

NOVEMBER 2023 | VOLUME 10 | OFFICE@NORTHENDBREEZES.COM | WWW.NORTHENDBREEZES.COM | FOLLOW THE NORTH END BREEZES ON SOCIAL @NORTHENDBREEZES

THE NEXT CHAPTER FOR ED'S VARIETY

SUBMITTED BY MARTINUS GELEYNSE

It may not be a waterfront sculpture or a historic monument, but it certainly is one of the true North End landmarks: Ed's Variety. It has become a part of the neighbourhood furniture for most of us; a property that we hardly even notice anymore when we drive or walk past it. The truth is, it hasn't actually been owned by anyone named Ed for decades now, and it hasn't been an active variety store for roughly 8 years either.

The building was built around 1913. Large supermarkets weren't common in that era, and so smaller corner grocers were the purveyors of most foods and daily goods for downtown neighbourhoods. This property was likely purpose-built as a corner store, and it went on to serve the North End as such for years, later becoming a convenience store as trendy new supermarkets reduced consumer reliance on corner grocers.

Many of us in the area are well-acquainted with Ed Fisher, the owner of Fisher's Pub, which is situated directly across James North from Ed's Variety. Despite what some people may think, Ed Fisher is not the "Ed" of "Ed's Variety". In fact, when I asked him about the old corner store across from his restaurant, Ed fondly recalled going there for candy as a kid growing up around the corner. It was already called Ed's Variety then, after Ed Griffin, the proprietor. "It's always been Ed's Variety, as long as I can remember" he noted. Even when the building changed hands, to later owners like the Oliveiras and Neves families, the variety store continued operating as "Ed's Variety". After years as the neighbourhood destination for milk, bread, candy, and smokes, the store finally closed down in 2015.

For the greater part of the last decade, the property has sat in limbo. Attempts were



made to lease out the vacant storefront, while residential tenants occupied the large upstairs apartment. The store remained vacant. Unfortunately, this was largely a result of its highly restrictive Residential D zoning. Permitted uses included a seminary, day nursery, and a few other generally non-viable options.

In May of 2021, the current owners purchased the building. They undertook to solve the zoning issues and successfully achieved a variance from the City to allow for a restaurant use on the main floor. They also completed drawings and obtained a building permit to make the second floor a

fabulous 2-bed + 2-bath apartment. Their plans ultimately changed over the last year, and so they have put the property up for sale at \$799,000. This time, however, it offers a real opportunity for new owner to open a cafe or restaurant. And, with the building permit in-hand already, a buyer can start building the upstairs apartment the day they close on the place. Live/work anyone?

Now, to be clear, I and my associate, Ben Zarate, are the agents listing this little landmark for sale. However, long before I listed this property, I fell in love with its potential. After all, can you imagine how much attention this building would receive if it

were suddenly renovated into a cafe? If the old metal cladding were taken off and the original red brick facade was revealed and restored? The south west corner of James North and Wood has been a community hub for decades. I hope it will be so again soon.

Martinus Geleynse is a Senior Vice President of Sales and REALTOR® with Sotheby's International Realty Canada, Brokerage. He lives just off James Street North and works out of his office on James Street South. You can reach him at 905-537-4819 or mgeleynse@sothebysrealty.ca. Find his team and his listings at www.martinus.ca

HAMILTON'S TRAGIC LOSS: REMEMBERING MARGARET HAYWORTH

SUBMITTED BY BRIAN ROULSTON

Little Margaret Hayworth was 10 years old with her life ahead of her. She was well-liked by her classmates and teachers at Lakeshore Public School and Knox Presbyterian Sunday School. Her father John was an employee of the Firestone Tire & Rubber Company on Burlington Street. He and his wife Georgina, were well-known and respected members of the local community. Margaret's younger sister Jacqueline was six when the family departed Montreal for Glasgow, Scotland on June 23, 1939 for a summer visit to grandparents on both sides of the family in Falkirk and Aberdeen. John returned to Canada two weeks later for work and to move while his wife stayed overseas with the children. Life for the Hayworth's was pretty good.

That summer, the German High Command had been preparing for a war. But, no one clearly knew who with or why. Talks that had been ongoing between Germany, the Soviets, Britain and France broke down. On September 1, Germany swept into Poland from the north, the west, and the south. The speed and the relative ease in which they took control of Poland astounded the world.

John convinced Georgina to return earlier than planned. She ended up on the S.S. Athenia which was fully booked with 1100 passengers and 300 plus crew. Most of the passengers were either Canadians or Americans looking to get out before the fighting began. Before sailing the ship's crew checked and double-checked every lifeboat and life jacket while dock workers installed heavy metal covers over the portholes. The 16-year-old Athenia set sail on September 1, for Quebec City and Montreal via Liverpool. Captain Cook followed the Trade Division's updated route, which avoided Ireland by 200 miles.

On September 3rd, Britain declared war on Germany at 11 a.m. Cook had assured one of the passengers later in the day that they should be well out of harm's way, in international waters.

It was 7 o'clock, and the evening meal service had just begun. Captain Cook and the first-class passengers were seated when Cook felt an unsettling calm. He excused himself and went to the bridge where he felt his presence was needed. Meanwhile, Georgina and the girls were enjoying a beautiful moon and starlit evening on the deck. She had thought about turning in but it was such a pleasant evening she changed her mind.



From www.findagrave.com Cannada



S.S. Athenia in Montreal Harbour in 1933
The National Library of Ireland

another man, but he too handed her the wrong child. Jacqueline ended up on another lifeboat.

Margaret and her mother along with other sur-

vivors spent eight hours in a cold, dark lifeboat before being rescued by the S.S. Southern Cross, one of the many ships that went to their rescue after receiving SOS signals from Athenia. Once owned by the American billionaire Howard Hughes the luxury liner was owned by a Swedish industrialist. Because the Southern Cross had reached her capacity, saving about 200 passengers, they were immediately transferred to the rescue vessel City of Flint. The finest care was given to Little Margaret Hayworth.

The SS Athenia sank some 200 metres to her watery grave off the coast of Inistrahull, Ireland around 10:40 am the next morning. Canada, Britain, and the United States became part of what would soon become a new world war. A war that would involve other 'innocent people' from Hamilton and beyond.

According to the Halifax Chronicle, dated September 14th, as the City of Flint was being moored in Halifax, passengers were so grateful to be in a safe place they belted out a round of "Oh Canada."

As Georgina and Margaret were crossing the Atlantic, John Hayworth was sitting on the steps of the Hamilton Spectator building on King Street, across from the Royal Connaught Hotel waiting anxiously for any news of his family. All night bits and pieces of information came across the teletype machines. First came the good news, Jacqueline was safe and sound and on her way to Glasgow. She'd soon be safe with one of her grandparents. Finally, news that Margaret and Georgina were on their way to Halifax. John boarded the train to meet his family. He met Georgina on the gangway and she cried. "Oh John, I can't believe it, she's gone!" The official cause of death as recorded by doctors aboard the S.S. City of Flint was a brain concussion and pneumonia.

The couple brought Margaret's body back to Hamilton. At the CNR station on James St. North at 6:40 pm on September 15th a crowd of about a thousand people silently gathered to pay their respects. A plain pine box was removed from the train and taken to the Brown Brothers funeral home.

A small private ceremony was held on September 16th, then she was moved to the St. Andrew's Presbyterian Church on Barton Street where she laid in state. It should be noted, Jacqueline was absent from the funeral. It was a hot and humid Saturday afternoon in the

Golden Horseshoe with intermittent rain. A tiny white coffin with silver handles laid with a red, white and blue pillow on top. A Canadian Red Ensign flag draped from the organ. Breathtakingly beautiful flowers sent from each of Firestone's departments filled the air with their scent. Outside, along the church wall, flowers were piled high, left by sorrowful and bitter Hamiltonians mourning the loss of one of their own, an innocent child. The entire nation grieved that day. An hour before the service, the church was filled to capacity (1200 people), mostly women and children. Two police officers stood at the doors turning away hundreds of mourners, but there were nearly as many people outside as inside, waiting for them to come out of the church.

The City of Hamilton ordered flags on city properties lowered to half-mast when the train arrived until after the service. All government buildings in Ontario and across Canada were ordered to fly at half-staff but only during the hour of service. The city's 50th Mayor W.R. Morrison and the entire Hamilton City Council members were in attendance. Mitchell F. Hepburn, Ontario's 11th premier was there with his entire cabinet. Grenville native Howard Fergusson, who served as the province's ninth premier attended too. Hamilton's T.B. McQuesten, then Minister of Highways, paid his respect. W.H. Taylor represented Prime Minister William L. M. King. C.L. Cowan gave a fiery sermon condemning Hitler for his actions. Because of the oppressive heat inside the church Rev. E. Crossley read only a few of the hundreds of telegrams and letters of sympathy that were sent to John and Georgina from major organizations across the country.

Pallbearers carried the casket to the waiting cortege past a Guard of Honour of World War I veterans and the crowd that gathered outdoors in the rain. The Royal Hamilton Light Infantry, the Honour Guards and procession travelled along Barton, up James Street North to City Hall (currently the location of City Centre mall). The honour guards disbanded and the procession continued west along York Blvd. Mourners lined almost every metre of the route. Everyone lowered their heads in reverence as the procession got closer. The funeral was the largest in Hamilton's history at the time. Just as the procession arrived at the cemetery, the clouds gave way to brilliant sunshine. A place of honor was reserved for the floral arrangements from Margaret's classmates. A card had been placed in the center with each child's signature scribbled in it. Premier Hepburn, Mayor Morrison and members of city council also signed the card. Margaret was given one of the most beautiful panoramic spots in the cemetery. She was laid to rest beside the Shrine of Christian Martyrs to War on Women and Children, which overlooks Dundas Valley and the beach where she and her family spent many unforgettable times playing alongside Burlington Bay.



Sunday Worship
10:00 – 11:30AM

Children's Ministry
Nursery to Grade 5



500 James St N, Hamilton

Contact Phone: 905.527.3972

Email: office@jamesnorth.church

Office Hours: Mon to Fri 9AM - 4PM

www.jamesnorth.church

James North Baptist Church (formerly Hughson Street Baptist) has been a part of the North End for more than 135 years. We have been more than just a worship gathering on Sundays as we meet as many people during the week as we do at our Sunday worship times. We believe the Lord has called us to a very simple philosophy of ministry – we seek to bless the North End of Hamilton in Jesus' name.

We would be glad to welcome you any Sunday at our morning worship gathering. We believe the gospel changes everything. The good news of the gospel is that the death of Jesus Christ has paid the price for our sin, taking the penalty we deserve on Himself, saving us with certainty because of His resurrection. The gospel grants us purpose, hope and a new perspective on joy and fulfillment. Life may not always be easy, but our hope in Jesus Christ gives us strength for the journey.

We also offer the hope of Jesus to others through our ministries and programs. There are several weekly ministries that you and your family can attend. You could come by on Fridays from 9-11am for Coffee's On where our Food Bank is open to help those who need a little boost. We have children's programming running on Tuesday nights during the school year. Check our website for up-to-date information for programs (www.jamesnorth.church) or give us a call at 905-527-3972.

We are located at the corner of James St N and Picton Ave, the building with affordable housing on top. We would be glad to welcome you.



St. Lawrence the Martyr Parish

125 Picton Street E., Hamilton, Ontario L8L 0C5
905-529-3921

stlawrencehamilton@hamiltondiocese.com
www.stlawrencehamilton.ca | Office Hours: Tues-Fri 9am-4pm
In case of after hours emergency please call 365-888-1275

Pastor: Rev. Peter Jurzyk
Sunday Mass 11:00 a.m.

Weekday Mass Schedule:

~No Mass Monday~

Tuesday - Confession 6:30 p.m. Mass 7:00 p.m.

Wednesday - Mass 12:00 noon

Thursday - Confession and Adoration 6:00 p.m., Mass 7:00 p.m.

Friday - Mass 12:00 noon

Saturday - Confession 9:30 a.m., Mass 10:00 a.m.

Please check our website for weekly updates/changes

Sacraments of Marriage or Baptism:

Please contact the parish office to make an appointment to meet with Father Peter.

Parish News

Save the Dates! Our annual fundraising events are coming up!
Mark your calendar - you don't want to miss them:

CWL Fall Penny Sale

Saturday November 25, 2023

Penny Sale, 50-50, Bake Sale & Lunch Items for Sale

Christmas Turkey Roll

Friday December 1, 2023

CWL Christmas Bake Sale

Sunday December 10, 2023 after 11:00 a.m. Mass

Hall Rentals are available!

Call the office or visit stlawrencehamilton.ca/hall-rentals for more information.
Please keep an eye on the bulletin or our parish website for further updates.
www.stlawrencehamilton.ca



ST. LAWRENCE CHURCH CHRISTMAS TURKEY ROLL



*Help us celebrate our
57th Annual Turkey Roll*

FRIDAY DECEMBER 1st, 2023

Doors open 6 p.m.

Draws start at 7 p.m.

St. Lawrence Parish Hall

125 Picton Street E. (corner of Mary and Picton Streets), Hamilton, On

3 spins for \$2

Come to WIN, WIN, WIN !!!

40 Turkeys, 40 Hams and 40 LCBO Gift Cards (\$25)

Make sure to get your 50/50 tickets!!!

For more information
please call the Church at
905-529-3921



CWL Penny Sale

St. Lawrence Parish Hall

125 Picton St. E. (Corner of Mary & Picton Sts.), Hamilton, On

Sat. November 25th, 2023

Doors Open at 11:30 a.m.

Ticket Sales close at 1:00 p.m.

Draws start at 1:15 p.m.

**Lots of Prizes - Bake Sale - 50/50
Special Draw - Lunch & Snack Foods**

Admission: Free Tickets: \$3 per book (100 tickets) or 2 books for \$5.
Must be present to win.

Breakfast Club

FREE, FRESH BREAKFAST

EVERY DAY BEFORE SCHOOL AT

COMPASS COMMUNITY HEALTH

438 HUGHSON ST. N.

7:45 AM TO 9:15 AM

Contact Mariko at mbohn-kai@compassch.org

to register!

See you there!



COMPASS
COMMUNITY HEALTH



WARD 2 UPDATE

SUBMITTED BY WARD 2 COUNCILOR
CAMERON KROETSCH



Fall means change, but perhaps not as much as we're used to. As members of Council learned from environmentalists in October, longer summers mean fewer changes to the colours of the leaves on trees, making it harder to observe the usual seasonal transitions between summer, fall, and winter.

But there have been many other changes of note in the North End. On September 30, the National Day for Truth and Reconciliation, I had the honour of speaking at the opening of All Our Relations, an installation designed by Indigenous artist Angela DeMontigny, which now has its home at the waterfront at James Street North and Guise Street.

Final touches are being put on the surrounding stairs and plaza, and the area should be open for all to explore soon. I encourage you to spend time there, especially near sunrise and sunset, when the exhibit's 7,700 glass beads are lit up in all their glory.

October marked the completion of the long awaited tree replanting on Strachan Street East and in Jackie Washington Park. As you may recall, some trees were removed along Strachan Street East earlier this year in order to complete track widening and utility installations. Since then, I have been working closely with CN Railway, Metrolinx, and City staff to ensure trees were replanted as soon as possible. Between funds donated by CN and those in reserve for tree planting by the City, we were able to plant more trees than were removed which will help to keep the North End green, increase shade and cooling, decrease airborne pollution, and provide a natural barrier to the rail line.

October also saw the completion of sidewalk repairs throughout the neighbourhood. This took place across Ward 2 and is part of an



AFTER A MEETING WITH NDP HOUSING CRITIC, MP JENNY KWAN, WITH WARD 3 COUNCILLOR NRINDER NANN, SHELBY KOMARNISKI FROM HAMILTON ACORN, VIOLETTA NIKOLSKAYA FROM YWCA HAMILTON, AND TYSON BURKE FROM THE HAMILTON COMMUNITY LEGAL CLINIC

effort to repair as many sidewalks as possible in each of 6 neighbourhoods during this term of Council. When I knocked on doors during the election, I heard from residents about the poor condition of Ward 2 sidewalks including tripping hazards and the fear of injury. I promised to do something about it and I'm keeping that promise by allocating as much as I can to these important repairs. Everyone deserves to be able to get around safely and I'm committed to improving things for all who use our downtown sidewalks.

As you may have heard, the Hamilton Alliance for Tiny Shelters (HATS) project has been paused. While many are disappointed, HATS completed their due diligence on the Strachan Street East site and decided it wasn't feasible. I share everyone's concerns about those forced to live outdoors during the coming winter, but I think it's the right

decision under the circumstances.

The North End Town Hall scheduled for November has been moved to a new date and location. We will be holding the meeting on Monday, November 13 from 6:30pm to 9:00pm in the Hamilton Room at the Central Branch of the Hamilton Public Library on York Boulevard.

I recognize that this venue is not located in the North End but in listening to feedback from North Enders and City staff I heard that it was important, that the meeting be held at an accessible City facility with excellent audio and visual equipment. The Hamilton Room has a capacity of approximately 150 people but we will also livestream the meeting so that you can watch and participate from home. The agenda for the meeting has been circulated on social media. The meeting will not include a discussion of the paused

HATS project, as it will not be proceeding in the North End or elsewhere at this time. The Neighbourhood Town Hall in the North End, like the others I have held this year, is open to all Ward 2 residents. After an initial presentation from me about the issues impacting Hamilton, Ward 2, and the North End, there will be time for questions and answers. I look forward to seeing you there.

In the meantime, and as always, please reach out anytime at Ward2@hamilton.ca or through our office phone number at (905) 546-2197. The Ward 2 Team is in the office Mondays, Wednesdays, and Fridays from 8:00am to 4:00pm; Tuesdays and Thursdays from 8:00am to 8:00pm; and Saturdays from 10:00am to 2:00pm.

- Cameron Kroetsch

TROUBLING TIMES

SUBMITTED BY CRIME STOPPERS HAMILTON

By now we've all heard about the devastating issues taking place around the world. Our daily newscasts have become difficult to hear and watch. These situations impact each of us in many different ways.

Hate has no place in our society; plain and simple. It's up to us as a community to look after each other regardless of our individual beliefs. Everyone knows that we're always stronger when we come together rather than move apart.

Crime Stoppers is asking everyone to be mindful of not only your families, but also of your co-workers, neighbors, and community members.

If you see anything that may be criminal in nature or something that looks to inspire hate, contact the Police or Crime Stoppers.

At Crime Stoppers, you'll remain completely anonymous and no one will ever know that you contacted us. We never ask for your name and we don't subscribe to caller ID.

Crime Stoppers is available 24-7, 365 days a year. Call us at 1-800-222-TIPS or visit us at

CRIMESTOPPERSHAMILTON.com
Now more than ever, Stand Up, Stand Together.



WHAT'S HAPPENING IN NOVEMBER AND DECEMBER AT HPL

Stay up to date with the special events, concerts and program offerings HPL has lined up this holiday season. Visit hpl.ca for our Daily Events Calendar or download a PDF of our What's Happening Guide. And sign up free to receive our monthly What's Happening eNews.

2023 Hamilton Reads

Grand Finale Watch a reading and conversation with local author, Gary Barwin of *Nothing The Same, Everything Haunted: The Ballad of Motl the Cowboy*. Barwin will be interviewed by local poet and author, Ben Robinson. Mark your calendars to attend on Thursday, November 2, 6:30pm-7:30pm at the Central Library.

Learning Resources at HPL

Students, educators and caregivers can browse a collection of activities, book lists, educational and tutoring resources, online courses and more at our website throughout the year.

After Hours Study Halls

Looking for a quiet study space or space to work? The Dundas, Red Hill, Terryberry, Turner Park, Valley Park and Waterdown branches offer this after-hours service from Mondays-Thursdays, 8pm-Midnight (except on statutory holidays).

Starting Monday, October 23, the new Central Library Study Hall is paused for 4-6 weeks due to overnight construction.

Once the construction is completed, we will announce when the service resumes.

Send Postcards to Someone Special

The Holiday season is fast approaching! Pick up vintage postcards and send special greetings to seniors living in long-term care homes and socially isolated residents. Complete the mailing address and drop off at any branch – we'll take care of the postage.

Our virtual branch at hpl.ca is always open. Questions? Call 905.546.3200, email AskHPL@hpl.ca or chat with staff at hpl.ca. Get a library card.

Discover the endless benefits that come with a HPL card. Borrow more, free passes and entry to local museums, free PRESTO cards for kids, create in Makerspaces and more. Stay up to date and subscribe to our mailing list.



Hamilton Public Library

OUR CORNER ♦ Bar & Grill ♦



905-523-0584
496 James St N,
Hamilton, ON
L8L 1J1

THE BIRGE MEADOW

SUBMITTED BY KATHY RENWALD

It took five years of research, brainstorming, cajoling, and friendly persuasion, but finally a naturalized garden is replacing litter and debris on a bit of Birge Street in Hamilton.

The orphaned strip of land runs between Victoria and Wellington Streets, bordering the CN railway tracks, and facing the Hamilton General Hospital Regional Rehabilitation Centre.

"People from all over visit the rehab centre and see this space," says Brenda Duke an advocate at large for beautifying neglected spaces and founder of Beautiful Alleys.

The strip of land was a notorious dumping ground; litter crowded the few struggling trees on the median. So volunteers first started by organizing cleanups, pruning trees and discouraging persistent weeds, then the HHS Hospital Zone Steering Committee set into motion a host of partners dedicated to making a change.

It culminated in a plant-a-thon this month that saw 40 volunteers putting in a smorgasbord of natives flowers and grasses that will form a meadow under new tree plantings including serviceberries, oaks and hackberries.

While the muscle required for planting day along the median was impressive, it pales in comparison to the stamina required to keep a dream like this alive.



As Duke describes it there were lease agreements to negotiate, insurance requirements, presentations to make, plans to design that would meet the criteria of the city and CN, and grant proposals to write.

"It's hard to sustain enthusiasm for five years," Duke says, adding that some partners "moved on." It took about two years for CN Rail to get on board. "Now they're one of our biggest supporters," she says.

The 784-foot strip of land is planted with about 450 native plants and even at this young stage it's showing some charm. "In my mind this is what a median should look like," Duke says.

Next up is getting a sign made to acknowledge the many part-



ners who donated money, brought in equipment, and rustled up volunteers for planting day. The sign might be a big one to recognize supporters including the Hamilton Community Foundation, HHS, Environment Hamilton, Green Cities Foundation, Canadian Nursery Landscape Association, CN, Beautiful Alleys and many others.

What Duke has learned is that beautification projects like the Birge Street Meadow really do change the landscape. Since volunteers started picking up litter, the rampant dumping has greatly diminished.

That kind of change for the positive has been documented worldwide. "In my mind this is what a median should look like," Duke says.

SHOP-ABOUT: RETRO, VINTAGE AND THRIFT

SUBMITTED BY KEN HIRTER

Shop-About – Retro, Vintage and Thrift

Submitted by Ken Hirter

This November has me strolling and thinking of Retro, Vintage and Thrift Store Shopping at its very best. Walking through the International Village starting at the Gateway to Downtown sign at King Street East and Wellington Street.

Retro and Vintage refers to fashion, furniture, jewelry or designs from the past- primarily from the 1950s on.

A Thrift Store is a shop selling second hand clothing, jewelry and other household items.

So become a ‘Spend Thrift’ using money and other resources carefully and reducing waste, valuing self reliance and saving money on a shoe string budget. Looking for Retro, Vintage and Cool stuff? Look no further than a couple of blocks in the International Village along King Street.

Here are a few of the Retro, Vintage and Thrift Store finds along the way.

WINK by Out of the Past

201 King Street E.

(905) 522-6464

Instagram @ wink.by.ootp

Facebook @ WINK by OOTP

Jeanna Guerretta, Manager

“Curated affordable vintage clothing and lifestyle” They specialize in retro clothes and accessories for those looking for unique finds. Check out this awesome, colorful shop with the upside-down umbrellas as you enter.

Vintage Soul Geek

279 King Street East.

(905) 518-1733

www.vintagesoulgeek.com

Social @Vintagesoulgeek

“Vintage clothing, jewelry and accessories from the late 1800s – 1990s. Your one stop vintage shop!” Vintage Soul Geek is known for quality vintage clothing, hats and a large vast selection of collectables, jewelry and much more at reasonable prices. Walking into this delightful shop is a real step back in time and a big dose of nostalgia as well. Drop by today and visit the husband and wife team of Nick and Connie.

The Salvation Army Hamilton Downtown Thrift Store

250 King Street East.

(905) 526 - 0131

Social media <http://www.thriftstore.ca/locations>

The Salvation Army motto is REFRESH, RECYCLE, RESTYLE. Canada’s largest clothing recycler where shhh...you will find Fab Finds at huge savings on brand names every day. There is no HST on all clothing and household items (excluding new merchandise). The Salvation Army Thrift Store offers 10% off for Seniors every day. (Age 60+)

If you want to make a donation you can do so by the back door entry off Main Street East just ring the bell for pick up. The Salvation Army Thrift Store Downtown location has served Hamilton for decades now. Everything is all under one roof and another trip of nostalgia anyone?

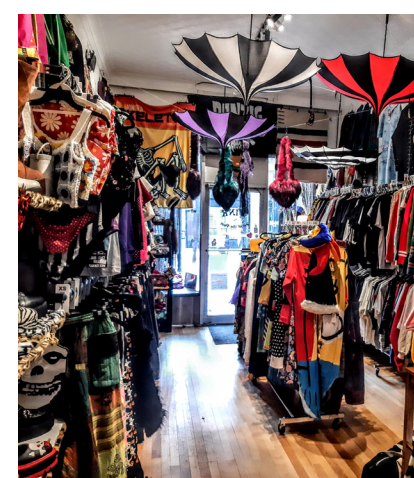
In closing I would like to thank the shopkeepers of International Village. It takes the people to make a village - I thank you.

I have been a keen retro, vintage, thrift store shopper since my Kensington Market and Queen Street West days in Toronto and here in Hamilton and the North End since 2011. These stores will never do go out of style and are generational. The best value for your buck makes for a fun filled day spent Retro, Vintage and Thrift Store shopping in the International Village.

Support the small businesses and non-profit businesses in the Downtown Core in your town or city today.

I also want to pay homage to a North End neighborhood staple, New Horizons Thrift Store which was at 520 James Street North. It was a dynamic store and a treasure trove of deals from books, clothing, household items plus much more. It was neighborhood community gathering spot as well. The New Horizon’s Thrift Store was established in 1983. It was originally known as The Clothes Closet and operated out of the Welcome Inn Community Center, 40 Wood Street where all their programs were under one roof at that time. In 2007 they changed the name to New Horizon’s Thrift Store. Sadly, the shop closed in 2021. Welcome Inn is working on plans to expand/ relocate bringing new Horizon’s Thrift Store under one roof with all of their programs. Going back to the service premise of 1983.

Cheers, till next time.



HOPA

PORTS

HOPA PORTS SUPPLIES VITAL MATERIALS FOR LOCAL CONSTRUCTION AND MANUFACTURING

The Hamilton-Oshawa Port Authority plays a vital role in supporting domestic and national supply chains for the construction and manufacturing industries. Among the many goods that flow through HOPA's terminals, there are four critical commodities essential for infrastructure and building that stand out – steel, cement, gypsum, and asphalt. Let's take a closer look at each of these materials and how they contribute to the growth and development of Hamilton and beyond.

STEEL is a versatile material used in a wide range of applications, from reinforcing concrete to creating structural frameworks for buildings and bridges. The Port of Hamilton handles both the raw materials to manufacture steel locally and imported materials for other applications. In both cases, the Port plays a crucial role in receiving, storing and distributing steel for building projects throughout the region.

CEMENT is the foundation of any construction project, quite literally! Cement is

one of the primary commodities handled at the Port of Oshawa. Shipments of cement arrive in bulk carriers and are then distributed to construction sites locally and across the province. Over 200,000 metric tonnes of this critical material has transited the Port of Oshawa, so far this year. The consistent flow of cement ensures a steady supply for builders, supporting the thriving construction industry.

GYPSUM is a mineral and is used to make plaster and drywall, essential components for interior construction. Drywall, for example, is a fundamental element in creating walls, ceilings and other interior surfaces in buildings. The Port of Hamilton handles substantial quantities of gypsum that are later processed into the products we find in our homes and offices.

ASPHALT, a mixture of aggregates, is a critical material for road construction and maintenance. The Port of Hamilton plays a vital role in ensuring a steady supply of asphalt, which is used for the creation and repair of highways and roadways, facilitating the flow of travel and commerce in our communities.

Hamilton-Oshawa Port Authority is proud to be the gateway to critical infrastructure for the construction and manufacturing industries. It is our mission to provide reliable import and distribution of materials that fuel growth and development in Hamilton and neighbouring communities.



No School? No Problem!

Come into Bennetto Community Centre on November 17th 2023 for Special Gym & Swim Activities!!

(Jerseys are encouraged)

Open Gym 12 - 2pm

Open Swim 2:15 - 3:15pm

*Football Themed Games During
Both Programs!!*



MATTHEW GREEN

Member of Parliament
Hamilton Centre



Matthew Green, MP
Hamilton Centre

905-526-0770
matthew.green@parl.gc.ca



NORTH ENDER OF THE YEAR AWARD NOMINATION FORM

Join us in presenting the 2023 North Ender of The Year Award to two of our deserving residents. Complete the on-line form at NEY AWARDS Nomination Form 2022 - Google Forms or email us at office@northendbreezes.com. Nominations close October 30, 2023.

For over 25 years, members of the North End community have been recognized for their contributions and dedication to the North End. The North Ender of the Year Award was first introduced in 1996 by Ed Stewart to honour individuals and groups who have made a significant contribution to the protection and/or enhancement of the North End.

In selecting the recipient(s) of the awards, a panel of judges will consider the nature of the community involvement undertaken by each nominee and the resulting achievements, using the materials submitted to support the nomination form.

Who can be nominated?

Individuals, groups, students, businesses or service providers who live or work in The North End can be nominated.

- Reside or work in the North End
- Has contributed to the social or cultural needs of the North End
- Has made this commitment without thought of personal or financial gain
- Is not a previous recipient of the award

Nominator Email:

Nominator Name:

Which Award? (Circle one)

Ed Stewart Legacy Award

The Ed Stewart Legacy Award is presented to an individual, group or business in recognition of an outstanding contribution to the North End through community engagement, service or leadership. The nominee should have demonstrated a long-standing, significant commitment to the improvement of the neighbourhood through professional or voluntary efforts. Normally this award is presented to recognize efforts spread over a period of ten plus years, however, a single outstanding achievement may be considered.

The Community Builders Award

The Community Builders Award is presented to recognize the efforts by the nominee in the North End neighbourhood. The individual should embody the community spirit and have dedicated their time with measurable impact on the North End and its residents. demonstrated compassion in ways of touching or enriching the lives of others, showing ongoing leadership and initiative, or sustained and selfless voluntary service. An impact visionary who is making a difference of the future of our neighbourhood.

Nominee Name:

Nominee Mailing Address:

Nominee Phone Number:

Nominator Address:

Award Information:

To help the judges evaluate your nomination, please answer all questions in depth (feel free to attach additional sheets should you need more room), and attach relevant materials and documentation that will support this nomination, including letters of support.

- **How long has the nominee been involved in the North End?**
- **How many activities and areas within the North End is the nominee involved in?**
- **How has the nominee contributed to the North End community?**
- **How has the nominee demonstrated community commitment?**

Add any supporting photos, documentation, testimonials and share. Please send scans or photos of any supporting documentation via email or mail to the following addresses:

Email - office@northendbreezes.com

Mail - 28 Fullerton Avenue, Hamilton, ON, L8L 6G8

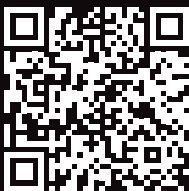
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BENNETTO COMMUNITY CENTRE

450 Hughson Street North | 905-546-4944 | www.hamilton.ca

GYM SCHEDULE - September 5 to December 4, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Cardio, Balance & Strength (55+) 10:00-11:00am \$2.49 per visit	Open Gym (Parent & Tot) 10:30-12:00pm	Open Gym (13-17 yrs) 7:30-9:00pm	Open Gym (Parent & Tot) 10:30-12:00pm	*Cardio Dance (55+) 10:00-11:00am \$2.49 per visit	Open Gym (Family - FREE) 12:00-1:30pm
Open Gym (9-12 yrs) 3:00-4:30pm			Pickleball (18+) 12:30-2:30pm	Open Gym (9-12 yrs) 5:15-6:45pm	Pickleball (18+) 1:45-3:45pm
Open Gym (13-17 yrs) 7:00-8:30pm			Open Gym (Family) 5:00-6:30pm	Open Gym (Family) 7:00-8:30pm	
			Pickleball (18+) 6:45-8:45pm		

Please note: Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

SWIM SCHEDULE - September 5 to December 4, 2023

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 18+	10:00-11:15 am	10:30-11:30 am	10:30-11:30 am	10:30-11:30 am	10:00-11:15 am	1:30-2:30 pm	CLOSED
Water Fit	11:15 am-12:00 pm		9:45-10:30 am		11:15 am-12:00 pm		
Open Swim	7:15-8:45 pm	7:15-8:45 pm		7:15-8:45 pm	6:45-8:15 pm FREE	2:30-3:30 pm	
Open swim (Family)	5:00-6:00 pm	9:30-10:30 am		9:30-10:30 am	5:00 – 6:30pm		
Length Swim	12:15-1:30 pm 7:15-8:45 pm* *2 Lanes Only	11:45 am-1:00 pm 7:15-8:45 pm* *2 Lanes Only	11:45 am-1:00 pm 8:30-9:30 pm	11:45 am-1:00 pm 7:15-8:45 pm* *2 Lanes Only	12:15-1:30 pm	12:15-1:15 pm	

NOTES: Pool will be closed September 18 – 24 for maintenance. Dryland programs will continue as scheduled. Centre will be closed on Monday October 9, 2023 (Thanksgiving)

SUPERVISION REQUIREMENTS

AGE OF CHILD	RATIO WITHOUT LIFEJACKETS	RATIO WITH LIFEJACKETS
0 – 5 YEARS	1:2	
6 – 9 YEARS	1:4	1:8

SWIM ADMISSION CRITERIA

All non-swimmers must remain in the shallow end.

- Children 0-5 years of age must be accompanied by a parent or guardian, and must be within arm’s reach at all times.
- Children 6-9 years of age who cannot pass the Facility Swim Test, must be accompanied by a parent or guardian, and must be within arm’s reach at all times.
- Children 6-9 who can pass the Facility Swim Test may be admitted without a parent or guardian

A guardian is defined as an individual at least 12 years of age or older who is responsible for the direct supervision of children within their care.

Are You Pregnant?

Join a weekly **free** prenatal nutrition group that's close to where you live!



Compass Community Health
438 Hughson Street North
(Between Macauley Street and Picton Street)
Date: Thursdays 12:30pm – 2:30pm
Bus Route: 02 or 04


Register at group during your first visit
or call Cory at 905-523-6611 Ext. 3047.

Talk with a Registered Dietitian
and a Registered Nurse about:

- Pregnancy
- Labour and delivery
- Eating well and cooking healthy food
- Breastfeeding

You will get:

- Grocery gift card
- Bus tickets
- Prenatal vitamins gift card
- Vitamin D for your breastfed baby
- Child-minding for your children under 6 years of age

 Cory Ma, Registered Dietitian
905-523-6611 ext 3047

 www.hamilton.ca/PrenatalGroups

 /HealthyFamiliesHamilton



Hamilton
Public Health Services



Funding provided in part by the
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COMPASS
COMMUNITY HEALTH

Pathways to Education

Seeking Volunteer Tutors

Academic Tutoring for High School Youth

Make a long-lasting, positive difference
3 hours each week is all it takes.



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905-523-6719

pathways@compassch.org

Pathways
to Education

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is proudly hosted by
Compass Community Health



COMPASS
COMMUNITY HEALTH



WORLD DIABETES DAY FAIR

NOVEMBER 14TH @ 1:00 PM
COMPASS COMMUNITY HEALTH-
438 HUGHSON ST N

Join us for presentations on nutrition, exercise, foot
care & overall diabetes education!

Promoting Diabetes Awareness Month
in partnership with:

Hamilton Health Sciences
Centre de Sante Communautaire
Six Nations Health Services



COMPASS
COMMUNITY HEALTH

HOSTED BY:
COMPASS COMMUNITY HEALTH,
DIABETES EDUCATION PROGRAM

THE TRACKERS

INDOOR WALKING
GROUP
FOR OLDER ADULTS

Join us for a
weekly indoor walk!

Every **Wednesday**
from 2-3pm starting
October 18th!

Meet others and increase
physical activity!

To register, contact:
Christine Sorbara
905-523-6611 x 2059
csorbara@compassch.org



COMPASS
COMMUNITY HEALTH

SENIORS ANTI-FRAUD EDUCATION WORKSHOP

Learn about:
Staying safe online and
on the phone from
scams and fraud

The next session is:
Tuesday, October 17th
1:30 - 3:00pm
at Compass Community Health



Free Program
Please Register.
Contact:

Christine Sorbara
csorbara@compassch.org
(905) 523-6611 ext. 2059



COMPASS
COMMUNITY HEALTH

MOHAWK
COLLEGE

Volunteers Needed

ONLINE CONTENT CREATORS

The Breezes is looking to add to the online content team.
Are you a social media wiz? Photographer,
Videographer? A roving reporter? Say hi!

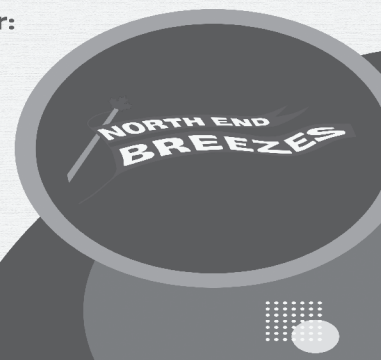
What we're looking for:

- ✓ Content creation
- ✓ Writing/ photo/video chops
- ✓ Day-to-Day liason with partners and our community
- ✓ Ad buying/ Design skills nice to have.

APPLY NOW

Send Your Info to:
office@northendbreezes.com

*If student - can count towards
volunteer hours



HAMILTON'S BUSIEST MORTGAGE GUY!

APPROVED*

Contact **Steve Hencze**
Agent # M09002425
905-818-8947
steveh@mfco.ca

Mortgage Financial Corporation
License #10421

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SERVICE**

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- ✓ Emergency
- ✓ Loans
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- ✓ Equity Lending
- ✓ Solutions



Welcome Inn Community Centre

Wherever you're from,
you are always ...

Welcome

*The Welcome Inn Community
Centre is welcoming any
volunteers who would like to
apply their skills in the following
programs: our food bank, our
children's program, and our
senior's visitation program.*

*If you are interested in
volunteering, please contact
ruth@welcomeinn.ca to chat
about your next steps.*

Living WELL Together

NORTH END BREEZES TEAM

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses in print and on-line. Contact us at 289-933-819, by email at office@northendbreezes.com, on our website: www.northendbreezes.com or social@northendbreezes.com.

Published by North End Breezes Board of Directors: Kristina Santone, Chris Pearson, Elizabeth Poynter, Keith Thompson, and James Vanderberg, Maureen Scally

Chair: Elizabeth Poynter

Financial Officer: James Vanderberg

Secretary: Kristina Santone

Marketing: Keith Thompson

Community Connector: Chris Pearson

Co-Ordinator: Brenda Duke

Editorial Assistant: Kit Darling

Layout + Design: Katie Fitzgerald

Web Site Development: Marie Mushing

Circulation & Distribution: The Board, Sheri Selway, Steve Osborne and Chrissy Chrzan along with a dedicated team of volunteers.

When submitting an article for the Breezes we also like to share the content on our social channels. Please include as many pictures as possible and a couple lines of copy we can use for Facebook, Instagram and Twitter posts. The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out.

Articles may be edited for length, tone, clarity and are subject to publication based on available space.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION

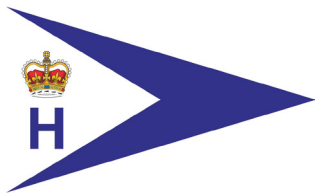
The North End Breezes is a not-for-profit team of volunteers who produce a monthly newspaper and online publications to promote connectivity, share community news and encourage mutual support by engaging our North End neighbourhood community.

NORTH END BREEZES VISION

The North End Breezes is a vital resource in the North End that promotes harmony, pride and collective community action in a diverse and ever-changing neighbourhood. For 50 years now we've been a resource for the community and rely on our volunteers to keep the information flowing for years to come. Help us grow your Breezes. Please email your thoughts to office@northendbreezes.com or call 289- 933-4810.

Follow us here:

Facebook - facebook.com/northendbreezes
Instagram - instagram.com/northendbreezes
Twitter - twitter.com/northendbreezes



Even if you don't own a boat, YOU can be a member.
Our membership is open to everyone!

RHYC was established in 1888, Our club provides a year-round facility offering an exceptional waterfront experience. Social memberships are available to enjoy our beautiful pool, dining facilities, meeting rooms and patio.



For membership information or a visit please contact us at (905) 528-8464 or email: sail@rhyc.ca

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www.peopleinconnection.com

NORTH END BREEZES TEES ARE BACK!



Show some Breezes love and support. \$25/shirt. Available in Royal Blue and White. Limited stock available. Email northendbreezes1@gmail.com to order your shirt. Free drop off in the North End.



HAPPY 30th BIRTHDAY TO FISHER'S PIER 4 PUB

First **THANK YOU** to all of our amazing staff that ensure our customers are always taken care of, and made to feel like family!

To our customers, **THANK YOU** for your patronage! Reflecting back, having families come in with their children and now those children come in with their families really warms our hearts! We appreciate every single one of you.

We know the world is full of choices, **THANK YOU** for choosing us for 30yrs.

