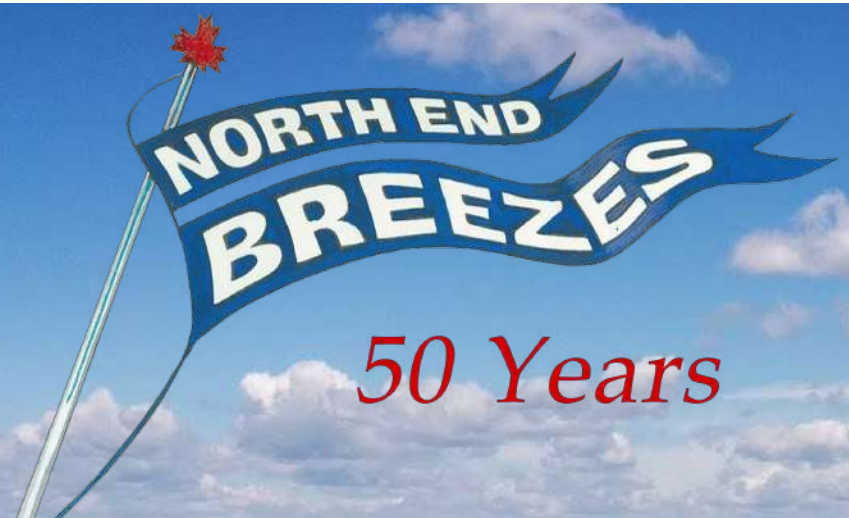




Everyone Needs A Library Card.

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SEPTEMBER 2025 | VOLUME 8 | OFFICE@NORTHENDBREEZES.COM | WWW.NORTHENDBREEZES.COM | FOLLOW THE NORTH END BREEZES ON SOCIAL @NORTHENDBREEZES

WALKABOUT AT PARK'N'PARTY



SUBMITTED BY KEN HIRTER

It was that time of year again at Compass Community Health Centre. Over 700 of us came together to celebrate at a wonderful Community Summer BBQ. Hosted by Compass since 1999.

Mariko Bown-Kai, Community Development Support Food Security Specialist with Compass

was Master of Ceremonies and welcomed everyone, entertained attendees and introduced the acts. She thanked all the groups and sponsors who participated in putting together the 2025 PARK 'N' PARTY. Mariko had everything running smoothly throughout the afternoon and early evening.

TAD (Take a Breath Singers) a delightful singing group from

Compass opened with "I can see clearly now the rain has gone" plus more songs to get the afternoon started.

WRECKLESS HARBOR BAND ,a group of 4 gentlemen generated a summer vibe that had everyone dancing and tapping to their lively musical set. They were wonderful.

The barbeque Fire Pit Crew and

Grill team served up delicious summer fare - hamburgers, hot dogs with vegan options and gluten free bags to go, frozen treats and water. The Tim Hortons van was also there serving free complimentary coffee and hot chocolate.

A special thank you to our 2025 Compass Community connection sponsors. These organizations are helping us make our community a

better place. Without their support, the success of this years Park N Party would not be possible!

Platinum Level Sponsors:

- Black & McDonald and TD bank.
- Gold Level Sponsors:
- The Biking Lawyer LLP
- Silver Level Sponsors:

CONTINUED ON PAGE 7



ABOUT THIS MONTH: SEPTEMBER

SUBMITTED BY CHRISSY CHRZAN & SHERI SELWAY

September is bursting with energy — from inspiring international awareness days to meaningful national commemorations and a calendar full of Hamilton's most exciting events. It's a month to discover new ideas, connect with our community, champion important causes, and make time for pure fun. Whether you're a festival-goer, a history buff, or just looking for something new to try, there's something here for you. Let's dive into what's happening!

In Hamilton

Labour Day Parade & Picnic – September 1 Kick off September with one of Hamilton's most beloved traditions! The Labour Day Parade steps off at 10:30 a.m. from Bay and Stuart Streets, making its way to Bayfront Park. There, the celebration continues with a lively community picnic, live music, and activities for all ages. Many local unions, organizations, and community groups will have tables where you can connect and learn more about their work. And for sports fans, the day ends with the classic Hamilton Tiger-Cats vs. Toronto Argonauts matchup — a perfect way to round out the holiday.

Sept 5 is National Cheese Pizza Day! Yum. Visit Weston Pizza on James and Burlington from for a yummy cheese pizza!!!

Supercrawl – September 12–14 For three incredible days, James Street North transforms into a bustling hub of music, art, and creativity. Supercrawl brings together local and international musicians, art installations, food vendors, and pop-up shops. Whether you're here for the live bands, the artisan market, or the family-friendly activities, you'll find something to enjoy. Best of all, it's all within walking distance for many Hamiltonians.

Fleurs de Villes: Downton Abbey

– September 12–21 Step into the world of Downton Abbey — with a floral twist — at the Royal Botanical Gardens. This enchanting event features stunning, life-size floral installations inspired by the beloved British series. It's a treat for gardeners, history buffs, and anyone who loves a touch of elegance.

Farm Crawl – September 13 Great for kids, families, and curious adults, Farm Crawl is your chance to visit working farms across Hamilton and the surrounding area. Learn firsthand where our food comes from, meet the farmers, and even interact with animals. This year, 12 farms are opening their gates. Tickets and details at www.farmcrawl.ca.

Hamilton Comic Con – September 20–21 Get your costumes ready! Hamilton Comic Con is back at the Convention Centre, bringing together fans of comics, sci-fi, gaming, and pop culture. Expect celebrity guests, artist alleys, and plenty of cosplay photo opportunities.

Vintage Wheels & Wings – September 21 Car lovers and aviation enthusiasts unite! The Canadian Warplane Heritage Museum hosts this one-of-a-kind event showcasing beautifully restored vintage cars alongside historic aircraft. A wonderful mix of nostalgia and engineering marvels.

Open Streets – September 28 For one glorious day, King Street from John to Gage is closed to vehicles and turned into a “linear park.” Walk, cycle, rollerblade, dance, or simply wander and enjoy the live entertainment, street performers, and interactive activities. It's a vibrant celebration of community and active living.

International Days & Weeks

September 8 – International Literacy Day Celebrated worldwide, this day highlights the importance of reading and writing as tools for empowerment. In Canada, it's a reminder of how vital literacy programs are for lifelong learning and success.

September 15 – International Day of Democracy A day to reflect on the state of democracy worldwide, celebrate freedoms, and encourage civic participation.

September 18 – International Equal Pay Day Recognizing ongoing efforts to close the pay gap between men and women. In Ontario, the gap remains a reality for many women, especially racialized, Indigenous, immigrant, and disabled women.

September 20 – World Cleanup Day Join millions worldwide in taking action to clean up litter and protect our environment. Even small acts, like picking up trash in your neighborhood, make a big difference.

September 21 – International Day of Peace This year marks the 25th anniversary of the UN's Declaration on the Culture of Peace. It's not just about ceasefires — it's about respect, justice, and resolving conflicts peacefully.

September 23 – International Day of Sign Language A celebration of linguistic diversity and the rights of people who are Deaf. Learn a few signs today — it's a great way to connect.

September 26 – International Day for the Total Elimination of Nuclear Weapons A global reminder of the urgent need for nuclear disarmament and peaceful conflict resolution.

Canadian Observances

- **Second Week of September – Mennonite Heritage Week:** Honouring the contributions of Mennonite communities across Canada.

- **Fourth Week of September – Gender Equality Week:** Recognizing the progress made toward equality and the work still ahead.

- **September 28 – British Home Child Day:** Commemorating the thousands of children sent to Canada from Britain between 1869 and 1948.

- **September 30 – National Day for Truth and Reconciliation:** A time to reflect on the legacy of residential schools, honour survivors, and commit to reconciliation.

Learn More at the following websites:

- List of International Days and Weeks | United Nations
- Important and commemorative days - Canada.ca
- Welcome to Hamilton - Tourism Hamilton

Come Sail with us!

Overnight Voyages
Summer Camps
Year-Round Skill-Building
Youth Volunteering



BRIGS
OPEN WATERS - OPEN DOORS

www.brigs.ca



Looking for a welcoming, down-to-earth church in the North End?

James North is a church where everyone is valued, no matter their background, education, or income.

We love being part of this diverse and vibrant neighbourhood! James North has been in the North End since 1887.

It is our desire to offer a place of hope and connection for individuals and families navigating life's challenges.

We are more than just a church service on Sundays. Check out our website to see the various ministries and programs we regularly offer.



Sunday Morning Service
10:00 – 11:30AM
with Children's Ministry for
kids from birth to Grade 5

500 James St. North
905.527.3972
office@jamesnorth.church



<http://jamesnorth.church>



St. Lawrence the Martyr Parish

125 Picton Street E.,
Hamilton, Ontario L8L 0C5
905-529-3921

stlawrencehamilton@hamiltondiocese.com

www.stlawrencehamilton.ca

Office Hours: Tues-Fri 9am-4pm

In case of after hours emergency please call
365-888-1275

Pastor: Rev. Peter Jurzyk
Sunday Mass 11:00 a.m.

Weekday Mass Schedule:

~No Mass Monday~

Tuesday and Thursday 7:00 p.m. Mass
Wednesday and Friday 12:00 noon Mass

Confessions before Mass on Tuesday,
Thursday and Saturday.
Adoration before Mass on Thursday.

*NB: Please check our website for
weekly updates and changes*

Sacraments of Marriage or Baptism:
Please contact the parish office to make an
appointment to meet with Father Peter.

Upcoming Events and News

Upcoming Events!

November 7 - Nibbles and Bids

November 22 - CWL Fall Penny Sale

December 1 to January 11 - Christmas Light Campaign

Friday December 5 - Annual Christmas Turkey Roll

Sunday December 14 - CWL Christmas Bake Sale

Thursday, December 18 - Advent Celebration

Hall Rentals are available! Call the office or
visit stlawrencehamilton.ca/hall-rentals for more information



**Welcome Inn is hosting a
fundraising walk & BBQ
on Saturday, October 4th!**



**Walk as an an individual, or
join a team--just head to
www.welcomeinn.ca to
sign up!**

**Everyone is invited to the BBQ,
even if you don't do the walk!**

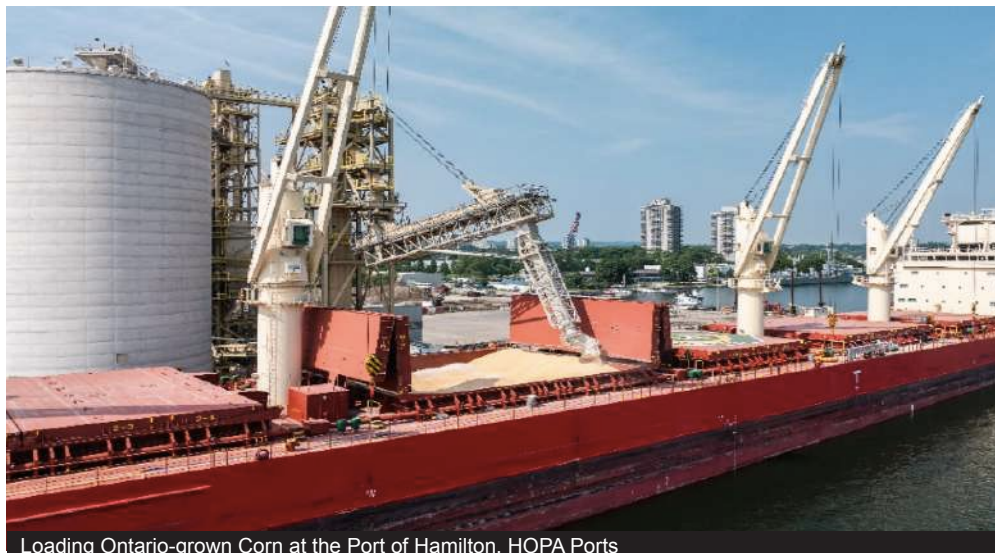
- Walk--10:30am
- Community BBQ--12pm
- Fun Games &
Activities--12:30pm





HAMILTON
OSHAWA
PORT
AUTHORITY

PORT UPDATE: P&H EXPANSION



Loading Ontario-grown Corn at the Port of Hamilton, HOPA Ports

The next time you pick up a warm loaf of bread or stroll into your favourite local bakery for a fresh treat, take a moment to imagine the journey those grains have made to your table.

Progress is being made on the Parrish & Heimbecker, Limited (P&H) expansion at the Port of Hamilton, which will see the addition of two new storage silos and a third flour mill. A recent standout moment in the project was the connection of the newly constructed silos via heavy crane lift, an impressive feat highlighting the scale of the infrastructure underway.

“HOPA is proud to support the expansion of the Parrish & Heimbecker facility, a critical development that further establishes our region as a key player in the global supply chain,” said Larissa Fenn, VP of Corporate Affairs at HOPA Ports. “With enhanced flour milling and storage capabilities, our port is now even better equipped to facilitate the efficient movement of essential grains and food ingredients.”

P&H’s operations at the Port of Hamilton began in 2008 with their grain terminal, though it was 2017 that saw the arrival of the first new flour mill Ontario had seen in 75 years. By 2020, the company’s processing capacity had doubled after the addition of a second mill. And now, with a third mill under construction, P&H continues to meet the rising demand for quality ingredients in

the baking and food manufacturing industries.

This milestone comes as Hamilton continues to evolve into a vital hub for the agri-food sector, now a cornerstone of the city’s economy. With more than 120 food ingredient companies based in Hamilton, the sector supports more than 100,000 jobs across the province.

P&H’s newly installed grain silos will be used for handling essential feed ingredients such as soymeal, distillers dried grains, and wheat to service the flour mills. The upgraded storage capacity means improvement for the Port’s ability to handle bulk grain shipments, particularly wheat.

“This investment directly strengthens food security across Ontario and Canada, ensuring we continue to lead in providing high-quality products to both domestic and international markets,” added Fenn.

After arriving at the Port of Hamilton by vessel, shipments of wheat are unloaded and transported to P&H’s milling facility, with their last stop being various bakeries and food producers across Southern Ontario. It brings a true source of Canadian pride, knowing your next loaf of bread was likely made using high-quality wheat from the Prairies.

Learn more about current projects: www.hopaports.ca

HAMILTON PUBLIC LIBRARY UPDATE

All HPL Branches are closed on Sunday, August 31, and Labour Day, Monday, September 1. Bookmobile is off the road. Extended Access and Study Halls are not available.

Back to School with HPL Find activities, book lists, tutoring help, online courses and more for students and their families, and for educators too. Visit our website for the wide collection of resources.

Telling Tales and HPL at Royal Botanical Gardens, October 4 and 5 Over two days and on five stages, more than 100 presenters converge at Royal Botanical Gardens’ Hendrie Park, including children’s authors, illustrators, dancers, artists and musicians. Main Stage headliners include authors Tanya Tagaq on Saturday at 12:15pm and Matthew Forsyth on Sunday at 12:15pm. The Festival also features a book swap and shop, vendors, interactive walks and creative activities. Hamilton Public Library staff will also be there each day, with 10-minute storytime presentations for all ages at 10:50am, 1:10pm, 2:25pm and 3:40pm. Featured books include Telling Tales Reading List highlights such as: *The Bear Out There* by Jess Hannigan; *The Crayon Stub* by Marcus Cutler; *Hug* by Charlene Chua and *When the Air Sang* by Laura Bontje.

To make it easier to get to the Festival, hop on a shuttle bus supported by First Student, in front of Central Library at 55 York Blvd, 10am-4:30pm. A bus departs every 15 minutes.

Make the most of your literary adventure and plan your day using the full Festival schedule. Be sure to register to attend this free weekend event.

Study Halls Return! Starting Tuesday, September 2, Study Halls resume at Central Library and the Dundas, Red Hill, Terryberry, Turner Park, Valley Park and Waterdown branches after-hours Mondays-Thursdays, 8pm-Midnight. Full details can be found online.

Lendporium - Borrow Unique Items from HPL! Your Hamilton Public Library card lets you borrow anything in

our Lendporium, including Art Gallery of Hamilton and Royal Ontario Museum (ROM) passes, birding backpacks, early year engineering kits, and home devices.

Hamilton Civic Museums and Your HPL Library Card Explore Dundurn Castle, Whitehern Historic House and Garden, and other Hamilton Civic Museums FREE with your Hamilton Public Library card. Each person over the age of five must have a physical or digital Hamilton Public Library card to gain free entry. Learn more at www.hpl.ca/museum to plan your next visit.

Get Outdoors with Conservation Passes from HPL Get outdoors this Fall and start exploring with Hamilton Conservation Authority, Grand River Conservation Authority, and Niagara Peninsula NaturePlus passes. Borrow one or all with your HPL library card.

Hamilton Reads 2025 - Grand Finale This Fall Have you heard? Local author, Pasha Malla’s newest novel, *All You Can Kill*, is this year’s Hamilton Reads title choice. Borrow the book and then participate in branch programming before November’s Grand Finale (November 20).

Linkedin Learning and BrainFuse for Students and Job Seekers From online studying and tutoring services to job search resources and tools, visit Brainfuse and Linkedin Learning free with your HPL library card.

Online Resources at HPL

Read. Watch. Listen. Learn. From magazines to movies to music, access a variety of online resources for your entertainment on a budget (free with your HPL library card). Our virtual branch at hpl.ca is always open. Questions? Call 289.779.7588, email askus@hpl.ca, or chat with Staff at hpl.ca.

Discover the endless benefits that come with an HPL library card. Borrow more, free passes and entry to local museums, free PRESTO cards for kids, create in Makerspaces, and more.

LETTER FROM THE EDITOR

SUBMITTED BY NORTH END BREEZES EDITOR BRENDA DUKE

I don’t know about you but I’m busy trying to get all the summer projects wrapped up because we can feel fall in the air.

The Breezes has been busy too! Our local historian, Brian Roulston, has come up with a fascinating new idea! We’ll be adding a column written by him that is aimed at seniors and kids talking about every day science. Not quantum physics or nuclear fission. And yes, knowing Brian, there will be a little sprinkle of history. Please check out our new column “Prof. Rowr (pronounced Roar)”

You will notice in this edition that Welcome Inn is doing a “Wellness Walk” fundraiser on October 4, 2025. The Breezes is all about community and supporting local so we’ve decided to move the date for the North End of the Year Awards Presentation so more people can join the Welcome Inn Walkathon. We’ll announce the new date for the Awards Presentation once we’ve confirmed the details.

I’m reminded by Sheri Selway, our volunteer distribution lead, of the value our volunteers bring to the Breezes. Please check her article in this edition and accept our sincere thanks. If you’d like to join in for a few hours, there are lots of opportunities.

We’re excited to add Kelly Noseworthy to our Board of Directors in a Marketing and Promotions Role. Kelly brings a wealth of expertise to our team. Stay tuned for her Bio on our website www.northendbreezes.com

There’s still a need for a secretary and a treasurer if you

want to join our Board of Directors, It’s not a huge time commitment; one meeting per month for two hours. The Board is looking at restructuring and firming up policies and procedures so perhaps your work or life experience would be an asset. It’s a great way to help out in a different way. Please send a resume outlining your skills to office@northendbreezes.com

As always, reach out to me by email or by phone at 289-933-4810 if you have any questions.

Or contact us at:

office@northendbreezes.com

articles@northendbreezes.com to submit an article

ads.northendbreezes@gmail.com to talk advertising

Visit our website for all the news on line:

www.northendbreezes.com



Find Out What is Happening in Your Community

with the
North End
Neighbourhood
Association

MEETINGS EVERY MONTH

We meet the first Wednesday each month at 7pm. Meetings are currently on zoom.

Everyone is Welcome!

This is the place to meet your neighbours and hear about what’s happening in the North End.

Follow us on Facebook and Twitter
www.facebook.com/NorthEndNeighbours
www.twitter.com/nenhamilton

Check out our website and sign up for our e-newsletter at
www.northendneighbourhoodassociation.com

NORTH END BREEZES TEAM

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses in print and reaches across the City on-line. Contact us at 289- 933-4810, by email at office@northendbreezes.com, on our website: www.northendbreezes.com, or visit our socials @northendbreezes.

BOARD OF DIRECTORS

- Maureen Scally, Interim Treasurer
- Chris Pearson, Community Connector
- Mark Mackesy, Board of Governance Officer
- Julie Maue

PUBLICATION TEAM

- Brenda Duke, Editor
- Kit Darling, Editorial Assistant
- Katie Fitzgerald, Layout and Design
- Marie Mushing, Website Design
- Cat McKay, Marketing & Socials

Circulation & Distribution: The Board, Sheri Selway, Chrissy Chrzan and Maureen Snowball along with a dedicated team of volunteers.

When submitting an article for the Breezes we also like to share the content on our social channels. Please include as many pictures as possible and a couple lines of copy we can use for Facebook, Instagram and Twitter posts. The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out.

Articles may be edited for length, tone, clarity and are subject to publication based on available space.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION

The North End Breezes is a not-for-profit team of volunteers who produce a monthly newspaper and online publications to promote connectivity, share community news and encourage mutual support by engaging our North End neighbourhood community.

NORTH END BREEZES VISION

The North End Breezes is a vital resource in the North End that promotes harmony, pride and collective community action in a diverse and ever-changing neighbourhood. For over 50 years we’ve been a resource for the community and rely on our volunteers to keep the information flowing for years to come.

Help us grow your Breezes. Please email your thoughts to office@northendbreezes.com or call 289- 933-4810.

Website: www.northendbreezes.com | Visit our socials @northendbreezes

**CONTINUED FROM
FRONT PAGE
WALKABOUT AT
PARK'N'PARTY**

SUBMITTED BY KEN HIRTER

- HOPA Ports
- LiUNA! Feel the Power 837.
- Thanks also to the Community Partners :**
- Bennetto Recreation Division
- Cancer Assistance Program
- Eva Rothwell Centre
- Hamilton Bike Share/Everyone Rides
- Hamilton Community Legal Clinic
- HPHS Health & Safe Communities, Vaccine - Ambassador/Newcomers Program
- Indwell
- Jamesville Bennetto Childcare Centre
- Mishka Social Services
- Neighbour 2 Neighbour
- North End Breezes
- Pathways to Education
- Positive Health Network
- Shalem Mental Health Network
- Somali Hamilton
- Welcome Inn Community Centre
- Xperience Annex (City of Hamilton)
- Youth Outreach Workers Hamilton (YOW)

Please note that Compass Community Health Centre their groups and programs were also present, along with the wonderful staff of volunteers from Compass who were all there wearing their blue t-shirts.

Thanks as well to the folks who donated the door prizes this year.

- CNE
- Dundas Little Theatre
- Dundas School of Art
- Farm Boy
- Flying Squirrel
- Forge FC
- Hamilton Theatre Inc
- Mandarin

- Marble slab creamery
- Marilyn Neufeld and the Strategic Choice Team
- McMaster University
- Pinch (Bakery & Plant Shop)
- Play with Clay (Hamilton Pottery Studio)
- Terra
- Triple C Farms
- The Bard and Bear Game Cafe
- The Guilo
- The Hamilton Tiger Cats Football
- The Move Room
- The Westdale 90

As I did my walkabout I had the pleasure of visiting with a few of the Community partners and with the people. I asked the question, what does Community mean to you?

“Community means to support and to rely on each other for Healthy & Safe Communities.”

Samantha Kollee (Bennetto After School Program)

“Sense of Pride for the areas where you live and help your neighbor.”

Adrian Benedetti (HamOnt Youth)

“Community is a sense of belonging and the connection from the same area where you live.”

Ligaya Stinellis (HamOnt Youth)

“Community means friends, joy, life and support here in the North End and throughout Hamilton. I love attending Park N Party and the wonderful people here at Compass Community Health Centre.”

Linda Kraan (client Compass)

“Less stress and not stressing over anything, especially here at Compass with their wonderful programs.”

Miss P (client Compass)

It was another wonderful & delightful PARK 'N' PARTY for 2025 thanks Compass. Fun was had by all who came out to celebrate community spirit, while continuing to enjoy the beautiful summer season as well.



HOW DOES YOUR TV PAINT A PICTURE?



**SUBMITTED BY PROF. ROWR,
AKA BRIAN ROULSTON**

Imagine yourself sitting in front of your TV watching your favourite program with a bowl of popcorn. Have you ever wondered how the amazing colors and images you see on your television screen get there? It's easy to just think of it as hocus pocus, but the truth is, it's all about tiny pieces of science working together.

Think of your television screen as a giant canvas, but instead of paint, it's covered in millions of tiny lights. Each one of those lights is called a pixel, and it's the smallest point of light on your screen. When you see a high-definition picture, you're looking at millions and millions of these pixels all working together.

But how do these tiny lights create every color in the rainbow? The secret is that each pixel isn't just one light; it's made of three even smaller lights called sub-pixels. These three sub-pixels work as a team, and their colors are always the same: red, green, and blue. You might remember from art class that mixing red, blue, and yellow paint can make other colors. But when it comes to light, the rules are very different. Mixing red, green, and blue light is called "additive color." When you mix them all together at full brightness, you get bright white light.

This is the magic behind your TV! To make a bright yellow flower, your TV has a tiny computer built into it which turns on the red and green sub-pixels inside the pixel but leaves the blue one off.

To make a rich purple sunset, the red and blue lights turn on while the green one stays off. This tiny computer inside your TV can also change the brightness of each of these tiny lights, so it can create thousands of different colors and shades.

When you go to the store to buy a new tv you are inundated with terms like SD, HD, UHD or 4K. Those terms are about the number of tiny pixels, those tiny dots of light that are painting the picture on your screen. The more pixels you have, the sharper and more detailed the image looks. Standard Definition (SD) is like an older painting with only a few dots; it has around 720 x 480 pixels, which is why it can look a bit blurry.

Standard Definition television first appeared in the early 1940s and for many years, through the 1940s to the 1960s, these were mostly black-and-white TVs. You can ask your grandparents, and many of our senior readers will remember these black and white televisions. Televisions were much simpler in those days, and their pixels could only show different shades of gray, from the brightest white to the deepest black. Color TVs started to become popular in the 1960s and early 1970s, they were still Standard Definition. This type of Standard Definition TV, whether black-and-white or color, was the main kind of television people watched until the mid-1990s, before newer, clearer TVs started to become available.

The very first experimental television broadcast in Canadian history began in 1932 in Montreal, Quebec, under the call sign VE9EC. However, regular, official television broadcasting in Canada by the CBC in both French and English began with the sign-on of the nation's first television stations in Montreal and Toronto in 1952. 'Aladdin and his Lamp,' featuring Patricia Medina and John Sands, was aired on CBC TV in Montreal on September 6, 1952. Just to clarify, this was not a Walt Disney

movie but rather a 1952 film produced by Monogram Productions, Inc.

The world of television really changed with High Definition (HD), which has two million pixels, making it a huge leap in clarity. This is the standard now for most modern televisions today. The first High-Def broadcast in Canada took place on November 22, 2003, when CBC Sports broadcast the Heritage Classic, an outdoor NHL game, nationwide. The Montreal Canadiens won that game, defeating the Edmonton Oilers by a score of 4-3, in this landmark event held at Commonwealth Stadium.

Now, for the newest televisions, we have Ultra High Definition (UHD), or 4K. A 4K TV packs in a whopping eight million pixels—that's four times as many as an HD TV! This creates an incredibly sharp and realistic picture, especially on a large screen. The Sports Network (TSN) is credited with broadcasting the first live 4K Ultra HD game in Canada and North America on January 20, 2016, when they aired a basketball game between the Toronto Raptors and the Boston Celtics, with Toronto defeating Boston 115 to 109.

The next step is 8K, which is the future of television. An 8K TV has a staggering 33 million pixels, this technology is still very new. The difference between 4K and 8K can be hard to spot for most people unless the screen is huge and you're sitting really close. It shows us how far television technology has come.

It might surprise you to know that 16K televisions already exist! Numerous manufacturers worldwide have produced these displays, featuring impressive screen sizes of 110 inches or larger.

ROWR! That's The Science Behind It!

(ROWR is pronounced ROAR! A nod to the Hamilton Ti Cats. Ed)



80 YEARS SINCE HIROSHIMA AND NAGASAKI

SUBMITTED BY SHERI SELWAY

The Remembrance of the Atomic Bombs dropped on Hiroshima and Nagasaki on 2 days in August 1945 was honoured on August 7 on James Street from Murray to Cannon. Bryce

Kanbara, of YouMe Gallery on James North, again organized this solemn commemoration of those who lost their lives and the horror of nuclear war and the continuing peril of nuclear warfare. Thanks to Bryce, this event has taken place for many years. Community members gather and lay down on the sidewalk and others trace their body outlines.

The bombs killed between

150,000 and 246,000 people. Many were killed the day of the bombing, and other victims died of radiation exposure and burns. Others suffered injuries and acute radiation syndrome (ARS).

In 2016, I visited the Hiroshima Peace Memorial Park in Hiroshima, Japan, something that I will never forget. The park does not just commemorate the event and memorialize the victims but uses the memory to advocate for world peace. Every year there is a ceremony to honour the

victims and to pray for lasting world peace. One minute of silence is held at 8:15 am, the time of the bombing.

Thanks to Bryce Kanbara for organizing this annual event, and all the community members who participated. Let there be Peace on Earth.

Photos courtesy of Annerie van Gernerden



Bennetto Community Centre
450 Hughson St. N.
905-546-4944

For real time program info:
hamilton.ca/gym



Bennetto Community Centre
450 Hughson St. N
(905) 546-4944



hamilton.ca/recreation

Aquatics - Fall Registered Programs

Starting week of October 06, 2025

*Prices may vary for non-residents

MONDAY				
Program	Time	Ages	Code	Fee
Swimmer 3	5:00-5:45pm	6-12yrs	28742	\$87.39
Swimmer 1	5:00-5:30pm	6-12yrs	28730	\$79.20
Splash 1/2/3	5:00-5:30pm	3-5yrs	28713	\$79.20
Swimmer 2	5:30-6:00pm	6-12yrs	28735	\$79.20
Splash 1/2/3	5:30-6:00pm	3-5yrs	28714	\$79.20
Parent and Tot 1/2/3	5:45-6:15pm	4m-3yrs	28680	\$70.38
Splash 1/2/3	6:00-6:30pm	3-5yrs	28712	\$79.20
Hamilton Lifesaving Club	6:00-7:00pm	12-15yrs	28695	\$87.39
Swimmer 1	6:15-6:45pm	6-12yrs	28728	\$79.20
Swimmer 2	6:30-7:00pm	6-12yrs	28736	\$79.20
TUESDAY				
Program	Time	Ages	Code	Fee
Swimmer 4	6:00-6:45pm	6-12yrs	28744	\$87.39
Splash 4/5/6	6:00-6:30pm	3-5yrs	28720	\$79.20
Private Swim Lesson	6:00-6:30pm	3yrs +	28697	\$325.35
Private Swim Lesson	6:30-7:00pm	3yrs +	28699	\$325.35
Private Swim Lesson	6:30-7:00pm	3yrs +	28704	\$325.35
WEDNESDAY				
Program	Time	Ages	Code	Fee
Splash 1/2/3	5:00-5:30pm	3-5yrs	28715	\$79.20
Swimmer 1	5:00-5:30pm	6-12yrs	28731	\$79.20
Swimmer 2	5:30-6:00pm	6-12yrs	28738	\$79.20
Splash 1/2/3	5:30-6:00pm	3-5yrs	28716	\$79.20
Bronze Medallion	5:30-8:15pm	13yrs +	29409	\$151.76
Adult 1/2/3 Swim Lesson	6:00-6:45pm	12yrs +	28688	\$69.93-87.39
Swimmer 7/8/9	6:45-7:45pm	6-13yrs	28696	\$87.39
Private Swim Lesson	6:45-7:15pm	3yrs +	28706	\$325.35
Private Swim Lesson	7:15-7:45pm	3yrs +	28707	\$325.35
Private Swim Lesson	7:45-8:15pm	3yrs +	28708	\$325.35
Private Swim Lesson	7:45-8:15pm	3yrs +	28709	\$325.35
THURSDAY				
Program	Time	Ages	Code	Fee
Private Swim Lesson	5:00-5:30pm	3yrs +	28710	\$325.35
Splash 4/5/6	5:00-5:30pm	3-5yrs	28721	\$79.20
Splash 1/2/3	5:30-6:00pm	3-5yrs	28717	\$79.20
Swimmer 3/4	5:30-6:15pm	6-12yrs	28752	\$87.39
Bronze Cross	5:30-8:15pm	13yrs +	29416	\$128.70
Splash 1/2/3	6:00-6:30pm	3-5yrs	28718	\$79.20
Swimmer 5/6	6:15-7:00pm	6-12yrs	28747	\$87.39
Splash 4/5/6	6:30-7:00pm	3-5yrs	28722	\$79.20
SATURDAY				
Program	Time	Ages	Code	Fee
Swimabilities Beginner/Intermediate	9:00-10:00am	3-17yrs	28689	\$75.06
Swimabilities Intermediate/Advanced	10:00-11:00am	3-17yrs	28691	\$75.06
Swimabilities Adult	10:00-10:45am	18yrs+	28694	\$75.06
Parent and Tot 1/2/3	11:00-11:30am	4m-3yrs	28684	\$70.38
Private Swim Lesson	11:30-12:00pm	3yrs +	28711	\$325.35
Swimmer 1	11:00-11:30am	6-12yrs	28733	\$79.20
Swimmer 2	11:30-12:00pm	6-12yrs	28740	\$79.20
Splash 1/2/3	11:00-11:30am	3-5yrs	28719	\$79.20
Splash 4/5/6	11:30-12:00pm	3-5yrs	28723	\$79.20

NOTES: Centre will be Closed October 13, 2025 (Thanksgiving)
Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

SWIMMING SCHEDULE -- FALL 2025 -- September 2, 2025 -- December 21, 2025							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 18+	10:00-11:15am	10:30-11:30am*	10:30-11:30am	10:30-11:30am*	10:00-11:15am*	1:30-2:30pm	
Open Swim	7:15-8:45pm*	8:00-9:00pm		7:15-8:45pm*		2:30-3:30pm	
Open Swim FREE					6:45-8:15pm		
Open Swim (Family)		9:30-10:30am* 5:00-6:00pm		9:30-10:30am*	5:00-6:30pm		
Water Fit	11:15-12:00pm	7:15-8:00pm	9:45-10:30am		11:15-12:00pm		
Length Swim	12:15-1:30pm 7:15-8:45pm*	9:30-11:30am* 11:45-1:00pm	11:45-1:00pm 8:30-9:30pm	9:30-11:30am* 11:45-1:00pm 7:15-8:45pm*	10:00-11:00am* 12:15-1:30pm	12:15-1:15pm	

NOTES: Centre will be Closed October 13, 2025 (Thanksgiving)

For information on swim admission criteria and supervision requirements:
<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>

Gym & Club - Fall Registered Programs

Starting week of October 06, 2025

*Prices may vary for non-residents

MONDAY				
Program	Time	Ages	Barcode	Fee
Volleyball	5:00pm - 6:00pm	9-12 yrs	28915	\$43.47
Anime	5:30pm - 6:30pm	9-12 yrs	28970	\$43.47
Volleyball	6:30pm - 7:00pm	12-17 yrs	28931	\$45.47
Yoga Mats	6:00pm - 7:00pm	18+	28942	\$83.40-84.84
Cartooning	6:45pm - 7:45pm	9-12 yrs	28973	\$43.47
Pilates	7:15pm - 8:15pm	16+	28946	\$83.40-84.84
TUESDAY				
Program	Time	Ages	Barcode	Fee
Sports Blast Fundamentals	5:00pm - 5:30pm	3-5 yrs	28916	\$28.98
Flag Football	5:45pm - 6:30pm	6-8 yrs	28918	\$32.58
Recreational Basketball	6:45pm - 7:30pm	6-8 yrs	28984	\$32.58
Recreational Basketball	7:30pm - 8:30pm	9-12 yrs	28990	\$43.47
WEDNESDAY				
Program	Time	Ages	Barcode	Fee
Tumble Playgroup (with parent)	10:00am - 11:30am	1-2 yrs	29667	\$13.83
Tumble Playgroup (with parent)	4:30pm - 6:00pm	1-2 yrs	29674	\$13.83
Tumbling Fundamentals	6:15pm - 7:15pm	3-8 yrs	29668	\$87.86
THURSDAY				
Program	Time	Ages	Barcode	Fee
Exploring Art	5:15pm - 5:45pm	3-5 yrs	29725	\$28.98
Crafts	6:00pm - 6:45pm	6-8 yrs	29729	\$32.58
Sports Blast Fundamentals	6:00pm - 6:30pm	3-5 yrs	29722	\$28.98
SATURDAY				
Program	Time	Ages	Barcode	Fee
Pilates	9:00am - 10:00am	16+	29755	\$83.40-84.84
Tumbling Fundamentals (with parent)	9:00am - 10:00am	1.5-2yrs	29708	\$42.39
Tumbling Fundamentals	10:15am - 11:15am	3-8 yrs	29698	\$87.86
Exploring Science	11:00am - 11:30am	3-8 yrs	29741	\$28.98
Soccer	11:30am - 12:15pm	6-8 yrs	29736	\$32.58
Anime	11:45am - 12:45pm	9-12 yrs	29746	\$43.47

Registration Information

Registration Date: September 17, 2025 at 8:00am
Ways to Register:
Online - hamilton.ca/recreation
Be sure to obtain your USERNAME and PASSWORD prior to registration day. Go to hamilton.ca/recreation or in-person at your local recreation centre

If you require this information in an accessible format, please contact accessiblerec@hamilton.ca





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- Community Builders
- Heritage
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www.hamilton.ca/PrenatalGroups



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Thank You Volunteers!



Thanks to ALL the volunteers who deliver the North End Breezes door to door. The MANY volunteers, from delivery, Board members, editors, social media, and publishing keep the Breezes blowing. The Breezes can also be found in local shops, and businesses in the North End and often in the Little Free Libraries. A HUGE thank you to all!

COUNCILLOR'S UPDATE

SUBMITTED BY WARD 2 COUNCILLOR,
CAMERON KROETSCH



I hope everyone in the North End had a good summer. I saw many of you out this summer during my walks and bike rides through the neighbourhood, at softball

games at Eastwood Park, and events and celebrations around the downtown core.

As we approach the fall, it's time again to think about the City's budget process, which will begin in earnest later this month. For those who have been following the budget during this term of Council, you likely know the Province has granted new powers to the Mayor, which means she now proposes Council's budget. Once the budget has been released, I'll be reviewing it closely and will keep everyone posted about the amendments I'll be putting forward to make improvements for Ward 2 residents. I've consistently introduced the largest line by line reductions to the budget in this term of Council and motions to improve our downtown and I'll continue to do my part. I'll also be hosting another Budget Town Hall, as I did last year, in November. I'll share an update with the timing and location in a future issue of the Breezes.

If you've been out downtown at all this summer, you'll likely have noticed the City's sidewalk repair program in full swing. There are two programs running concurrently through the summer and fall.

The first is the annual sidewalk program I've been funding during this term of Council from Ward 2 reserves. This year, as in previous years, I'll be funding major sidewalk repairs in every Ward 2 neighbourhood so we can catch up on the backlog. It's an affordable way, within my reach, to help to address the \$5.4 billion infrastructure backlog left to us by previous terms of Council.

The second is work by the City to address improvements to make our sidewalks more accessible under the Accessibility for Ontarians with Disabilities Act, which states certain City infra-



structure must be up to code by the end of the year. This includes addressing how sidewalks connect to intersections (sloping at curb cuts) and installing urban braille.

I'm not just addressing sidewalks. I've used the bulk of the Ward 2 reserve funds available during this term of Council to begin to tackle street safety issues across the downtown. I put forward several motions to the Public Works Committee in July to kick start this work. As a result, the following infrastructure in and around the North End will be installed in 2025 and 2026:

- An upgraded pedestrian crossing with lights at James Street North and Wood Street to make it safer to cross
- A signalized intersection at the West Harbour GO Station across James Street North to help commuters more safely access transit
- A pedestrian crossing at Guise Street West and MacNab Street North to make a safer connection to the Waterfront Trail
- A traffic signal at Wellington Street North and Ferrie Street East to help residents from Ward 3 get to Bennetto Elementary School safely
- A pedestrian crossing at Stuart Street and Hess Street North to connect sidewalks in the area so residents can cross safely
- Speed cushion installations on Fergu-

son Avenue North, John Street North, and MacNab Street North

The City is also in the process of completing something called an In Service Road Safety Review of the entire length of Bay Street. As part of this process, City staff will analyze the traffic conditions along Bay Street and propose changes to improve safety. It is due to be completed later this year and when I have the results, including any safety improvements, I'll let everyone know what will be planned along Bay Street North.

As a last update from me, the City and I are working on the next phases of consultation and development for Eastwood Arena and Park and Strachan Linear Park. You'll have noticed some changes to both spaces recently to respond to early consultation with North Enders, but there's more planned and I'm hoping we can continue the conversation later this year or early next year. The temporary closure of Eastwood Arena delayed things, unfortunately, but we're back on track now.

As always, the Ward 2 Team and I are available if you have feedback to share, a concern to raise, or a question to ask. Please send an email to the Ward 2 Team at Ward2@hamilton.ca or call us at (905) 546-2197 if that's easier for you.

Cameron Kroetsch



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