



WALKABOUT: THE HAMILTON PUBLIC LIBRARY

SUBMITTED BY KEN HIRTER

This month's Walkabout finds me at "The Hamilton Public Library" main branch location in the heart of the Downtown corridor. Throughout this beautiful architectural marvel you will find 6 floors of stories and the history of the past & present of Hamilton Ontario in the history blocks and mounted museum display cases documenting the history of this fair city on each given floor with topic & themes. From the beautiful artwork and ephemera, audio E-books, archival materials (related to the region), Blue Ray discs, books, DVD's and music and much, much more.

A brief History:

Since the 1830's libraries have been built here in Canada. Public Libraries had their start in the Mechanics Institutes, established to encourage a more literate and skilled class of 'working men'. In 1895, the Ontario government legislated the transformation of Mechanics institutes to public libraries. Locally, William Lyon Mackenzie established a private storefront circulating library in Dundas in 1822. In 1889 citizens of



Hamilton voted to fund a free public library and in February 1890 the first Main Library was built. The first branch library, Barton, was built in 1908.

Did you know? Hamilton was the first city in Canada to erect a new building for the express purpose of housing a Library. This building was on the north side of Main Street. In 1913 a new building, funded by the

Andrew Carnegie Foundation, was erected across the street. Construction started in 1911 and opened in 1913. It was to remain Hamilton's Main Branch till 1980.

CONTINUED ON PAGE 2

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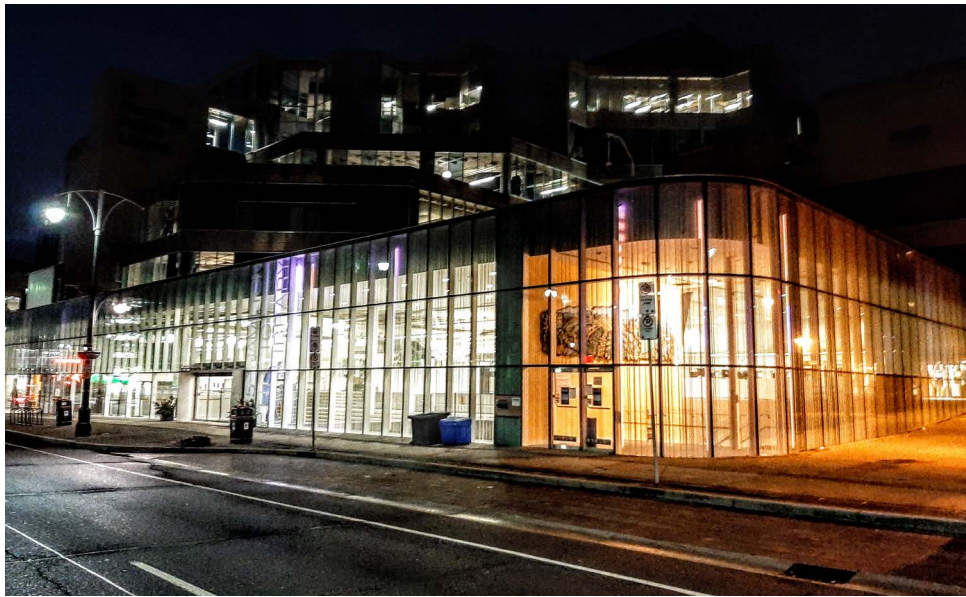
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WALKABOUT: THE HAMILTON PUBLIC LIBRARY

CONTINUED FROM FRONT PAGE

The Current Central Library at 55 York Boulevard was built alongside and blends in nicely with the Hamilton Farmers Market. Each publicly accessible floor set up to provide study spaces and access to computers. The 4th floor houses Connect 4.0 and connects the community to a collaborative creative space featuring a digital media lab, makerspace, video and sound studios as well as performance space. Other floors are home to Circulating and reference books, CDs. The ground floor houses the Children's department and a large number of public access computers. DVDs, newspapers and magazines and more. The Local History and Archives department is located on the 3rd floor and provides access to a wealth of photos, maps and historic materials. Look online at hpl.ca for listings of programmes, online research resources, photographs and much more. During the restrictions of COVID, many of the services and programmes are offered online. Best of all the cost is FREE. Fun for all from the kids, adults and family fun fares though limited for the time being.

So, with the winter months now upon us who doesn't like to curl up and read a good book and/or a mov-

ie or 2 (pop corn optional). I know that I am stocked up with my reads and movies that will take throughout March. Hopefully with more openings to ease this juggernaut and pause that we are presently experiencing. Hopefully come Spring the library will be up and operating once again for visits in person vs virtually.

Please note that the HPL has launched a new programme called Grab and GO. Fill out the form at GrabandGoBags.com | HPL and staff will select up to 10 items based on your interests. Discover a new author, musician or film.

Who doesn't remember their first library card or first library when growing up and the rite of passage from the study halls and getting your first book in any city or town? The library has been a staple within history, time and place and holds fond memories for many, dating back to the days of the early General stores, City Hall and the police on horse back of the 1880's to the 2020's. We all have those fond cherished memories. Even though things appear to be a bit different given the present-day circumstances, the library will remain a staple in any city or town right down to the mini libraries book depots throughout the city and the North End Wood Street block.

Support your public library and all the wonderful experiences, this wonderful piece of architecture and the history of Hamilton.

Past, Present and Tomorrow.... Cheers till next month.

LIVING WITH COVID

SUBMITTED BY IAN THOMPSON

Social distancing, self-isolation, masking and lockdowns are all terms that a little over a year ago didn't really exist in our daily vocabulary. Almost one year into our battle against Covid-19, all of our lives have changed extensively. This is a story about a family dealing with Covid-19 and a message for all to take it seriously.

The phone rang at nine AM on New Year's Eve 2020. A 26 year-old nurse had just tested positive for the virus working in a hospital environment. Within 3 days her mother had also contracted the virus as a result of community spread. Two other family members had to immediately go into self-isolation for 14 days away from work, family and friends.

For two weeks the nurse battled fevers, breathing issues and a complete loss of taste and smell. Young and healthy the virus didn't care

and took the daily activity of an individual and basically eliminated it.

One month later the mother is still battling fatigue and breathing issues, finding it difficult to perform daily tasks that were considered normal five weeks earlier.

Covid-19 is not only about our elderly citizens who are in lockdown inside nursing homes. This virus can and has impacted all ages with real and lasting health related issues that all of us must take seriously. When you hear people say that this is a hoax or that it is overblown, please resist and take the precautions seriously that are laid out from our medical community: Social distance, wear a face covering, wash your hands frequently. This virus is real and we all need to do our part to insure that we get back to our normal and socially active lives.

Ian is a member of the Breezes Board of Directors. Please keep him and his family in your thoughts.

What do you love about your neighbourhood?

Most people can agree that some very common amenities make for a good neighbourhood; shopping, schools, health care, transit and walkability. But all great neighbourhoods have one thing in common; people that care, people that take pride of ownership in their homes, neighbours that connect with a smile, a greeting or a porch visit.

One disadvantage of the current rules to keep a safe distance and not gather in groups is a feeling of isolation. People are social creatures. We need to see a face or hear a voice. Nothing feels better than a

surprise porch drop of homemade soup or cookies or a neighbour who just knocks on your door or calls to check on you.

Connectivity makes for safer neighbourhoods too; fewer car break-ins, porch bandits or illegal dumping. Know who your neighbour is, what cars belong on the street and watch out for each other. Good neighbourhoods build community and community builds a better and safer city for all of us.

A small gesture or a big impact... share your stories with us at office@northendbreezes.com

OH NO! SNOW!

SUBMITTED BY SHERI SELWAY

There are MANY reasons to enjoy living in the North End! It's walkable to so many places, parks, rec centre, schools, churches all close by. But one of the things that warms my heart is how we, on our block, deal with snow.

So far this year we have been lucky, not much snow. But it's coming, I just know it! But so far this year, every time I got up and looked out the window in the morning and saw snow, my sidewalk was already cleared! Not my driveway, not my walkway to my front door, but my sidewalk was cleared! I think I know who did it, but it sure made me feel good! Thank you!

We neighbours would shovel the walkway and sidewalk of an older, single woman, or tenants who go to work early. Sometimes the sidewalk at the Public Works building on Ferrie and Mary would also get shoveled! Sure, the City would eventually get it done but we know that the reason for shoveling the snow is because neighbours walk there. Kids go to school – (well eventually!) And people wheel their carts to the Food Basics for shopping. The reason we shovel snow is for the people who USE the sidewalks!

It amazes me when I am walking and I see a front walkway shoveled to the driveway – but not the sidewalk. Or walking down the sidewalk, no one shoveled the “entrance” to the alley, making me detour onto the street. The

whole block is cleared EXCEPT the laneway entrance. Surely someone could shovel it!

Some businesses and stores are great, others not so much. But they too are neighbours, so I approach them personally or with a note before phoning the City.

Another pet peeve is the sloped sidewalks at driveways. They get SO slippery. I really appreciate extra sand and salt there!

People living on the corner houses have a bit more shoveling to do, I know. But I am so impressed when the corner house shovels away from the curb and creates a pathway to cross the street. The other day the crosswalk paint was icy on John Street, so we used the City “sand box” at the corner to sand the icy sections.

So, remember. We are “Not Just Another Neighbourhood!” We are a community who looks out for each other. When we do extra shoveling, remember, we are helping those who are walking by. Even if the neighbour is not your “best bud”, we can help each other out.

1. When you shovel your sidewalk, shovel someone else's too!
2. Make sure your driveway “slope” is sanded and not slippery.
3. Check out the corner.... can people cross easily?
4. Don't shovel the snow INTO the



road because cars can slide and cause an accident.

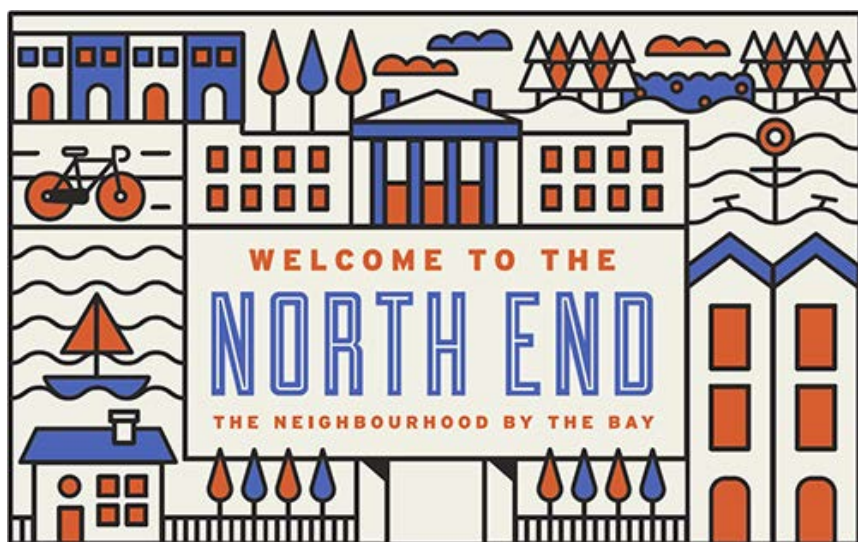
5. Do not block the sewer grates with snow, so melt water can reach the drain!

One last caution – be careful. There are often reports of heart attacks and injury due to snow shoveling. It's not an Olympic Event (maybe it should be!) Change the hold on the shovel every 10 scoops, take breaks, keep warm. Try to tell someone where you are just in case you fall.

The City currently clears 397 km of sidewalks, including all sidewalks adja-

cent to schools and ALL the sidewalks in the former Ward 12, known as the “Ancaster area”. Hamilton also has a Snow Angels program for low-income seniors and people with disabilities. Although they are NOT accepting any new clients, you can volunteer your services. High School students can get their volunteer hours by shoveling snow!

For more information about Snow Clearing from the City of Hamilton, including tips, what to do if you fall and are injured due to inadequate snow clearing, and how to file a by-law complaint, please click here: <https://www.hamilton.ca/streets-transportation/streets-sidewalks/snow-clearing>



ABOVE: THE NORTH END NEIGHBOURHOOD SIGNAGE PUBLIC ART PROJECT DESIGNED BY MATT FLETCHER (HAMILTON.CA)

WHERE IS MR. ROGERS NOW??

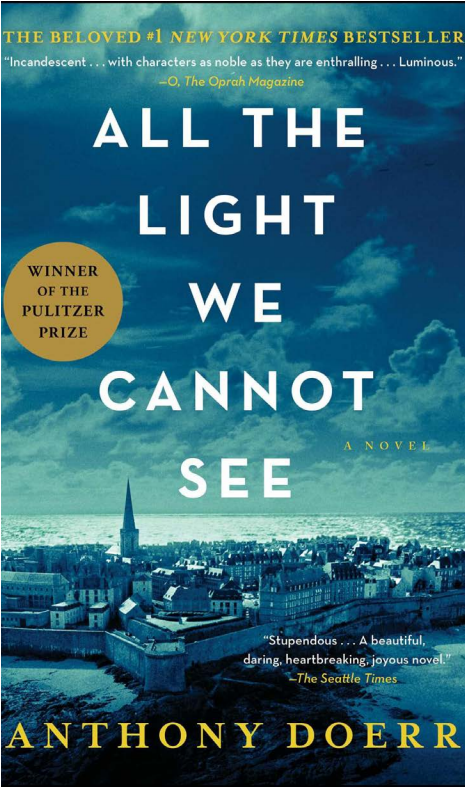
When I moved to this neighborhood, I noticed a difference. The old dame across the street was a “curtain twitcher” she would keep a sharp eye on the comings and goings on the street. At first it felt intrusive but I soon realized that she was our burglar alarm. If something out of the ordinary was happening she would see it. She had my sister's phone number to call if we were away and someone was going into our house that she didn't recognize. The one time she did call it turned out to be my eldest stepson but we were happy that she was ‘on the job!’

Another neighbor would take the old girl dinner when he cooked a roast, he would go downtown on the bus with her to make sure she was OK. That care and concern continued until she died just short of her 100th birthday. Another neighbor helped that fellow sort out his pension and GIS entitlement. Someone else had a brick walkway to her front door which regularly had weeds growing in between the bricks. She had bad knees so another neighbour would walk up there and pull the weeds for her.

The neighborhood is a network of caring, concern and support.

BOOK CLUB CORNER

SUBMITTED BY KIT DARLING AND THE MEMBERS OF THE BAY AREA BOOK CLUB



At our January video chat, we discussed *All the Light We Cannot See* by Anthony Doerr. Set in France and Germany during World War 2, this wide-ranging novel raises many questions which resonate today. Why do people follow blindly leaders and ideologies which are counter to their best interests? What makes a hero? Why do good people do bad things? At the beginning of the book, Marie Laure lives with her father in Paris. She becomes blind as a child, and learns to navigate her apartment, her neighbourhood and her father’s workplace at the Museum of Natural History. Her father builds miniature models of the neighbourhood streets and teaches her to count, light posts and sewer covers become her landmarks. She spends her days with her father, the locksmith at the Museum of Natural History where he has made the case for the Sea of Flame, a rare blue diamond with a red “flame” at its centre. The diamond is said to carry a curse. Werner Pfennig and his sister Jutta live in an orphanage in the mining town of Essen in Germany. He is scientifically inclined, building a radio out of scraps as a child. His talents lead him to enrolment in an elite technical school run by the Nazis where he

is indoctrinated and brutalised. His technical and scientific skill lead to the Wehrmacht and a role in locating and eradicating covert enemy radio transmitters. He is posted to St. Malo, in Northern France in the final days of the war. Here his life intersects with Marie Laure. Ultimately, he is responsible for rescuing her and ensuring her survival. The any flashbacks and intertwining require close attention to the story, but the writing engages the reader.

And here are some recommended reads available from the Hamilton Public Library to borrow them or place a reserve, go to <https://hpl.bibliocommons.com> .

Catch and Kill by Ronan Farrow. In 2020, movie producer Harvey Weinstein was convicted of rape, sexual assault, and sexual abuse against many women for over three decades. In his book, Pulitzer Prize winning journalist Farrow recounts how he began his investigation of Weinstein, how he made contact with the victims, how he himself became a target, how Weinstein and others tried to bury the story, and how he fought to have his story published. Weinstein’s behaviour is profoundly disturbing as is that of the many people

who assisted him and enabled him to keep women silent while rationalizing their behaviour to others and themselves. Weinstein said that he was “totally confused” by the case. Maybe he should read the book.

Paige Turner

Eight Perfect Murders by Peter Swanson Sitting in his Boston bookshop during a February snowstorm, Malcolm Kershaw is contacted by an FBI agent who believes that some recent murders are connected to an old blog post that lists books that he highlights as presenting “eight perfect murders”. Many twists and turns ensue in this satisfying quick read. A mystery reminiscent of Agatha Christie or Patricia Highsmith. Kit Darling

Note: The bookmobile will be at Benetto Community Centre on Thursdays from 4:30 to 5:15. There will be no access to the bookmobile to browse, but staff will be on hand for contactless returns and holds pickup.

Have you read any of our recommendations? Liked any of the same books we talked about or disagreed totally? Let us know at bayarea-bookclub@bell.net

OUTDOOR FUN NEAR THE NORTH END!

Walk to Princess Point from Bayfront Park to enjoy a day of skating on Cootes Paradise. Get outside, be safe and have fun!



ALWAYS CHECK FOR ICE SAFETY AND FOLLOW RECOMMENDED GUIDELINES

MATTHEW GREEN

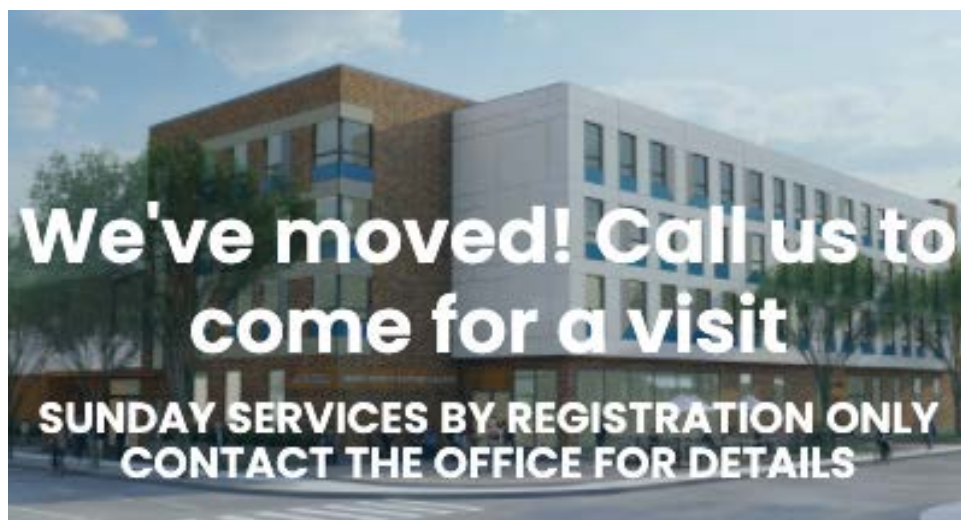
Member of Parliament
Hamilton Centre



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Email: office@jamesnorth.church
Office Hours: Mon to Fri 9AM - 4PM
www.jamesnorth.church

James North Baptist Church has been a part of the North End for the past 133 years. Their congregation has been more than just a worship gathering on Sundays. Under the leadership of Pastor Dwayne Cline, we believe the Lord has called us to a very simple philosophy of ministry. We seek to bless the North End of Hamilton in Jesus' name. We minister to as many people during the week as we do through our Sunday worship times.

We believe the gospel changes everything. The good news of the gospel is that the death of Jesus Christ has paid the price for our sin, taking the penalty we deserve on Himself, saving us with certainty because of His resurrection. The gospel grants us purpose, hope and a new perspective on joy and fulfillment. Life may not always be easy, but our hope is in Jesus Christ.

At James North Baptist Church we strive to continually offer the hope of Jesus to others through our ministries and programs.

The church is looking forward to welcoming neighbours to the new building. During the Covid lockdown they are having live-stream services every Sunday at 10am. Once the lockdown is over they anticipate returning to live services at 30% capacity. Pre-registration for those services are required. Find all the details for joining in the services on their website at www.jamesnorth.church. On Fridays from 9:30am to 11am Coffee's On Food Bank is still operating, under the existing protocols.



AN UPDATE FROM ST. LAWRENCE THE MARTYR PARISH

Once again with provincial health restrictions our Sunday Masses are cancelled and our office is closed until further notice.

We are live streaming Mass on our facebook page at 11:00 a.m. on Sundays

Contact Us

Please note: the office is currently closed due to Covid 19 restrictions but our secretary is working from home. During the closure, the parish can be reached by email: stlawrencehamilton@hamiltondiocese.com or Phone: (905) 529 3921 and leave a message.

For PASTORAL EMERGENCIES ONLY please call the emergency number 365-888-1275

We thank our parishioners and benefactors for the ongoing financial support of the church during the last several months.

Parish updates are shared at <http://www.stlawrencehamilton.ca>



The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 x.3004, by email at office@northendbreezes.com or on our website: www.northendbreezes.com

Published by:

North End Breezes Board of Directors: Paul Havercroft, Ian McDonald, Chris Pearson, Emily Graham

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Co-Ordinator: Brenda Duke

Layout + Design: Katie Fitzgerald
Circulation & Distribution: The Board, JoAnn Osti, Sheri Selway, Sandra Hudson, Cameron Kroetsch and Steve Osborne along with a dedicated team of volunteers.

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION:

The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

Help us grow your Breezes.

We are looking for ideas, submissions, advertisers. Please email your thoughts to office@northendbreezes.com or call 905-523-6611 x.3004. Leave your contact name and number and we'll get back to you.

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda



NENA UPDATE

There has been no news regarding the next steps in the planning for Pier 8 or the Jamesville project. NENa and Harbour West Neighbours Inc. have negotiated solutions in both cases that are waiting city council consideration.

The resident’s appeal of the vanNos-trand project at 468 James Street North has been adjourned to May as a result of a mediation. Mr. vanNos-trand has sold the property to new owners who include the persons who

negotiated a settlement with Harbour West Neighbours Inc. last year. Under the terms of that settlement, the building would be changed to a retirement home with a size and angles of plane that comply with the Mobility Hub Study and the Corridors policy producing a building that is the equivalent of a six story building. However, that settlement is not binding on the City. The adjournment of the hearing to May will give an opportunity to the new owners to work through a common position with the City and HWN. (HWN Inc. is the appellant in that case as only corporations can appeal and NENa is not incorporated.) The steps going forward are subject to the mediation agreement which requires that the next steps to resolve this appeal remain confidential in advance of the hearing in May.

The hearing regarding 600 James Street North and the developer proposed 10 story building on that small

site is now scheduled to be heard over a six-day period starting February 10th. Again, Harbour West Neighbours Inc is the appellant, legal services are being provided by Herman Turkstra and HWN has retained Anne McIlroy, the author of the mobility hub study to give expert opinion evidence. Two residents will also be giving evidence and a number of neighbours are participating in the appeal. In this case, we are on the same side as the City as a result of City Council rejecting the advice of its planning staff who recommended approval. The outside city lawyer representing the City will be calling expert planning and traffic opinion evidence. The developer has retained major firms to present its views.

There has been no significant progress on the NENa request to the City to assist NENa in moving ahead on amending our secondary plan, Setting Sail, to incorporate the princi-

ples of the Mobility Hub and Corridors studies that were approved by our membership meeting in November. Your planning committee will start to work on that issue when the 600 James Street North appeal hearing is concluded.

Comments and suggestions about traffic trouble spots in the neighbourhood should be sent to us this month as the City has proposed to update its data collection in February. Please email: plan@nenaplan2020.ca

NENA Annual General Meeting, Online <https://us02web.zoom.us/j/86019370303?pwd=UW-JCRGhUODhaOU5UHoxWX-dyMVFSUT09>

February 3rd @ 7 P.M.

For updates and more information, please visit northendneighbours.blogspot.com and follow on Facebook at [Facebook.com/NorthEnd-Neighbours](https://www.facebook.com/NorthEnd-Neighbours).

HOPA

PORTS

HOPA Ports Posts Solid Season After Uncertain Start

Shipping season on the Great Lakes closed on January 8, and at the combined ports of Hamilton and Oshawa, HOPA Ports has reported a total tonnage for the season of 10.6 million metric tonnes.

A total of 571 vessels visited the Port of Hamilton during the season. While steelmaking and petroleum products were lower this year, strong showings in commodities like grain, fertilizer, finished steel, salt and gypsum have made up the balance. The port saw a final tonnage total of close to 10 million MT by season close, almost exactly on-par with 2019’s results.

2020 was also a record year for new infrastructure investments. At the Port of Hamilton, an ambitious capital investment program had HOPA Ports’ engineering team hard at work, with more than \$21 million in projects underway, aimed at growing port capacity and improving efficiency. On Pier 15, Fluke Transportation is currently nearing completion of a 56,000 sq.ft expansion of a new warehouse facility, providing distribution for a variety of food products and consumer



goods. The new facility is providing in-demand capacity for the region’s \$1 billion food sector.

At nearby Piers 12 and 14, work is underway to modernize and expand the port terminal operated by Federal Marine Terminals (FMT). The new expansion includes rebuilding dock walls; construction of a new, 40,000 sq.ft warehouse; a new rail connection to Pier 15; resurfacing and upgrading of piers, roads, and environmental features.

“We are exceptionally pleased about our results in 2020 especially in light of the challenges posed by the Covid-19 pandemic,” notes Ian Hamilton. “We’re proud of the role the HOPA Ports network has played in keeping Canada’s supply chains moving. We are grateful to our port partners who have come together in an unprecedented way to protect port workers, seafarers, and residents in our port cities.”



COMMUNITY LEADER AND GREEN SPACE ADVOCATE BRENDA DUKE IS AWARDED THE ORDER OF HAMILTON

Our Congratulations go out to our Editor and friend, Brenda Duke.

This past January, 2021, Mayor Fred Eisenberg honored 10 of Hamilton's finest people during his Virtual New Year's Levee with "The Order of Hamilton". The award presentation to those 10 honorees was followed by a reception & entertainment by Ginger St. James, Greg Briscoe and the Mohawk College Jazz Band.

This award recognizes volunteer efforts and leadership that helps Hamilton to be a city where people can live, work and age gracefully.

To quote the citation "Brenda is the visionary and founder of Beautiful Alleys and is a tireless advocate in her keeping our community and city clean and green. She is truly a shining example of what can be accomplished by a small group of people. Brenda inspires and organizes volunteers

with multiple programs and projects such as the Team Up to Clean Up program, Community gardens, Pollinator Gardens and the Adopt-A-Park program. She was the lead volunteer in recruiting volunteers to help out with the Extreme Park makeovers at Woodlands Park and was instrumental in the recruitment of over 200 volunteers for the Extreme Park Makeover at Powell Park which was part of a TVO TV special called The Giver. She also serves on the Clean and Green Citizen Committee with the City of Hamilton. Brenda is the lead on the adoption of Powell Park, Birch Avenue Greenspace and co-lead on Woodlands Park and is now in the process of adopting J.C. Beemer Park. She is currently the editor of the North End Breezes community paper. From community gardens, to extreme park makeovers from alley way cleanup to community Easter events Brenda Duke is there serving her community."

For those of us who contribute to creating, designing and distributing The Breezes 11 times a year, Brenda is a continuing inspiration and support. Thank you from the Board members and all the volunteers at The Breezes and congratulations for a well-deserved recognition.

NATIVE PLANTS FROM SEED: NEED TO KNOW

SHARED WITH PERMISSION FROM THE HALTON MASTER GARDENERS PAGE

Winter sowing is an easy, low-cost method to grow native plants from seed that require a process called stratification*. It can be useful for propagating most native perennials/shrubs/vines. I began using this method of propagation last year and had really good results, growing Virgin's Bower, Clematis virginiana, Zigzag Goldenrod (*Solidago flexicaulis*), Virginia Mountain Mint (*Pycnanthemum virginianum*). This type of propagation could be compared to the slogan 'Set it & Forget it' campaign for cooking. Basically, you begin in winter – and leave the plants outdoors in the snow until spring. Some questions you might have:

1. If you plant in winter, is that now? Yes - From November to the beginning of February should work fine

2. Why wouldn't you just spread seeds on the soil this spring or fall? I'm a little forgetful and might inadvertently plant something else there next spring or walk on the area, compacting the soil. The container gives the plants a protected location.

3. Is it really a set-it and forget-it method? Mostly – I did go out and look over the plants a few times in the winter to check that the wind hadn't blown them over and that squirrels hadn't upended them, netting over the pots is helpful in preventing this.

4. Why wouldn't I just stratify seeds in the refrigerator and then begin growing the plants outside in the Spring? A good method if you forget to sow outside but using winter sowing, plants naturally 'hard-en-off' and adjust to outdoor growing conditions.

5. Where do you get the containers? You need to collect transparent or translucent plastic containers (so that you can create a mini-greenhouse including drainage holes, access to the plants, and venting). Since I don't use a lot of containers like these I speak to neighbours and friends in order to gather enough of the right container. My containers were a variety of shapes and sizes. You do want to make sure they're stable outdoors, so if they're likely to topple over you may want to wedge them in.

6. Are there any other advantages? This method allows a gardener to grow a large variety of plants in a somewhat controlled manner – at very little cost.

Final comments: My plants last spring began to grow, what seemed like very late. I thought that they weren't successful. It was a slow spring last year, but I suggest that you not give up on your seedlings until late spring. In addition, the resulting seedlings are quite small.

Some I placed in the ground – and there were no flowers this past season – just vegetative growth; others I just left in the container throughout the entire growing season and planted this fall. I am learning to be more patient and label the location of the plants. It really is a 'win-win' way to expand your gardens, add new native plants and further your understanding of horticulture.

*a general term that refers to a range of processes used to simulate natural conditions (typically temperature and moisture) that seeds require before germination can occur

More information: 2 videos on preparing and planting the containers:

https://www.youtube.com/watch?v=FJDesd_aXd0&t=155s

<https://www.youtube.com/watch?v=JscLheuYamk&t=8s>

There is also a Facebook Group called: 'Winter Sowers' that is a community of gardeners using this method to grow a wide variety of plants.



MAKING THE BREEZES WORK FOR YOU, VIRTUALLY!

We are constantly looking for ways to make on-line viewing better for you while we work through the restrictions of the pandemic.

With the valuable assistance of our web designer, Marie Mushing, we’ve updated the Breezes website.

We now have a state of the art “flip” version that’s just like reading a paper.

Our community partners needed more recognition so we added individual tabs to host all of their updates and articles. Ask us how you can be a community partner by emailing us.

Many of our articles and events have been archived but can still be found under the search option. Our current writers now have their own tab with a photo/logo and bio so you can follow all of their articles.

If the website isn’t your choice, we are now offering to email you a link to the current issue and if you follow Twitter, that’s active now too!

Your Board of Directors is closely watching the current social climate for the day we can safely deliver a printed copy to your door.

Visit www.northendbreezes.com or email us at office@northendbreezes.com

ADOPT THE BREEZES

We hear stories every day that touch our hearts and make us wonder how we can make a difference. Should we bring a new pet into our family? Is there a child that needs a loving home? Or perhaps there is a cause that could use your support.

Thank you for supporting your community newsletter. Since 1971 this newsletter has been published in a variety of forms, but it is the partnership with our readers that has always been at the heart of what we do. This is seen in the financial stability of the newsletter as in 2015 24% of our income came through

donations and fund-raising activities.

We’ve seen many changes over the past few years. Colour added to our newspaper, a website presence and Twitter bringing our social media presence to the forefront. Over the past few months, we have continued to bring the news of the community to you in a digital format but as soon as the situation warrants, you will have a paper copy to enjoy while you sit on your porch with your cup of coffee. The on line readership has increased over 57% so we know you are still looking

forward to the monthly edition of the Breezes. We continue to look for ways to balance our books and keep the Breezes sustainable as we approach our fiftieth year of publication.

We hope that you will join us with a financial gift that will allow us to continue to keep the people and resources of the North End connected. You will receive a charitable donation receipt for your donation. Thank you in advance for your donation.

Sincerely,
The North End Breezes Board



Do you tweet? Do you have a couple of hours a week? The Breezes would love your expertise! The Breezes needs someone to help with our social media platforms on Twitter and Facebook.

Please contact: office@northendbreezes.com



GRANDAD'S DONUTS
Hamilton, ON L8L 1J7
289-700-0905

Support our supporters!

OUR CORNER ♦ Bar & Grill ♦

905-523-0584
496 James St N,
Hamilton, ON
L8L 1J1



GOOD FOOD BOX

Pick up your box at Welcome Inn, or Eva Rothwell Resource Centre! Place your order by the second Wednesday of every month, and pick up on the 3rd Wednesday from 2-5!

High quality, fresh produce at a fair price!

\$15 for a large box (\$20 value)

\$10 for a small box (\$15 value)

**Order at NHCHC
or Eva Rothwell.**

**Call for info:
905-523-6611 ext 3007**

Brought to you by:

**The Eva Rothwell
Resource Centre**
at Robert Land



YOUR COMMUNITY! YOUR SUPPORT! MAKE A DIFFERENCE!

The Breezes is supported by your generosity! Hundreds of volunteer hours go into each publication but we need your help to cover those essential costs of printing and delivery. A tax receipt will be issued to the address noted. Please send your cheque to North Hamilton Community Health Centre at 438 Hughson Street North or visit our website www.northendbreezes.com to make a donation through paypal.

During this time of social distancing, we are still accepting e-transfers to:
office@morthendbreezes.com



JOIN OUR TEAM!!

The Board of Directors is looking for eager volunteers to bring new ideas and skills to the table.

Now in our 48th year, The Breezes is looking to put some new wind in our sails that will lead us forward. If you have skills in technology, event planning or fundraising, we can use those skills to grow our team. The North End Breezes relies on our volunteers to bring the community news to you. We require minimal commitment of two hours per month. Contact us for details and to discuss how you can be part of the team! Email office@northendbreezes.com

Are you Pregnant?

YOU'RE INVITED TO...

Welcome Baby Program



We provide the following at this program:

- Access a Registered Dietitian and Public Health Nurse.
- Pregnancy and post natal education
- Meet other moms
- Healthy snacks and recipes
- Food vouchers
- Bus tickets
- Free prenatal vitamins.
- Free Vitamin D drops
- Free child minding for children under 6.

Where?

Compass CH – 438 Hughson Street North

For more information contact:

Cory at: (905)-523-6611 Ext.3047



Celebrations
of Life

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Funerals and
Visitations

Circle of Life

Cremation and Burial Centre Inc.

Simple Cremation, No Hidden Fees

\$2,676.45

Includes: Coordinating Activities - \$455. Documents - \$425.*
Shelter of Remains - \$275. Transfer Vehicle - \$415.**
Cremation Container - \$195. Cremation - \$560.
Death Registration - \$47. Coroner's Fee - \$75. HST - \$229.45

905.628.8558

* Incl. unlimited Proof of Death Certificate. ** 2 staff, 24 hr. availability

100 King St. E, Dundas • www.circleoflifecbc.com

Letters to the Editor



Did you enjoy an article? Was there something we missed? Is there something you don't like?

Or maybe you have an update we missed? The Breezes is YOUR paper! Help us spread the news you want to hear. Email office@northendbreezes.com



Frosty Fun

Winter craft kits will be distributed at the following recreation locations that your children can take and do at home.

| Dundas Lions Memorial Community Centre | Ryerson Recreation Centre | Bennetto Community Centre |
|--|--|---|
| January 12, 19, 26 & February 2 1:00-4:30pm | January 14, 21, 28 & February 4 2:30-4:00pm | January 16, 23, 30 & February 6 11:30-1:30pm |



Storybook Walk

Come outside and explore a story at your local recreation centre!

| Dundas Lions Memorial Community Centre | Dundas Driving Park | Bennetto Community Centre |
|--|----------------------------|--|
| January 12, 19, 26 & February 2 1:00-4:30pm | January 20 11:00-1:00pm | January 15, 22, 29 & February 5 2:00-4:00pm |

Book Titles

| | |
|-----------------|---|
| January 11 week | Charlie's Dirty Day by Andrew Larsen |
| January 18 week | On My Swim by Kari-Lynn Waters |
| January 25 week | Walk on the Wild Side by Nicholas Oldland |
| February 1 week | Picture a Tree by Barbara Reid |



Welcome Inn's MOST REQUESTED ESSENTIAL ITEMS



SHAMPOO



BOOST/PROTEIN DRINK



BODY WASH



DISH SOAP



LAUNDRY PODS



TOILET PAPER

HOW TO HELP...

DROP OFF ITEMS AT 40 WOOD STREET EAST
*RING THE SIDE DOOR BELL FOR ASSISTANCE *

DONATION HOURS: MON, WED, THURSDAY & FRI 9:30-2:00.



Are you interested in a more sustainable way to find what you need and give what you don't? The Buy Nothing Project aims to do just that, and there's a Buy Nothing Project group right here in the North

End! Join the **Buy Nothing Landsdale/Beasley/North End, Hamilton, ON** on Facebook to start buying less and sharing more!

Below is an excerpt from the 'About' page of the group on Facebook:
We offer members a way to give and receive, share, lend, and express gratitude through a worldwide network of hyper-local gift economies in which the true wealth is the web of connections formed between people who are real-life neighbours. Post anything you'd like to give away, lend, or share in this Buy Nothing community group. Ask for anything you'd like to receive for free or borrow.
If you live here, we'd love to have you join us! You can join one group only, the group where you live so you can literally "give where you live." This is what builds community. In this group there is no buying or selling, no trades or bartering, no soliciting for cash. We're an adult-only, hyper-local gift economy. We are not a charity or community bulletin board.
Search "Buy Nothing Landsdale/Beasley/North End, Hamilton, ON" on Facebook to request to join!

“What you do today can improve all your tomorrows” – Ralph Marston

Even in these days, with wearing a mask, a smile can go a long way and be a highlight to your day and others.

Please see the following updates to the Welcome Inn Community Centres Programs



SENIORS

We know that this winter the days can feel long and sometimes isolating. You are not alone. We are here to help!

Please call the Seniors Support line if you are in need of food hamper deliveries or would like to be matched with a volunteer who would love to call you on a regular basis for a friendly chat. We will all get through this together!

Seniors Support Line: 289-260-3771

VOLUNTEER OPPORTUNITIES

We are looking for volunteers who would like to connect with neighbourhood seniors, by phoning them on a regular basis. These phone calls are a meaningful way to help seniors cope with the isolation they are facing during the pandemic. If interested in volunteering, please call our Seniors Support Line: 289-260-3771, to get the conversation started.

FOOD BANK

Welcome Inn's Food Bank is now offering appointments, please call, 905-525-5824 to book ahead and avoid waiting in the cold.

Drop-in visits are still available. Winter food bank hours are Monday, Wednesday, Thursday, and Friday from 10:30 AM - 2:00 PM.

Donations are being accepting during our Food Bank Hours. We are in a high need for Toilet paper, Body wash, Shampoo, Dish soap, Boost and Laundry pods.

COMMUNITY PROGRAMMING

We are looking for Spanish, Somali and Arabic speaking interpreters for our virtual tax clinics. Please contact Krista for more details, 905-516-0480.

NEW HORIZONS THRIFT STORE

As this new year gets underway, Welcome Inn is looking forward to the grand reopening of New Horizons Thrift Store! This past year was a tough year for our little thrift store. Even after we managed to reopen the store when the initial lockdown measures were lifted, we had to close it again when COVID cases increased. Closing New Horizons was a tough decision, but an important one for the safety of all our community members. The closure of the store is just temporary, and we are looking forward to doing more than just reopening the store. We are looking forward to expanding it and creating an even more vibrant community space for everyone! Our goal is to reopen the store in the coming year, adding more community space and a lovely café. In these next months, we will be packing up the store and leaving its current space, with a goal of re-opening the store at a new location.

There are parts of 2021 that will still undoubtedly be hard, but Welcome Inn is stepping into this new year with a great deal of hope! The grand reopening of the thrift store excites us, and we look forward to doing all that we can to support community members through the pandemic and the tough months that might follow it.

NORTH END BREEZES FREE CLASSIFIED ADS

Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email office@northendbreezes.com

Send your upcoming events to events@northendbreezes.com to be included in our monthly calendar and on our website: www.northendbreezes.com

Roommate wanted to share an apartment. Reasonable rent plus shared responsibilities. Please call 289-389-1070

Lawn Mowing: I am a 14 year old boy looking to make some money over the summer by mowing lawns in the north end. If interested call Ezra Oucharek at 905-517-1661.

For Sale: BIKINIS: Hand crocheted, Made to order, Very daring. \$95.00. Call Beryle @905-540-4242 for an Appt.

Children's Birthday Parties: Make your child's birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour North End Neighbours – special rate of \$65.00 per hour Call Earl Ross – 289-439-0166

Take off Pounds Sensibly (TOPS) meets Monday evening at 7pm-8pm at the Eva Rothwell Centre 460 Wentworth st. N Call 905-544-5088 . First night is free! Come and join us!

Community Garden, VON Hamilton – Show off your green thumb! Volunteers are required to assist with our garden on Tuesday and/or Thursday mornings for a couple of hours. Interested gardening enthusiasts can contact Janis at 905-529-0700 x2251 or voncsshamilton@von.ca.

Hamilton – Let's Do Lunch! VON Hamilton is in need of volunteers to help deliver hot and frozen meals over the lunch hour. Driver and server spots are available for our downtown routes. Call 905-529-0700 or email voncsshamilton@von.ca to find out more.

Downtown Delivery Driver: Looking for a MATURE adult to do deliveries in the City of Hamilton's lower city. Trips / tips / extras you keep. You should have a float of at least \$75 to make change for customers as a float will be provided to you to purchase items. If you are interested, please call 905-921-9339 and ask for Pearl.

Be a driving force in your community! Drivers are needed to provide transportation for seniors to get to medical appointments. Flexible schedule and mileage reimbursement. Please call 905-529-0700 or email voncsshamilton@von.ca

Part-time Dispatcher; Looking for a mature adult to answer phone and dispatch orders to drivers, Weekends only to start Saturday evenings and Sunday afternoon. Looking for some local here in the North End. As we are in walking distance. Training provided and after training you can work out of your own home. Please call 905-921-9339 ask for Pearl

Sewing & Dressmaking. Students and clients wanted. Lessons or alterations available. Ages 6 to 106! Expert in African apparel. Please call Hyacinth 289-308-6176

THE NORTH END IN PHOTOS

A COLLECTION OF PHOTOGRAPHS BY NORTH ENDER NICO CHRISTODOULOU

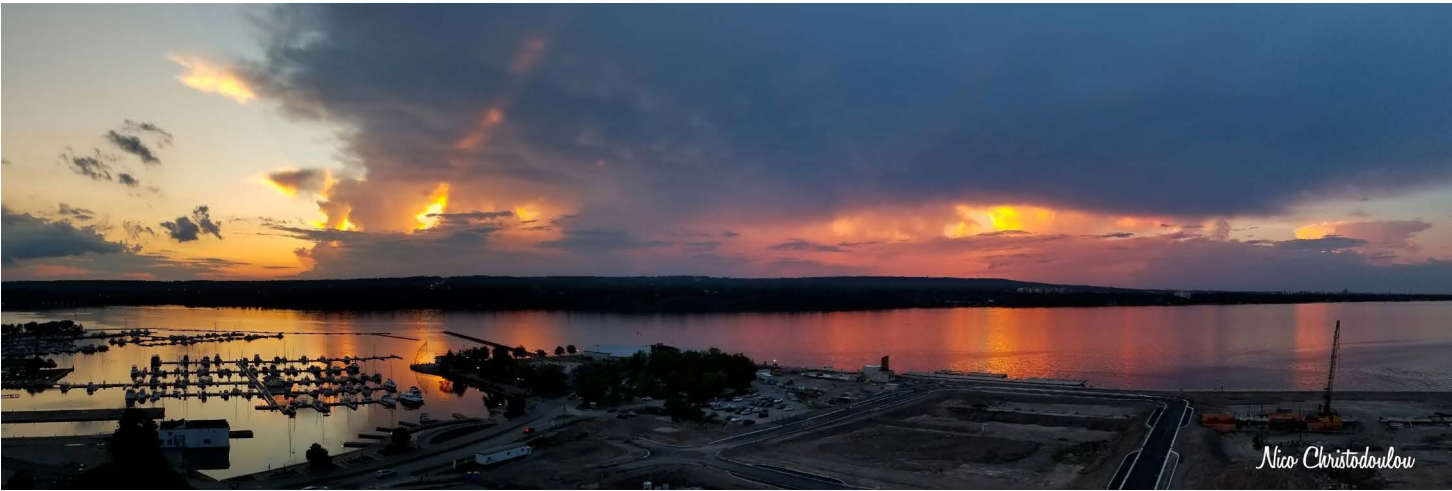


ABOUT THE PHOTOGRAPHER

Nico Christodoulou moved to Canada, with my family, from sunny Hellas (Greece), in 2018 with his wife, son and daughter. They have lived in Milton, Burlington and currently, in Hamilton trying to contribute to what Canada is, and what it represents for so many people, of different ethnic, cultural and religious backgrounds.

“Photography is my therapy! It has helped me, pull through some really “rough” patches in my life! It is all about “composing” your frame, by “stealing” a piece of space & time!

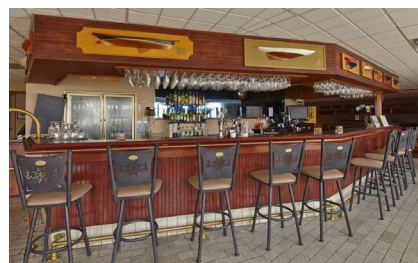
Photography is NOT about the capturing device, but about “composing” your scene, your “frame”, in a creative & photogenic way! Contact Nico at nicochristodoulou@gmail.com.





Even if you don't own a boat, YOU can be a member.
Our membership is open to everyone!

RHYC was established in 1888, Our club provides a year-round facility offering an exceptional waterfront experience. Social memberships are available to enjoy our beautiful pool, dining facilities, meeting rooms and patio.



For membership information or a visit please contact us at
(905) 528-8464 or email: sail@rhyc.ca

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