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## COMPASS COMMUNITY HEALTH 25TH ANNUAL PARK 'N' PARTY



SUBMITTED BY KEN HIRTER

Despite the rain, over 500 people came out to celebrate the annual Park 'N' Party at Compass Community Health. The event was moved indoors due to the rain but that did not hamper the enjoyment of the fun and food although some of the children may have missed the Bouncy Castle – they were diverted by other activities including face-painting.

Kathy Allan-Fleet, Compass CEO opened the afternoon with a welcome greeting. Jack Bernacki, Manager of Pathways to Education was the Master of Ceremonies entertaining attendees and introducing all of the acts.

The Master of Ceremonies was the engaging Jack Bernacki (Pathways to Education) as he introduced all the acts. He did keep everyone entertained throughout the afternoon and early evening. Thanking all those who participated and putting together the 2024 Park N Party celebrating 25 years.

TAD (Take a Breath Singers) a group from Compass were there celebrating their 10th anniversary. The set of 8 numbers – all beautifully sung included “I can see you clearly now the rain has gone” and ‘These boots are made for walking’. The D.J. Francis was there spinning his tunes and had the folks clapping, tapping and/or dancing, it was so much fun.

CONTINUED ON PAGE 9

**NORTH END BREEZES**  
50 Years  
**NORTH END REUNION**

**EVERYONE IS WELCOME!**

Join us at the North End Reunion! Reconnect with friends and meet new neighbours for an afternoon of fun, entertainment, and refreshments. Celebrate our community and honour those who make a difference. Expect increased traffic due to Supercrawl weekend.

**ENTERTAINMENT:**  
Enjoy a lively DJ with music for all ages.

**FOOD & DRINK:**  
Hotdogs and hamburgers will be served, with a cash bar available.

**AWARDS & RECOGNITION:**  
The North End of the Year Award will be presented, and dedicated volunteers will be recognized.

**Presented by:**  
NENA

**14 SEPT 2024 | 2-6PM**

**MACASSA BAY YACHT CLUB**  
80 HARBOUR FRONT DR. HAMILTON, ON, L8L 1M8

**Sponsored by:**  
**OUR CORNER** Bar & Grill  
**TCR CARWASH**  
ARCHITECT FIRM DESIGN

**FOR MORE INFO:** [WWW.NORTHENDBREEZES.COM](http://WWW.NORTHENDBREEZES.COM) [@NORTHENDBREEZES](https://twitter.com/NORTHENDBREEZES)

**Friday November 8 AT ST.LAWRENCE!!!**  
**NIBBLES AND BIDS !!!**  
The fast paced and fun auction that you just have to experience!  
for as little as \$1 or \$2 you can bid on auction lots including:  
Event Tickets | Attraction Tickets | Sports Team Merch | Gift Cards! Gift Cards! Gift Cards! | Premium Items |  
Cash!!!! | Luxury Items | Small Appliances | Dining experiences | and many more auction items  
**Tickets \$5 | Doors 6pm Auction 7pm**  
**50/50 draw | door prizes**

## HAMILTON PUBLIC LIBRARY UPDATE

**Labour Day Closure** All Hamilton Public Library Branches are closed on Sunday, September 1, and Labour Day, Monday, September 2, 2024. The Bookmobile is off the road, and Extended Access and Study Hall services are unavailable.

**Back to School with HPL** Visit [www.hpl.ca/learning-at-hpl](http://www.hpl.ca/learning-at-hpl) for learning and tutoring resources, reading lists, educator tools, French and international language studies and courses, and so much more to help you dive into the 2024-25 academic school year.

Study Halls will also resume from 8 pm to midnight starting Tuesday, September 3, at the Central Library and Dundas, Red Hill, Terryberry, Turner Park, Valley Park,

and Waterdown branches.

**Get Ready For Kindergarten** Do you have kids going into kindergarten this fall? Bring them to the Library! HPL has Storytimes, telephone stories, reading collection lists, programs, and activities to help them prepare for their first year of school.

**Linkedin Learning and BrainFuse for Students and Job Seekers** From online studying and tutoring services to job search resources and tools, go to [/hpl.ca/articles/online-study-and-tutoring](http://hpl.ca/articles/online-study-and-tutoring) visit Brainfuse and LinkedIn Learning free with your HPL library card.

**Writing Contests** Do you like to write? Find out more about these writing contests.

The 30th Annual Power of the Pen writing competition invites writers ages 12-18 (age as of December 31, 2024) to submit original poetry and short stories in English, French, or both languages. Online submissions are due on or before

September 30, 2024.

The 10th Annual Short Works Prize for Hamilton-area writers is now open to adults (21 and older) and young writers (16-20 years). Submissions are due on or before October 27, 2024. Visit our website ([teens.hpl.ca/contests](http://teens.hpl.ca/contests)) for more details.

**Hamilton Reads 2024 City-wide Book Club** Read the book, join the conversation. *Chrysalis* by local author Anuja Varghese, winner of the 2023 Governor General's Literary Award is the 2024 Hamilton Reads title. Borrow the book and participate in library activities and programming over the coming months. Learn more at our website.

**Live Music At HPL** Music Lives at HPL! Listen to local talented musicians as they perform at select branches throughout the summer. Visit our Daily Events Calendar for genres, dates, times and locations.

**HPL Programs and Events** What's happening at your local branch? Browse free programming and special events,

dates, times, and locations in our monthly What's Happening Guide.

**Online Resources at HPL** Read. Watch. Listen. Learn. From magazines to movies to music, access a variety of online resources for your entertainment on a budget (free with your HPL library card).

Our virtual branch at [hpl.ca](http://hpl.ca) is always open. Questions? Call 289.779.7588, email [askus@hpl.ca](mailto:askus@hpl.ca), or chat with Staff at [hpl.ca](http://hpl.ca).

Discover the endless benefits that come with an HPL library card. Borrow more, free passes and entry to local museums, free PRESTO cards for kids, create in Makerspaces, and more.





**Sunday Worship**  
10:00 – 11:30AM

**Children's Ministry**  
Nursery to Grade 5



**500 James St N, Hamilton**

**Contact Phone: 905.527.3972**

**Email: office@jamesnorth.church**

**Office Hours: Mon to Fri 9AM - 4PM**

**www.jamesnorth.church**

James North Baptist Church (formerly Hughson Street Baptist) has been a part of the North End for more than 135 years. We have been more than just a worship gathering on Sundays as we meet as many people during the week as we do at our Sunday worship times. We believe the Lord has called us to a very simple philosophy of ministry – we seek to bless the North End of Hamilton in Jesus' name.

We would be glad to welcome you any Sunday at our morning worship gathering. We believe the gospel changes everything. The good news of the gospel is that the death of Jesus Christ has paid the price for our sin, taking the penalty we deserve on Himself, saving us with certainty because of His resurrection. The gospel grants us purpose, hope and a new perspective on joy and fulfillment. Life may not always be easy, but our hope in Jesus Christ gives us strength for the journey.

We also offer the hope of Jesus to others through our ministries and programs. There are several weekly ministries that you and your family can attend. You could come by on Fridays from 9-11am for Coffee's On where our Food Bank is open to help those who need a little boost. We have children's programming running on Tuesday nights during the school year. Check our website for up-to-date information for programs (www.jamesnorth.church) or give us a call at 905-527-3972.

We are located at the corner of James St N and Picton Ave, the building with affordable housing on top. We would be glad to welcome you.



## St. Lawrence the Martyr Parish

125 Picton Street E., Hamilton, Ontario L8L 0C5  
905-529-3921

stlawrencehamilton@hamiltondiocese.com

www.stlawrencehamilton.ca

Office Hours: Tues-Fri 9am-4pm

In case of after hours emergency please call

365-888-1275

**Pastor: Rev. Peter Jurzyk**  
**Sunday Mass 11:00 a.m.**

### Weekday Mass Schedule:

~No Mass Monday~

Tuesday and Thursday 7:00 p.m. Mass

Wednesday and Friday 12:00 noon Mass

Confessions before Mass on Tuesday,  
Thursday and Saturday.

Adoration before Mass on Thursday.

*Please check our website for  
weekly updates and changes*

### Sacraments of Marriage or Baptism:

Please contact the parish office to make an appointment to meet with Father Peter.

## Upcoming Events and News

### Here they come...Save the Dates

Friday, November 8  
Nibbles & Bids Loonie Toonie Live Auction

Saturday November 23  
CWL Fall Penny Sale

December 1 - January 6  
Christmas Light Campaign

Friday December 6  
Christmas Turkey Roll

Sunday, December 15  
CWL Christmas Bake Sale

December 19  
Advent Celebration

Hall Rentals are available!

Call the office or visit [stlawrencehamilton.ca/hall-rentals](http://stlawrencehamilton.ca/hall-rentals) for more information.

Please keep an eye on the bulletin or our parish website for further updates.

[www.stlawrencehamilton.ca](http://www.stlawrencehamilton.ca)



We're looking for  
**Volunteers**

who are  
interested in  
being matched  
one-on-one with  
a senior in our  
community to  
offer support and  
friendship

For more information about  
the Community Visitation  
program, contact:

[kari@welcomeinn.ca](mailto:kari@welcomeinn.ca)



[welcomeinn.ca/donate](http://welcomeinn.ca/donate)

# BACK TO SCHOOL 'CHECKLIST' FOR GARDENS

SUBMITTED BY CANDY VENNING

Surely we all have enough lists in our lives? This one aims only to be helpful, not demanding and is easy on the finances. Come spring I plan to give a workshop covering all these topics in a lighthearted way with strong visuals so I'm using it as a checklist for myself too.

1) **Pile it up.** Gathering of rocks of various sizes or branches in a pile, stacked logs (especially of invasive species like Norway Maple) as excellent habitat for all manner of wee creatures that build rich loamy soil. If you have enough space, consider leaving dead trees in place (aka a Snag) for woodpeckers and flycatchers and other birds.

2) **Water.** As complex or simple as you like but most importantly, keep it clean or if you can't clean it almost daily then leave it empty. Fresh water is very beneficial for all creatures while stagnant or overused water can easily spread disease, especially amongst birds.

3) **Native plants.** So many great resources online to learn about what's native to your area <https://www.hamiltonpollinatorparadise.org> Also, start to gather seeds

from sources for winter sowing. Or learn what plant species are non-beneficial for local fauna aka remove invasives species, ideally, do both if you can!

4) **Varying heights** for varying habitats and food we've already covered 'piles' but trees and dense shrubs also provide essential nesting, resting and hiding spots for smaller songbirds from predators, especially during migration. Usually, it's trees and bushes which flower earliest and start feeding pollinators long before we notice the first perennials bloom in our yards.

5) **Leave the leaves** – add them to one of your piles, collect them off your neighbour's lawn, this is one of the best sources of free soil – after all, it's how forests build soil.

6) **Add walkways** This can be very simply done with a mower or a thick mulch path or more permanently with stepping stones etc. The reason? to prevent disturbing and compacting soil and allow you to get to areas to pull out unwanted plants. Remove some or all of your grass.

7) **Join a group.** Green Venture, The Hamilton Naturalists & En-

vironment Hamilton come immediately to mind and they will have projects and partners that could use your help for a day or more long term. If you cannot donate time or money, consider following them online and boosting their message, reading their newsletters and rallying friends and family to join too.

8) **Planting:** Fall is an ideal time to add native plants or divide and share but kindly do not share common invasives – this can be anything from a persistent plant like Creeping bellflower that may be entangled in the soil of your gifted plant to Jumping worms or a root fragment from Japanese Knotweed. Digging up something like periwinkle or English Ivy? Please don't donate, eliminate – we have more than enough invasive species out there and it's the 'gift' that someone may truly regret receiving once they know more about its aggressive spreading habit.

– please write to me if you think of something I should be including on this list – perhaps something you've learned or something that is important to you. [Candyvenning@gmail.com](mailto:Candyvenning@gmail.com)



## COMMUNITY UPDATE

SUBMITTED BY BRENDA DUKE

On August 8, 2024, Councillor Kroetsch was joined by approximately 40 residents for a consultation and information session on two areas with the North End

### Eastwood Arena

**Current Status:** Rink – has brining equipment; Old pool - currently buried; Heating and cooling - not installed; Roof - in stable condition; Change rooms - in good condition

### **Suggestions from the community, to date:**

Refurbish the building and ice rink; Refurbish the building for non-ice use - make it Hamilton's home for lacrosse and roller derby; Rebuild the outdoor pool; Demolish the building and start fresh

### Strachan Linear Park

**Current Status:** Approximately 2km2 of programmable space; Parking lot in the centre of the space is about 300-400m2 (approximate size of a full-sized basketball court)

Note: Any work will take years to complete, but some things can happen more quickly than others

### **Suggestions from the community, to date:**

Dog park (at Strachan Street East and Ferguson Avenue North); Sports or recreational areas (on the parking lot); Picnic tables and benches; Workout equipment (for all ages); Native pollinator garden(s); Gazebo or pavilion space Playground equipment

Please stay tuned for future discussion and consultation opportunities. A survey will be forthcoming. If you have comments, ideas or questions, please contact the Ward 2 office at [ward2@hamilton.ca](mailto:ward2@hamilton.ca) or complete the online surveys. To comment future use of Eastwood Arena please visit [ward2hamilton.ca/EastwoodArena](http://ward2hamilton.ca/EastwoodArena). To provide the Ward 2 Team with your suggestions and ideas for the future Strachan Linear Park visit [ward2hamilton.ca/StrachanLinearPark](http://ward2hamilton.ca/StrachanLinearPark).

# HOPA

PORTS

HAMILTON  
OSHAWA  
PORT  
AUTHORITY



Building new sugar processing plant at Pier 15, HOPA Ports

## CONSTRUCTION IS WELL UNDERWAY AT HAMILTON'S NEW SUGAR REFINERY

Hamilton's port lands are buzzing with activity as a new sugar refinery is being built by HOPA Ports and its partner Sucro Can Sourcing. The \$135+ million facility will be the largest of its kind in Canada, producing over a million metric tonnes of refined sugar every year.

The sugar will supply the food and beverage manufacturing sector in southern Ontario, which is a major employer and

revenue generator in the region.

"Ontario's food and beverage manufacturing sector is the third largest in North America with manufacturing revenues of more than \$48 billion," said Larissa Fenn, VP of Corporate Affairs at HOPA Ports. "The sector has more than 45,000 establishments in the province, employing over 104,800 people. The new facility will help strengthen the province's food

supply chain, supporting Ontario's position as a leader in food production and processing."

Sucro Can's focus on improving its customers' supply chains is one of the keys to its success, and a big reason for choosing the Port of Hamilton as the location for its new refinery which is expected to be open in 2025.

Learn more: [www.hopaports.ca](http://www.hopaports.ca)

# CRIME STOPPERS

OF HAMILTON

## CRIME STOPPERS: PROGRAM INFORMATION

SUBMITTED BY CONSTABLE TREVOR MCKENNA, CRIME STOPPERS COORDINATOR

It's hard to believe, but 2024 is now half way complete! The team at Crime stoppers of Hamilton has been hard at work the entire time processing your crime tips and offering cash rewards.

If Crime Stoppers is new to you, we're the not-for-profit organization that offers cash for your tips on crime! It's that simple.

For example: if you happen to be out walking your dog and you observe a crime, you can call Crime Stoppers and give us that information. We then take it on your behalf and offer it to the appropriate Hamilton Police Service section. Once we learn that an arrest was made based off of that information, you get cash.

The best part... Crime Stoppers will never ask for your personal information. We don't need your name or even a phone number.

You may ask, "Well how do I get paid if Crime Stoppers doesn't know who I am?".... It's actually very simple. When you give us your tip, we give you a unique code that no one will be able to decipher or know what it is. When you check in to see if your tip was successful, you relay the code back to us and we give you the outcome. You then take your code to a specific bank and collect your reward! No questions asked.

This year alone we've approved over \$6000 in rewards to our anonymous tipsters!

So if you know something and want to remain anonymous, join the fight and call Crime Stoppers today!

1-800-222-TIPS or visit us at [Crimestoppershamilton.com](http://Crimestoppershamilton.com)

Until next month, Stand up Stand Together!

### Website Design & Support Services



Websites that Work!

**Marie Mushing**

16 Anson Ave.  
Hamilton, ON L8T 2X3

**905-387-1883**

[marie@peopleinconnection.com](mailto:marie@peopleinconnection.com)

[www.peopleinconnection.com](http://www.peopleinconnection.com)

**NORTH END REUNION**

MACASSA BAY YACHT CLUB

Join us to meet up with old friends and new neighbours for a day of fun, entertainment and refreshments. Celebrate our community leaders when we present The North Ender of the Year Award.

**14 SEPT**  
2PM - 6PM

**NORTH ENDER OF THE YEAR AWARD**

WWW.NORTHEMDBREEZES.COM

# LETTER FROM THE EDITOR

SUBMITTED BY NORTH END BREEZES EDITOR, BRENDA DUKE

The Breezes volunteers and Board of Directors have been very busy planning over the summer months. But, we've been having fun too! You may have noticed us out and about joining in community events. We attended the annual Park N Party in July and experienced a mini Open Streets Pop-Ups at Pier 8 in August.

Our teams were also preparing for some major fun events.

Please join us in recognizing our nominees of The North Ender of The Year Award and come celebrate with them when we present the award on September 14th.

Ed Stewart Legacy Award: Randy Maracle, Chris Pearson, Kathy Renwald

Community Builder Award: Jeff Lindstrom, Katie Fitzgerald, Curtis Biehler

Heritage Award: Mrs. Beatrice Jeffrey

We hope that if you are or have been part on the volunteer teams who make everything happen, that you will join us on September 14th to be recognized and allow us to show our appreciation.

And the BIG NEWS! We are hosting our first North End Reunion on September 14th at Macassa Bay Yacht Club. Please come out to

meet old friends, make new friends and thank our teams of volunteers. Fun, food, and entertainment plus a cash bar.

We are excited about some "behind the scenes" activities too. Our Board of Directors is welcoming more members to grow and to replace those who have served their terms and are moving on. Our newest publication team member, Cat McKay is bringing us into the world of technology and her marketing work is broadening our reach across the city. We want everyone to know how great the North End is!

As the Editor, I am particularly excited to introduce a true story of loyalty, love and commitment as we help to celebrate two long time North Enders, Bill and Wendy Oblender. All I can say is...more like this please. Send your stories our way.

I hope to visit with all of you at the Reunion so please come and say hi.

We're here when you need us so contact:

office@northendbreezes.com for questions or events

articles@northendbreezes.com to submit an article

ads.northendbreezes@gmail.com to talk advertising.

IN PARTNERSHIP WITH

**NENA**  
North End Neighbourhood Association

**Nominees for the 2024 NORTH ENDER OF THE YEAR AWARDS**

<p><b>ED STEWART LEGACY AWARD</b></p> <p>Randy Maracle Chris Pearson</p>	<p><b>COMMUNITY BUILDER AWARD</b></p> <p>Jeff Lindstrom Katie Fitzgerald Curtis Biehler</p>	<p><b>HERITAGE AWARD</b></p> <p>Beatrice Jeffrey</p>
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# MEET THE BREEZES TEAM

## BOARD OF DIRECTORS

- Elizabeth Poynter, Chair
- Maureen Scally, Interim Treasurer
- Chris Pearson, Community Connector
- Mark Mackesy
- Mariko Bown-Kai

## PUBLICATION TEAM

- Brenda Duke, Editor
- Kit Darling, Editorial Assistant
- Katie Fitzgerald, Layout and Design
- Marie Mushing, Website Design
- Cat McKay, Marketing & Social Media

## SUPPORTERS/ CORPORTATE/ ORGANIZATIONS

- Bennetto Community Centre, City Of Hamilton
- Cameron Kroetsch, Councillor Ward 2
- Compass Community Health
- Crime Stoppers
- Hamilton Public Library
- HOPA Ports
- James North Baptist Church
- St. Lawrence Roman Catholic Church
- Welcome Inn
- Ron Joyce Children’s Health Centre/ Hamilton Health Sciences

## CONTENT CONTRIBUTORS

### Regular Monthly

- Brian Roulston
- Ken Hirter
- Candy Venning
- Sheri Selway & Chrissy Chrzan

### Occasional

- Robyn Gillam
- Kathy Renwald
- Barb Hale
- Frank Proctor

### Past

- Elizabeth Poynter
- Linda Benson

## DELIVERY TEAM

Sheri Selway, Team Leader – organizes routes and delivers to volunteers on East Side

Chrissy Chrzan, Team Leader – organizes pick up of Breezes and delivers to volunteers on East side

Maureen Snowball, Team Leader – Picks up Breezes and delivers to volunteers on West Side and delivers to several routes herself

### Delivery volunteers include:

- |                 |                     |                    |                   |
|-----------------|---------------------|--------------------|-------------------|
| • Steve Osborne | • Ani Chenier       | • Barb Hale        | • Ken Hirter      |
| • Julie Maue    | • Annabel Krupp     | • Katie Fitzgerald | • Karl Andrus     |
| • Ian Fox       | • Elizabeth Poynter | • Dave Van Heeswyk | • John Benjamin   |
| • Kathleen Fox  | • Chris Dejong      | • Andrea Rosic     | • Victoria Dejong |
| • Robyn Gillam  | • Emily Dejong      | • Barb Wight       | • Sharon Strays   |
| • Cameron Jolie | • Donna Stewart     | • Jodie Colbourne  | • Sandra Hudson   |
| • Olivia Jolie  | • Tim Jacobs        | • Peter Ormond     | • Jeff Glen       |
| • Jon Davey     | • Kristina Santone  | • Mike Hill        | • Kathy Pipe      |

## INTRODUCING NEW MEMBERS OF THE NORTH END BREEZES’ BOARD OF DIRECTORS:



### MARK MACKESY

Mark Mackesy is a long time North End resident. He and his partner are members of MBYC where Mark served on the board and still volunteers.

Mark is a former tour boat Captain and spent many years in the appliance business in a previous life.




### MARIKO BROWN-KAI

As a former North Ender, I am excited to join the NEB Board of Directors as a representative from Compass Community Health. Since 2021, I have worked as a Community Development Worker in the Health Promotion Department, specifically related to food security. I run programming such as Breakfast Club, Grub Club, and was the program coordinator for the Ontario Trillium Foundation funded program Cooking with Compass. I am currently taking over as the volunteer coordinator as well!

Outside of work, you can typically find me spending my free time reading, making delicious food, or walking my overly energetic senior dog.

**COMPASS  
BREAKFAST  
CLUB**

438 HUGHSON ST. N.  
COMMUNITY ROOM @  
COMPASS COMMUNITY  
HEALTH MAIN SITE





**NEW TIME**  
**8:00 AM - 9:15 AM**  
**EVERY DAY BEFORE SCHOOL!**  
To register call  
**905-523-6611 x 2084**  
**WWW.COMPASSCH.ORG**



**MATTHEW GREEN**  
Member of Parliament  
Hamilton Centre



Matthew Green, MP  
Hamilton Centre

905-526-0770  
matthew.green@parl.gc.ca



**KELLY FISHER**  
Sales Representative

**905-648-4451**  
[kellyfisher@royallepage.ca](mailto:kellyfisher@royallepage.ca)  
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CONTINUED FROM FRONT PAGE

## COMPASS COMMUNITY HEALTH 25TH ANNUAL PARK 'N' PARTY

SUBMITTED BY KEN HIRTER

Did you know that the first Park N Party was first introduced and held in 1999 at 554 John Street. At that time Compass Community Health was known as the North End Community Health Centre and at that time a much smaller venue.

From a small event with one barbeque to today, with a Fire Pit crew of 4 men and a massive grill serving up delicious summer fare from Hamburgers and Hot Dogs with Vegan options it was delicious.

Compass moved from John Street to their present location in 2011. They have been serving Hamilton and the North End since 1987. They are Simply the Best!

A special thank you to our 2024 Compass Community Connection sponsors. These organizations are helping us make our community a better place through supporting connectedness and emergency aid. Without their support, the success of this year's Park N Party would not be possible! Thank you to:

Platinum Sponsors: TD Canada Trust, Virk Personal Injury, Black and McDonald

Gold Sponsors: The Biking Lawyer, Granddad's Donuts

Silver Sponsors: State Group, LIUNA Local 837, HOPA Ports

Bronze Sponsors: The Designer's Printing

Thanks to all of the donors of the amazing door prizes for their generosity including: The Bard and Bear, the Hamilton Tiger Cats, Merk Snack Bar, AGO, CNE, Little Ray's Nature Centre, Forge FC, Fisher's Pier 4 Pub, Centre 3, Citizen Kid, Art Gallery of Hamilton, Collective Arts, City of Hamilton Recreation, HMCS Haida, Blue Line Taxi, Hutch's, 541 Eatery & Exchange, Landmark Cinemas, Medline, and Granddad's Donuts.

Keep up-to-date with Compass news and information by following them on :

Facebook. @ CompasscommunityH/

Instagram @ Compassch

X @ Compass\_ch

or @ www.compassch.org

\* Please note that the summer season is not quite over yet. Mark your calendar for September 14th 2024. The North End Reunion is back to Bayfront Park and it will be held at the Macassa Bay Yacht Club, 80 Harbour Front Dr. Hamilton. NENA and the North End Breezes are proud to present the North End of the Year Award for 2024. We will also be recognizing all of the wonderful volunteers who have helped make the North End Breezes what it is today with our Volunteer Appreciation and we all be celebrating The North End Reunion.

See you there!



# A WHISTLE-STOP TOUR THROUGH HAMILTON

Looking The Royal Scot over on beautiful day in Hamilton May 4, 1933



SUBMITTED BY BRIAN ROULSTON

Step back to early March 1933. Hamiltonians were excited about the news that the world's fastest train would be coming to our city - The Royal Scot. Read on to learn more about the 'speed demon of the iron road' as it was often referred to, and its planned layovers as it heads to the Chicago World's Fair with stops in Ottawa, Toronto, Hamilton and beyond.

The Royal Scot was the most powerful engine at that time used for express duties on the London, Midland and Scottish Railway (LMS) line throughout the U.K. It averaged around 52 mph over a 300-mile run. It was a daytime train with no overnight accommodations. The London, Midland and Scottish Railway wanted to showcase the locomotive as a modern and luxurious model, and it would need sleeper cars if it ran in Canada and the U.S. The Royal Scot came with eight cars: an electric kitchen car capable of cooking the most exquisite gourmet meals anywhere, a first-class lounge car, a first-class sleeping car, a third-class sleeping car, two brake cars and other support cars for the engine. Initially, a three-man crew was sent along. Driver William Gilbertson, Fireman John Jackson, and Fitter Clifford Woods.

The Great Depression devastated the global economy. By 1933, almost half of America's banks had failed, causing individuals to sell businesses and cash in their life savings. The worst continued to worsen, leading to a prolonged economic downturn. It looked like the tour might be a no-go because of these financial conditions, but at the last minute, all parties agreed to press on. This was to be a goodwill tour jointly funded by the British government and the London, Midland, and Scottish Railway to

strengthen the relationship between the United States and the United Kingdom. The American government saw the tour as a minor distraction from the depression. Later, it was decided that Canada would also be included. The anticipation and excitement were overwhelming as people in both Canada and the United States welcomed the tour.

On April 30, 1933, the Canadian vessel the BEAVERTON arrived at the Tilbury Docks, and loading of the 82-ton engine was begun. The engine was broken up into three main parts and placed into the hold while a set of tracks was welded on the BEAVERTON's deck, and the cars were chained in place. The voyage was uneventful, and BEAVERTON arrived in Montreal on April 21, 1933. The locomotive was taken to Canadian National Railway's Angus shops and pieced together. To meet American and Canadian laws, The Royal Scot had to be fitted with a center light, a warning bell and a cowcatcher, a device mounted at the front of a locomotive to deflect obstacles on the track that might otherwise damage or derail the train. Before the scheduled time, thousands of people had gathered along the railway tracks to witness The Royal Scot's first test run on foreign soil. She did not disappoint, reaching a speed of 121 km/h (75 mph), which was astounding for the time. The welcome the train received upon its arrival was genuinely remarkable. Both the media and the public gave the speed demon a standing ovation.

On May 1, The Royal Scot began its tour at Windsor Station in Montreal. A large crowd of 18,500 people gathered to view the departure. The tour's first stop was Ottawa, where thousands of people lined the platforms and the tracks outside the city to

catch a glimpse of the train. The next stop on the grand tour was Exhibition Park in Toronto, where a staggering 10,000 people gathered to marvel at the British masterpiece.

Huge crowds gathered at rural stations and along railway tracks as they rolled through from town to town.

By the time The Royal Scot reached Hamilton, the British locomotive had reached celebrity status across the continent, akin to the Beatles. The city had not been this excited since the Prince of Wales's visit in 1860. The new TH&B Rail Station (now GO Station) on Hunter Street was nearing completion; at 3:15 pm on Thursday, May 4, The Royal Scot arrived and was parked on the newly built high-level track. However, people would have to walk through the old Victorian-style station built in 1895 to get close to her. Much to the surprise of TH&B and city officials, including the Hamilton Police, the place was overwhelmed with people for blocks away from the station. There were senior citizens, mothers with toddlers in tow, and people walking with crutches. Schoolchildren scaled the hill alongside the track. An estimated 25,000 people showed up in hours to see the little train. There was pushing and shoving as people tried to get closer to see the locomotive. The Royal Scot's visit was cut short to restore calm and public safety. The locomotive was ordered to depart early for its next stop, Niagara Falls.

At Midnight, 10,000 American citizens waited in a torrential downpour to see Number 6100 cross the border. From Ottawa to Cincinnati, 531,000 visitors passed through the train. The excitement and wild enthusiasm were repeated everywhere she went, including the World's Fair. On May 25, the day the fair opened, 17,227 people passed through the train; by August 3, one million people went through.

The original arrangement was for The Royal Scot to return to Montreal with stopovers at various exhibitions. Because of her popularity, an extended tour was decided to be feasible. As cities across America and Canada invited her, more stops were added to the route. At this point, a relief crew was added, Fireman Tom Blackett, Mr. C.O.D Anderson would handle the technical parts of the train, and Mr. T.C. Byrom would serve as a liaison officer.

The Royal Scot was never designed to handle extreme heat or extreme cold, but she proved her resilience by stopping in Las Vegas in the summer at 43°C (110°F) and travelling through Death Valley, where temperatures often exceed 49°C (120°F). She climbed some of the steepest mountains through Colorado and the Canadian Rockies without an assisting engine. It pushed through frequent snowstorms with ease. When The Royal Scot finally arrived in Montreal on Armistice Day, November 11, the temperature was -13°C and a blinding snowstorm. As the train rolled to a stop, Gilbertson claimed, "We took a whole truckload of spare parts and we haven't used one!" Engineer Gilbertson's first order of business was to take a cab and lay a wreath on the Canadian Pacific Railway's Great War Memorial, a tribute from the London, Midland and Scottish Railway.

The Royal Scot's triumphant 18,000 km (11,194 mi.) tour of North America concluded an impressive feat. It became an ambassador for England, welcoming over 3 million visitors through her over its seven-month visit. The train also inspired new design changes to the Canadian National locomotive fleet in 1936.

After a successful journey, the little train was again loaded aboard the BEAVERTON, and at 7:00 am on November 24, it started for home through the first ice of St. Lawrence.

# WARD 2 UPDATE

SUBMITTED BY WARD 2 COUNCILLOR  
CAMERON KROETSCH



It's been an eventful, often challenging, summer in Hamilton. I hear how the ongoing housing and homelessness crisis

is acutely impacting Ward 2 residents, housed and unhoused.

Another challenge is the impact of toxic blue-green algae on our waterfront. Bayfront Park has been hit with the worst blue-green algae bloom in the park's history and residents have been reaching out to the Ward 2 Team to share their experiences and ask that it be cleaned up. I understand the impact and experienced it myself. Unfortunately cleaning up the algae in the short term isn't possible. When the algae bloom at Bayfront Park was raised with City staff at Council in August, they reported that while they'd like to use vacuums and other methods to break up the algae in the short term, as in previous years, they can't do that without making things worse. Based on past experiences, they found the algae spread and grew when disturbed and when it was removed it returned, much worse, in about 72 hours. The City has been working with our water partners, including scientists, to ensure everyone is using best practices to



At Forge FC with Ward 2 Constituency Coordinators, Past and Present

keep things from getting worse. To aid that work, Councillor Maureen Wilson and I put forward a motion in August to ask the City to report back on what City staff can do to mitigate these climate change impacts in time for next summer. I look forward to hearing back from City staff and will support them, in any way I can, to improve things. Our stormwater, and wastewater systems are unable to cope with the impacts of unprecedented global, national, and local weather events due to decades of underfunding and a lack of urgency on climate change. This Council is trying to change that, but it's going to take time to undo the damage and get back on track.

In part, we need the Province to

offer more support to cities to help them mitigate the impacts of climate change, build deeply affordable housing, and end homelessness. These topics, and others, were the focus of delegations from the City of Hamilton at the Association of Municipalities of Ontario's Annual Conference in Ottawa in late August which I attended with the Mayor and Councillors Hwang, Nann, and Cassar to represent our City. I participated in delegations with the Ministries of Municipal Affairs and Housing, Health, and Education. While I can't yet speak to the impact of our efforts, I'm hopeful that continuing to show up to the table to have these conversations with senior levels of government will demon-

strate not only what our priorities are but what we're already doing as a City to address these issues. I hope it will encourage the Province to partner with Hamilton to implement meaningful, impactful, and timely solutions.

I've also heard about how much fun North Enders have been having along our waterfront in their neighbourhood this summer with street parties, pop up events, concerts, dancing, roller skating, yard sales, festivals, and Friday art crawls. I'm grateful to know that, despite us facing some serious challenges in our city, we're still making time to connect with one another and get outside.

This summer, I had a successful

first meeting with North Enders to discuss both Eastwood Arena and the future Strachan Linear Park. Residents had great suggestions, which we compiled into surveys accessible through the Ward 2 website. The goal of the surveys is to report back on what we've heard so far, to get residents to weigh in with some feedback, and to hear new ideas from residents who may not have been able to participate in the engagement so far. To comment future use of Eastwood Arena please visit [ward2hamilton.ca/EastwoodArena](http://ward2hamilton.ca/EastwoodArena). To provide the Ward 2 Team with your suggestions and ideas for the future Strachan Linear Park visit [ward2hamilton.ca/StrachanLinearPark](http://ward2hamilton.ca/StrachanLinearPark). I really look forward to keeping the engagement going. The surveys are open for all of September, so spread the word and help us get as much participation as possible.

In the last Breezes, I said we'd be going through some transitions on the Ward 2 Team. Hasnain Khan went back to school to pursue an MBA. We hired a new member of the team, Phoenix Friesen (they/he), who will be working part time in addition to Joey McCullough (he/him) and Liesl Thomas (she/her), both full time in my office.

If you'd like to reach out to us for help, please email [Ward2@hamilton.ca](mailto:Ward2@hamilton.ca) for the quickest response or call us at (905) 546-2197. If you would like to reach me directly, send me an email at [Cameron.Kroetsch@hamilton.ca](mailto:Cameron.Kroetsch@hamilton.ca). If you have the chance to connect with Phoenix when you reach out, please be sure to give them a warm welcome!

- Cameron Kroetsch

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◆ *Bar & Grill* ◆

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# IT STARTED AT BENNETTO AND IT NEVER ENDS

SUBMITTED BY DAUGHTERS KIM AND TINA

Our parents (Mom née Arnold, born on Ferguson Ave N in 1941 and Dad born on Mary St north of Barton) met at Bennetto elementary school and then attended Central High school. They began dating in Miss Cole's Grade 5 class and married in 1962.

Mom's father was close friends with well-known North Ender Pud Murphy whose parents owned Fishers. Dad's father worked at the Malcolm and Souter Furniture Company at the corner of Barton and Mary Street.

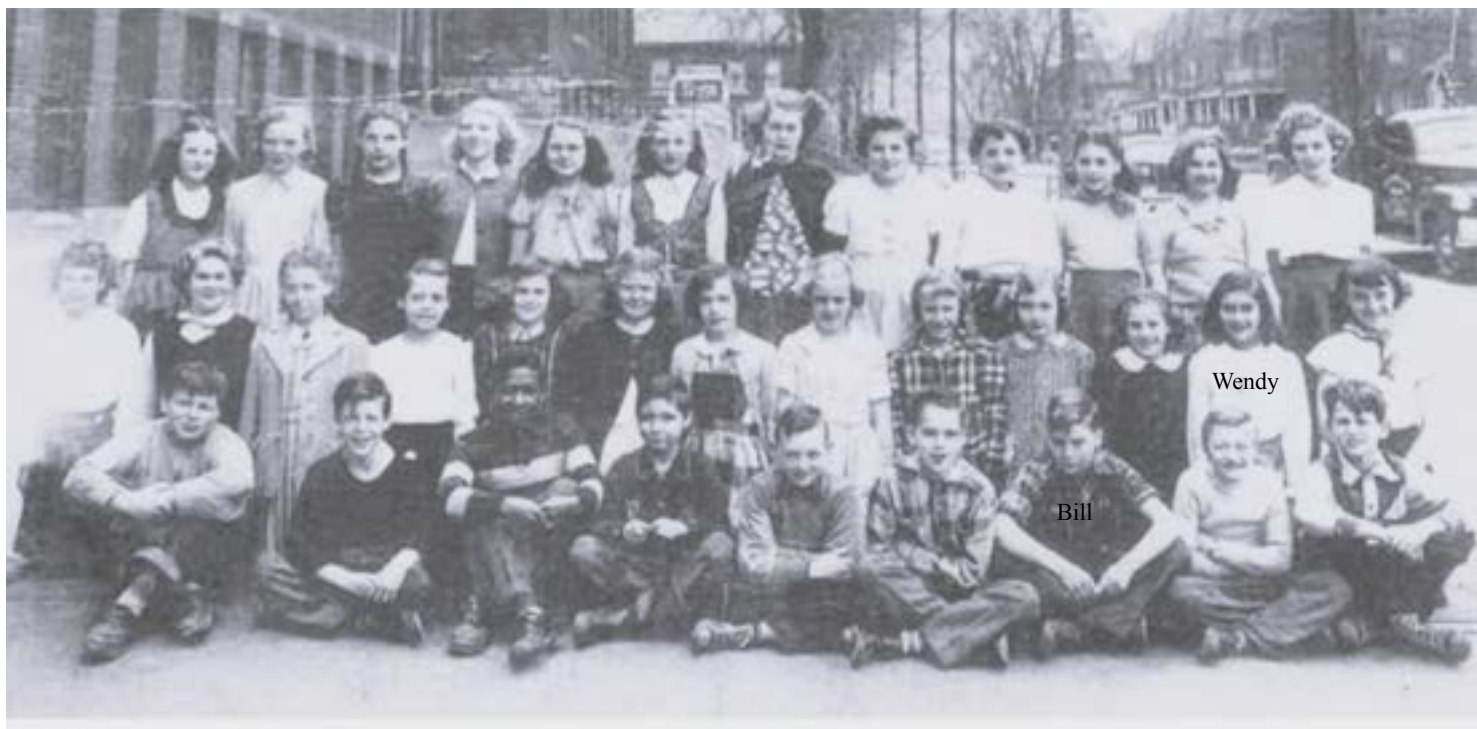
This September, their company Oblender Insulations, located at 58 Earl St, celebrates 40 years in business, 1984-2024. Our parents, Bill and Wendy Oblender still attend The North End Reunion, they still live in Hamilton, as do their daughters, grand kids and great grandchildren.

Homegrown generations of Hamiltonians, proud to call Hamilton home. As a couple they have done everything from Ti-Cat Season Ticket holders to boating on Lake Ontario, but their favourite pastime is to laugh while retelling stories about the North End.

Please come together at the North End reunion on September 14, Noon to 4 pm at Macassa Bay Yacht Club and celebrate two North End kids and their contribution to their city.



Wendy and Bill Oblender





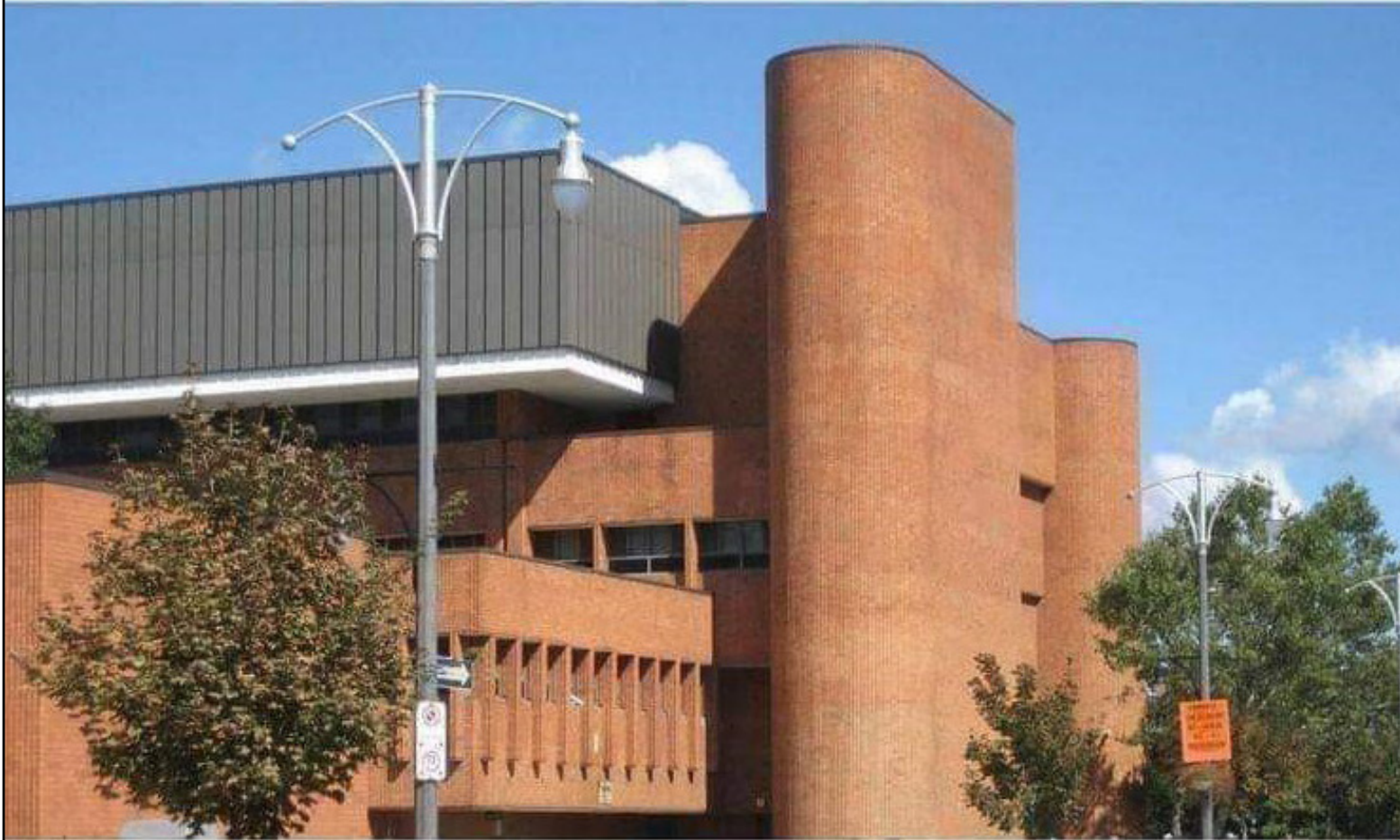
**50<sup>th</sup> Anniversary Reunion**

Friday, October 4<sup>th</sup>, 2024  
 Michelangelo Banquet Centre,  
 1550 Upper Ottawa St., Hamilton  
 Doors open at 6 pm - Dinner at 7 pm  
 \$75 per person (Cash Bar)

All former students, teachers and staff of SJAM are invited to a 50<sup>th</sup> anniversary celebration and reunion, since the first full graduating cohort.

**Mingling - Memorabilia - Music - Photos - Videos!**

**The limited number of tickets will sell-out quickly - don't miss out!**



**Order ticket through:**

Sam Cino                         905 308-4175 or [samcino444@gmail.com](mailto:samcino444@gmail.com)  
 Marina Hrinco                 249 535-5191 - Contact by Text, Facebook Messenger or  
   WhatsApp Message only please.  
 Dan & Bonnie Forrester     905 973 6838 or [bonnieforresteremail@gmail.com](mailto:bonnieforresteremail@gmail.com)

**Hosted by the Graduating Class of '74 Committee**



**THANKS FOR THE MEMORIES**

SUBMITTED BY TINA MAINI

I was a CHML listener for over 40 years, when broadcasters Paul Hanover, Bob Hooper, Jeff Story and Bill Sturup, for example, reported the news. It was the early days of listening to Bob Bratina and Shiona Thompson on the morning wake up show, the John Hardy Show and the Roy Green show too. Bill Kelly was in the pm with the drive home show, later hosting The Bill Kelly Show as seasoned Rick Zamperin woke us with a jam-packed schedule of happenings and Paul Tidball, Shiona Thompson and Dave Woodard were at the helm reporting the news with weather specialist Jay McQueen keeping an eye out for storms (as he called them). I listened to The Scott Thompson and The Scott Radley shows. Saturdays included financial advice with Don Fox, while Rob Golfi discussed real estate. But CHML was so much more. It was about Paul Reeves' Christmas, and Miracle on 31st. It was about live events like Remembrance Day, The Christmas Tree of Hope (lighting) campaign, the media briefings with the Premier during covid, and the 2003 black out (I'll never forget) as Jeff Storey opened up the phone lines asking callers how they were coping, while I listened on my transistor radio. And, CHML was about Tiger Cats football with the 5th quarter hosted by Rick Zamperin. But more importantly, CHML was outstanding in providing news not only locally but also globally, keeping us thoroughly updated. I will sorely miss CHML; it was a part of our community for 95 years and was a friend and like family to many of us. Current, innovative and forward thinking, CHML was truly the station to beat. Thanks for the memories.

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## Caring for Your Diabetes..... Head to Toe!



Are you interested in learning  
about diabetes & footcare?



**Our sessions are offered  
every three months!**

Please call (905) 523-0090 for more information

## Are You Pregnant?

Join a weekly **free** prenatal nutrition group that's close to where you live!

### Compass Community Health

438 Hughson Street North  
(Between Macauley Street and Picton Street)

**Date:** Thursdays 12:30pm – 2:30pm

**Bus Route:** 02 or 04

Register at group during your first visit  
or call Cory at 905-523-6611 Ext. 3047.

#### Talk with a Registered Dietitian and a Registered Nurse about:

- Pregnancy
- Labour and delivery
- Eating well and cooking healthy food
- Breastfeeding

#### You will get:

- Grocery gift card
- Bus tickets
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- Child-minding for your children under 6 years of age

Cory Ma, Registered Dietitian  
905-523-6611 ext 3047

www.hamilton.ca/PrenatalGroups

/HealthyFamiliesHamilton



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## THE TRACKERS

INDOOR WALKING  
GROUP  
FOR OLDER ADULTS



Join us for a  
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Every **Wednesday**  
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Meet others and increase  
physical activity!

To register, please  
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# BENNETTO COMMUNITY CENTRE

450 Hughson Street North | 905-546-4944 | www.hamilton.ca

## AQUATICS - FALL 2024 REGISTERED PROGRAMS

STARTING WEEK OF OCTOBER 7, 2024

MONDAY				
Program	Time	Ages	Code	Fee
Parent and Tot 1/2/3	6:00-6:30pm	4months-3yrs	00076282	\$67.05
Splash 1/2/3	6:00-6:30pm	3-5yrs	00077989	\$75.51
Hamilton Lifesaving Club	6:00-7:00pm	12-15yrs	00080214	\$83.25
Swimmer 1	6:30-7:00pm	6-12yrs	00077991	\$75.51
Swimmer 2	6:30-7:00pm	6-12yrs	00077993	\$75.51
TUESDAY				
Program	Time	Ages	Code	Fee
Splash 1/2/3	5:00-5:30pm	3-5yrs	00077994	\$75.51
Swimmer 3	5:00-5:45pm	6-12yrs	00077995	\$83.25
Swimmer 2	5:00-5:30pm	6-12yrs	00077997	\$75.51
Swimmer 1	5:30-6:00pm	6-12yrs	00078000	\$75.51
Splash 1/2/3	5:30-6:00pm	3-5yrs	00078005	\$75.51
Swimmer 4	5:45-6:30pm	6-12yrs	00078008	\$83.25
Splash 4/5/6	6:00-6:30pm	3-5yrs	00078010	\$75.51
Swimmer 2	6:00-6:30pm	6-12yrs	00078013	\$75.51
Parent and Tot 1/2/3	6:30-7:00pm	4months-3yrs	00078017	\$67.05
Private Swim Lesson	6:30-7:00pm	3yrs +	00078020	\$304.02
Swimmer 1	6:30-7:00pm	6-12yrs	00078022	\$75.51
WEDNESDAY				
Program	Time	Ages	Code	Fee
Splash 1/2/3	5:00-5:30pm	3-5yrs	00078024	\$75.51
Swimmer 1	5:00-5:30pm	6-12yrs	00078026	\$75.51
Splash 1/2/3	5:30-6:00pm	3-5yrs	00078028	\$75.51
Swimmer 2	5:30-6:00pm	6-12yrs	00078030	\$75.51
Bronze Medallion	5:30-8:15pm	13yrs +	00076313	\$144.53
Adult 1/2/3 Swim Lesson	6:00-6:45pm	12yrs +	00076305	\$94.05
Swimmer 7/8/9	6:45-7:45pm	6-12yrs	00076307	\$83.25
Private Swim Lesson	6:45-7:15pm	3yrs +	00078032	\$304.02
Private Swim Lesson	7:15-7:45pm	3yrs +	00078033	\$304.02
Private Swim Lesson	7:45-8:15pm	3yrs +	00078034	\$304.02
Private Swim Lesson	7:45-8:15pm	3yrs +	00078035	\$304.02
THURSDAY				
Program	Time	Ages	Code	Fee
Splash 4/5/6	5:00-5:30pm	3-5yrs	00078036	\$75.51
Swimmer 1	5:00-5:30pm	6-12yrs	00078038	\$75.51
Private Swim Lesson	5:00-5:30pm	3yrs +	00078040	\$304.02
Swimmer 2	5:30-6:00pm	6-12yrs	00078042	\$75.51
Swimmer 3/4	5:30-6:15pm	6-12yrs	00078043	\$83.25
Splash 1/2/3	5:30-6:00pm	3-5yrs	00078044	\$75.51
Bronze Cross	5:30-8:15pm	13yrs +	00076321	\$122.57
Swimmer 2	6:00-6:30pm	6-12yrs	00078046	\$75.51
Splash 1/2/3	6:00-6:30pm	3-5yrs	00078047	\$75.51
Swimmer 5/6	6:15-7:00pm	6-12yrs	00078050	\$83.25
Splash 4/5/6	6:30-7:00pm	3-5yrs	00078052	\$75.51
Swimmer 1	6:30-7:00pm	6-12yrs	00078053	\$75.51
SATURDAY				
Program	Time	Ages	Code	Fee
Swimabilities Beginner/Intermediate	9:00-10:00am	3-17yrs	00076309	\$73.89
Swimabilities Intermediate/Advanced	10:00-11:00am	3-17yrs	00078067	\$73.89
Swimabilities Adult	10:00-11:00am	17yrs+	00078069	\$94.05
Splash 1/2/3	11:00-11:30am	3-5yrs	00078055	\$75.51
Swimmer 1	11:00-11:30am	6-12yrs	00078057	\$75.51
Private Swim Lesson	11:00-11:30am	3yrs +	00078060	\$304.02
Parent and Tot 1/2/3	11:30-12:00pm	4months-3yrs	00078061	\$67.05
Swimmer 2	11:30-12:00pm	6-12yrs	00078063	\$75.51
Splash 4/5/6	11:30-12:00pm	3-5yrs	00078065	\$75.51

### REGISTRATION INFORMATION

REGISTRATION DATE: SEPTEMBER 18, 2024 AT 8:00AM

#### Ways to register:

- Online - [hamilton.ca/recreation](http://hamilton.ca/recreation)
- Be sure to obtain your USERNAME and PASSWORD prior to registration day. Go to [Hamilton.ca/recreation](http://Hamilton.ca/recreation) or in-person at your local recreation centre.
- If you require this information in an accessible format, please contact [accessiblerec@hamilton.ca](mailto:accessiblerec@hamilton.ca).

## FALL 2024 REGISTERED GYM AND CLUB PROGRAMS

STARTING WEEK OF OCTOBER 7, 2024

MONDAY				
Program	Time	Ages	Barcode	Fee(inc. tax)
Tumble Playgroup (with parent)	10:00-11:30am	1-2.5 years	00079846	\$60.48
Anime	5:30-6:30pm	9-12 years	00079849	\$41.40
Yoga Hatha	6:00-7:00pm	16+ years	00079853	\$91.98
Cardio, Balance & Strength	7:15-8:15pm	16+ years	00079856	\$77.13
TUESDAY				
Program	Time	Ages	Barcode	Fee
Sports Blast Fundamentals	5:00-5:30pm	3-5 years	00079859	\$27.63
Recreational Basketball	5:45-6:30pm	6-8 years	00085524	\$31.05
Soccer	6:45-7:30pm	6-8 years	00085523	\$31.05
Soccer	7:30-8:30pm	9-12 years	00079865	\$41.40
WEDNESDAY				
Program	Time	Ages	Barcode	Fee
Tumbling Fundamentals (with parent)	5:00-6:00pm	1.5-2 years	00079869	\$40.32
Tumbling Fundamentals	6:15-7:15pm	3-5 years	00085525	\$55.17
THURSDAY				
Program	Time	Ages	Barcode	Fee
Girls Who Play	4:00-5:00pm	9-12 years	00085528	FREE
Girls Who Play	5:00-6:00pm	13-17 years	00079879	FREE
Exploring Art	5:15-5:45pm	3-5 years	00079881	\$27.63
Art	6:00-6:45pm	6-8 years	00079883	\$31.05
SATURDAY				
Program	Time	Ages	Barcode	Fee
Tumbling Fundamentals	9:00-10:00am	3-5 years	00079886	\$55.17
Tumbling Fundamentals	10:15-11:15am	3-5 years	00079888	\$55.17
Exploring Science	10:15-10:45am	3-5 years	00085526	\$27.63
Exploring Art	11:00-11:30am	3-5 years	00085527	\$27.63
Art	11:45-12:30pm	6-8 years	00079892	\$31.05



# Fall into fun!

Centre will be closed from

August 26-September 16th

## We're Open September 17th!

#### NEW PROGRAM! [Hamilton Lifesaving Club](#)

- The Hamilton Lifesaving Club (HLC) is a lifesaving club that engages youth in physical activity and participation in lifesaving sport. This club-based program focuses on keeping youth active in the community and is the perfect youth training program for future lifeguards. Benefits of joining HLC: Develop increasingly complex skills in swimming, including stroke correction, endurance and speed. Promotes overall physical fitness. Prerequisite: Swimmer 4 (or equivalent)

Registration Date: September 18, 2024 at 8:00am

Ways to Register:  
Online - [hamilton.ca/recreation](http://hamilton.ca/recreation)

Be sure to obtain your USERNAME and PASSWORD prior to registration day. Go to [hamilton.ca/recreation](http://hamilton.ca/recreation) or in-person at your local recreation centre

If you require this information in an accessible format, please contact [accessiblerec@hamilton.ca](mailto:accessiblerec@hamilton.ca)



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