old walking and cycling for those who are able-bodied. And if you've been seeing more cyclists moving with more ease lately, even up hills and into a strong headwind, there's a good chance that they were actually riding an e-bike. E-bikes are almost indistinguishable from traditional bicycles, apart from a small motor and battery that provides as much, or little, as



distance as the rider requires but has its speed electronically limited to 28 km/hr. But don't be fooled. Ranging in price from \$1,000 to \$8,000, these aren't to be regarded as a form of "bicycle cheating". If anything, they've been shown to increase both the distance and frequency that people bicycle and therefore, the total number of calories that they burn. And what's even better about e-bikes, is that many of the people choosing them are often those approaching an age when most would normally start to think about giving up cycling. So, their e-bike actually allows them to extend their active years, keeping them healthier and more independent.

I've talked to several people who have invested in e-bikes to either replace car ownership completely or replace the need for a second car, from young families at Bayfront Park, to a construction worker from Hamilton's Strathcona neighbourhood on their way to work, to a former long-time north-ender, Robert, (still wearing his I LOVE THE NORTH END shirt), who says of his e-bike, "it's the best purchase I've ever made". It allows him to live car-free, getting groceries, running errands and even venturing as far away as Brantford via the rail trail. And he says he still has battery to spare when he returns.

The efficiency of e-bikes is nothing short of remarkable when you consider that they weigh less than a single car tire and that the battery for a single electric Ford F-150 could be split to power 300 e-bikes.

For all the talk of an "EV Revolution", world-wide it seems e-bikes are out-selling electric vehicles by a sizeable margin, in spite of significant rebates and incentives for EVs. One reason for this is the growing price of new cars in general (averaging over \$40,000) caused by supply chain issues and the increasing scarcity of the semiconductors that complex, modern cars rely on to function. Another reason is people are realizing a majority of the kilometres they drive are made up, statistically, of a whole lot of short trips (10 kilometres or less). Often those trips are made getting

a single occupant to point B without much if any luggage.

While there are many whose circumstances or mobility limitations make using a car a necessity, there are many who would be able to take advantage of lighter vehicles. And by doing so, provide the people that need their vehicles the benefit of having fewer drivers between them and their destination. In order to maximize the mutual benefit of transportation options, we need safe and convenient to use alternatives; meaning well-connected and protected cycling networks, something Hamilton is working steadily, yet all too slowly, toward.

THE NORTH END BREEZES HAS TURNED FIFTY!

SUBMITTED BY KEN HIRTER

Macassa Bay Yacht Club was the venue for the 50th Anniversary/Birthday celebration for the North End Breezes on June 18th 2022, the perfect setting for an early summer kick off and community gathering. There was a buzz of excitement for this much anticipated event. A 50/50 draw, door prizes, entertainment, food, and silent auction were hosted both inside and out. What began as the vision of Eva Googe as a community information paper has evolved into what we know today as The North End Breezes. Thanks Eva!

The community gathered in the green-space from within the North End, Hamilton and beyond. All generations of friends and neighbors connecting, old friends reconnecting, former residents reuniting and reminiscing and the folks new to the neighborhood. It was wonderful.

The stellar entertainment line up started with a “Tribute to Dusty Springfield” and other songs sung by the delightful Cathy Carbonne. Anthony Carbonne’s performance of Frankie Vallee had guests swaying to the music and dancing on the grass. Sound was contributed throughout the event by Michael Carbonne. “North End Elvis”, the fabulous Tony T, was up later accompanied by Anne-Marie Pavlov, his beautiful back up singing partner on the guitar and harmonica, supporting as always the community they love.

Councillor Jason Farr, came by to offer congratulations and The Breezes received tributes from Matthew Green, MP and Ward 3 Councillor Nann.

Everyone got to meet the people behind the scenes. Board of Directors: Paul Havercroft, Chrissy Chrzan, Chris Pearson, and Elizabeth Poynter, Coordinator Brenda Duke and



the Publication Team, Kit Darling, Katie Fitzgerald, Marie Mushing and Chrissy Chrzan who use their magic to bring the paper to life. The Delivery Team and Writers, too many to mention, were given a round of applause. As stated by Brenda Duke, it is an amazing feat in the world of publication that the North End Breezes is here to celebrate 50+ years in circulation. They are proud and honoured to keep Eva Googe’s dream alive.

The North End Breezes would like to thank everyone for joining us to celebrate: The staff of Macassa Bay Yacht Club for their exceptional service, Darlene Billingsley and Maureen Scally for sharing their experience in vent planning, and Deborah Kanfer for donating her talent to take photographs.

We appreciate the generous donations that made the draws and raffles a success: Thank you to:

- Collective Arts Brewery
- HOPA
- Fennell & Gage Home Hardware
- The Hamilton Store
- SariKNOTsari
- PetValu, Wilson St.

- Fishers Pub
- Grandads Donuts
- Karen Thibert
- J. Joel
- Candace Jerranne
- Rosemary Hilbert
- Elizabeth Poynter
- Rose Divecha
- Meredith Evans
- Marie Mushing
- Brenda Duke
- Kit Darling
- Ken Hirter
- Sheri Selway
- Rick Brusey

Happy 50th Anniversary and Birthday North End Breezes and cheers to another 50.





HAMILTON: BIRTHPLACE OF THE FIRST LOCOMOTIVE BUILT IN CANADA

SUBMITTED BY BRIAN ROULSTON

In the early 1830s, Canadians still bitter from the War of 1812, watched as the Americans slowly built, expanded, and benefited from their rail infrastructure while Canada lagged behind, using horses and buggies or canoes. Britain's rail service was also getting underway at the time. There were rumblings among towns and industries around natural resources, such as forestry or mining, that a much faster and more efficient way to move these materials and people was needed. In short, Canadians were demanding their own rail service.

The concept of this southern Ontario regional railroad was patterned after both the American and British rail networks. They intended to link one of the ports on Lake Ontario with Goderich on Lake Huron, then Detroit and Chicago. There was also optimism that Americans would pay to use Canadian railroads instead of taking the longer distance around the Great Lakes.

Most of the money that was needed came from Samuel Zimmerman, a former American thought to be Canada's richest person at the time. However, there would be no railroad without Allan McNab's political clout. He not only convinced the Government of Upper Canada that a railroad was needed, but he also pushed for it to go through Hamilton. Peter Buchanan, a mercantilist, helped him get the line set up.

On March 6, 1834, the London & Gore Railroad Company was formed. Still, even with Zimmerman's money, they didn't have enough capital to start the project, and because of the 368-kilometer distance the railroad had to travel, the rail project was put on the back burner for 10 years.

The London & Gore Railroad Company established its headquarters in Hamilton in 1845. Four more years would pass before amendments were made to the Municipal Act guaranteeing enough money for the new railroad. Also in 1845, the London & Gore Railroad Company was renamed after the Great Western Railway of Britain, which was founded in 1833 and ran its first locomotives in 1838. The



name change was done to attract wealthy businessmen as riders. Back then, anything British was seen as a sign of wealth and success, as Gucci bags and Rolex watches are today.

On October 23, 1847, Colonel Thomas Talbot of Essex County and Allan McNab attended a ground-breaking ceremony in London, Ontario, to commemorate the start of the railroad's construction.

Great Western used their own steamers to move most of the heavy rails, trusses, and other heavy equipment from Hamilton to ports like Grimsby and Port Dalhousie as the railroad progressed from Hamilton to the Niagara Falls area.

Construction was often excruciatingly slow due to Canadian weather and untrained workers. The Hamilton-to-Niagara Falls extension opened six months after the Northern Ontario Line beat out the Great Western Railway (GWR) to become the first steam locomotive railroad in the province.

The port of Hamilton, with its population of approximately fifteen thousand people, saw its first locomotive arrive on November 1, 1853. Regular service between the two towns would not officially begin for another ten days. The second stretch of the railroad from Hamilton to London was finished a month and a half later. GWR completed the final stretch of their main line from London to Windsor on January 17, 1854. A charter locomotive left Hamilton two days later, bound for Detroit to celebrate the completion of the line. It was met with a 21-gun salute, a march through Detroit, and a banquet for six hundred hungry souls.

Great Western built the first suspension bridge over the Niagara Gorge. Several years later this would be the main way that slaves escaped the U.S. using the Underground Railroad.

GWR established the first railway post office (RPO) in North America in 1854, transporting mail and packages 8 years before the American railroads. It was a great financial boon for them. The RPO was a concept which originated in the United Kingdom. Mail was sorted in specially built rail cars as they traveled up and down the tracks from Niagara Falls to Windsor; later, RPOs were used on all of GWR's other routes.

The railway was an immediate success; Hamilton's population had more than doubled, and Great Western embarked on a three-year project to construct Hamilton's first train station and maintenance yard on 40 acres of land. This included the sites of today's West Harbour Go Station and the Stuart Street railyard, part of which was built on man-made land in Burlington Bay. It was a big change for the Port of Hamilton. Thousands of workers and visitors from all over the world now arrived by steamboat or rail in the Stuart Street area. The workers would settle in Hamilton's north end with their families while the wealthy and visitors to the city headed up the hill to the Gore District.

Despite being the third-largest railway station on the GWR line, Hamilton's original terminal was obsolete even before it opened because GWR officials miscalculated the number of people who would use the station. Several changes were made to the terminal before a new one was built behind the old one in 1875.

Life was great for the Great Western Railway. At its peak, it maintained over 2200 kilometers of track throughout Ontario and parts of the American Midwest. Unfortunately, all good things must come to an end. The Grand Trunk Railway, an English-owned rail system, built a line across Hamilton's mountain brow, and that made GWR nervous. The Great Western Railway started buying up smaller rail lines just to keep them out of the hands of the competition. Many of the Grand Trunk rail lines traveled through the same towns and cities that the Great Western did. A serious recession gripped Europe and North America. In the late 1870s competition between the two companies had heated up; a series of drastic cutbacks alienated both staff and passengers, followed by a brutal price war in the 1880s. All this did irreversible harm to the companies.

More competition arrived when the Canada Southern Railway constructed a route from Niagara Falls to Windsor.

In August 1884, the GWR formally merged with the Grand Trunk Railway. The GWR train station in Hamilton functioned until 1923, when the CN Rail Terminal, now known as Liuna Station, opened at James and Murray Streets. In 1888, the maintenance facility was permanently shut down. On a related issue, the GWR heavy maintenance facility in Toronto was transformed into a food shed before becoming the Toronto Wholesale Food Terminal. Canadian National started buying up local rail lines in the same manner that Great Western Railway had done years before in order to compete with Grand Trunk. Until it was too late, Grand Trunk did not take CP Rail seriously. In 1923, CN Rail and Grand Trunk Railway amalgamated as well.

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OUR OUTDOOR POOLS WILL BE OPENING UP AS OF JUNE 30TH
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BENNETTO POOL SCHEDULE - SUMMER 2022					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN SWIM 18+ 10:00-11:00 am	OPEN SWIM 18+ 10:00-11:00 am	OPEN SWIM 18+ 10:00-11:00 am	OPEN SWIM 18+ 10:00-11:00 am	OPEN SWIM 18+ 10:00-11:00 am	OPEN SWIM 18+ 11:00-12:00 PM
OPEN SWIM 1:30-3:00 PM	OPEN SWIM 1:30-3:00 PM	OPEN SWIM 1:30-3:00 PM	OPEN SWIM 1:30-3:00 PM	OPEN SWIM 1:30-3:00 PM	OPEN SWIM 1:30-3:00 PM
LENGTH SWIM 12:15-1:15 PM	LENGTH SWIM 12:15-1:15 PM	LENGTH SWIM 12:15-1:15 PM	LENGTH SWIM 12:15-1:15 PM	LENGTH SWIM 12:15-1:15 PM	LENGTH SWIM 12:15-1:15 PM
WATER FIT 11:10-11:55 AM		WATER FIT 11:10-11:55 AM		WATER FIT 11:10-11:55 AM	

BENNETTO GYM SCHEDULE - SUMMER 2022					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Gym (12-15yrs) 7:00-8:30pm		Pickleball (18+) 12:30-2:00pm		Pickleball (18+) 12:30-2:00pm	
		Open Gym (12-15yrs) 2:30-4:00pm			

**NORTH END
BREEZES FREE
CLASSIFIED ADS**

Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Submit your ad - call 905-523-6611 ext 3004 or email office@northendbreezes.com

- Super Tilt Plus Wheelchair with adjustable foot plates and headrest. Seat measures 26x26. Asking \$900 or best offer. Call 905-631-9442 or 905-320-0704.
- CASH paid daily. Looking for a couple of mature adults to do deliveries to customer’s homes. You will need to lift at least 35lbs., and be able to go up and downstairs if necessary, to do short distance deliveries in Hamilton. Starting mid afternoon to 10pm you can work 4-6 days a week. You will need a float of at least \$35 to make change as a float will be provided to you to purchase items. Please call 905-572-0706 10am to 8pm., Monday to Friday.
- Looking for a professional cleaning lady in the Northend for my 3 bedroom home , no stairs or animals. Must have own tools such as vacuum cleaner, mop and cleaning products. If interested e-mail me @ mleclercq@cogeco.ca
- Roommate wanted to share an apartment. Reasonable rent plus shared responsibilities. Please call 289-389-1070
- Lawn Mowing: I am a 14 year old boy looking to make some money over the summer by mowing lawns in the north end. If interested call Ezra Oucharek at 905-517-1661.
- Children’s Birthday Parties: Make your child’s birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour North End Neighbours – special rate of \$65.00 per hour Call Earl Ross – 289-439-0166
- Downtown Delivery Driver: Looking for a MATURE adult to do deliveries in the City of Hamilton’s lower city. Trips / tips / extras you keep. You should have a float of at least \$75 to make change for customers as a float will be provided to you to purchase items. If you are interested, please call 905-921-9339 and ask for Pearl.
- Be a driving force in your community! Drivers are needed to provide transportation for seniors to get to medical appointments. Flexible schedule and mileage reimbursement. Please call 905-529-0700 or email voncsshamilton@von.ca

WALKABOUT: LIGHTHOUSE MARKET

SUBMITTED BY KEN HIRTER

This month’s Walkabout finds me at “The Lighthouse Fish market”, a staple in the north end neighbourhood maintaining old traditions and serving the food favorites of Portugal and Italy since 1985. Established as a family business by the late Francisco “Frank Miranda” (1954 ~ 2016) and his wife Elcina, immigrants from Portugal. Elcina and her family continue to operate the store. It began as a fresh seafood market specializing in Portuguese & Italian products and has evolved into more produce while still selling dry/frozen/salted fish.

May and June are garden season, with plants in front and down the side alley of the Lighthouse Fish market. It is plentiful and where I bought all of my plants this year in time for summer. July to September is Harvest Season (supporting our local farmers first) and brings:

- bushels of fresh peppers
- beans
- tomatoes
- cabbage
- corn

Festive (Christmas) season brings live eels in tanks and salt cod from Norway and Newfoundland.

The Lighthouse has a very European feel - bringing life to the downtown core and going above and beyond, serving our elderly and the local restaurants and banquet halls with good old fashioned door deliveries.

New inside “The Lighthouse Fish market” for 2022 is the Hot Table serving the flavors of Portugal and Italy with chicken, fish, pasta, veal and more, all lovingly prepared by in-house cook Paula Santos or try Elcina’s secret family recipe for over 40 years - her “Olive house mix salad”. The hot table is available from Wednesday to Saturday noon till 5. I have had the Hot Plate and I must say its absolutely delicious.

The Lighthouse is a community supporter of local charities and organizations, as Sandy (Elcina’s daughter) in-



icated is important, giving back to the community.

The family would like the thank their neighborhood customers and those beyond here in Hamilton and the North-end for their patronage over the past 37 years.

I would like to thank Elcina, Paula and especially Sandy for taking time out and to talk shop. The Lighthouse Fishmarket has a Kensington Market feel - good old fashioned charm here on James Street North.

“THE LIGHTHOUSE FISH MARKET” - WHOLESALE RETAIL

219 James Street North, Hamilton, ON L8R 2L2. next door to “Morgensterns” (est 1968)

Tel: 905-777-0774 Facebook: the Lighthouse Fishmarket

Support the Small Businesses within your neighborhood and beyond.

Till next month take care and cheers.





THE WATERFRONT SHORES
PARTNERS

WATERFRONT SHORES PARTNERS: FAVOURITE ARCHITECTURAL LANDMARKS

There is no shortage of architectural landmarks in Hamilton. The city is abundant in brilliant feats and eye-catching designs, found at virtually every corner of the downtown core and adjacent neighbourhoods. Today, we'll take a look at some of our favourites:

Thomas B. McQuesten High Level Bridge

A picturesque welcome to the City of Hamilton, the Thomas B. McQuesten High Level Bridge was designed by renowned architect John Lyle in the early 1930's to serve as an iconic gateway to the city. Lyle, who has designed beautiful architecture in several Canadian cities, has left an indelible mark in Hamilton – the city he grew up in. Providing beautiful views of Lake Ontario and Pier 8, the bridge is celebrated as an exceptional landmark.

The Copley Building

Established in 1856, The Copley Building at York and MacNab once served as the city's primary textile factory. Now, it's being reimagined as a community hub that will house art exhibits and public events while providing spaces for non-profits and private businesses. The original structure will remain untouched throughout the new development, upholding Hamilton's beloved historic charm and character.

Dundurn Castle

How many cities in Canada can say that they have their own castle? Built in the 1830's on a former military encampment, Dundurn Castle is an Italianate-style recognized National Historic Site with 40 unique rooms and a two-acre garden. Today, it is open for visitors to explore, dine, and shop unique Canadian souvenirs.

The Hamilton Public Library Central Branch & The Farmers' Market

Recently renovated, the Hamilton Public Central Branch is more than just your basic library. This one boasts large floor-to-ceiling windows on the first two floors that overlook the urban environment. The farmers' market occupies this space, while the six-story tower above serves as Hamilton's main reference library.

Joyce Centre for Partnership & Innovation at Mohawk College

The Centre for Partnership and Innovation at Mohawk College is one of the city's first net-zero developments, giving students a true all-encompassing sustainable curriculum. The progressive approach features solar-powered state-of-the-art labs, workshops, open study spaces and lecture theatre, attracting the very best students who want to pave a path for a resilient future.

These buildings, and others, new and old, are institutional landmarks in our beloved city that time and time again cause us to pause to reflect on their beauty. The best part? These are all quite accessible from Pier 8's waterfront.

To learn more about the Pier 8 development, visit: www.pier8living.com



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*Supporting our Community!
We host an Art Gallery for Local Artists*

WONDER AND AWE(SOME) GARDENS

SUBMITTED BY CANDY VENNING

How it looks; you standing in your garden or a park staring at the sky.

How it feels: a small bird you’ve wanted to see for ages, just swooped past. Mid-sentence you track the flight and are swept up in their journey along the treetops. Suddenly tiny yourself, feeling at one with the world, an incredible sense of smallness via amplified emotion and lightness.

Tied in with: Amusement, unexpectedness and playfulness. Studies show we can train ourselves to feel this way in a place or with an activity. For your practice, I highly recommend the yard or long woodland walks for this excellent delight. To me there’s an infinity, connected to the rhythm of life, a butterfly wing, an ant carrying a leaf, the Monarch caterpillars you’ve been hoping to see since you planted the milkweed that took over your whole yard... These are the things that drive me to keep improving my garden, well beyond ‘pretty’. Now, if only I could ‘Awe and Wonder’ the goutweed away.

Although many have assured me, my very ‘in progress’ garden, (picture a construction site made only of branches and stumps) ‘will be wonderful’ – will it be wonderful to them? Sometimes I worry no one will see what I see...wait, perhaps I’ll give tours? ‘Here you see the mighty Pagoda Dogwoods and with them the delicate Penstemon with whom the hummingbirds converse. Over



here you see the Pitcher plant I have kept alive for an entire year in a frequently used bird bath, aka, plastic plant tray. Oh, and folks, step right up for a wander along this living fence and its ability to confound all who see it, past the new Fernery below the pines and exit through the Ninebark arches’. Should be fun!

Using a palette of keystone Ontario native plants (and a few must have perennials from elsewhere IE Siberian Iris, Peony, Oakleaf Hydrangea and Acanthus) I’ve given an intense amount of thought to creating the required, wee ecosystems within my yard. I’ve embraced the downspouts of my neighbour so that the shade loving, moist craving, woodland species can be happy. I’ve created a sunny meadow by cutting away Norway Maples, shredding them into mulch pathways and used their logs as mini retaining walls to hide leaf piles (so they can secretly break down, away from prying eyes, into awesome soil and not blow away)



I’ll hope that uncertainty is a proponent of humility – all gardening has failure and success – there are always reasons things work or don’t – it’s not always something you did or didn’t do, plus nature is patient, you can



fix it. Mostly, I want to see birds and butterflies. As long as I keep the native plants happy and the birdbath topped up, they keep coming so I feel it will all work out.

Some consider complexity a signal of authenticity – perhaps part of the reason many of us feel more ‘real’ or aligned when witnessing the authentic complexity of a forest, a tree, a leaf, a mitochondrion, a meadow, a ...you get my meaning. Wherever you choose to get ‘high’ on wonder and awe, remember that it’s not always about ‘pretty’. Drink deeply and often, because, like a reliable font of all that is good gardens are complex, and authentic, can be full of amusement, unexpectedness and playfulness as well as Wonder and Awe.

EMBRACING NATURE

SUBMITTED BY
JOANNE BENJAMIN-LEDERER

Thank you, Mrs. Venning, for your recent article in the June/2022 issue of the N.E.B. I agree wholeheartedly with almost every word you composed.

This past winter my daughter Tina and I

hatched a plan, an experiment: we would designate a third of my long backyard as an all-natural space. The remaining two-thirds are more manicured and slightly formal. We foraged for wildflowers and animal/insect-friendly plants in the fall and cultivated them in early March. We gathered and piled downed tree branches in a corner for critters to hide under. Five mature trees thrive in and around this wild area. Tina drilled holes in four logs; nests for wild bees. She distributed the logs into sheltered stacks. A bat box is nailed to a tree and awaits occupancy.

How amazing it is to witness the expeditious takeover nature has accomplished in such a minimal amount of time! We encourage readers to try this. Since the transformation, the presence of flora and fauna has changed dramatically. Song birds I haven’t heard in years have returned. Rabbits, a young ground hog, opossums, garter snakes, and of course raccoons have all been in and out of the area at will. Bordering the yard are 12-foot cedars — a living fence — housing birds throughout the year. From the first snow to late April, I provide a heated source of fresh water and premium

seeds. In warm weather the bird crowd together in my large, concrete bird bath. Many days it has to be refilled two or three times.

I must tell you Mrs. Venning, I prefer black mulch as opposed to using leaves as mulch, which I replenish in late spring on the front garden. On this subject we can agree to disagree with grace. Wouldn’t it be a boring world if the everyone liked all the same things?

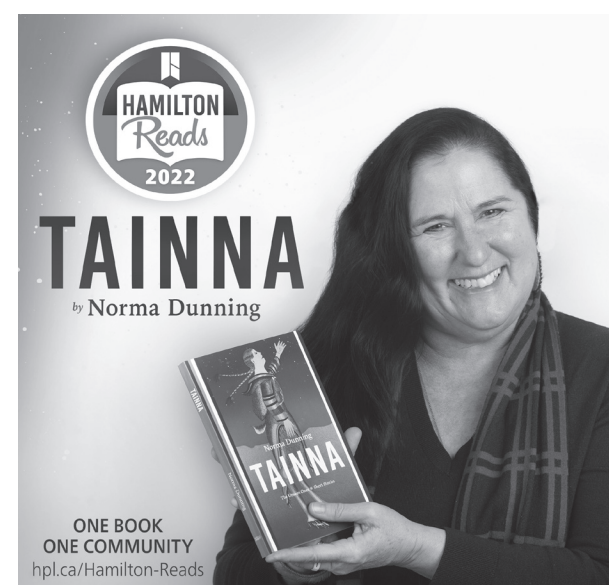
LIBRARY EVENTS FOR JULY AND AUGUST 2022

All HPL branches are closed on July 1 for Canada Day.

Day & Time	Description	Location
July and August	<p>Summer Reading Club</p> <p>Visit your local Hamilton Public Library branch for exciting summer reading activities, programs and more. A variety of online and in-person programming will surely keep families and caregivers entertained during the hot months of July and August. Stay tuned for programming line-ups coming soon at www.hpl.ca/src</p>	<p>Online and In-person programming</p> <p>Hamilton Public Library HPL YouTube Channel</p>
<p>Indigenous Market</p> <p>Shop for one-of-a-kind items made by talented local Indigenous artists and makers at Central Library. Markets feature an array of items from jewelry to ceramics to leatherwork and literature.</p> <p>1st Floor Living Room</p> <p>https://hpl.ca/indigenous-market</p>		
Sat July 9 10:00am-4:00pm	<p>The Crafty Killjoy Beaded earrings, keychains and barrettes.</p> <p>Kreations by Kick Beaded lanyards, wristlets, popsockets, earrings, bracelets, ribbon skirts, purses, totes and picture frames.</p> <p>Kinnikinnick Trading Co. Sustainably harvested tinctures, plant medicines and natural resins, traditional pelts, rattles, carved stone/wood, organic maple water and syrup.</p>	
Sat. July 16 10:00am-4:00pm	<p>Jean Miso Children's book for purchase: The Literacy Net.</p> <p>Jessica Smillie Small-beaded headdresses and various-sized dreamcatchers.</p> <p>The Turtle Feather Leather crafts including medicine pouches and dreamcatchers.</p>	
Sat. August 13 10:00am- 4:00pm	<p>Caroline Bigtree Buswa Beadwork</p>	
Sat. August 20 10:00am- 4:00pm	<p>Teresa Henry</p>	

To find more programmes, visit HPL.ca/guide.

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**950 King Street West, Hamilton
In the Heart of Westdale Village**




Welcome Inn
Community Centre

Supports for recent immigrants are increasing!

Welcome Inn has launched brand new support groups, and more families than ever before are receiving assistance as they settle into life in Canada! Almost 40% of those who visit our food bank are recent immigrants. Two languages--Arabic and Spanish--are almost as common as English. In response, Welcome Inn has hired two new part-time staff and started some new programs:



Peer-to-Peer Support Groups are now meeting regularly with recent immigrants sharing their own experience and exploring resources together in the city of Hamilton.



Settlement Supports are now being offered to more families than ever before, with staff available to help fill out paper work, help community members connect with organizations like the Immigrant Working Centre, and support them in their early years in Hamilton.

Translation Services are also now available within several of our staple programs. At the food bank, community members often go through the intake process with the assistance of an interpreter. Our free tax clinic has also grown significantly because of the translation services. These services are

Want to help out?

One of the best ways is to donate food to our food bank!


Non-perishable food items, including proteins, would be much appreciated.

Advocacy is a huge component of the work that we do. Whether our staff are calling local MPs or reaching out to immigration lawyers, we are always advocating for a safe and inclusive community--one in which everyone is welcomed and we are all . . .

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