



NORTH END BREEZES

Community Newspaper

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CRIME DOESN'T ANCHOR HERE: STRENGTHENING AWARENESS AS HAMILTON'S WATERFRONT WELCOMES A NEW SHIPPING SEASON



campaign focused on recognizing and reporting suspicious activity across the Port of Hamilton. Timed with the start of the shipping season, the campaign reflects both increased activity on the waterfront and a proactive approach to community safety.

The campaign is a preventative, educational initiative designed to strengthen awareness, encourage communication, and reinforce existing safety practices across the working waterfront.

“Our port community spans dozens of industrial tenants, hundreds of vessel calls and thousands of workers annually,” said Vicki Gruber, Director of Safety & Security and Harbour Master at HOPA Ports. “While the Port already

operates with robust security measures, this campaign adds another layer of vigilance by empowering people to speak up when something doesn't seem right.”

vent issues before they escalate. A key element of the campaign is anonymous reporting through Crime Stoppers of Hamilton. Tips can be submitted confidentially by phone or online.

“This campaign strengthens community awareness and shared responsibility,” said Ali Fahad, Chair of Crime Stoppers of Hamilton. “By reinforcing simple, anonymous ways to report concerns, we're helping keep the waterfront, and our city, safe, secure and welcoming.”

Hamilton Police Service also emphasizes the value of partnerships in crime prevention. Chief Frank Bergen notes that collaboration between law enforcement, industry partners and the community lead to stronger outcomes.

“Every tip provides another opportunity to prevent or solve a crime,” Bergen said. “Community awareness plays an important role in protecting the people who work, travel and do business along Hamilton's working waterfront.”

As the first ships of the season arrive and activity increases across the harbour, campaign partners say the timing is intentional. A busy waterfront is a healthy one, and awareness helps ensure it stays that way.

“This campaign is about empowering people, not alarming them,” Gruber added. “By working together and speaking up when something doesn't feel right, we help ensure that crime truly doesn't anchor here.”

Community members can submit tips anonymously by calling 1-800-222-TIPS (8477) or visiting www.crimestoppershamilton.com.

To learn more about HOPA visit: www.hopaports.ca

SUBMITTED BY HOPA PORTS

As Hamilton's waterfront prepares to welcome the first ships of the new marine season, HOPA Ports and its partners launched a new awareness campaign with a simple, reassuring message: safety on the harbour is a shared responsibility, and awareness plays a key role in keeping it strong.

HOPA Ports, through its Harbour Master's Office and Port Patrol, has partnered with Crime Stoppers of Hamilton and Hamilton Police Service to launch Crime Doesn't Anchor Here, a public awareness cam-

operates with robust security measures, this campaign adds another layer of vigilance by empowering people to speak up when something doesn't seem right.”

The campaign includes awareness training, employee and partner engagement, signage across port properties, and public-facing messaging to help people identify and report suspicious or criminal activity anonymously. Whether someone works on the docks, visits the waterfront, or lives nearby, the campaign reinforces that noticing and reporting concerns can help pre-

NORTH END GARAGE SALE

The North End Garage Sale is back on **Saturday, June 27** in the morning, and it's one of the neighbourhood's favourite summer traditions!

Wander the streets of the North End and discover treasures, vintage finds, household goods, plants, toys, and more as neighbours host garage sales across the community. It's a great chance to declutter, hunt for bargains, and connect with neighbours while exploring the North End. Last year dozens of households took part, turning the neighbourhood into a lively morning of discovery and community spirit ending with the North End block party in the afternoon.

We're looking to repeat those same vibes this year both with the sales, the communal sale at Welcome Inn and the block party in the afternoon - so looking for feedback this year and to sign up early!



Please scan the QR code to fill out the survey to sign up.

All details will be published here in time northendgaragesale.com. For any questions and to volunteer please contact: northendgaragesale@gmail.com

AGES 6-12 REGISTER FOR GRUB CLUB

Wednesdays 5:30pm-7:00pm

RUNS FROM MAY 20, 2026 UNTIL AUGUST 26, 2026

Compass Community Health Main Site 438 Hughson St. N.

FREE PROGRAM

SEE YOU THERE!

For more information contact Health Promotion at 905-523-6611 x2084 or mbovn-kai@compassch.org

COMPASS COMMUNITY HEALTH

COUNCILLOR'S UPDATE

SUBMITTED BY WARD 2 COUNCILLOR,
CAMERON KROETSCH



With March Break behind us and summer ahead, this is a hectic time at City Hall. With fewer public meetings in March, April, and May, every agenda

is packed with important items. And, as this is the final legislative year in this term of Council, there are many projects nearing completion.

I've often been asked why so many projects seem to be completed in an election year. The question I'm usually asked is if this is happening on purpose to help incumbent Councillors get re-elected. It's a fair question and one I asked before I was elected. In my experience, it's incredibly hard to schedule project completion and not something I've done in my time as a Councillor. I put motions forward as issues arise, which I imagine is what most of my colleagues do. The answer is that the timing for most projects is often related to the cycle of four-year Council terms. There wasn't an opportunity, for instance, for new Councillors to add projects to the 2023 budget meaning most Councillors had to wait until 2024 or 2025 to put motions forward, which is what I did.

Most projects require consultation, design, and procurement, which can take years to complete, depending on complexity. That timing means most of the projects put on the books in this term of Council are naturally scheduled to be completed in 2025, 2026, and 2027.

To that end, there are a number of projects scheduled to happen in and around the North End this year, including making intersections safer with pedestrian crossings (flashing lights) and intersection signals at James Street North and Wood Street and the West Harbour GO Station. There will also be a raised intersection installed at the entrance to Bayfront Park. It will be the first of its kind in the city, designed to slow traffic down and make things safer for everyone who uses the park.

Speaking of parks in the North End, there's been a fair bit of discussion

and media coverage around Eastwood Arena. The most important news to share, up front, is that the City has not yet decided about whether to close Eastwood Arena permanently. It will be closed, temporarily, on April 15 due to serious structural issues and the need to ensure everyone who uses the facility is safe. All user groups have been provided other space for the season (until September) and the City will be making plans for the arena's future use in the coming months.

Unfortunately, last year, when an engineer was doing an inspection of the arena, serious issues with the roof were identified, which required us to close it temporarily. At that time, we notified everyone that it would be unlikely we could keep the arena open for another full year and that we would have to close it again temporarily to ensure everyone using it was safe.

Residents asked me how we ended up here, with a crumbling asset in an arena where non ice programming is needed and thriving. I've checked in with City staff, and done some research, and have more information I can share about the status and some of the recent history of decision making around the arena.

Eastwood Arena has not had any ice programming for almost 5 years, with the equipment for making ice officially decommissioned last year. The only groups currently using this non ice facility are those who play lacrosse, ball hockey, and roller derby. The arena is not a recreation or community centre - there is no drop in programming and it's not open to the public for regular use (and hasn't been for a long time). It's accessed by organized groups, teams, and leagues who pay fees to use the facility.

For those who have been following discussions about Eastwood Arena for many years, you'll remember there were discussions initiated by the City and former Councillor in 2011 when plans for the Pan Am Games were being made. When it was eventually decided that Eastwood Arena wouldn't benefit from improvements during the 2015 games, those discussions died. It's really unfortunate that happened. If the discussions had continued from that point, and plans had been made to fund this asset over that time, we wouldn't be where we are today, 15 years later. Decisions about this arena were kicked down the road and those who depend on the arena, including children who use it regularly, are unfairly paying the price. There has been

a sports rink in Eastwood Park for more than a hundred years and I know it's important to the local community, even if it's not something that's being used by everyone presently. Eastwood Arena is important to me, too, which is why I held meetings with North Enders in 2024 and 2025 and why I engaged residents through a survey about its future. I've been working with residents to come up with a plan for this arena and to reimagine how Eastwood Park will be used in the years to come. I'll keep doing that, whether the arena has to be closed or not.

I expect the City will be able to share information about the status of the arena in May, including whether or not it will close and where user groups can continue to play. I'll make sure to update folks here in the North End Breezes when I know more.

As I said in the previous issue, I'll be welcoming North Enders to join me on Thursday, April 9 for a Community Meeting. We're holding the meeting at Compass Community Health from 6pm to 8pm. You should receive a postcard in your mailbox to invite you to attend if you live in the North End. I hope to see you there. We'll talk about some of the projects happening in the North End and will make some time to connect with one another informally.

I'll also be holding a public meeting, with City staff, to discuss the results of the In-Service Roadway Safety Review (ISRSR) of Bay Street. At this meeting City staff and I will review the final Bay Street ISRSR, will outline the work done and the changes proposed, and will answer questions and gather feedback. If you would like to see a copy of the ISRSR, please email us at Ward2@hamilton.ca and we'll send it to you or visit ward2hamilton.ca/baystreet.

If you need help or want to connect with my office, please email Ward2@hamilton.ca or call us at (905) 546-2197. If we're on another call when you phone us, please leave a voice-mail message and we'll get back to you. The Ward 2 Team, Joey, Liesl, and Phoenix, are available Mondays, Wednesdays, and Fridays from 8:00am to 4:00pm and Tuesdays and Thursdays from 8:00am to 8:00pm. If you want to connect with me directly, email me at Cameron.Kroetsch@hamilton.ca.

Cameron Kroetsch

LETTER FROM THE INTERIM EDITOR

As we continue to try to reinvigorate our neighbourhood newspaper you will see a few new or returning voices. We are still needing to find new sources of funding – if you have any suggestions let us know. The loss of Brenda Duke was significant personally and to the running of the Breezes.

We need Board members to provide fresh ideas and to give guidance to the amazing group of volunteers. While we still are looking for a new treasurer, other Board members at large are very helpful in general discussions, ideas and helping with running fundraising events. The paper also needs to have someone to be our roving reporter / photographer, so if you like talking to new people and attending neighbourhood events, let me know at office@northendbreezes.com.

And there are new events and discussion in the next month or two. Sign the petition to keep the Eastwood arena on Change.org <https://www.change.org/p/eastwood-is-a-unique-and-valued-asset-it-needs-to-stay-open> Go to the next NENA meeting and hear what issues are on the agenda for your neighbourhood.

And of course, cheer on the runners for the Around the Bay Race.

Since April is the month we celebrate volunteers, join me in thanks for the dedication of the people on our Board who steer us in the right direction, the individuals who work hard to put the paper together every month and bring it to your doors and your screen. And finally, support our advertisers and local agencies and organizations. Love your neighbourhood!

- Kit Darling

HEAD OF THE LAKE HISTORICAL SOCIETY PRESENTATION: THE JOHN DICK CASE

SUBMITTED BY DAVID SIMPSON

The Head of the Lake Historical Society hosts public talks from September to May (except December) at the Coach House of Dundurn Castle. Talks are usually on the third Friday evening of the month.

All are welcome to our next meeting, Friday, April 17, 2026, where our speaker will be author and reporter SARAH FARR. 2026 marks the 80th anniversary of Hamilton's infamous John Dick murder case. Sarah is working on a book about Evelyn Dick and other suspects and will be presenting details from her research.

The case of Evelyn Dick is legendary in Hamilton (and beyond). In 1946, she was charged with the murder of her husband and her infant son. Although it is a well-known case, some pieces are still being uncovered by Sarah Farr.

Doors open at 7:00 p.m., and the presentation is at 7:30 p.m. The talks are upstairs at the Coach House of Dundurn Castle, 610 York Blvd., Hamilton.

There is a large parking lot with an entrance across from the Hamilton Cemetery. Members are free, guests are charged \$5 (and are entered into a draw for one of the society's books).

For more information on the Society, local history and upcoming events, follow us on Facebook or visit headofthelake.ca.

TALES FROM ANNE MARIE: MY FASCINATING VOLUNTEER STORY

SUBMITTED BY ANNE MARIE PAVLOV

My dear buddy Moe Scally asked me to start writing for The North End Breezes again! From 2003 to 2020, I wrote 130 columns, submitted many stories and photos. My first column was an inspirational one, called "The Alienated Person's Guide To Joy". And my next one was called "Who Are The People In Your Neighbourhood?". I am a natural storyteller, musician and prolific writer, and the proud daughter of local North End Historian, Musician and Northender of The Year Award Winner George Pavlov! If you would like me to profile you or someone you know for this newsletter, please contact me at annemariepavlov@gmail.com.

I have been a Hairdresser for Living Rock's Evening Programming since February 2010! It was veteran Rock Social Worker Val Campbell who met me on the Bayfront bus going to work at Scotiabank, who found out that I was a Hairdresser on the side, and asked me if I would like to help "bless the youth" by offering them free haircuts. I was going through a heavy time, where my spouse was dying and I was unsure about taking on another commitment. But I heard the call, and took the leap, and have been doing haircuts and dye jobs at the Rock ever since! Living Rock is a Youth Outreach organization, located at Wilson and Hughson Streets downtown. They feed and clothe and mentor thousands of youth aged 13 to 26 each year.

In 15 years, I have cut 600+ heads of hair, and have heard so many stories of resilience and hope from the youth, who get so much out of special dedicated time for them to be taken care of, and listened to deeply. Some nights are crazy busy, with youth dropping in from

the Barton Street jail, still in their orange outfits (which apparently sell for \$900 on Kijiji! Oh the things that the kids tell you!), needing a shower, clothes, and haircut; to quiet evenings with the same youth who come by every month, patiently waiting for their time to be pampered. As their trusted hairdresser, I have heard stories of renovation, homelessness, bedbugs, court dates, violence, depression, pregnancies, breakups, happy new relationships, hunger, grief at losing another youth to suicide or drugs, prayers, blessings, and hidden talents.

One longtime client saw that I brought my guitar to the Rock that evening, and asked if she could play it. She had never mentioned to me, a lifelong guitar player, that she had Grade 10 Conservatory musical training, and played better than I ever could! She was a sweet and gentle soul, who was rejected by her parents (in an affluent community) for being Queer. I gave her a colourful rainbow look, and she was proudly photographed for the front cover of that year's Spectator coverage of the Pride festivities! I was honoured to be a small part of her acceptance of herself as the dynamo she really is.

Another youth had a harrowing journey from a refugee camp in Pakistan, to fleeing to Nigeria where a Christian church sponsored them, and then to Canada with his seven younger brothers. He quietly asked me if he could pray with me, because the Lord wanted to bless me, and then he asked if he could cut his brother's hair using my clippers. He cut his brother's hair in record time, into the most accomplished "bald fade", far better than any

that I could execute! Turns out that he had spent many hours cutting hair in his travels, learning bits and pieces wherever he was. His retention and execution were brilliant!

One beautiful youth was Indigenous, of Tyendinaga descent, and explained to me how spiritual it was to allow someone to cut his hair, as long shiny hair on men is a revered thing in his community. And what an honour it was for me, as a white woman to be allowed to cut his hair. Every month he showed up for a quiet and holy haircut, he would share deep knowledge with me, acquired from his extensive higher education and his own life experiences. He was one of the wisest and deeply intelligent people I have ever met. He had so many problems to grapple with, so many unfair societal barbs grabbing at him every day, but he was persevering and continuing to show up until he "aged out" at age 26 (always a bittersweet time for youth and staff, as we grow so fond of each other in our time together). I wish him well, and I carry lifelong lessons in my heart from him.

Every youth is a treasure. I always try to engage with them: "What's your sign?" "What are your pronouns?" "What do you want to talk about?" I always follow their lead, and either just listen, or try to entertain them. My goal is to share the Love of God with them (in a non-religious and sometimes irreverent way), and to let them know that they have value. My gifts to them have been paid back tenfold with their humour, shared wisdom, prayers, secrets, goals, and pains.

God Bless the Youth and Staff of The Rock. I plan to keep doing hair until I drop!

BIG CHANGES ARE COMING TO THE COMPASS BREAKFAST CLUB



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Date: Thursdays 12:30pm – 2:30pm
Bus Route: 02 or 04

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HELP SAVE EASTWOOD, A UNIQUE AND VALUED ASSET. IT NEEDS TO STAY OPEN!



Scan this QR code to sign the petition to save Eastwood Arena today! Or, visit change.org/p/eastwood-is-a-unique-and-valued-asset-it-needs-to-stay-open



THE GREAT SPRING FLIP: LAKE ONTARIO'S VITAL APRIL AWAKENING



SUBMITTED BY PROFESSOR RAWR (AKA BRIAN ROULSTON)

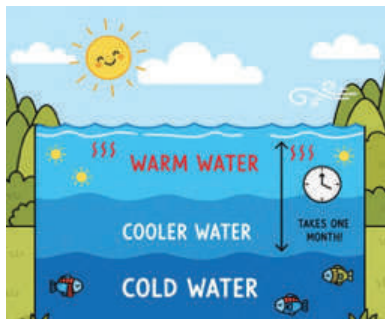
As winter fades, snow melts, waterfalls roar and the trees stretch out their first bright green leaves. And while all this is happening above, something amazing is starting deep down in Lake Ontario—a secret spring surprise getting ready to flip the whole lake awake! Rowr!

The Science of the Flip: Unveiling Nature's Grand Design! In its simplest explanation, to truly grasp this colossal event, you first must picture the lake in late winter. Even though the sky's been gloomy and the air was freezing the lake isn't uniformly cold. It's layered, a state known as "winter stratification" or "Inverse Stratification". Rowr! Sounds fancy, doesn't it, my little scientists?

At 4°C, this life-giving water settles to the very bottom. Above it is colder, less dense water, topped with an icy blanket near 0°C. The winter lake is motionless and divided. Aquatic life deep in the lake slowly depletes trapped oxygen while precious nutrients (food) from decaying matter accumulates on the lakebed, just waiting for their moment.

As April triumphs over winter, the sun's stronger rays and warmer air begin to trigger the flip. Surface ice melts away, and the top layer of water slowly warms toward 4°C. As it reaches that magical number, the water becomes heavier and sinks. This oxygen-rich surface water plunges toward the lakebed, pushing the deep, nutrient-rich water upward in a spectacular exchange.

Powerful spring winds sweep across the lake and speed up the process, stirring the water like a giant pot of soup until the entire lake is completely mixed.



THE MOMENT THE LAKE TURNS OVER—OXYGEN RUSHING DOWN, NUTRIENTS RISING UP, AND THE WHOLE ECOSYSTEM ROARING AWAKE. AN ENGINE FOR FRESHWATER LIFE: THE LAKE'S HEARTBEAT!

This process isn't just important—it's vital for lake life! Without it, a deep lake like Ontario or the other Great Lakes would be largely lifeless, a watery wasteland.

A Deep Breath for the Lake! Most aquatic animals—like trout and salmon, and even frogs—need oxygen to survive. In winter the deep water is sealed off from the air above, and its oxygen supply slowly and dangerously runs low. Turnover brings a huge rush of oxygen-rich water from the surface down to the depths. It refreshes the deep zone and stops it from becoming a "dead zone" where nothing can live. The lake is taking a giant, rejuvenating breath! Rowr! And that's no small roar, my friends!

Fueling the Entire Food Web: A Feast for All! Turnover also acts like a gigantic, unstoppable elevator for nutrients. It lifts phosphorus and nitrogen from the lake bottom and carries them up into the sunlit surface waters. This sudden burst of natural fertilizer sparks a huge bloom of phytoplankton—tiny, plant-like algae. This "spring bloom" is the most important event of the year, because it creates the base of the entire food web. The phytoplankton feed zooplankton—tiny drifting animals such as water fleas and copepods, little shrimp-like specks—which are eaten by small fish who are in turn hunted by larger fish like salmon and trout. This single event supports the whole delicate underwater world. A true feast for freshwater life. Rowr! What a spectacular show of nature's bounty, eh!

A Different Story in Hamilton Harbour: A Dynamic Dance! While the open lake experiences a predictable spring turnover, smaller bodies of water tell a different story. Ponds and harbours don't behave the same way at all. Hamilton Harbour, being much shallower, acts in its own wild and lively way.

The shallow Harbour warms and cools much faster than the lake, and strong winds can mix its waters at almost any time of year. That makes it polymictic—a fancy word meaning it mixes many times, often unpredictably, instead of just twice a year. All that extra mixing means the Harbour can spark two, three, or even many more phytoplankton bloom each year.



A STRONG APRIL WIND SWEEPS OVER THE LAKE, CHURNING THE WATER AND BLENDING OXYGEN AND NUTRIENTS THE WAY A SPOON STIRS A HEARTY SOUP.

The Harbour's health is also shaped by nutrient runoff from Cootes Paradise and local creeks. These extra nutrients make mixing events even more important, because they help prevent dead zones from forming in the partially enclosed bay. It's a constant, dynamic dance of stirring and renewal!

A Shorter Winter Coat for Our Lakes! Think of stratification as the time a lake wears its winter coat of ice. As climate change makes our world warmer, winters become milder and shorter. For a lake, this means it takes longer in the fall for the water to get cold enough to put on that ice coat. In spring, the air warms earlier and the ice melts much sooner. Because the lake puts its ice coat on later and takes it off earlier, the total time it spends layered up and frozen—the winter stratification period—shrinks. Fish and other creatures that rely on this rhythm of oxygen and nutrient changes may get confused or struggle to find enough food at the right time. Over time, this can disrupt the natural balance of the lake affecting which plants and animals thrive, leading to fewer of some species and more of others. It's like changing the natural seasons for the lake, having big ripple effects on the entire underwater world.

From the depths of the Great Lakes to the dynamic, ever-changing waters of our harbour, this great spring flip is a powerful, unseen force. It truly awakens aquatic ecosystems, revealing the magnificent secret of our beloved Lake Ontario and Hamilton Bay. And that, my cubs, is the magnificent secret of our Great Lake!

And if your paws are still tingling with curiosity, my cubs, go explore! There's so much more to discover about our lakes, our harbour, and the amazing world beneath the waves. Rowr! Learning is its own adventure.



LIBRARY UPDATE

Sweet Sounds of Jazz at HPL Branches - Enjoy the sounds of Jazz in free Branch Concerts across the city. Arrive early to take your seat. All concerts generously sponsored in partnership with the Hamilton Musicians' Guild.

April is Do-It-Yourself (DIY) Month - From a Clothes Mending Workshop to how to Start Seedlings, mark your calendar to attend the How-To Festival at Central Library on Saturday, April 18 from 10am-1pm.

Visit the Newly Reopened Hamilton Children's Museum with Your Library Card - Explore the newly renovated Hamilton Children's Museum FREE with your Hamilton Public Library card. Each person over the age of five must have a physical or digital Hamilton Public Library card to gain free entry. There's free on-site parking, or children ages 6-12 can travel for FREE on HSR transit with a valid PRESTO card, available from Hamilton Public Library.

Learn more at HPL's website to plan your next visit.

Learning with HPL - Find activities, book lists, tutoring help, online courses, and more for students, their families, and educators. Visit our website for a collection of resources to succeed this academic school year.

Study Halls - Study or work quietly at Dundas, Red Hill, Terryberry, Turner Park, Valley Park, and Waterdown branches after hours Monday through Thursday, 8pm to midnight. Full details can be found online. (Central Library's Study Hall returns in Spring 2026.)

Lendporium – Borrow Unique Items from HPL - Your Hamilton Public Library card lets you borrow anything in our Lendporium, including Art Gallery of Hamilton and Royal Ontario Museum (ROM) passes, birding backpacks, early year engineering kits, and home support devices. NEW Board Games are now available (up to two games can be placed on Hold per Library card) for a fun night in!

LinkedIn Learning and BrainFuse for Students and Job Seekers - From online studying and tutoring services to job search tools, visit Brainfuse and LinkedIn Learning for free with your HPL library card.

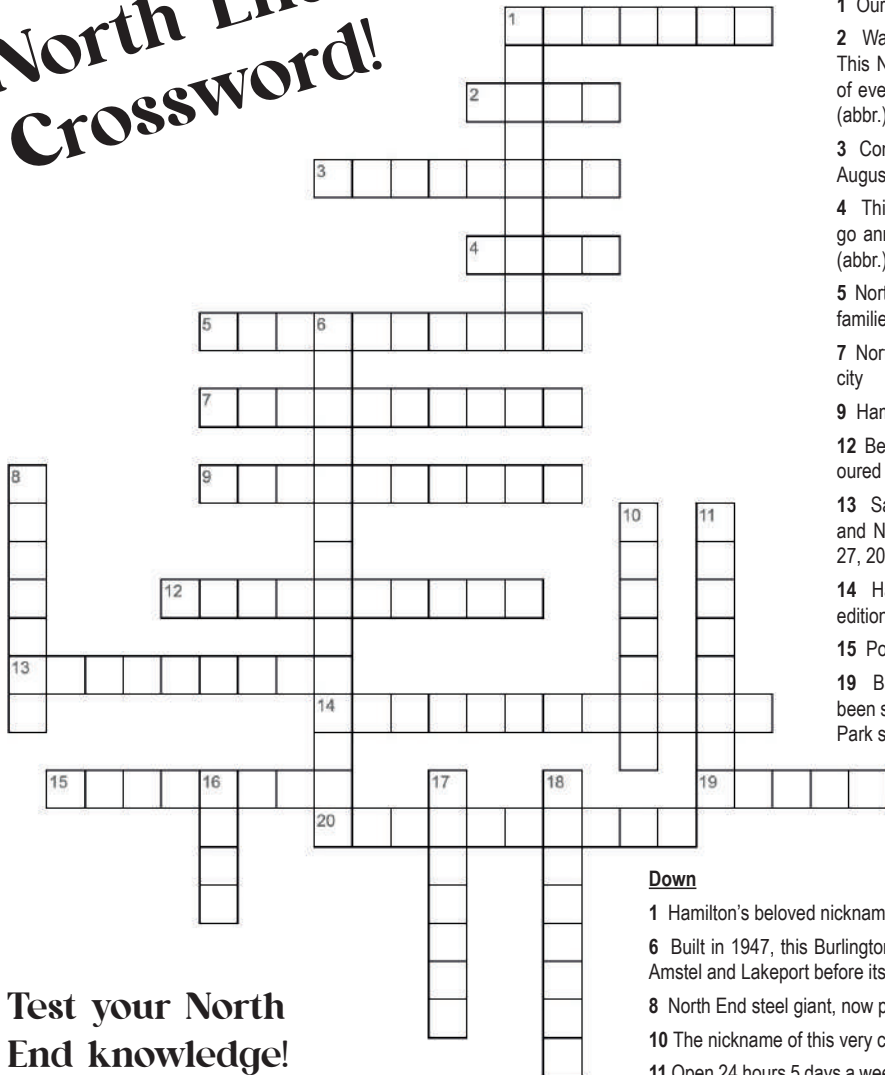
Online Resources at HPL - Save with your HPL library card in 2026! From magazines to movies to music, access a variety of online resources for your entertainment on a budget.

Our virtual branch at hpl.ca is always open. Questions? Call 289.779.7588, email askus@hpl.ca, or chat with Staff at hpl.ca.

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North End Crossword!



Across

- 1 Our beloved CFL team's mascot
- 2 Want to meet your neighbours and stay informed? This North End association meets the first Wednesday of every month at 7pm at Bennetto Community Centre (abbr.)
- 3 Compass Community Health program running May-August teaching kids to cook, garden and stay active
- 4 This port authority handles 12 million+ tons of cargo annually — the busiest Canadian Great Lakes port (abbr.)
- 5 North End community centre serving children, seniors, families and newcomers since 1966
- 7 North End street sharing its name with a neighbouring city
- 9 Hamilton has over 150 of these
- 12 Beloved Hamilton blues musician Jackie _____, honoured with a North End park at Wellington and Simcoe
- 13 Save the date! The annual North End Block Party and North End Garage Sale are both happening June 27, 2026! Find the party at _____ and Simcoe
- 14 Hamilton's historic road race celebrates its 132nd edition on April 12, 2026
- 15 Popular North End waterfront park
- 19 Batter up! This 2SLGBTQIA+ softball league has been swinging for community and inclusion at Eastwood Park since 2022 (abbr.)
- 20 North End church whose land was bought in 1882, formerly known as Bayside Hill

Down

- 1 Hamilton's beloved nickname
- 6 Built in 1947, this Burlington St. brewery housed Peller's, Carling, Henninger, Amstel and Lakeport before its current tenant
- 8 North End steel giant, now part of ArcelorMittal
- 10 The nickname of this very community paper!
- 11 Open 24 hours 5 days a week — try their iconic Ghostbuster donut at this North End institution
- 16 In 1891 Queen Victoria granted this club a royal designation — one of only ten in Canada (abbr.)
- 17 Indigenous name for Hamilton Harbour, also shared by a local yacht club
- 18 North End school named after Hamilton's first female principal, Susan _____

Test your North End knowledge! How many clues do you know the answer to?

NORTH END NEIGHBOURHOOD ASSOCIATION - MARCH MEETING UPDATE

For those in the neighbourhood who were unable to join us at our last association meeting, we want to provide a brief update.

Environmental Committee:

- Coordination is on-going to support and be part of an initiative to plant 1 million new trees in the City
- We heard concerns and discussed the exhaust from trains idling along Strachan. A motion was put forward to request air monitoring in the community, asking authorises to look at cleaner options and contacts were discussed if people want to reach out on their own.

Planning Committee:

- Jamesville redevelopment plan has been approved by the Minister but still need to go through City approval
- Hamilton official plan is being revised, the City provided an overview at NENA's request of how the changes affect our neighbourhood and these are being reviewed by the committee
- Due to City cyber security incident projects in (raised intersection at Bayfront Park) and around (pedestrian crossing from Liuna to GO station) our community are delayed but still have approval with work starting on some this summer.

Community Updates & Discussion:

- The North End Breezes, NENA, Welcome Inn and other community groups/ organizations are looking for volunteers - now is the time to join, no training required
- A lack of garbage cans at Eastwood Park was discussed, NENA will follow up with the Ward 2 office to determine if and when more can be installed
- The City is preparing a report regarding the use and resulting effects from using Bennetto Community Centre as a warming centre during the recent cold weather. NENA and other groups want to see and review the report when prepared and released.

We look forward to seeing everyone at our next meeting held in Bennetto Community Centre on the first Wednesday of April (April 1st - No foolin')

NORTH END BREEZES PET CALENDAR



AN INITIATIVE TO SUPPORT YOUR COMMUNITY NEWSPAPER

The North End Breezes, your community newspaper, is working on a fun initiative - and we need your help! In an effort to support The Breezes, we are launching the **Pets of the North End wall calendar for 2027!**



Interested in having your pet featured in the calendar? Visit bitly/NorthEndPets or scan the QR code to submit a photo of your furry friend today!



Proceeds will help The Breezes team to continue bringing community news to your doorstep.



St. Lawrence the Martyr Parish

125 Picton Street E.,
Hamilton, Ontario L8L 0C5
905-529-3921

stlawrencehamilton@hamiltondiocese.com

www.stlawrencehamilton.ca

Office Hours: Tues-Fri 9am-4pm

In case of after hours emergency
please call the rectory 905-522-5272

Fr. Paul Mathew
Sunday Mass 11:00 a.m.

Weekday Mass Schedule:

~No Mass Monday~

Tuesday and Thursday 7:00 p.m. Mass
Wednesday and Friday 12:30 p.m. Mass

Confessions before Mass on Tuesday,
Thursday and Saturday.

Adoration before Mass on Thursday.

*NB: Please check our website for
weekly updates and changes*

Sacraments of Marriage or Baptism:

Please contact the parish office to make an
appointment to meet with Father Paul.

Upcoming Events and Dates

Children's liturgy - Children's Liturgy is now
available at our Sunday Masses. The liturgy will
be suitable for any children aged 4 and up who
have not received their first communion and will
take place during the liturgy of the word.

Upcoming Sacraments

First Communion - April 18, 2026
Confirmation - May 9, 2026

Hall Rentals are available! Call the office or
visit stlawrencehamilton.ca/hall-rentals for more information



Looking for a welcoming, down-to-earth church in the North End?

James North is a church where everyone is valued, no matter their background, education, or income.

We love being part of this diverse and vibrant neighbourhood! James North has been in the North End since 1887.

It is our desire to offer a place of hope and connection for individuals and families navigating life's challenges.

We are more than just a church service on Sundays. Check out our website to see the various ministries and programs we regularly offer.



Sunday Morning Service

10:00 – 11:30AM

with Children's Ministry for
kids from birth to Grade 5

500 James St. North
905.527.3972
office@jamesnorth.church



<http://jamesnorth.church>



Welcome Inn
Community Centre

**Did you know that over 465
people volunteer at Welcome
Inn each year?**

**We want to thank each and
every person that volunteers in
our food bank, helps out with
our children's programs, spends
time with our seniors and
supports recent immigrants to
Canada. It truly is a community
effort, and none of it would
happen without our volunteers!**

Thank you!



Want to help out?

**Become one of our many
volunteers!**

Call us at 905-525-5824.

Living **WELL** Together

Bennetto Community Centre
450 Hughson St. N
(905) 546-3747



Aquatics - Spring Registered Programs
Starting April 07, 2026

*Prices may vary for non-residents

| MONDAY | | | | |
|-------------------------------------|---------------|----------|-------|-----------------|
| Program | Time | Ages | Code | Fee |
| Swimmer 3 | 5:00-5:45pm | 6-12yrs | 28880 | \$87.39 |
| Swimmer 1 | 5:00-5:30pm | 6-12yrs | 28870 | \$79.20 |
| Splash 1/2/3 | 5:00-5:30pm | 3-5yrs | 28856 | \$79.20 |
| Swimmer 2 | 5:30-6:00pm | 6-12yrs | 28876 | \$79.20 |
| Splash 1/2/3 | 5:30-6:00pm | 3-5yrs | 28858 | \$79.20 |
| Parent and Tot 1/2/3 | 5:45-6:15pm | 4m-3yrs | 28835 | \$70.38 |
| Splash 1/2/3 | 6:00-6:30pm | 3-5yrs | 28854 | \$79.20 |
| Hamilton Lifesaving Club | 6:00-7:00pm | 12-15yrs | 28828 | \$87.39 |
| Swimmer 1 | 6:15-6:45pm | 6-12yrs | 28869 | \$79.20 |
| Swimmer 2 | 6:30-7:00pm | 6-12yrs | 28878 | \$79.20 |
| TUESDAY | | | | |
| Program | Time | Ages | Code | Fee |
| Swimmer 4 | 6:00-6:45pm | 6-12yrs | 28881 | \$87.39 |
| Splash 4/5/6 | 6:00-6:30pm | 3-5yrs | 28864 | \$79.20 |
| Private Swim Lesson | 6:00-6:30pm | 3yrs + | 28847 | \$325.35 |
| Private Swim Lesson | 6:30-7:00pm | 3yrs + | 28848 | \$325.35 |
| Private Swim Lesson | 6:30-7:00pm | 3yrs + | 28850 | \$325.35 |
| WEDNESDAY | | | | |
| Program | Time | Ages | Code | Fee |
| Splash 1/2/3 | 5:00-5:30pm | 3-5yrs | 28859 | \$79.20 |
| Swimmer 1 | 5:00-5:30pm | 6-12yrs | 28871 | \$79.20 |
| Swimmer 2 | 5:30-6:00pm | 6-12yrs | 28875 | \$79.20 |
| Splash 1/2/3 | 5:30-6:00pm | 3-5yrs | 28860 | \$79.20 |
| Bronze Medallion | 5:30-8:15pm | 13yrs + | 29421 | \$260.06 |
| Adult 1/2/3 Swim Lesson | 6:00-6:45pm | 12yrs + | 28830 | \$69.93-\$87.39 |
| Swimmer 7/8/9 | 6:45-7:45pm | 6-13yrs | 28831 | \$87.39 |
| Private Swim Lesson | 6:45-7:15pm | 3yrs + | 28845 | \$325.35 |
| Private Swim Lesson | 7:15-7:45pm | 3yrs + | 28844 | \$325.35 |
| Private Swim Lesson | 7:45-8:15pm | 3yrs + | 28842 | \$325.35 |
| Private Swim Lesson | 7:45-8:15pm | 3yrs + | 28841 | \$325.35 |
| THURSDAY | | | | |
| Program | Time | Ages | Code | Fee |
| Private Swim Lesson | 5:00-5:30pm | 3yrs + | 28840 | \$325.35 |
| Splash 4/5/6 | 5:00-5:30pm | 3-5yrs | 28865 | \$79.20 |
| Splash 1/2/3 | 5:30-6:00pm | 3-5yrs | 28861 | \$79.20 |
| Swimmer 3/4 | 5:30-6:15pm | 6-12yrs | 28834 | \$87.39 |
| Bronze Cross | 5:30-8:15pm | 13yrs + | 29419 | \$166.13 |
| Splash 1/2/3 | 6:00-6:30pm | 3-5yrs | 28862 | \$79.20 |
| Swimmer 5/6 | 6:15-7:00pm | 6-12yrs | 28833 | \$87.39 |
| Splash 4/5/6 | 6:30-7:00pm | 3-5yrs | 28866 | \$79.20 |
| SATURDAY | | | | |
| Program | Time | Ages | Code | Fee |
| Swimabilities Beginner/Intermediate | 9:00-10:00am | 3-17yrs | 28821 | \$75.06 |
| Swimabilities Intermediate/Advanced | 10:00-11:00am | 3-17yrs | 28823 | \$75.06 |
| Swimabilities Adult | 10:00-10:45am | 18yrs+ | 28824 | \$79.20 |
| Parent and Tot 1/2/3 | 11:00-11:30am | 4m-3yrs | 28837 | \$70.38 |
| Private Swim Lesson | 11:30-12:00pm | 3yrs + | 50203 | \$325.35 |
| Swimmer 1 | 11:00-11:30am | 6-12yrs | 28867 | \$79.20 |
| Swimmer 2 | 11:30-12:00pm | 6-12yrs | 28874 | \$79.20 |
| Splash 1/2/3 | 11:00-11:30am | 3-5yrs | 28852 | \$79.20 |
| Splash 4/5/6 | 11:30-12:00pm | 3-5yrs | 28863 | \$79.20 |

Bennetto Community Centre
450 Hughson St. N
(905) 546-3747



Gym & Club - Spring Registered Programs
Starting April 07, 2026

*Prices may vary for non-residents

| MONDAY | | | | |
|---|-------------------|-----------|---------|-----------------|
| Program | Time | Ages | Barcode | Fee |
| Volleyball | 5:00pm - 6:00pm | 9-12 yrs | 31604 | \$43.47 |
| Volleyball | 6:00pm - 7:00pm | 12-17 yrs | 31611 | \$43.47 |
| Yoga Hatha | 6:00pm - 7:00pm | 16+ | 31614 | \$68.40-\$84.69 |
| Anime | 5:30pm - 6:30pm | 9-12 yrs | 31629 | \$43.47 |
| Cartooning | 6:45pm - 7:45pm | 9-12 yrs | 31637 | \$43.47 |
| TUESDAY | | | | |
| Program | Time | Ages | Barcode | Fee |
| Sports Blast Fundamentals | 5:00pm - 5:30pm | 3-5 yrs | 31672 | \$28.98 |
| Floor Hockey | 5:45pm - 6:30pm | 6-8 yrs | 31746 | \$32.58 |
| Floor Hockey | 6:45pm - 7:45pm | 9-12 yrs | 31757 | \$43.47 |
| WEDNESDAY | | | | |
| Program | Time | Ages | Barcode | Fee |
| Tumble Playgroup (with parent) | 10:00am - 11:30am | 1-2 yrs | 31655 | \$63.63 |
| Tumbling Fundamentals (with parent) | 5:30pm - 6:30pm | 1-2 yrs | 45744 | \$42.39 |
| Tumbling Fundamentals | 6:45pm - 7:45pm | 3-5 yrs | 31669 | \$57.96 |
| THURSDAY | | | | |
| Program | Time | Ages | Barcode | Fee |
| Exploring Art | 5:15pm - 5:45pm | 3-5 yrs | 31687 | \$28.98 |
| Crafts | 6:00pm - 6:45pm | 6-8 yrs | 31690 | \$32.58 |
| Sports Blast Fundamentals | 6:00pm - 6:30pm | 3-5 yrs | 31685 | \$28.98 |
| SATURDAY | | | | |
| Program | Time | Ages | Barcode | Fee |
| Tumbling Fundamentals (with parent) | 9:00am - 10:00am | 1.5-2yrs | 31699 | \$42.39 |
| Pilates | 9:45am - 10:45am | 16+ | 31722 | \$68.40-\$84.69 |
| Tumbling Fundamentals | 10:15am - 11:15am | 3-5 yrs | 31708 | \$57.96 |
| Exploring Science | 10:00am - 10:30am | 3-5 yrs | 31713 | \$28.98 |
| Science | 10:45am-11:30am | 6-8 yrs | 45742 | \$32.58 |
| Flag Football | 11:30am - 12:15pm | 6-8 yrs | 31761 | \$32.58 |
| Anime | 11:45am - 12:45pm | 9-12 yrs | 31716 | \$43.47 |
| Vocal Ensemble (Collaboration with Hamilton Music Collective) | 1:00pm - 1:45pm | 6-8 yrs | 37182 | \$32.58 |
| Vocal Ensemble (Collaboration with Hamilton Music Collective) | 1:45pm - 2:45pm | 9-12 yrs | 37183 | \$43.47 |

Registration Information

Registration Date: March 11, 2026 at 8:00am
Ways to Register:
Online - hamilton.ca/recreation
Be sure to obtain your USERNAME and PASSWORD prior to registration day. Go to hamilton.ca/recreation or in-person at your local recreation centre



If you require this information in an accessible format, please contact accessiblerec@hamilton.ca

NORTH END TOGETHER

JOIN OUR BOARD

NOW RECRUITING

Treasurer

Basic bookkeeping and accounting tasks.
QuickBooks an asset.

Secretary

Record and distribute meeting notes to the Board and Coordinator after each meeting.

APPLY NOW
office@northendbreezes.com

Be part of your community newspaper.
Volunteer today!

NORTH END BREEZES TEAM

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses in print and reaches across the City on-line. Contact us at 905-869-8185, by email at office@northendbreezes.com, on our website: www.northendbreezes.com, or visit our socials @northendbreezes.

BOARD OF DIRECTORS

- Maureen Scally, Interim Treasurer
- Chris Pearson, Community Connector
- Kelly Noseworthy, Marketing
- Laura Farr
- Julie Maue

PUBLICATION TEAM

- Kit Darling, Editorial Assistant
- Katie Fitzgerald, Layout and Design
- Marie Mushing, Website Design
- Cat McKay, Marketing & Socials

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses in print and reaches across the City on-line. Contact us at 905-869-8185, by email at office@northendbreezes.com, on our website: www.northendbreezes.com, or visit our socials @northendbreezes.

Circulation & Distribution: The Board, Sheri Selway, Chrissy Chrzan and Maureen Snowball along with a dedicated team of volunteers.

When submitting an article for the Breezes we also like to share the content on our social channels. Please include as many pictures as possible and a couple lines of copy we can use for Facebook, Instagram and Twitter posts. The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out.

Articles may be edited for length, tone, clarity and are subject to publication based on available space.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION

The North End Breezes is a not-for-profit team of volunteers who produce a monthly newspaper and online publications to promote connectivity, share community news and encourage mutual support by engaging our North End neighbourhood community.

NORTH END BREEZES VISION

The North End Breezes is a vital resource in the North End that promotes harmony, pride and collective community action in a diverse and ever-changing neighbourhood. For over 50 years we've been a resource for the community and rely on our volunteers to keep the information flowing for years to come. Help us grow your Breezes. Please email your thoughts to office@northendbreezes.com or call 905-869-8185 | Website: www.northendbreezes.com | Visit our socials @northendbreezes

REGISTER TODAY

CrossTrainers 2026 Registration Open Now!

POWER UP!

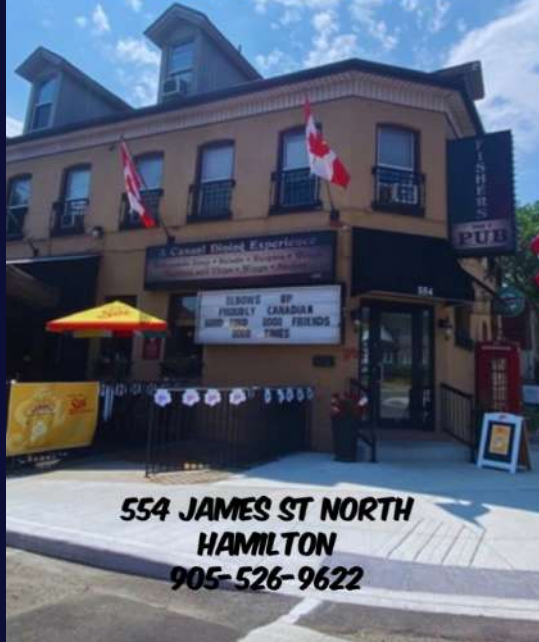
WEEK 1: July 6th-10th
WEEK 2: July 13th-17th
WEEK 3: July 20th-24th
WEEK 4: July 27th-31st

For more information
jamesnorth.church

Kids' Summer Day Camp
Going into SK - Grade 5

JAMESNORTH.CHURCH

FISHER'S PIER 4 PUB



554 JAMES ST NORTH
HAMILTON
905-526-9622



GOOD FRIDAY
(RESERVATIONS RECOMMENDED)
TAKEOUT AVAILABLE
PRE-ORDER
905-526-9622



HAPPY EASTER
TO ALL
OUR FRIENDS,
FAMILY
AND CUSTOMERS

OPEN Good Friday April 3rd
CLOSED Easter Monday 6th



FISHER'S PIER 4

GAME NIGHT

EVERY TUESDAY FROM 5 - CLOSE

50% OFF ALL KIDS MEALS

\$5.00 OFF POUND OF WINGS

JOIN US FOR OLD
SCHOOL BOARD
GAMES

Mouse
Trap

MONOPOLY

Hungry Hungry
Hippos

Jenga

UNO

AND MORE!!
CALL 905-526-9622
TO BOOK YOUR
RESERVATION

SHARE YOUR NORTH END STORY



What can you share?

- A photo or small moment you noticed nearby
- A short note, idea, recipe, drawing, or creative piece
- Something local you've spotted, loved, or wondered about

Big or small, polished or casual. If it reflects life in the North End, we'd love to hear from you.

Send by the 15th
articles@northendbreezes.com

KELLY FISHER
Sales Representative

905-648-4451

kellyfisher@royallepage.ca
http://www.royallepage.ca

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