



INTERNATIONAL HARVESTER



SUBMITTED BY BRIAN ROULSTON

Today, Fluke Transport Group is one company operating out of the property of what used to be a sprawling 81-hectare agricultural facility International Harvester dubbed ‘Harvester City’ located along side Burlington Street, in the Lansdale neighbourhood between Wentworth St. and Sherman Ave. This facility would’ve influenced Hamilton’s North End as many of its residents worked here as well.

Abel Land, the son of Robert Land who was one

of Hamilton’s earliest settlers, was awarded this land initially by the crown for his loyalty to Britain as a young soldier during the American Civil War. Abel built a small boatyard about where the I.H twine factory once stood. He made heavy, flat bottom boats called Batteaux. The boats were mostly built for his own use to reach mercantile ships that docked alongside the Hamilton Beach Strip. This strip of land which was approximately 3 meters (ten feet) high and stretched 6 km at the head of Hamilton Bay locking in 3000 hectares (10000 acres) of calm and protected waters. The canal was first dredged in 1832, then again in 1850, it was the second dredging that started Hamilton’s manufacturing economy. Abel Land wanted an easier and perhaps cheaper way to bring back his own mercantile supplies.

The Deering Harvester Company of Chicago, Illinois, started building farm implements here in 1902. The Deering name as a standalone manufacturing corporation would change within the year as a result of a merger with International Harvester.

Between 1880 and 1900, a ten year no-holds barred competition dubbed “The Harvester War” erupted worldwide. It was fought mainly in the United States between McCormick Harvesting Machine Company and the Deering Harvester Company.

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WALKABOUT: TOKYO SMOKE

SUBMITTED BY KEN HIRTER

This month we enter the beautiful colorful pockets of fall that is reflected along the North End, the James Street North Strip, Downtown Core & Corridors.



It is where you find me talking with the New Kids on the Block and a Welcome to the Jamesville neighborhood that “New” shop and the new pharma of 2021 TOKYO SMOKE.

For the MIND, BODY, SPIRIT, HEALTH reap the many benefits for what may ache or any ills you may have, or simply just feel good be it with the little green pill, smoke or drop.

CONTINUED ON PAGE 3

Brusey Awnings | Just a shade better

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SUBMITTED BY BRIAN ROULSTON

Other agricultural manufacturers, though much smaller, were involved in the harvester war as well, to a lesser extent.

At first, the war was nothing more than salesmen bribing farmers or other buyers with extravagant dinners and other special treatments to get the sale. Soon, the war intensified, companies allegedly ‘sabotaged’ each others implements or physically assaulted competing salesmen and delivery drivers. Sometimes, salesmen would even try to intimidate buyers into buying their products instead of the other guys. Once the cost of this ‘war’ exceeded 40% of their total sales and with a severe downturn in the American economy during the late 1890s, these factories were no longer profitable, something had to be done.

J.P. Morgan’s bank in the U.S brokered a deal with the five largest farming manufactures in America, McCormick, Deering, Milwaukee, Piano Manufacturing & Warder, Bushnell & Glessner (Champion Harvesters) all were brought under International Harvester Corporation. This ended the ‘Harvester War’, at least in the states anyways, it would still be several years before the war would end in other countries.

McCormick and Deering made three attempts to merge their two companies before in 1891, 1897 and 1901 and failed. It wasn’t until George Perkins, one of J.P. Morgan’s business partners who was able to negotiate a successful merger and resolved their differences. Perkins picked the name ‘International Harvester Corporation’ to brand the new merger as a worldwide corporation. In the end McCormick was given control of the new corporation with its 43% share. Deering came out second best with 34%. J.P Morgan was awarded a much smaller stake with 14% of the new merger. Milwaukee, Piano Manufacturing & Warder, Bushnell & Champion Harvester controlled the remainder of this new corporation.

Later that same year, when the Deering Company was amalgamated into the new International Harvester Corporation, the name was changed to Deering-Harvester. Deering and Mc-

Cormick would continue be sold as if it were two completely different entities. Both companies prior to the merger had their own sizeable and loyal customer base; it seemed logical to IHC that farming communities across Canada and the U.S should have each a Deering and McCormick dealership.

When Deering first opened in Hamilton, they manufactured horse-drawn farm machinery.

International Harvester Corp continued making horse drawn implements for a while until tractors became more mainstream. IH then switched over to tractor drawn implements such as tillage implements, Hay binders, wagons. The Hamilton plant produced other things such as Kerosene tractors and engines, trucks, binder twine as well as parts and tools that were sold to farmers whenever the demand was there.

Evidence of the old inter plant railway system that moved big heavy pieces of farm machinery and parts are still visible today when looking at aerial views of the area.

In 1909, Oliver Chilled Ploughs (Plows) of South Bend, Indiana built two large docks and a factory in Hamilton. The Hamilton docks were built exclusively to ship over 30,000 plows a year worldwide. J.D Oliver contracted International Harvester to handle both distribution and sales for Oliver Chilled Plows until they bought out the company in 1919. International Harvester continued manufacturing Oliver plows under their own name.

In 1926 International Harvester opened a playground at Harvester city where workers and their kids could have some after work fun. The playground was also opened to area children as well.

Prior to September 1936, International Harvester used the colors most people associated as battleship blue and red. Side note, the blue International Harvester Corporation used was actually a darker blue than battleship blue.

The red that was used as their brand was initially used on the wheels of the first Farmall tractors for safety reasons when that line was introduced in 1922. From that, International Harvester adopted its famous International Harvester Red as their brand color for all of its manufactured products, tractors included. John Deere took its

famous colors, ‘John Deere Green’ around same time while Allis Chalmers picked Persian orange as their color about five years before that. Other agricultural manufacturers used other colours as their branding. The theory behind this was that it would be great advertising if one could look out in the field and instantly recognize the brand of tractor or implement solely by its color.

International Harvester later received the nickname “Big Red” because of its chosen colour.

During the war years of World War II, International Harvester produced some of the components used for the very first Lancaster bomber that was built in Canada in 1943. Parts for tanks, guns, bomb throwers, gun mounts, artillery trailers and carriages were also produced here in the Hamilton plant.

During the first year of the war, the Wartime Housing Commission built a huge dormitory style housing project on the North-East corner of Sherman Avenue. It was one of 46,000 similar projects underway for the war effort across Canada. The housing project cost \$250,000. Over Five-hundred single and married men (without their families) were housed here while they worked at the factory during the war. After the war was over all the staff housing was demolished. A small Tim Hortons and several smaller manufacturing businesses occupy this area today.

In the 1950’s employment at International Harvester peaked at 3000 workers when threshing machines and Hay rakes were made part of their product lines. Hamilton’s IHC plant started making parts and tools for other International Harvester plants as well. The 1959 opening of the St. Lawrence Seaway expanded trade for Hamilton and International Harvester to many European and other Commonwealth countries. The Hamilton plant later produced combines destined for the American Great Plains.

In 1959 International Harvester started manufacturing heavy duty diesel trucks.

During the 1960s and the 70s International Harvester became the largest transport truck, tractor and farm implement manufacturer in the world with sales around \$1 Billion American.

In 1979, International Harvester plowed into the perfect storm. Sales dropped drastically in 1980 due to technical mistakes, droughts in the Great Plains, rising Canadian interest rates and an expected economic depression looming on the horizon. IH head office in Chicago named a new CEO, Archie McCardell, who was determined to drastically cut costs and improve profit margins. Unprofitable lines were terminated, and factory production was curtailed. By the end of the year, profits were at their highest levels in 10 years, but cash reserves were still dangerously low. Union members became increasingly irate over these cost cutting measures and in the spring of 1979, IHC prepared to face a strike. On November 1, International Harvester announced that McCardell had received \$1.8 million in bonus pay. After Cardell pressed for more concessions from the United Auto Workers, a strike was called on November 2, 1979. By the time the strike ended, it had cost the company almost \$600 million U.S. International Harvester’s debt was mounting and the Chicago corporate office started looking for a buyer. The Payline construction division was sold off to Dresser Industries in 1982. In 1984 International Harvester finalized a deal selling all of its agricultural holdings, including the Hamilton plant to J.I Case. The Texas oil giant Tenneco Inc. owned J.I Case and renamed its new acquisition Case IH.

International’s truck and engine division was reorganized as Navistar International and continued to be run by International Harvester Corporation. Navistar as it is called today, is one of the largest and leading coach, school bus, mini airport shuttle buses and transport truck manufacturers in the world.

It would be many years before J.I Case and IHC organizations would be truly blended.

After 15 years of struggling with poor sales, Case finally closed the Hamilton International Harvester plant in 1999.

(Image of International Harvester plant, 1911. From Vintage Hamilton Facebook page. Submitted by Tom Newcomb)

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WALKABOUT: TOKYO SMOKE

SUBMITTED BY KEN HIRTER

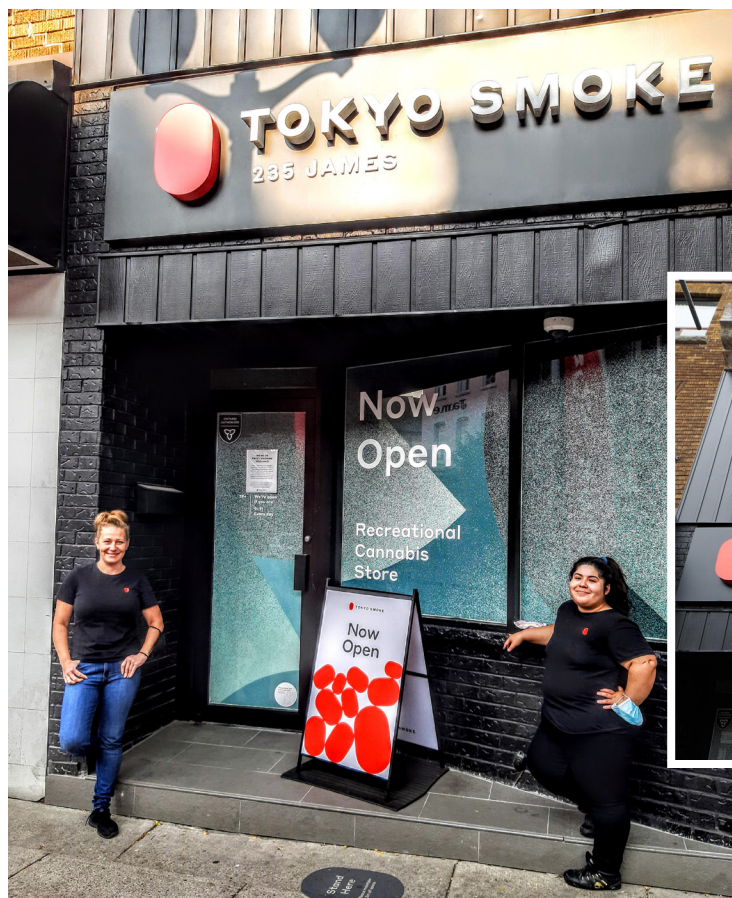
It was where I asked the following “what is”

Tokyo Smoke History:

“We started small, opening our first coffeehouse in an alleyway in Downtown Toronto in 2015. What we lacked in square footage, we more than made up for intentionally designing a bold and approachable retail space and began welcoming people in to have open conversations about CANNABIS”...

Now, as a nationwide retailer and producer with independently owned retail cannabis stores here in Ontario, we continue to ensure COMMUNITY & EDUCATION is at the heart of everything we do. Our customers can expect an education-first approach to CANNABIS in an immersive and experimental and experiential retail environment with one on one support from our team of EDUCATION SPECIALISTS

Tokyo Smoke, 235 James Street North, opened its door on July 22 2020 and is one of 13 Tokyo Smoke retail Cannabis stores now open across the province of Ontario, welcoming guests in the community to come and



learn about cannabis from our team of KNOWLEDGEABLE EDUCATION SPECIALISTS. @educate.tokyo-smoke.com

MISSION/VISION/MOTTO:

“We are on a MISSION to change public perception of Cannabis through well-designed products and immersive retail. We’ve come a long way, always with the core belief that international cannabis usage can better people’s lives. Tokyo Smoke empowers consumers to make well-informed decisions about safe, high quality

products. Even touchpoint within our store is thoughtfully designed to make CANNABIS CULTURE ap-

Herbs pre rolls & flower’s and drinks from the cooler plus much more..

Please note that Tuesday is Seniors Day offering an additional 15% off to their clients/clientele.

After a 4 year search from Vancouver, Toronto & Hamilton this place is right up my alley...I was delighted when they opened their doors for my shopping needs. So cool, do you remember Coles Notes booklets? My purchase at Tokyo Smokes included the Spark Notes booklets.

My Introduction to Toyko Smoke.

CULTIVATEING a much richer learning on paper to CHRONICLE the language you know

best yours.....

“THESE ARE MY HIGHER LEARNINGS”

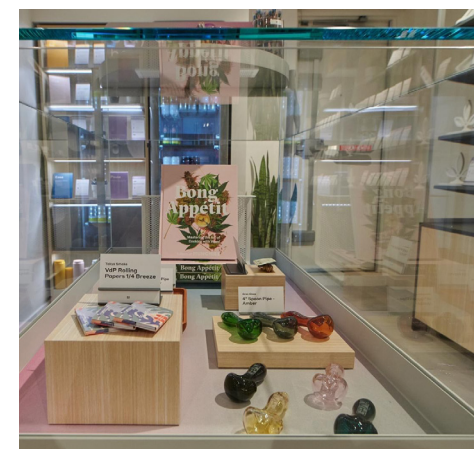
“Keeping a cannabis journal is more than noting varietals and effects. By documenting each experience taking note of MIND & BODY, MOOD AND METHOD.....YOU’RE CULTIVATING

“Tokyo Smoke is for the sophisticated and curious cannabis explorer who embraces high design alternative states of mind.”

Check out Tokyo Smoke at stores. tokyosmoke.com or check out their other location Rymal Road (Stoney Creek). Website Educate.tokyosmoke.com

I would like to thank the Manager Tarace Parlee and Pit Crew for their time with this month’s Walkabout and for suiting me up with my needs perfectly...my rating 5 + “SIMPLY THE BEST CANNABIS DISPENSARY IN TOWN” Till next month, take care.

Cheers till next time.....



COMMUNITY: Community is what the Tokyo Smoke brand was based on and continues to be at the heart of everything we do. We provide our Communities with safe, knowledgeable space for adult consumers to come, ask their questions and select the right strain and method of consumption for their desired experience.

Amidst the current pandemic, we’ve put a hold on our in-person community programming, but are looking forward to being able to safely welcome guests into our store or off-site venues, for our Higher Learning Educational programming and interactive events.

We also encourage guests to call or visit the store to set up a one on one consultation or educational session with one of our Education Specialist.

Tokyo Smoke Empowers consumers to make well-informed decisions about safe, high quality products.

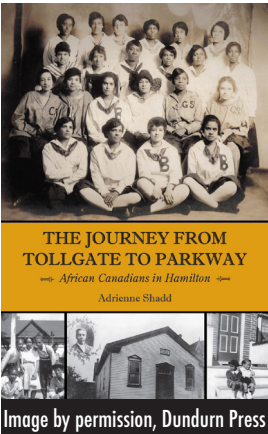
Upon entering this Boutique Specialty Shop, you will notice the pristine interior and very welcoming staff that I have encountered upon my previous visit. They offer an array and assortment of wonderful product lines.

From Sprays, Oils and an assorted variety of cannabis/

BOOK CLUB CORNER

SUBMITTED BY KIT DARLING AND THE MEMBERS OF THE BAY AREA BOOK CLUB

Our first book discussion is October 5th, after our press deadline, so in the meantime, here are a few reviews of titles that we have enjoyed. To borrow them or place a reserve, go to <https://hpl.bibliocommons.com>. Note: The bookmobile will be at Bennetto Community Centre on Thursdays from 4:30 to 5:15. There will be no access to the bookmobile to browse, but staff will be on hand for contactless returns and holds pickup.



The Journey from Tollgate to Parkway: African Canadians in Hamilton by Adrienne Shadd is a chronicle of the history of blacks in the Hamilton area from enslaved blacks owned by prominent white settlers such as George Hamilton to free blacks from the U.S. as well as escapees arriving via the underground railroad. She introduces the reader to a range of characters and examines their successes and the barriers they faced. The Tollgate in the title refers to Julia Berry, the “well-known” operator of a mountain toll-booth and the Parkway refers to the Lincoln Alexander Parkway, named in honour of Lincoln Alexander, lawyer, first black MP, federal cabinet minister and Lieutenant-Governor of Ontario. Kit Darling

Medicine Walk by Richard Wagamese. Sixteen-year-old Frank Starlight lives on a farm with an old man who has been a stable father figure to him since he was a baby. Frank’s fleeting relationship with his real father, Eldon Starlight, has been haunting and troubling. Frank knows nothing

about his mother and very little about his father’s life. After years of hard drinking, Eldon is dying. He asks Frank to take him into British Columbia’s interior where he wants his body to be buried facing east like a warrior. As father & son travel into the beautiful backcountry, Eldon reveals his past. It is a world the boy has never seen & a history he has never known. A deeply felt & profoundly moving novel. Paige Turner

The Night Fire by Michael Connelly: Harry Bosch and Renee Ballard team up again to resolve an old mystery and solve a new one. The characters of Bosch, a detective retired from the LAPD and Ballard, a detective on the night shift are complex characters, both alike in many ways. Bosch is given a case file of a 20-year-old murder, by the widow of his former mentor with the request that he return it to the LAPD. Bosch keeps the file, trying to determine why his former partner and stickler for following procedure stole this file. Ballard is trying to solve an arson/murder of a homeless man. Throw in the murder of a judge that was unsuccessfully pinned on a mentally ill man thanks to Harry’s intervention and there are lots of red herrings and close calls to keep you reading. Kit Darling

Have you read any of our recommendations? Liked any of the same books we talked about or disagreed totally? Let us know at bayareabookclub@bell.net.

We have been asked whether anyone can join the book club. Our books are supplied by the Hamilton Public Library and come in a bag of 12. This obviously limits us to 12 members at a time. We currently have 12 members, but if you wish to be put on a waiting list, email us at the above address. Alternatively, check out the many book clubs run by the Hamilton Public Library.

ADOPT THE BREEZES

We hear stories every day that touch our hearts and make us wonder how we can make a difference. Should we bring a new pet into our family? Is there a child that needs a loving home? Or perhaps there is a cause that could use your support.

Thank you for supporting your community newsletter. Since 1971 this newsletter has been published in a variety of forms, but it is the partnership with our readers that has always been at the heart of what we do. This is seen in the financial stability of the newsletter as in 2015 24% of our income came through donations and fund-raising activities.

We’ve seen many changes over the past few years. Colour added

to our newspaper, a website presence and Twitter bringing our social media presence to the forefront. Over the past few months, we have continued to bring the news of the community to you in a digital format but as soon as the situation warrants, you will have a paper copy to enjoy while you sit on your porch with your cup of coffee. The on line readership has increased over 57% so we know you are still looking forward to the monthly edition of the Breezes. We continue to look for ways to balance our books and keep the Breezes sustainable as we approach our fiftieth year of publication.

We hope that you will join us with a financial gift that will allow us to continue to keep the people and resources of the North End connected. You will receive a charitable donation receipt for your donation. Thank you in advance for your donation.

Sincerely,
The North End Breezes Board

Just another reason to join our folding team!

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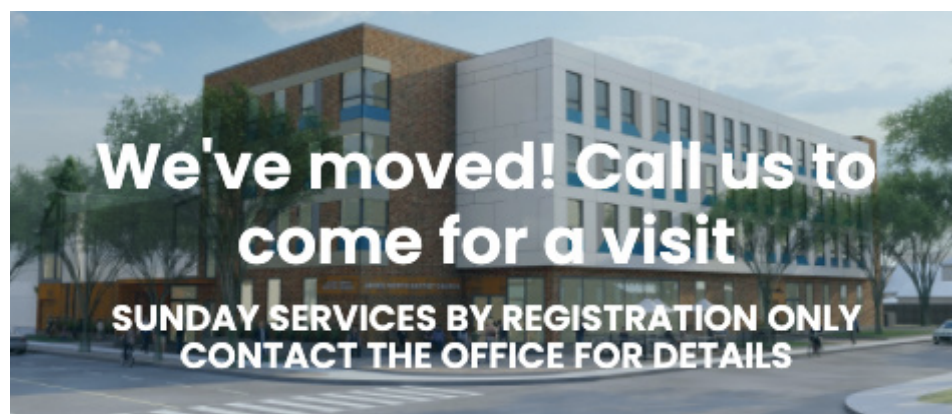
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500 James St N, Hamilton
Contact Phone: 905.527.3972
Email: office@jamesnorth.church
Office Hours: Mon to Fri 9AM - 4PM
www.hughson.ca

James North Baptist Church has been serving in the North End of Hamilton for over 130 years. Our church was founded in 1887 and from 1910 to 2020 we were known as Hughson Street Baptist Church.

We believe the Lord has called us to a very simple philosophy of ministry. We seek to bless the North End of Hamilton in Jesus' name. We minister to as many people during the week as we do through our Sunday worship times.

We believe the gospel changes everything. The good news of the gospel is that the death of Jesus Christ has paid the price for our sin, taking the penalty we deserve on Himself, saving us with certainty because of His resurrection. The gospel grants us purpose, hope and a new perspective on joy and fulfillment. Life may not always be easy, but our hope is in Jesus Christ.

At James North Baptist Church we strive to continually offer the hope of Jesus to others through our ministries and programs.

School aged children and families:
Breakfast Club begins
Monday, September 14, 2020
 Every school day from 7:45- 8:45 a.m.
 438 Hughson St. N in the Community Room
 Contact Jenna at 905-532-6611 x 3007 or jmchugh@compassch.org

To help curb the spread of COVID-19 we will be screening upon entry, maintaining social distancing, and following guidelines from Public Health.

COMPASS COMMUNITY HEALTH
 Follow us on social media:
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HAMILTON TASTE BUDS
 STUDENT NUTRITION COLLABORATIVE



St. Lawrence the Martyr Parish
'where faith builds community'

A MESSAGE FROM
ST. LAWRENCE THE MARTYR PARISH

Over the last few months we've endured a long closure and the slow reopening of our church for Mass. There has been a lot of work involved but our goal has been to open the church, following the best health guidelines available to us so that those attending can feel safe.

Sunday Masses have resumed!
 11:00 a.m.

NB: Public Health Regulations require anyone entering the church to wear a mask. Please do not attend if you have traveled outside of the country in the last 2 weeks, or if you have had contact with anyone diagnosed with Covid-19, or if you have any symptoms consistent with Covid-19.

Contact Us

Please note: the office is currently closed due to Covid 19 restrictions.

For non-emergency issues, email the parish click here to email the parish or Phone: (905) 529 3921 and leave a message.

For PASTORAL EMERGENCIES ONLY please call the emergency number 365-888-1275

For Sunday Masses we've been able to accommodate about 75 people. Unfortunately we have had to turn away a few people on some Sundays when we hit our capacity. Our Mass schedule has been amended to allow 72 hours between our Sunday Mass and our first weekday Mass to reduce the amount of sanitizing and cleaning we have to do, but the church is being fully sanitized in between our weekday masses and we've reduced seating at those masses to also make it easier to ensure surfaces are sanitized. Even confessions have added complexity. They've moved to the sacristy with a screen to allow for social distancing and to keep a barrier between parishioners and the priest. After each person that goes to confession, the chair is removed, sanitized and a new chair is put in its place. As things progress, we will perhaps see restrictions loosened, or if things go the other way, we may see additional closures but whatever the outcome, we thank our parishioners and benefactors for the ongoing support of the church during the last several months.

The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 x.3004, by email at office@northendbreezes.com or on our website: www.northendbreezes.com

Published by:

North End Breezes Board of Directors: Paul Havercroft, Ian McDonald, Chris Pearson, Emily Graham

Editorial Assistant: Kit Darling
Co-Ordinator: Brenda Duke

Layout + Design: Katie Fitzgerald
Circulation & Distribution: The Board, JoAnn Osti, Sheri Selway, Sandra Hudson, Cameron Kroetsch and Steve Osborne along with a dedicated team of volunteers.

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION:

The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

Help us grow your Breezes.

We are looking for ideas, submissions, advertisers. Please email your thoughts to office@northendbreezes.com or call 905-523-6611 x.3004. Leave your contact name and number and we'll get back to you.

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda

THERE'LL BE NO RUNNING IN THE 'HOOD

The Around the Bay Road Race 2020 has been cancelled. It was postponed from March to November due to concerns about Covid-19. Organizers have now cancelled it entirely for this year as the numbers of Covid cases increase yet again and there are restrictions on gatherings. This would have been the 126th run of the oldest road race in North America. This is a popular event in the North End. Neighbours come out to cheer on runners as they pass through and share vicariously in the exhilaration of the runners while they are still fresh. It is hoped that the race can be run next March – but that may have to change yet again.

HOPA

PORTS

One of the Great Lakes oldest youth sailing programs ties up in Hamilton Harbour

One of the Great Lakes best known tall ships, sail training vessel TS Playfair, will be making her home berth in Hamilton harbour thanks to the Hamilton-Oshawa Port Authority (HOPA Ports) and a hard-working group of volunteers.

Playfair, specially built in Kingston as a sail training vessel and licensed by Transport Canada, has been taking generations of 13 to 18-year olds on sailing training courses for the past 48 years.

The volunteer run charitable foundation, Brigs Youth Sail Training, formerly known as Toronto Brigantine Inc., that owns and operates TS Playfair, has been looking for a new home for the past two years. “We have watched the tremendous redevelopment of the Hamilton Harbour for years and couldn’t think of a better port for TS Playfair where Great Lakes maritime history is celebrated in Canada’s busiest Great Lakes port,” said Brigs Board Chair Francis Clegg who spent five years as a teenager on board TS Playfair rose to

the rank of Watch Officer. TS Playfair is a 33 tonne, steel hulled, two-masted, square-rigged, 72-foot brigantine. She was christened in Kingston, where she was built in 1972, by Her Majesty Queen Elizabeth II making her the only Canadian ship to be commissioned by a reigning monarch.

A unique feature of the Brigs program is young people between the age of 13 to 18 manage and operate the vessel. On board are 28 people: 18 new sailors, called trainees, 10 youth officers and two adults, the First Mate and Captain. First Mates and Captains are licensed by Transport Canada. Most Captains and First Mates are graduates of the program.

Starting in 2021 and adhering to all CoVid restrictions, weeklong and weekend sailing training courses on board TS Playfair will be available.

Information about week-long and weekend 2021 courses on board TS Playfair, the organization and people behind it, its history and more, www.brigs.ca, [instagram/brigs.sailing](https://www.instagram.com/brigs.sailing), [facebook/brigs.sailing](https://www.facebook.com/brigs.sailing) 416596-7117, office@brigs.ca

BRAINY QUEST WORDSEARCH

Answer the questions and find the word in the word search. Many of the questions are from “Brain Quest” but not all of them! *Answers on page 9*

The answers are 1 word!

- What is a nerve cell, an electron or a neuron?
- What is a unit of computer information called?
- This special day is on the second Monday of October.
- How many Territories in Canada?
- Which planet is called the red planet?
- Should a news story report facts or opinions?
- What object is hidden for a short time during a lunar eclipse?
- What country is “sushi” from?
- How many strings on a violin?
- What produces light, a star or planet?
- Which is the world’s largest body of fresh water? Lake _____
- What is the only flying mammal?
- Is Ozone found in the ground, ocean, or atmosphere?
- What is the basic unit of matter?
- In our body, is blood carried to the brain in an artery or vein?
- Are volcanos found mostly on the land or in the ocean?

J	B	S	J	T	F	S	F	A	C	T	S	W	I	Y
A	A	M	G	Q	D	P	B	Y	T	E	Q	R	V	Q
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David Reid Simpson (905) 527-1174

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950 King Street West, Hamilton
In the Heart of Westdale Village

GARDENERS' CHEEKY CHECKLIST

SUBMITTED BY CANDY VENNING



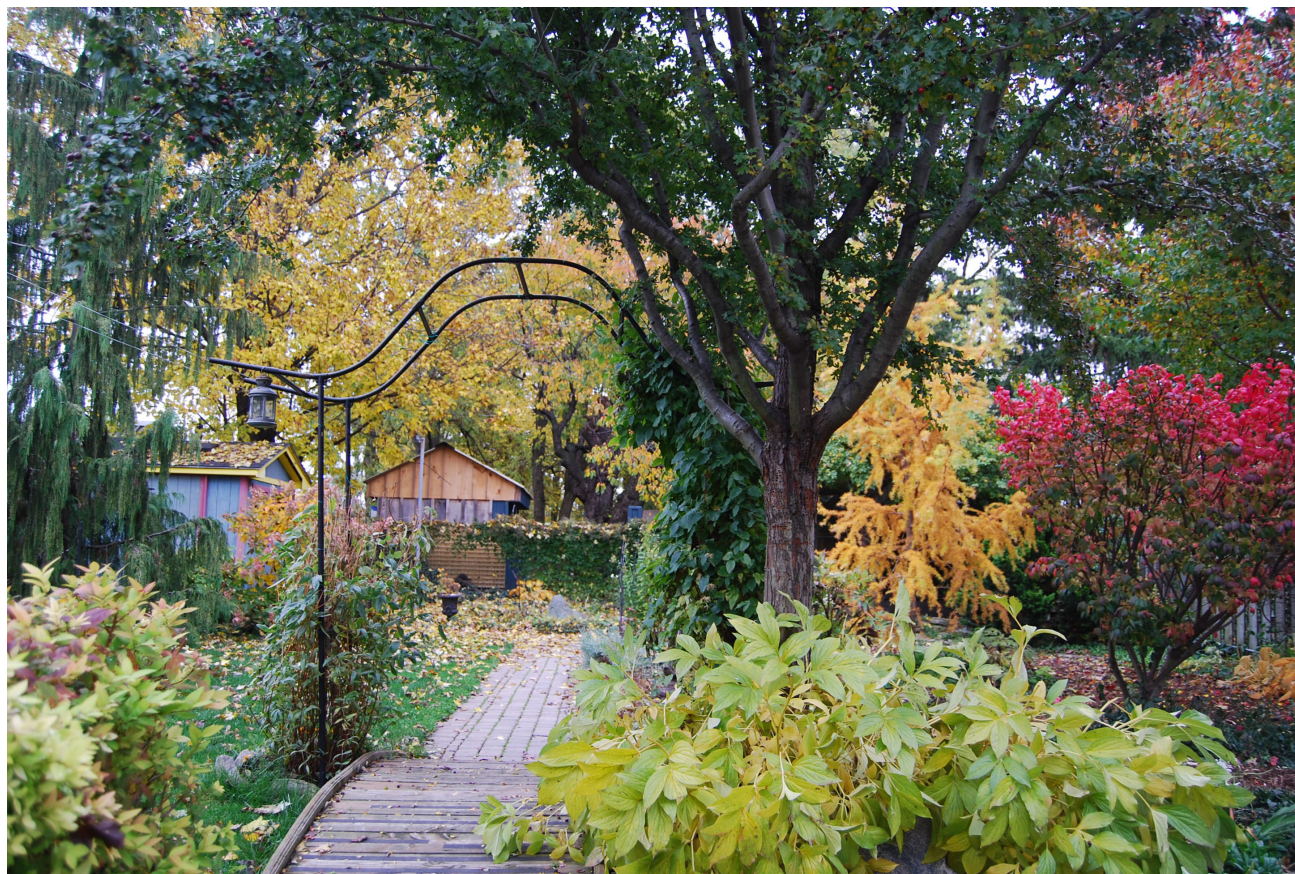
The end of the gardening season is in sight, a relief in some ways but as always, a little sorrow mixed in. Put down that mocha-chaca-spice-latte what-sit and pull up yer booties for a final fling round the yard, it'll give you a satisfied grin to go with your Boo-berry cheesecake.

Spring Bulbs as I mentioned in the previous article, wait, did I mention I'm crazy about bulbs? Should I mention it again? No? Ok, go read my last article and either follow me on Instagram to find out where and when I'll be selling bulbs or head to your local garden center. I dare you to buy types you've never heard of and steer clear of tulips, aka squirrel fodder.

Division is for the garden, not for political views – Now is the time, sneak up on your perennials with a sharp shovel or an old sturdy breadknife. Get out there while you still know where things are, as well as where things should be. Heave and heft the entire plant out of the soil to cut into halves or tease root masses apart (soaking in a bucket of water can be helpful and you'll get to play in the mud, more satisfying than it sounds) Plant those divided pieces, tamp the soil down with yer heel and water well.

Leaf Mulch aka free Soil! This is the time of year to riffle through though leaf bags, why? free leaves, yay! Painstakingly collected by your neighbour you can now dump them out into your garden beds where they will then blow all over their yard again, Kidding!

Seriously, leaf mulch is the number one way to start building good soil, if you can get shredded leaf mulch from landscapers who suck it up off lawns then so much the better. Those beautiful shade loving plants we long to see in spring, Trilliums, ferns, Hepatica etc, all thrive in soil that has been built by leaf matter breaking down on soil.(aka forests) If you have the budget and the



willpower give soil an extra boost by adding a layer of manure across garden beds then top with leaf mulch, truly the best way to build excellent, living soil.

Pots, Urns & Containers. If you've left it late but your pots haven't cracked in half yet, get out there and dump out pots, turn them upside down, you'll be happy to have empty vessels to fill when garden centers open again.

Tidy if you must BUT... understand that the seed heads you leave on grasses, coneflowers and roses often serve as foods for winter or migrating birds. Hollow stems contain native bees and beneficial insects (almost all insects are beneficial as they feed something in the food chain) the yellowing leaves break down and turn into great soil as I mentioned above. There is perhaps one exception to the leaf leaving – Black walnut – a bit of a tough pill to swallow if you're trying to grow veggies or certain plants, black walnut fruit and leaves have juglone which leaches into soil making it inhospitable for tomatoes and many other plants.

Remember to dig up your Canna lily bulbs, Dahlias, gladiolas etc. and stash them away in the cool and dark away from frost. Save a few seeds and don't forget to LABEL THEM because you will not remember what they are come spring. This year seeds sold out as the pandemic meant staying home. Who knows where we'll be in spring 2021 but having seeds to swap or share is quite reassuring.

Just before you lock the garden shed, clean and oil up wooden handles on your tools, oil anything with moving parts, especially your shears and pruners.

Now rest your own moving parts, enjoy the pumpkins and get on a few mailing lists for native plant and seed nurseries.

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The Breezes is supported by your generosity! Hundreds of volunteer hours go into each publication but we need your help to cover those essential costs of printing and delivery. A tax receipt will be issued to the address noted. Please send your cheque to North Hamilton Community Health Centre at 438 Hughson Street North or visit our website www.northendbreezes.com to make a donation through paypal.

During this time of social distancing, we are still accepting e-transfers to: office@morthendbreezes.com



JOIN OUR TEAM!!

The Board of Directors is looking for eager volunteers to bring new ideas and skills to the table.

Now in our 48th year, The Breezes is looking to put some new wind in our sails that will lead us forward. If you have skills in technology, event planning or fundraising, we can use those skills to grow our team. The North End Breezes relies on our volunteers to bring the community news to you. We require minimal commitment of two hours per month. Contact us for details and to discuss how you can be part of the team! Email office@northendbreezes.com

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Where?

Compass CH – 438 Hughson Street North

For more information contact:

Cory at: (905)-523-6611 Ext.3047



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Letters to the Editor



Did you enjoy an article? Was there something we missed? Is there something you don't like?

Or maybe you have an update we missed? The Breezes is YOUR paper! Help us spread the news you want to hear. Email office@northendbreezes.com



Welcome Inn
Community Centre

WELCOME INN UPDATE

The Welcome Inn food bank hours are Monday, Wednesday, Thursday and Friday, 10:30am to 2pm.

The food bank will still maintain the grab-and-go, hamper-style for the fall. We ask that all of our attendees please wear masks when waiting in line and also when approaching the door to maintain a safe environment. This should be a practice that should be in place for every outing for everyone.

We continue to assist our seniors by providing hampers and supportive phone calls. The seniors support line can be reached at 289-260-3771.

If you would like to contribute to our food bank, we are in need of essential items such as, canned fish, cleaning supplies, feminine hygiene products, hand soap and toiletries. This can be dropped off at the Welcome Inn during our food bank hours of operation.

We are looking forward to re-opening our Learning and Fun Afterschool Program (LAF) program for youths this January, 2021.

New Horizons has changed its donation days to Wednesday and Saturdays. We are accepting donations only on these days during 10am until 4pm. We thank you for your on going support for the North End.

If you have any questions about our programming, call us at Welcome Inn, 905-525-5824.

WOMEN'S HISTORY MONTH

SUBMITTED BY SHERI SELWAY

Our lives have changed during the last 6 months, no matter which age group we are in. It is interesting to me how many things I have taken for granted in the past that I am now thankful for! One of the things that many of us are thankful for is "Front Line Workers". When I am out for a walk, I often see signs in neighbour's windows thanking Front Line Workers or "I am Staying Home to Support Front Line Workers".

We are all appreciative of our health care workers, not to mention the lab technicians, scientists looking for a cure, postal workers, teachers, clerks, cleaners, truck drivers, bus and taxi drivers, too many to name them all! So many have been taken for granted until now. Shopping for groceries has changed for me. I don't go "shopping" except to buy what I need and I don't "browse" or look around.

October is Women's History Month so it is also a time to not only reflect on how women have made an impact, but to reflect how women workers are affected during this time. More and more analysis is pointing out that women, particularly low-wage workers in non-unionized jobs are being hit hard with job loss; particularly women of colour. In addition, with children at home and their grownups working at home, women often bear the brunt of caring for small children while trying to work from home.

October is a good time to honour those in the past who have paved the way for women workers today. The Government of Canada has a great website <https://cfc-swc.gc.ca/com-memoration/woi-fic/index-en.html> with a section for parents/educators to help spark interest in our youth. There are crossword puzzles, read-

ing lists, and ideas for group study or individual projects. Below are some of the Women of Impact in Canada.

Dr. Emily Howard Stowe was the first Canadian woman to practise medicine. Since Canadian medical schools did not admit women, Emily went to medical in New York and graduated in 1867. She returned to Toronto and opened a medical practice but was not licensed until 1880. She worked to ensure women could study medicine and is credited with founding the Suffrage Movement in Canada. Emily's daughter Dr. Ann Augusta Stowe-Gullen was the first woman to earn a medical degree in Canada and was also a suffragette.

Dr. May Cohen continues to advocate for gender equality and challenges the way the medical profession responds to the health of female patients. Dr. Cohen joined the Department of Family Medicine at McMaster University and founded the Women's Health Office, the first of its kind in Canada.

Dr. Jennifer Gardy decided to become a "disease detective" when she was a teenager. She is author of the children's book "It's Catching: The Infectious World of Germs and Microbes" which is at the Hamilton Public Library. You can also see her on The Nature Of Things "Myth of Science 3: You are What You Eat" and several more episodes. (free on CBC Gem).

The Honourable Ellen Fairclough, was a politician and the first woman to serve in Federal Cabinet. She introduced a bill for equal pay for work of equal value and was a strong advocate for women's rights. The 18-story building on King Street and MacNab is named after her!



NENA Meetings are held monthly and can be accessed via Zoom. For updates and more information, please visit northendneighbours.blogspot.com and follow on Facebook at Facebook.com/NorthEndNeighbours



POWER IN COMMUNITY

A HEALTHY RECOVERY THAT WORKS FOR EVERYONE

COMMUNITY HEALTH & WELLBEING WEEK
OCTOBER 5-11, 2020

COMMUNITY HEALTH AND WELLBEING WEEK CELEBRATES OUR COMMUNITY’S WORK TO SUPPORT EACH OTHER DURING COVID-19 WHILE WE PLAN A RECOVERY THAT WORKS FOR EVERYONE.

From October 5 to 11, Compass Community Health will celebrate our community’s work during the COVID-19 pandemic response to ensure no one is left behind. This year more than ever, we’re inviting everyone in our community to join us in recognizing the everyday heroes who’ve stepped up to meet the new challenges brought by the coronavirus while also addressing long-standing inequities.

The theme of this year’s week is **Power in Community: A Healthy Recovery That Works For Everyone.** The week is an important opportunity for our staff, volunteers, and community members to

recognize and celebrate each other’s work in the North End and beyond and also the work and tenacity of other community-based organizations, grass-roots teams, local leaders and decision-makers. It’s also a time to look ahead.

“We’ve seen so many people and organizations step up here in our community to ensure people still have access to vital services and supports during the pandemic,” says Brent Esau, Community Health Director at Compass Community Health, “our staff and volunteers are striving every day to learn about new and increased needs in our community, and to work hand-in-hand with local partners during recovery to address barriers and inequities in our health and social systems made more glaring by COVID-19.”

Some of the work at Compass over the last few months includes: advocating for the community gardens to reopen, check-in calls to our clients, beginning socially distant programming as best as possible and relying on virtual programs when required. Compass staff have also been working alongside public health at the assessment centres. But staff and leaders at Compass also know

that the work of recovery is just beginning.

“As we all know, the pandemic is not over yet, and many communities continue to deal with the impacts of the COVID-19 crisis,” says Brent Esau, “At the same time, the post-pandemic recovery is becoming part of the conversation. As we look into the future, we need to re-imagine what a truly healthy recovery looks like and redesign a health system that works for everyone. That will mean building on trusted relationships; investing in community and social services to build a more integrated health and wellbeing system rooted in health equity; and leveraging the strengths of community voices and leadership.”

For additional information contact: **Jenna McHugh 905-523-6611 x3007.**

Background: Community Health and Wellbeing Week is coordinated by the Alliance for Healthier Communities of which Compass Community Health is a member. The Alliance represents Community Health Centres, Aboriginal Health Access Centres, Community Family Health Teams and Nurse Practitioner-Led Clinics across Ontario.

BRAINY QUEST WORDSEARCH ANSWERS

BAT	THREE	JAPAN	ATMOSPHERE
NEURON	MARS	FOUR	ATOM
BYTE	FACTS	STAR	ARTERY
THANKSGIVING	MOON	SUPERIOR	OCEAN

NORTH END BREEZES FREE CLASSIFIED ADS

Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email office@northendbreezes.com

Send your upcoming events to events@northendbreezes.com to be included in our monthly calendar and on our website: www.northendbreezes.com

Lawn Mowing: I am a 14 year old boy looking to make some money over the summer by mowing lawns in the north end. If interested call Ezra Oucharek at 905-517-1661.

For Sale: BIKINIS: Hand crocheted, Made to order, Very daring. \$95.00. Call Beryle @905-540-4242 for an Appt.

Children’s Birthday Parties: Make your child’s birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour North End Neighbours – special rate of \$65.00 per hour Call Earl Ross – 289-439-0166

Take off Pounds Sensibly (TOPS) meets Monday evening at 7pm-8pm at the Eva Rothwell Centre 460 Wentworth st. N Call 905-544-5088 . First night is free! Come and join us!

Community Garden, VON Hamilton – Show off your green thumb! Volunteers are required to assist with our garden on Tuesday and/or Thursday mornings for a couple of hours. Interested gardening enthusiasts can contact Janis at 905-529-0700 x2251 or voncsshamilton@von.ca.

Hamilton – Let’s Do Lunch! VON Hamilton is in need of volunteers to help deliver hot and frozen meals over the lunch hour. Driver and server spots are available for our downtown routes. Call 905-529-0700 or email voncsshamilton@von.ca to find out more.

Downtown Delivery Driver: Looking for a MATURE adult to do deliveries in the City of Hamilton’s lower city. Trips / tips / extras you keep. You should have a float of at least \$75 to make change for customers as a float will be provided to you to purchase items. If you are interested, please call 905-921-9339 and ask for Pearl.

Be a driving force in your community! Drivers are needed to provide transportation for seniors to get to medical appointments. Flexible schedule and mileage reimbursement. Please call 905-529-0700 or email voncsshamilton@von.ca

Hospice Volunteer Visiting– VON Hamilton is looking for caring, sensitive volunteers to visit and support people with a life-threatening illness through the end of life journey. Visits are a couple of hours per week. To join our compassionate team of volunteers call 905-529-0700 or email voncsshamilton@von.ca

Part-time Dispatcher: Looking for a mature adult to answer phone and dispatch orders to drivers, Weekends only to start Saturday evenings and Sunday afternoon. Looking for some local here in the North End. As we are in walking distance. Training provided and after training you can work out of your own home. Please call 905-921-9339 ask for Pearl

Sewing & Dressmaking. Students and clients wanted. Lessons or alterations available. Ages 6 to 106! Expert in African apparel. Please call Hyacinth 289-308-6176

What's Cooking in the North End?

Pumpkin Cream Cheese Muffins

Nothing feels more like fall to me than pumpkins, and a cream cheese swirl takes these muffins to the next level of coziness!

Ingredients

Muffins

- 1 3/4 cups all purpose flour
- 1 tablespoon pumpkin spice (or 1 tsp each of nutmeg, ginger, & cinnamon)
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 (15 oz) can pumpkin puree
- 1 cup granulated sugar
- 1/2 cup packed brown sugar
- 2 large eggs
- 1/2 cup vegetable oil
- 1 tablespoon vanilla extract

Cream Cheese Swirl

- 8 oz cream cheese
- 1/4 cup granulated sugar
- 1 large egg yolk
- 2 teaspoons vanilla extract

Instructions

1. Preheat oven to 375°F. Place paper baking cups into muffin pan. Set aside.
2. In a medium bowl, whisk flour, pumpkin spice, baking soda and salt until well combined. Set aside.
3. In large bowl, whisk together the pumpkin, sugar and brown sugar.
4. Beat in eggs, vegetable oil and vanilla extract. Slowly whisk in the flour mixture, until there are no lumps. Fill muffin tins 3/4 full.
5. In a medium bowl, beat cream cheese until smooth. Add in sugar, egg yolk and vanilla extract and beat until well combined.
6. Top each muffin with about 1 tablespoon of cream cheese mixture and use a toothpick to swirl it into the batter. This won't look smooth, but they'll bake up much prettier!
7. Bake muffins for 18-20 minutes, or until a toothpick inserted in the center comes out clean.



Pasta in Spinach Basil Sauce

By October, most of the plants in my garden are dead. However, their memory lives on in the abundance of spinach I have in my freezer! Here's one of my favourite recipes that reminds me of summer while still warming my stomach in the fall.

Ingredients

- 300 grams pasta
- Olive oil (for the pasta and for the pots)
- 2 or 3 cloves garlic, finely chopped
- 3 cups spinach, (fresh or frozen, coarsely chopped)
- 1 teaspoon Cumin powder
- 1 cup Milk
- 5 or 6 basil leaves (torn roughly)
- 1/4 cup Parmesan cheese, grated
- Salt and Pepper, to taste

Instructions

1. Cook the pasta in salted water until it is al dente. Rinse the cooked pasta under cold water and drizzle it with a little oil to prevent it from sticking.
2. Heat olive oil in a large pot. Once the oil is hot, add finely chopped garlic and sauté it for a few seconds. Add the chopped spinach, cumin, salt and pepper.
3. Let it cook till the spinach wilts down or becomes soft. Once it's wilted and shiny, switch off the heat and leave it aside to cool down (about ten or fifteen minutes)
4. Using an upright or immersion blender, blend the cooked spinach mixture, milk, basil and parmesan into a smooth puree.
5. Heat up some more oil in a pot. Once the oil is hot, add the cooked pasta and the spinach puree. Mix it till well coated and let cook for 4 to 5 minutes.

HAMILTON HIGHLIGHTS... DID YOU KNOW?

SUBMITTED BY BRIAN ROULSTON

1960 – Barton Township annexed by the City of Hamilton and the township ceased to exist.

1960 - CHCH Television Tower is a 357.5 metre-high guyed TV mast in Hamilton, Ontario, Canada which is the primary transmitter for television station CHCH-TV. When it was built in 1960, the CHCH Television Tower became the tallest structure in Canada.

1960 - The Farmers' Market moved under cover on the ground floor of the Eaton's parking garage built on the market grounds.

1960 - New City Hall opened on Main Street West.

1960 - Police dogs used for the first time in Hamilton.

1961 - Old city hall, with its 38-metre clock tower, demolished to allow expansion of Eaton's department store. The clock and bell went into the tower of the 1990 Eaton Centre.

1961 - CHCH disaffiliated from the CBC and becomes an independent TV station.

1962 - John Munro was elected to the Canadian House of Commons in the 1962 election, and served continuously as a Member of Parliament (MP) for Hamilton, Ontario. Munro was appointed to Cabinet by Prime Minister Pierre Trudeau, and served variously as Minister of Amateur Sport, Minister of Health and Welfare and Minister of Labour from 1968 to 1978 when he was forced to resign from over the "Skyshops (https://en.wikipedia.org/wiki/Louis_Gigu%C3%A8re)" scandal.

1962 - The Hamilton Red

Wings in 1962 capture the Memorial Cup which featured 1972 Summit Series hero Paul Henderson. Hamilton defeated the Edmonton Oil Kings.

1963 - Department of National Defence no longer needs the Hamilton airport. Department of Transportation assumes ownership and operation. The airport was originally built in 1940 as the Mount Hope Airport, a Royal Canadian Air Force base. After the war, the airport gradually shifted towards civil use. The military ceased using it as a base in 1964.

1964 - Imperial Tobacco Company's Hamilton operations are moved to Guelph, Ontario.

1964 - Hamilton is the birthplace of the Tim Hortons chain (1964). The original store ("Store #1") still operates on Ottawa Street.

1966 - Terminal Towers including a new eight-storey Holiday Inn opened on the site of the old transit terminal between King and Main at Catharine Street. It is now called Effort Square and the hotel is a Hamilton Plaza Hotel.

1966 - Mohawk College starts granting diplomas in 1966, and has since grown into one of the largest provincially funded colleges in the province of Ontario.

1966 - Studebaker Hamilton shuts down as its last car factory. (March 5)

1967 - Hamiltonian Paul Szep, becomes the editorial cartoonist for The Boston Globe in 1967. (1967–2001).

1968 - Lincoln Alexander, became Canada's first black Member of Parliament when he was elected to the Canadian House of Commons in 1968 as a member of the Progressive Conservative Party of Canada.

1968 - Thomas McQuesten, his historic downtown family home was willed to the City of Hamilton after the death of the last of his five unmarried siblings in 1968. After its restoration was complete in 1971, Whitehern

has been open as a civic museum and has occasionally served as a period film location.

1970 - Notable actors from Hamilton are Second City Television alumni Eugene Levy, Martin Short and Dave Thomas. All three Hamiltonians attended McMaster University along with John Candy in the 1970s.

1971 - The Capitol Theatre on King East closed.

1971 - IBM Building office tower opened on Main West by the old library. Today (2007) known as the BDC Building.

1971 - The Hilarious House of Frightenstein was a Canadian children's television series which was also produced by CHCH in 1971. It was syndicated to television stations across Canada and the United States, and occasionally still appears today in some TV markets. A quirky sketch comedy series, the show's cast included Billy Van, Fishka Rais, Guy Big, Mitch Markowitz, Vincent Price and Julius Sumner Miller. Van, in fact, played the vast majority of the characters. 130 episodes of the series were made, in one single nine-month span of time starting in 1971.

1972 - Hamilton's largest theatre, the Palace, was demolished.

1972 - Hamilton Hurricanes Football Club wins the Canadian Junior Football League (CJFL) National Championship: The Canadian Bowl.

1972 - The Canadian Football Hall of Fame officially opened as a museum to dedicate football in Canada, (November 28, 1972) in Hamilton.

1972 - Phase 1 of Jackson Square completed, including Stelco Tower and Bank of Montreal Pavilion. The old Bank of Montreal building at Main and James was used as the city reference library until 1980 and had been vacant or a nightclub site on and off for many years.

1973 - The Birks Building at King and James, demolished to

make room for a modernist law office, was once described by Oscar Wilde as "the most beautiful building in all of North America." [84]

1973 - Stelco Tower is built in downtown Hamilton, 25-floors/103-metres. At the time of completion was the tallest building in Hamilton but that title only lasted for a year until Landmark Place (Century 21 building) was complete in 1974.

1973 - The last day Tolls were charged on the Burlington Bay James N. Allan Skyway Bridge. (December 28)

1973– Hamilton Place auditorium opened.

1973 - Wentworth County changes into the Regional Municipality of Hamilton-Wentworth. (Bill 155)

1974 - Hamilton's tallest building; Landmark Place, (formerly known as the Century 21 building) is completed. 43 stories/127.0 metres in height. Also the tallest residential building in Canada outside of Toronto as of January 10, 2007.

1974 - (January 1), The Regional Municipality of Hamilton-Wentworth came into being.

1974 - CHCH TV 11 was first in the world with the television premiere of The Godfather.

1976 - the Hamilton Fincups captured the Memorial Cup trophy. The Hamilton team featured future NHL stars Willie Huber, Al Jensen, Dale McCourt, Al Secord and Ric Seiling. Hamilton defeated the New Westminster Bruins in the Finals.

1976 - Hamilton's Mayor; Victor Kennedy Copps suffers a severe heart attack during the Around the Bay Road Race and leaves public office.

1976 - First Place seniors high rise at King and Wellington opened on the site of First United Church, which burned in 1969.

1976 - Widening of York Boulevard, which involved expropriating hundreds of homes and businesses, was completed.

1976 - The Spectator, which had been downtown since its founding in 1846, moved out of its King East building to 44 Frid St.

1977 - Second phase of Jackson Square completed with a six-storey office tower, but not the department store intended to be its major attraction.

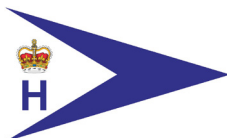
1977 - The Art Gallery of Hamilton opened beside the board of education.

1977 - New police headquarters opened down the street from the old one on King William at Mary.

1978 - Harold Ballard buys the Hamilton Tiger-Cats from Michael DeGroote for \$1.2 million in January 1978.

1978 - Teenage Head, on May 1978, they released their first single "Picture My Face" on Epic Records, and quickly became part of the scene exploding in Toronto.

1978 - August 7: Hamilton held a round of the Formula Atlantic Championship. The insurance company demanded that the metal containers that formed part of the portable barrier system be filled with sand. In the haste to get this done in time, sand was dumped all over the road. The resulting delay led to the whole event being run in just half a day. Following 30 minutes of practice, a shortened qualifying session was held for 48 minutes, although there was basically only one line because the sand still lying on the circuit. The race was finally started at 8pm. The race was originally scheduled for 70 laps. There was a safety car period after an early three-car incident. The race was eventually red flagged after 39 laps due to darkness. Keke Rosberg (1982's Formula One World Champion) won the race.

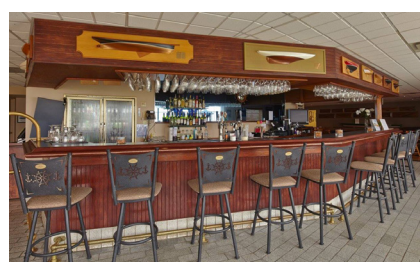
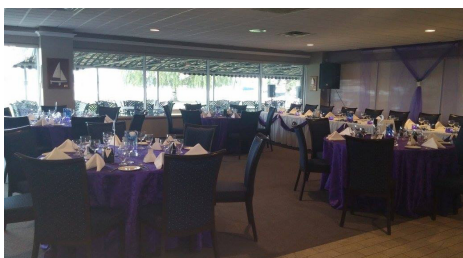


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