MARCH 2020

| VOLUME 3 | OFFICE@NORTHENDBREEZES.COM |

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WHO WAS SUSAN **BENNETTO?**

SUBMITTED BY FRANCESCA ALFANO, **BENNETTO TEACHER**



On a recent trip to my ancestral homeland, Italy, I had the opportunity to visit early childhood centres and schools working in the Reggio Emilia Approach. Child centered, self-directed and constructivist in nature, these schools were inspiring in every way. It was not possible to gloss past even the simple things – the outdoors was brought in for study, the custodians and cooks welcomed visitors along with the principal and teachers. Every school I entered had intentional signage that helped you understand how the school had been named. It made me start to wonder about my own school. I teach at Bennetto Public School. What did I know about its

name? Well... I knew it used to be called Centennial and that a generation after it had been built it was amalgamated with its neighboring middle school, 'Bennetto'. But who was Bennetto? I assumed it was a stuffy old Superintendent. That trip to Reggio Emilia where students had researched their namesake and written about it made me curious. I started with a google search and then a dove into the Hamilton - Wentworth School Board Archives and the City of Hamilton archives housed in the Hamilton Public Library. The records are quite interesting.

Our namesake, Susan Bennetto, had a remarkable career. Born in England in 1850 and immigrating to the great port city of Hamilton shortly afterward she grew up with a seamstress mother and carpenter father on Cannon Street. By the age of 17 she graduated with a First Class teaching certificate and earned an impressive \$200 per year. Establishing a strong reputation, she was assigned to Canada's first graded public school, Central School on Hunter Street West. Susan E. Bennetto left Hamilton briefly and returned to find out that a new school was being erected on the northeast corner of Picton and Catharine Street - because she was capable and ambitious she applied and succeeded in winning a position as "head teacher" - a position that no woman before her had held.

By 1888, at the age of 38, she held the position of Principal and held that position for more than 30 years. By 1920, a year after her death, a 10 room addition was added to the Picton Street School and the school was renamed Bennetto School in her honour. **CONTINUED ON PAGE 5**



SUBMITTED BY KEN HIRTER

This month's Walkabout finds me at one of my favorite thrift shops along the James Street North strip, the New Horizons Thrift Store; "The shop with the bright inviting yellow double doors".

Upon entering the doors you will find a treasure trove from clothing, home decor, kitchen needs, a book nook plus much, much more. There are also retro, funky vintage finds – all found under one roof. So cool.

A brief history: The New Horizons Thrift Store has been a the staple "to go to" thrift shop which was established here in Hamilton's North End since the late 1970's until January of 2008 when ownership was taken over by the Welcome Inn Community Center.

It was there where I sat down with the delightful, energetic shopkeeper Amanda Stafford, a proud Northender for the past 7 years, residing here with her husband David and children Adelaide & Harrison.

Amanda's role is Social Enterprise Coordinator of New Horizons Thrift Store, The motto here which applies to the Welcome Inn Community Center as well is :"Living Well Together"

CONTINUED ON PAGE 3





Between You And The Sun Since 1929!

497 Hughson Street North, Hamilton L8L 4N8 Ask for Rick Brusey

905-522-5625





THE BAPTIST CHURCH

SUBMITTED BY BRIAN ROULSTON

The term "Baptist" is a name given to Christians who were baptized after they have made a public profession of faith as adults.

The earliest Baptists in Ontario moved into the area following the American Revolution in 1812. Some of them were United Empire Loyalists while others were American Baptists. In 1842, a census revealed that there were 19,623 Baptists in Upper (Ontario) and Lower (Quebec) Canada.

The first Baptist churches in Ontario were Caldwell's Manor in Eastern Township 1794 and Beamsville First Baptist Church in either 1776 or 1807. This is according to the book "The Baptist Heritage" written by H. Leon McBeth. Apparently there are no conclusive records to show that Beamsville Church existed in 1776, although if there is documentation out there to prove it, this church could very well be the oldest Baptist church in Canada.

Today, being a Pastor is a full time calling to preach, teach, counsel, train and coordinate ministries as well as plant churches and perhaps organize missions overseas. Prior to 1881 there was no place to formally train pastors.

McMaster University was founded originally as a Baptist institution in 1881. It joined together the two older institutions of Woodstock College and Toronto Baptist College. Initially, it trained many of the pastors in the area at the time. A new 500 student university campus was established in Hamilton in 1930, unfortunately, by 1951 it became evident that Baptist resources alone would not be enough to keep the university going financially. The facility then became non-denominational.

The James St. Baptist church became Hamilton's mother church in 1843. Four missionary churches were created under her; Wentworth Street Baptist Church 1890, Trinity Baptist Church 1883, Herkimer Street Baptist Church (Stanley Ave Baptist Church) 1889 and in the North End, Northern Baptist Church in 1887 which was often referred to as the Ferguson Baptist Church because of its location at Ferguson Ave. and Ferrie St.

Northern Baptist Church would soon be considered too small. Hamilton's population flourished as a result of the arrival of The Great Western railroad and hydro electric power which powered the new factories that brought in new workers. The mission church was perceived to be both too far east and north to be considered practical. This brings us to the church





we know today as Hughson Street Baptist Church. Originally, the building was built by Anglicans as a school between 1860-1870. It was constructed from blocks of Eramosa Dolomite and Whirlpool sandstone, a popular type of stone that was quarried along the base of the escarpment between Hamilton and Dundas during the latter part of the 1800's. These quarries of Eramosa have long been exhausted, back filled and are now covered with homes and businesses. There was a short time after serving as school and before being a church that it was a residence for sailors docking in Hamilton.

Pastor Bracken led Northern Baptist Church through the purchase of the old school for \$2,100 (\$47,000 today) and organized the remodeling. The "NEW" Hughson Street Baptist Church even bought back the original frame building from the new owners of the old mission on Ferguson Ave. It was re-assembled as an addition onto the old school. February 21, 1909 was move-in day for Hughson St. Baptist Church.

More recently Hughson Street Baptist Church faced closure in the early 1990's because of its aging congregation. At the time many of its followers were around 80 years old. The church needed to engage younger people in order to carry on the work of the church. A Pastor named Pete Wright joined the church and he reached many of the North End's youth through sports such as soccer and basketball. Pastor Dwayne Cline joined the church not long after and he learned well from Pete Wright by carrying on with the sports. A Kids Club was established for students from Kindergarten through grade 5. They played games, socialized, heard and read bible stories and of course played sports. Parishioners got involved in tutoring and some local businesses donated non-perishable foods. All of this had a positive effect on what was once the third poorest neighborhood in Canada. The parish went from just 35 followers during Sunday services to over 180. Today many of the church events and services are scattered between the church, Bennetto School and the current temporary Sunday services

location at CityKidz Ministry Center on Burlington St. City Kidz will be used until a brand new church facility at 500 James St is ready to receive followers in the summer. The church is thriving, still offering weekday programs for the youth and children of the neighbourhood, Coffee's On drop-in for neighbours, Christmas Hampers with it's Toy Shop, and the foundational Sunday church services and other activities.

The project at 500 James will also provide affordable, supportive housing with 45 apartment units in partnership with Indwell Housing. Indwell is well-known in Hamilton as an provider of this kind of housing. Watch for the opening of all this sometime after July this year. When the new church opens it's present staff, Dwayne Cline, Paul Harvercroft, Macio Silva, Derek Hisson, Diana Crosby, Deanna Spoelstra, Jamie Iles and Jenna Smith will be eagerly waiting to see you on James Street.

WALKABOUT COMMUNITY: NEW HORIZONS

CONTINUED FROM FRONT PAGE

I asked Amanda her vision for the

To create a Dynamic Community Space for capacity building with the vision to restore this Community Gem & Jewel; a community space first and a thrift store second. It is also providing opportunities for the more than 50+ dedicated youth volunteers improve employment skills for the seniors as well as providing community interaction & community connection.

Amanda is very grateful & thankful to the Welcome Inn Community Center across the board from the staff to her team of volunteers the neighbors and the neighborhood and the stories and interactions is INCREDI-BLE and for that I am grateful." "Also thanks to the volunteers & customers for they're the best."

"EXCLUSIVE ACROSS THE BOARD" and her passion lies with being "the meaningful relationships that EVERYONE shares in a Community Space that cares.

in which she instills in her children:



you've been."

Amanda's favorite Quote:

"Live each day as if it were your last"

Thanks Amanda for the very informative talk about this wonderful Thrift shop and taking the time to sit down, it was also nice to meet some of the wonderful volunteers upon leaving through the yellow doors of "THE NEW HORIZONS THRIFT STORE"

The New Horizons Thrift Store is located at 520 James Street North here in the North End, so stop by to browse, I asked Amanda her motto in life and buy or simply to pop in to say hello.

Till next month, take care of you and





St. Lawrence the Martyr Parish 'where faith builds community'

125 Picton Street East, Hamilton, ON L8L 0C5

Pastor: Rev. Peter Jurzyk

Sunday Mass: 11:00 am

Weekday Masses:

Tues: Mass at 7:00 p.m. Wed: Mass at 8:00 a.m. Thurs: adoration and opportunity for confession 6:15 p.m. and Mass 7:00

Fri: Mass at 8:00 a.m.

please check our website to confirm weekly mass times

Phone: 905-529-3921

Call the parish office to book an appointment with the priest, book a home visit for the sick, inquire about sacraments, and for hall rentals.

stlawrencehamilton@hamiltondiocese.com facebook.com/stlawrencehamilton/ www.stlawrencehamilton.ca

Office Hours:

Mon 9am-1pm Tues 9am-3pm 9am-3pm Wed Thurs 9am-3pm 9am-1pm

Call the office for hall rental information or visit the hall rental page on our website http://stlawrencehamilton.ca/hall-rentals/

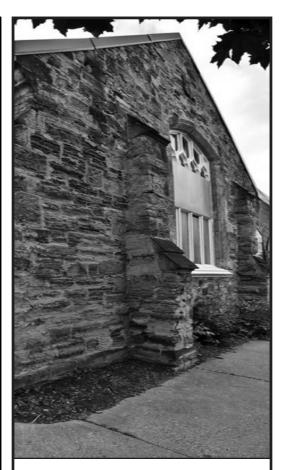
PARISH HALL FOR RENT St. Lawrence Church (Corner of Mary & Picton Sts.)

Need a place to host a Holiday Party, Family Birthday, Shower, Reception, Anniversary or Special Event.

For more info, to obtain a copy of the Hall Rental Agreement or to check availability, please call

(905) 529-3921

Or Email us at: stlawrencehamilton@hamiltondiocese.com



HUGHSON STREET **BAPTIST** CHURCH

CONTACT INFO:

905.527.3972 | office@hughson.ca www.hughson.ca

OFFICE HOURS:

Monday to Friday 9AM - 4PM

SUNDAY MORNING SERVICE BENNETTO SCHOOL 10:00AM

47 Simcoe St E, Hamilton, ON

Hughson Street Baptist Church has been a part of the North End since 1887. Each Sunday we gather for a lively time of worship with music, and relevant teaching from the Bible. There is a program for children who are babies right through Grade 8. During the week we have several Youth centered programs and our Coffee's On drop-in on Friday mornings. Give us a call, or check the website for details: www.hughson.ca

BENNETTO COMMUNITY CENTRE

450 Hughson Street North 905-546-4944 | www.hamilton.ca/rec

March 2020

MARCH BREAK FUN!

What are you doing during the week of March Break (March 16 – March 20)?

In the Pool

We are offering afternoon Leisure Swims in addition to our regular evening swims at the following times:

TUESDAY, March 17th 1:15-2:15 pm THURSDAY, March 19th 1:15-2:15 pm

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Book Mobile 2:30- 4:00pm	Open Gym (6-12yrs) 5:30-7:00pm	EarlyON 9:00- 12:00pm	Open Gym (Family) 5:30- 7:30pm FREE	Open Gym (Family) 1:00- 3:00pm
	Open Gym (13-17yrs) 7:00-8:30pm	Book Mobile 6:30- 8:00pm		

REGISTRATION INFORMATION

Registration Date: Wednesday, March 11, 2020 at 7:00am

Ways to Register:

- 1. Online Registration (quick and easy method) City of Hamilton https://rec.hamilton.ca Be sure to create your Username and Password online.
- 2. Drop-off Registration (randomly processed) Forms and payment must be received before closing on Monday, March 9th. Any forms submitted after this date will be marked "late".

<u>Withdrawals</u> - Withdraw from a program prior to the start date to receive a full credit. Go online, call, email or visit any recreation centre to withdraw. Once the program has started you will receive a partial credit based on the value of the classes remaining from the time the withdraw request is received and will be subject to a program cancellation fee. Effective date of program withdraw is the date received by the City of Hamilton not the date the participant stopped attending.



@ HUGHSON STREET BAPTIST CHURCH

MONDAYS | 6:30-8:00

Your children in **SK to Grade 5** are invited to our <u>FREE</u> weekly kids program.

They will enjoy: Games, Crafts, Bible Stories, Singing, Snacks and LOTS OF FUN!!!!

REGISTER BY CONTACTING THE CHURCH OR WHEN YOU DROP OFF YOUR CHILDREN

HUGHSON STREET BAPTIST CHURCH
383 Hughson Street N | 905.527.3972 | www.hughson.ca

ALY'S STREET SEARCH

В	Α	T	Н	Α	T	Н	Е	Α	T	Y	N	О	S	Н	G	U	Н
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BAY	NICOL	MACNAB
STRACHAN	CATHARINE	BURLINGTON
WELLINGTON	JAMES	GUISE
BROCK	WOOD	MACAULEY
SIMCOE	FERGUSON	PICTON
JOHN	HUGHSON	FERRIE

KID'S COLUMN: WOMEN WHO MADE A DIFFERENCE

SUBMITTED BY SHERI SELWAY |
CO-AUTHORS ALY, ABBY, EILEEN, AND
JACK – BENNETTO SCHOOL

Since March 8 marks International Women's Day, our group had a good look at the Viola Desmond \$10 bill. There is a GREAT explanation on the Bank of Canada website if you want to look at all the parts of the \$10 bill! There is a Halifax map, an eagle feather and lots of interactive explanations.

Viola Desmond was a successful business woman. In 1946, while waiting for her car to be fixed, Viola went to see a movie. She was dragged out of the theatre for sitting in the "whites only" section of the theatre and not in the balcony. She was jailed and found guilty for tax evasion (although she tried to buy the downstairs ticket) and fined for "not paying the tax" since segregation was not a law. Many others supported Viola and thought she was treated unfairly. With community support, she took it to the Nova Scotia Supreme Court and it refused to hear the case. She is often given credit for starting the civil rights movement in Canada! Viola was pardoned in 2010, after her death. There are MANY books about Viola Desmond in the library. Her story is very inspiring.

There are many other women who have made an impact in our lives today and in the past, who also deserve recognition. Their small acts of courage and advocating for change deserve recognition,

whether sitting in the "wrong" seat like Viola, running in a "men's only" race like Tersilla Komac, or having a something horrible happen like Shannen Koostachin and Adelaide Hoodless and doing something about it.

Tersilla Komac by Aly

Last year I ran in the Around the Bay Race for the 5 km. It was the 125th anniversary of the race but it was only forty years for women. So, we wore signs on our shirts saying "Tersilla Komac is my hero". In 1975 Tersilla Komac ran the Around the Bay race even though women weren't allowed to run it yet. She didn't sign up though. The police didn't stop the cars for her like they did for the men. But she kept going. In 1976 she ran the Around the Bay race again as T. Komac. Tersilla Komac had 3 children and lived on Keith Street. The race was opened to women in 1979 because Tersilla Komac was brave.

Adelaide Hoodless by Jack

Adelaide Hunter Hoodless, was born Adelaide Sophia Hunter in St. George, Ontario in 1857. In 1881, she married John Hoodless and soon afterwards had 4 children. Adelaide was living a perfectly normal life for a mother in 1889 when her 14 month old son, John Harold died. Adelaide was struck with tragedy, so she decided to do something about it. She fought for proper education for the raising of children, Domestic Science to be taught in schools. Along the way, she also fought for women's rights to be heard and many other things she believed in until she died at age 52 in 1910.

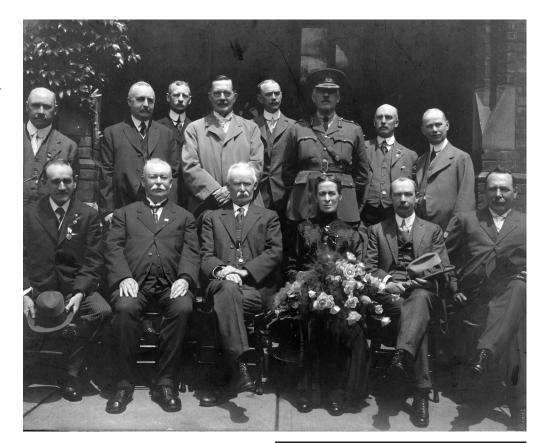
WHO WAS SUSAN BENNETTO?

CONTINUED FROM FRONT PAGE

She was granted this distinctive honour because she touched the lives of hundreds of students and so many fellow teachers (including five future mayors and other prominent figures in the history of Hamilton).

The Susan E. Bennetto Award is named in her honour. The award is given to all nominated Hamilton secondary school students who meet the requirement of demonstrating commitment to history programs within their schools and involvement in the community. There is no limit to the number of nominations and all nominations for this award are automatically considered for the Hamilton History Student of the Year Awards. The awards are presented annually during Heritage Week, which took place February 22, 2020

This year is the 100th anniversary of the naming of Bennetto School. There's recently been talk among parents, teachers and community members about how delightful and just it would be to have the school renamed Susan E. Bennetto for this occassion. In this month, when we celebrate International



Women's Day, it is a great opportunity to study her story, and teach it to the children who have inherited a part of her legacy.

PICTURED ABOVE: BENNETTO SCHOOL, MISS S. E. BENNETTO AND HER FORMER PUPILS ON HER 50TH ANNIVERSARY AS A TEACHER

COYOTES: OUR NEW NEIGHBOURS

There have been several sightings of coyotes in the neighbourhood - at Bayfront Park, along the waterfront trail and on our streets. Urban and suburban sprawl means they have lost habitat and are moving in search of food and den space. I expect that their route into our neighbourhood is along the shoreline or the railroad tracks or from the conservation areas through the ravines to our west. Postings in the City of Hamilton website (https:// www.hamilton.ca/animals-pets/wildlife/ coyotes) and Coyote Watch Canada (https:// www.coyotewatchcanada.com/site/coexisting-with-coyotes) provide excellent advice.

Coyotes are in search of food. That can be unsecured garbage, fallen bird seed which attracts rodents, birds, rabbits and squirrels which are typical covote prey. Unfortunately it can also be pets – cats that are left to roam and small dogs off leash. While there are those that believe that cats must be allowed outside to roam – they are prey – not just for coyotes but hawks and owls as well as diseases and infections transmitted by their feral brethren. Best to keep your pets indoors or in a well fenced yard. A cat run can be constructed outdoors with heavy mash wire - coyotes can break through chicken coop wire. Do not approach a coyote den when there are pups, usually March through June. Coyote parents are as protective of their young as we are of ours. Coyote watch has some simple to follow suggestions if you encounter a coyote on a walk or in your yard.

- Pick up small children and pets.
- Back away slowly never turn your back on a coyote/fox/wolf/or domestic dog.
- Wave your arms above your head, stomp your feet, clap your hands. Be big and loud.
- Use hazing techniques shake keys, pop open an umbrella, throw a stick or other object in the direction of not at - the animal, blow a whistle, bang a pot or pan, flash a light.

These and more techniques can be found in the brochure Keeping Coyotes Away available at coyotewatchcanada.com

MEMORY LANE

SUBMITTED BY BEV HILL

I started school in 1955 and attended until 1968. My first school was MacGrath on Murray Street West between MacNab and Park Street. Today, the top half of the school is condos. I went there from Kindergarten to grade seven.

In those days, there were a lot of students for each teacher. I don't recall our teachers going on strike but they weren't under the same pressures as today. We were supplied with notebooks and pencils and the teachers would help us and plan activities.

In grade seven, my teacher was our principal, Mr. Moore who was strict! When I didn't know the answer to his question, "how much is a gross?" he made me sit in the hall and count a box of pencils. Of course the kids coming past laughed at me and when he called me back in. I still didn't know! In case you don't know either, the answer was 144. Some of our other principals were Mr. Corbett, Mr. Louden and Mr. Bent.

Once a year before Christmas, we would have a fun fair in the Gvm where they showed funny slides like The Little Rascals and Laurel and Hardy. We all enjoyed those and the free popcorn and soda.

When I graduated I got a diploma for Scholarship and Citizenship that I still have along with a picture my Mom bought at the fair for twenty-five cents. You can bet those are old!

When the city bought the houses on Simcoe Street we moved to the east end and I went to Hillcrest for grade eight and Glendale for two years. I also went to Central where there were so many students we went in shifts, mornings and afternoons.

When my dad passed away, we moved to Wentworth Street North which was close to Central. We had a lot of free social activities and sports. Once, we went to Ottawa on a scholl trip and stayed at The Lord Elgin.

I graduated in 1968 and attended our school prom. I still have the yearbooks and pictures and of course the memories of my great school years and the teachers I had. Teachers today are under a lot of pressure and should be blessed for their work.

The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 x.3004, by email at office@northendbreezes.com or on our website: www.northendbreezes.com

Published by:

North End Breezes Board of Directors: Paul Havercroft, Ian McDonald, Chris Pearson, Emily

Editorial Assistant: Kit Darling Co-Ordinator: Brenda Duke Layout + Design: Katie Fitzgerald Circulation & Distribution: The Board, JoAnn Osti, Sheri Selway, Sandra Hudson, Cameron Kroetsch and Steve Osborne along with a dedicated team of volunteers.

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-forprofit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION:

The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

Help us grow your Breezes.

We are looking for ideas, submissions, advertisers. Please email your thoughts to office@northendbreezes.com or call 905-523-6611 x.3004. Leave your contact name and number and we'll get back to

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda

MARCH EVENTS

March is Here! It's March Break, International Women's Day, Spring Equinox, Maple Syrup time and the Around the Bay Race. Look for some early spring bulbs to pop up through the mud and remember to set your clocks ahead for Daylight Savings time. Here are some family friendly and neighbourhood events. Some are free and some have a fee.

Date	Time	Details	Address
SU	10 - 4	Westfield Maple Syrup Festival (Admission)	1049 Kirkwall Road
1,9,15, 22		https://conservationhamilton.ca/events/maple-	
& 29		syrup-festival/	
TU 3	Noon	Seniors Diners Club \$4:50	Welcome Inn
WE 4	7	NENA Monthly Meeting	Bennetto Community Centre
FR 6		PA Day	,
	Noon	Concert – Bel Canto Strings	Central Library
	2:30	3 Little Pigs Building Party (Ages 4 – 8)	Central Library
SU 8		Daylight Savings Time	-
		International Women's Day	
	2	Author Sara Piper Gilliam talks about her book	Central Library
		Ophelia in 2020: Raising Strong Girls in	-
		Disruptive Times	
TU 10	10 – 12	Storytime dans le Galerie (Prescolaire) free	Art Gallery of Hamilton
	Noon	Seniors Diners Club \$4:50	
WE 11	4	Newcomer Reading Circle for Children Ages 6 -	Central Library
		12	
FR 13	Noon	Concert – Hamilton Philharmonic: Oboe	Central Library
		Art Crawl	James Street North
13 – 22	9 - 5	Spring Tide Bulb Show, Free Admission,	Gage Park Greenhouse
		donations to Hamilton Food Share	
MO 16		Power of the Pen Creative Writing Contest	https://teens.hpl.ca/contests
		Submissions open. Ages 12 - 18	
16 – 20		March Break	
		Plenty of activities at the Library and the Recreat	
TU 17	10:30	Family Dance Party (ages 0 – 4)	Central Library
		Music, dancing and stories	
	Noon	Seniors Diners Club \$4:50	Welcome Inn
WE 18 &	10 – 4	Westfield Maple Syrup Festival	1049 Kirkwall Road
TH 19		https://conservationhamilton.ca/events/maple-	
		syrup-festival/	
FR 20		Spring Equinox	
	Noon	Concert – Guitar Hamilton Community	Central Library
	10 16	Showcase: Guitar	1 1 1 11
TU 24	10 – 12	Storytime in the Gallery (Preschool) Free	Art Gallery of Hamilton
	Noon	Seniors Diners Club \$4:50	Welcome Inn
FR 27	Noon	Concert: Dover Lynn Fox: Guitar / Voice	Central Library
TU 31	Noon	Seniors Diners Club \$4:50	Welcome Inn

Have a neighbourhood event to list? Send to: events@northendbreezes.com by the 12th of the previous month

BOOK CLUB CORNER

SUBMITTED BY KIT DARLING



At our February meeting, we discussed Before I Go to Sleep by S.J. Watson. Each morning, Christine wakes up in an unfamiliar bed beside an unfamiliar man.

When she goes into the bathroom, the image she sees in the mirror is a much older version of herself. We learn that Christine has amnesia, caused, her husband Ben tells her, by a traffic accident. She receives a phone call, from a man who introduces himself as Dr. Nash, her doctor. As she meets with him, he encourages her to keep a journal, as a tool to help her record and retain memories. She hides this journal from her husband as she discovers that she has written "Don't trust Ben" in the front of it. The truth is slowly revealed as

the story twists and turns to a cliff-hanger of an ending. Although a few of us found it a slow start, by the end we couldn't put it down. A thoroughly enjoyable and engrossing read.

And here are some recommended reads available from the Hamilton Public Library. Visit the Bookmobile at Bennetto Recreation Centre on Tuesday (2:30 to 4:00) and Thursday (6:30 to 8:00) or go online at hpl.ca to reserve a copy.

Light Over London by Julia Kelly "There is no limit to what women can do". The Light Over London tells the story of the women in WWII who were historically known as the "gunner girls" - the women's auxiliary branch of the British Army in the anti-aircraft gun unit. It is also the story of a wartime romance that has a darker side. Easy summer read. - Paige Turner

The Little Old Lady Who Broke All the Rules by Catharina Ingelman Sundberg

Seventy-nine-year-old Martha Andersson and her four fellow retirement home friends cannot abide by the rules imposed upon them by their caretakers or the vapidity of their existence so they form The League of Pensioners to order to rebel. They set off on a daring, criminal adventure. A lighthearted but quirky story. Nevertheless, it makes you think about how seniors are regarded & treated. - Paige Turner

Have you read any of our recommendations? Liked any of the same books we talked about or disagreed totally? Let us know at bayareabookclub@bell.net.

We have been asked whether anyone can join the book club. Our books are supplied by the Hamilton Public Library and come in a bag of 12. This obviously limits us to 12 members at a time. We currently have 12 members, but if you wish to be put on a waiting list, email us at the above address. Alternatively, check out the many book clubs run by the Hamilton Public Library.

A NEW CHURCH & AFFORDABLE HOUSING

You've watched the big blue building at the corner of James and Picton grow this past year, and it's time for an update on what's happening. Hughson Street Baptist Church, which now functions out of their 163 year-old building at 383 Hughson St, is building a new church facility and 45 affordable apartment units. It will house their Sunday Worship services and weekday programs for Children, Youth, and Adults. These will all take place on the main floor and basement areas of the building. The north side of the project is a new Gymnatorium, which will be a gym for most of the week, but converted into the auditorium for the gatherings of the church for worship.

The three stories on the south side of the building are where the 45 units of affordable, supported apartments are located. The church has partnered with Indwell, an organization known for this kind of housing in Hamilton and other locations, to design and build these units. When completed, InDwell will operate the housing for the church.

The church and tenants are looking forward to moving in at the beginning of July. You can watch this work get completed as you stroll by day-by-day. Once completed their will be an open house so you can come and see how it all turns out!

Find out What is
Happening in Your
Community with the North
End Neighbourhood
Association



MEETINGS EVERY MONTH

We meet the first Wednesday each month 7pm at the Bennetto Community Centre Everyone is Welcome!

This is the place to meet your neighbours and hear about what's happening in the North End

Follow us on Facebook and Twitter

www.facebook.com/ NorthEndNeighbours www.twitter.com/nenhamilton

Check out our website and sign up for our e-newsletter at www.northendneighbours.com

SOD IT! I'M LOSING THE LAWN THIS YEAR

PART ONE OF A TWO PART SERIES

SUBMITTED BY CANDY VENNING



Are you considering turfing the turf? Are you aiming at a pollinator friendly, native plant m a t r i x , 'No Mow' or natu- 4. ral look?

You're definitely not alone, although you may be the first on your block.

Many of my landscape consultations start with clients requesting how to start 'losing their lawn'. Here, in part one, of two articles, I'll share the basics of what I've learned in 20 years of converting lawns to gardens.

- 1. Have a final plan on paper. This allows you to work in phases, it means you'll know how many plants you'll need for every few feet of sod you remove, won't get overwhelmed at the garden centre and be able to work at your own pace. Don't forget to include any plants you'd like to keep and or divide, also give away the plants that don't work in your new plan. Incorporate hardscaping such as pathways, walls, stepping stones, boulders or bird baths. Consider plants that combined, create a 3-4 season palette of bloom & foliage interest (more on this in part 2)
- 2. Don't use a rototiller; often it plants more crabgrass or weed seeds than it removes, leaves you with a lumpy planting bed that needs hours of raking out, and an overly large project to take on. Large areas of cleared grass means large areas that immediately need to be planted and covered with mulch, just so it doesn't grow a crop of invasive weeds. Only remove as much sod, with a sod lifter or flat ended spade, as you're prepared to plant at a time. Work in Phases

- 3. Add manure, I repeat, you don't need a rototiller, simply allow worms and water to percolate the manures' nutrients into the soil for you. Turning the soil (as many landscape maintenance companies do) is actually detrimental, it disturbs the roots of trees, existing perennials, and the highly beneficial nematodes, fungi, and insects necessary for optimal 'living' earth. Mulch around new plants (unless they are groundcovers) to conserve moisture and keep out weeds.
- It doesn't all have to go! The lawn has come under a lot of criticism but it remains a living, breathing, permeable and cooling surface - unlike concrete, plastic 'faux' lawns or acres of black mulch. A lawn can be a place to play, almost anyone can care for it, skip the pesticides & herbicides and it can be ecological too. Incorporating small spring bulbs, clover and 'gasp', the occasional weed is OK & actually encouraged. (sometimes called 'tapestry lawns') If you intend to keep some of your lawn, try 'Grasscycling,' Recently featured on CBC radio (search their site for the audio file); it involves mowing a dry lawn to prevent clumps of clippings, only cutting off an inch or so, and letting the clippings fall in place as a ready source of nitrogen and a natural mulch to keep out weeds.
- 5. An innovative and dependable sod alternative; Eco-lawn is drought tolerant, requires less fertilizing and can be mown like regular grass or left unmown for a free-flowing 'shag carpet effect'. (rescuing you from the tyranny of buying, storing, fixing, gassing and starting a mower)The FAQ's page on their website www. wildflowerfarm.com has lots of info.

And there we have it, don't mow the grass too much, don't clear more space than you're ready to fill with plants. Try even one of the suggested tips, and count the benefits of your 'lacklabour' rewards towards a more ecological garden. More about plans and plants in part two!

CRIME STOPPERS

SUBMITTED BY KEVIN MCKNIGHT

January was international Crime Stoppers Month and close to 1,500 programs across the globe celebrated while increasing awareness of the community-based program that helps police solve crime. It is also the month we highlight our successes and thank our sponsors and supporters.

Crime Stoppers of Hamilton celebrated January's International Crime Stoppers Month by running our DONUT DAZE fundraiser, partnering with Hamilton's own Grandad's donuts. What a success this was. It wasn't just about the donuts, but it was also about celebrating, sharing and raising awareness about our program with the help of our community.

Crime Stoppers relies on three pillars for success – Media – Law Enforcement - Community and WOW did our community pull through with enormous support during DONUT DAZE. It shows how important Crime Stoppers is to all of us. We also want to thank North End Breezes and the GALA for being our media partners and getting our messages out. What a great partnership this has been. Law enforcement continues to benefit from the strong triad of partnerships, without all three, Crime Stoppers does not exist.

Let's show everyone how strong we are and help solve some crimes and get criminals off our streets.

Remember...Crime doesn't pay BUT Crime Stoppers of Hamilton DOES!

We need your help solving a serious motor vehicle collision, resulting in the DEATH of a 65 year old male pedestrian.

On October 10th 2019 just after 11pm a pedestrian was crossing Mohawk Road East (between Cardinal Drive and Seven Oaks Drive) in the City Of Hamilton. At the same time a vehicle was traveling eastbound on Mohawk Rd in the south curb lane. The vehicle struck the pedestrian fleeing the scene at a high rate of speed. The victim died of his injuries at the scene.

Video obtained and a witness, confirms the suspect vehicle was a black colour, 2 door, low profile with a spoiler on the rear.

To the DRIVER, even a friend, family member, garage where the vehicle may have been taken to, the family deserves answers, know that you can STILL come forward and do the right thing.

HAMILTON, your VOICE fights crime. So take part in having this criminal answer for their actions, call Crime Stoppers at 1 800 222 TIPS or via the web at crimestoppershamilton and TO-GETHER let's continue making our community STRONGER and SAFER!

Follow us on social media: Instagram – crimestoppershamilton Twitter - @stopncrime Facebook – Hamilton Crime Stoppers

HOPA

HOPA PORT CLOSES OUT THE 2019 SEASON SURPASSING 10 MILLION TONNES

Cargo volumes exceeded 10.5 million metric tonnes (MT) at the newly-amalgamated ports of Hamilton and Oshawa in 2019.

The Port of Hamilton saw cargo volumes totaling just over 10 million MT, comprised of steelmaking commodities, grain, fertilizer, aggregates, road fuel and others.

The ports of Hamilton and Oshawa were amalgamated into a single entity in June, now known as HOPA Ports, creating a more integrated approach to marine transportation in the Greater Golden Horseshoe (GGH). As transportation bookends to the region, the two ports serve Canada's largest consumer market and manufacturing centre with essential commodities and raw materials. 2019's results were slightly down from 2018, when an extraordinary season saw a 'perfect storm' of bumper Ontario grain crops, while global trade wars caused surges in steel and agricultural commodity movements. HOPA Ports' results were consistent with those of the Seaway generally, lower relative to 2018's banner year, but showing overall strength and a positive five-year trend.

"We can do very little to influence international trade wars, and we can do even less about the weather," noted HOPA's Ian Hamilton. "What we can do is make sure our ports are investing in trade-enabling infrastructure and expanding their capacity to handle more cargo."

Several major infrastructure projects were underway or completed at HO-PA's two port facilities in 2019, aimed at growing port capacity and improving efficiency. In Hamilton, work continued on the \$35 million Westport redevelopment project, with new dock walls, rail connections, and warehousing capacity under construction. HOPA also announced a \$16 million redevelopment of the Pier 10 area into a food cluster, with new infrastructure to support grain handling, flour milling and sugar refining.



NORTH END NEIGHBOURS ASSOCIATION (NENA) UPDATE

NEXT MEETING: WEDNESDAY MARCH 4, 2020 7:00 PM – BENNETTO COMMUNITY CENTRE

Hamilton City Councillors JP Danko (Ward 8), Nrinder Nann (Ward 3), and Maureen Wilson (Ward 1) hosted a public talk by Joe Minicozzi of Urban3 billed as "LRT vs Tax: Do the Math!" at City Hall on February 11th. Minicozzi is an influential American urbanist who focuses on the cash flow of urbanism and argues that cities need to be more attentive to how density and development patterns contribute to their fiscal health. His bottom line is that traditional downtowns, compact urban neighbourhoods, and walkable, transit-oriented development are strong net contributors to city finances, while big-boxes stores and low-density suburban areas generally aren't.

That conclusion is based on examining property assessment and taxes on a per square foot or hectare basis rather than property by property, which allows apples to apples comparisons of areas with differing built densities. Using Minicozzi's approach many North End residential blocks with houses paying mostly \$2500 to \$4000 per year in property taxes perform well against their suburban equivalents on Hamilton Mountain and in Binbrook, Ancaster, and Waterdown (even with homeowners in the latter three places often paying considerably more in tax per house). That isn't how many suburbanites in Hamilton tend to view the situation, but it matches the logic that informs the province's Growth Plan for the Greater Golden Horseshoe. Specifically, that denser, more compact communities are not only better for the environment—because they enable us to use transit, walking, and cycling to get around more and sprawl out onto valuable farmland less—they are also more affordable and financially sustainable in the longer

To get a sense of his argument (and the maps and data he uses to support it) search for "Joe Minicozzi" on YouTube and watch one of his many presentations.

Despite being included in the title of the talk, LRT was mentioned only in passing. The implication was clear, however. As supporters of the B-line LRT have emphasized over the years, the project was meritorious to the extent it leveraged the \$1 billion dollar funding commitment from a previous provincial government to encourage intensification (growth and investment) along the 14-kilometre corridor across the lower city (in addition to providing more reliable transit service).

Whether you are Yes-LRT or No-LRT, Joe Minicozzi's presentation is a reminder to be engaged and ask thoughtful questions. The City is more than just real estate or money. But our ability to build and maintain infrastructure and provide services is very much shaped by how strong and efficient our tax base is. We probably don't think about that enough as residents

From a North End perspective, we might further consider the following: our neighbourhood has approximately 2300 residential dwellings and major planned redevelopments on city-owned lands over the next 5-10 years such as Pier 8 and Jamesville could double that number. Other infill and redevelopment along James Street North will likely add more units and

commercial space on our main street. Some modest intensification is also occurring in our low-rise residential blocks. In short, the North End is doing its part to accommodate population growth and increase taxable assessment for the City. The same is true generally in other Ward 2 neighbourhoods. The challenge going forward will be for the City to make investments, particularly in public transit, to facilitate intensification across more of the city, and, particularly, on the Mountain in older areas from the brow to the LINC.

The preceding is timely given the pressure to allow significantly taller buildings along James Street North than are currently permitted by our area's secondary plan, Setting Sail. In the last year or so, NENA's Planning Committee has requested that the City work with us to update our area's secondary plan given Setting Sail no longer seems to provide clear guidance as to how James Street North ought to develop. Larger buildings than were contemplated during the Setting Sail process are more impactful to the streetscape that pedestrians experience and for residents of adjacent homes. How development proposals will be reviewed and what criteria will be applied by City planning staff to determine whether they fit their context will shape how our neighbourhood's main street evolves going forward. Getting both the big picture and the details right matters. You can help us by spending a few minutes thinking about what you value about the North End and how you'd like James Street North to look and feel in 10-20 years. Please pass along your thoughts to NENA in a short email (nen.president@ gmail.com) or at one of our upcoming meetings.

 $For \ more \ information \ visit \ www. North End Neighbours. com$

ENVIRONMENT AND CLIMATE CHANGE UPDATE

SUBMITTED BY JON DAVEY

Committee members met recently with the City of Hamilton's Climate department to organize the Sustainable Neighbourhood Action Plan (SNAP) spring workshop. This follows the initial workshop last fall that many in the neighbourhood attended. The goal of the workshops is to mitigate green house gas emissions, identify climate vulnerabilities and generate plans and ideas for a more climate resilient neighbourhood. Stay tuned for the announced date and location

Committee members also met with City's Pier 8 Project Manager to discuss the removal of the trees on Guise St between John St and Catherine St. We were told that the property lines are such that the road needs to be moved slightly northward and that the trees needed to be removed to make way for that shift. There will be streetscape trees being added to the new street but, to our knowledge, nothing to replace the small forested area that existed there before. The City has ambitious goals of raising its tree canopy coverage from 17% to 35%, and so our committee will be reaching out to learn details of how its plan will increase North End tree canopy.

NENa meets on the first Wednesday of each month at 7pm at the Bennetto Community Centre. Everyone is Welcome!

Follow us on Facebook and Twitter www.facebook.com/NorthEndNeighbours

www.twitter.com/nenhamilton

Check out our website and sign up for our e-newsletter at www.northendneighbours.com



40 Wood Street East 905.525.5824

info@welcomeinn.ca

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So many Volunteer Opportunities available:

Food Bank 10 – 2 Monday, Wed, Thurs, Fri

New Horizons Thrift Store Monday thru Saturday 10-5

Community Visitors to visit local seniors in their homes this winter.

Children's After School Club Mentors

Monday thru Thursday 3 – 5:30

Volunteering is one of the best ways to meet people in the neighbourhood and make a difference in the community!

Interested?

Connect with Ruth to talk about possibilities.

ruth@welcomeinn.ca / T+ 905.525.5824

Donations Needed!!

Do you want to feel good about where your donations are going? ALL of the New Horizons proceeds fund the Welcome Inn Community Centre programs.

Welcome Inn Community Centre 40 Wood St. E. 905.525.5824

info@welcomeinn.ca

HEARING LOSS?

You're invited to the Canadian HARD of HEARING Association's Thursday, March 26th meeting, 7 pm.

Topic: Oticon's specialist will discuss Bone conduction hearing devices which transfers sound by bone vibration directly to the cochlea, bypassing the outer and the middle ear. This means it is useful for conductive and mixed hearing losses. The implant may partially restore hearing for people with conductive hearing loss, mixed hearing loss, or single-sided deafness.

The South Gate Church, 120 Clarendon Ave., Hamilton L9A 3A5

Registration & information: chhahamilton2@gmail.com
Charge: \$5 non-members

Real Time Captioning & Infra-red System available. All Welcome!

NORTH ENDER OF THE YEAR AWARDS

Do you (or did you) live, work or play in The North End? Each year one North End resident is chosen by the North End Reunion Team for having made a contribution to the community and the neighbourhood. The goal is to recognize the past, honour the present and anticipate the future by celebrating those who have contributed to our North End.



If you have someone you would like to be considered, please submit your nomination to office@ northendbreezes.com with a short bio of up to 300 words and a head shot or image. Nominations are open and everyone is welcome to submit. We'll close the nominations on May 31st and the award will be presented on July 11th at the North End Reunion held at Macassa Bay. This reunion is headed up by long time North Ender, Ed Stewart.

Over the years, there have been seventeen residents recognized. George Pavlov was last years' recipient for his efforts to keep the history and story of the North End alive and thriving with his pictures.

The North End Breezes is glad to be partnering to help celebrate the people of the North End.

This could be you in 2020!

NORTH END URBAN LEGEND? TRUE STORY? A BIT OF BOTH?

SUBMITTED BY CARRIE NICHOLSON

Between Mary and Wellington, the streets running east west slope towards Ferguson. There was a canal that ran towards Barton street and the city filled it in, which accounts for the slope. On Macaulay Street there are 3 houses with vards that look like they are at least 10-12 maybe 20 feet lower than all the rest. The houses sit level with the street but the back vards are down in like a gully. This is the story I

When the city filled in the canal they sold lots on this land. The conditions were the people that bought could not build for so many years until the land settled and the city put new fill to top off. A man living by Ferguson bought these 3 lots on Macaulay. He decided to plant a fancy garden right away. Because the land was so low it was sheltered and was like a little micro climate for the garden. He planted fancy fruit trees and plants that couldn't normally be grown.

When the city finally came to top up, he said no way are you filling in my garden. And they filled the rest but left his 3 lots. When he died the lots were sold. The buyers couldn't afford to fill in the lots so just filled enough along the street to put houses, which is why these backyards are so low.

So does anyone know? Legend, fact or part of both?

My new home was overrun with interior designers and for all intents and purposes, I was invisible to them.

"Is that snowman mat a JOKE?" point-

All of them were moving my furniture into the basement and bringing their fur-

"We need a chaise here, storm grey with a hint of passe frill," commented one.

another with multicoloured hair.

"Where do these people shop, Ikea?" joked one in a high, squeaky voice.

"We need a charcoal divan over here for a masculine vibe," said the only man.

They were starting to get my dander up. I mean, these people were tearing me apart

"With canary throws, accented by tangerine footstools," said the the rainbow

"Of course," agreed her associate. "That would add much needed texture. And for a focal point we need a living plant wall."

At that, I lost it. I went into the kids' toy box and grabbed a rubber hammer. I was ready to bust some heads.

HH," I screamed as I charged into the liv-

basement and brought up all my furniture. Then I sold their stuff on Kijiji.

over at the snowman mat, I swear I saw a smile on his face too.

Steve Mann has lived in the North End, Ancaster, and Dundas. He graduated from Toronto University with a degree in English. He is the author of a children's book "Paul Bunyan, The True Story."

A LIGHTER LOOK

SUBMITTED BY STEVE MANN

ed out one angrily. "Don't these people

niture in.

"That's exactly what I was thinking," said

and talking about me as if I didn't exist!

headed designer.

"ARRRRRRGGGGGGGHHHHHHHH-

Boy, did they scatter. I went down to the

Finally, I was content and when I glanced

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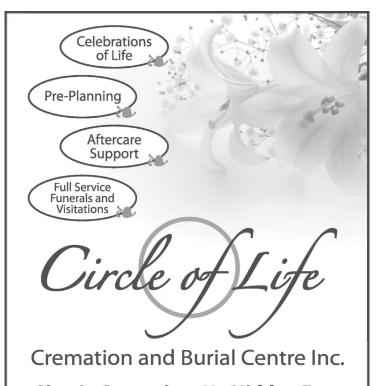
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- -Free Vitamin D drops
- -Free child minding for children under 6.

Where?

Compass CH - 438 Hughson Street North

For more information contact: Cory at: (905)-523-6611 Ext.3047







Letters to the Editor

Did you enjoy an article? Was there something we missed? Is there something you don't like?





WHAT'S COOKING IN THE NORTH END?

Spicy Coconut Vegetable Stir Fry

This rich and spicy coconut vegetable stir fry is adaptable to whatever vegetables are lingering in your fridge, making it a great sweep the kitchen recipe! Total Time: 25 mins

Ingredients:

Spicy Coconut Sauce

- 1 13.5 oz can full-fat coconut milk \$1.79
- 1/4 cup natural style peanut butter \$0.28
- 2 Tbsp sriracha \$0.18
- 1 tsp brown sugar \$0.01
- 1 Tbsp soy sauce \$0.06
- 2 Tbsp lime juice (one lime) \$0.22
- 1 clove garlic, minced \$0.08
- 1 tsp grated fresh ginger \$0.10

Stir Fry

- 4-6 cups mixed vegetables \$1.93
- Broccoli
- Carrots
- Red peppers
- Spinach
- 1 Tbsp cooking oil (coconut) \$0.04

Instructions:

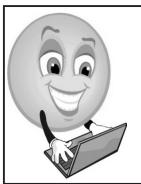
- 1. In a medium bowl, whisk together the coconut milk, peanut butter, sriracha, brown sugar, soy sauce, lime juice, minced garlic, and grated ginger. If needed, gently heat the sauce in the microwave or in a sauce pot to help the peanut butter melt into the coconut milk. Taste the sauce and adjust the heat (sriracha), salt (soy sauce), sweetness (brown sugar), or tartness (lime juice) to your liking.
- 2. Chop your vegetables, if not pre-chopped. Heat the cooking oil in a large skillet over medium high heat. Once hot, add the vegetables to the skillet in order of hardest to softest to allow harder vegetables, like carrots, more time to cook and to avoid over cooking softer vegetables. Stir fry the vegetables only for about 1-2 minutes, or just until they begin to soften on the edges because they will cook further once the sauce is added. If using a tender green, like spinach, wait to add it to the skillet until after the sauce has been added.
- 3. Pour the prepared spicy coconut sauce over the vegetables, stir to combine, and allow the sauce to heat through (about 2 minutes). If you are using a tender green, like spinach, stir it into the hot sauce and stir just until it has wilted.
- 4. To serve, spoon the vegetables and sauce over a bowl of hot rice, or add pre-cooked noodles to the skillet and toss with the vegetables and sauce until combined. Top with chopped peanuts, cilantro, and serve with a wedge of lime to squeeze over top.

Just another reason to join our folding team!
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Support our supporters!



Are you tech savvy? Do you have a few hours each month to help update our website?

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Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email office@northendbreezes.com

Send your upcoming events to events@northendbreezes.com to be included in our monthly calendar and on our website: www.northendbreezes.com

For Sale: BIKINIS: Hand crocheted, Made to order, Very daring. \$95.00. Call Beryle @905-540-4242 for an Appt.

Children's Birthday Parties: Make your child's birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour North End Neighbours – special rate of \$65.00 per hour Call Earl Ross – 289-439-0166

Take off Pounds Sensibly (TOPS) meets Monday evening at7pm-8pm at the Eva Rothwell Centre 460 Wentworth st. N Call 905-544-5088 . First night is free! Come and join us!

Community Garden, VON Hamilton – Show off your green thumb! Volunteers are required to assist with our garden on Tuesday and/or Thursday mornings for a couple of hours. Interested gardening enthusiasts can contact Janis at 905-529-0700 x2251 or voncsshamilton@von.ca.

Hamilton – Let's Do Lunch! VON Hamilton is in need of volunteers to help deliver hot and frozen meals over the lunch hour. Driver and server spots are available for our downtown routes. Call 905-529-0700 or email voncsshamilton@von.ca to find out more.

Children's Birthday Parties: Make your child's birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour

North End Neighbours – special rate of \$65.00 per hour

Earl Ross – 289-439-0166

Downtown Delivery Driver: Looking for a MATURE adult to do deliveries in the City of Hamilton's lower city. Trips / tips / extras you keep. You should have a float of at least \$75 to make change for customers as a float will be provided to you to purchase items. If you are interested, please call 905-921-9339 and ask for Pearl.

Personal Support Worker wanted part-time alternate Saturday mornings from 9:30 AM to 1 PM. Job includes personal care, meal preparation and using a mechanical lift. \$17.50 per hour. Also looking for someone to help with supper meal once or twice a week for 1 to 1 1/2 hours. You do not need to be a personal support worker for this supper hour.-\$17.50 per hour. Please send resume to lstoeten17@gmail. com or call 905-528-6159 after 10 AM. Located near the Bayfront Park on a bus route.

Be a driving force in your community! Drivers are needed to provide transportation for seniors to get to medical appointments. Flexible schedule and mileage reimbursement. Please call 905-529-0700 or email voncsshamilton@von.ca

Hospice Volunteer Visiting—VON Hamilton is looking for caring, sensitive volunteers to visit and support people with a life-threatening illness through the end of life journey. Visits are a couple of hours per week. To join our compassionate team of volunteers call 905-529-0700 or email voncsshamilton@von.ca

Part-time Dispatcher; Looking for a mature adult to answer phone and dispatch orders to drivers, Weekends only to start Saturday evenings and Sunday afternoon. Looking for some local here in the North End. As we are in walking distance. Training provided and after training you can work out of your own home. Please call 905-921-9339 ask for Pearl

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16 Anson Ave. Hamilton, ON L8T 2X3

905-387-1883

marie@peopleinconnection.com

www.peopleinconnection.com



Now at 334 James St. N.

Artcrawl Dec. 13th from 6-9PM Drop in for coffee at new location



JOIN OUR TEAM!!

The Board of Directors is looking for eager volunteers to bring new ideas and skills to the table.

Now in our 48th year, The Breezes is looking to put some new wind in our sails that will lead us forward. If you have skills in technology, event planning or fundraising, we can use those skills to grow our team. The North End Breezes relies on our volunteers to bring the community news to you. We require minimal commitment of two hours per month. Contact us for details and to discuss how you can be part of the team! Email office@northendbreezes.com



4h Annual Rain barrel & Flower Fundraiser

When: Saturday May 9th

Where: Corner of James St. & Burlington St. (Port Authority)

Time: 9am – 2 PM

Pre-order your

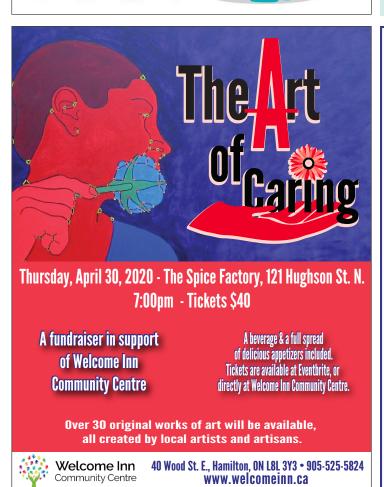
rain barrels and accessories @

www.rainbarrel.ca/northendbreezes

then pick up May 9th between 9am - 2pm

Thankyou for supporting your community Newspaper Email: office@northendbreezes.com





Community Centre





Even if you don't own a boat, YOU can be a member. Our membership is open to everyone!

RHYC was established in 1888, Our club provides a year-round facility offering an exceptional waterfront experience. Social memberships are available to enjoy our beautiful pool, dining facilities, meeting rooms and patio.









For membership information or a visit please contact us at (905) 528-8464 or email: sail@rhyc.ca