NOVEMBER 2019

| VOLUME 10 | OFFICE@NORTHENDBREEZES.COM | WWW.NORTHENDBREEZES.COM |



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THIS IS OUR STREET: SAWYER STREET

SUBMITTED BY BRIAN ROULSTON

Sawyer Street is one of those streets you just don't notice when you're driving by. It's located across from the Hamilton Community Health Center on Victoria Street and got its name from the Sawyer-Massey plant, a once thriving agricultural manufacturing facility that operated there at the turn of the 19th century. Most of us will probably have noticed this big red brick structure behind The General Hospital. This plant was also one of three plants in Hamilton owned by Hamilton Bridge Works, later renamed Bridge and Tank after WW-II. American Can and Ball Packaging also had short stints in this old factory as well.

The foundry was founded by John Fisher who was born in 1806 in a house with



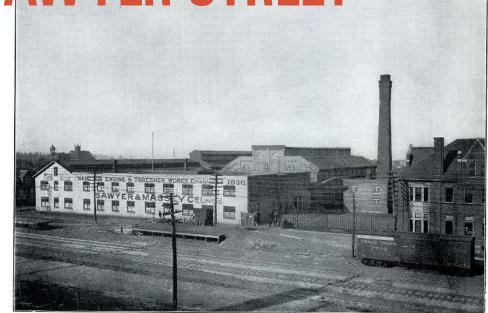
4 brothers and a sister. John married Catherine Blanchard in 1833 and together they had 3 boys and a girl. John Fisher moved from Londonderry, New

Hampshire, his birthplace, to Batavia N.Y where he dabbled a bit in real estate before moving on to Hamilton in 1835.

When John arrived he was watching some farmers threshing wheat with a wheat flail ,basically, two large sticks attached by a short chain beating the grain stocks in order to separate the seeds from their husks. He thought there was a better way. John Fisher then set out to design the first threshing machine in Canada. It was based on a popular design he saw being used in New Hampshire; invented by Scottish engineer Andrew Meikle in 1786.

The threshing machine was the forerunner to the combine and prior to the 19th century they were powered by horses. John Fisher set up Hamilton's first foundry "Hamilton Agricultural Works" in a small 18'x 24' wooden structure between Bay and James Street on Merrick Street, York Blvd today. By the way Merrick (York Blvd.) was a straight street between Bay and James then, no curve.

Financially, it was a major struggle for Fisher who was forced to sell off some assets and lay off employees during his first year. Thanks to Fisher's cousin Dr. Calvin McQuesten a successful medical doctor in New Hampshire at the time, he convinced Fisher to stay after he threatened to stop paying bills and burn the



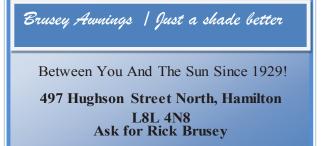
FRONT VIEW, SHOWING OLDER PORTION OF THE WORKS

place down. McQuesten put up \$1500 to help Fisher and the company's name was then changed to Fisher, McQuesten & Company. McQuestin then divided his time between his medical practice in Brockport N.H while making trips across the continent promoting company products, purchasing raw materials and equipment needed to run the foundry. Dr.McQuesten sold his medical practice in Brockport in 1839 and moved to Ham-

The foundry expanded during the early 1840's and produced other types of farm equipment. Fisher even built and donated a piece of horse drawn fire apparatus to the City of Hamilton that remained stationed at the foundry during its use. Fisher & McQuesten became one of several contractors hired to build rail cars for The Great Western Railway.

John Fisher served as Hamilton's 4th Mayor for a year in 1850. Soon after Fisher sold his interests in the company to McQuesten and moved back to New York where he established the Batavia Institute for the Blind. Fisher became a member of the U.S House of Representatives from 1869 to 1871.

> **CONTINUED** ON PAGE 6



905-522-5625





SNAP: SUSTAINABLE NEIGHBOURHOOD ACTION PLAN

A neighbourhood-based solution for sustainable urban renewal and climate action.

SNAP is a framework that works to develop and implement climate mitigation and adaptation strategies

Through funding from the Federation of Canadian Municipalities (FCM), the Toronto and Region Conservation Authority (TRCA), the City of Hamilton aims to pilot a Sustainable Neighbourhood Action Program (SNAP) in the North End. The goal of this project is to develop a comprehensive understanding of the North End neighbourhood and to recognize the ways in which it can benefit from climate mitigation and adaptation strategies.

Community Engagement

A community focused workshop will be held to determine the top priorities and concerns within the North End residents

November 23rd, 1PM | Bennetto Recreation Center | Community Room

Senior Project Manager, City of Hamilton: trevor.imhoff@hamilton.ca Project Manager, City of Hamilton: andrea.McDowell@hamilton.ca

NENA UPDATE

Next Meeting:

Wednesday November 6, 2019 7 PM Bennetto Community Centre

There is a chill in the air as we move further into fall. October was a busy month complete with a federal election that produced a Liberal minority government and saw former Hamilton City Councillor Matthew Green of the NDP elected Member of Parliament for Hamilton Centre. Congratulations and best wishes to him. And a thank you to all candidates and their campaign teams.

Work continues on the new John Street Bridge, as well as the water main replacement and reconstruction of Ferguson Avenue between Simcoe and Burlington Streets. Work on the John Street Bridge is now expected to be completed by the end of November. No definitive timeline has been provided for the reconstruction of Ferguson Avenue, except that it should be complete before the end of the year.

Shortly after last month's update was submitted the Hamilton Spectator reported that Indwell is now a partner in the redevelopment of CityHousing Hamilton's Jamesville townhouses. Indwell is currently building 45 units of supportive housing as part of a development at the corner of James North and Picton Street that will also include a new place of worship for the Hughson Street Baptist Church. To our knowledge Indwells role in the Jamesville redevelopment relates to the affordable housing component specified in the City's request for proposals (RFP) beyond the replacement units for CityHousing Hamilton.

The RFP specified an upside limit of 650 residential units inclusive of 46 replace-

ment units for CityHousing Hamilton and an additional 45 units of affordable housing, with the latter not further specified in terms of what form the units could take or where on the affordability spectrum they might fall.

Additionally, we are still waiting for more information on the timeline and process for the redevelopment. Thus far there has been no opportunity for community input following the release of the RFP and selection of the preferred bidder.

At our October meeting discussion and a decision on whether NENA should ask to speak at future meeting of the City's Planning Committee to request the City initiate a process to determine appropriate building heights and character for James Street North was put on hold. It is our understanding that the City plans to update Setting Sail to implement the recommendations of the James North Mobility Hub Study and bring it into the Urban Hamilton Official Plan (UHOP) once all OMB/LPAT appeals related to the West Harbour Waterfront, including Pier 8, are resolved.

Finally, our November meeting will be an opportunity for interested people to volunteer with NENA for the upcoming year. If you'd like to get involved, please attend or email us to let us know what you might be interested in doing and/or to inquire about the roles that need to be filled.

Regardless of your views on these or other matters, NENA wants to hear from you. To let us know your thoughts and concerns email us at nen.president@gmail.com or attend our monthly meeting.

For more up to date information visit www.NorthEndNeighbours.com

OUR VOLUNTEERS DELIVER!

SUBMITTED BY CAMERON KROETSCH AND SHERI SELWAY

Thanks to a team of volunteers, The Breezes has been delivered door to door in the North End since April of this year.

For some, this has meant a slight delay in getting the paper at the beginning of the month. We know that you want your North End news fast but doing it this way means that The Breezes can save a lot of money.

There's also been a really positive uptick in volunteer involvement with The Breezes since we started this initiative. We went from a team of 15 or 20 to now almost 30 volunteers helping to deliver The Breezes.

This is especially important in the colder months when roads and side-walks are hard to get around. Our delivery team wasn't sure about delivering in the winter but we've decided to give it a go. If there's a storm, excessive ice, or other safety concerns this might mean an additional delay at the beginning of the month, so please continue to be patient and excited for The Breezes to arrive. It will get there eventually!

This also means that some of our current volunteers won't be able to continue to make deliveries as they have mobility or safety concerns about doing this work in the cold, snow, and ice.

We know that the remaining volunteers will do their best, but we're asking other North Enders to pitch in and help if they can. If you have 1-2 hours per month that you can donate to The Breezes, please be in touch with us. We'd love to add you to our energetic winter roster!

The Breezes can also be picked up at:

- Grandads
- Our Corner
- corner stores on Burlington Street
- Fishers
- Welcome Inn
- New Horizons
- Compass Community Health
- Bennetto Rec Centre

If for any reason you don't get a paper and would like one, you can contact the Breezes email at:

office@northendbreezes.com, and we will get one to you as soon as possible.



INTRODUCING HOPA PORTS

Following its amalgamation in June, the Hamilton-Oshawa Port Authority had a unique opportunity to reposition itself. The Port Authority sought a modern brand and visual identity that would resonate in Hamilton and Oshawa, and convey its evolution into a progressive maritime industry leader.

"The look and feel of HOPA Ports extends a brand reputation we've been cultivating for years." said Director of Public Affairs, Larissa Fenn. "It captures our identity as an integrated, effective port manager and transparent community partner."

NEW ELECTRIC VEHICLE CHARGING STATIONS AT 605 JAMES ST NORTH

Aside from a few key locations, a recent report found Hamilton ranks last in the number of eclectic vehicle chargers per capita compared to 18 other similar municipalities.



An ongoing internal conversation, prompted by staff who have invested in EVs, led HOPA Ports to invest in charging stations at its office. Two ChargePoint Networked Charging Stations (CT4000) are now operational and have the capacity to charge four electric vehicles at once.

Three of HOPA's employees (approximately 5 per cent of its workforce) now own and commute to work in electric vehicles. Other staff walk or cycle on a regular basis. A new indoor bike lockup for staff has improved the active transportation option.

If you are in the North End and would like to use our charging stations, you'll see the spaces in our parking lot marked just west of the building in the upper parking lot.

"WE LIVE IN THE BEST NEIGHBOURHOOD IN THE WORLD" - OWEN BIEHLER, AGE 7



A big thank you to everyone that donated to the North End Food Drive. October 5th a few families went door to door to collect food for the Welcome Inn Food Bank. We collected an amazing 1750 lbs of food and \$77.00. A small donation by many people resulted in a lot of good being done for our community. A special thanks to Gord and Michelle Ellis who expanded our area further east. Looking forward to next vear. Take care, Curtis Biehler



ST. LAWRENCE CHURCH **CHRISTMAS TURKEY ROLL**



Help us celebrate our Annual Turkey Roll

FRIDAY DECEMBER 6th, 2019

Doors open 6 p.m. Draws start at 8 p.m.

St. Lawrence Parish Hall 125 Picton Street E. (corner of Mary and Picton Streets)

3 spins for \$2 Come to WIN, WIN, WIN !!! 50 Turkeys, 50 Hams and 50 LCBO Gift Cards (\$25)

Make sure to get your 50/50 tickets!!!

For more information please call the Church at 905-529-3921





St. Lawrence the Martyr Parish 'where faith builds community'

125 Picton Street East, Hamilton, ON L8L 0C5

Pastor: Rev. Peter Jurzyk

Sunday Mass: 11:00 am

Weekday Masses:

Tues: Mass at 7:00 p.m. Wed: Mass at 8:00 a.m. Thurs: adoration and opportunity for confession 6:15 p.m. and Mass 7:00

Fri: Mass at 8:00 a.m.

please check our website to confirm weekly mass times

Phone: 905-529-3921

Call the parish office to book an appointment with the priest, book a home visit for the sick, inquire about sacraments, and for hall rentals.

email:

stlawrencehamilton@hamiltondiocese.com facebook.com/stlawrencehamilton/ www.stlawrencehamilton.ca

Office Hours:

Mon 9am-1pm Tues 9am-3pm Wed 9am-3pm Thurs 9am-3pm 9am-1pm Fri

Call the office for hall rental information or visit the hall rental page on our website http://stlawrencehamilton.ca/hall-rentals/

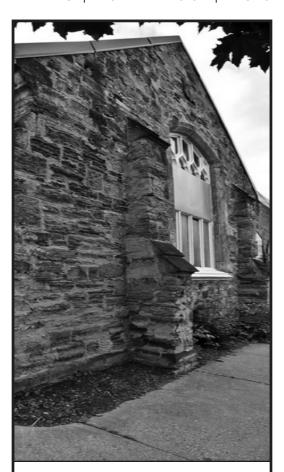
PARISH HALL FOR RENT St. Lawrence Church (Corner of Mary & Picton Sts.)

Need a place to host a Holiday Party, Family Birthday, Shower, Reception, Anniversary or Special Event.

For more info, to obtain a copy of the Hall Rental Agreement or to check availability, please call

(905) 529-3921

Or Email us at: stlawrencehamilton@hamiltondiocese.com



HUGHSON STREET **BAPTIST** CHURCH

CONTACT INFO:

905.527.3972 | office@hughson.ca www.hughson.ca

OFFICE HOURS:

Monday to Friday

9AM - 4PM

SUNDAY MORNING SERVICE BENNETTO SCHOOL 10:00AM

47 Simcoe St E, Hamilton, ON

Hughson Street Baptist Church has been a part of the North End since 1887. Each Sunday we gather for a lively time of worship with music, and relevant teaching from the Bible. There is a program for children who are babies right through Grade 8. During the week we have several Youth centered programs and our Coffee's On drop-in on Friday mornings. Give us a call, or check the website for details: www.hughson.ca

BENNETTO COMMUNITY CENTRE

450 Hughson Street North 905-546-4944 www.hamilton.ca/rec

NOVEMBER

COME ON IN AND PICK UP A FALL/ WINTER PROGRAM GUIDE!

As the weather gets colder, it's easy to stay at home and do nothing. Remember our Pool is maintained at 84-86 degrees, with a tropical air temp of 86 degrees or higher! So get off the couch, bundle up, and pay us a visit. Exercise will keep you fit, give you energy & lift your spirits!

We are offering a Leisure Swim (Family)

Monday's from 5:30 – 6:30 pm (FREE) Friday's from 6:00-7:00 pm (regular admit fee) Saturday's from 1:10-2:45 pm (regular admit fee)

We are also offering Leisure Swims on Monday's 7:00-8:00 pm (regular admit fee) Tuesday's 6:30-8:00 pm (regular admit fee) Wednesday's 7:00-8:00 pm (regular admit fee)

Friday's 7:00-8:00 pm (regular admit fee) Saturday's 2:45-4:00 pm (FREE)

FREE Movie Night

Come watch a Family movie on the gym wall! There will be Popcorn and a small low cost concession stand for all your movie munchies!

December 13, 2019

Doors Open At 5:30pm • Movie Starts At 6:00pm Cost: FREE!!!

Children MUST be accompanied by a Parent or Guardian (18+)

Pre-School Gym

Come out and try our Preschool Gym.

Lots of fun equipment to play with and staff that are more than willing to have fun.



Preschool gym is on Wednesday's from 11:00am to 12:00pm. Ages 0-5 years with a parent.

FAMILY OPEN GYM

Saturdays from 1:00pm to 3:00pm

KIDS COLUMN: BULLY AWARENESS

SUBMITTED BY SHERI SELWAY

November 17 – 23 is Bully Awareness and Prevention week to promote safe schools and a positive learning environment. During that week students, staff, and parents are encouraged to learn more about bullying.

"Bullying is defined as a form of repeated, persistent and aggressive behaviour directed at an individual or individuals that is intended to cause (or should be known to cause) fear and distress and/or harm to another person's body, feelings, self-esteem or reputation." (Ministry of Education)

There are many different kinds of bullying: physical (hitting, kicking), name calling, teasing, ignoring you, excluding you from games or activities, telling lies about you, stealing your things, and making you do things you don't want to do are some ways people are bullied. People are even bullied on Social Media and Computer!

No one likes being bullied. No one. When I started to write this article, I asked a friend for help. I asked if she had ever been bullied and what she had done about it. My friend was surprised I asked her that. She said she thought she was being bullied at work! So, we had a talk about her situation. She talked to other people too! Talking helped! Being bullied is no fun, no matter how old you are! After talking about it, she had several ideas. But she is an adult. Even though she wasn't being hurt physically, she was feeling unhappy. Talking about it made her realize, yes, it was hurtful, and that she had a right to be treated with respect at work. Talking about it also helped her come up with a plan on how to deal with it.

Being bullied might cause you to not want to go to school or to an after-school program, and it might make you feel sad or bad about yourself, scared, and confused. Sometimes you might have trouble sleeping or even have an upset stomach when it is time for school. When you talk to an adult, they will reassure you that it is not YOUR fault.

What can you do? Just like my friend did, the first thing is to tell

someone and talk to them. Talking about bullying is NOT tattling. So, the first thing should be to just talk about it with and adult friend you trust like a parent, guardian, teacher, or grandparents for ideas. Do it quickly. The quicker you stop the bullying, the better. Maybe at first you just want some ideas on how to deal with it. You should also tell your teacher, maybe ask to speak to your teacher privately or bring a parent. If your teacher knows, the teacher can also give you ideas on how to handle it, and can keep a special watchful eye on things in class and on the playground. And the teacher can privately talk to the

What can you do when someone starts teasing and bullying you with words? Stay calm. Take a breath. Don't let the bully know you are angry or upset. That is what they want. Pretend it doesn't matter. Tell them a joke, or distract them by saying "look, is that a skunk in the bushes?" or "your shoe lace is untied" something like that. Then leave. Then tell an adult. It's always OK to talk to an adult about it. In fact, telling an adult is the RIGHT thing to do.

If you are being hurt, or afraid of being hurt, get away as quick as you can to a safe place. Tell an adult. You have a right to be SAFE! If you are on the playground, go to a group of kids, or near a teacher. After school, hang around the crossing guard and tell the crossing guard. It's 100% OK to walk or run away and get help.

Again, you need to talk to the teacher. It is your right to be safe. If you are nervous or scared about talking to the teacher, ask a friend or adult (parent or guardian) to go with you.

What if you see someone else being bullied? Tell the teacher right away or if it is after school, get help at the Rec Centre or wherever you are.

Everyone has the right to be safe and be respected. EVERYONE.

Bullying Awareness and Prevention week in Ontario is November 17-23. Students, staff, and parents are encouraged to learn more about bullying. http://www.edu.gov.on.ca/eng/safeschools/prevention.html

There is a pamphlet on Bullying at http://www.edu.gov.on.ca/eng/parents/bullying.html

The public library has HUNDREDS of books, eBooks, and DVDs for children and teens on Bullying.



40 Wood St E | 905.525.5824 info@welcomeinn.ca

Donations and Volunteers Needed!!

Are you getting ready to make room for Christmas?

Do you want to feel good about where your donations are going?

ALL of the New Horizons proceeds fund the Welcome Inn Community Centre programs.

New Horizons is looking for Saturday Volunteers!!

It's one of the BEST ways to meet people in the neighbour-hood and make a difference!
There are lots of other different volunteer positions available with our Food Bank, Seniors Programs and Children's After School Clubs too!

Interested?

Connect with Ruth to talk about possibilities. ruth@welcomeinn.ca / 905.525.5824

Join author Brittany Luby for a reading of her new picture book, Encounter.

November 21 at 5PM 10 Wood St. E

Call 905-525-5824 to reserve your spot.

BRITTANY LUBY FOR A READING OF HER NEW PICTURE BOOK





NOVEMBER 21, 2019 WELCOME INN COMMUNITY CENTRE CALL NATALIE TO RESERVE YOUR SPOT 905 525 5824

5PM-7PM 40 WOOD ST. E

WELCOME INN COMMUNITY CENTRE

40 Wood St E | 905-525-5824 info@welcomeinn.ca

DOWN IN THE LOFT: **SAILING THROUGH** HISTORY

SUBMITTED BY ROBYN GILLAM

When is a loft not a loft? When it's a sail loft. Lofting is a drafting technique that transfers plans or templates with curved lines onto the materials that the full-sized objects are made of, especially ships' hulls and sails. Sails need to be subtly curved in order to work so they are cut following curves created by flexible battens laid on the sail cloth, just like a dress pattern only bigger. The sail loft downstairs at 469 Bay Street measures 27 by 77 feet.



Nowadays most lofting is done on a computer, but Keven Piper of Bay Sails still also produces sails the old-fashioned way, laying out materials (now mostly synthetic) and sewing them with a machine, rather than by hand like they used to. It takes about 40 hours to make a sail. Bay Sails sends product all over the world, often as virtual designs as well as locally. These days, sails are used by recreational and sport vessels, but there are also some industrial uses, like sleeves for sewer cleaning, made from recycled materi-

Keven has his grandfather's sail maul, a canvas mallet used to pound holes in the cloth, which, along with an awl and thread are the basic sail-making tools. Moving up from the States, Keven took over the business in 1996 from the building's owner, who had restored it, revived the sail loft and still lives

This location, on the bluffs above Pier 4 Park, was once a part of Hamilton's thriving 19th century water front. By the 1880s, the land below was lined boat building yards, making it the ideal spot for a sail making business. William Grant had the building constructed and moved his business to 469 Bay Street from the wharves below McNab in 1869. Ostensibly a single storey brick sail loft, this structure is literally founded on shipping-the limestone ballast used by vessels coming into port at this period. The limestone foundation of the building creates the appearance of an impressive three storey structure when seen from the water. The thick walls of both the lower and upper storey provide excellent insulation, especially in the winter, making the sail loft a "green building" before the fact. Over time, the rising level of Bay street has rendered the inside of the loft considerably lower than its front entrance, making steel reinforcements necessary for the front of the

building.

Although Grant's business produced superior sails, it was no match for steam powered navigation, and the business closed in 1887. Thereafter the building hosted The Reid Gasoline Engine Company, an early manufacturer of shipping engines. However, through the mid

20th century, as the commercial port in the area declined, 469 Bay Street had a variety of occupants, including a Sunday school, the HMCS Lion Sea Cadets, various kinds of social dancing and meetings of the Black community. Growing interest in recreational sailing saved the building. Shortly after the present owner purchased 469 Bay Street in 1985, it was condemned, but he was determined to restore it to what it was built as- a working sail loft.

The author would like to thank Keven Piper and his apprentice for an informative talk and demonstration on sail



FOUR-LEGGED FRIENDS IN THE NORTH END

SUBMITTED BY KELLY & BERT OUCHAREK



Meet Onyx, the aptly named, most famous cat on Hughson St! She is most often found greeting neighbours, school children and passersby. She brings a little smile to everyone she demands attention from. In the mornings, she saunters to the corner and hops into the juniper bush, waiting for my kids to walk by for school, sending them off with a hearty meow. The mailman spends a few minutes with her each time he comes by. Neighbours often have to contend with her sleeping on top of their cars, jumping into their cars while they unload the day's groceries or garage sale finds. She has even been known to walk into their open doors and curl up on their beds (sorry Tom and Sam Ion!) They say they find it funny, I hope it's the truth. She knows the sight and sound of our car, bounding down the street when she knows we are home. Work trucks that spend the day on the street have to be forewarned to double check

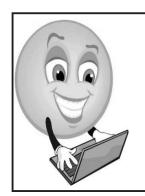
they don't have a stowaway when they leave! About

a month ago, I drove half way to work before she let

me know she was a passenger too!

We found Onyx a few years back, a 5 month old stray, escorting us home from the Bennetto schoolyard. I am not a cat person, but she was the sweetest thing, meowing and following us all the way so we claimed her as our own. We tried hard to do the "right" thing and make her an indoor kitty for about a year. She paced our windowsill, wearing a path, often climbed up our screen door, trying to find an escape. She'd wait for some unsuspecting person to open our front door and seize her chance to bolt. It was not an uncommon scene: me in my jammies, lying on a snow covered driveway trying to poke her out from underneath our cars with a broom. This would happen several times a day. Eventually, we decided to follow her lead and let her live her best life outdoors with the elements.

That is where she is happiest, though she may be singlehandedly responsible for lowering the mouse, sparrow and monarch populations. Overall, she brings a lot of joy to our little nook of the north end.



Are you tech savvy? Do you have a few hours each month to help update our website?

We are looking for a dedicated volunteer to help us keep The Breezes in the news!

Training provided. Please email office@northendbreezes.com

The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 x.3004, by email at office@northendbreezes.com or on our website: www.northendbreezes.com

Published by: North End Breezes Board of Directors: Paul Havercroft, Ian McDonald, Chris Pearson, Annabel Krupp, Rose Divecha Editorial Assistant: Kit Darling Co-Ordinator: Brenda Duke Layout + Design: Katie Fitzgerald Circulation & Distribution: The Board, JoAnn Osti, Sheri Selway, Sandra Hudson, Cameron Kroetsch

and Steve Osborne along with a

dedicated team of volunteers.

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-forprofit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION: The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

Help us grow your Breezes. We are looking for ideas, submissions, advertisers. Please email your thoughts to office@northendbreezes.com or call 905-523-6611 x.3004. Leave your contact name and number and we'll get back to

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda

NOVEMBER EVENTS

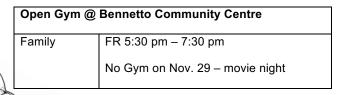
Date	Time	Details	Address	
FR 1	Noon	Noon Hour Concert - HPO Violin & Viola Duo	Central Library	
1 – 5	12 – 4	Honouring Our Sisters, Missing & Murdered	Dundurn National Historic	
		Indigenous Women and Girls. An Exhibit	Site	
		Tuesdays to Saturdays	610 York Blvd.	
1	6	Nibbles & Bids; Loonie & Toonie Auction	St. Lawrence Church	
SA 2 – 10		14 th Annual Hamilton Film Festival	Various	
		www.hamiltonfilmfestival.com for Tix and details		
TU 5	Noon	Seniors Diners Club \$4:50	Welcome Inn	
WE 6	7	North End Neighbourhood Association Meeting	Bennetto Community	
			Centre	
FR 8	Noon	Noon Hour Concert – Paul Benton	Central Library	
		Art Crawl	James St. North	
8 – 10	12 – 4	Honour the Struggle of Men & Women in Their	Hamilton Military Museum	
		Work Toward Peace	610 York Blvd.	
SA 9	2	Author Richard Pyves talks about his latest	Central Library	
		work, The Story of the Victoria Rifles of Canada	1	
MO 11		Remembrance Day		
		Various ceremonies – Gore Park Cenotaph,		
		Warplane Heritage Museum (10:30 – noon)		
TU 12	Noon	Seniors Diners Club \$4:50	Welcome Inn	
FR 15	Noon	Noon Hour Concert – Gunter Ott Blues Band	Central Library	
SA 16	10 – 4	2019 Genealogy Fair	Central Library	
		Discover Your Roots	4 th Floor	
TU 19	Noon	Seniors Diners Club \$4:50	Welcome Inn	
Tu 19 –	12 – 4	Whitehern Family Christmas: Toys &	Whitehern	
Dec 1	12 - 4	decorations from the 1850s to the 1930s	41 Jackson St. W.	
Dec 1		Adults \$7:50, Seniors/Youth \$6:50, Children	Open Tuesday – Sunday	
		\$5:50	Open ruesday Cunday	
FR 22	Noon	Noon Hour Concert – Jesse Luciani	Central Library	
SU 24	1:30	Short Works Prize Awards Ceremony	Central Library	
Tu 26	Noon	Seniors Diners Club \$4:50	Welcome Inn	
TU 26 –	12 – 4	Victorian Christmas; Decorated in Victorian	Dundurn Nat'l Historic Site	
Dec 1		Splendour	Open Tuesday - Sunday	
		Adults \$7:50, Seniors/Youth \$6:50, Children	, ,	
		\$5:50		
WE 27	7:30	CP Holiday Train – bright lights, music,	Gage Park at Lawrence Rd.	
VVL Z1	7.50	donations to food banks welcome	Gage Faik at Lawrence Nu.	
FR 29	Noon	Noon Hour Concert – Kaleidoscope Singers	Central Library	
FR 29	5:30	Free Movie Night	Bennetto Community Ctre.	
Docombor		Free Movie Night	Bernietto Community Cire.	
December TU 3	Noon	Seniors Diners Club \$4:50	Welcome Inn	
3	7	Hamilton Reads Panel Discussion – Art &	Central Library	
J	'	Activism	Central Library	
3 – 8	12 -4	McQuesten Family Christmas	Whitehern	
		Victorian Christmas	Dundurn	
			Open Tuesday – Sunday	
WE 4	7	North End Neighbourhood Association Meeting	Bennetto Community Ctre.	
WE 4	7	North End Neighbourhood Association Meeting	Bennetto Communi	

Fall Storytimes @ Central Library (Sept. 23 – Nov. 25)						
Baby Time (Birth – 2 yrs)	WE 10:30					
Toddler (2– 3yrs)	TU 10:30					
Family (birth – 5 yrs)	TH,FR,SA 10:30					

November is Here! Sweaters and Hot Chocolate. Remembrance Day Nov. 11 stop to remember and reflect.

Here are some family friendly and neighbourhood events. Some are free and some have a fee.

Free Movies @ Central Library					
Family Movies	FR 3 PM (Nov.1) 5:30 PM (Nov. 29)				
	SA 3PM (Nov. 2,16,23,30)				
Adult	FR 1PM (Nov. 1)				
\	MO 2 & 6 PM (Nov. 11)				
	TU 6PM (Nov. 5,19,26) 5:30 (Nov. 12)				
	WE 6PM (Nov. 6) 1PM (Nov. 20)				
NFB	WE NOON (Nov. 13)				
Good Morning	TH 10AM (Nov. 7)				



Have a neighbourhood event to list? Send to:events@northendbreezes.com by the 12th of the previous month.

CONTINUED FROM FRONT PAGE

THIS IS OUR STREET

After an unsuccessful second for run for the house he sold fire insurance until his death at 76 years old in 1882.

In 1855 the original foundry burnt down, two years later a new much larger foundry was built on Wellington Street. Calvin McQuestin retired the following year and sold the business for what was said to be worth \$500,000 to his three brothers Luther Sawyer, Samuel and Stephen.

Luther gained control of the company and brought in Almerrin Massey who himself was no stranger to manufacturing farm equipment. His father Daniel Massey created Massey-Harris in Newcastle, Ontario. The Massey name is probably more famously known as Massey-Ferguson.

The new plant became Sawyer-Massey Co. Ltd and in addition to manufacturing the "Grain Saver", the only complete thresher and separator for Steam power in Canada., they made steam powered tractors as well. During the 1910's and 20's they built all kinds of tractors, gas, oil and kerosene. Eventually, they stopped producing threshing machines and just concentrated on manufacturing tractors and road building equipment. Sawyer-Massey was well known for their prairie tractors as being one of the most expensive tractors of the era. They sold for \$3750 each.

During the war years of WW-I Sawyer-Massey produced large artillery shells and turned out large numbers of steam road wagons which were similar to pick up trucks. They were used to carry freight and military equipment.

After WW-II the plant was sold to Hamilton Bridge Works, well known across Canada as steel fabricators. Hamilton Bridge Works head office was located around Bay and Barton and had works on Depew St. as well as Caroline and Barton Street. It was later renamed Bridge & Tank. Hamilton Bridge Works manufactured the steel used in some of Hamilton's most iconic manufacturing facilities of the era, International Harvester, Stelco, Dofasco's Hilton Works, Firestone and Westinghouse. Their steel was also used in the building of the Royal York Hotel in Toronto, huge cranes and supermarkets.

Before Hamilton Bridge Works most bridges in Ontario were made of timber or wooden beams, Iron truss bridges were tried, but were too expensive to be widely used. Some of Hamilton Bridge Works more notable projects were the Bluewater Bridge in Montreal (Oct 10th,1938-west-bound),the bridge over the Welland Canal, the Burlington Canal lift Bridge, the Burlington Skyway Bridge on the beach strip and also the famous Lion's Gate Bridge originally known as First Narrows Bridge' in Vancouver.

In 1959 Hamilton Bridge Works sold the building to American Can the largest producers of tin cans in Canada at the time. The former American Can Facility had been located at Shaw & Emerald streets since 1911.In 1988 Ball Packaging Products Canada moved in and operated in old factory until 2001.

FLAPPING MIRACULOUS

SUBMITTED BY CANDY VENNING

This spring I bought a window feeder, suctioned it to my kitchen window and now I have a viewing station for the amazing lil' balls of fluff that miraculously survive our deepest winters in nothing but a few feathers.

Of course not all the birds in our region are alighting on my diminutive feeder; locally we have some big waterfowl from swans to herons as well as hawks, eagles, crows, cormorants, and turkey vultures. In fact, our region is home to some 277 types of migratory birds, many using the great lakes as a guiding flight path.

Aside from being beautiful, aside from being able to actually fly through the air they also pollinate plants, distribute seeds, are such a crucial part of the ecosystem they even protect us from diseases on carrion and eat billions of insects every year. Birds immeasurably enrich our lives, inspiring design, architecture, culture, art and charm us with their songs. Unfortunately birds are vulnerable, in fact 2/3 of north American bird species are at risk.

What you can do to help:

- 1. Vote when there's an election and when there isn't? – write to your local councilor, mayor as well as your federal representative to push for more controls to preserve natural spaces, to control sprawl, protect and plant more trees while pushing for a more 'bird friendly' city.
- 2. Buy 'Shade grown Coffee', organic & bird friendly coffee. Hint, our biggest monster coffee chain, 'Timmies', is not using bird friendly coffee or even recyclable cups. Bring your own cup and ask your independent coffee shop if they have organic coffee. Learn more and consider switching to bird friendly, home delivery, coffee here https:// coffeecology.ca/blogs/news-1/ what-is-bird-friendly-coffee Palm oil is a problem for many of the exact same reasons. Learn more here: https://www.audubon.org/news/palm-oil-plantations-are-bad-birds
- 3. Plant native trees, Shrubs, and perennials in that order. Lack of native plants as well as loss

of habitat means fewer insects which directly translates to less birds. (baby birds cannot eat birdseed) The city has a free street tree initiative, consider planting a Serviceberry, Pagoda dogwood if space is limited or an Oak or Mountain Ash if space and sunlight permits. More info: https://notsohollowfarm.ca/five-native-berry-producing-trees-shrubs-birds/

- Prevent birds from hitting your windows and petition local architects to build bird friendly buildings - Across North America, the estimated number of migrating birds killed annually in collisions with windows is estimated to be 1 billion. Unfortunately a few decals doesn't always do the trick more info at FLAP.org
- Turn off lights at night or at least have motion sensors set to low and lights shielded from casting light upwards, close curtains. Light in our cities can disorient birds, disrupt migration and lead to more window strikes.(death or severe injury)
- 6. Support local efforts to humanely control cat populations via TNR (trap neuter release) programs, with the goal of ultimately reducing and eliminating feral cat populations. Neuter your cat and encourage others to do so & keep cats inside, it's safer for birds and
- Participate in citizen science through E-bird.com, volunteer with and or financially support FLAP, The Hamilton Naturalists Club, The Royal Botanical Gardens & Audubon.org
- Get Outside, take photos, be respectful of the delicate balance that birds require by staying on designated paths and keeping dogs on leash. Equally important is the contribution that birding contributes to local economies. The last survey, carried out by Statistics Canada, on behalf of the Canadian Wildlife Service, indicated 14.5 million Canadians participated in wild-life-related recreation activities.

Candy Venning is an aspiring birdnerd, landscape designer and everyday environmentalist.

MEMORY LANE

SUBMITTED BY BEV HILL

Bev was born in the North End in 1948 and lived there until about 1960 with her parents and grandparents until they moved.

About a month ago, she was in a Darts Bus with a friend going to Bayfront Park. As they were going down the hill, she started to recall memories. The area was called Simcoe Street and was like a little village. As they travelled, Bev was picturing where her house was... where did the Bennies and the Wintemuts live? And of course the Italian Bakery, Palermo Brothers and a little street called Marsh where she met her first girlfriend, Jenny Bromley.

That brought on memories of other houses where the Goddards, the McHughs and Mayhews lived. Closer to the end of the hill, there were five boat houses that surrounded The Bay. Kids that lived down there were well looked after. Parents called each other and let them know everyone looked after each other.

Most of our parents were visiting each other on their porches and no one worried about someone coming in the back door. Everyone felt safe. Some people think of it as Bayfront Park but to us, who grew up there it is still Simcoe Street West and where the aroma of Italian baking mingled with the great times and kindness we shared with each other.

One person stands out in my memory because she lived next door. My friend Colleen Wintemute and I would visit a lot. She was a lovely woman who was kind to everyone giving us cookies and candy.

Thank you for sharing, Bev!

WOMEN WHO ROCK! BRENDA DUKE



Congratulations to Brenda Duke for the honor of being named one of the Women Who Rock for Women's History Month on October 6, 2019

Although we know Brenda as the Editor and coordinator of the Breezes, she is also heavily involved in the community in the Beautiful Alleys project.

Beautiful Alleys goal is to have beautiful, safe and accessible laneways and alleys that everyone can enjoy. The group organizes two annual clean up days in the spring and the fall and supports regular maintenance. Interesting that Beautiful Alleys is hoping to work itself out of a job! More and more residents see the benefits of safe, clean alleys and are stepping up and keeping the alleys clean. Once the alleys are clean, they help beautify by engaging in plantings, murals or other ideas.

Women's History Month began in 1992, designating October as the month to celebrate outstanding achievements of Women in Canada's history. Learn more about women who have made an impact in Science and Technology, Arts, Human Rights, and Politics by searching "Women of Impact In Canada" for the government of Canada website's on-line gallery.

Congratulations to Brenda!



VOLUNTEERS NEEDED!

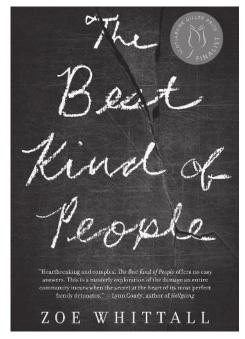
Moving forward, The Breezes is looking at new ways to stay afloat! A solid base of volunteers to deliver to our residents in certain areas, contacts to deliver door to door in apartments and a wider network of drop stations and maybe we'll narrow down our distribution area. It's all in the works and depends on you. Do you walk around your

neighourhood? Pick up your kids at school, walk your dog? If you want to meet your neighbours and learn about your community, we need you! Please email office@northendbreezes.com

BOOK CLUB CORNER

SUBMITTED BY KIT DARLING

At our October meeting, we discussed The Best Kind of People by Zoe Whittall. This novel explores the impact on family and community when a family member is accused of a crime. George Woodbury, scion of a wealthy family, husband and father, high-school teacher and local hero, is accused of sexual assault by some female students.



The novel focuses less on the assault as it does on the emotional reactions of various family members and others. Discussion was wide ranging & lively.

The author came to this novel after hearing interviews with the spouses, partners and parents of incarcerated family members. What would it mean to have a loved one accused and even convicted of a terrible crime? Is there room to love the good in a person even when they have done something terrible? The photo below this article was taken outside the Barton Street Jail.

And here are some recommended reads available from the Hamilton Public Library. Visit the Bookmobile at Bennetto Recreation Centre on Tuesday (2:30 to 4:30) and Thursday (6:00 to 8:00) or go online at hpl.ca to reserve a copy.

The Tattooist of Auschwitz by Heather Morris. This historical fiction is based on and inspired by three years

of conversations the author had with Lale Sokolov, a Slovakian Jew who was imprisoned at Auschwitz-Birkenau for 2 1/2 years. Fearing he would be viewed as a collaborator he only shared these memories after his beloved wife died in 2006. The Germans discovered that Lale was fluent in several languages and so he was put to work as the tattooist, permanently marking his fellow prisoners with the numbered tattoos that would become a powerful symbol of the Holocaust. Lale witnessed unimaginable horror as well as tiny glimmers of hope and humanity. Threaded throughout this incredible tale is the improbable but true story of love in a Nazi death camp. Lale's story is both captivating and haunting, touching the soul of all who read it. The story will stay in your heart and mind long after the last page is read. - Karen Motherwell

A Gentleman in Moscow by Amor Towles. In 1922 30-year-old Count Alexander Rostov is deemed an unrepentant aristocrat and sentenced to house arrest in the Metropole Hotel in Moscow by a Bolshevik tribunal. He is a witty and intelligent man and he must now live in an attic room while some of the most tumultuous decades in Russian history are unfolding outside the hotel doors. He forges friendships with others in the hotel including an actress, a gregarious American and a temperamental chef. But when fate suddenly puts the life of a young girl in his hands, he must do everything he can to protect her future. Although this is a novel it has some historical information. It was a great read. - Kathy Pipe

Have you read any of our recommendations? Liked any of the same books we talked about or disagreed totally? Let us know at bayareabookclub@bell.net . We have been asked whether anyone can join the book club. Our books are supplied by the Hamilton Public Library and come in a bag of 12. This limits us to 12 members at a time. We currently have 12 members, but if you wish to be put on a waiting list, email us at the above address. Alternatively, check out the many book clubs run by the Hamilton Public Library.



WALKABOUT COMMUNITY

SUBMITTED BY KEN HIRTER

This months Walkabout within the Community of those making a difference l sat down with the fabulous woman and a good friend whom I affectionally call the amazing Miss Robin with a Z (right).

Robin Zilberg is a local resident, advocate, artist, performer and writer. For those making a DIFFERENCE within the Northend and the outer boundaries at work, rest or play... 1 asked Robin these questions. What is your...

DRIVE: "The desire to "Rest in Peace" while alive and kicking and to make things better to the best of my ability.

MISSION: "To survive with your sanity and to make a difference in my Community"

PASSION: Advocate, giving back, human kindness, motherhood & na-

VISION: For the Human Race to re- On August the 30th 1 took in Robin's turn to "BASICS" and less bombarded by mainstream media, social media and mediocre.

Robin has many ideals. Her motto: "learn to be grateful for everything and holding causes dearest to the heart". a favourite quote: "Never underestimate someone's ability to shine including your own". "My Favorite Happy is what it is for no reason at all; nothing





happened to make me happy."

I asked Robin "What causes do you hold dearest to your heart"

ADDICTION/HUMAN TRAFFICK-ING/MENTAL HEALTH

"Empowerment, Relief & Transformation". "People can be absolutely brilliant; it is just a matter of choice." "Remembering to place principles before personalities"

book launch at the Staircase Theater.

The Book: BORDERLINE ME/ BEYOND THE EDGE

Every scar tells a story...Even the ones you don't see! This is a must read. Robin Zee is a survivor of EPIC courage and inspiration. Her story will give hope to the hopeless and shine a light in the hidden places where those lost in the darkness still exist. It was a won-

> derful book launch and that night I read her story.....

My Review:

"I have just finished reading from cover to cover, poignant, powerful & personal from Darkness to Light that lead to Peace & Recovery. I am so looking forward to reading Part 2 in 2020.

Thanks Robin Zee (Zilberg). "YOU'RE SIMPLY THE BEST" and the best biography read for me for 2019.

Till next month take care of you and those around you. Cheers

WHAT'S COOKING IN THE NORTH END?

DINNER:

Creamy One Pot Butternut Squash Soup

This Creamy One Pot Butternut Squash Soup is so easy to make and it's the perfect comforting soup for fall! And it's healthy, dairy-free, and vegan too!

Total Time: 35 minutes Servings: 8 servings

Ingredients

- 1 tablespoon olive oil
- 1 medium onion, diced
- 3 cloves garlic, minced
- 2 teaspoons grated fresh ginger (or 1 teaspoon powdered ginger)
- 3/4 teaspoon sea salt
- 1/4 teaspoon white pepper
- 1/2 teaspoon fresh or dried thyme leaves, finely chopped
- 1 medium butternut squash, peeled and cut into 1-inch cubes
- 4 cups vegetable stock (or use chicken stock for a non-vegan soup)
- 3/4 cup coconut milk (or use half and half for a rich, non-vegan soup)
- fresh thyme sprigs, coconut cream (or heavy cream) for garnish

Instructions

- 1. Heat a large pot over medium heat. Add the olive oil.
- 2. Add the onion, garlic, ginger, salt and pepper, and thyme, and sauté until the onion is soft and transparent.
- 3. Add the cubed butternut squash and toss in the onion mixture.
- 4. Add the vegetable stock and stir to combine (You might need to add a little more or less stock, depending on the size of your squash. The liquid level should be just slightly lower than the squash).
- 5. Add the lid to the pot and bring to a boil over medium-high heat.
- 6. Once the soup reaches a boil turn the heat down to medium-low and simmer for about 20 minutes or until the butternut squash is very tender when you pierce it with a fork.
- 7. Remove the soup from the heat and add the coconut milk.
- 8. Puree with a hand-held immersion blender, or puree in batches in a regular counter-top blender.
- Serve immediately with a garnish of fresh thyme and some coconut cream or yogurt, or store in airtight containers in the fridge or freezer.

Calendar of Events (Fall/Winter 2019)

St. Lawrence the Martyr Parish

125 Picton St. E., Hamilton, Ontario L8L 0C5 T:(905) 529-3921

Email us at: stlawrencehamilton@hamiltondiocese.com

Or find us On-line at: stlawrencehamilton.ca
* Events organized by the Parish Council of the Catholic Women's League

November 2019

Friday November 1st (1st Friday in November) Nibbles & Bids 2019 Loonie/Toonie Auction

(fundraiser)

Doors Open at 6:00 p.m. Auction Starts at 7:00 p.m

Saturday November 23rd

CWL Fall Penny Sale (fundraiser) Doors Open at 11:30 a.m (Ticket sales end at 1:00 pm.) Draws Start at 1:30 p.m. Players must be present to win.

December 2019

Friday December 6th (1st Friday in December) Christmas Turkey Roll (fundraiser) Doors Open at 6:00 p.m. Draws Start at 8:00 p.m.

Sunday December 15th (3rd Sunday in December) CWL Christmas Bake Sale (fundraiser) And Community Sunday Social Following 11:00 a.m. Mass Bake Sale treats available for purchase, complementary coffee, tea and water with a special visit from Santa at 12

Thursday December 19th (3rd Thursday in December) Advent Celebration

Mass at 7:00 p.m. Followed by procession to the parish hall, lighting of the

advent candle and community social. In coordination with St. Lawrence School and the Filipino Community.

Tuesday December 24th (Christmas Eve) Wednesday December 25th (Christmas Day) CHRISTMAS SERVICES

Times to be confirmed. Please contact the Parish Office for Details.



Cremation and Burial Centre Inc.

Direct Cremation, No Hidden Fees \$2,489.30

Includes: Coordinating Activities- \$350. Documents - \$425.* Shelter of Remains - \$225. Transfer Vehicle - \$415.** Cremation Container - \$195. Cremation - \$550. Death Registration - \$45. Coroner's Fee - \$75. HST - \$209.30

905.628.8558

* Incl. unlimited Proof of Death Certificate. ** 2 staff, 24 hr. availability

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HER MAJESTY'S ARMY & NAVY

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YOU'LL HAVE FUN!
COME & ENJOY!

Entertainment! Thursday 3:00 – 7:00 pm

Bring your dancing shoes, kick up your heels and have a great time!



Nov 7, 2019

*Silver & Gold

Nov 14, 2019

* City Kidz

Nov 21, 2019

* Tim Hiebert

Nov 28, 2019

*Big John and The Night Trippers

TICKETS ON SALE!
NEW YEAR'S EVE DANCE
\$10 Each
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Join us for euchre every Tuesday 1:00 − 3:00pm.

Darts ~ open house on Saturdays.6 boards

available

WE ARE CLOSED SUNDAYS, BUT IT IS

NEGOTIABLE

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A MESSAGE FROM MATTHEW GREEN

Friends and neighbours,

I want to express my sincere thanks for the support I have received from so many people in our community and for the trust you have placed in me as your new Member of Parliament. From everyone who volunteered, hosted a lawn sign, or took the time to participate in our democratic process, thank you. It has truly been a humbling experience.

This election I had the opportunity to talk with so many of you to discuss your hopes and dreams for the future of our city, and to understand ways in which you want the next government to take concrete action to address issues such as climate change, economic inequality and the lack of affordable housing. I believe that these will be the central concerns of this minority parliament and all parties will need to work together to find real solutions.

Over the next little while my staff and I will be working to open our constituency office as quickly as we can and resume providing service and support. I will also soon head to Ottawa to ensure that Hamilton Centre, and its strong working-class values, is well represented in the nation's capital.

I'm looking forward to the opportunity to serve you all and to be the best representative I can be. Together we can build a stronger community and become a more compassionate and caring Canada.

GOOD FOOD BOX

Pick up your box at Welcome Inn, or Eva Rothwell Resource Centre! Place your order by the second Wednesday of every month, and pick up on the 3rd Wednesday from 2-5!

High quality, fresh produce at a fair price!

\$15 for a large box (\$20 value) \$10 for a small box (\$15 value)

> Order at NHCHC or Eva Rothwell. Call for info: 905-523-6611 ext 3007

Brought to you by:

The Eva Rothwell Resource Centre



Christmas Bake Sale



Sunday Dec. 15th, 2019



12:00 pm

St. Lawrence Parish Hall (Corner of Mary & Picton Streets)

Hosted by the Catholic Women's League of St. Lawrence Church

Bring the whole family out!

Homemade Christmas Treats

Free coffee, tea & hot cocoa

and a very special visit from SANTA at 12:00 pm!



PLEASE DONATE NOW

YOUR COMMUNITY! YOUR SUPPORT!

MAKE A DIFFERENCE! The Breezes is supported by your generosity! Hundreds of volunteer hours go into each publication but we need your help to cover those essential costs of printing and delivery. A tax receipt will be issued to the address noted. Please send your cheque to North Hamilton Community Health Centre at 438 Hughson Street North or visit our website www.northendbreezes. com to make a donation through paypal. We can also accept e-transfers at office@morthendbreezes.com.

Donation Amount: (please circle)

\$25 \$50 \$100 Other \$____

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- -Pregnancy and post natal education
- -Meet other moms
- -Healthy snacks and recipes
- -Food vouchers
- -Bus tickets
- -Free prenatal vitamins.
- -Free Vitamin D drops
- -Free child minding for children under 6.

Where?

Compass CH - 438 Hughson Street North

For more information contact: Cory at: (905)-523-6611 Ext.3047







Letters to the Editor

Did you enjoy an article? Was there something we missed? Is there something you don't like?

Or maybe you have an update we missed? The Breezes is YOUR paper! Help us spread the news you want to hear. Email office@northendbreezescom



WHAT'S COOKING IN THE NORTH END?

DESSERT:

Pumpkin Molasses Bread

A rich and sweet pumpkin molasses bread that is perfect for any holiday gathering.

Prep Time: 10 mins Cook Time: 1 hr

Total Time: 1 hr 10 mins

Servings: 12

Ingredients

- 15 oz can pumpkin puree \$0.97
- 3 large eggs \$0.75
- 1/2 cup vegetable oil \$0.32
- 1/2 cup milk \$0.12
- 1/2 cup molasses \$1.10
- 1 1/2 cups sugar \$0.24
- 1 Tbsp pumpkin pie spice \$0.15
- 3 cups all-purpose flour \$0.44
- 2 tsp baking powder \$0.06
- 1 1/2 tsp salt \$0.07

Instructions

- 1. Preheat the oven to 375 degrees. In a large bowl whisk together the pumpkin, eggs, oil, milk, molasses, sugar, and pumpkin pie spice until very smooth.
- 2. In a separate bowl, combine the flour, salt, and baking powder. Stir very well. Pour the flour mixture into the bowl with the wet ingredients and stir just until evenly combined (try not to over stir or the end product will be gummy).
- 3. Pour the batter into muffin pana coated with non-stick spray and bake for 25 minutes or until a toothpick inserted into the middle comes out clean. Allow the bread to cool completely before slicing.

BONUS: HOMEMADE PUMPKIN PIE SPICE

Ingredients

- 4 Tbsp ground cinnamon
- 1 Tbsp ground ginger
- 1 Tbsp ground nutmeg
- 1 Tbsp ground allspice

Stir together all of the spices in a bowl until well combined. Store in an air-tight container away from direct sunlight for up to one year

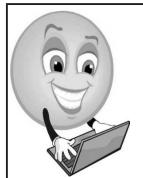


Just another reason to join our folding team! Coffee & Donuts supplied by:

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Are you tech savvy? Do you have a few hours each month to help update our website?

We are looking for a dedicated volunteer to help us keep The Breezes in the news!

Training provided. Please email

office@northendbreezes.com

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OUR CORNER

* Bar & Grill *

Breakfast (8am - 12pm 7 days a week) \$5.20 - 2 eggs, homefries, toast, bacon, ham or sausage

\$5.65 - 2 eggs, homefries, toast & peameal bacon

\$6.10 - Omelette (ham, onion, peppers, mushrooms & cheese)

12" Subs

\$4.25 - Veggie \$5.25 - Assorted (Mild/Hot), Salami (Mild/Hot), Pizza & Ham \$6.25 - Pork Cutlet, Roast Beef, B.L.T., Turkey, Meatball & Chicken \$7.25 - Turkey Club

Homemade 7oz. Hamburgers

\$5.50 - Hamburger \$6.10 - Cheeseburger \$6.75 - Banquet Burger

Karaoke Every Other Saturday

February 2nd, 16th March 2nd, 16th, 30th

905-523-0584 496 James St N. Hamilton, ON L8L 1J1

NORTH END BREEZES FREE CLASSIFIED ADS

Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email office@northendbreezes.com

Send your upcoming events to events@northendbreezes.com to be included in our monthly calendar and on our website: www.northendbreezes.com

Take off Pounds Sensibly (TOPS) meets Monday evening at7pm-8pm at the Eva Rothwell Centre 460 Wentworth st. N Call 905-544-5088 . First night is free! Come and join us!

Community Garden, VON Hamilton - Show off your green thumb! Volunteers are required to assist with our garden on Tuesday and/or Thursday mornings for a couple of hours. Interested gardening enthusiasts can contact Janis at 905-529-0700 x2251 or voncsshamilton@

Hamilton - Let's Do Lunch! VON Hamilton is in need of volunteers to help deliver hot and frozen meals over the lunch hour. Driver and server spots are available for our downtown routes. Call 905-529-0700 or email voncsshamilton@von.ca to find out more.

Children's Birthday Parties: Make your child's birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour North End Neighbours – special rate of \$65.00 per hour Earl Ross – 289-439-0166

Downtown Delivery Driver: Looking for a MATURE adult to do deliveries in the City of Hamilton's lower city. Trips / tips / extras you keep. You should have a float of at least \$75 to make change for customers as a float will be provided to you to purchase items. If you are interested, please call 905-921-9339 and ask for Pearl.

Personal Support Worker wanted part-time alternate Saturday mornings from 9:30 AM to 1 PM. Job includes personal care, meal preparation and using a mechanical lift. \$17.50 per hour. Also looking for someone to help with supper meal once or twice a week for 1 to 1 1/2 hours. You do not need to be a personal support worker for this supper hour.-\$17.50 per hour. Please send resume to lstoeten17@gmail.com or call 905-528-6159 after 10 AM. Located near the Bayfront Park on

Be a driving force in your community! Drivers are needed to provide transportation for seniors to get to medical appointments. Flexible schedule and mileage reimbursement. Please call 905-529-0700 or email voncsshamilton@von.ca

Hospice Volunteer Visiting-VON Hamilton is looking for caring, sensitive volunteers to visit and support people with a life-threatening illness through the end of life journey. Visits are a couple of hours per week. To join our compassionate team of volunteers call 905-529-0700 or email voncsshamilton@von.ca

Part-time Dispatcher; Looking for a mature adult to answer phone and dispatch orders to drivers, Weekends only to start Saturday evenings and Sunday afternoon. Looking for some local here in the North End. As we are in walking distance. Training provided and after training you can work out of your own home. Please call 905-921-9339 ask for Pearl

Sewing & Dressmaking. Students and clients wanted. Lessons or alterations available. Ages 6 to 106! Expert in African apparel. Please call Hyacinth 289-308-6176

Minion Parties, Costume Parties. Various characters. For kids and adults. Call Sandra at 289-925-5990

TUTOR AVAILABLE: retired Elementary teacher available to tutor students in my home near Pier 8. I am also TESL certified to assist students with learning English. Please contact me at brockwm@gmail.com if you are interested or have any questions.



JOIN OUR TEAM!!

The Board of Directors is looking for an eager volunteer to bring new ideas and skills to the

Now in our 48th year, The Breezes is looking to put some new wind in our sails that will lead us forward. New technology! New ideas! More community events! New volunteers! YOU can be part of that team!

Email office@northendbreezes.com



Even if you don't own a boat, YOU can be a member. Our membership is open to everyone!

RHYC was established in 1888, Our club provides a year-round facility offering an exceptional waterfront experience.

Social memberships are available to enjoy our beautiful pool, dining facilities, meeting rooms and patio.









For membership information or a visit please contact us at (905) 528-8464 or email: sail@rhyc.ca









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THEY'RE BACK

HOT APPLE TODDY in a cinnamon sugar rimmed glass with Jim Beam Apple Bourbon, cloves, lemon and hot apple cider.



THANK YOU TO ALL THOSE WHO SERVED AND THOSE WHO ARE STILL SERVING LEST WE FORGET NOVEMBER 11TH



NFL SUNDAY / TIGER CATS / RAPTORS / LEAFS \$10 DOMESTIC MINI PITCHERS \$10 A POUND OF WINGS GREAT TV VIEWING

001001001001

WE ARE LOOKING FORWARD TO SEEING ALL THOSE ROCKING MOUSTACHES THIS MONTH #movember (Men's Health Awareness)



222222222222222

MONDAY NIGHTS
BURGERS \$2 OFF 5PM - CLOSE / DINE IN ONLY





Connect with us at **office@ northendbreezes.com**

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