



# NORTH END NEIGHBOURS ASSOCIATION UPDATE

SUBMITTED BY KATHY RENWALD

Next Meeting: June 2, 7pm on Zoom

The May meeting of the North End Neighbourhood Association was short on news. Maybe it's pandemic isolation that kept things low key and without drama.

## Promenade Park

Residents on a walkabout of the harbourfront may notice new structures being assembled near the Haida. This looks to be one of the many features of Promenade Park, a stage structure that will face toward the flour mill near the foot of Ferguson Avenue. This feature was in the winning design developed by Forrec for the park they named Hammer City. Whatever you call it, this big waterfront park is supposed

to be open in July according to the Waterfront Development Office.

## Planning

It was reported that the recent LPAT (Local Planning Appeal Tribunal) decision to approve a nine-story building at the corner of James and Burlington has prompted a request for review. This is distinct from an appeal.

Herman Turkstra and Harbour West Neighbours, who opposed the development at LPAT are preparing a 37 page request that challenges the findings made by LPAT.

Building heights are an issue city wide. Recently a very cohesive and forceful presentation was made by residents of the Ward 1 Strath-

cona Neighbourhood in opposition to a hotel being built at King and Queen Streets. Mid project a request was made by developer Vrancor to add two stories to the 10-story building. Calling the tactic bait and switch, the group presentation at the Planning Committee, and dozens of supporting emails, failed to garner support of the majority of committee members. Ward 1 councillor Maureen Wilson did support the Strathcona residents, calling the development's design "disposable", particularly in light of its proximity to the majestic Scottish Rite building.

The issue of building heights and density is a hot potato. Arguments are emotional. But some are in favour of density. One can't forget that there are

many people looking for housing. As one young resident of the North End remarked at a public meeting regarding a multi-story residential building, "We need a place to live too."

## Next Door

Another discussion at the May Nena meeting was the solicitation to join a group called Next Door. The "get to know your neighbours" app was developed in San Francisco but is reaching into neighbourhoods across North America. Some at the Nena meeting were suspicious of the intent behind Next Door, but others thought it was just another tool to get more residents involved in the North End. It was decided that Nena would use Next Door to advertise their meetings.

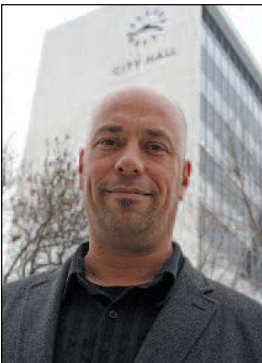
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LRT

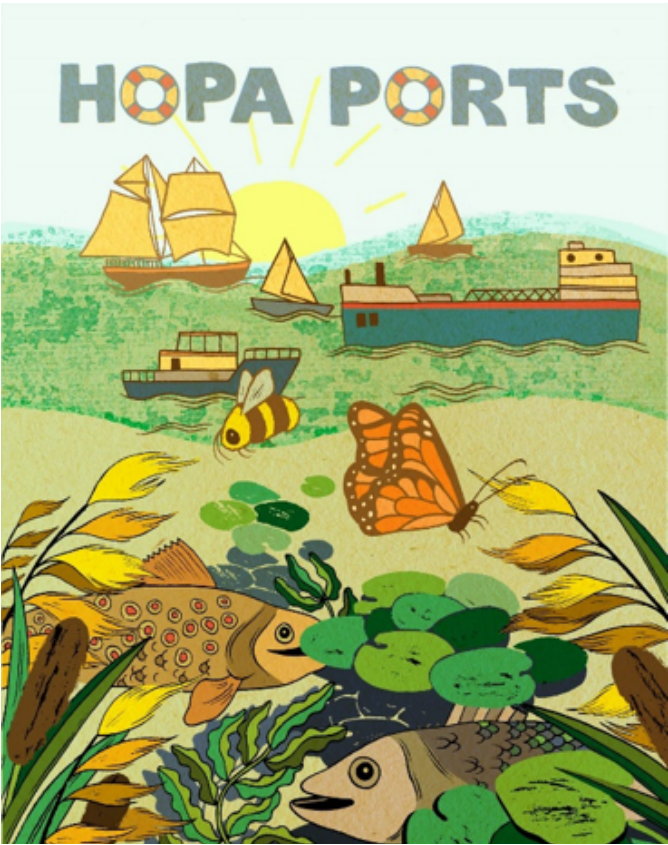
On the day I am writing this, the federal and provincial governments have announced they are funding the LRT line from Eastgate Square to McMaster University. In no uncertain terms

the feds say the money, 3.4 billion, is for LRT only. Expect to see many dramatic debates at city council over the next months, talk will centre on operating costs that must be paid by the city. It's interesting to remember that in the many years of hand wringing over LRT, there once was a pro-

posal for a spur line to run the length of James Street North.

For additional and the newest NENA information visit:

<https://www.northendneighbourhoodassociation.com/>



# HOPA P O R T S

HOPA Ports has released its Summary Report of Sustainable Actions in 2020. The annual report outlines HOPA's ongoing commitment to transparency, and explores what the port does, how it interacts with the community, and how decisions are made to support social, environmental and economic sustainability.

It is also an opportunity to celebrate successes. HOPA's network of sustainable ports are the product of the hard work and collaboration of HOPA staff, neighborhood partners, non-profit organizations, government and industry colleagues.

Cover art for the 2020 Sustainability report was created by Oshawa artist, Dani Crosby.

Sustainability Report Highlights

- The Port of Hamilton welcomed 571 vessels in 2020.
- HOPA engineers were busy in 2020, with \$30 million in capital projects in Hamilton, leveraging millions of dollars in private sector investment, and improving the transportation capacity of Ontario's largest port.
- HOPA planted new Service Berry trees outside of the Hamilton head office at 605 James St. North. These native trees, planted in partnership with Humble Bee, are part of the port's growing pollinator corridor.
- HOPA's EV charging stations saved a total of 3,500 kg of greenhouse gases in 2020, the equivalent to planting 58 trees.
- HOPA's cash and in-kind donations in 2020 totaled \$248,142.

Read the full report at [www.hopaports.ca](http://www.hopaports.ca)



# SHOP & SUPPORT

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Just in time for Father's Day!

[SHOPS.NORTHENDBREEZES.COM](http://SHOPS.NORTHENDBREEZES.COM)





# WALKABOUT: DINING IN THE NORTH END

SUBMITTED BY KEN HIRTER

Hello Summer! this month’s Walk-about for the month of June finds me walking Fisherman’s Wharf and around the bay. Walk around beautiful Bayfront Park, past docks and piers and as night falls, catch the harbour lights along Discovery Way.

Enjoy the green open spaces, trees and waterways as you walk along the shoreline trails. Linger by the marinas and the Yacht club watching the boats sailing or motoring on the Bay.

Who doesn’t love a good old fashioned English style Fish & Chip lunch or dinner or Surf & Turf? You might find me at the corner of Bay North and Strachan, at a diner in a cottage like setting. Hutch’s On the Beach, 325 Bay Street North, 905-546-5508. Open for take out. Choose from their delicious menu options of beer battered fish & chips or burger or cheese burger combos with other delights, plus an ice cream parlour so you can grab a cone to go. Or visit their original location: Hutch’s Dingley Dell, 280 Van Wagners Beach Road, 905-545-5508. Menu: hutchs.ca. Open for take-out or delivery. Whether out for a picnic in the park or parking it on a blanket or beach Hutch’s doesn’t disappoint. So, if you’re out walking the wharf and end up back at Hutch’s, pat yourself on the back, for you just walked 5 miles, so now treat yourself to that ice cream cone.

A short stroll up James Street North you will find Fisher’s Pier 4 Pub



and Grub. 554 James Street N., 905-526-9622, Menu fisherspier.com, (not open at time of writing – call to confirm). This neighbourhood institution resembles an English pub and features a cool outdoor patio.

Or if Fish & Chips and Surf & Turf are not your thing try the Shrimp Stir Fry at The Harbour Diner 486 James Street N., 905-523-0153 Open for delivery or side door pickup. Known

for their b r e a k - fast or brunch, as well as a full menu and excellent pie.

Take a summertime stroll from morning ‘til dusk on the harbour front, enjoy a snack or a meal and catch the magnificent sunsets. Support the restaurants and shops in your neighbourhood.

Happy walking, eating and having a “Good Ole Fashion Picnic Day”. enjoy this summer, get out and stretch those legs.

‘I’m Walking on Sunshine & Doesn’t that Feel Good” Katrina & the Waves

Cheers

**SHOP**  
&  
**SUPPORT**

The North End Breezes is a vital resource that promotes harmony, pride and community action in a diverse and dynamic neighbourhood. Together we have created an online collection that embraces our spirit. Shop from the comfort of your home and represent your neighbourhood. All proceeds go towards the publication of North End Breezes.

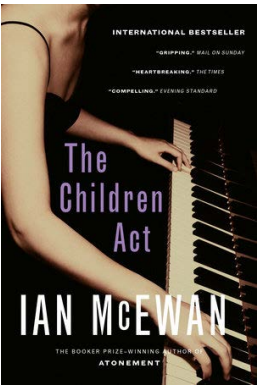
**SHOPS.NORTHENDBREEZES.COM**

Check back for more products. Have any ideas? We’d love to hear from you [office@northendbreezes.com](mailto:office@northendbreezes.com)



# BOOK CLUB CORNER

SUBMITTED BY KIT DARLING AND THE MEMBERS OF THE BAY AREA BOOK CLUB



At our May video chat, we discussed **The Children Act** by **Ian McEwan**. Fiona May is a High Court Judge in Family Court. As such, she has to deal with some searingly difficult cases. She had to rule in a case concerning conjoined twins. One twin’s organs were supporting both. If they remained conjoined – both babies would eventually die as the stronger twin’s organs failed from the strain.

If they were separated, the weaker twin would die. Fiona carries the weight of her decision to separate the twins and it affects her marriage. As she is assigned to yet another gut-wrenching case, her husband informs her that he plans to have an extra-marital affair with a younger woman, hoping to recapture the sexual raptures of their youth. Fiona refuses to accept that and he leaves. She addresses the case before her and attempts to shut out the turmoil of her personal life.

The case concerns a 17-year-old boy with leukemia. The hospital wants to give him blood transfusion to ensure the success of the drug treatment. He is refusing a transfusion and his parents are also because the teachings of their faith consider a blood transfusion to be a pollution of the body which would prevent him from going to heaven. Fiona goes to his hospital room, and finds a young man enthused about poetry and music and with a curious, lively mind. She returns to court and finds for the hospital. This decision has a continuing impact on her life. McEwan explores themes of love, religion,

logic and parenting in a tautly structured, engaging short novel. ( Image with permission, Penguin Random House Canada.)

And here is a recommended read available from the Hamilton Public Library. To borrow it or place a reserve, go to <https://hpl.bibliocommons.com> .

**Say Nothing: A True Story of Murder and Memory in Northern Ireland** by **Patrick Radden Keefe**

In 1972, Jean McConville, a widowed thirty-eight-year-old mother of ten, was taken from her East Belfast apartment in Divis Flats by masked intruders, children clinging to her legs. They never saw her again. Her abduction occurred during the vicious conflict know as the Troubles.

Everyone knew the Irish Republican Army was responsible, but no one would speak of it because of the climate of fear and paranoia that existed in every neighbourhood. Keefe takes the title of his book from a 1975 poem titled Whatever You Say Say Nothing by the Irish Nobel Lau-

reate Seamus Heaney. The IRA had a policy of killing informers within its own ranks and civilians who were suspected of providing information on them to the British. Keefe’s writing is so skillful that you may think that you are reading a detective story that leads to Jean’s body being discovered 31 years after her disappearance. It is a gut-wrenching look at a society polarized by violent guerrilla war before, during, and after Jean became one of the many to disappear. Winner of the 2019 Orwell Prize for political writing.

- Paige Turner

Note: The bookmobile will be at Eastwood Park on Thursdays from 4:30 to 5:00. There will be no access to the bookmobile to browse, but staff will be on hand for contactless returns and holds pickup.

*Have you read any of our recommendations? Liked any of the same books we talked about or disagreed totally? Let us know at bayarea-bookclub@bell.net*

## Are You Missing That Printed Copy of The North End Breezes?

As soon as it’s safe for our volunteers to deliver, we’ll be printing again. In the meantime, our electronic version on the website [www.northendbreezes.com](http://www.northendbreezes.com) is really quite good. We also offer a link to the paper that you can get by email. Send us your email at [office@northendbreezes.com](mailto:office@northendbreezes.com) and we’ll add you to the list!

## Let The Breezes Help You Promote Your Business!

Let’s get down to business.....We want to help you promote your business while you struggle with restrictions. Send us a quick email about how you are continuing to serve the North End and we will feature you in an upcoming issue free of charge.

Email [ads@northendbreezes.com](mailto:ads@northendbreezes.com)

## MATTHEW GREEN

Member of Parliament  
Hamilton Centre



Matthew Green, MP  
Hamilton Centre

905-526-0770  
[matthew.green@parl.gc.ca](mailto:matthew.green@parl.gc.ca)





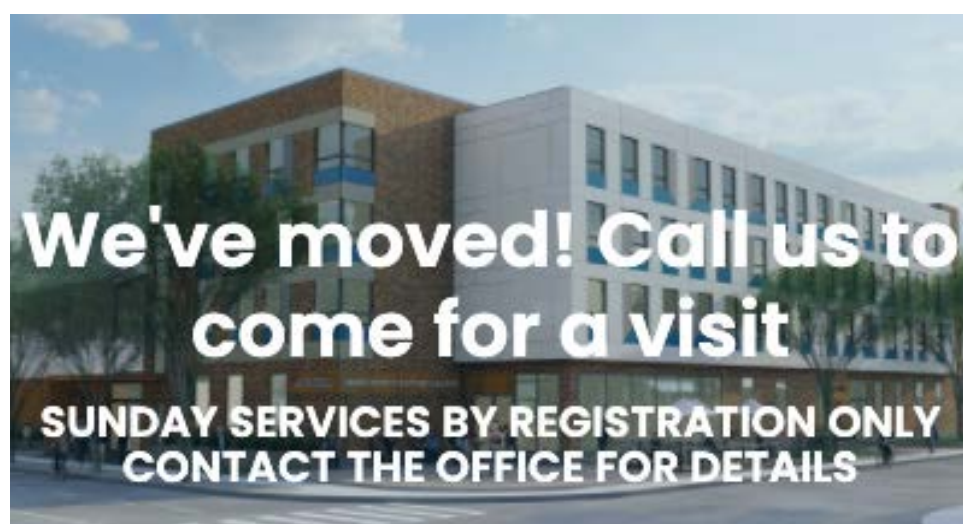


**UPDATE: In-person services on Sundays, following the Covid19 protocols of face masks and social distancing**

**Services are at 9am and 11am and pre-registration is needed due to attendance restrictions.**

**You can register for the services by visiting our [www.jamesnorth.church](http://www.jamesnorth.church) and following the links.**

**There are also Good Friday services at the same times.**



**500 James St N, Hamilton**

**Contact Phone: 905.527.3972**

**Email: [office@jamesnorth.church](mailto:office@jamesnorth.church)**

**Office Hours: Mon to Fri 9AM - 4PM**

**[www.jamesnorth.church](http://www.jamesnorth.church)**

James North Baptist Church has been a part of the North End for the past 133 years. Their congregation has been more than just a worship gathering on Sundays. Under the leadership of Pastor Dwayne Cline, we believe the Lord has called us to a very simple philosophy of ministry. We seek to bless the North End of Hamilton in Jesus' name. We minister to as many people during the week as we do through our Sunday worship times.

We believe the gospel changes everything. The good news of the gospel is that the death of Jesus Christ has paid the price for our sin, taking the penalty we deserve on Himself, saving us with certainty because of His resurrection. The gospel grants us purpose, hope and a new perspective on joy and fulfillment. Life may not always be easy, but our hope is in Jesus Christ.

At James North Baptist Church we strive to continually offer the hope of Jesus to others through our ministries and programs.

The church is looking forward to welcoming neighbours to the new building. During the Covid lockdown they are having live-stream services every Sunday at 10am. Once the lockdown is over they anticipate returning to live services at 30% capacity. Pre-registration for those services are required. Find all the details for joining in the services on their website at [www.jamesnorth.church](http://www.jamesnorth.church). On Fridays from 9:30am to 11am Coffee's On Food Bank is still operating, under the existing protocols.



## **ST. LAWRENCE THE MARTYR PARISH**

### **UPDATE:**

Weekly Mass Schedule

Wednesday 7:00 p.m.

Thursday 7:00 p.m. (Confession and Adoration at 6:00 p.m.)

Friday 9:00 a.m. (except for March 26 which will be 7pm)

Saturday 10:00 a.m. and 5:00 p.m.

Sunday 11:00 a.m.

The parish office is open by appointment only. Please call or email for all inquiries.

### **Contact Us**

Please note: the office is currently closed due to Covid 19 restrictions but our secretary is working from home. During the closure, the parish can be reached by email: [stlawrencehamilton@hamiltondiocese.com](mailto:stlawrencehamilton@hamiltondiocese.com) or Phone: (905) 529 3921 and leave a message.

For PASTORAL EMERGENCIES ONLY please call the emergency number 365-888-1275

We thank our parishioners and benefactors for the ongoing financial support of the church during the last several months.

Parish updates are shared at <http://www.stlawrencehamilton.ca>



## **The North End Breezes Team**

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 x.3004, by email at [office@northendbreezes.com](mailto:office@northendbreezes.com) or on our website: [www.northendbreezes.com](http://www.northendbreezes.com)

### **Published by:**

**North End Breezes Board of**

**Directors:** Paul Havercroft, Ian McDonald, Chris Pearson, Natalia Kouznetsova

**Editorial Assistant:** Kit Darling

**Co-Ordinator:** Brenda Duke

**Layout + Design:** Katie Fitzgerald

**Circulation & Distribution:** The Board, JoAnn Osti, Sheri Selway, Sandra Hudson, Cameron Kroetsch and Steve Osborne along with a dedicated team of volunteers.

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

### **NORTH END BREEZES MISSION:**

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

### **NORTH END BREEZES VISION:**

The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

### **Help us grow your Breezes.**

*We are looking for ideas, submissions, advertisers. Please email your thoughts to [office@northendbreezes.com](mailto:office@northendbreezes.com) or call 905-523-6611 x.3004. Leave your contact name and number and we'll get back to you.*

*Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda*



# F.F. DALLEY'S

SUBMITTED BY BRIAN ROULSTON

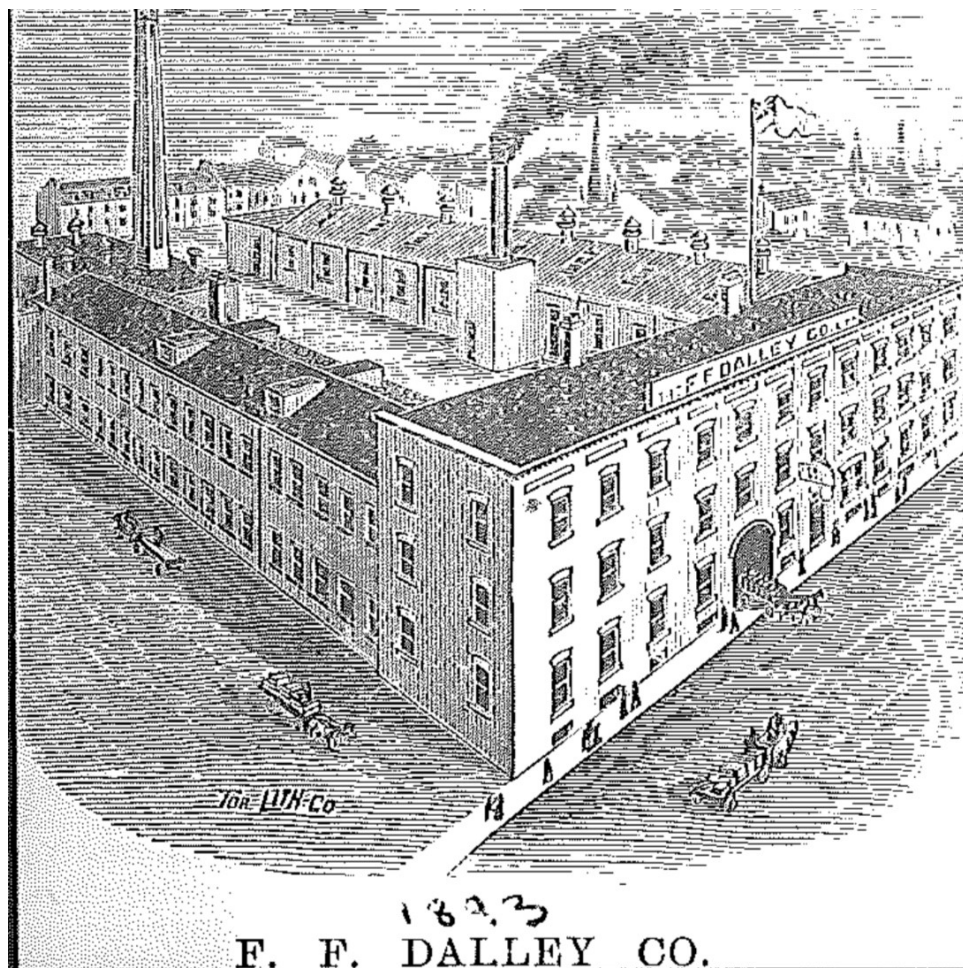
Near the end of the 19th century, leather shoes and boots became affordable to the masses and one Hamilton company capitalized on that by manufacturing and selling a product to give them a shine. The company, F.F. Dalley's Co. Ltd, had plants in Hamilton, Buffalo, Indianapolis, Boston, New York City, and London, England.

It all started with Edwin Thomas Dalley, a chemist and pottery maker who sailed across the Atlantic in the 1830's. In 1846 he and his new business partner Francis Stevens leased property from Allan McNab, and opened a small general store, Dalley's & Stevens on the corner of York Boulevard and James St. North. Like most general stores of the day, they sold goods such as sugar, shotgun shells, nails, spices, jelly powder and fabrics for dress making. Some of the products were even made by Edwin himself, like 'Dalley's Ink' which was one of their better sellers at the time. Edwin sold his ink in cone shape bottles made by the Hamilton Glass Factory in Hamilton's North End.

Edwin didn't stay very long at the general store. In 1851 he started a one-man operation, (about half a block north of Jackson Square) called the F.F Dalley Chemical Works, later re-named Hamilton Chemical Works. Edwin continued to develop better inks and also dabbled in chemical manure and bone dust fertilizers. Somehow, he got into making stove polish and leather polishes.

Edwin and his brothers started a wholesale business off York Boulevard between Queen and Ray Streets, then near Hamilton city limits. They sold groceries, liquors and patent drugs along with Edwin's inks and fertilizers.

Since the Middle Ages, Dubbin, a waxy product has been used to soften and waterproof leather. Made from a natural wax, oil, soda ash and tallow it doesn't impart a shine like shoe polish. Once leathers were introduced with a high natural veneer and became popular in the late 18th century, a high glossy finish on shoes and boots became a fashion trend. Several kinds of shoe polishes started popping up in the late 1800's to the early 1900's. How-



ever, boot or shoe polish was called something different back then. It was called 'blacking' while the generation before referred to it as 'dubbin'.

Edwin Adolphous Dalley, his son, moved back to Hamilton from New York City. And with his brother, Fenner Frederick, and nephew Samuel Dalley took over the business from the elder Dalley in 1875.

Fenner incorporated the company as the F.F Dalley Co., LTD. and moved their corporate headquarters to the Sun Life building on the south-east side of James and Main streets. He then built the newest and most modern factory in Hamilton on Hughson Street where they expanded their polish and wholesale lines and also produced food extracts and flavourings, different types of cooking oils, food colouring, baking powder, and spices. They even made some of their own over the counter drugs called Dalley's Pills and Dalley's Cholera Mixture among other drugs. F.F Dalley's manufactured Boston Laundry Starch and Toledo Corn Starch both well-known brands at the time. F.F Dalley's repackaged coffee and sold it under 'Mocha & Java'. Dalley's Spanish Bird Seed was another popular item, it sold in 18kg (40 lb.) boxes. Edwin Dalley, passed away in January 1884 at the age of 71.

Several years later Fenner Dalley threatened to sell out his Canadian

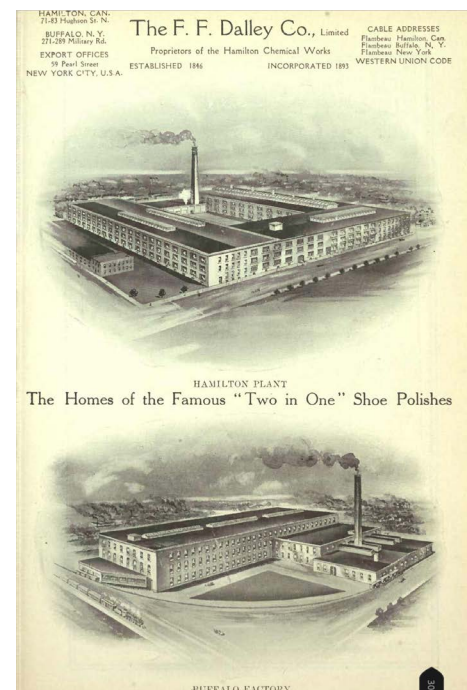
empire over Unrestricted Reciprocity, a form of free trade that he was dead set against. Fortunately Canadians voted against this 'free trade' to the U.S in a general election held in 1891.

In 1898 a branch opened in Toronto at 48 Front Street E. under the management of W.M Fielding in 1898. The branch carried their full line of products.

F.F Dalley's brought out what would be their greatest product called "2 in 1 Shoe Polish" in 1902, the only one of its kind on the planet. It was both a cleaner and polish. This eventually made the F.F Dalley Company of Hamilton a household name around the world.

In 1907 the company crossed the border into Buffalo, New York and built a factory at 227 Military Rd.

Shoeshine boys started around 1905. Kids as young as 12 years old could be seen shining shoes on busy street corners, inside train stations, luxury hotels and office buildings. Their tools of the trade were, rags for polishing shoes and boots, tins of shoe polish and a little wooden box with two metal handles on top. From the mid 1930's to the 60's shoeshine parlours started popping up across the continent. Once you stepped inside a parlour you were greeted with unmistakable smell of shoe polish, some would call this smell heaven. Like a barber shop, you



would see several gentlemen sitting along the wall in oversized wooden chairs perched on a deck about knee high. This made it easier for shoe shiners who had to bend over all day polishing shoes. Shoeshine parlours were also considered a man's domain where they would hang out, shoot the breeze and tell dirty jokes.

After Fenner's death on August 12th 1913, his son Frederick took over the shoe polish business. With the start of the Great War in 1914, there became a demand for large numbers of polished army boots. This in turn led to the need of a product that would allow boots to be polished quickly, easily and efficiently. It would also be used to shine leather belts, gun holsters and horse tack. This became a lucrative market for the Dalley's.

Following the war F.F Dalley's bought out several American businesses. According to the September 1922nd edition of the American Investor Magazine they bought out two of their rivals, the S.M Bixby & Company, the makers of "Bixby's Royal Polish" and the Shinola Company. This made them the largest shoe polish manufacturer in America and the world.

The F.F. Dalley company existed under various names for the better part of 80 years. They sold out to a new company called 2 in 1-Shinola- Bixby Corporation of Jersey City, N.J. They in turn sold to Best Foods who brought back the Shinola name. The Hamilton factory continued to make shoe polish at the Hughson Street factory until Shinola was bought out by C.A Zoes of Chicago in 1960 or 61.

*Photos: Courtesy of Hamilton Public Library, Local History & Archives.*



# A PLEA FOR STEWARDSHIP IN HAMILTON

NATURE IS NOT  
SOMEWHERE WE GO –  
IT'S WHERE WE ALL LIVE

SUBMITTED BY CANDY VENNING

It's so easy to get disconnected – we walk along pavements and are tuned to the architecture, people, cars, music, shops and other human centric aspects of our surroundings. It's absolutely normal, but for anyone who has spotted a huge hawk in a tree above the street, watched a mushroom grow out of an old stump in the yard, or marvelled at the car-

penter bees doing a territorial dance mid air, we are, in fact, inside nature.

Hamilton has such an amazing diversity of wildlife, sure there are squirrels and raccoons, sparrows and seagulls, even skunks and coyotes, all creatures who have learned to live amongst us despite all our efforts to discourage them. Should I ever have occasion to see a snake in my urban yard, I would be thrilled – the mice roam the streets with few predators aside from stray cats.

But ...

Hamilton also has 386 species of birds that have occurred within a 25-mile (40.2 km) radius of Dundurn Castle. (Who among us can name more than 6 bird species?) We have stunning waterfalls and wetlands, escarpments and greenspaces. There are native plants and trees, all around us through the escarpment and in our yards but also so many invasive species. Hamilton could insist that gar-

den centres no longer sell the invasive plant materials that escape from yards to take over protected habitat. With no natural predators, non-native species are not part of our ecosystem and cannot support native insects and birds while decimating our native woodland plant species. Hamilton could insist that contractors/landscapers and residents must plant native trees and try keep them alive, that the city insist on rainwater fees for the vast acreages of parking lots that dump heated, pollutant filled water into the bay we drink and play in (see Environment Hamilton's 'Fair Fees For Stormwater' campaign). Hamilton could become a champion for this incredible garden we live within, a real 'stickler' for insisting that developers' fees go towards the green spaces and living infrastructure we all (regardless of financial, physical, mental or social ability) so desperately need to breathe, drink and escape to for keeping up morale

during any crisis. (even escaping the heat of the sun under a big shady street tree)

My fervent hope is that the City of Hamilton will finally get on board with promoting, protecting and stewarding our most valuable resources, our stunning Bay and surrounding water and waterfalls, our magical escarpments filled with incredible trees, our birds and plants, our street trees (and adding in tree protection by-laws with teeth) our location where humanity has existed for thousands of years.

We are nature – it's not outside us, we are part of a complete ecosystem whether you want to embrace that or not – personally I want to embrace it with all of my being.

We can and should be stewards for all the things that are interlinked with this place and the creatures whose space we share.

## Notice

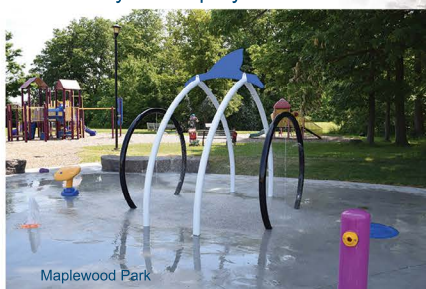


### The City of Hamilton is replacing Eastwood Park's spray pad

and we're looking for feedback on what kind of new spray pad features you would like:



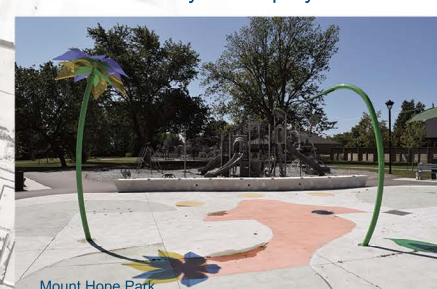
Examples of other City of Hamilton Community Park Spray Pads



Maplewood Park



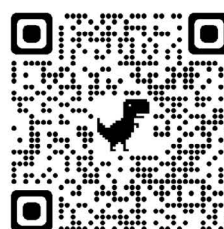
Examples of other City of Hamilton Community Park Spray Pads



Mount Hope Park

<https://engage.hamilton.ca/EastwoodPark>  
for additional info and to access Survey #1!

**Survey #1 Start:** May 21, 2021  
**Survey #1 End:** June 18, 2021



**Jonathan Michael, Project Manager**  
Landscape Architectural Services  
Public Works, City of Hamilton  
(905)546-2424 Ext: 4621  
[Jonathan.Michael@Hamilton.ca](mailto:Jonathan.Michael@Hamilton.ca)



# FROM THE NORTH END BREEZES ARCHIVES...

Even in June of 1972, our North End was planning and preparing the NE for a better future.

**PROGRESS REPORT OF NORTH END NEIGHBOURHOOD PLANNING COMMITTEE**

The Neighbourhood Planning Committee is now beginning to formulate the final stages of a proposed plan for the North End.

Several items of business have been dealt with since last report. Some of the recommendations are: possible removal of derelict buildings; lots on Guise Street and Burlington Street will be seeded to grass; apartment buildings with limited heights; some commercial/residential buildings in the central area; to encourage and provide suitable shopping; medical and pharmacy facilities; no high density along bayshore.

A study of buildings of architectural and historical interest is scheduled to be made.

Further the goals and objectives as recommended by the Committee are: improvement of off-street parking, preserve and enhance open space and to provide easily accessible park space for all residents, to improve and maximize the recreational facilities of the North End; to review the existing zoning; to provide more housing; to have a traffic study made.

At this point in time, the majority of the Committee voted to adjourn until the fall of the year. If there should be any further significant developments as a result of the work of this Committee as it has been dealt with until this date, we will inform you in the forthcoming issues of the Breezes.

If you have any further concerns for this, YOUR NEIGHBOURHOOD, please call us. We are here to serve you to the best of our ability. But if you don't tell us of your concerns, how can we?

If you have any further questions, please contact a member of the Committee or call our office at 529-8483. E. Googe, North End Planning Committee

**NORTH END SUPERMARKET**  
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Borden's Milk  
jug or pouch  
(plus deposit)

**MEATS**  
**B Y**  
**"S - - - X"**

**SPECIAL !!!**  
BORDEN'S FAMILY TREAT  
ICE CREAM  
61.49 1/2 Gal.  
All Flavours

**FRESH SPECIAL ---**

Side of beef - red brand	99¢ lb.
Cut and wrapped Average weight	24.0 lbs.

ROUND STEAK	1.65 lb.
CHUCK STEAK	.89 lb.
PORK BUTT CHOPS	1.25 lb.
HAMBURG	.69 lb.
GROUND CHUCK	.99 lb.
FRESH CHICKEN	
(leg or breasts)	.89 lb.
ST. WEINER - REGULAR	.59 lb.
HAMBURG PATTIES - 2 lb. box	1.39 lb.
FAMILY PACK, ASSORTED MEATS	
1 1/2 oz. pkg.	.89 lb.
COOKED HAM, STORE SLICED	1.59 lb.

Baby's Own Please toilet tissue 2 rolls	49¢	Primo Macaroni 2 lb. pkg.	.69¢
Facelle Royale towels 2 rolls pkg.	99¢	Primo Plum Tomatoes 20 oz.	.59¢
Tide Detergent 5 lb. box	2.29	Primo Peaches 14 oz.	2/.89¢
Javex bleach 128 oz.	.99¢	Unico Tomato Paste 14 oz.	.59¢
Carnation Milk 16 oz. 3 tins	1.00	Primo Oil - 128 oz.	4.29
		LUNCH Lunch, pkg.	.19¢
		Butter Mate Bread 3 loaves	1.00

**WE RESERVE THE RIGHT TO LIMIT QUANTITIES**

**PRICES IN EFFECT JUNE 25 - 28**

STORE	HOURS
Mon. Tues. & Wed.	8:30 a.m. - 7 p.m.
Thurs. & Fri.	8:00 a.m. - 9 p.m.
Sat.	8:30 a.m. - 5 p.m.

WOW! We need this in the North End now! A full page ad AND great prices and vaiety! My mouth started watering.....a free milkshake!

The North End Reunion Committee takes pleasure in announcing that the two-day reunion festivities held on March 7 and 8 earned a total of \$2600.00. The money is to be put in trust and administered by a three man committee with headquarters at Henninger's Brewery at 201 Burlington St. E.

The committee members are Tony Guagliano, Joe Ciruolo and Jim Davies. The funds are to be awarded to groups sponsoring amateur sports in the North End. The committee has already approved the donation of \$750.00 to three groups.

The reunion was a tremendous financial success and it was also a delightful social event for all those who attended.

We'll hope for another reunion in the near future!



If you help a man in trouble,  
that man will never forget you--  
especially the next time he's  
in trouble!

Community News and a chuckle!

#### MORE NEWS REGARDING JOHN STREET CLOSING

Last issue there was an article about the proposed John Street Closure, and many important facts were brought to your attention. Because of the concern of the North End Neighbourhood Planning Committee and of the citizens in general, the following statements have been or are being implemented:

- (a) The Engineering Department has agreed to hold off the proposed closing for a period of time.
- (b) The Traffic Department has advised that the decision to keep to roadway open or to close would have little effect to that department.
- (c) V. Agro, Controller, has agreed to have a traffic survey conducted.

The fact, however, still remains that in order for a decision on this important issue, there must be some input from us--the residents of the North end.

It is up to you and me to inform them of our wishes and concern. REMEMBER -- THIS IS YOUR NEIGHBOURHOOD!! It is important that the Planning Committee and respective departments at City Hall, learn of your interest and concerns in this matter before the final plans are made and implemented.

CALL US NOW! Tell us what you believe to be better ---

- (1) leaving John Street open or
  - (2) closing off the portions as proposed. If you are not sure where, there is a large map in our office.
- ALL THE ABOVE-MENTIONED PEOPLE NEED YOUR HELP!!

#### N. E. C. A.

You are welcome to participate in North End Christian Actions Summer Program. Pick up forms from Welcome Inn, 132 Wood E., Eastwood Baptist, 40 Wood E. or Calvin Grace Church, James N. or phone 522-4026. To ensure a space - registration should be completed as soon as possible. Some of the programs are Vacation Church School, July 2 - 11, day and overnight camps for all ages, a bike hike, Silver Lake Family Camp, July 12 - 16 and Five Oaks Family Camp, July 26 - 30.

ETAC - a week in a country setting, Family Outing, Saturday August 9th. Fees are kept to a minimum. We hope you will enjoy the summer with us.

Hugo Neufeld  
Neca Summer Program Chairman

So a little more digging clarified the N.E.C.A group and their purpose in the North End.

#### How much is NEIS worth?

4 full time staff; a co-ordinator of information services; a Director and 2 formen who supervise 10 - 12 workmen placed by various agencies under the provincial government. The only member of the NEIS Steering Committee who receives any financial gain from the operation of this organization is the Director who ensures that the programs, defined and planned by the Steering Committee, are carried out in the day to day operations of the organization. In addition, NEIS is licenced as a "charitable organization" by the federal government and is subject to careful scrutiny by the various levels of government.

The NEIS Steering Committee acknowledges that issue of the value of the service provided to the community is important in deciding whether or not an organization should receive public moneys. But the NEIS Steering Committee also believes that it is equally important to consider who would perform the services now being made available to the community should that resource be cut off. If adequate public funds are not made available to NEIS to allow it to continue the vital work it is doing in this community - work that would not be done without the assistance of NEIS - a gross dis-service will have been done to the people of the North -end. The NEIS Steering Committee solicits your active participation in seeing that adequate

In support of our requests for continued funding, the Steering Committee can produce the numerous charts, graphs, and miscellaneous other data that is familiar to those agencies. But none of those data really measure or reflect what is the true value of the services which are provided by this organization to the people of this area. The only way that we can demonstrate that true value is through the statements of confidence and support of the people who have or one day may use the services of NEIS.

It is our fear that without a statement of confidence and support of a significant proportion of North-end people, funding for the programs now being carried out by NEIS will be so severely reduced as to strangle the very life out of this organization. We are confident, however, that through being able to demonstrate the confidence and support of the community that we serve that the funds required will continue to be made available to enable NEIS to carry on its record of service to the people of this community.

Please help us by reading the notice below, cutting it out and mailing it to your Alderman, your member of Parliament or by bringing it to our office so that we can forward it on. Whether or not NEIS continues to perform a valuable role in this community depends on you, people of this community.

I am of the opinion that the North End Information Service, operating out of 465 John Street North, Hamilton, Ontario, is performing a very important service to the people of its community. I am concerned about how the work now being done by N.E.I.S. for the people of the North-end, especially the elderly, the handicapped and the single parent family would be done if N.E.I.S is permitted to die because of a lack of adequate funding.

I support N.E.I.S. application for financial support.

This is the question we still ask 50 years later. What does your community paper mean to you? Let us know.

#### WELCOME INN news:

The past month at the Welcome Inn has been full of activity. The ladies big project of making cookbooks is near completion. Some books are finished and are ready for sale. They are selling at \$3 each. The recipes contained in it are very practical, everyday recipes. Some of the ladies went shopping in the Cambridge areas and found some good deals on material and wool. On May 5th after the ladies meeting, many of the ladies and some men went smelt fishing. The catch wasn't of a big quantity but they really hit the spot once they were fried.

Every other week we have started to take any interested people to the Mountain Nursing Home to visit some of the patients. This month we are having a Rummage Sale on May 30 in the evening. We look forward to seeing you at this and other events. The men's group meet Tuesdays at 8:30 p.m.; if interested in an informal evening of recreation and fun, call Hugo at 525 - 5824.

The Welcome Inn has grown and evolved over the years but one thing has remained consistent....they welcome the community!



# THE TWO TOWERS: STORIES FROM THE BOTTOM OF JOHN STREET

SUBMITTED BY ROBYN GILLAM



The Two Towers, the second novel in Tolkien’s Lord of the Rings trilogy (along with the film based on it), is the scariest, most unsettling of the series. The two towers overlooking the harbour at the foot of John Street remind us of this tale. Theirs is also story of the search for something precious and powerful, of a titanic struggle between good and evil, but most importantly, the importance of having somewhere to call home.

Back in 1967, the towers were planned as luxury condominiums, with a swimming pool, hair-dressing salon and a dog walking park. The units featured incredible views of the harbour and escarpment. However, the disreputable image of the North End doomed the project and the apartments became rental units. Over time, Marina Towers has been home to a large and socially diverse population, including new immigrants with large families and people on social assistance. The buildings have had their share of problems, including cockroaches and bed bugs, but the onsite building managers and superintendents could deal with most issues.

Last September, as reported previously, the property was purchased by The CLV Group. This property management company, associated with a 2018 rent strike in Stony Creek, is focused more on investor return than tenant welfare and stability. Apart from changing the name of the buildings, CLV got rid of onsite building managers and superintendents, renovating their apartments

for rental. Other staff have been replaced by lower paid workers, and maintenance of tenanted apartments has all but ceased. Apartments were colder this winter than previously, and CLV was also able to enforce an above guidelines rent increase obtained by the previous owners.

A legal loophole allows landlords no ceiling on rent increases on vacant apartments, so the incentive is

to have as high a turnover of renters as possible. Resources have been concentrated on renovating empty units on an open plan concept with laundry facilities, clearly aimed at a more affluent clientele.

This is bad news for many of the present inhabitants. Some have been here 50 years or live on fixed incomes, others are dependent of food banks or are shut-ins. There are those who have been unable to pay rent, as a result of Covid-related work disruptions. Quite a few tenants have been offered money to move out, but not enough to rehouse them in the current market. As elsewhere, recent immigrants are often targeted by such offers. It also appears that some tenants have actually been threatened with eviction, although the details remain unclear.

## North End yard sale weekend supporting The Welcome Inn!

**The time for spring cleaning is NOW!**

Host a yard sale on the weekend of June 26-27, 2021, at your own house, and donate 20% (minimum) to the Welcome Inn!

The Welcome Inn has not stopped operating during the pandemic and could use our support to continue providing their programs. Food banks and seniors programs are more important than ever and, with the community support, we can provide them with additional resources to boost their operations.

Let us know that you will be participating by emailing Amanda at [NorthEndYardSale2021@outlook.com](mailto:NorthEndYardSale2021@outlook.com). Your address will be added to the Facebook event that will go live in June and all local promo!

Note: The yard sale weekend will only happen if COVID restrictions are limited, and each participating residence will have to ensure that social distancing is being maintained.



An atmosphere of fear and uncertainty pervades the two towers. Pandemic related threats to health and safety are bad enough, but add to that the appearance of a landlord with a reputation for above guidelines rent increases, renovation, and harassment, and a very dark narrative appears set to unfold. This is not a fantasy; how it ends depends on alliances between the tenants and the neighbourhood and concrete strategies to constructively engage with the property owners and the city.

The author would like to thank those who have shared their stories privately and at the Acorn Downtown Chapter meeting last month.





Goal \$100,000

\$100,000  
\$90,000  
\$80,000  
\$70,000  
\$60,000  
\$50,000  
\$40,000  
\$30,000  
\$20,000  
\$10,000  
0

\$16,330

ONE HEART ONE SOUL

# One Heart One Soul Progress Update




## One Heart One Soul Fundraising Campaign at St. Lawrence

St. Lawrence is one of the oldest parishes in the Hamilton Diocese. Our rich history began in November of 1890 with the first Mass and the official opening of St. Lawrence the Martyr. The magnificent stained-glass windows, paintings, pipe organ and altar are a real treasure to our parish. Now, over 130 years old, our beloved

church is in desperate need of repair. The One Heart, One Soul Campaign gives us an avenue and opportunity to make much needed repair to the church, but also strengthen our parish community and unite us with the entire diocese. To learn more about the campaign and how you can contribute please call the parish office (905)529-3921 or visit our campaign website <https://www.oneheartonesoul.ca/stlawrencehamilton>

## ADOPT THE BREEZES

We hear stories every day that touch our hearts and make us wonder how we can make a difference. Should we bring a new pet into our family? Is there a child that needs a loving home? Or perhaps there is a cause that could use your support.

Thank you for supporting your community newsletter. Since 1971 this newsletter has been published in a variety of forms, but it is the partnership with our readers that has always been at the heart of what we do. This is seen in the financial stability of the newsletter as in 2015 24% of our income came through

donations and fund-raising activities.

We've seen many changes over the past few years. Colour added to our newspaper, a website presence and Twitter bringing our social media presence to the forefront. Over the past few months, we have continued to bring the news of the community to you in a digital format but as soon as the situation warrants, you will have a paper copy to enjoy while you sit on your porch with your cup of coffee. The on line readership has increased over 57% so we know you are still looking

forward to the monthly edition of the Breezes. We continue to look for ways to balance our books and keep the Breezes sustainable as we approach our fiftieth year of publication.

We hope that you will join us with a financial gift that will allow us to continue to keep the people and resources of the North End connected. You will receive a charitable donation receipt for your donation. Thank you in advance for your donation.

Sincerely,

The North End Breezes Board



**Do you tweet? Do you have a couple of hours a week?**  
The Breezes would love your expertise! The Breezes needs someone to help with our social media platforms on Twitter and Facebook.

[Please contact: office@northendbreezes.com](mailto:office@northendbreezes.com)



**GRANDAD'S DONUTS**  
Hamilton, ON L8L 1J7  
289-700-0905

**Support our supporters!**

## OUR CORNER ♦ Bar & Grill ♦

**905-523-0584**  
**496 James St N,**  
**Hamilton, ON**  
**L8L 1J1**







# Welcome Inn Community Centre

## Eco-Adventures Hybrid Camp

A little online, a little in person, A LOT of FUN!!!

**Registered campers will receive:**

- arts and crafts kits
- nutritious snacks
- programmed activities
- weekly games and prizes

\*\*\*All delivered right to your door!\*\*\*

And you get to come to Welcome Inn and play outdoor games with our camp staff for an 1.5 hours each day!




**Campers 5-10 years old**  
**Only \$20/camper per week**  
**Registration weeks available:**

-July 5th-9th	-July 12th-16th
-July 19th-23rd	-July 26th-30th

\*North End residents will get priority.

Contact Gladys at [gladys@welcomeinn.ca](mailto:gladys@welcomeinn.ca) 905-525-5824 for more info.




# Welcome Inn Community Centre

Welcome Inn Day Camp Needs Your Help!  
We are looking forward to eco-friendly art & crafts all summer long. That's where you come in!

**If you have clean:**

- toilet paper or paper towel rolls
- tin cans
- 2L plastic pop bottles
- water bottles
- milk cartons
- old magazines
- glass jars (with or without lids)
- egg cartons
- yarn or twine

Please consider donating them to us!



You can drop them off at Welcome Inn any time between 10:30am-2pm Mondays, Wednesdays, Thursdays or Fridays. Just come to the Appointment Pick-Up table located on the front left side of the building. Ring the doorbell on the table and someone will be happy to receive your donation!

We are located at **40 Wood St. East, Hamilton, L8L 3Y3**

**THANK YOU FOR ALL YOUR SUPPORT!**



# Welcome Inn Community Centre

## Eco Adventures Day Camp 2021

Calling all campers! Avoid summer boredom and join us for a week at Welcome Inn for some environmentally friendly fun. Learn more about our Earth and how to care for it in a series of interactive activities including games, gardening, outings, crafts and more!

**Campers 5-10 years old**  
**\$80/week per camper**  
**Monday-Friday, 9am-3pm**  
**Registration weeks available:**

• July 5th-9th
• July 12th-16th
• July 19th-23rd
• July 26th-30th

\*North End residents will get priority.

\*\*Only one week per camper to start. If spaces are still available then we will reopen registration on a first come, first served basis.

Contact Gladys at [gladys@welcomeinn.ca](mailto:gladys@welcomeinn.ca) or 905-525-5824 for more information

Please note: If camp is unable to run in person, it will be available over ZOOM free of charge.



# Welcome Inn's MOST REQUESTED ESSENTIAL ITEMS



**SHAMPOO**

**DISH SOAP**

**BODY WASH**

**LAUNDRY PODS**

**BOOST/PROTEIN DRINK**

**TOILET PAPER**

**HOW TO HELP...**

**DROP OFF ITEMS AT 40 WOOD STREET EAST**  
\*RING THE SIDE DOOR BELL FOR ASSISTANCE \*

DONATION HOURS: MON, WED, THURSDAY & FRI 9:30-2:00.



*“Spring: A lovely reminder of how beautiful change can really be.”*

*– Unknown*

Even in these days, with wearing a mask, a smile can go a long way and be a highlight to your day and others.

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## Please see the following updates to the Welcome Inn Community Centres Programs

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### SENIORS

With spring here, please know that there is community all around you and you are not alone. We are here to help!

Please call the Seniors Support line if you are in need of food hamper deliveries or would like to be matched with a volunteer who would love to call you on a regular basis for a friendly chat.

**Seniors Support Line: 289-260-3771**

### VOLUNTEER OPPORTUNITIES

We are looking for volunteers who would like to connect with neighbourhood seniors, by phoning them on a regular basis. These phone calls are a meaningful way to help seniors cope with the isolation they are facing during the pandemic. If interested in volunteering, please call our Seniors Support Line: 289-260-3771, to get the conversation started.

### FOOD BANK

Welcome Inn's spring food bank hours are Monday, Wednesday, Thursday, and Friday from 10:30 AM - 2:00 PM.

Drop-in or book an appointment in advance by calling 905-525-5824 to avoid waiting in line. All are welcome.

**\*\*Donations are graciously accepted during Food Bank Hours. We are in need of toilet paper, body wash, shampoo, dish soap, Boost/Ensure and laundry pods, as well as any dried or canned foods that are within date.\*\***

### COMMUNITY PROGRAMMING

We are looking for an Arabic/English speaking individuals who can help interpret for community members to complete their census. We are looking for a 2 hours/week commitment. If you would like more details please contact Krista at 905-516-0480 or email her at [krista@welcomeinn.ca](mailto:krista@welcomeinn.ca).

### NEW HORIZONS THRIFT STORE

The Welcome Inn is looking forward to the grand reopening of New Horizons Thrift Store. Our goal is to reopen the store in the coming year, adding more community space and a lovely café. The store has been packed up and we are just waiting to re-open the store in a new location. We are currently not able to take donations until we obtain our new location.



**Welcome Inn**  
Community Centre

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## NORTH END BREEZES FREE CLASSIFIED ADS

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*Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email office@northendbreezes.com*

Send your upcoming events to [events@northendbreezes.com](mailto:events@northendbreezes.com) to be included in our monthly calendar and on our website: [www.northendbreezes.com](http://www.northendbreezes.com)

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Roommate wanted to share an apartment. Reasonable rent plus shared responsibilities. Please call 289-389-1070

Lawn Mowing: I am a 14 year old boy looking to make some money over the summer by mowing lawns in the north end. If interested call Ezra Oucharek at 905-517-1661.

For Sale: BIKINIS: Hand crocheted, Made to order, Very daring. \$95.00. Call Beryle @905-540-4242 for an Appt.

Children's Birthday Parties: Make your child's birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour North End Neighbours – special rate of \$65.00 per hour Call Earl Ross – 289-439-0166

Downtown Delivery Driver: Looking for a MATURE adult to do deliveries in the City of Hamilton's lower city. Trips / tips / extras you keep. You should have a float of at least \$75 to make change for customers as a float will be provided to you to purchase items. If you are interested, please call 905-921-9339 and ask for Pearl.

Be a driving force in your community! Drivers are needed to provide transportation for seniors to get to medical appointments. Flexible schedule and mileage reimbursement. Please call 905-529-0700 or email [voncsshamilton@von.ca](mailto:voncsshamilton@von.ca)

Part-time Dispatcher; Looking for a mature adult to answer phone and dispatch orders to drivers, Weekends only to start Saturday evenings and Sunday afternoon. Looking for some local here in the North End. As we are in walking distance. Training provided and after training you can work out of your own home. Please call 905-921-9339 ask for Pearl

Sewing & Dressmaking. Students and clients wanted. Lessons or alterations available. Ages 6 to 106! Expert in African apparel. Please call Hyacinth 289-308-6176



# GOOD FOOD BOX

Pick up your box at Welcome Inn, or Eva Rothwell Resource Centre! Place your order by the second Wednesday of every month, and pick up on the 3rd Wednesday from 2-5!

High quality, fresh produce at a fair price!  
\$15 for a large box (\$20 value)  
\$10 for a small box (\$15 value)

Order at NHCHC  
or Eva Rothwell.  
Call for info:  
905-523-6611 ext 3007

Brought to you by:

The Eva Rothwell  
Resource Centre  
at Robert Land



# YOUR COMMUNITY! YOUR SUPPORT! MAKE A DIFFERENCE!

The Breezes is supported by your generosity! Hundreds of volunteer hours go into each publication but we need your help to cover those essential costs of printing and delivery. A tax receipt will be issued to the address noted. Please send your cheque to North Hamilton Community Health Centre at 438 Hughson Street North or visit our website [www.northendbreezes.com](http://www.northendbreezes.com) to make a donation through paypal.

During this time of social distancing, we are still accepting e-transfers to: [office@morthendbreezes.com](mailto:office@morthendbreezes.com)



## JOIN OUR TEAM!!

The Board of Directors is looking for eager volunteers to bring new ideas and skills to the table.

Now in our 48<sup>th</sup> year, The Breezes is looking to put some new wind in our sails that will lead us forward. If you have skills in technology, event planning or fundraising, we can use those skills to grow our team. The North End Breezes relies on our volunteers to bring the community news to you. We require minimal commitment of two hours per month. Contact us for details and to discuss how you can be part of the team! Email [office@northendbreezes.com](mailto:office@northendbreezes.com)

# Are you Pregnant?

YOU'RE INVITED TO...

## Welcome Baby Program



### We provide the following at this program:

- Access a Registered Dietitian and Public Health Nurse.
- Pregnancy and post natal education
- Meet other moms
- Healthy snacks and recipes
- Food vouchers
- Bus tickets
- Free prenatal vitamins.
- Free Vitamin D drops
- Free child minding for children under 6.

### Where?

Compass CH – 438 Hughson Street North

For more information contact:  
Cory at: (905)-523-6611 Ext.3047



Celebrations  
of Life

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Full Service  
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Cremation and Burial Centre Inc.

Simple Cremation, No Hidden Fees  
**\$2,676.45**

Includes: Coordinating Activities- \$455. Documents - \$425.\*  
Shelter of Remains - \$275. Transfer Vehicle - \$415.\*\*  
Cremation Container - \$195. Cremation - \$560.  
Death Registration - \$47. Coroner's Fee - \$75. HST - \$229.45

**905.628.8558**

\* Incl. unlimited Proof of Death Certificate. \*\* 2 staff, 24 hr. availability

100 King St. E, Dundas • [www.circleoflifecbc.com](http://www.circleoflifecbc.com)

# Letters to the Editor



Did you enjoy an article? Was there something we missed? Is there something you don't like?

Or maybe you have an update we missed? The Breezes is YOUR paper! Help us spread the news you want to hear. Email [office@northendbreezes.com](mailto:office@northendbreezes.com)



# COOKING IN THE NORTH END



## WHITE WINE AND STRAWBERRY PUNCH

### Ingredients

- 2 C. strawberries
- 1/3 C. sugar
- 1 Bottle white wine
- ginger ale or Perrier

### Directions

1. Hull and halve berries; place in bowl with sugar. Let stand.
2. Puree in blender with wine until smooth.
3. Pour through fine sieve into pitcher
4. Make 4 hours ahead. Chill.
5. Serve over ice with ginger ale and whole berries
6. Makes 10 servings

### Recipe developer's notes:

I made a large amount for a garden party with most of a flat of berries. I made the puree without the wine and froze it in freezer bags. Then I added enough puree to make a pitcher with wine and sparkling water, ice cubes and whole berries.

## WATERMELON AND CUCUMBER SALAD

### Ingredients

- 1 Small seedless watermelon
- 1 English cucumber (do not peel)
- 5 green onions sliced
- 1/3 C cider vinegar (add watermelon juice and enough water to make 1 cup)
- 1 tbsp poppy seeds

### Directions

1. Cut watermelon into small chunks (inch by inch – or use melon baller) and save any juice
2. Chop cucumber into similar size.
3. If you find the dressing too tart add more sugar or sweetener.
4. Mix together – that's it!! If there is any juice left after the salad is gone, it's good as a refreshing drink with sparkling water.







# North End of the Year Award

## NORTH ENDER OF THE YEAR NOMINATION FORM

For over 25 years, members of the North End community have been recognized for their contributions and dedication to the North End. The North End of the Year Award was first introduced in 1996 by Ed Stewart to honour individuals and groups who have made a significant contribution to the protection and/or enhancement of the North End.

To access the nomination form, please visit:  
<https://forms.gle/NuTLKvPTJpiMFfgK7> or email [office@northendbreeses.com](mailto:office@northendbreeses.com)



### Circle of Security Parenting Group

In this 8-session workshop for moms and dads of children 6 months to 6 years, participants watch video clips, learn strategies to enhance the parent-child attachment relationship and improve child behaviour, and discuss these issues with the leaders and other parents.

**8 weekly sessions on Zoom,  
1-3pm Wednesdays,  
starting July 7, 2021**

For more information or to register,  
please call 905-521-2100 extension  
77406 or email [ipp@hhsc.ca](mailto:ipp@hhsc.ca)

## 20 BEST WEBSITE TO HELP KIDS LEARN FROM HOME IN 2021

CREDIT: JULIA OLECH

The internet is a great resource to support home learning, but not all websites meet educational requirements or are child-friendly — some even have inappropriate ads! Teaching your children at home is stressful enough without having to frantically close pop-ups at the same time. Unfortunately, websites that are safe and entertaining often require you to pay expensive subscription fees. The good news is that there are useful free resources available to help your kids learn from home.

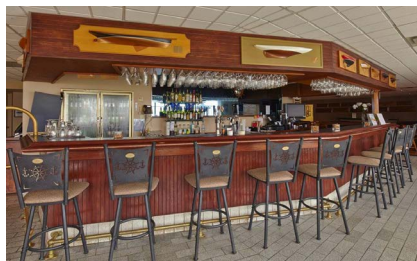
1. **CoolMath4Kids — Practice Algebra With Fun Math Games and Tricky Puzzles**
2. Duolingo — Perfect for Improving Language Skills in Only 5 Minutes a Day
3. **PBS Kids — Encourage Learning With Popular Cartoon Characters**
4. GoNoodle — Fun Dance Routines That Incorporate Learning Through Movement
5. **National Geographic Kids — Investigate World Wonders From the Leading Geography Site**
6. TIME for Kids — Current Events (and More) Explained in Child-Friendly Language
7. **Cosmic Kids — Calm Young Minds With Themed Yoga Classes**
8. Funbrain — Fully Interactive Lessons to Keep Kids Occupied and Interested
9. **Scholastic Kids — Practice Reading and Understanding With Popular Book Characters**
10. Wonderopolis — Find Answers for Curious Minds That Always Ask Questions
11. **Science Bob — Science Made Fun Through Easy-to-Follow Experiments**
12. TED-Ed — Entertaining Videos That Stimulate Learning in Bite-Size Lessons
13. **Fuse School — Entertain Little Scientists With Lessons Created by Teachers**
14. Make Me Genius — Advanced Topics for Those Who Want to Enhance Their Learning
15. **NASA Kids — Explore the Wonders of Space From Your Own Home**
16. Exploratorium — Turn Your House Into a Laboratory With Hands-On Science Experiments
17. **Storynory — A Large Selection of Audio Stories to Improve Your Kids' Reading**
18. Highlight Kids — Unleash Creativity Through Home Crafts and Games for Kids of All Ages
19. **Help My Kid Learn — Easy-to-Navigate Site With Simple but Effective Learning Tips**
20. ABCYa! — Great Learning Resources for Preschoolers and Teenagers





**Even if you don't own a boat, YOU can be a member.**  
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RHYC was established in 1888, Our club provides a year-round facility offering an exceptional waterfront experience.  
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