

*Happy Holidays and Best Wishes  
from the Board of Directors and  
your Publication Team!*

DECEMBER 2020 | VOLUME 11 | OFFICE@NORTHENDBREEZES.COM | WWW.NORTHENDBREEZES.COM | @NORTHENDBREEZES | FACEBOOK.COM/NORTHENDBREEZES

## JAMES NORTH BAPTIST CHURCH WELCOMES COMMUNITY MEMBERS

James North Baptist Church (formerly Hughson Street Baptist) has been meeting for Sunday worship in their new building at the corner of James and Picton since September. It looks a lot different as they follow the COVID19 protocols, which means only 30% capacity, physical distancing and masks always on, but the congregation is rejoicing that their new building is meeting their expectations. When we last checked in on them an Open House was being planned, and a grand opening, but all of that has had to be shelved while we work together to flatten the COVID curve. So all we can do is share a couple of pictures with our North End Breezes Readers.

The photo to the right is of the worship services in the new gymnasium. Most of the week this will be a gym full of sports and fitness activity. On Sunday it gets transformed into a place for worship. The chairs get set up in family “bubbles” with the 2 metre spacing rule between them. It is wonderful to hear the place filled with music and prayer each week. In November they started meeting in 2 services each Sunday, at 9am and 11am.

The second is a picture of our kids



in action (page 5, bottom left). It's the same set up for them – family bubbles with 2 metre spacing in between. They have a lot of fun learning about the Bible and sharing in interesting activities.

If you'd like to join in one of these services, you need to pre-register online through the church website [www.jamesnorth.church](http://www.jamesnorth.church). The church family would be glad to welcome you any week.

### James North Baptist Church

500 James Street North

905-527-3972

[www.jamesnorth.church](http://www.jamesnorth.church)

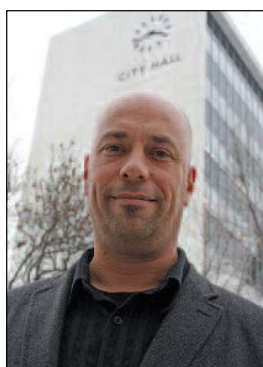
*See more on page 5*

*Brusey Awnings | Just a shade better*

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**Jason Farr**  
Councillor, Ward 2 - Downtown  
**ALWAYS ENGAGING**  
71 Main Street West  
Hamilton, ON L8P 4Y5  
Telephone: 905-546-2711  
Fax: 905-546-2535  
E-mail: [jason.farr@hamilton.ca](mailto:jason.farr@hamilton.ca)  
[www.jasonfarr.com](http://www.jasonfarr.com)



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# Letter from the Editor

Greetings to all of our faithful readers and Happy Holidays! It has certainly been a different few months as we adjust to the new regulations and safety precautions. We've made a few changes; on-line instead of print publications to keep you informed, we have relied on social media, virtual and telephone communication to put our content together and an improved website with increased coverage to showcase our paper. There's a negative side to that as well; ad sales are down and donations are slower coming in. These are the two main sources

of support that cover our operational costs.

We are pleased to see that most of our regular businesses have been able to offer their services and in most cases reopen safely. We wish them continued success. As always, there have been losses; long time neighbours and friends may have passed or moved away, there have been changes to our neighbourhoods, some for the good and others we wonder about. The North End continues to thrive and grow because there is such a positive sense of community.

As I enter my fourth year as your editor, I am continually grateful for the team I work with, the people I've met and the history I have learned about. Like all of you, I am proud to be part of The North End.

Celebrate your holiday safely and continued best wishes for the coming year.

- Brenda Duke



Not even COVID can cancel Christmas.

Let's make magic happen!

So many of our organizations are going above and beyond to bring Christmas to families this year. If you can help, check out your local church or donation centre to find out how. Sometimes it's a gift of money but even your help in volunteering is needed. Children all across our city deserve a gift or a meal they otherwise might not have. In the North End, the Welcome Inn helps our seniors too. James North Baptist Church is doing their annual Christmas Basket.

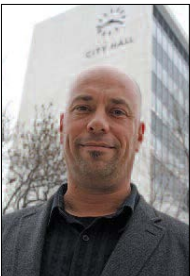
Next door, other neighbourhoods are going above and beyond. There's a group that feeds and gifts over 60 families, Holiday Wish; St Matthews House, what about Eva Rothwell? At Cathy Wever School, the The Rotary Club will make sure that over 500 children will have filled tummies and smiles on their faces this Christmas. The annual signature event of our Rotary Club will take place on Thursday December 17th, 2020. It will look different as we cannot gather altogether in the gym as in the past. We will still be delivering books and gifts to all the children as well as a traditional hot turkey dinner with all the fixings.

Here is how you can help;

- Visit [www.rotaryclubhamilton.ca](http://www.rotaryclubhamilton.ca) and get your Virtual Stockings. Each donation of \$20 feeds 2 children and you get a tax receipt
- Why not consider being a sponsor – Elf Sponsors help cover the costs of feeding a classroom of children
- Share the information with friends and family and encourage them to get a Virtual Stocking

Together we can make magic happen in a different way for these children.

## COUNCILLOR UPDATE: A MESSAGE FROM COUNCILLOR JASON FARR



Hello and Happy holidays, Breezes readers! I hope and trust that you are keeping safe and healthy during these unprecedented times.

While for a lot of reasons, this has been a year that many of us would like to forget, there are some outcomes I trust we will all remember. The pandemic has highlighted the importance of making time for each other (safely). It has brought us closer to each other, to nature and to our neighborhoods. And while many of us have learned to conduct so much of our day to day in a virtual way, we crave for that day where handshakes and hugs will

happen again. One thing is for sure, the world keeps turning and work is getting done and milestones continue to be reached. One of those milestones is a very special anniversary that has arrived in your North End neighbourhood.

Congratulations to our North End Breezes on 50 years of publication and community involvement. It has been the perfect hyper-local source of information and entertainment since the early 70's. During the past five decades, we have enjoyed everything from recipes to historical stories and I have personally appreciated regular opportunities to update readers (residents) on the issues related to municipal government issues.

With that, here is a brief out-line of some of things I have achieved through council motions since we last met on these Breezes pages. Throughout the pandemic I have been focused heavily on doing what we can as a city council to appreciate and support small business, maintain momentum on the business we

(the City) control and continue to promote and facilitate growth and assist our public institutions.

I appreciated my colleagues supported my motions to create opportunities for restaurants to expand their footprints on public property. (Across the city, more than 165 establishments took advantage of the cost free and bureaucratically limited opportunities). I recently moved to extend that program as there were so few complaints and a great deal of support from the 30,000 strong in the restaurant industry and their patrons. I successfully moved socially distanced music gathering atop the York Street Parkade, a Mosque call for prayers (outdoors when institutions were required closed), renovations the Spiritual room and office at the Hamilton Regional Indian Centre at 95 Hess Street and a designation of New Vison Church as a Heritage Building.

Of course, there is so much more happening through your ward 2 office and

not all of it virtually, but I have and will continue to meet you safely at various sites throughout the ward and when permitted based on how the Province may be regulating. Always remember to get in touch by phone or email. A special thanks to North Ender Maureen Scally who has been phenomenal in managing our office some of the time at a safe distance.

Finally, I hope that you will continue to think hyper-local when it comes to shopping throughout and beyond this holiday season and beyond. Parking is free at parking meters throughout the season in our Business Improvement Areas and owners and operators have been exceptional at keeping up with and adhering to the ever-changing rules and regulations related to public safety during this pandemic.

Once again, happy holidays and continue to stay safe.

Councillor Jason Farr  
MPPs – Opposition Leaders



# ALL I WANT FOR CHRISTMAS...

SUBMITTED BY JANICE ARSENAULT

Holiday movies, TV shows and ads make it seem like the best time to give or get a new pet is Christmas morning. Cute little puppies and kittens festooned with big, floppy ribbons—who can resist?

Not all Christmas pets live up to the hype, and bringing a new animal into the home during such an exciting holiday can lead to the opposite of a positive beginning. There are a lot of variables to consider before deciding on bringing home a Christmas puppy or Christmas kitten.

Above all, don't get swept up in the excitement, forgetting that pets are lifelong commitments as new members of your family. This shouldn't be a snap decision that's made in the spirit of the holidays.

You need to consider some questions before you make the decision.

**Is Your Family Ready for a New Pet?** A new kitten or puppy will change your family's life, and it will affect children—even older children. A pet can change a lot of the family's day-to-day arrangements, like schedules (walking, feeding, training), sleeping arrangements, pet safety precautions. And then you'll need to make sure that family members can handle the responsibility of litter box duty, potty training and cleaning up pet messes. You should also assess your finances to determine whether you will be able to pay for regular vet visits, dental cleanings, vaccinations, chronic illnesses, diagnostic tests, prescription flea and tick preventatives, prescription pet medication, dog food, cat food, dog toys, cat toys, cat litter and all of the other pet supplies you'll need.

## Is It Okay to Surprise Friends With Christmas Pets?

A pet should NEVER be a surprise for the receiver if you are thinking of gifting them to someone outside your own home. Discussing the vague possibility of adopting a pet is not the same as a real conversation about the responsibilities of pet ownership.

Whoever will be feeding, cleaning up after and paying veterinary bills for a new pet needs to be actively involved in the decision of adopting them.



## Choose a Pet That's Best Suited for Your Family

If you have thought about all the new responsibilities and you think your family is ready for a new pet, do diligent research on which type and breed is best suited to your family and home. Never choose your new pet based on cuteness or wishful thinking. It may be that the pet you think is most unlikely to be the perfect fit is the very one that is. For many families, an older, calmer cat or dog that's already trained may be more practical than a new kitten or new puppy that needs a lot of attention and training. That is why you should also take some time to visit your local animal shelter. There are many dogs, cats, puppies and kittens looking for a forever home, so you're sure to find the perfect pet for you and your family.

## Christmas Day May Not Be the Best Day

If you've found the right pet for your family, when should you introduce them? Many people feel that the most wonderful way to present a new puppy or new kitten is by surprise as Christmas pets, but the last thing you want is a frightened, cowering little animal that is overwhelmed by all of the excitement and holiday chaos. You don't want this to be their first introduction to your family. Christmas morning is especially chaotic, with everyone tearing into gifts and leaving hazardous ribbons, wrapping paper, candies and small toys all over, all of which look to an animal like good things to chew on. And loud toys can be disturbing to even the most seasoned holiday veteran. For all of these reasons, anytime near Christmas might not be the ideal time to surprise the family with a new pet.

## Prepare Your Home for Your New Pet

In order to properly introduce a new pet, you will need to prepare your home in the same way that you would prepare it for a newborn baby. There is a lot to do

in preparation, and a lot you won't think of until after the fact. Then there are all of the necessary pet supplies. If you will be traveling or hosting large parties during the holidays, it might not be the right time to bring a new pet into your

family. Pets need attention and training from the moment they enter your family, and the holidays already stretch your time and patience.

## Is There an Alternative to Adopting a Pet?

Instead of surprising your family with Christmas pets, you might want to wrap up a stuffed animal or some other pet-related accessory as a pet promise. This will let your children know that you are prepared to adopt a pet, but now is not the right time. In fact, you may find that many of your local shelters will not permit adoptions during the holiday season to discourage spur-of-the-moment gifting.



In the meantime, you can take your child to an animal shelter and spend some time volunteering so they can see what it means to look after a pet. You can also make a donation of cash or let your children help pick out food and/or pet supplies to donate.

Many animals end up in animal shelters

because they were Christmas gifts. No animal should be given as a last-minute gift when the toy of the season was sold out. Even if it's not a last-minute decision, reconsider adopting a dog or cat right around the holidays.

Pets are amazing, and every family can benefit from sharing their home with these furry bundles of love. But make sure that you, and everyone else involved, are ready for the lifelong responsibility of a pet.

Giving an animal the gift of a forever home is a wonderful gift, but if you celebrate the holidays, the best thing you can do is wait until your festivities are over. If you are having a hard time waiting and feel like you want to give to animals this holiday season, consider making a donation/volunteering at the animal charity of your choice or the shelter you anticipate meeting your new pet at.

Ask anyone who has a pet about their family, and they'll probably include their furry friend in the conversation. Whether your Team Dog or Team Cat, pets are an important part of people's lives. So it's no surprise that pet owners love to spoil their furry friends during the holiday season by showering them with pet gifts.

After all, pets are the ones you snuggle up to after a bad day, get up early on Saturday mornings to take for a walk, and even take on vacation (when you can). So naturally, they're near the top of the list when you start searching for those perfect gifts for pets to give during holidays.

Big or small, super furry or shaved, excit-

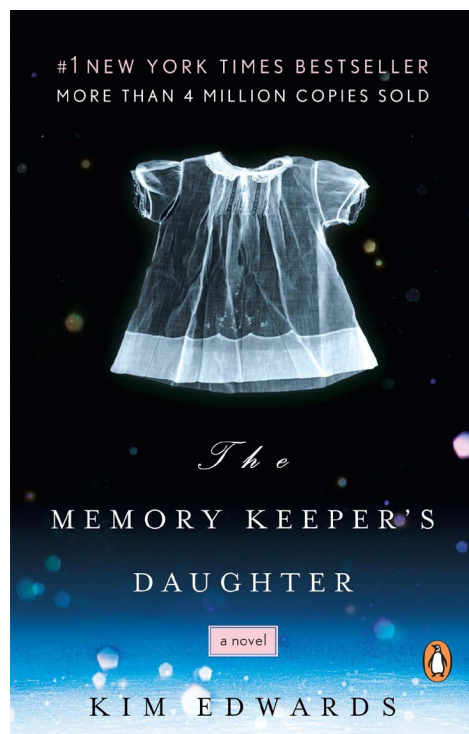
able or stoic, our furry friends mean a great deal to us, and this holiday season, we have the perfect list of pets gifts your animal will love. Surprise them with something fun to open up come Christmas morning too.



# BOOK CLUB CORNER

SUBMITTED BY KIT DARLING AND THE MEMBERS OF THE BAY AREA BOOK CLUB

At our November meeting, we discussed **The Memory Keeper's Daughter** by **Kim Edwards**.



The story opens during a blizzard in Kentucky. Dr. David Henry tries to drive his wife Norah to the hospital to deliver their child. Driving becomes dangerous so he stops at his clinic and calls his nurse Caroline to assist. Paul, a healthy little boy is unexpectedly followed by a girl who has Down Syndrome. His wife is sedated and barely aware of the second child. Thinking of the life and death of his sister who also had Down Syndrome and the grief that his mother suffered for the rest of her life, David decides to ask the nurse to take the child to an institution and informs his wife that the baby has died. Caroline does as she is directed but after seeing the institution cannot follow through. She instead moves to Pittsburgh where she raises Phoebe and becomes a strong advocate for access to education and services for Phoebe and other Down Syndrome children. The family is haunted by secrets. Norah grieves the loss of a daughter; David is emotionally walled off from his family by his secrets, his family and the poverty that he grew up in; the clerical error at university that dropped his surname; Norah's drinking and numerous affairs and the secret of Caroline and Phoebe. One of our mem-

bers commented that this book should have been titled "The Book of Secrets". An excellent read.

(Image with permission Penguin RandomHouse)

And here are some recommended reads available from the Hamilton Public To borrow them or place a reserve, go to <https://hpl.bibliocommons.com>.

**Missing Sarah by Maggie de Vries** In 1998, Maggie de Vries' sister, Sarah, went missing from Vancouver's streets. Her DNA was found years later on serial killer Robert Pickton's property.

Sarah was a sex worker and a drug addict. Sarah was black. As a child she suffered racial taunts and prejudice and at age 14 she ran away from home. In *Missing Sarah*, Maggie tries to find answers and understanding. She offers up Sarah's journals and poetry. She interviews family and friends and becomes an advocate for the families of some 60 women who met the same fate as Sarah. This forced police, politicians, and the media to recognize and respond to their pleas for an investigation. A brutally honest book about the tragic downward spiral of an intelligent and sensitive young woman. - *Paige Turner*

**How Democracies Die by Steven Levitsky & Daniel Ziblatt.** The authors, Harvard professors have spent more than twenty years studying the breakdown of democracies in Europe & Latin America. They bring their knowledge together in this book to examine the "health" of democracy in the United States under President Donald Trump. Their combined research indicates that there is a slow, steady weakening of critical institutions, such as the judiciary & the press, & the gradual erosion of long-standing political norms that puts democracy in danger. This information is well presented to the reader by examples & history from around the world. Will the United States drive down the road to authoritarianism or will it take an exit ramp? A thought provoking read. *Paige Turner*

Note: The bookmobile will be at Benetto Community Centre on Thursdays from 4:30 to 5:15. There will be no access to the bookmobile to browse, but staff will be on hand for contactless returns and holds pickup.

Have you read any of our recommendations? Liked any of the same books we talked about or disagreed totally? Let us know at [bayareabookclub@bell.net](mailto:bayareabookclub@bell.net).

# CHRISTMAS HAPPENINGS

*at James North Baptist Church*

## Christmas Hampers

If you live in the North End and you could use some assistance with food and gifts for your children this Christmas, contact the James North Baptist Church office at 905.527.3972 to register your family to receive a Christmas Hamper on December 19. *There are limited quantities so register soon.*

## Christmas Week Services

Sunday, December 20  
at 9:00 AM and 11:00 AM  
*Visit our website to register for our services*

## Christmas Eve Services

Thursday, December 24  
*Visit the James North website for times.*

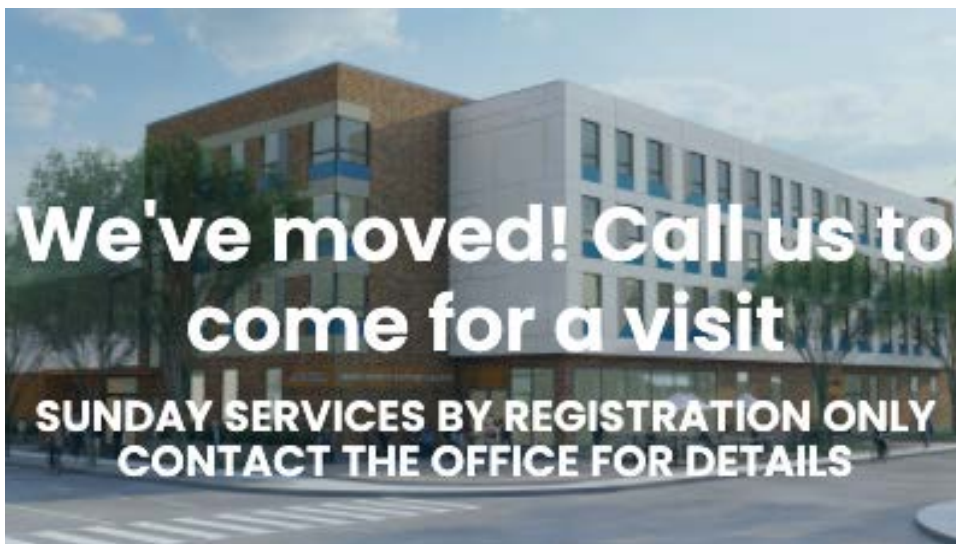
Start your evening in worship.

A simple service of carols, reading the Biblical story of Jesus' birth, and the traditional lighting of candles.



500 James Street North  
[office@jamesnorth.church](mailto:office@jamesnorth.church)  
[www.jamesnorth.church](http://www.jamesnorth.church) | 905.527.3972





**500 James St N, Hamilton**  
**Contact Phone: 905.527.3972**  
**Email: [office@jamesnorth.church](mailto:office@jamesnorth.church)**  
**Office Hours: Mon to Fri 9AM - 4PM**  
**[www.hughson.ca](http://www.hughson.ca)**

James North Baptist Church has been serving in the North End of Hamilton for over 130 years. Our church was founded in 1887 and from 1910 to 2020 we were known as Hughson Street Baptist Church.

We believe the Lord has called us to a very simple philosophy of ministry. We seek to bless the North End of Hamilton in Jesus' name. We minister to as many people during the week as we do through our Sunday worship times.

We believe the gospel changes everything. The good news of the gospel is that the death of Jesus Christ has paid the price for our sin, taking the penalty we deserve on Himself, saving us with certainty because of His resurrection. The gospel grants us purpose, hope and a new perspective on joy and fulfillment. Life may not always be easy, but our hope is in Jesus Christ.

At James North Baptist Church we strive to continually offer the hope of Jesus to others through our ministries and programs.



**St. Lawrence the Martyr Parish**  
**'where faith builds community'**

#### **A MESSAGE FROM ST. LAWRENCE THE MARTYR PARISH**

Over the last few months we've endured a long closure and the slow reopening of our church for Mass. There has been a lot of work involved but our goal has been to open the church, following the best health guidelines available to us so that those attending can feel safe.

Sunday Masses have resumed!  
 11:00 a.m.

NB: Public Health Regulations require anyone entering the church to wear a mask. Please do not attend if you have traveled outside of the country in the last 2 weeks, or if you have had contact with anyone diagnosed with Covid-19, or if you have any symptoms consistent with Covid-19.

#### **Contact Us**

Please note: the office is currently closed due to Covid 19 restrictions.

For non-emergency issues, email the parish click here to email the parish or Phone: (905) 529 3921 and leave a message.

For PASTORAL EMERGENCIES ONLY please call the emergency number 365-888-1275

For Sunday Masses we've been able to accommodate about 75 people. Unfortunately we have had to turn away a few people on some Sundays when we hit our capacity. Our Mass schedule has been amended to allow 72 hours between our Sunday Mass and our first weekday Mass to reduce the amount of sanitizing and cleaning we have to do, but the church is being fully sanitized in between our weekday masses and we've reduced seating at those masses to also make it easier to ensure surfaces are sanitized. Even confessions have added complexity. They've moved to the sacristy with a screen to allow for social distancing and to keep a barrier between parishioners and the priest. After each person that goes to confession, the chair is removed, sanitized and a new chair is put in its place. As things progress, we will perhaps see restrictions loosened, or if things go the other way, we may see additional closures but whatever the outcome, we thank our parishioners and benefactors for the ongoing support of the church during the last several months.

## ***The North End Breezes Team***

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 x.3004, by email at [office@northendbreezes.com](mailto:office@northendbreezes.com) or on our website: [www.northendbreezes.com](http://www.northendbreezes.com)

#### **Published by:**

#### **North End Breezes Board of**

**Directors:** Paul Havercroft, Ian McDonald, Chris Pearson, Emily Graham

**Editorial Assistant:** Kit Darling  
**Co-Ordinator:** Brenda Duke

**Layout + Design:** Katie Fitzgerald  
**Circulation & Distribution:** The Board, JoAnn Osti, Sheri Selway, Sandra Hudson, Cameron Kroetsch and Steve Osborne along with a dedicated team of volunteers.

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

#### **NORTH END BREEZES MISSION:**

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

#### **NORTH END BREEZES VISION:**

The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

#### **Help us grow your Breezes.**

*We are looking for ideas, submissions, advertisers. Please email your thoughts to [office@northendbreezes.com](mailto:office@northendbreezes.com) or call 905-523-6611 x.3004. Leave your contact name and number and we'll get back to you.*

*Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda*



# HOPA

P O R T S



## Hamilton Receives FTZ Designation

Canada’s Minister of Economic Development, the Honourable Mélanie Joly, designated Hamilton a Foreign Trade Zone (FTZ) Point- making Hamilton the 14th FTZ in Canada, and third in Ontario. As a result, businesses that import/export goods, or manufacture products in Hamilton will now have access to direct support on a range of duty deferrals and tax exemptions, making it even more attractive and advantageous to do business in Hamilton.

A small team of partners, including HOPA Ports, the City of Hamilton’s Economic Development Department, and John C Monro Hamilton International Airport, worked tirelessly and collaboratively over the past two years to achieve this designation.

### Seabin Update

HOPA Port’s Seabin was installed last summer at Harbour West Marina and is currently in second year of operation, helping keep plastic litter out of Hamilton Harbour. The Seabin collects between 1.5 and 2 kilograms of floating waster per day, and is expected to collect as much as 200 kg by the end of November.

Through the Great Lakes Plastic Clean Up Project HOPA will be installing a second Seabin next year at Harbour West.

### New Pollinator Plants

HOPA has planted new Service Berry trees outside of our Hamilton head office at 605 James Street North. Service Berry trees are a native tree species, whose spring blossoms help feed pollinators. These trees, planted in partnership with Humble Bee, are part of the port’s growing pollinator corridor of native plantings that provide food and shelter for pollinators like bees and butterflies as they travel across port lands.



NENA Meetings are held monthly and can be accessed via Zoom. For updates and more information, please visit [northendneighbours.blogspot.com](http://northendneighbours.blogspot.com) and follow on Facebook at [Facebook.com/NorthEndNeighbours](https://Facebook.com/NorthEndNeighbours)

## MATTHEW GREEN

Member of Parliament  
Hamilton Centre



Matthew Green, MP  
Hamilton Centre

905-526-0770  
[matthew.green@parl.gc.ca](mailto:matthew.green@parl.gc.ca)



Do you tweet?  
Do you have a couple of hours a week?  
The Breezes needs someone to help with our social media platforms on Twitter and Facebook.  
Please contact:  
[office@northendbreezes.com](mailto:office@northendbreezes.com)



**Looking for that hard to find gift?**  
**Help support the Breezes and finish your shopping with these ideas!**

**I ♥ The North End T-Shirts!**

Limited sizes available, \$15 each or 2 for \$25.

**Call Chris at 905-525-2010 to order in time for Christmas.**



Do you want a practical item that makes a great gift?  
 There's a First Aid Kit available for everywhere and everyone!



**Fundraising with Safety in mind!**  
**Healthier alternatives for a good cause**



**FR101 Pocket First Aid Kit**

[2] Antiseptic towelettes, [1] Povidone-Iodine prep pad, [4] Alcohol prep pads, [2] Hand cleansing wipes, [15] Adhesive bandages, [2] Knuckle adhesive bandages, [2] Fingertip adhesive bandages, [5] Adhesive junior strips, [1] First aid instructions, [1] Plastic case



**FR202 Essential First Aid Kit**

[1] Kit scissor, [1] Tweezer, [10] Antiseptic towelettes, [3] Hand cleansing wipes, [12] Adhesive bandages, [6] Gauze pads 2x2, [2] Povidone-Iodine prep pad, [2] Butterfly wound closures, [2] Knuckle adhesive bandages, [1] Conforming gauze bandage, [1] First aid instructions, [1] Examination gloves (pair), [1] First aid tape, [1] Nylon case



**Emergency Safety Hammer + Seat Belt Cutter**

**This safety hammer is a must have in every vehicle!**

In certain collisions the doors will jam and won't open, in many cases your life or that of your loved ones will depend on a quick and safe escape.



**FR203 Pet First Aid Kit**

[1] Kit scissor, [1] Tweezer, [5] Antiseptic towelettes, [4] Cleansing wipes, [4] Gauze pads 2x2, [2] Povidone-Iodine prep pad, [1] Conforming gauze bandage, [1] Pet First aid instructions, [1] First aid tape, [1] Nylon case



**FR302 Family First Aid Kit**

[10] Adhesive junior bandages, [2] Fingertip adhesive bandages, [1] Adhesive tape, [1] Hand sanitizer wipes, [1] Tweezer, [1] Triangular bandage, [1] Instant cold compress, [2] Knuckle adhesive bandages, [5] Alcohol prep pads, [15] Adhesive bandages, [5] Antiseptic towelettes, [1] Scissor, [3] Gauze pads 2"x2", [3] Gauze pads 3"x3", [2] Povidone-Iodine prep pads, [2] Adhesive patch bandages, [1] Trauma dressing, [1] Pair of examination gloves, [1] First aid instructions, [1] Reusable nylon bag



**FR301 Auto Safety Kit**

[1] Poncho, [1] Flashlight with handle charger, [1] Seat belt cutter, [1] Thermal rescue blanket, [1] Nitrile dipped gloves (pair), [1] Plastic whistle, [1] SOS signaling flag, [1] Emergency tub candle, [1] Pack of matches, [1] Hand warmer 8HR (pair), [2] Antiseptic towelettes, [1] Povidone-Iodine prep pad, [5] Adhesive bandages, [2] Knuckle adhesive bandages, [2] Fingertip adhesive bandages, [5] Adhesive junior strips, [2] Alcohol prep pads, [2] Hand cleansing wipes, [1] Vinyl zipper bag with velcro back

# ADOPT THE BREEZES

We hear stories every day that touch our hearts and make us wonder how we can make a difference. Should we bring a new pet into our family? Is there a child that needs a loving home? Or perhaps there is a cause that could use your support.

Thank you for supporting your community newsletter. Since 1971 this newsletter has been published in a variety of forms, but it is the partnership with our readers that has always been at the heart of what we do. This is seen in the financial stability of the newsletter as in 2015 24% of our income came through donations and fund-raising activities.

We've seen many changes over the past few years. Colour added to our newspaper, a website presence and Twitter bringing our social media presence to the forefront. Over the past few months, we have continued to bring the news of the community to you in a digital format but as soon as the situation warrants, you will have a paper copy to enjoy while you sit on your porch with your cup of coffee. The on line readership has increased over 57% so we know you are still looking forward to the monthly edition of the Breezes. We continue to look for ways to balance our books and keep the Breezes sustainable as we approach our fiftieth year of publication.

We hope that you will join us with a financial gift that will allow us to continue to keep the people and resources of the North End connected. You will receive a charitable donation receipt for your donation. Thank you in advance for your donation.

Sincerely,

The North End Breezes Board



# HAPPY HOLIDAYS!

SUBMITTED BY SHERI SELWAY

December! Do you know how many holidays are happening in December? Bodhi Day, Hanukkah, Christmas, Dhanu Sankranti, and Kwanzaa. There are probably more.... So generally, people say “Happy Holidays” to include everyone! (Random fact - December 21 5:02 a.m. is also the Winter Solstice which is the shortest amount of daylight for the year (7:48 a.m. – 4:47 p.m.) in Hamilton, just in case you wanted to know!) For more interesting facts [go here](#). Set the city to Hamilton, Ontario have fun searching the night sky, holidays and events, calculators, and lots of “free fun” things to do including making your own calendar.

Another really important day to honour is **December 6 - The National Day of Remembrance and Action on Violence Against Women**. This special day is about honouring those who have experienced violence and a time to

question, call out, and speak up against acts of violence against women.

**“Recover Better – Stand Up for Human Rights”** is the theme of this year’s **International Human Rights Day on December 10**. Dealing with Covid has shown us many flaws in our society and increase of poverty, inequality, and discrimination. Our need to advance human rights will hopefully help us recover into a better world. The United Nations web page can be [found here](#). Post Covid, the goal is a world without discrimination of any kind. We need to promote, protect and address societal, economic, and cultural rights, to encourage participation of all, solidarity, and to promote sustainable development. We need sustainable development for people and our planet.

Last year students from Bennetto School helped write a December column. Below are some ideas they came up with for gifts to make and give to others. This was such a great list; I am hoping it will be useful again this year!

**Our ideas for thoughtful and low-cost gifts:**

Homemade cookies	Homemade bookmarker, signed
Write a story and illustrate it	Origami ornaments
Stress reliever toy (squishy ball/balloon or smooth rock)	Decorate magnets – with a photo or “saying”
Homemade stocking or ornament – signed and dated	Artwork by you, framed, signed and dated
Pen/pencil holder (decorate a jar)	Memo Pad (out of old paper)
Paper snowflakes for decorations	Baking kit in a jar with a bow
Pine cone bird feeders (coat pine cones with peanut butter or honey and coat with bird seed) and hang outside	Calendar – Get a free one then cover the picture with your own artwork or make a calendar on a computer.

Just another reason to join our folding team!

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## YOUR COMMUNITY! YOUR SUPPORT! MAKE A DIFFERENCE!

The Breezes is supported by your generosity! Hundreds of volunteer hours go into each publication but we need your help to cover those essential costs of printing and delivery. A tax receipt will be issued to the address noted. Please send your cheque to North Hamilton Community Health Centre at 438 Hughson Street North or visit our website [www.northendbreezes.com](http://www.northendbreezes.com) to make a donation through paypal.

During this time of social distancing, we are still accepting e-transfers to:  
[office@morthendbreezes.com](mailto:office@morthendbreezes.com)



### JOIN OUR TEAM!!

The Board of Directors is looking for eager volunteers to bring new ideas and skills to the table.

Now in our 48<sup>th</sup> year, The Breezes is looking to put some new wind in our sails that will lead us forward. If you have skills in technology, event planning or fundraising, we can use those skills to grow our team. The North End Breezes relies on our volunteers to bring the community news to you. We require minimal commitment of two hours per month. Contact us for details and to discuss how you can be part of the team! Email [office@northendbreezes.com](mailto:office@northendbreezes.com)

## Are you Pregnant?

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- Food vouchers
- Bus tickets
- Free prenatal vitamins.
- Free Vitamin D drops
- Free child minding for children under 6.

#### Where?

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For more information contact:

Cory at: (905)-523-6611 Ext.3047



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## Letters to the Editor



Did you enjoy an article? Was there something we missed? Is there something you don't like?

Or maybe you have an update we missed? The Breezes is YOUR paper! Help us spread the news you want to hear. Email [office@northendbreezes.com](mailto:office@northendbreezes.com)



# WALKABOUT COMMUNITY

SUBMITTED BY KEN HIRTER

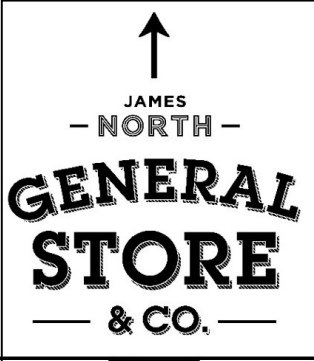
This months Walkabout for December finds me reflecting, remembering & paying homage to the faces, shops and sadly some of those whom we lost along the way in 2020...

Last January was the start of my Walkabout series of the shops & people whom make and made a difference along the James Street North strip & King Street West Downtown core and within their chosen communities.

The course of my Walkabouts starting from the beginning of January 2020 till now has seen many changes due to circumstances and the change of landscape and the signs along the way...

I would like to thank the shopkeepers for their Motto's, Quote's/saying's and the vision for keeping their businesses alive in 2020.

Here are some of these words from the shopkeepers themselves:



**January 2020**  
James North General Store: Darren Kregar  
"To support local artisans & small business together for success, there are a lot of opportunities and if there are none then make them"



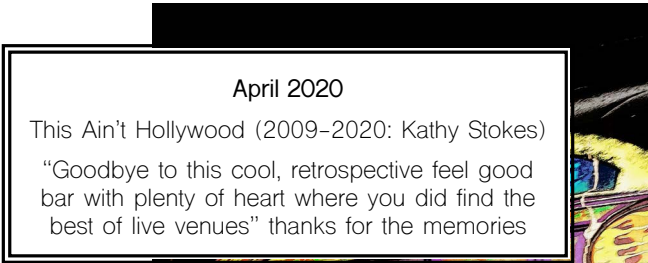
**February 2020**  
Faema Company:  
Mario Ferri  
"Live & Laugh"  
"Bella, Bella"



**March 2020**  
New Horizon's Thrift Shop -  
Welcome Inn Community Center:  
Amanda Smith  
"Living Well Together" "Live each day if it were your last"...



**June 2020**  
Mave's Variety: Ling Zhang, Susan Yu & Steve Zhao  
"Bring the neighbourhood what it needs now especially at this time"



**April 2020**  
This Ain't Hollywood (2009-2020: Kathy Stokes)  
"Goodbye to this cool, retrospective feel good bar with plenty of heart where you did find the best of live venues" thanks for the memories



**September 2020**  
Mr. Edward A. Stewart 1929-2020  
A Brother remembers and a true gentleman and Historian of Hamilton's North End back in the good ole days and the founder of the North Enders of The Year Award... thanks for the history lessons.



**October 2020**  
Welcoming the New Businesses along James Street North with Tokyo Smoke:  
Tarace Parlee  
For the..."MIND, BODY, SPIRIT AND HEALING"

**November 2020**  
Famous Recipe Downtown: Christine De-La Rosa  
"Home style cooking with Old School Hands"



In 2020, we bid goodbye to:  
"Born & Raised" and "The Brain" to name just a couple of the shops we lost during 2020 along James Street North Strip.

In Remembrance of those within the Community that we lost in 2020 and friends that have passed on to greener pastures we Remember.

**July 2020** - Norma Holliday {1940-2020: Community Chair Compass Community Health.

"I'm so glad we had this time together, to share laugh or two, but before you know it, it's time to say goodbye"

**September 2020** - Ed Stewart (pictured above)

As the holiday season begins start by supporting the local businesses and those in your neighborhood and communities and for your shopping needs or feeds today and in the future.

I would like to thank once again to those who took the time to chat about their shops and what keeps the heart of the Downtown core ticking...just like the clock at the corner of James & Wilson. Take a stroll throughout the shop's and get out for some fresh air as we are fast approaching 2021.

Happy Christmas! Cheers and take care.





**“Let your smile change the world but, don’t let the world change your smile.” Quote unknown**

Even in these days, with wearing a mask, a smile can go a long way and be a highlight to your day and others.

Please see the following updates to the Welcome Inn Community Centres Programs.

**Seniors**

We continue to assist our seniors by providing hampers and supportive phone calls. The seniors support line can be reached at 289-260-3771

If you are a senior who would like to receive regular phone calls or who would benefit from food hamper deliveries, please call the seniors support line and let Ruth know. We would be happy to provide support.

**For Food Bank**

Welcome Inn’s Food Bank is now offering appointments, please call, 905-525-5824 to book ahead and avoid waiting in the cold.

Drop-in visits are still available. Winter food bank hours are Monday, Wednesday, Thursday, and Friday from 10:30 AM - 2:00 PM.

Donations are being accepting during our Food Bank Hours.

We are in a high need for baby food, baby formula and size 3-6 diapers.

**New Horizons**

With the recent spike in COVID cases, we have decided to temporarily close New Horizons Thrift Shop for the safety of our community.

We will not be accepting donations at this time.

If you would like to book an appointment to do some Christmas shopping, please contact us at, 905-516-0480. Spaces are limited and we are allowing one family in the shop at a time for the Christmas season.

Thank you for understanding about our closure of New Horizons and we will back!

Please be kind and safe.

**Community programming**

We are looking for tax volunteers that speaks Arabic and/or English.

Please contact Krista for more details, 905-516-0480.



Welcome Inn Community Centre  
40 Wood St. E. 905.525.5824  
[info@welcomeinn.ca](mailto:info@welcomeinn.ca)

## NORTH END BREEZES FREE CLASSIFIED ADS

*Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email [office@northendbreezes.com](mailto:office@northendbreezes.com)*

Send your upcoming events to [events@northendbreezes.com](mailto:events@northendbreezes.com) to be included in our monthly calendar and on our website: [www.northendbreezes.com](http://www.northendbreezes.com)

Roommate wanted to share an apartment. Reasonable rent plus shared responsibilities. Please call 289-389-1070

Lawn Mowing: I am a 14 year old boy looking to make some money over the summer by mowing lawns in the north end. If interested call Ezra Oucharek at 905-517-1661.

For Sale: BIKINIS: Hand crocheted, Made to order, Very daring. \$95.00. Call Beryle @905-540-4242 for an Appt.

Children’s Birthday Parties: Make your child’s birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour North End Neighbours – special rate of \$65.00 per hour Call Earl Ross – 289-439-0166

Take off Pounds Sensibly (TOPS) meets Monday evening at 7pm-8pm at the Eva Rothwell Centre 460 Wentworth st. N Call 905-544-5088 . First night is free! Come and join us!

Community Garden, VON Hamilton – Show off your green thumb! Volunteers are required to assist with our garden on Tuesday and/or Thursday mornings for a couple of hours. Interested gardening enthusiasts can contact Janis at 905-529-0700 x2251 or [voncsshamilton@von.ca](mailto:voncsshamilton@von.ca).

Hamilton – Let’s Do Lunch! VON Hamilton is in need of volunteers to help deliver hot and frozen meals over the lunch hour. Driver and server spots are available for our downtown routes. Call 905-529-0700 or email [voncsshamilton@von.ca](mailto:voncsshamilton@von.ca) to find out more.

Downtown Delivery Driver: Looking for a MATURE adult to do deliveries in the City of Hamilton’s lower city. Trips / tips / extras you keep. You should have a float of at least \$75 to make change for customers as a float will be provided to you to purchase items. If you are interested, please call 905-921-9339 and ask for Pearl.

Be a driving force in your community! Drivers are needed to provide transportation for seniors to get to medical appointments. Flexible schedule and mileage reimbursement. Please call 905-529-0700 or email [voncsshamilton@von.ca](mailto:voncsshamilton@von.ca)

Part-time Dispatcher; Looking for a mature adult to answer phone and dispatch orders to drivers, Weekends only to start Saturday evenings and Sunday afternoon. Looking for some local here in the North End. As we are in walking distance. Training provided and after training you can work out of your own home. Please call 905-921-9339 ask for Pearl

Sewing & Dressmaking. Students and clients wanted. Lessons or alterations available. Ages 6 to 106! Expert in African apparel. Please call Hyacinth 289-308-6176



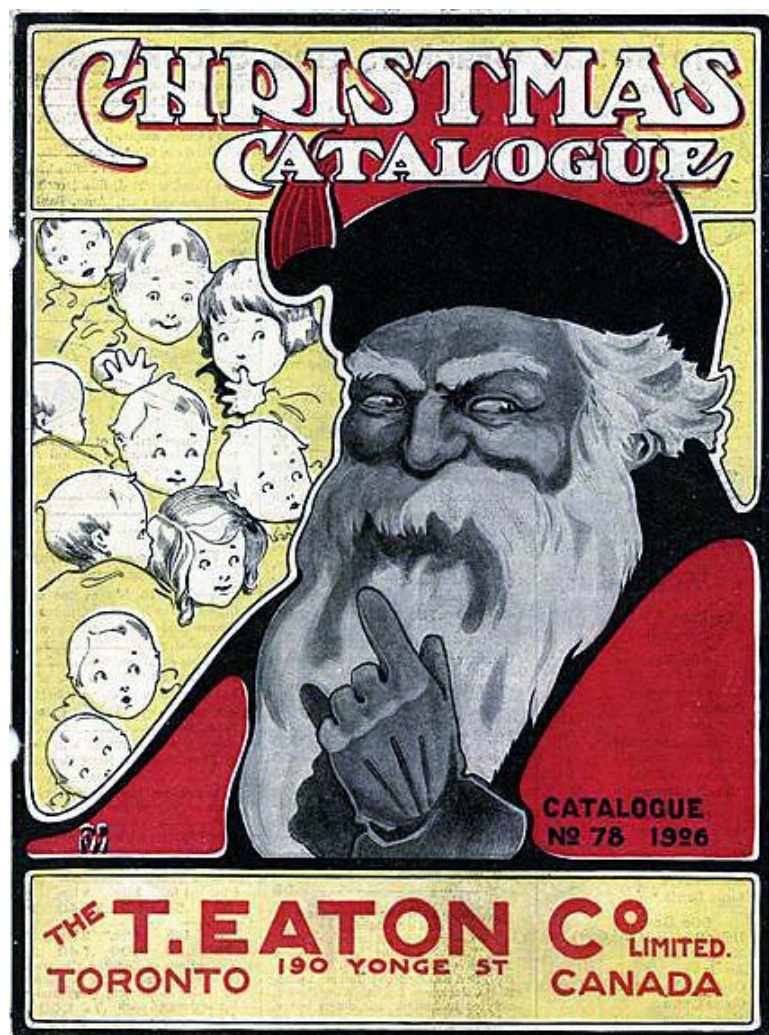


PHOTO CREDIT STUART RANKIN, FLICKR.COM UNDER CREATIVE COMMONS LICENCE

## CHRISTMAS SHOPPING

SUBMITTED BY BRIAN ROULSTON

Many of us will be turning to the internet to do some or all of our Christmas shopping this year, partly due to the pandemic and a trend that has emerged worldwide over the past decade or more.

It might be fun to travel back to a time when there were no computers, cell phones or in the case of Eaton's even before there were department stores. How many of you remember sifting through the Eaton's Catalogue (produced from 1896 to 1976) or the Sear's Wish Book (1952 to 1998) wishing for that perfect toy or gift from Santa. Many of us would eagerly wait every year for the Canadian Tire Christmas Catalogue to come out as well. It was first introduced in 1928.

At one time, one or all three

of these catalogues could be found in every home across Canada. A time when three-quarters of the population lived outside of the major cities like Toronto, Montreal or Winnipeg; in towns and villages with populations of less than a thousand people or in more, rural areas such as farms, logging and mining camps.

These catalogues became very useful aside from ordering products. People would often use them to insulate their homes by ripping the pages out of them then crumpling and stuffing the pages in the cracks. Some crafty people used the pages as wallpaper; try that with an Amazon webpage! Little girls would cut out figures to make paper dolls or dresses for their Barbie dolls. School children all across Canada would spend hours and hours cutting the pictures out for school projects or glue these images in scrapbooks. Moms would sew new clothes for the fam-

ily based on what was in the catalogue keeping up with the latest fashion trends on the cheap. Boys would often strap these thick and heavy catalogues to their knees and use them as goalie pads.

Catalogues often provided topics for conversations. Many new immigrants learned to speak English (or French if you lived in Quebec.) by associating words with the pictures. Some of those poor, once shiny and untouched Catalogues ended up dog eared with pages ripped out of them, written on or coloured over; some of them even resembled stencils after the children got done with them. Many of them ended up going out in a very 'ahem' unflattering way by doing double duty as reading material and doing nature's dirty business in the outhouse. Toilet paper was a luxury very few people had at the time.

More recently historians and the movie industry often sift through many of these old catalogues for information to gain a proper perspective on the styles, furniture and other items for a given period of time in order to be as authentic as possible on movie or stage sets.

The Hudson Bay Company was one of the first to offer a catalogue service with doorstep delivery in 1881; even before Eaton's. It was a little bit ahead of its time and never really achieved success; HBC produced its last catalogue in 1913.

Things changed when the railroad went through or nearby many communities and as shipping ports were better able to handle more, bigger and better merchandise. No longer were people content with just survival, they wanted better things for their homes and themselves. Timothy Eaton saw this op-

portunity and launched his first Catalogues in 1884 at the Toronto International Construction show, the predecessor to the Canadian National Exhibition. He gave away copies of his Catalogues to attendees who came from all over. Before long Timothy Eaton was shipping stuff across the country. However, Timothy had bigger dreams. He wanted a mail order Catalogue, and he sent his head of the mail-order department to the U.S to study Montgomery Ward's system, it wasn't long before Eaton's dream came true using Ward's system. His first Christmas Catalogue coincided with the first Eaton's Santa Clause Parade in 1905 in both Toronto and Winnipeg.

In the 1899-1900 edition of the Eaton's Catalogues one could order dresses, suits, silverware, fabrics, children's sleds, wools & yarn; bridal wear, furs, watches and jewelry, drugs, groceries and the list goes on and on. Some of the more unusual things that could be ordered through the Eaton's Catalogues were organs and pianos, clothing for the clergy, bibles, harness and saddlery for horses. Throughout the 1920s and 1930s the Toronto Eaton's Centre store alone with its 11,000 employees processed up to 30,000 mail order transactions a day.

Robert Simpson opened his first store in 1853 and was successful enough that Eaton's viewed him as serious competition. When Simpson died in 1897, three young entrepreneurs took over and expanded the company nationwide. However, in 1952 Simpson's was struggling. The American store Sears-Roebuck bought out Simpson's then re-named it Simpson-Sears Roebuck. Roebuck was dropped from the name soon after. Simpson-Sears opened its first

brick and mortar store in Stratford, Ontario (1953); at the same time, they published its first Canadian catalogue.

That first Canadian Christmas Wish Book offered fresh fish from the best fisheries in Northern Canada shipped directly to you in air-insulated cartons, high end candies and chocolates, bibles, clothing, jewelry, TV's, washer and dryers, furniture, typewriters and of course toys, toys and more toys for the youngsters. Sears aggressively expanded across Canada eating away at Eaton's profits.

In the early to mid-70's Eaton's, Sears and Hudson Bay Corporation accounted for 14% of all sales in Canada. Eaton's just prior to their closing was receiving 60% of all department store sales in Canada.

This was the beginning of the downfall for both companies. Eaton's published its final catalogue in 1976 while the Sear's catalogues remained popular and continued until 1997 ringing in \$15 million in sales that final year.

Sears in the U.S were actually one the first retailers in e-commerce selling general merchandise online months before Amazon. However, only 250 items were offered. At that time Jeff Bezos was selling books all across America through Amazon. It wasn't long before he started into the general merchandise business selling an endless number of items. Sears couldn't compete on this level, Amazon, then soon, Walmart ate away at its profits. The last Sear's Wish book came out in 2017 a year before the last Sears stores in Canada were closed. Long gone are the days of lugging a heavy catalogue to the kitchen table and eying all the great new toys for your "wish list".



# WINTER IN THE NORTH END

*Thanks to the Local History and Archives Department of the Hamilton Public Library, lha.hpl.ca.*



Ice Boating, Hamilton Harbour, 15 February 1980, Hamilton Spectator, Local History & Archives, Hamilton Public Library



Ice boats on the frozen waters of Hamilton Harbour, ca. 1940, John Morris, Local History & Archives, Hamilton Public Library



Left:  
Ice Harvesting,  
ca. 1920, William  
A. Chatfield,  
Local History &  
Archives, Hamil-  
ton Public Library.

Right:  
Hamilton Harbour  
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Patrol Boat, 02  
1952 28 Globe  
and Mail, Local  
History & Ar-  
chives, Hamilton  
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Winter Storm of  
1898, Charles S.  
Cochran, Local  
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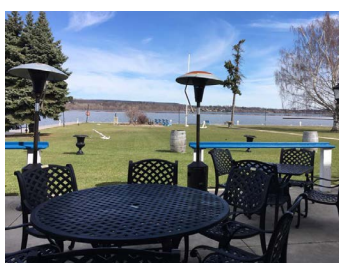
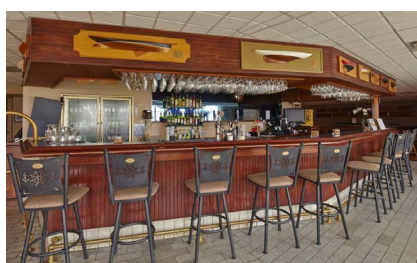






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