



SEPTEMBER 2022 | VOLUME 8 | OFFICE@NORTHEMDBREEZES.COM | WWW.NORTHEMDBREEZES.COM | FOLLOW THE NORTH END BREEZES ON INSTAGRAM @NORTHEMDBREEZES

## COMPASS THANKS THE NORTH END FOR PARK 'N' PARTY SUCCESS



On behalf of everyone at Compass Community Health, we want to convey our gratitude to all of the donors, sponsors and community partners who supported our 23rd annual Park

n' Party last July. This event serves as an opportunity for our staff, clients and members of the community to enjoy a free barbeque meal together, along with plenty of door prizes and

entertainment. Attendees also had an opportunity to learn more about the community resources and supports that are available to them.

**CONTINUED ON PAGE 3**

## WALKABOUT: WELCOME INN FOOD BANK



SUBMITTED BY KEN HIRTER

This September finds me once again at the Welcome Inn Food Bank - first featured in March of 2019. It is where I sat down and spoke to the delightful and engaging Barb Brow a North Ender through and through and Food Bank Manager. Barb started as a volunteer with double duties with the New Horizons Thrift Store and the Food Bank since 2018. Barb has been Food Bank Manager starting in September of 2021.

I asked Barb that since my last visit in 2019 that the usage of the Food Bank has increased in volume significantly in 2022. Barb says the reasons for the increase include Inflation and the rising cost of living including food and shelter.

**CONTINUED ON PAGE 12**

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**Find Out What is  
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Community**  
with the  
North End  
Neighbourhood Association

**MEETINGS EVERY MONTH**

We meet the first Wednesday each month at  
7pm. Meetings are currently on zoom.

**Everyone is Welcome!**

This is the place to meet your  
neighbours and hear about what's  
happening in the North End.

Follow us on Facebook and Twitter  
[www.facebook.com/NorthEndNeighbours](https://www.facebook.com/NorthEndNeighbours)  
[www.twitter.com/nenhamilton](https://www.twitter.com/nenhamilton)

Check out our website and  
sign up for our e-newsletter at  
[www.northendneighbourhoodassociation.com](https://www.northendneighbourhoodassociation.com)



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**Where?**  
Compass CH – 438 Hughson Street North

For more information contact:  
Cory at: (905)-523-6611 Ext.3047



**HOPA**  
P O R T S

**PORT  
UPDATE**

**TIME FOR SOMETHING NEW AT BURLINGTON & SHERMAN**

Have you noticed something new at the corner of Burlington St. and Sherman Ave.? Next time you are in the area, be sure to have a look at the newly-refurbished clock, serving as a landmark and welcome gateway to the Port of Hamilton. HOPA takes pride in maintaining and celebrating the history of our port city, especially where the edge of the port meets residential neighborhoods.

This gateway feature will complement the Sherman Ave component of the port authority's Westport Modernization Project which began in 2018. The Westport project has included storm water/sewer upgrades, lighting and resurfacing along the corridor, and landscaping and new trees added along either side of the street. International Harvester (an agriculture equip-

ment manufacturer, trucks and tractors) started in 1902/Hamilton. IH's original 'spinning cube' sign was in place from the 1950s to the early 1980s. IH's tractor business was bought by JI Case in 1985, which saw the first version of the three-faced sign/clock created. That company was in operation in Hamilton until the late 90s. In the early/mid 2000s, the former Hamilton Port Authority altered the clock with the time stamped by ship wheels, in keeping with a maritime theme. The new upgrades included new metal work and mechanics, as well as a new 'Welcome to the Port of Hamilton' message. We hope the new landmark will help welcome visitors to Ontario's largest port for many years to come.



# CLEANING UP THE HARBOUR: WHO'S TO BLAME?

SUBMITTED BY ROBYN GILLAM

Over the summer, crowds of Canada Geese can be seen lounging around Pier 4 and the adjoining yacht clubs. Massing on the central lawn, frolicking on the beach or just hanging out on the docks, they look mighty relaxed. But mention their part in polluting the park and the current algae blooms and they turn downright nasty.

“You can talk,” a particularly gnarly gander hissed, as he goose-stepped menacingly towards me, “you humans drop all this trash in the park and in the water and you blame us!” I wasn’t going to take this lying down. “Look,” I said, you all poop in the water and all over the paths. It’s much worse than a few drink cups and food wrappers.” “A few drink cups and food wrappers, my tail feathers!” he honked, “Every other week, when it rains, the bay gets inundated with vast amounts of human poop...and don’t get me started on Cootes Paradise.”

I must concede that my feathered friend had a point. Let’s consider the facts. First, there are two types of Canada Geese—migratory and resident— but adults of both types are grounded for several weeks in the summer as they moult. They need to be near large bodies of water for safety while unable to fly and also happen to be one of a very few bird species that can eat grass. There used to be many more migratory geese than resident ones, but this has changed, due largely to human-induced impacts on the environment.

In the 19th and early 20th centuries, hunting drove Canada Goose numbers right down, but conservation measures and the popularity of lawns created a more hospitable environment. Then temperatures began to rise, with Hamilton 1.6 degrees Celsius warmer in 2006 than in 1946. Protected from hunting and provided with lots of fresh grass as well as a warmer climate,



geese preferred to stay than risk the hazards of migration.

However, there are aspects of this changing picture that have nothing to do with Canada Geese. Increased global warming results in more intense weather, and especially higher rainfall. Apart from obvious effects like erosion, repeated torrential downpours have frequently overwhelmed downtown Hamilton’s combined stormwater and sewer system. Although overflows are supposedly safeguarded by Combined Sewer Overflow tanks (CSOs), like that under Eastwood Park, the system is unable to deal with the increase, spilling 24 billion litres of sewage into the harbour in 2020. The city recently announced a plan to replace this outmoded system, but it will take over 20 years.

While goose waste undoubtedly factors into unsafe swimming conditions at Pier 4, it is only part of a much larger picture. Measures

to control the geese, like planting grass they won’t eat, scaring them away or oiling their eggs have short-term effects, but mostly appear to be like water off a goose’s back.

More people moving into the Hamilton area have put pressure on all existing infrastructure and have resulted in higher demand for waterfront parks. The warmer weather makes this area more attractive to both humans and water birds, but also leads to more algae blooms.

Realistically humans have to share this space. You can enjoy the company of geese and other water birds by keeping a respectful distance, not feeding them and properly disposing of food waste. And if you feel like they are intruding, remember that they were here long before us.

For further information, see Al-laboutbirds.org; Hamiltonharbour.ca and articles in the Hamilton Spectator.

CONTINUED FROM FRONT PAGE

## COMPASS THANKS THE NORTH END FOR PARK ‘N’ PARTY SUCCESS

The event truly wouldn’t have been possible without the generous support, contributions and participation of everyone listed below. Thank you!

### Sponsors:

Bronze: Blue Line Taxi, The Designers Printing, JNE Consulting, Marchese Pharmacy

Gold: Hamilton Oshawa Port Authority

Platinum: Black and McDonald

**Prize Donors:** • Art Gallery of Hamilton • Art Gallery of Ontario • Cake & Loaf • Centre 3 • Charred • Citizen Kid • The CNE • Collective Arts Brewery • Giant Tiger • The Hamilton Honey Badgers • Hamilton Waterfront Trust • HMCS Haida • Marilyn Neufeld • Medline • Niagara Parks • Nickel Brook Brewing • Southern Pines Golf and Country Club • Splitsville Entertainment • The Keg Food: • Fiddes Wholesale Produce • Fortinos • Lococo’s • Longos • Mercury Wholesale

**Performer:** Kristen Prince

**Community Partners:** • Hamilton-Halton Boys and Girls Club • The City of Hamilton • City School by Mohawk • Embolden • Good Shepherd • Green Venture • Hamilton Public Library • Living Rock • Mission Services • New Hope Community Bikes • The North End Breezes • Screen for Life • Welcome Inn



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# REMINISCENCES: HER MAJESTY’S ARMY AND NAVY

SUBMITTED BY BEV HILL

One day I was sitting in Gore Park and two women and a man sat beside me. One of the ladies looked at me and asked if I was Bev or Bubbles that she had met a couple of years ago. I acknowledged that and she recounted meeting when we were both looking for a place to go dancing. I took her to Her Majesty’s Army and Navy Club where we had a great time. Diane Lodge, her sister Maggie and their friends Wayne and Les, joined us later. When I told them that the Club had closed because of the pandemic and members illness, they were sad thinking back on the good memories.

I sat there after they left remembering all of the things that Her Majesty’s Army and Navy would organize. My father was a veteran and I was proud to sell poppies every year to support them. Many of the malls and businesses in the North End and Jackson Square were very supportive. In the spring, we would take a bus trip to London Ontario to bring food donations to the veterans, taking along a band to entertain them. Three times a year, they held a Turkey Roll, selling tickets to win a Ham, a Turkey or a bottle of liquor. There was always something to do.

There were annual Christmas parties with Santa and gifts, summer races for kids and adults and La Salle Park or Hidden Valley. And it was always fun!

Our club put on a lot of activities as

well; darts, cribbage and euchre. I couldn’t play euchre and I couldn’t play pool but I was okay at cribbage. On the weekends, they had bands; Mountain Dew, John Gallant and Lionel Bannard, good down East music and dancing! Monique from the Ladies Auxiliary made Fish and Chips, pancakes and sausage that everyone enjoyed. The ladies from the club held penny sales, put on dances -The 60’s, Halloween costume dances, New Year’s and even one where the men dressed as women.

My contribution to the club was to visit the sick in hospitals, attend funerals and speak about the member that had passed away. On my 50th birthday, Shirley Creighton held a surprise party for me. When I had a bad fall in 2006, Joan and Annie brought me food and groceries and visited me in the hospital for almost six weeks.

Each year, they elected a Men’s Executive and a Ladies President. Everyone worked hard to raise money for the club so they could do all of their good work. The “good old days” of caring for each other and the laughs we had are memories now; Her Majesty’s Army and Navy has closed but we remember the Veterans and what they stood for.

V- victorious E - brave as an eagle T - stand tall and be courageous A - an anchor for the wars N- notorious S – sincere.

We will not forget.

**The North End Breezes Board of Directors is looking for eager volunteers to bring new ideas and skills to the table!**

The Breezes is looking to put some new wind in our sails that will lead us forward. If you have skills in technology, event planning or fundraising, we can use those skills to grow our team. The North End Breezes relies on volunteers to bring the community news to you. We require minimal commitment of two hours per month. Contact us for details and to discuss how you can be part of the team! Email [office@northendbreezes.com](mailto:office@northendbreezes.com) to learn more.

**OUR CORNER**  
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**905-523-0584**  
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**Hamilton, ON**



**MATTHEW GREEN**

Member of Parliament  
Hamilton Centre



**Matthew Green, MP**  
Hamilton Centre

905-526-0770  
[matthew.green@parl.gc.ca](mailto:matthew.green@parl.gc.ca)





**Sunday Worship**  
**10:00 – 11:30AM**

**Children's Ministry**  
**Nursery to Grade 5**



**500 James St N, Hamilton**  
**Contact Phone: 905.527.3972**  
**Email: office@jamesnorth.church**  
**Office Hours: Mon to Fri 9AM - 4PM**  
**www.jamesnorth.church**

James North Baptist Church (formerly Hughson Street Baptist) has been a part of the North End for almost 135 years. We have been more than just a worship gathering on Sundays as we minister to as many people during the week as we do through our Sunday worship times. Under the leadership of Pastor Dwayne Cline, we believe the Lord has called us to a very simple philosophy of ministry – we seek to bless the North End of Hamilton in Jesus' name.

With the easing of Covid19 protocols we have returned to one worship gathering as we can set up to accommodate a full house. There is an area where seating will still have physical distancing in place for those who want to ease back into crowds a little more slowly. We'd be glad to welcome you any Sunday.

We believe the gospel changes everything. The good news of the gospel is that the death of Jesus Christ has paid the price for our sin, taking the penalty we deserve on Himself, saving us with certainty because of His resurrection. The gospel grants us purpose, hope and a new perspective on joy and fulfillment. Life may not always be easy, but our hope in Jesus Christ gives us strength for the journey. At James North we strive to continually offer the hope of Jesus to others through our ministries and programs.

Perhaps you haven't had a chance to visit us in our new building at the NE corner of James St N and Picton Ave. It still feels new, although we've been here since August 2021. We would be glad to welcome you any Sunday or you can check out our live-stream to watch from home. You could also come by on Fridays from 9-11am for Coffee's On where our Food Bank is open to help those who need a little boost.

Check our website for up-to-date information ([www.jamesnorth.church](http://www.jamesnorth.church))



## St. Lawrence the Martyr Parish

125 Picton Street E., Hamilton, Ontario  
905-529-3921  
[stlawrencehamilton@hamiltondiocese.com](mailto:stlawrencehamilton@hamiltondiocese.com)  
[www.stlawrencehamilton.ca](http://www.stlawrencehamilton.ca)  
In case of after hours emergency please call 365-888-1275

**Pastor: Rev. Peter Jurzyk**  
**Sunday Mass 11:00 a.m.**

### Weekday Mass Schedule:

~No Mass Monday~

Tuesday - Confession 6:30 p.m. Mass 7:00 p.m.(new)

Wednesday - Mass 12 noon (new)

Thursday - Confession and Adoration 6:00 p.m., Mass 7:00 p.m.

Friday - Mass 9:00 a.m.

Saturday-Confession 9:30 a.m., Mass 10:00 a.m.

*Please check our website for most up to date schedule*

### Sacraments of Marriage or Baptism:

Please contact the parish office to make an appointment to meet with Father Peter.

## Parish News

**Spring 50/50 draw** - Thank you to everyone who supported our 50/50 Draws and congratulations to our winner Wade Simms!

### Save the Dates!

This fall we are excited to be planning for some events that haven't happened in a while - so tentatively please save these dates:

November 4 - Nibbles and Bids  
December 2 - Turkey Roll

### Hall Rentals are available again!

The hall can seat approximately 150 people for a sit down dinner, and there is a full kitchen facility with commercial refrigerator and freezer, a bar area (with fridge) and a P.A. System. We welcome: **Wedding Receptions, Birthdays, Anniversary Celebrations, Retirement Parties, Bowling Banquets, Funeral Receptions**

Please keep an eye on the bulletin or our parish website for further updates.  
[www.stlawrencehamilton.ca](http://www.stlawrencehamilton.ca)



### The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses in print and on-line. Contact us at 905-523-6611 x.3004, by email at [office@northendbreezes.com](mailto:office@northendbreezes.com) or on our website: [www.northendbreezes.com](http://www.northendbreezes.com)

**Published by:** North End Breezes  
**Board of Directors:** Kristina Santone, Chrissy Chrzan, Chris Pearson and Elizabeth Poynter

**Chair:** Elizabeth Poynter

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**Co-Ordinator:** Brenda Duke

**Editorial Assistant:** Kit Darling

**Layout + Design:** Katie Fitzgerald

**Social Media:** Chrissy Chrzan

**Web Site Development:** Marie Mushing

**Circulation & Distribution:** The Board, Sheri Selway, Steve Osborne and Chrissy Chrzan along with a dedicated team of volunteers.

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

### NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

### NORTH END BREEZES VISION:

The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood. The North End Breezes is an independent, non-profit, volunteer publication. Our mandate is to provide information to the community, support our local services and be a voice in matters that affect the North End.

*Help us grow your Breezes. We are looking for ideas, submissions, and advertisers. Please email your thoughts to [office@northendbreezes.com](mailto:office@northendbreezes.com) or call 289-933-4810. Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thank you*

# MEET THE 2022 CANDIDATES: MAYOR, WARD 2 COUNCILLOR AND SCHOOL TRUSTEE

**Mayor** *(Not all candidates had web sites at the time of writing)*

**Keanin Loomis** | <https://voteloomis.ca>

**Ejaz Butt**

**Bob Bratina**

**Andrea Horwath** | <https://www.andrea4hamilton.ca>  
Hamilton has always been more than my hometown – it's been my source of passion and pride, my inspiration. I've spent my life working on behalf of Hamiltonians, whether that's been at the legal aid clinic in the east end, on city council, or at Queen's Park. Grays Road in Stoney Creek is the place where I grew up, McMaster is where I attended university, and downtown is where I raised my son. For me home is, and always has been, Hamilton. Hamiltonians are full of determination and grit. Our city is made up of people who care about one another, and who are dedicated to making our hometown a safe, healthy, and thriving place for all. In Hamilton, we don't stop working until the job is done. My commitment to you is to be a mayor for all Hamiltonians – no matter where you live or when you made our city home, no matter your political stripe, and no matter your circumstances. I love this city, and together I know that we will continue to make it a great place to live, to achieve, to raise a family and to grow old.

**Solomon Ikhuwu**

**Paul Fromm**

**Hermiz Ishaya**

**Councillor - Ward 2** *(Editor Note – we solicited profiles from each candidate but not all responded.)*

**Cameron Kroetsch**

I'm running for Ward 2 Councillor because I love Hamilton and care deeply about our downtown community. I live in Durand with my partner Derek and, until I began my campaign, I managed my family business. I have proudly served on boards like the Ham-

ilton Centre for Civic Inclusion, Pride Hamilton, The AIDS Network, and the Hamilton Literacy Council; I was Chair of the City's LGBTQ Advisory Committee; and I'm the Editor of the Downtown Sparrow. My platform priorities are focused on the environment, housing, safety in our neighbourhoods, better services, and sustainable growth. I intend to deliver on each of those priorities by engaging with you directly. The North End is changing fast and the people I've spoken with want a Councillor who communicates and follows through. I have a proven track record of not only showing up, but following up and communicating proactively. We can have a better Hamilton and I'm committed to getting us there. Every Hamiltonian deserves to be valued and respected by our City Council. I will be thoughtful about the decisions I make and transparent about how I make them. To learn more about me or join the campaign visit [www.CameronForWard2.ca](http://www.CameronForWard2.ca).

**Raquel Rakovac** | <https://raquelforward2.com>

Hamilton Is Home! Raquel's family lives and works in the Beasley Neighbourhood. She is the proud mom of 2 boys, Legend & Unitas (Pronounced UniteUs). Raquel is a Cathedral High School Alumni (Go Gaels!) and a Mohawk College Alumni. She has experience as an intern for Cable 14 On-Air Music Host, a small Business Owner x 3, Singer-Songwriter, Coach/Mentor, Fitness & Health Advocate and a former athlete. We need a balanced community for everyone. A community that supports housing solutions and development, that empowers, promotes and supports small businesses. One that is safe for our children, is inclusive and supportive. This will happen by working together and creating a culture of collaboration. I promise to collaborate to develop solutions for the well-being of the people and our City. I will be a team mate and a leader actively searching for a progressive, proactive solution to create change. Let's EMPOWER CHANGE TOGETHER!

**Jason Farr**

Hello Breezes' readers, as Ward 2 Councillor I welcome the chance to have our record put to the ultimate test on Election Day. The facts are that we have invested in a \$140 million waterfront transformation that includes acres of new North End parkland. Ongoing res-

idential street and trails infrastructure renewal is making your North End safer and more beautiful. Along with the new parks we are renewing Eastwood, Jackie Washington and open spaces along Strachan. We took on the enormous challenge of encampments with a focus on housing our homeless verses permitting our parks to become inhumane and unsafe campgrounds. Invested in affordable housing like the impressive 500 McNab restoration, James Baptist housing with assists and the Jamesville redevelopment that will account for approximately 160 units and bring a net gain of 69 new affordable units at a time we need them most. City Council will need experience and results driven leadership in order to maintain our momentum. With experienced leadership, we can move our City forward without further taxing your household budget. The Farr plan guarantees further residential street rehabilitation and a stronger focus on public safety featuring more front-line policing and keeping our parks and public places accessible for all. I hope that come election day you will contemplate our very real past, present and future accomplishments. Until next time Breeze's Readers! Experience. Results. Re-elect Jason Farr Ward 2 Councillor

**Robin McKee**

My name is Robin McKee and I'm running for the WARD 2 councillor in the October election. You might know me as the host of the historical walking tours of the Hamilton Cemetery, which I have been doing for over 20 years for FREE!! I believe that all Hamiltonians deserve to know their local history and you will learn that at my cemetery tours. During the pandemic, I wrote 3 books. Vol 1 and Vol 2 of "Gone but not Forgotten", the self-walking tours of the cemetery. The People's Choice Awards chose me for best author and best Tourist Attraction. I live on MacNab Street North. I'm your neighbour. I restored my home and had it designated under the Ontario Heritage Act! I bring experience to the council by volunteering for many city committees for the last 25 years. I know the issues, the staff, and the people involved. For WARD 2 my Platform is to Fix the Roads. I hope to implement an emergency pothole team to address this Citywide problem. To Improve Transit with new bus lines. I use the HSR every day. Increase Services. Did you know that there is a dental bus for low-income

people? How are you to get the services if you don't know they exist? Better communications and awareness. Affordable Housing. This problem of inflation, housing costs, and high rents are keeping a generation out of the dream of owning a home for your family. Homelessness is also an issue and Tiny Houses could be the answer. Accountability and Transparency are what I will bring to City Hall and the new Council. On October 24th please vote for change, vote for Robin McKee!

## Public School Trustee

**Sabreina Dahab** | <https://www.sabreindahab.com>

**Andrew Smyth**

Volunteering with the "Drop in the Bucket" program, I became a regular in Ward 2 parks, bucket and grabber in hand. I felt a sense of community cleaning up, fielding questions, and promoting engagement. Taking stock of my skill set: my work in healthcare business operations; political science degree and soon an MBA from McMaster's DeGroote School of Business, and most importantly, the life-changing experience of becoming a father, I sincerely believe I am the right candidate for this challenging and important role. The core commitment to student experience and families must be maintained. I also have a healthy appreciation for the responsibility of managing a \$625M annual budget; the importance of meeting the evolving needs of students and families to the best of the board's abilities; continuing to improve the diversity and inclusion initiatives; ensuring students and staff have the resources they need to bridge COVID-19 learning gaps; and advocating for students and families. I am excited for the opportunity to represent the North End as part of the HWDSB and humbly ask for your support on election day. I invite residents to contact me through my website at [www.andrewward2.com](http://www.andrewward2.com) or to stop and talk.

## Catholic School Trustee

**Mark Valvasori**



# 2022 MUNICIPAL ELECTIONS

In 2018, the voter turnout in Ward 2 was 35.5% for Council. Only 6748 residents out of 19,008 registered voters cared to cast a ballot. Mayoral voting, across the whole city with a population of over 500,000 had 124,550 votes cast and turnout was 34.02%. Was it any better for the School Trustees? You know; those people responsible for your children's education? Not really. The voter turnout for Wards 1 and 2 Public School Trustee was 11064 out of 39,777 registered voters. There was only 1 contender for the Catholic school board. All that is as-

toundingly low. And what are some of the excuses we hear? "It won't make a difference." Not if you don't vote! "It's too far, I don't drive, I can't take the bus." Did you know that any of the candidate offices will help you find transportation? "I'm away/busy that day." Have you checked the dates for the advance polls?

Ask yourself now, are you satisfied with how the past four years turned out because you made your best choice. If you're not, was your reasoning or decision flawed? Perhaps; but you tried. If you didn't vote and don't like what how things turned out, then you have no right to complain. If this sounds like you are being chastised or asked to be accountable to yourself, your community and your city, you are! Hamilton has the potential to be even better, but

we need you to choose the people who will make that happen. Good people are passed by because you didn't take the time to check into what they might be able to accomplish or because you didn't vote. It does make a difference.

In Ward 2 we have 5 candidates for Ward Councillor. Remember that whoever wins will be representing you for the next four years. They are the person that you will need to advocate for you in your community to realize your goals. Ask yourself; what do I want to see? what are the issues that affect my neighbours and my neighbourhood? And ask them how they feel about those issues. If they don't support your goals, how much can you depend on them to improve and support your neighbourhood. Most importantly, listen to what they have to say, what they

believe to be important. Their vision for a better Hamilton may be something you haven't considered before.

And the Mayor! Which of the 7 candidates do you think has the overall expertise and capacity to lead our city through the next four years? To tackle the many issues? Prioritize those needs to make our city better. Is this candidate a consensus builder or a confrontationist?

Municipal elections in Ontario are held on the 4th Monday of October every four years. In 2022, Election Day is October 24th. There are also advance polls, October 7th, 8th, 14th and 15th. In order to ensure that you are on the voters list, you can check online at [voterlookup.ca](http://voterlookup.ca) or call 1-866-296-6722.




**BE RAIL SMART**

STOP. LOOK. LISTEN. LIVE.

Trains are always much closer than they appear. Look, listen and be ready to stop.

## RAIL SAFETY TIPS

### 1 • SPEED MISPERCEPTION

Because of their size, trains appear to be much farther away and travelling much slower than their actual speed. Don't be fooled!

### 2 • TRAINS CAN'T STOP QUICKLY

The average train needs at least 2 km to stop. Trains can stop, but they can't stop quickly!

### 3 • TRESPASSING

Taking a shortcut across the tracks or being on railway property is illegal, and trespassers can be seriously injured or killed.

### 4 • WEIGHT RATIO

An average freight train weighs over 5,500 tonnes. Compare that to a car, which weighs about 1.5 tonnes. A train hitting a car is like a car hitting a pop can.

### 5 • RAILWAY CARS

Stopped railway cars can move at any time. If you're on one or near one when it moves, you could lose a limb — or worse, your life.

### 6 • TUNNELS AND BRIDGES

Tunnels, bridges, and trestles are designed only for trains. Trespassers can be seriously injured or killed.

### 7 • OVERHANG

Trains can carry loads that are wider than the railroad cars themselves. They can have chains, straps or other equipment that may extend outside the car. If you are standing too close, you could get hit.

### 8 • ANY TIME IS TRAIN TIME

Trains do not always run on schedule. They can run at any time, on any track and come from either direction.

### 9 • CN POLICE NUMBER

Together we can help save lives! If you witness any unsafe situation near a railroad, please call **1-800-465-9239**.

### 10 • SAFETY PLEDGE

Act today. Take the pledge at [mysafetypledge.com](http://mysafetypledge.com).



#RAILSAFETY



*Tony T and Anne Marie would like to thank the North End Breezes for the honour of playing at your 50th Anniversary in July at Macassa Bay Yacht Club!*

*We are available to sing and play for many occasions, so please call us at 289-684-2669 to book!*

*Thank you so much to our personal photographer David Gruggen.*

*His studio is located at 326 James Street North. He can be reached at 905-522-1031 or 905-307-1669.*

*Here's to 50 more years, and we'll still keep singing those songs!*

# LINDA'S CHATTY CORNER

SUBMITTED BY LINDA BENSON

It was an absolutely gorgeous day when I went for my Pier 8 walk about. I met two beautiful people as I strolled along. First, meet Angela, a resident of the “mountain”. She is a former graduate of Mohawk College, where she studied finance. However, these days she is much more content running her online “vlog”. She loves coming down to the Hamilton Waterfront, and like me, she marvels at the rapid changes each time she visits. We sat close to the new sandy “beach”, where there is a lovely wooden seated area, for those who wish to bask in the sunshine, or simply relax for a while. Oh, what a grand view of the harbour. The tables that we sat at were designed so that a few people could enjoy either a game of chess or checkers (game pieces not included). We had a wonderful conversation under the orange umbrella. I always marvel at how these “strangers” enjoy telling me their life stories, and Angela was a delight to talk to.

After leaving Angela to bask in the sun, I met up with a “fisherman” although I believe he referred to himself as an “angler”. Paul was my new friend for the day. I learned so much about carp fishing. Oh my, who knew there was a Canadian Carp Society? Well, I didn’t, being neither an angler nor a fishing aficionado. Paul explained his fishing set up. Wow, so many lines on one rod!! And they all have their very own bell, a sort of warning alarm, for when something was hooked. I was fascinated; I contemplated becoming an angler, albeit just for the day. Paul had not caught anything that day, however, one week later, I bumped into him again and he told me he had hooked a big one, over 20 lbs. Oh yes, he is equipped to weigh the fish, before letting them swim free again. He also has a special drop sheet to put the carp on, so they do not dehydrate or become too agitated. He also uses special bait, made with oats and corn and other delectable ingre-

dients; delectable for the fish that is. Paul said he had gone to fish carp in England, for a week. Their licensing situation is much more stringent, (one week is equivalent to a year’s permit in Ontario) and there were designated places to fish. In Ontario, specifically around the Waterfront, he can carp fish just about anywhere with his permit. He enjoys the quiet and peace of Pier 8; however, he says there are many great places to fish, either around the Bayfront Park or closer to Williams café. On this day he sat patiently, listening to his online music/book, under his tent style umbrella. What a setup he has. Oh, and coincidentally, he is also living on the Hamilton Mountain. Thank you, Paul for educating me on carp fishing. I hope you go on to catch that big one, maybe the 30 lb. one (is that the elusive one??)

I hope that many NEB readers were able to attend the 50th anniversary celebration, held at the Hamilton Yacht club. It was a fabulous day, with lots of door prizes, 50/50 drawer (thank you to the winner for re donating it back to the NEB) and the BBQ. I met many of the volunteers of the NEB for the first time myself. It was a blast.

On a footnote, I went aboard the Haida last week; I highly recommend this if you have never done so. It cost less than \$4 for a senior and is free for children and youth up to 17. My friend brought her 9-year-old daughter who also thought it was fascinating. I heard later she went home and taunted her older brother about it. Her day would not have been complete without an ice-cream from Scoops. We all had a wonderful day.





## LIUNA STATION AND IMMIGRATION SQUARE

SUBMITTED BY DONNA REID, THEHAMONTSTORE@GMAIL.COM

Summertime....picking up the LIUNA Station car share gives me time to walk through Immigration Square and admire one of Hamilton’s National Historic sites, the former CN Railway Station. Never tire of the view” Facebook post August 2022

Situated on the East side of James Street North, at the corner of Murray Street East, is LIUNA Station. Opened in 2000, as an event and conference space, this building began life as the Canadian National Railway Station. It was the gateway to Hamilton for many families, from around the world, beginning new lives here.

Built during the Great Depression in 1929 to 1931, in the Beaux Arts archi-

tectural style, the station was at risk of demolition for many years. All rail service to the CN Station ended when GO Transit and VIA Rail stopped rail service in 1993.

The building was abandoned and mostly unused except for the occasional film shoot and tactical training (inside!) for police services.

The Labourer’s International Union of North America purchased and restored the building. LIUNA transformed the small parkette out front into Immigration Square. Along with a working fountain, and garden beds, statues and commemorative statues celebrate the history of the neighbouring community and this architectural landmark.



# Raquel Rakovac

## For Ward 2



EMPOWER  
CHANGE  
TOGETHER

VOTE OCTOBER 24

 [WWW.RAQUELFORWARD2.COM](http://WWW.RAQUELFORWARD2.COM)



# HAMILTON’S GREAT WESTERN RAILWAY MAINTENANCE FACILITY

SUBMITTED BY BRIAN ROULSTON

In the previous issue, we learned about Great Western Railway’s beginnings, accomplishments, and eventual demise. In this final installment, we’ll learn about GWR’s Hamilton Manufacturing and Repair Facility, practically a village unto itself, with over 520 young men from all around Hamilton and the world working together in the area of Dundurn Park between Inchbury and Hess streets. The yard was set back from the passenger terminal and routinely met the highest industry standards in North America. Skilled woodworkers, boilermakers, blacksmiths, and engineers were a few of the occupations employed here, and their abilities and knowledge were practically limitless. To prevent unintentional fires, workers were expected to clean every building of sawdust, cobwebs, and birds’ nests, as well as take any remaining pieces of wood outdoors at the end of each day. Only enough wood to start the fires the next morning was allowed to remain inside. Great Western also had its own fully equipped fire department with the most modern fire apparatus available at the time plus a security force that kept an eye on both the facility and the company’s lumber yard. The only thing constant about the Hamilton maintenance yard was that it was always changing, buildings were built and torn down, then

built again. Each shop or location across the complex was leased to the contractors of each department, and some of the shops were quite large for their time. The steam power and shafting required to run the power tools were provided by Great Western Railway.

In 1863, Great Western erected the first rolling mill in Ontario at the foot of Queen Street, employing 150 workers. This massive structure was 170’x100’ in size and ascended 70 feet to the apex. The heavy slate roof was supported by huge beams. The rolling mill was constructed to re-roll British rails that were not up to GWR standards and could not withstand our severe Canadian cold. Frost would shatter the rails like toothpicks, necessitating re-rolling. The rolling mills were powered by a giant 400-horsepower engine as well as two 20-horsepower units. Six boilers were employed, four of which were 30 feet long and 30 inches wide. For every 4,000 new rails, the engines used about 5,000 tons of coal. The mill’s saws were four feet in diameter and buzzed at 4000 rpm. The majority of light locomotive repairs were done at various locations throughout Great Western’s rail network, but the heavy lifting was done in Hamilton, Toronto, and Windsor, all of which had repair facilities similar to Hamilton’s. The rolling mill eventually came under American ownership by a group from Ohio eventually renamed Ontario Rolling Mill Company.

The Erecting Shop affectionately called the ‘Hospital for Sick Giants,’ is our next stop. It, too, was a large structure measuring 165’x125’. The building included a turntable with twelve tracks that ran the

full length of the shop, with each track capable of holding two full-size locomotive engines. Twenty-four engines could be built or repaired at the same time. Huge lathes and other pieces of machinery lined one side of the building and were used for boring out cylinders, turning driving wheels, and planing iron. Braemar Presses lined the opposite side of the building and were used to force wheels on or off the axles of the train. This shop also cleaned mineral deposits left behind by the locomotive’s operating water, which would accumulate in the train’s boilers over time. Brass work was completed upstairs while blacksmiths and foundry employees worked on parts and fittings that required a finer finish. Parts for newly manufactured or repaired locomotives were gathered and placed on the shop floor before assembly. GWR’s first five locomotives were coal-burning engines that took two years to construct.

Then to the Boiler Shop, a 134’x60’ structure that employed 40 men. The SCOTIA, a locomotive built in 1861, in Hamilton was the first Canadian locomotive with a steel boiler. This shop also built a large boiler for the steamship GREAT WESTERN FERRY, which ran up and down the Detroit River transporting both passengers and automobiles. This department also designed the iron girdles and trusses that were used to replace rotting timber train bridges.

The Great Western Railway’s repair facility included a 400-foot rail car shop where two freight, passenger or sleeper cars could be built for \$2,500 each, simultaneously. In 1858, the first car off the assembly line was a sleeper car, and the fare

for the sleeper car from Niagara Falls to Windsor would set you back 50¢.

Great Western also had its own woodworking facility, where high precision woodwork for the luxurious interiors of the passenger cars were produced. An adjacent tinsmith plant produced locomotive headlamps, water coolers, drinking cups, ventilators, and other tin-related items.

The locomotive plant had its own paint shop which painted anything that needed painting and a 400’ long auto shop for fixing and maintaining the company’s cars and trucks. The facility even had its own weigh scales that could calculate the total weight of a locomotive as well as the load carried by each steel wheel.

The Road House, which was built in the same manner as the erecting shop was used to do some light repairs and store the new or repaired engines until they were needed. It was a semi-circular structure with 12 tracks; each track had a giant door. Where locomotive service was required, the turntable could easily be positioned to every degree on a compass.

The repair yard even had a library with over 2000 titles in its collection in part funded from penalties paid by employees who broke company rules. For a one-dollar annual fee, all Great Western employees could access the library. Books could also be sent to railroad employees or their families at just about any station along the line for them to pick up or return.

After acquiring Great Western Railway in 1882, Grand Trunk kept the repair yards open for a few years before closing them permanently in 1888.

BENNETTO COMMUNITY CENTRE  
450 Hughson Street North  
905-546-4944 | [www.hamilton.ca](http://www.hamilton.ca)

# FALL into Bennetto this Autumn!

City of Hamilton Fall registered programs start on October 3, 2022.

Registration will open September 14th -- to register, visit:  
[www.hamilton.ca/recreation](http://www.hamilton.ca/recreation)

*Fall Drop-in Programs:*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Open Swims:</b> (18+) 10:00-11:00 am (Family) 5:00-6:00 pm (Open) 7:15-8:45 pm	<b>Open Swims:</b> (Parent & Tot) 9:30-10:30 AM (18+) 10:30-11:30 am (Open) 7:15-8:45 pm	<b>Open Swim:</b> (18+) 10:00-11:00 am	<b>Open Swims:</b> (Parent & Tot) 9:30-10:30 AM (18+) 10:30-11:30 am (Open) 7:15-8:45 pm	<b>Open Swims:</b> (18+) 10:00-11:00 am (Family) 5:00-6:30pm (Open - FREE) 6:45-8:15 pm	<b>Open Swims:</b> (18+) 1:30-2:30 pm (Open) 2:30-3:30 pm	CLOSED
<b>Open Gym:</b> (13-17 yrs) 7:00-8:30 pm	<b>Open Gym:</b> (Parent & Tot) 10:30-12:00pm	<b>Open Gym:</b> (13-17 yrs) 7:00-8:30 pm	<b>Open Gym:</b> (Parent & Tot) 10:30-12:00pm	<b>Open Gyms:</b> (9-12 yrs) 5:15-6:45 pm (Family) 7:00-8:30 pm	<b>Open Gyms:</b> (Parent & Tot) 9:15-10:45 am (13-17 yrs) 11:00 am - 12:30 pm (Family) 12:30-2:00 pm	
<b>Water Fit:</b> 11:05-11:50am		<b>Water Fit:</b> 11:05-11:50am	<b>Pickleball:</b> (18+) 12:30-2:00 pm	<b>Water Fit:</b> 11:05-11:50am	<b>Pickleball:</b> (18+) 2:15-3:45 pm	

*We have a **FREE** Leisure Swim  
Friday 6:45-8:15pm!*

**For all of our drop-in programs please check on-line at [www.hamilton.ca/recreation](http://www.hamilton.ca/recreation)**

## NORTH END BREEZES FREE CLASSIFIED ADS

*Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Submit your ad - call 905-523-6611 ext 3004 or email [office@northendbreezes.com](mailto:office@northendbreezes.com)*

- Super Tilt Plus Wheelchair with adjustable foot plates and headrest. Seat measures 26x26. Asking \$900 or best offer. Call 905-631-9442 or 905-320-0704.
- CASH paid daily. Looking for a couple of mature adults to do deliveries to customer's homes. You will need to lift at least 35lbs., and be able to go up and downstairs if necessary, to do short distance deliveries in Hamilton. Starting mid afternoon to 10pm you can work 4-6 days a week. You will need a float of at least \$35 to make change as a float will be provided to you to purchase items. Please call 905-572-0706 10am to 8pm., Monday to Friday.
- Looking for a professional cleaning lady in the Northend for my 3 bedroom home , no stairs or animals. Must have own tools such as vacuum cleaner, mop and cleaning products. If interested e-mail me @ [mleclercq@cogeco.ca](mailto:mleclercq@cogeco.ca)
- Roommate wanted to share an apartment. Reasonable rent plus shared responsibilities. Please call 289-389-1070
- Lawn Mowing: I am a 14 year old boy looking to make some money over the summer by mowing lawns in the north end. If interested call Ezra Oucharek at 905-517-1661.
- Children's Birthday Parties: Make your child's birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour North End Neighbours – special rate of \$65.00 per hour Call Earl Ross – 289-439-0166
- Downtown Delivery Driver: Looking for a MATURE adult to do deliveries in the City of Hamilton's lower city. Trips / tips / extras you keep. You should have a float of at least \$75 to make change for customers as a float will be provided to you to purchase items. If you are interested, please call 905-921-9339 and ask for Pearl.
- Be a driving force in your community! Drivers are needed to provide transportation for seniors to get to medical appointments. Flexible schedule and mileage reimbursement. Please call 905-529-0700 or email [voncsshamilton@von.ca](mailto:voncsshamilton@von.ca)

# WALKABOUT: WELCOME INN FOOD BANK

CONTINUED FROM FRONT PAGE

SUBMITTED BY KEN HIRTER

Today the foodbanks in Hamilton are seeing a shortage of stock while demand across the board is at an all time high.

In closing I asked Barb her favorite Motto: “Wherever you are be all there” and Quote: “ You don’t have to be extreme just be consistent”. “Life can only be understood backwards but you must live forward” a slogan she says to her 4 children daily.

Barb gives thanks to all in the community, from her team of wonderful volunteers and her friends, family and neighbors that care and share. It takes a village to build a community.

The Welcome Inn Food Bank, “ Working toward justice for all, recognizing that access to nutritious food is a basic right and a great social connection” is located on 40 Wood Street.

Hours of Operation. Monday, Wednesday, Thursday and Friday. Drop in or call between 10.30 - 2.00 at (905) 525 - 5824.

I would like to thank Barb & her team next month look for Part 2 of the Walk-about of the Welcome Inn Community Foodbank.

Support the local Foodbanks in your Community.

Till next month.





THE WATERFRONT SHORES  
PARTNERS

## HAMILTON THROUGH THE AGES

SUBMITTED BY WATERFRONT SHORES PARTNERS

There's no doubt that the city of Hamilton is ripe in history. From the founding of McMaster University to its rich history of steel and iron, Hamilton has a strong history that's made it the city we know and love today. Waterfront Shores Partners have compiled a list of the most significant historical events in Hamilton's history by the decade to get you reminiscing about the past, starting in the 1940s.

### 1940s

In 1941 the Province of Ontario created Royal Botanical Gardens through a special Act, which gave the botanical garden the ability to develop and display gardens, prepare educational facilities and programs, acquire new lands, and undertake all of the activities that visitors can enjoy today.

In the 80 years that followed, diverse landscapes have converged and RBG has established a museum for science, a connecting point for children to understand and appreciate the outdoors. Today, the RBG are one of the largest in all of Canada.

### 1950s

Everyone from Hamilton is familiar with the Tiger-Cats, but do you know how the name came to be? Before the Tiger-Cats, Hamilton was home to two clubs – the Tigers and the Wildcats.

In the 1950s, it was decided that the two clubs should amalgamate and form one representative team for Hamilton, the Tiger-Cats, marking the modern era of football.

### 1960s

Coffee lovers might already know this one. The year was 1964, and the first Tim Horton's store opened,

giving Hamilton the title of birthplace. Today, the original store still operates on Ottawa Street.

### 1970s

1972 was an exciting year for Hamilton's North end, with the establishment of North End Breezes community paper. Eva Googe published the first edition under the name North End Information Services, which was later changed to North End Breezes as we know it today. Eva continued to volunteer her time at the publication from 1972-2001, and in 2001 Wendy Collin's stepped up to bring crucial updates to residents in the North end.

### 1980s

Perhaps the biggest highlight of the 1980's was the development of sports and entertainment arena Copps Coliseum, with a capacity of 19,000. Opening doors in 1985, Copps Coliseum is named after the former Hamilton mayor Victor K. Copps.

### 1990s

1995 marked the first time Hamilton hosted the Juno awards, and over a 10-year period following, Hamilton hosted an astounding three additional times. Representing Canadian music industry achievements of the previous year at a ceremony in the Copps Coliseum, Rick Mercer, Mike Bullard and Jann Arden were among hosts over this period.

### 2000s

2009 marked the opening of McMaster Innovation Park, home to several laboratories specializing in everything from life sciences to industrial engineering, and the development of the Hamilton Health Sciences network, bringing thousands of talent and jobs to Hamilton.

Moving forward to today, we're hopeful that years from now Pier 8's landmark and visual anchor to the waterfront will be a significant historical moment in the revitalization of the Hamilton Harbour.

To learn more about the Pier 8 development and to register, visit: [www.pier8living.com](http://www.pier8living.com)



## WEST HARBOUR PHARMACY

554 John St. N, Hamilton

Phone: 905-529-7997

Fax: 905-529-7996

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*Supporting our Community!  
We host an Art Gallery for Local Artists*



The North End Breezes and NENa will be supporting the North End of the Year Award for 2022. Start thinking NOW about who you want to nominate. Applications will open September 15, 2022. Stay tuned for more information or email [office@northendbreezes.com](mailto:office@northendbreezes.com) for information and details.

# 7 FALL GARDEN THINGIES AND FUN (NOT TASKS OR CHORES)

SUBMITTED BY CANDY VENNING

1) Remove Anything going to seed or at least their seedheads - that you don't want more of - this includes intentional plants like Cosmos & Borage or accidentally-forgot-to-remove-invasive-weeds like Dandelions or Burdock. Seeds can remain dormant for many years and removing them now saves a lot of future work.

2) Remove Plants that didn't perform well - are simply filling space or that you don't love anymore (variegated Hostas I'm looking at you!) These plants can fulfill a circle of life/ be renewed as compost or gifted to a garden friend who is willing- gardening season is too short to put up with plants that don't perform some sort of ecological benefit to insects, birds or your soil - bonus is that empty spot will be ready for bulbs in a month and ready for whatever catches your fancy next spring - having a little space freed up is a very good thing.

3) Amending soil with leaves, leaf mulch, garden compost, bagged manure or whatever you have around or can get once leaves start to fall (I have carted off my neighbours leaf bags to dump onto beds that could use improvement) This not only has the wondrous benefit of breaking down over the coming frosts, snow and thaws into better soil but it provides better drought protection through your soil by acting as a bit of a sponge - excellent for sandy or clay soils... all soils really



4) Continuing on from this idea of drought proofing your soil - it's a fabulous time to mulch all your beds - it will look tidier over the coming months, and it will enrich the soil - the type pf mulch I'm talking here isn't coloured wood chips - ideally it's arborists shreddings or in a smaller garden - bagged cedar or pine mulch - undyed and natural.

5) Tomatoes are still growing and producing up until the frosts but now's the time to tidy and cut back that craziness instead of ignoring it and allowing the seeds to drop where they may and have a gazillion tomato plants next spring -gather some seeds to preserve for next year (although they are unlikely to stay true due to cross pollination)

6) Gather seeds - whatever you grew and loved this year you'll want to try growing from seed next year - annuals like Marigolds and Nasturtiums, Sunflowers or Nicotiana

as well as native plants. Asters and Goldenrods are coming into their glory now and if you don't have varieties of these lovely natives in your yard - consider gently collecting from an area that's under development, a parking lot (I've done this and it was fulfilling to know I would be providing a nice home to propagate plants that would be likely to get mowed down) or ordering seed online and winter sowing (the Halton

Master Gardeners page has good info on native plant nurseries as well as how to 'Winter sow')

7) If you absolutely can't bring yourself to get into more gardening at this time of year - there are gentler tasks - use copper tags to write down plant names so you don't dig them up next spring or define empty areas with string or sticks or photos so you know where you can plant next year. Buy up some of those really on sale plants and leave them in the pots but grouped together in a sheltered spot and see what makes it that you have the energy to plant next spring. Write down your garden wishes, successes, failures and ambitions for next year while you remember - or if you don't yet have a garden diary - start one!

## CRIME STOPPERS OF HAMILTON

Hello, I'm Kevin McKnight, program coordinator for your Hamilton Crime Stoppers, hoping you've been having a safe and enjoyable summer.

Human Trafficking - Sex or Labour trafficking - Organized crime, and individuals reaping large profits while robbing victims of their freedom, dignity and human potential through sexual exploitation or forced labour

and it IS happening here in Canada! Traffickers control victims by taking away identity documents, using threats, intimidation and isolation. Victims suffer physical or emotional abuse, often living and working in horrific conditions and may face fatal consequences if they attempt to escape.

The United Nations (UN) has estimated this illegal activity generates approximately \$32 billion (US) annually for its perpetrators.

The most at risk;

- Women and girls
- New immigrants / Migrant workers
- Children in the child welfare system
- Persons with disabilities
- Those struggling socially/financially

Community, along with media and law enforcement, tri-partnerships that can help "Stop the Crime of Human Trafficking". This tri partnership couldn't be more important as we continue moving into 2022. Together, we can bring more awareness and be part of helping "Stop the Crime of Human Trafficking!"

HAMILTON, your VOICE fights crime. So, take part in having criminals answer for their actions, call Crime Stoppers with your tips at 1 800 222 TIPS or use the web to submit a tip via the web and TOGETHER let's continue making our community STRONGER and SAFER!

# Fall Parenting Workshops

Ron Joyce Children's Health Centre

## COPEing With Toddler Behaviour

- In this 8-session workshop for moms and dads of toddlers 12-36 months old, parents watch video clips, learn strategies to prevent and respond to challenging behaviour, and discuss these issues with the leaders and other parents.

8 weekly sessions at Ron Joyce Children's Health Centre, 9:30-11:30a.m. Saturdays, starting September 17, 2022 (no class October 10th)

## Right From the Start

- In this 8-session workshop for moms and dads of babies under 24 months, parents watch video clips, learn strategies to figure out what babies are "saying" and how to respond in order to foster infant attachment security, prevent future behaviour problems, and improve outcomes, and discuss these issues with the leaders and other parents.

8 weekly sessions at Ron Joyce Children's Health Centre, 6 - 8pm Tuesdays, starting September 27, 2022

## Circle of Security Parenting Group

- In this 8-session workshop for moms and dads of children 1 to 6 years, participants watch video clips, learn strategies to enhance the parent-child attachment relationship and improve child behaviour, and discuss these issues with the leaders and other parents.

8 weekly sessions at Ron Joyce Children's Health Centre, 1 - 3pm Wednesdays, starting October 12, 2022 (no class November 2nd)

<http://youtu.be/F6DhnbgrAOo>

To register or for information call 905-521-2100, ext. 77406, by email to IPP@hhsc.ca or online at <https://www.hamiltonhealthsciences.ca/mc-master-childrens-hospital/family-resources/course-offerings/>

# LIBRARY EVENTS FOR SEPTEMBER 2022

All HPL branches are closed on Monday, September 5 for Labour Day.

Day & Time	Description	Location
Thu Sep 1 3:30-4:30pm	<b>Maker Cart Drop-In</b> Age group: teens (12-18 years), 8-12 years Choose from an assortment of tech devices and traditional crafting materials and get making with this drop-in program at Central Library's Makerspace.	In-person Central Library - Makerspace
Sat Sept 3 2-3:30pm	<b>LEGOmania</b> Age group: 8-12 years, 4-8 years Build, imagine and play with LEGO.	In-person Barton Branch
Tue Sep 6 10am-10:30am	<b>Family Storytime: Get Ready to Read</b> Age group: 0-4 years Bring the whole family to Storytime and get ready to read.	In-person Barton Branch
Wed Sep 7 10am-10:30am	<b>Family Storytime: Get Ready to Read</b> Age group: 0-4 years Bring the whole family to Storytime and get ready to read.	Central Library – 1 <sup>st</sup> Floor, Hamilton Room
Sat Sep 17 2:00-3:00pm	<b>Author Event - In Conversation with Farzana Doctor</b> Age group: older adults, adults (18+) Farzana Doctor, author of <i>Seven</i> , discusses her latest work, <i>You Still Look the Same</i> .	In-person Central Library – Hamilton Room
Thu Sep 15 10-11am	<b>Sharing Dance for Older Adults</b> Age group: older adults A 10-week accessible dance program led by National Ballet School instructors	Central Library – 1 <sup>st</sup> Floor, Hamilton Room
Thu Sep 15 5:00-6:00pm	<b>French Conversation Circle</b> Age group: adults (18+) Practise your French speaking skills.	In-person Central Library – 1 <sup>st</sup> Floor, Wentworth Room
Sat Sep 24 2-3:30pm	<b>LEGOmania</b> Age group: 8-12 years, 4-8 years Build, imagine and play with LEGO.	In-person Barton Branch – Children's Department
Wed Sep 28 3:00-5:00pm	<b>Craft Cart - In-Branch Program</b> Age group: 8-12 years, 4-8 years Unleash your creative side.	In-person Barton Branch – Children's Department
Thu Sep 29 4:30-8:00pm	<b>Movie for the National Day for Truth and Reconciliation - <i>Trouble in the Garden</i> (2018)</b> <b>PG</b> Age group: older adults, Adults (18+) After the movie ask your questions to executive producer Raven Sinclair and writer and director, Roz Owen.	In-person Central Library – Hamilton Room
Fri Sep 30 12:00pm-1:00pm	<b>Noon Hour Concert: National Day for Truth and Reconciliation - Lacey Hill: Guitar; Music</b> Age group: older adults, Adults (18+) Listen to music Friday at noon in a pre-recorded concert.	In-person Central Library – Hamilton Room
Fri Sep 30 2:00-2:30pm	<b>Movie for National Day for Truth and Reconciliation - Honour to Senator Murray Sinclair (2021)</b> Age group: older adults, adults (18+)A great selection of free movies from new releases to award-winning classics.	In-person Central Library – Hamilton Room

To find more programmes, visit [HPL.ca/guide](http://HPL.ca/guide)  
Hop on the HPL Bookmobile for the latest novels, movies, and music.  
Plan your visit with our weekly schedule at [hpl.ca/bookmobile](http://hpl.ca/bookmobile)



10 years and counting! Beautiful Alleys and The CN Track Gang are back to Keep Hamilton Clean and Green. This fall, our Community Cleanup will be on October 1, 2022, just in time to burn off some calories and make room for your Thanksgiving diner! CN has partnered with us once again and we are waiting for confirmation on the date and location. Follow our Facebook groups for updates.

[Beautiful Alleys | Facebook](#) and [The Track Gang | Facebook](#)

Let's Pick it Up!!

## Advertise with The Breezes!

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Afterschool Program  
—Registration—**

Learning and Fun is an amazing afterschool program for children enrolled in Grades 1-8 at either Bennetto or St. Lawrence elementary schools.

**Program Start Date: September 26**

**Registration Deadline: September 22**

To register, stop by Welcome Inn between 10:30-2:00pm (Monday to Friday) or call Michelle at 905-525-5824.



**Register Now!**

**FALL KICK-OFF EVENT**  
**Friday, September 16**  
**6:00-8:00pm**  
**—Free Food and Games—**  
**Everyone is Welcome!**


**Seniors Diners Club**

We are looking forward to another year!  
The Seniors Diners Club will have its first lunch together on  
**Tuesday September 13**  
We can't wait to see you!


Call Ruth or Kari on the Seniors Support Line for more information: 289-260-3771

All COVID protocols remain in place.







**FISHERS PIER 4 PUB**  
**554 JAMES STREET NORTH**  
**905 526 9622**



FOLLOW US ON  
FACEBOOK : FISHERS PIERIV HAMILTON  
INSTAGRAM : FISHERSPIER4PUB  
POSTING OUR NEXT CHARITY PAINT NIGHT SOON!



Takeout Mason Jar Cocktails  
(With the purchase of takeout food item)



WINE SALE  
\$25 A BOTTLE PLUS TAX  
DINE IN OR TAKE OUT  
SELECT ITEMS ONLY



**Even if you don't own a boat,  
YOU can be a member.**

**Our membership is open to every-  
one!**

RHYC was established in 1888, Our club provides a year-round facility offering an exceptional waterfront experience. Social memberships are available to enjoy our beautiful pool, dining facilities, meeting rooms and patio.









For membership information or a visit please contact us at **(905) 528-8464** or email: **sail@rhyc.ca**