

Come out to SuperCrawl
on September 14th to hear
all about The Breezes
and purchase your
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ELECTION 2019: WHO, WHY AND WHEN?

Politics is in the air continuously it seems, but there is a significant election coming up this October. The federal election may seem to be the least important to our daily lives but in fact – the acts of the federal government have a significant impact on our daily lives. Areas of federal responsibility include -

- national defence
- foreign affairs
- employment insurance
- banking, money and bankruptcy
- federal taxes
- the post office
- fisheries
- shipping, railways, aviation, pipelines
- telephones, telecommunications, radio and television broadcasting
- Indigenous lands and rights
- criminal law, penitentiaries
- citizenship and immigration
- Interprovincial and international trade

The federal government is also responsible for equalization payments to the provinces, trying to ensure that there is more balance between “have”

and “have not” provinces. Given the above range of responsibilities, the party in power has a significant impact on the big issues of our day, things that impact on all of us, our families and generations to come. These issues include environment and climate change; the health of our economy and jobs, the ability to help navigate our country through a morass of trade wars, tariffs and the threat of more war; the protection of our pensions; universal pharmacare; violence against women; access to clean water and safe housing for First Nations and on and on. It is important to understand how each of the party platforms will impact on those issues that are most important to each of us.

Many of us are disillusioned with politicians and political parties. Fair enough. But if your decision is NOT to vote then consider this. Not voting might just ensure that the party that is elected will be the party that most threatens the issues and services that matter most to you. So, read up on the issues. As the parties release their



election platforms, consider which most closely fits with your priorities.

Here are a few resources for more information:

Maclean's magazine is tracking party platforms as they are released on a range of issues – www.macleans.ca/politics/2019-federal-election-platform-guide-where-the-parties-stand-on-everything/

Political party websites:

Conservative Party: - www.conservative.ca

Green Party: - www.greenparty.ca

Liberal Party: - www.liberal.ca

New Democratic Party: - www.ndp.ca

None of the Above Party: - <https://www.facebook.com/NoneOfTheAboveX/>

Your Riding: Hamilton Centre
Local candidates (Note: not all local riding associations have finished their candidate nomination process. We'll fill in the blanks in October.)

Conservative Party: Monica Ciriello
Green Party: Jason Lopez
Liberal Party: TBA
New Democratic Party: Matthew Green
Independent Party: Tony Lemma

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MPP Hamilton Centre

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905-544-9644 | ahorwath-co@ndp.on.ca



Please send your well wishes to Megs (Margaret Smith) as she recovers from her surgery



The Canadian HARD of HEARING Association
(CHHA-Hamilton & Area Branch)

7th Annual Nine & Dine FUNdraiser Golf Tournament

Saturday,
September 7th, 2019

WHAT: CHHA-Hamilton presents the 7th Annual FUNdraiser Golf Tournament

WHEN: Saturday, September 7th, 2019

COST: \$75 includes 9 holes, cart & BBQ dinner

\$25 dinner only

Tee off – 4 pm

Dinner – 6 pm

Oak Gables Golf Club, 1505 Wilson St.,
Ancaster, LOR 1R0

Rain or shine
(we've experienced both and still had fun)

Register online at
www.chha-hamilton.ca,
call 289-208-4423 or e-mail
robdiehl@gmail.com



New State-of-the-art ECRC Spill Response Barge at the Port of Hamilton

Have you noticed the big, new barge docked at Pier 10? This is the ECRC 400, a dedicated, state-of-the-art, emergency oil spill response barge that replaced its smaller, single-hulled predecessor. It is the only spill response barge of its kind on the Great Lakes and we are lucky to have it here in Hamilton.

The barge is operated by ECRC, a private oil spill preparedness company owned by several Canadian oil companies who provide spill response services when requested. The ECRC 400 can be used as a primary and or/ secondary storage unit during an oil recovery operation.

You can learn more about the ECRC 400 at www.hamiltonport.ca



New Honeybee 'Queendoms'

After a successful first season, Humble Bee has decided to expand their beekeeping operations at the Port of Hamilton. The site is now home to 22 'Queendoms'!

Last year, 12 hive boxes were installed adjacent to Sherman Inlet at the Port's Pier 15 in partnership with urban beekeeping company Humble Bee. The bee yard is used as a breeding location for queen bees due to its proximity to the waterfront and distance from other beekeeping activity. The queens end up supporting beekeepers across the province and help provide essential pollination services for food production.

ELECTION 2019 AND THE POWER OF SENIORS

SUBMITTED BY MICHELLE FERRARA



Newsflash: Canadian Seniors will decide the outcome of the Federal Election.

Who is the largest, richest and most influential demographic in Canada? That would be the 7.6 million Canadians over 55- and 60% of us voted in the last election-we absolutely have the power to decide the outcome this Fall.

So many items in addition to Global, Financial, Climate and Terrorism-the list is long for those in this demographic....

National Seniors Strategy, National Dementia Strategy, National Drug Plan, Minister of Seniors, Affordable Housing, National Standards for Homecare and Long term Care, Keeping Seniors out of Poverty, Age Friendly Communities particularly transportation and housing, Public

Health Care including

mental health, dental, vision and hearing care. Caregiver Tax Credits, end Capital Gains Tax, No Fed Tax on first 15K earned, lower Tax on 15-100,000K and increase Tax above 100,000K.

So far, the only party to release a Seniors Platform is the NDP-everyone else has ideas but have not released their plan-with only a few short weeks before full-court-press campaigning, all Parties had best get it together because the Senior population want answers and plans. Einstein said: "The definition of insanity is to keep doing the same thing and expect a different result". Let's make a different decision this Federal Election.

My encouragement is to pay attention to who serves the needs and concerns of those 55+ If you aren't in that group now, remember two things: one-this demo increases significantly every year, two-it's precedent setting time, if not for you, for your parents. Vote!

NORTH END NEIGHBOURHOOD ASSOCIATION (NENA) UPDATE



Next Meeting:

Wed. September 4, 2019 at 7-8 PM
Bennetto Community Centre

July and August have been quiet months for NENA as no August meeting was held. Is it a case of no news is good news? Yes and no.

Work continues on the new John Street bridge, as well as the water-main replacement and reconstruction of Ferguson Avenue between Simcoe and Burlington Streets.

The Mary Street pedestrian bridge was closed for two weeks for repairs, which highlighted to those of us near it how convenient the bridge makes it to walk or cycle in and out of the North End to parts south, including to the Food Basics for groceries.

In late July, the Hamilton Spectator reported CityHousing Hamilton had selected Stoney Creek based Marz Homes as the preferred bidder to buy

and redevelop the now vacant Jamesville townhouse complex. The open space that includes the Sunset Cultural Garden at Bay North and Strachan is set to be sold for development as part of this process as well.

Details about the winning submission have not been made public, but the request for proposals (RFP) specified a redevelopment of up to 650 residential units, including 45 units rent-geared-to-income units for CityHousing Hamilton. There are currently 91 townhouse units on the site, which stretches from Strachan to Ferrie between James and MacNab.

Among the concerns noted in previous NENA updates is the possible loss of mature trees, especially along the outer edges of the site, including the James Street North frontage. If it is important to you that as many mature trees as possible are preserved during the demolition/redevelopment process, please get in touch and let us know what you support.

Regardless of your views, however, NENA wants to hear from you. To let us know your thoughts and concerns email us at nen.president@gmail.com or attend our monthly meeting.

For more up to date information visit www.NorthEndNeighbours.com



St. Lawrence the Martyr Parish
'where faith builds community'

125 Picton Street East,
 Hamilton, ON L8L 0C5

Pastor: Rev. Peter Jurzyk

Sunday Mass: 11:00 am

Weekday Masses:

Tues: Mass at 7:00 p.m.

Wed: Mass at 8:00 a.m.

Thurs: adoration and
 opportunity for confession
 6:15 p.m. and Mass 7:00
 p.m.

Fri: Mass at 8:00 a.m.

*please check our website to confirm weekly
 mass times*

Phone: 905-529-3921

Call the parish office to book an
 appointment with the priest, book a home
 visit for the sick, inquire about sacraments,
 and for hall rentals.

email:

stlawrencehamilton@hamiltondiocese.com

facebook.com/stlawrencehamilton/

www.stlawrencehamilton.ca

Office Hours:

Mon 9am-1pm

Tues 9am-3pm

Wed 9am-3pm

Thurs 9am-3pm

Fri 9am-1pm

Call the office for hall rental information or
 visit the hall rental page on our website
<http://stlawrencehamilton.ca/hall-rentals/>

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Sep 5, 2019 *Silver & Gold

Sep 12, 2019 * City Kidz

Sep 16-21 2019 * Closed

Sep 24, 2019 *Reopen

**Sep 26, 2019 *Big John and
 The Night Trippers**

Any questions please Call Denis
 President Thank You 289-489-2133



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www.hughson.ca

OFFICE HOURS:

Mon to Friday
 9AM - 4PM

**SUNDAY MORNING SERVICE
 BENNETTO SCHOOL 10:00AM**

47 Simcoe St E, Hamilton, ON

Hughson Street Baptist Church has been a
 part of the North End since 1887. Each Sun-
 day we gather for a lively time of worship
 with music, and relevant teaching from the
 Bible. There is a program for children who
 are babies right through Grade 8. During the
 week we have several Youth centered pro-
 grams and our Coffee's On drop-in on Fri-
 day mornings. Give us a call, or check the
 website for details: www.hughson.ca

BENNETTO COMMUNITY CENTRE

450 Hughson Street North
905-546-4944
www.hamilton.ca/rec

SEPTEMBER

Try something new in the gym or the pool this Fall at your neighbourhood Recreation Centre! Or enjoy some of your favourite returning programs!

Please pick up our most current Swim schedule at the front desk or feel free to call for the most current swim times.

Seniors & Adults...daytime programs offered Monday to Friday:

LEISURE SWIM 55 YEARS +
Mon, Tues, Wed, Fri. 10:15-11:00am and Thurs.
11:05-11:50 am

WATERFIT
Mon, Tues, Wed, Fri. 11:05-11:50am

LENGTH SWIM
Mon-Fri. 12:00-1:00pm
Mon. & Wed. 8-8:45pm (1 lane only)
Sat. 12:00-1:00pm (3 lanes only)

LEISURE SWIM 18+ YEARS
Sat. 12:00-1:00pm (two lanes only)

PROGRAM REGISTRATION INFORMATION

Missed Registration Day, not to worry, feel free to contact the facility for program availability

Open Gym Drop In

Come and drop into to Open Gym!

An unstructured gym time open to specific ages. Gym equipment will be made available if attendance warrants safe usage. Gym is monitored, but no structured programming is provided.

Parent & Tot Wednesday 11:00am-12:00pm
6-12yrs Wednesday 5:30-7:00pm
13-17yrs Wednesday 7:00-8:30pm
Family* Friday 5:30-7:30 & Saturday 1:00-3:00pm

*(Children/youth 17 years and under accompanied by a parent or adult 18+)

Are you an adult looking for some fitness or fun?

Come out and try one of our **Yoga, Cardio Balance & Strength**, or **Stretch** classes.

Registration is now open and classes will start the week of October 1st and run for nine weeks.

Why not continue those active summer lifestyles!
All fitness levels accommodated!

Red Cross Babysitting Course

When: Saturday, October 26th, 2019
Time: 9:00am – 5:00pm
Ages: 11-15 years
Cost: \$60.00
Course Code: 00015955

KIDS COLUMN: BACK TO SCHOOL

SUBMITTED BY SHERI SELWAY

This article is for kids! Feel free to give me ideas for “Kids Column” by sending them to The Breezes. This month we are going to work on Back to School jitters!

Everyone gets nervous starting something new! So it’s normal and natural to be a little nervous (and excited) about starting back to school. You are probably comfortable at home or wherever you are spending your summer and school is different. Even teachers are nervous! So, sit back and think about what about going back to school makes you nervous. Often kids are nervous about their new teacher (Are they nice? Fair? Friendly? Will they like me?). Who is in my class? What if I don’t know anyone? What if I have no friends? What if it’s hard and I don’t understand something? What if I get bored? What if I get lost? I’m comfortable at home, why do I have to go somewhere? Will mom and dad miss me?

Here are some suggestions to help get cope with those back to school jitters.

* Visit the school. No one is there yet so just hang out on the playground. Just get used to being there. Sometimes schools are open a few days early, so you might be able to ask about visiting. Find the bathroom. Look at the gym. Just get familiar with the building. Or just walk around the outside until you feel comfortable.

* Find someone to talk to. Of course mom and dad, but also you might also have grandma or granddad or a neighbour. You don’t need a “serious” talk. Just ask them questions! Like, “Hey Grandma, what do you do when you are nervous about starting a new class?”

*Start the special notebook or

journal. The notebook is for EVERYTHING. Not just writing a journal! Draw pictures, make lists, write a poem. List your favourite foods, movies, or books you liked. Anything.

* School supplies. Usually the school has everything you need, like crayons, pencils, pens, rulers, calculators even iPads. But sometimes you’d like to have some extra stuff like markers, stickers, coloured paper, scissors. Just for fun.

* Are your mom and dad getting nervous too? Are they asking you a bunch of questions making you nervous? Bring them to visit the school, walk around and show them where you go in, where the office is and stuff like that. While you are walking around, ask them questions about when they went to school and how they made friends. On the first day of school, leave them a note telling them not to worry, you’ll tell them all about your day, and that you love them.

*Make a plan on what to do if you start feeling nervous or upset. In your bag, leave yourself a note or a favourite picture that calms you, like your cat. Practice calming yourself. Pack something in your bag that you can do alone – a game or book or ?

* A few days before. Start making a list of everything you need to do and it doesn’t have to be in order either! Pack lunch, pack game to take, extra markers, notebook....

* The Night Before. Check your list and cross off everything as you get ready. Don’t wait till morning to pack your lunch. Do it after dinner with mom. Pack something extra, to share or give away. Lay out your clothes. Pack your backpack. Decide what’s for breakfast. That way in the morning you don’t have to make any decisions. Everything is ready. Sleep well!

* Take a deep breath, put on a smile! Go to school. You are prepared! Be confident that you can do it!



40 Wood St E | 905.525.5824
info@welcomeinn.ca



As the weather gets warmer, consider trying something new that connects you with the neighbourhood and the great people in it. We have several volunteer opportunities:

- New Horizons Thrift Store Assistant.
- Seniors Program Assistant
- Food Bank Assistant

Connect with Ruth to get the conversation started.
ruth@welcomeinn.ca OR 905-525-5824

Are you a senior who would like to connect with friends in your neighbourhood?

We would love to meet you! Join us on Tuesday's @ 12:00 pm for our Seniors Diners Club.



The homemade meal is always delicious, the laughter is plentiful, and the activities are lots of fun.

Cost: \$4.50
Questions?
Call Ruth @ 905-525-5824

**WELCOME INN
COMMUNITY CENTRE**

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info@welcomeinn.ca

THIS IS YOUR STREET: JAMES STREET NORTH

SUBMITTED BY BRIAN ROULSTON

While technically not the North End, James Street is right next door and provides loads of opportunities for North End residents.

James Street along with John Street are the two original roads in Hamilton. James Street was originally named 'Lake Road' and up until the 1880's both were native trails leading to Port Hamilton. James was upgraded to a corduroy (plank) road that led from the lake to a cedar swamp; an area we now call "Hunter Street". In 1844 the swamp was drained, then graded. Lake Road would now become Jarvis Street named after one of Hamilton's founding fathers George Hamilton's wife Maria Lavinia Jarvis. It would again later be named James Street by Nathaniel Hughson's son James, a road-builder.

James Street is no stranger when it comes to entertainment. On September 13-15th, 2019, for the 11th edition of Super Crawl, James Street will be stirring with entertainment and tourists. Super Crawl is an award winning festival hatched out of the weekly art crawls that were taking place along James Street prior to 2009. A full-fledged music festival was added with up to 50 bands performing on multiple stages scattered along the street. Just about every genre of music from rock to orchestral and traditional music is featured over the 3 day event. Some 220,000 visitors attended Super Crawl in 2017 making it into one of the largest festivals in Ontario. Fashion showcases, live theater & performances, craft vendors, food trucks and of course many of our local artists and photographers are featured in the shops that line James Street.

The original James St. Armoury was built in 1862 as Britain forced Upper Canada to take responsibility for its own defense. It was destroyed by stray sparks from fireworks during Victoria Day celebrations on July 23, 1886. In its place is the armoury we see today, The Lt-Colonel John Weir Foote Armoury which was built in three stages. Two drill halls were built side by side along Robert Street,

The North Drill Hall was built in 1888 while the South Drill Hall, a slightly larger hall was built in 1908. The last and most significant part was the two-storey façade along James Street which makes the complex look like it was completed in one phrase.

Okay, let's travel down the street to LUINA Station a National Historic Site designated under the Heritage Railway Protection Act. Opening ceremonies took place for the James Street CN Railway Station on May 27, 1931 by then Governor General, the Earl of Bessbourogh.

In 1951 Queen Elizabeth visited Hamilton and alighted from a train at the James St. Railway Station. She was given a quick tour of James Street and the Gore District before departing to the official opening of the St. Lawrence Seaway. The James St. station was closed February 26, 1993 and sat largely unused for several years with exception of the taxis that would wait for their next dispatch in the parking lot. The producers of the movie 'The Long Kiss Goodnight' gave CN a \$1 million to fix up the old station so they could use it for filming. The publicity from this at the time attracted the attention of Labourer's International Union of North America (LIUNA) who bought the station and spent an additional \$3 Million for other needed repairs. This grand old train station now has a new lease on life as both a beautiful banquet facility and as a popular spot for weddings. LIUNA Station has been used as the back drop for many film and commercial shootings by Hamilton's movie industry.

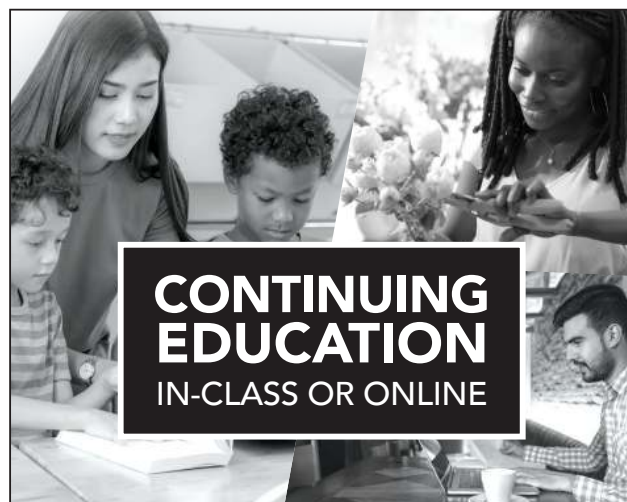
Immigration Square right next to it was upgraded in 2012-13 for around \$600,000.

Across the street is the West Harbor Go Station a relatively new station completed in July 2015 at an estimated cost of \$3 million.

The Port Authority located at James and Burlington was built in the 50's and according to Robyn Gilliam's article in a past North End Breezes article it was originally built with 5 floors. The sixth floor was added in the sixties.

The Bank of Nova Scotia had a branch located in the building before moving across the street.

As we wander down to the bay change is in the air as West Harbour project gets underway.



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The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 x.3004, by email at office@northendbreezes.com or on our website: www.northendbreezes.com

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The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION:

The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

Help us grow your Breezes.

We are looking for ideas, submissions, advertisers. Please email your thoughts to office@northendbreezes.com or call 905-523-6611 x.3004. Leave your contact name and number and we'll get back to you.

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda

SEPTEMBER EVENTS

September is Here! School's in, we have lots happening from Labour day to fall fairs and Supercrawl – something for everyone in our neighbourhood and our City. Here are some family friendly and neighbourhood events. Some are free and some have a fee.

Date	Time	Details	Address
SU 1	10–11:30	Hamilton Harbour Tour: A Fresh Perspective Free walking tour. Tips welcome. Contact Penny@tourguys.ca	Start @ Pier 8
	2 – 3	Historic Garden Tour	Dundurn Nat'l. Historic Site
	3 – 4:30	Downtown Hamilton Walking Tour Free walking tour. Tips welcome. Contact Penny@tourguys.ca	Start @ Hunter St. GO Station
MO 2		Labour Day	
	10:30	Labour Day Parade & Picnic route- Stuart, south on Bay to York, east on York to James, north on James to Strachan, west on Strachan to Harbour Front Drive and into Bay Front Park. http://hamiltonlabour.ca/doc.php?did=245	
	3 – 10	Labour Day Pier 8 Skate Jam Roller skating with live DJ	Waterfront Outdoor Rink
FR 6	11 – 8	Free Friday	Art Gallery of Hamilton
	Noon	Noon Hour Concert – Sam Loacker	Central Library
	5	Friday Night Art Tour, and continue to...	Central Library
	6	Guided Exhibition Tour	Art Gallery of Hamilton
SU 8		International Literacy Day	
	10 - 5	Hammer City Roller Derby – exhibition game	Waterfront Outdoor Rink
	11	Golden Horseshoe Live Steamer Days Catch a ride on a miniature train & tour waterworks	Museum of Steam & Technology 900 Woodward
MO 9	2	Ontario's Special Investigation Unit; The Myths SIU Staff present the mandate and process of the SIU.	Central Library
FR 13	Noon	Noon Hour Concert – Swingtet	Central Library
FR 13 – SU 15		Supercrawl: Music, fashion, food and fun www.supercrawl.ca	James St. N.
FR 13 SA 14 SU15 SU 15	5 – 11 10 – 11 10 - 6 10 - 4	Binbrook Fall Fair Admission \$8, 12 & under Free http://www.binbrookfair.org/ 11 th Annual Telling Tales Festival Over 50 of your favourite children's authors, illustrators and more. Parking @ Rockton Fair Grounds. www.tellingtales.org	2600 Hamilton Regional Rd. 56 Westfield Heritage Village
TH 19	6:30	Talk Like a Pirate Day Search for treasure; stories, songs and crafts	Bookmobile @ Bennetto stop
TH 19 20 & 21 22	5 – 10 9 – 10 10 - 6	169 th Annual Ancaster Fall Fair Food, animals, music and even jousting on the Sunday. Admission \$13; kids K – 8 \$5	630 Trinity Rd. S., Jerseyville
FR 20	Noon	Noon Hour Concert – Dave Gould	Central Library
SA 21	1 – 3	Telling Tales for Teens Celebrating Graphic Novels	Central Library

Date	Time	Details	Address
SU 22	11 - 4	Telling Tales – Nature Tales (register up for this at Eventbrite.com - free)	Royal Botanical Gardens, Plains Road
MO 23- 26 FR 27 SA 28	9 – 8:30 9 – 5:30 9 – 4:30	Hamilton Public Library Annual Book Sale Fiction, non-fiction, kids' books and more from \$1 - \$5. Bring bags, a box or a wagon and load up.	Central Library
Th 26	7	Join Writer-in-Residence, Nilofar Shidmehr at a welcome reception. Arrange for one-on-one feedback for your stories	Central Library
FR 27	Noon	Noon Hour Concert – Sound Art by Dave Gould	Central Library
SA 28	9 – 4:30	Apple Festival Pancake Breakfast, games, pumpkin decorating & more	Battlefield Park 77 King W. Stoney Creek
Su 29	11	Tesla Electric Festival Celebrate the achievements of Nicola Tesla with demonstrations, music and a ride an miniature steam train.	Museum of Steam & Technology 900 Woodward
	2	Culture Days – Author Event Becky Blake (Proof I Was Here) & Derek Mascarenhas (Coconut Dreams) talk with Lisa Pijuan-Nomura	Central Library
MO 30	2	Special Investigation Unit: How it Operates How a probe proceeds from start to end.	Central Library

Ongoing In the Neighbourhood			
TU	Noon	Seniors Diners Club A hot lunch followed by entertainment. Suggested donation \$4:50	Welcome Inn 40 Wood Street
WE, FR & SA	7 PM	Roller Skating	Waterfront Outdoor Rink
WE	11-12 5:30-7 7 – 8:30	Open Gym: Parent & Tot 6 – 12 yrs 13 – 17 yrs	Bennetto Community Centre
FR SA	5:30 – 7:30 1 - 3	Open Gym: Family	Bennetto Community Centre

Fall Storytimes @ Central Library (Sept. 23 – Nov. 25)	
Baby Time (Birth – 2 yrs)	WE 10:30
Toddler (2–3yrs)	TU 10:30
Family (birth – 5 yrs)	TH,FR,SA 10:30

Have a neighbourhood event to list?
Send to events@northendbreezes.com by the 12th of the previous month.

Free Movies @ Central Library (September 3-18, 28)	
Family Movies	SA 3PM (Sept. 7,14&28)
Adult	TU 6PM (Sept. 3,10,17) WE 1PM (Sept. 4,18) 6PM (Sept.18) FR 1PM (Sept. 6)
NFB	WE NOON (Sept. 11)
Good Morning	TH 10AM (Sept. 5)
Chinese Film Festival (English subtitles)	
SU 8 – 1PM	Legend of Dragon Master PG Dragon 14A
SU 15	House of Flying Daggers PG Kung Fu Hustle 14A

YESTERYEAR IN THE NORTH END

SUBMITTED BY JOHN NAGY

In the years. 1917’s–1930’s life in the North End was markedly different from the present era.

For Instance:

- Horses were being replaced by automobiles
- Very few homes had a car or telephone
- Parks were well utilized
- Schools changed considerably
- Child labour was common
- Horses were invaluable
-

Prior to the turn of the 19th century horses were the means of transportation and for various responsible duties. Numerous services depended on horses pulling wagons with the drivers making deliveries such as milk, bread, vegetables on a regular basis. (The birth of shopping malls and automobiles replaced the need for home delivery of edibles.) Coal to heat the house was also delivered by horse and wagon. The garbage men arrived with a team of horses and a huge open wagon to pick up the garbage. Horses also pulled a big saw to cut the ice on the bay which was delivered to Mahoney’s Ice House on the corner of Brock and John streets for use in the ice box (pre refrigerator days.) As kids we often rented a horse for riding for ,25 cents per hour to ride around Eastwood

Park. We also visited the Blacksmith’s shop to watch the Blacksmith nailing the shoes onto the hoof of the horse. At the corner of Burlington and Ferguson Ave there was a huge fountain constructed to allow a horse and a person to drink together but on opposite sides of the fountain.

Pleasure in the water and parks

Horses were land transportation and the water of Hamilton Bay served both industry and pleasure. As kids we could rent a row boat for.25 cents per hour and row to LaSalle Park to use the beach and recreation facilities. During the latter part of June the Hamilton public schools used LaSalle for a sports day. Students piled onto the Lady Hamilton boat for .10 cents to cross the bay to LaSalle.

Bert Pearson from Bennetto School was unbeatable at the 100 and 200 yard dash and also did well at the 1932 olympics in Los Angeles. The forerunner to the present Dominion Day was called the British Empire Games. Hamilton was the 1st venue for the BEG. The High Diving for the games was held in the bay at the foot of Ferguson Ave..(pre pollution days.) The Leander Boat Club was also well represented in the sculls and Bobby Pearce, an Australian, who remained in Canada following the games, won the sculling singles championship. Every Saturday afternoon there was speed boat racing on the bay. Seemingly, pleasure motor boats and sail boats appear to be more popular now.

CONTINUED ON PAGE 11

Preparing Today for the Jobs of Tomorrow: 2019 Annual Summit

Each year, the Our Future Hamilton annual summit examines current issues that our community has prioritized and shares our collective progress in moving the vision forward. This year's summit will focus on our community priority of Economic Prosperity and Growth. Hamiltonians have told us they want a city that is built upon a strong local economy, supports farming and agriculture, creates better employment opportunities, and advances skill development.

At the 2019 Our Future Hamilton Annual Summit, participants and speakers will explore key trends that could impact the future of Canada's labour market over the next 10-15 years and how these changes may affect future skill demands in Hamilton. Residents and stakeholders will also have an opportunity to discuss barriers to employment opportunities in Hamilton and share insights on how we can address them.

Hamilton's annual community engagement summit is one of the legacies of the Our Future Hamilton Community Vision. Nearly 55,000 residents and community partners contributed to the development of Hamilton's new Community Vision between 2015-2016. Established in 2016, the Our Future Hamilton Summit has now grown to become one of the largest public engagement summits in the country. Over 450 participants including residents, community partners, academia, policy makers and other stakeholders attend the free annual summit in November.

The 2019 Our Future Hamilton Summit will take place on Tuesday, November 5, 2019 from 8:30 a.m. – 12:30 p.m. at Liuna Station on 360 James Street North, Hamilton. It is free to attend, but registration is required. Spaces fill up fast. Registration opens online September 24, 2019 at www.hamilton.ca/ourfuturehamilton.

Cindy Mutch is the Senior Project Manager for Community Engagement at the City of Hamilton.



Presenting Sponsor:



Lemony Kale and Quinoa Salad

This brightly flavored kale and quinoa salad is a great way to work extra greens into your meal. Serve it cold like a salad or as a warm side dish.

Prep Time: 20 min | Cook Time: 20 min
Total Cost: \$4.97 recipe / \$1.24 serving
Servings: 4

Ingredients

- 1 Tbsp olive oil (\$0.16)
- 2 cloves garlic (\$0.16)
- 1/2 bunch Kale (\$0.49)
- 1 1/2 cups vegetable broth (\$0.23)
- 1 cup uncooked quinoa (\$2.09)
- 1 fresh lemon (\$0.69)
- 1/4 cup chopped walnuts (\$0.59)
- 1 oz crumbled feta (\$0.56)

Instructions

1. Rinse the quinoa well with cool water to remove the saponins, a natural coating that can taste bitter. Remove the stems of the kale leaves by running a sharp knife along both sides of each stem. Cut each leaf in half lengthwise, then across into 1/2 inch strips. Rinse the kale well in a colander.

2. Mince the garlic and add it to a large pot with the olive oil. Sauté over medium-low heat for one minute, or

until the garlic is slightly softened. Add the rinsed kale and sauté for 2-3 minutes more, or just until the kale has wilted and looks dark green and glossy.

3. Add the rinsed quinoa to the pot along with vegetable broth. Stir the contents of the pot, place a lid on top, and turn the heat up to medium-high. Let the pot come to a boil. As soon as it does, reduce the heat to low and let it simmer for 15 minutes. Make sure the pot is simmering the whole time.

4. After 15 minutes, check the quinoa to see if it is done. Each granule should look slightly transparent with a white outer rim. If there is still a considerable amount of broth left in the bottom of the pot, replace the lid and let simmer for a few minutes more. If there is a small amount of liquid, simply remove the lid and sauté for a couple of minutes, or until the excess liquid evaporates.

5. Zest half of the lemon. Chop the walnuts and crumble the feta.

6. Once the quinoa is cooked and any excess moisture has evaporated, remove the pot from the heat. Sprinkle the lemon zest over the kale and quinoa. Squeeze the juice from half of the lemon over the pot as well. Finally, sprinkle the chopped nuts and crumbled feta on top and serve.



VOLUNTEERS NEEDED!

Moving forward, The Breezes is looking at new ways to stay afloat! A solid base of volunteers to deliver to our residents in certain areas, contacts to deliver door to door in apartments and a wider network of drop stations and maybe we'll narrow down our distribution area. It's all in the works

and depends on you. Do you walk around your neighbourhood? Pick up your kids at school or walk your dog? If you want to meet your neighbours and learn about your community, we need you! Please email office@northendbreezes.com



2019 ANNUAL SUMMIT

*Preparing Today for the
Jobs of Tomorrow*



**FREE EVENT.
SAVE THE DATE!**

Registration opens
September 24, 2019

LIUNA STATION

360 JAMES STREET NORTH, HAMILTON

TUESDAY

NOVEMBER 5, 2019

8:30 AM - 12:30 PM

2019 Presenting Sponsor:




For more information, contact: Cindy Mutch at 905-546-2424 ext.4992 or cindy.mutch@hamilton.ca



CRUISIN' ON PIER 4: VETERAN CAR NIGHT

SUBMITTED BY ROBYN GILLAM

Apart from Canada Geese, Pier 4 Park has other points of interest, including shiny old cars parked under the trees. They are early arrivals for Cruise Night.

Such gatherings of veteran car enthusiasts are found all over North America, but the local version was brought to Pier 4 by organizer John Booth in 1995 and has been there ever since.

Every Wednesday between May and October, weather permitting, owners bring their cars or appreciate others. The cars are admired, swapped or purchased. A band plays, there is a draw and, at the end of the evening, the Cruiser of the Night is announced. The event is sponsored by the Shriners and local businesses, like Fisher's Pier 4 Pub. Proceeds go the various charities supporting children and youth.

Each night has a different theme, based on the make, date or origin of a type of car. Although all veteran (over 25 year old) cars are welcome, the featured type takes pride of place in front of the stage. Sometimes participants dress up and role play based on the type of car. For example, organizer John Booth appears in his Seventies police cruiser as the sheriff on the Andy Griffith Show. Cruise Night is as much a celebration of modern popular culture as it is about cars. The bands play music that evokes the times of different cars, just as their designs suggest different modern styles and fashions.

The cars are central for their owners, who come to show them off as well as socialize with other enthusiasts, some for over 20 years. A few search for period parts to restore them. However, old engines and accessories are not only ineffi-

cient and out of date, but highly polluting. Authentic old tyres are downright dangerous, which is why an otherwise correct 1931 Model A Ford has radials. Most veteran cars are not for everyday use and do not do well in rain and snow. That's why Cruise Night is weather permitting.

The cars reveal much about changes in fashion and design as well as their past and present owners. During the Fifties, old cars from the Thirties and Forties were turned into hotrods and present owners often recreate this phase of use rather than original condition. The original seats in 1930 Ford, turned hotrod noted, are now too small for most people. A 1951 Ford, found derelict by the road, was lovingly restored by its owner, originally a North Ender who got his start in autobody repair at Rebecca and Mary Streets. Like most other Cruisers, he lamented how unimaginative car design has become and that all makes look the same. If only today's automotive advances could be combined with the elegant designs of yesteryear, we'd have a perfect car.

What is the future of the car? The last word goes to Don of Caledonia, a regular for the last 7 years. He thought there might not be cars in 150 years but there would still be some form of mechanized, autonomous transportation. Why? Because too many people live in extended, "sprawled" communities, not designed for or served by mass transit. Until that changes, cars, or something like them will always be needed.

The author would like to thank John Booth and the Cruisers who shared their enthusiasm.



WALKABOUT COMMUNITY

SUBMITTED BY KEN HIRTER

"ROLL OUT THOSE LAZY, HAZY, CRAZY DAYS OF SUMMER, THOSE DAYS OF SODAS, PRETZELS & BEER" {Nat King Cole recorded in 1964}



It was that time of year once again as the lawn chairs pulled up and the picnic tables became full with chatter & good cheer. The green, green grass of the grounds of the Macassa Bay Yacht Club once again played host to this year's "NORTH END REUNION PICNIC" which was held on July 13th 2019. Old & new friends gathered, reminisced, reunited and played catch up fondly remembering frockling, living, playing & swimming in the Bay back in its hey day....

This year's winner of the "NORTH ENDER OF THE YEAR" for 2019 was bestowed to Mr. George PAVLOV by the gracious Mr. Edward Stewart. (insert photo of George with Award)

Mr. Pavlov was born in 1941 and is a longtime North Ender residing in the same home residence on Wood Street since 1942 with his family. For those who know George, they will attest that he is "Simply the Best" for keeping those cherished memories of the "Vintage North End of Hamilton & Hamilton" alive. His contributions and photo submissions have graced the pages of the North End Breezes for many, many years and touch on the history of the North End and the people of the North End. His love and passion of photography dates back over 50 years now; a love for

those cherished days of yesteryear are brought back to life once again through his photographs. A definite "blast from the past"! Please check out more of George's photographs @ Hamiltonoldphotosnorthend

I asked Mr. Pavlov to share his most cherished memories of the North End Reunion picnics. He fondly remembers the 1990's and the Old Club La-Salle Day's. George was delighted to have his old neighborhood friends Ray and Mary Ranalli visiting from Kentucky to share his special day. Talk about a sentimental journey back to those good ole days. Congratulations Mr. Pavlov on being named North Ender of the Year for 2019.

As I sat back having a cold drink with my friend Brenda Duke, we watched old friends having a great time and bringing back fond memories. It was reminiscent of the days when neighbors gathered for a barbecue outside in the backyard on a sunny Saturday summer afternoon to simply enjoy the company of friends. This year's turnout saw over 120 people from the ages of 2 to almost 102. Mr. John Nagy, who is credited with starting the reunion many years ago, may be one of the North Enders oldest residents. Still fit, robust & vibrant Mr. John Nagy, looking 70, let us know that "he's only 101 years old".

From the door prizes to the food, drinks and company it was a wonderful afternoon spent by the DOCK OF THE BAY at this year's NORTH END REUNION PICNIC for 2019. We look forward to continuing this tradition at next year's reunion.



FOUR LEGGED FRIENDS IN THE NORTH END

SUBMITTED BY ROSE DIVECHA

Well, we did it. After mourning the loss of our 14 year old dog Bailey for over a year, we've gone out and got another dog; a black lab pup with soulful eyes, boundless energy and the nipping power of a small piranha. We talked to a lot of pet owners in that time, quite often stopping them on the street as they walked their dog to enquire after the type of breed. We continue to meet people on our walks, stopping every few meters so our puppy can receive praise and affection by passers-by. After all, who can resist a puppy? I know I can't.



One dog in particular got my husband's attention and although I have never met her, I'm happy to profile her here. Lucy is a two year old Bernese Mountain dog with, as her owner Mary puts it, a dash of Border Collie and a lot of sass! She loves crunchy carrots and leaning against everyone she meets in a show of friendliness. Mary summed it up well by saying, "She's the brightest part of the day for so many in our neighbourhood and we're lucky to have her as a member of our family."

Our second dog of the month is Cody. You may have seen Cody sitting on a bench with his owner Peggyanne. He loved to alternate his daily walks between Pier 4 and Pier 8, always remembering which he had visited the day before and pulling the lead in the opposite direction. Cody had a particularly favorite bench outside of William's Cafe. He visited it for the last time the morning of his passing and as Peggyanne writes, "The gift of love he gave me will live within me forever."



Have a dog you would like profiled in The Breezes?

Email Rose at office@northendbreezes.com with "Best Dog" in the subject line.

YES, YOU CAN OUTMANEUVER THE SQUIRRELS!!

SUBMITTED BY CANDY VENNING



Fall is the ideal time to divide up oversized perennials, reorganize and while you're at it, plant bulbs.

These miraculous little nuggets of spring joy are so numerous in variety and, in my opinion, extremely underused. Remember, what may seem gaudy at the end of a bright colourful summer will be balm to your snow blasted eyeballs come spring. Trust me, plant with groupings of colour or use alllll the varieties you can find, spring bulbs cannot clash.

Sure, sure, you say, but 'WHAT ABOUT THE SQUIRRELS???'

Yes, the squirrels have more time than you do and a much keener sense of smell but we are (usually) smarter so I recommend...

1. Plant lots; More is more, I believe the very best way to stump a squirrel is to plant a few hundred bulbs rather than 10 or 15 (if squirrels eat 5 out of 10 tulips it will be annoying, if they eat 5 out of 50 or 100 it will not be noticed) OR – consider Not planting any tulips at all.
2. Go deep or stay home – following the instructions on the packaging is nice but not accurate as the bulbs are packaged in Holland which has a milder climate and apparently milder squirrels. I know we all cheat a little just to get the job over with, and just who takes a measuring stick out into the garden anyway? Squirrels will only dig in loose soil and not very deep so dig deeper & try using a shovel not just a trowel. (especially important if the soil is dry and or hard packed)
3. Get sneaky & cover your tracks; leaving a trail of papery bulb casings is a map to your buried treasure, combine it with freshly turned soil & it's a flashing scent siren to furry fiends. Watering afterwards really helps to dilute scent signals. Tromping the wet soil down with your Wellies gets rid of air pockets & prevents frost from heaving bulbs up to the surface.
4. Alternate bulbs; Fritillarias, Alliums, Camassias, Daffodils, Muscari and Eranthis are less appetizing and wonderful bulb choices if you can't bear the thought of tulips 'disappearing'. Choosing more unusual bulbs also gives a much longer sequence of bloom times; about 2 months in my own little test garden.
5. Blood, Bone & Hen – it's fertilizer, not voodoo – a good idea for the health of your soil overall, also rumoured to be somewhat effective at 'cloaking' your bulbs. Acti-sol is my favourite organic manure but there are plenty of other options. Leaf mulch is also great for adding nutrients to the soil, as well as an insulating blanket.

The biggest problem with planting bulbs is the time of year. Generally we're feeling done with the garden and ready to curl up with a good book in front of a fire, carve pumpkins, drink spiced cider; anything but planting something that is completely invisible – BUT – your delayed gratification is repaid with compound interest come spring when each fresh bloom delights us with the confirmation that life will again, come to the garden.

Candy Venning is a local landscape designer, community tree advocate and squirrel psychologist

MATTHEW GREEN

NDP • HAMILTON CENTRE





 matthew.green@ndp.ca

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Are You Pregnant?

Join a weekly **free** prenatal nutrition group that's close to where you live!



North Hamilton Community Health Centre
438 Hughson Street North
(between Macauley Street and Picton Street)
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Bus Route: 02 or 04

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 **www.hamilton.ca/PrenatalGroups**

 **/HealthyFamiliesHamilton**


Hamilton Public Health Services


NorthHamilton Community Health Centre

Funding provided in part by the Public Health Agency of Canada

GOOD FOOD BOX

Pick up your box at Welcome Inn, or Eva Rothwell Resource Centre! Place your order by the second Wednesday of every month, and pick up on the 3rd Wednesday from 2-5!

High quality, fresh produce at a fair price!

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\$10 for a small box (\$15 value)

Order at NHCHC or Eva Rothwell.
Call for info: 905-523-6611 ext 3007

The Eva Rothwell Resource Centre
at Robert Land





Hamilton Food Literacy Network

October is

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 Connect with people who are passionate about food

 Attend free or low-cost Food Literacy Month activities

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McMaster Children's Hospital
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September 25 – November 13, 2019 – 6-8p.m. at the Family Church of Heritage Green, 360 Isaac Brock Drive, Stoney Creek, ON.

COPEing with Toddler Behaviour - For moms and dads of children 12-36 months. Participants will learn approaches to enhance the parent-child relationship & improve child behavior. Begins Saturday October 19 – December 7, 2019 - 9:30-11:30 a.m. at St. David School, EarlyON Child & Family Centre, 33 Cromwell Crescent, Hamilton, ON.

Right From The Start - For moms and dads of babies under 24 months. Participants will learn how to read babies cues and foster infant attachment security. Begins Thursday, October 3 – November 21, 2019 - 9:30 – 11:30 a.m. at the Queen Street EarlyON Child & Family Centre, 155 Queen Street North, Hamilton, ON.

Circle of Security Parenting Group - For moms and dads of children 1-6 years. Participants will learn strategies to enhance the parent - child relationship and improve child behavior. Begins Wednesday,

Snacks, prizes, transportation assistance & limited free childcare are available. Register on line at www.mchcommunityed.ca Click Register Now / Infant Parent Program. For more information, please contact me at ellisjul@hhsc.ca or 905-521-2100 ext. 77406.

YESTERYEAR IN THE NORTH END

CONTINUED FROM PAGE 6

Eastwood Park was utilized during the depression years for many activities. Unemployed men in groups of about 6 played cards, rummy, every day. When a cargo ship arrived at the foot of Wellington St. men hurriedly left the games to seek work to unload the boat. Crap games were held under the grandstand on Sundays, usually after church. To run the games and take a cut of the profits it was also necessary to sleep in the park overnight. The local alcoholics, many of whom lived in boat houses which lined the bayshore from Wellington St to Wentworth Ave, frequently met this claim. They would often give one of us kids \$1.00 to go to the bootlegger to buy a quart bottle of straight alcohol to be passed among the players.

Schools

There were two schools in the North End. Bennetto, named after Miss Bennetto the principal, on Catherine street between Picton and Macauley St and St Lawrence on the corner of John and Simcoe Streets, I recall a minor fire at Bennetto school circa 1928 and the fire reels arrived with a big ladder being pulled by a team of horses. The majority of teachers at Saint Lawrence were Catholic Nuns, Both schools have been demolished and replaced by newer schools. Not only are schools different but discipline and dress has changed. Grades were usually defined by the reader you were using, such as the .04 or .06 or the .09 cent reader. Recently, I attended an open house at Earl Kitchener School and they displayed a couple of these readers. Students were also very involved in sports. St Lawrence always seemed to have a good football team and Joe Krakauskas (Picton St) who was quarter back later switched to baseball and pitched for the Washington Senators in the NBL. Bennetto also had a hockey team and Adam Brown (Ferguson Ave) played forward and later played hockey for Detroit Red Wings. The 1st war as over in 1918 and in 1930 but we at Bennetto had rifle practise in the basement supervised by an ex soldier.

Students male and female were usually very neatly dressed.

The girls, without exception, always wore dresses or skirts and blouses and never wore long pants. Boys wore pants frequently with patches to cover worn areas. Lady teachers also wore dresses and men teachers always wore suits and ties. Discipline was markedly different as teachers were permitted to literally strap obstreperous students. Parents appeared to support teachers and if their child was strapped at school he was often further disciplined at home.

Child labour

A child upon reaching age 14 could legally leave school to work in a factory if s/he had a job offer. Many, many children left to work in the Mary St or James St cotton mill where the starting salary was .18 cents per hour. My sisters quit at age 14 but I left school at age 15 to work 3 days per week, 10 hours per day at a cotton mill for a total of \$5.40, I handed my mother my pay and she always gave me the .40 cents for my allowance. When one of my friends received .35 cents per hour working at the American Can we thought he was fixed for life.

Your Bloomin' Street An Open Letter of Thanks

The North End is full of dedicated gardeners – always ready to share advice and plants.

While I know and appreciate many of you, there are a few exuberant gardeners that I would like to thank.

Going up and down James Street North between Burlington and the CN tracks you

cannot fail to notice the generosity of our neighbours. There are front gardens that open onto the street, gardens that leap the sidewalk and burst into bloom on the boulevards, colourful pots marching down steps to the sidewalk, even gardens bursting with vegetables and blooms. The colours and texture change throughout the spring, summer and fall. So thank you to our neighbours, gardeners with a generosity of spirit that enriches us all.

If you'd like to have your garden featured in an upcoming issue of The Breezes, email us at office@northendbreezes.com

OUR CORNER ◆ Bar & Grill ◆

Breakfast (8am - 12pm 7 days a week)
\$5.20 - 2 eggs, homefries, toast, bacon, ham or sausage

\$5.65 - 2 eggs, homefries, toast & peameal bacon

\$6.10 - Omelette (ham, onion, peppers, mushrooms & cheese)

12" Subs

\$4.25 - Veggie

\$5.25 - Assorted (Mild/Hot),

Salami (Mild/Hot), Pizza & Ham

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Homemade 7oz. Hamburgers

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NORTH END BREEZES FREE CLASSIFIED ADS

Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email office@northendbreezes.com

Send your upcoming events to events@northendbreezes.com to be included in our monthly calendar and on our website: www.northendbreezes.com

Community Garden, VON Hamilton – Show off your green thumb! Volunteers are required to assist with our garden on Tuesday and/or Thursday mornings for a couple of hours. Interested gardening enthusiasts can contact Janis at 905-529-0700 x2251 or voncsshamilton@von.ca.

Hamilton – Let's Do Lunch! VON Hamilton is in need of volunteers to help deliver hot and frozen meals over the lunch hour. Driver and server spots are available for our downtown routes. Call 905-529-0700 or email voncsshamilton@von.ca to find out more.

Children's Birthday Parties: Make your child's birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen Magic, balloons, paintable tattoos for only \$75.00 per hour North End Neighbours – special rate of \$65.00 per hour Earl Ross – 289-439-0166

Downtown Delivery Driver: Looking for a MATURE adult to do deliveries in the City of Hamilton's lower city. Trips / tips / extras you keep. You should have a float of at least \$75 to make change for customers as a float will be provided to you to purchase items. If you are interested, please call 905-921-9339 and ask for Pearl.

Personal Support Worker wanted part-time alternate Saturday mornings from 9:30 AM to 1 PM. Job includes personal care, meal preparation and using a mechanical lift. \$17.50 per hour. Also looking for someone to help with supper meal once or twice a week for 1 to 1 1/2 hours. You do not need to be a personal support worker for this supper hour. \$17.50 per hour. Please send resume to lstoeten17@gmail.com or call 905-528-6159 after 10 AM. Located near the Bayfront Park on a bus route.

Be a driving force in your community! Drivers are needed to provide transportation for seniors to get to medical appointments. Flexible schedule and mileage reimbursement. Please call 905-529-0700 or email voncsshamilton@von.ca

Hospice Volunteer Visiting– VON Hamilton is looking for caring, sensitive volunteers to visit and support people with a life-threatening illness through the end of life journey. Visits are a couple of hours per week. To join our compassionate team of volunteers call 905-529-0700 or email voncsshamilton@von.ca

Part-time Dispatcher; Looking for a mature adult to answer phone and dispatch orders to drivers, Weekends only to start Saturday evenings and Sunday afternoon. Looking for some local here in the North End. As we are in walking distance. Training provided and after training you can work out of your own home. Please call 905-921-9339 ask for Pearl

Sewing & Dressmaking. Students and clients wanted. Lessons or alterations available. Ages 6 to 106! Expert in African apparel. Please call Hyacinth 289-308-6176

Minion Parties, Costume Parties. Various characters. For kids and adults. Call Sandra at 289-925-5990

TUTOR AVAILABLE: retired Elementary teacher available to tutor students in my home near Pier 8. I am also TESL certified to assist students with learning English. Please contact me at brockwm@gmail.com if you are interested or have any questions.

BOARD OF DIRECTORS

THE NORTH END BREEZES Board of Directors is currently seeking a new member to help provide strategic and operational direction. This position will be instrumental in moving us forward to build sustainability.

If you are interested in becoming a North End Breezes board member email office@northendbreezes.com with responses to the following questions:

- 1. Why are you interested in our organization?**
- 2. What relevant experience or employment history do you have for this position?**
- 3. What contributions do you think you could make to the organization / What is your area of expertise?**
- 4. What other volunteer commitments do you have?**



Good times and great food at Fisher’s Pier 4

At Fisher’s Pier we do it right: fresh food, friendly staff, and an atmosphere you’ll want to come back to. Our newly renovated bar and dining room makes for a great experience whether you want to come with the family or watch the game. Come see for yourself!



Even if you don’t own a boat, YOU can be a member.
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RHYC was established in 1888, Our club provides a year-round facility offering an exceptional waterfront experience. Social memberships are available to enjoy our beautiful pool, dining facilities, meeting rooms and patio.



For membership information or a visit please contact us at
(905) 528-8464 or email: sail@rhyc.ca

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DONATE NOW

YOUR COMMUNITY! YOUR SUPPORT! MAKE A DIFFERENCE! The Breezes is supported by your generosity! Hundreds of volunteer hours go into each publication but we need your help to cover those essential costs of printing and delivery. A tax receipt will be issued to the address noted. Please send your cheque to North Hamilton Community Health Centre at 438 Hughson Street North or visit our website www.northendbreezes.com to make a donation through paypal. We can also accept e-transfers at office@morthendbreezes.com.

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30 Year Member **RAHB**