





We are here to help you!

Andrea Horwath
MPP Hamilton Centre

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JULY 2018 | VOLUME 7 | OFFICE@NORTHENDBREEZES.COM | WWW.NORTHENDBREEZES.COM |  @NORTHENDBREEZES |  [FACEBOOK.COM/NORTHENDBREEZES](https://www.facebook.com/NORTHENDBREEZES)

Pier 10 Grain Storage Units: Memorable Structures in the North End

SUBMITTED BY ROBYN GILLAM



In late March of 2011, as Prairie-based grain handling company Parrish and Heimbecker was building its new shipping terminal, two remarkable structures appeared that changed the port skyline.

They were large, hemispherical and pink.

They were, in fact, Monolithic Domes, miracles of construction made of an inflated hemispherical cloth reinforced and made permanent with rebar and sprayed concrete. Both simple and efficient to construct, as well as environmentally friendly, the domes provide space for 30,000 tonnes of grain storage each (enough to fill one “laker” or lake-going cargo ship) and, unlike conventional grain elevators, can handle a variety of wet and dry grain types.

However, the economic importance of the grain termi-

nal and marvels of engineering are not top of mind for most observers. The storage tanks are often referred to in the neighbourhood as “the breasts of Hamilton,” or “the Dolly Partons.” On Pier 8, which provides the best view of the tanks, I saw a group of young men laughing so hard, they practically fell over. Other visitors to Pier 8, when asked to comment, typically stare at them for a few seconds, chuckle and mutter about “boobs.” The tanks often appear in the works of artists painting the port industrial lands.

The ulterior significance of these storage domes is pretty obvious on an afternoon in the taproom of the Collective Arts Brewery, located right next to the P&H grain terminal. To the barman, they are “the big boobs.” One customer notes that “the boobs” can be

seen all the way from the York Bridge; another, who lives close by, described how seeing them in the distance was a comforting sign she was close to home. Only one employee, when asked what he thought about the domes, said, nothing because they were just structures.

Clearly, the creators of the Monolithic Dome design were not thinking about parts of the human body when they created these extremely practical, environmentally sound structures. Officially, they are coloured “beige” and are not necessarily constructed in pairs. However, the shape and colour of the domes, and the fact there are two of them, to many suggest the female body parts mentioned by our informants. While they may have amusing associations with sexuality, they can also be comforting, maternal symbols, that can serve as a landmark to guide you home.

As “the breasts of Hamilton,” the Pier 10 grain storage domes have become part of local lore in a few short years. They are a good example of how people create meaning from the landscape and structures around them in a way that transforms the place they live into a home. The North End is an old neighbourhood with many important landmarks. We would like to record the stories that people tell about them. What is your favourite North End landmark and what does it mean to you? Send us your ideas about them so we continue this series in the Fall.

The author would like to thank Larissa Fenn of the Hamilton Port Authority for her help in researching the grain terminal.

LOCKE STREET TODAY



JAMES STREET NORTH TOMORROW?

FOUR OR MORE MULTI-STORY BUILDINGS ON JAMES STREET NORTH ARE IN THE CITY PLANNING APPROVALS PROCESS.

ARE YOU INTERESTED?

Each of these buildings can impact the neighbourhood, traffic, parking and certainly will impact adjacent houses. A quick drive to Locke Street will show you what the result might look like. If you care about how our “Main Street” is developed, please join us. We will do our best to keep you informed.

Join the “Setting Sail Team” by telephone or email today



Harbour West Neighbours (HWN) is a neighbourhood advocacy group of North End volunteer residents working to ensure that the principles of Setting Sail and the North End Traffic Management Plan are implemented.

Its easy to join us and its free.:

Phone 905-769-0809

email: members@harbourwestneighbours.ca

Web: www.harbourwestneighbours.ca/join



David Christopherson, MP
Hamilton Centre



My office is always happy to provide assistance with Federal Programs and Services.

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Hamilton ON L8N 2V9
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Tel: 905-526-0770
hamilton@davidchristopherson.ca

STAY CONNECTED WITH THE NORTH END BREEZES

Have some North End news of your own to share?



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[@NORTHENDBREEZES](https://twitter.com/northendbreezes)

PROMOTING THE BREEZES

As with any not-for-profit, The Breezes needs support to continue. We are hosting fund raising events to bring awareness and sustainability to your community newspaper.

Our second annual Rain Barrel Sale held in May was a huge success. Our thanks go to Ian MacDonald, Board Treasurer, and his crew for organizing the event. Stay tuned for our Third Annual next Spring.

The North End Calendar is well under way. We will feature historic pictures of the North End and offer ad space for each month. We'll be offering these for sale at local business and city run events like Super Crawl. Know someone who loves the North End? Maybe they moved away and would like a memory of our great area? But time and space is running out. Contact Brenda Duke at office@northendbreezes.com for details.

I ♥ THE NORTH END. Don't we all! Order your t-shirt by contacting office@northendbreezes.com, check with Chris Pearson when you see him out and about in the neighbourhood or visit one of our fabulous businesses, Grandad's, Our Corner, or Fisher's and pick one up. They make great gifts for friends and family too!



Candidate for Mayor, Phil Ryerson, grew up in the North End. Mr. Ryerson is an activist and he wants you to hear his views on how he can work to make Hamilton better. During the past twelve years as an activist, Mr. Ryerson has become aware of Police corruption. Seventeen officers have been charged and suspended with pay. He hopes that as Mayor and sitting as Police Commissioner he can make positive changes. Mr. Ryerson stands on his own with no Corporations backing him so he will have no “favours” to repay if elected. His focus: Let’s make Hamilton a safer place and a better place for us all.

- Mr. Ryerson opposes the LRT. “It is never going to be worth 5 billion dollars. I’d like to spread that money all over the city: turn our roads into cement that will last 35 years and benefit us in the long run.
- Take away the bike lanes downtown. “At least a couple of people have been hit using the bike lanes at King and James Streets just in 2018.
- Our Mountain access should be water pipe heated. “This will save us money and help people access the Hospitals.”
- We need more Urgent Care Centres. “I see urgent care centres with 100 beds being added to Ward 15 and between Mount Hope and Caledonia with shared expense from Haldimand Region.
- Better transit access. “I’d like to have public transit going North/South on Ferguson , Wentworth and Sherman. This would benefit employees travelling to Stelco and Dofasco who don’t have vehicles and also help residents from Stoney Creek to travel North/South.
- You can contact Phil at speakerphilryerson@gmail.com

HARM REDUCTION SITES FOR HAMILTON

SUBMITTED BY NICOLE SMITH

“Hamilton has been known for some time to be the “epicenter for the opioid crisis in Southern Ontario”, says Ken Durkacz .

In October 2016, the City surveyed Hamiltonians to find out if there was public support for harm reduction sites (HRS, aka “safe/supervised injection sites” or “overdose prevention sites”). Over 84% of residents were supportive of HRS, so the City embarked in early 2017 on a detailed needs assessment and feasibility study. The recommendations included:

1. “Hamilton should implement one integrated supervised injection site located in the area flanked by Queen Street (west), Barton Street (north), Ferguson Ave (east) and Main Street (south);

2. “Additional integrated sites should be considered based on implementation of the first site, monitoring for need, and the interest and willingness of service providers and users to have additional locations.

a. Potential areas to monitor include the East End and Mountain”; and

3. “Geographic areas outside of Hamilton’s downtown core could be serviced with a mobile supervised injection site.”

The study and recommendations were approved by Council in December 2017. By February 2018, the AIDS Network was ready to move forward with Hamilton’s first permanent HRS at its downtown location of 140 King Street East, at Catharine Street South. It proposed at the same location “a smaller temporary overdose prevention site as a stopgap that would allow supervised injection until the permanent location was approved and operating.”

Then trouble struck. The landlords for the AIDS Network and Wesley Urban Ministries both refused to host the site. The proposal for a mobile SIS trailer had already run into zoning, bylaw, and permit issues, and its feasibility thus became questionable, though people continue to die of opioid overdoses in frightening numbers.

Happily, the Urban Core Community Health Centre agreed to host the site and received ministry approval. Staff have been trained at this time of writing and stand ready to begin June 5, 2018.

That said, this Harm Reduction Site is only the beginning, and a temporary one, since the Urban Core is projected to be in a new home within the next couple of years. So a permanent site is needed for the area. Since it doesn’t look like the mobile site will be feasible, an HRS will need to be established in other parts of the city.

It was interesting to see how as part of their McMaster Leadership Training, Brenda Duke, Autumn Getty, and Renee Bisson chose Harm Reduction Sites as their mock community engagement project. They prepared community engagement brochures, a slideshow, and other information, applying it to the Gibson neighbourhood as an example and providing the necessary background for understanding the benefits of HRS for all areas in Hamilton. If such materials were used in a context of open dialogue in advance of other sites being established in Hamilton, there could

CONTINUED ON PAGE 7



HAVE YOU HEARD THE BUZZ?

Hamilton Port Authority has partnered with urban beekeeping company Humble Bee, providing space to install 12 hive boxes at a new bee yard adjacent to Sherman Inlet on the port’s Pier 15.

The Sherman Inlet bee yard will be used as a breeding location for queen bees. The waterfront location and the distance from other beekeeping activity allows for a more isolated breeding ground with greater control and quicker results.

The new bee yard is a compliment to the Port Authority’s first pollinator garden, also located at Pier 15. Planted last year in partnership with the Pollinator Paradise Project, the garden is part of HPA’s goal to create a corridor of native plantings that provide food and shelter for pollinators like butterflies and bees as they travel across the port lands.

The port lands are uniquely suited to contribute to a pollinator corridor in north Hamilton, because of the ability to create native planting nodes across the port’s 630 acres.

Don’t bee afraid!

It is important to remember that honeybees are non-aggressive due to the fact that they can only sting once and only sting when they feel that their own life or their colony is threatened.

The hives are located well within the port’s secure perimeter, so once the hives are installed the bees will be more or less invisible.

ALZHEIMER’S AND SMILING

SUBMITTED BY MICHELLE FERRARA

Knowing that the day is coming when your loved one -- won’t know you-- is the most horrific feeling of them all for an Alzheimer’s caregiver. Have you heard the term “living Alzheimer’s from the front row”. This term describes caregivers that watch Alzheimer’s take its course 24 hours a day, 7 days a week.

You can convey a powerful message with a smile. And, you don’t need to say a single word to get the message across.

The smile can have a cumulative positive effect if you give of it generously and often. I’ll start with a simple question, how many times each day do you consciously, and actively, try and elicit a smile from the person you know that is deeply forgetful? How many times, How often? A good way to get a smile, is to sit at eye level with the person, hold one or both hands. Don’t say a word, smile. Be patient, see what happens. Do it often and see if the entire dynamic of behavior changes over time. Keep smiling, keep touching, and don’t say a word.

The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 ext 3004, by email at office@northendbreezes.com or on our website:

www.northendbreezes.com

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The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION: The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

Help us grow your Breezes.

We are looking for ideas, submissions, advertisers. Please email your thoughts to office@northendbreezes.com or call 905-523-6611 x.3004. Leave your contact name and number and we’ll get back to you.

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let’s get together! I’d love to hear your ideas. Email or call and let me know. Thanks, Brenda

ARTS & ENTERTAINMENT

SUBMITTED BY TRACEE LEE-HOLLOWAY

Congratulations and kudos to Annette Paiement and to the Hamilton Arts Council for a very successful 2018 Hamilton Arts Week. Over 100 events took place in and around town during June 2-9th and for me, was the ultimate celebration of arts and culture here in town.

Can't wait to see what's in store for next year.

Have You heard about Music Mondays at City Hall?

Each Monday around noon by the new sign you can catch a band performing outdoors in the courtyard. Grab your lunch and take in some live music.

Sidewalk Sounds returns every third Friday to Concession Street. A chance to visit the brick and motar shops, check out the pop-up vendors and listen to some music while you stroll the length of Concession between Upper Wentworth and Upper Sherman. 5 musical acts usually perform from 6-9pm.

In Waterdown at the Kirkland/Lynch Studio Gallery, local Artist Sandee Ewasiuk is exhibiting her mixed media works in a show called, Paintings From Thailand. Located at 654 Spring Garden Road, just off Plains Road towards Burlington. Call 289.260.8246 for more information.

Every third Saturday from 11am-4pm of each month, #ShopLocal at 270 Sherman. At 'Shop the Cotton Factory' there are Artisans and makers featuring art, and all kinds of creative works that can be found within. Wander over. You will be glad you did.

For fans of local band Ray Lyell and the Storm, they are performing at the Brown Barrel, 1515 Upper Ottawa Street on Saturday July 27th one last gig before Ray moves out West. (show time yet to be confirmed).

The June Artcrawl was another wonderful event. Each month on the second Friday, the shops and galleries remain open til 11pm. There are buskers, pop-up vendors, makers and artists along James Street North and every once in awhile there will be music. It's an open air event that has a festival feel. Thousands of people are now attending. There is excitement, culture, friendly faces and more. If you have never been, put on your walking shoes and come downtown. It is by far one of my most favourite grass roots art events in the city.

Look for me. Friday July 13th. I will be there...

Whenever two people meet there are really six people present. There is each man as he sees himself, Each man as the other sees him- And each man as he really is. ~William James 1842-1910

Links to my last columns:

<https://goo.gl/0QCZ3h> | <http://northendbreezes.com/arts-and-entertainment/>

Visit me on Facebook! www.facebook.com/tracee.leeholloway

Find me in the Twitter-verse! <https://twitter.com/rockstarauthor>

Check out my blogs! followtracee.blogspot.ca/
thetroublewithtracee.blogspot.ca/



Tracee Lee-Holloway is an arts advocate and creative community builder here in Hamilton. A 2015 Hamilton's Arts nominee for Arts innovations. A fervent supporter of the grassroots arts & music scene, her main agenda is helping and supporting others build momentum to get to the next level.

WALKABOUT PROFILE: DAVE STEPHENS

SUBMITTED BY KEN HIRTER



This month's Walkabout Profile of People making a difference within the North End of Hamilton I sat and spoke with Dave Stephens a longtime resident. Dave has been involved with Community Involvement & Volunteering for almost 40 years now.

His most accomplished achievement is with the Jameville Action Plan Impleting & Creating team which brought forth the following:

- Sobi Bikes
- Breakfast Club at the North Hamilton Community Health Centre (NHCHC)
- Introduction of the 2 way bikelane with contro-flow namely with Cannon Street to serve as a Anti-poverty innitive providing Cost Efficient means of transportation with his vision being: HEALTHY, CLEAN NEIGHBORHOODS. (up next from bicycle lanes now onto the big guys the truck routes)

Dave's other community involvements include the following:

- Bike for Mike (building bikes for the Bennotto School)
- Open Streets special events where he is a city contractor with bicycle parking and security.

Dave is currently on the Active Safe Route to School Committee & Bike Parking working with different Schools within the North End and Hamilton.

Dave was also former North End Neighborhood Association president a position he held for a few years.

On May the 28th Dave was honored with the Volunteer of the Year with his commitment to Transportation & Road Safety. The award was presented by Mayor Fred Eisenberger alongside Councilor Jason Farr. With over 1000 people in attendance with his biggest cheerleader being his mum Diana.

Dave's motto in Life is:

"Why complain about it, just fix it" his Journey & Adventure and his personal quest continues being his innctives being that of safety and continued safety for ALL. In closing I call Dave A Rebel with a Good Cause and above the Definition of:

ad-vo-cate

1. a person who publicly supports a particular cause

Synonyms: Campaigner, fighter, crusader is Dave Stephens and many others like Dave would appear by the definition, who make a difference within our Community. Congratulations Dave on your Volunteer of the Year and continue to FIGHT THE GOOD FIGHT.

Till September take care of you and those around you. Have a wonderful safe Summer Everyone. Cheers

PREPARING YOUR CHILD FOR SCHOOL

Even if your little one has been to day care, there still may be some fear and trepidation about going into kindergarten. Talk to them about what they think it will be like. Reassure them that they will make friends and do well. There are things that you can do over the summer to help them be ready for the transition. Review the safe route to school. If it's a new school, walk it with them several times so that it becomes familiar. Practice lunch time. Have them take their lunch box out of their backpack and have a picnic with them. Talk about sharing and caring for others. What to do if they are being bullied. Read with them. The Hamilton Public Library has a list of 100 Books to Read Before Starting Kindergarten. Organized by theme, such as feelings, friendship, food and more the list can be found in the What's Happening Programme Guide available at the bookmobile or any library branch or on-line at kids.hpl.ca .

Get Ready for Kindergarten is a program of stories, songs, activities and crafts to help your child get excited about stating Kindergarten in September. (ages 3 – 5) Register at Central Library. Fridays August 3 – 24 @ 10:30 AM. Above all, show them that you are not worried and that you are excited for them to go to school and meet new people.



ST. LAWRENCE CHURCH

475 Mary Street, Hamilton, ON
Your Catholic Church in the North End
"Where Faith Builds Community"

Parish Pastor:
Fr. Heininger Paucar, OMI

PARISH OFFICE HOURS

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Monday to Friday

Email:
stlawrencehamilton
@hamiltondiocese.com

Contact us at (905) 529-3921

Use this number to contact a priest, book a home visit for the sick, inquire about sacraments, request hall rental info and much, much more!

Call (905) 522-9828 to arrange an appointment.

JOIN US FOR SUNDAY MASS:

Eucharistic Adoration each Saturday at 6:30 pm

Confessions: During the adoration time or before masses

SATURDAY 7:00pm

SUNDAY MASS 10:30 am
(English Mass)

5:00 pm Filipino Mass
(1 and 3 Sunday of each month)

WEEKDAY MASS

Tuesday 8:00am
Wednesday 8:00am
Thursday 8:00am
Friday 8:00am

PARISH HALL FOR RENT St. Lawrence Church (Corner of Mary & Picton Sts.)

Need a place to host a Holiday Party, Family Birthday, Shower, Reception, Anniversary or Special Event.

For more info, to obtain a copy of the Hall Rental Agreement or to check availability, please call

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HER MAJESTY'S ARMY & NAVY

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Bring your dancing shoes!
Our music will light you up!

EVEN MORE ENTERTAINMENT IN JULY

Jul 5, 2018	*City Kidz
Jul 7, 2018	*Karaoke w/George (2-6pm)
Jul 12, 2018	*Tim Hiebert
Jul 14, 2018	*Tim Hiebert (6-10pm)
Jul 19, 2018	*Lionel
Jul 21, 2018	*Karaoke w/George (2-6pm)
Jul 26, 2018	*Big John & The Night Trippers
Jul 28, 2018	*Big John & The Night Trippers (6-10pm)

**** Watch for upcoming entertainment in August ****

WE HAVE LOTS TO OFFER!

The best bar tenders.

Great members and friends you have not met yet
Join us for euchre every Tuesday 1:00 – 3:00pm.
Darts ~ open house on Saturdays. 6 boards available

WE ARE CLOSED SUNDAYS, BUT IT IS NEGOTIABLE
Call 905-527-1000

Dear Friends,

I would like to express my heartfelt thanks to the voters of Hamilton Centre for re-electing me as their Member of Provincial Parliament. It is an honour to represent this great city and I am deeply humbled that you have placed your faith in me to be your voice at Queen's Park.



With the election of a new government in Ontario, I look forward to once again serving you as your MPP and in my new role as leader of the Official Opposition. I will continue to raise important issues on your behalf and work tirelessly to provide meaningful solutions to the challenges we face. Whether it's protecting our healthcare system or advocating for affordable housing, you can count on me to be a strong voice for our community.

Should you need assistance with any provincial related issues, my office is available to help. Please contact us with your questions, concerns and ideas. I hope you enjoy the summer and I look forward to connecting with you at local community events and festivals. Thank you.

Sincerely,
Andrea Horwath, MPP, Hamilton Centre



HUGHSON STREET BAPTIST CHURCH

383 Hughson St N, Hamilton

CONTACT INFO:

905.527.3972

office@hughson.ca

www.hughson.ca

OFFICE HOURS: Mon to Friday 9AM - 4PM

SUNDAY MORNING SERVICE BENNETTO SCHOOL 10:00AM

47 Simcoe St E, Hamilton, ON

Hughson Street Baptist Church has been a part of the North End since 1887. Each Sunday we gather for a lively time of worship with music, and relevant teaching from the Bible. There is a program for children who are babies right through Grade 8. During the week we have several Youth centered programs and our Coffee's On drop-in on Friday mornings. Give us a call, or check the website for details: www.hughson.ca



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JULY-AUG 2018

Please enjoy your
FREE FAMILY SWIM every Wednesday and Friday,
6 to 7pm
July 2 – September 2

PICK UP A SUMMER PROGRAM THAT STARTS THE WEEK OF JULY 2, 2018

WE WILL BE CLOSED ON: JULY 1
AUGUST 6
AUGUST 20 TO AUGUST 26 FOR MAINTENANCE
SEPTEMBER 3

Check out our gym programs for Summer!

Wednesdays	FREE Open Gym (Family) Open Gym (6-12yrs)	5:30-6:30PM 6:30-8:30PM
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Check out our After School Program for Fall!

The program runs Monday to Friday from 3:00pm to 5:00pm and is **FREE!**

For ages 6 to 12 years, we do fun things like sports, crafts, challenges, games, board games, and swimming on Tuesdays and Thursdays. Each day a healthy snack is **provided**. Come out and make some new friends or join your already existing ones.

**YOUR VOICE.
YOUR SUPPORT.
YOUR COMMUNITY.**

Donations for the North End Breezes can be made C/O the North Hamilton Community Health Centre, located at 438 Hughson St N, Hamilton.

Donation amount:
\$25 ☐ \$50 ☐
\$100 ☐ Other \$ _____

OR monthly donation in the amount
of \$ _____

Please complete the following form
and enclose if donating by cheque:

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE NUMBER: _____

OR visit northendbreezes.com to make a donation through PayPal! Please make cheques payable to North Hamilton Community Health Centre. Tax receipt will be sent to address above within 30 days of receipt of donation. Please check this box if you agree to have your name included in the Breezes as a donor. [Charitable taxation #10392 9162 RR0001]



**ARE YOU LOOKING FOR WAYS TO
BE PART OF A FUN COMMUNITY?**

*Consider joining the volunteer
team at Welcome Inn.*

Great people.

Good fun.

Meaningful work.

Lots of different stypes of volunteering opportunities available. New Horizons Thrift Store. Food Bank. Seniors. Children’s After School Clubs. Connect with Ruth, to start the conversation about joining our team!

T• 905-525-5824 | ruth@welcomeinn.ca

SUMMER DAY CAMP 2018

Planning for Summer Day Camp 2018 is already underway. Get ready for fun in the sun including arts and crafts, sports, games, swimming, snacks, weekly trips and so much more!

Registrations are available at Welcome Inn.
Spaces are limited so don’t delay!

Who: Campers 5-11 years old
Where: Bennetto Recreation Centre
When: July 3rd-27th

Fees: \$60 per camper per week. Subsidies are available.
Contact Gladys to register: 905-525-5824 | gladys@welcomeinn.ca

CALLING ALL GRADE 9-12 STUDENTS

Do you enjoy working with kids? Are you looking to build your resume, gain new skills, meet new friends or get volunteer hours for graduation?

Come join our Summer Day Camp Staff!

Where: Bennetto Community Centre
When: July 3rd-27th - you can choose to volunteer one or more weeks
Why: Because it’s fun and you’re making a difference!

JOIN OUR TEAM! Contact Gladys if you want to learn more or to schedule an interview: 905-525-5824 | gladys@welcomeinn.ca

WELCOME INN COMMUNITY CENTRE

40 Wood St E | 905-525-5824 | info@welcomeinn.ca

Calling Creative Kids and Teens!

The Hamilton Public Library has some fantastic contests for creative kids of all ages this summer.

24th Annual Power of the Pen Creative Writing Contest

For ages 12 – 18. Co-sponsored with the Hamilton Spectator. Original short stories and poetry submissions will be judged by professional writers and reviewers and prizes for first and second will be awarded in each age group and category. Contest details, rules and entry form available at <http://teens.hpl.ca/power-pen> . Deadline for submissions is September 30.

Short Works Prize

The Rotary AM Club sponsors the Short Works Prize for young writers 16 – 20 years old. You must be unpublished. Details, rules and entry forms available at <http://teens.hpl.ca/news/short-works-prize-call-entries-1> Deadline for entries October 5, 2018.

Photo Contest for Kids(4-12) & Teens

Submit one photo that showcases what you love about summer. Details at <http://kids.hpl.ca/contest/photo-contest-0> and <http://teens.hpl.ca/contest/photo-contest>. Deadline September 1st.

Billboard Contest

Open to kids ages 4 – 12, the winning entry will be placed on a bill-board in Hamilton. Pick up an entry form at the Bookmobile or your closest library. Details at <http://kids.hpl.ca/contest/billboard-contest> Deadline Sept. 1st.

Tween Writing Contest

Ages 10 – 12 Submissions must be no longer than 1000 words. Entry forms available at the bookmobile or your closest library branch. Details at <http://kids.hpl.ca/contest/tween-writing-contest> . Deadline August 25th.

NORTH ENDER OF THE YEAR

It’s time again to start thinking about The North Ender of the Year Award. The date is **Saturday, July 14th** at Fisher’s Pier 4 - Stay tuned for the time.

Please email your nomination to
summerofyesterday@gmail.com

ANOTHER LOSS FOR THE FASHION WORLD

The fashion world suffered a tragic loss on June 5th, 2018 when iconic designer Kate Spade, 55, was found deceased in her Manhattan apartment from an apparent suicide. Her housekeeper found the famed designer shortly after 10 o'clock in the morning.

Spade was the founder of Kate Spade New York, launching the company in 1993, opening her first shop in 1996. Before making the switch to designing, Spade was he senior fashion editor at ‘Mado-moiselle’ magazine. Best known for its colourful handbags, Kate Spade New York has more than 140 retail shops and outlet stores across the United States and more than 175 stores internationally. From eye-catching earrings to eclectic handbags, the collection is treasured by fans all over the world and remains a symbol of iconic fashion.

“Although Kate has not been affiliated with the brand for more than a decade, she and her husband and creative partner, Andy, were the founders of our beloved brand,” said the company in a press release. “Kate will be dearly missed. Our thoughts are with Andy and the entire Spade family at this time.” Fans around the globe mourn for the fashion icon and will remember Kate Spade for her brilliant designs.

“I remember someone once said there is a practical aspect to my designs, and I remember thinking, ‘That doesn’t sound so creative,’ but that is actually the truth. There is a practicality to it. I don’t design just to design. There is a reason and, hopefully, an interesting reason behind it - that is where my creativity comes in.” – Kate Spade.

SUMMER FOR SENIORS

SUBMITTED BY MICHELLE FERRARA

Senior dehydration is a common health issue that can lead to bigger problems if proper hydration is not made a priority, such as urinary tract infections and low blood pressure. Proper hydration helps to keep the body and vitals regulated. The University of Chicago Medical Center found that 40% of heat-related fatalities in the U.S. were among people over 65. Signs of dehydration include: •Dry mouth and nose •Loose and/or dry skin •Skin “tenting” in the forehead •Increased tiredness and/or weakness •Restlessness •Sudden (acute) confusion •Concentrated urine•Dizziness and orthostatic hypotension (standing causes sudden drop in blood pressure, feeling dizzy, and even fainting) •Increased heart rate •Loss of appetite •Constipation •Nausea and vomiting What to Offer: Keep a variety of beverages available, particularly if you are easily bored with water. You can also supplement water with water containing foods such as fresh fruits-eg. watermelon, grapes, oranges. Give popsicles, freezies, frozen grapes, sorbet as treats. Offer soups (cold soups) with meals and smoothies as snacks. *Keep water bottles and/or a water cooler available throughout the day.

FASHION FOR JULY

“Fashion is the armor to survive everyday life,” - Bill Cunningham

Summer has arrived. The nights are longer, drinks are cooler, and clothes are brighter. Summer is a colourful time for the fashion world. Designers are releasing garments that have decorative flower motifs, reminding us of the vibrant beauty surrounding us. Summer is a time for shorts, maxi dresses, and eclectic sunglasses. Let’s take a look at what kinds of styles we can expect to see hitting the runways of Paris and our very own streets.

Almost everyone has a favourite pair of jeans. Whether you wore them at a pivotal moment in your life or they just look great on you, jeans hold a special place in our hearts. Jeans are one of the most durable and iconic statement pieces in the fashion industry, so it’s only natural that this season, polished jeans are all the rage in the fashion industry. Designers are turning to dark denim to give their jeans a more polished edge and superb finish. Whether you grab shorts, capris, or full on pants, polished jeans are a must have this summer.

What’s summer without sundresses? The light material makes you feel comfortable and cool while you battle it out against the summer heat. This season, designers are going against the normal sundress design and are giving us trench dresses. Made to resemble a trench coat, trench dresses are a great way to stay cool and stylish this season.



Trench Dress
Photo courtesy of
British Vogue



Polished Denim.
Photo courtesy of
British Vogue

IN

- Pastels
- Sheer Clothes
- Maxi Dresses

OUT

- Overalls
- Short Shorts
- Bubblegum Pink

NORTH END NEWCOMER: GREAT EXPECTATIONS

SUBMITTED BY ROSE DIVECHA



When we came to the North End last year, we really had no clue as to all the city had to offer. So often we would venture out of our home and stumble upon a festival or dance performance, car show or concert. We’d stop and watch and marvel at how happy we were to have chosen this vibrant community. We never thought to check a website, newspaper or community billboard for a list of upcoming events, instead preferring the element of surprise, unhindered by any expectations.

Last summer, it wasn’t just the events we stumbled upon but the people we met and the unexpected memorable moments they brought. Topping last year’s list is an opera singer at the Racalmuto Festa, the Mulberry Street Porching Band and a guy walking a snake. (picture around his neck, not on a leash) The opera singer brought me to tears, the Porching Band brought the police and the guy with the snake brought a shake of my head. Much of that newness is gone for me this year of course and perhaps some of the spontaneity. Like an end-of-school essay I’m forced to prepare against my will, a list is forming in my head, “What I’d like to do on My Summer Vacation.” The list isn’t long or complicated. The thing with Hamilton I’ve discovered is it doesn’t have to be. I was reminded of this again one evening while out walking at Bayfront Park and spotted a young couple walking a partially shaved cat (yes on a leash) resembling a tiny lion. Warm weather ArtCrawls, outdoor concerts at Pier 8, renting bicycles, Cruise Nights at Pier 4, or simply taking a waterfront stroll, all have the potential to make a lasting impression.

Yeah, some of the newness has worn off for me this year but I realize while I can compile a list, I can’t stop the unexpected. This is Hamilton after all.

HARM REDUCTION CONTINUED FROM PAGE 3

be more community support and “buy-in” for HRS. The city is currently discussing with hospitals the possibility of one of them hosting a HRS. However, there are good reasons why most HRS are not located in hospitals, the most critical one being accessibility. “Many health care facilities and institutions are seen by many in the drug-using community as inaccessible—partially because of location, but also because of the stigma associated with drug use, addiction and mental health conditions.” In other words, they will be reluctant to go to an HRS in a hospital.

I know some of you reading this may be concerned that harm reduction sites only encourage drug use. However, there is a large consensus in health care as well as solid from leaders of harm reduction sites in Canada like Vancouver - for many reasons, harm reduction is vital.

The City and its Council have an obligation to represent the 84% who support this vital initiative. Let us all work together, Hamilton, to better care for these Hamiltonians in need.

(This article was updated from one that I wrote earlier, published in Raise The Hammer May 7 2018)

UPCOMING SUMMER EVENTS

Summer is here! Our neighbourhood will be hopping with festivals and celebrations. Here are some family friendly and neighbourhood events. Most are free but some have a fee.

Date	Time	Details	Address
June 29 – July 2	Fr 3-11:30; Sa & Su 11-11:30; Mo 11-8	Waterdown Ribfest Ribs, music family fun. Free admission	Memorial Park, Waterdown
July 1	Noon – 10:30	Canada Day Grab your blankets, snacks and the kids and enjoy a day full of fun. Fireworks @ 10 PM	Bayfront Park
	Noon -	HMCS Haida – noon gun followed by afternoon refreshments	HMCS Haida
	5 – 7	Military tattoo Thrill to the RHLI Regimental band and The Argyll & Sutherland Highlanders Pipes and Drums.	Dundurn Nat’l Historic Site
July 6-8		Hamilton International Guitar Festival & Competition International performers, concerts, master classes and prizes, For tickets and information https://www.guitarhamilton.com/festival-season	Hamilton Conservatory for the Arts, James St. S.
July 7 -8		2018 Fogh Boorman Regatta Saturday race start @ 11; Sunday start @ 10:30	RHYC
July 8	11 -4	Golden Horseshoe Live Steamer Days Catch a ride on a miniature train and free guided tour showcasing Canada’s early industry.	Museum of Steam & Technology, 900 Woodward
July 13 - 15		Because Beer: Craft Beer Festival Sample craft beer & cider; area top food trucks; live music; tickets @ http://becausebeer.ca	Pier 4 Park
July 14	12 - 3	North End Reunion	Fisher’s Pier 4 Pub
July 17	2:30	Bookmobile @ Bennetto Kids (and grown-ups too!) can meet Derek Douglas Illustrator and learn about illustration.	Bennetto Recreation Centre parking lot.
July 19 - 29		Hamilton Fringe Festival Nearly 400 performances including musicals, drama, dance, comedies and family entertainment. Tickets and full listing @ Hamiltonfringe.ca	Downtown
July 25	4 - 7	Park ‘n’ Party	North Hamilton Community Health Centre
July 28	10 - 5	Women of War Honouring the contributions of women to the war effort and highlighting the Women’s Royal Canadian Naval Service	HMCS Haida
July 29	11 -4	Golden Horseshoe Live Steamer Days Catch a ride on a miniature train and free guided tour showcasing Canada’s early industry.	Museum of Steam & Technology, 900 Woodward

Date	Time	Details	Address
Aug. 3 - 5	Fri 2-11:30/ Sat & Sun 12 – 11:30	Festival of Friends 3 days of music, activities, food and fun in the sun. (Bring your hat and sun-screen)	Gage Park
Aug. 5	1 -4	Emancipation Day at Griffin House celebrate Emancipation Day and view the works of artist Anna Maria Dickinson, ‘Child of the Tropics’. http://www.hamilton.ca/griffin	Griffin House, 733 Mineral Springs
Aug 10 - 12		61st Annual CANUSA Games Annual friendly competition between youth from Flint Michigan and Hamilton. www.canusagames.com	Various locations
Aug 11 - 12	9:30 start	Ontario Martin 16 Championships You don’t have to be a sailor to enjoy watching the boats!	RHYC
Aug 12	11 -4	Golden Horseshoe Live Steamer Days Catch a ride on a miniature train and free guided tour showcasing Canada’s early industry.	Museum of Steam & Technology, 900 Woodward
Aug 17 – 19	Fri 6-10:30; Sa 10-10; Su 10-4	Dundas Cactus Festival Family fun, live entertainment, street vendors and more. For details www.dundascactusfestival.ca	Downtown Dundas
Aug 18	11 AM	Hell in the Harbour An endurance mud run in support of Special Olympics ON. 6 km race along the waterfront, 17 obstacles and a finish at the Haida. Cheer the competitors along the route, https://hellintheharbour.com/	Bayfront Park Start
Aug 25		2018 Shark Golden Regatta	RHYC
Aug 25- 26		Happy 75th Birthday Haida! Kick the weekend off with a Shore Leave party on Saturday evening. Dance to the tunes of the 1940s. Tickets 905-526-6742. On Sunday costumed interpreters talk about life on-board the Haida. Noon day gun firing followed by cake & refreshments, guided tours, anchor tattoos and more. For more details and full event schedule - https://www.pc.gc.ca/en/lhn-nhs/on/haida/activ/calendar-calendrier	HMCS Haida

Weekly Events for July and August

Days	Time	Details	Address
Saturday & Sunday	12:30–1:30, 2-3	Dundurn Kitchen Garden Tour Hear stories and learn about historical gardening	Dundurn Nat’l. Historic Site
Wednesdays	Noon – 2	Wednesdays at Whitehern. Live Music, bring your lunch and a Loonie for tea or lemonade in the garden.	41 Jackson Street W.
Thursdays	5 pm – dusk	Rockin’ the Waterfront – Classic Car Rally Classic cars, themed nights, live music. What’s not to like? Complete schedule at www.rockinthewaterfront.ca	Pier 4 Park
Thursdays	7 – 9	Music on the Waterfront Live music on the waterfront stage (weather permitting). Grab your lawn chair and tap your toes . Schedule http://www.hamiltonwaterfront.com/2011/11/01/music-on-the-waterfront/	Pier 8

MYTHOLOGICAL GARDEN TALES

SUBMITTED BY CANDY VENNING

Hot enough for ya? Well folks, now that the grass is turning brown and air conditioners are a blasting it’s time for some spooky garden tales by the ol’ campfire. Well, no, not really, but how about some well worn (out) folklore about gardens? Here’s a wee list compiled through an un-scientific opinion poll via some fellow garden enthusiasts.

1) Don’t water the plants/grass/flowers at noon or they will burn. Hmmm, now let’s ponder that a minute...how could they burn if they’re wet? How about sun showers that happen suddenly and then rainbows appear? Gasp! Are rainbows just the pretty exhaust from a thousand plants going ‘poof!’? This is not a real thing, perhaps it’s better to water in the morning or evening to avoid some extra evaporation (and possibly dueling cowboys) from the heat of high noon but your plants will be better off by watering them whenever you can.

2) Goldenrod causes allergies. This is a big whopping, outright lie, Fake news and a case of mistaken identity – Goldenrod is a very attractive late blooming, pollinator source of fabulous long lasting golden flowers – it DOES NOT cause allergies. Ragweed, which blooms at around the same time but doesn’t have attractive flowers, is virtually invisible DOES cause allergies for many. The high visibility of Goldenrod and the low visibility of ragweed, flowering at the same time, has created a case of mistaken identity. It’s unfortunate because I really enjoy watching all the insects feasting on the Goldenrod in my garden and would love more people to plant it.

3) Crushed eggshells deter slugs and snails. The theory is that the shells are sharp and the soft bodies of slugs and snails will avoid the sharp edges...nope. There is a great little video on you tube that shows snails and slugs crossing razors edges, saws and other sharp items without a care in the world. There’s no harm in recycling crushed or finely ground eggshells back into the garden to pro-

vide a modicum of calcium to your soil but know that it does not, in any way, deter slugs and snails. Check out this link for more info re eggshells <https://www.garden-myths.com/eggshells-not-use-garden/>

4) Coffee grinds and peat moss can acidify your soil for Rhodos and other acid loving plants. Well, I’m going to skip to the end here and just say – this is untrue, it’s been tested and it doesn’t work. It’s hard to grow healthy & robust rhododendrons & azaleas in southern Ontario. I’ve grown tired of these plants moodily wasting away to a few sticks with disappointing flowers. If your soil isn’t naturally acidic, don’t try and grow acid loving plants.

5) Orange Mulch looks good. This one, well, it made me laugh so I had to include it. I have ranted about the perils of coloured mulch in gardens before. Orange mulch MAY be suitable in a gas station, but it’s not a naturally occurring colour for anything I’m aware of that exists on the ground, in Canada. It’s rather obnoxious, so am I but that’s another article altogether.

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Trees Please



COUNT ME IN!

An urban tree inventory in your neighbourhood

Trees Please staff will be delivering these postcards in the North End. It is our way of requesting permission to inventory privately-owned trees. If you have any trees on your property and are okay with us including them in our count, just place this card in a street-facing window. Inventorying only takes a few minutes per tree.

For more information, visit our website or contact us.

treespleasehamilton@gmail.com
905-549-0900

www.treespleasehamilton.org

Trees Please is a project of Environment Hamilton and the Hamilton Naturalists' Club

This project is possible through the generous support of the Ontario Trillium Foundation

LEGAL: A FUNDAMENTAL STEP TOWARDS RECONCILIATION

SUBMITTED BY BOB WOOD

The legislation is “the most important bill Parliament has considered in a long time.”

That is how MP Romeo Saganash describes the recently passed private members bill – C-262. The bill aims to ensure Canada’s laws are in harmony with the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP). UNDRIP is a global human rights instrument which sets out minimum standards for the survival, dignity and well-being of Indigenous peoples around the world.

In its 2015 report, the Truth and Reconciliation Commission of Canada called upon the federal, provincial, territorial, and municipal governments to fully adopt and implement the UNDRIP as the framework for reconciliation.

That’s written in Call to Action #43. Call to Action #44 asks for the Government of Canada to develop a national action plan, strategies, and other concrete measures to achieve the goals of the Declaration. The recent passage of C-262 is a major step forward in addressing these Calls to Action.

Romeo Saganash was one of the original architects of the Declaration. He spent 23 years helping to draft it before it was adopted in 2007 by the UN General Assembly.

A Public Statement by The Coalition for the Human Rights of Indigenous Peoples documents the bill’s fundamentals. https://www.ubcic.bc.ca/support_billc262 In brief, Bill C- 262:

1. In the context of rejecting colonialism and doctrines of racial superiority, sets out the key principles that must guide implementation of the Declaration.
2. Affirms that the standards set out in the UN Declaration have application in Canadian law.
3. Requires that a review process of federal legislation is consistent with the minimum standards set out in the UNDRIP.
4. Requires the federal government work with Indigenous peoples to develop a national action plan to implement the UN Declaration.
5. Annual reports to Parliament will be required. Such reports will promote transparency and accountability.

The Bill still needs to be passed by the Senate. It doesn’t create new rights for Indigenous people. But, it clarifies them and ensures that rights that exist in the Constitution and those recognized in Supreme Court decisions are taken into account. It makes sure these rights can’t be easily diluted by governments.

“It’s the first fundamental step towards reconciliation, and we need that,” Saganash told CBC News after the bill’s passage.

The Hamilton Community Legal Clinic has adopted the TRC’s Calls to Action and the United Nations Declaration of Rights of Indigenous People as its reconciliation framework.

Bob Wood is a Community Worker at the Hamilton Community Legal Clinic.



BUILDING A GRADUATION NATION **Pathways to Education**

REGISTER NOW FOR THE 2017/2018 SCHOOL YEAR

NorthHamilton Community Health Centre 905.523.6719
PATHWAYS@NHCHC.CA

Are You Pregnant?

Join a weekly **free** prenatal nutrition group that's close to where you live!

North Hamilton Community Health Centre
438 Hughson Street North
(between Macaulay Street and Picton Street)
Date: Tuesdays 10:00am - 12pm
Thursdays 12:30pm - 2:30pm
Bus Route: 02 or 04

Talk with a Registered Dietitian and a Registered Nurse about:

- Pregnancy
- Labour and delivery
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You will get:

- Grocery gift card
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- Prenatal vitamins gift card
- Vitamin D for your breastfed baby
- Child-minding for your children under 6 years of age

Register at group during your first visit.

Health Connections **905-546-3550**
www.hamilton.ca/PrenatalGroups
/HealthyFamiliesHamilton

Funding provided in part by the Public Health Agency of Canada

OUR SIGNS ARE CHANGING! "WELCOME TO THE NORTH END, THE NEIGHBOURHOOD BY THE BAY"

We had 186 people vote for a neighbourhood gateway sign slogan. Thanks to everyone that submitted slogans and voted. Full Survey Details can be found here.

<https://drive.google.com/file/d/1NOlx40i3IOF-GZjF8Jv44GhAj3Yobc4e2/view?usp=sharing>

\$150,000 (Plan Local)

Select a location that you think needs improvement, whether a major street or City-owned green space or trail. The most popular locations and improvements will be considered for funding.

Some ideas we came up with at our last meeting

- Bike track for kids at Eastwood Park
- Bennetto Community Centre – trees, benches out front of the building
- James and Strachan Neighbourhood Entrance
- Strachan Strip beautification - signage, landscaping

Hamilton Tenants Solidarity Network

Starting May 1, 2018, tenants from four high rise buildings in East Hamilton took the bold and courageous step to launch a rent strike. Tenants are withholding rent to protest the landlord's application for a large rent increase above the government guideline and to demand that the landlord make longstanding and necessary repairs to their units. For more information.

<https://drive.google.com/file/d/10gRg-CJH-Mu8m98dPCehHsLo7HrcjdBb1/view?usp=sharing>

<https://www.facebook.com/hamiltontenantssolidarity>. Watch the video at <https://www.gofundme.com/EastHamiltonRentStrike>

Next Meeting: July 4th 2018

6:30 PM at Bennetto Community Centre. This will be a joint meeting with JvN/d and SvN. All North End residents, and community members interested in affordable homeownership development in Hamilton, are invited to attend a public consultation meeting hosted by John van Nostrand Developments (JvN/d) and SvN Architects & Planners in collaboration with City of Hamilton planning staff and the North End Neighbourhood Association. JvN/d is proposing to redevelop the properties located at 468-476 James Street North (at the corner of James and Ferrie) as an eight storey, mixed use condominium building. For more information about the developer, please visit jvnd.ca. To view all of the planning application documents and provide your feedback to the developer and City staff, please visit svnportal.com/468jamesnorth, prepared by SvN Architects & Planners."

June Minutes can be found at <https://drive.google.com/file/d/1fRs-jGeF9Sih-vdWo3rcLVOahxLHI7uhi/view?usp=sharing>. For more information visit www.northendneighbours.com or contact Curtis Biehler NENa President at nen.president@gmail.com

GRUB CLUB

Summer 2018

Grub Club is an exciting and educational program for children ages 5-12 living in the North End of Hamilton. Program Participants engage in organic gardening, cooking, and physical literacy activities.

Each week Children will prepare and cook their own meal!

Grub Club also includes field trips and special guests!

Grub Club takes place at two locations

5:00 PM—7:00 PM

Tuesday Nights Starting May 8th—@ Birge Park
Thursday Nights Starting May 10th @ 438 Hughson Street North

To register contact
Scott Paige 905-523-6611 Ext. 3006
paige@nhchc

GOOD FOOD BOX

Pick up your box at Welcome Inn, or Eva Rothwell Resource Centre! Place your order by the second Wednesday of every month, and pick up on the 3rd Wednesday from 2-5!

High quality, fresh produce at a fair price!

\$15 for a large box (\$20 value)
\$10 for a small box (\$15 value)

Order at NHCHC or Eva Rothwell.
Call for info: 905-523-6611 ext 3007

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THE (FORMER) DISCOVERY CENTRE UPDATE

SUBMITTED BY JASON FARR

Hello, Breezes readers. I have been asked by the Breezes to offer a submission that explains what is happening with the Hamilton Waterfront Trust Centre (former Discovery Centre).

Last winter, Council voted overwhelmingly to investigate the feasibility of selling the HWTC to the successful proponent in our Pier 8 project. The building is now fully owned by the City of Hamilton as the legal lease to the Waterfront Trust (that had some 35 more years remaining) has been dealt with thus unencumbered several parcels of Pier 8 lands. Yes, those are same lands where we just celebrated the winning bid (Waterfront Shores) from our extensive Request for Proposal process.

In staff's "investigation" a First Right of Negotiation process was presented. The winner of the Pier 8 bid to develop the exciting new community would be the only proponent with the right to negotiate a purchase and use. The use would need to follow the zoning. The zoning would be Institutional. Think museum, school, church, library or community centre as just some examples. With the recent announcement of Waterfront Shores as the winner, the next step would be for staff and themselves to meet to discuss first if there is any interest and then what uses they may see as adding value to residents and visitors.

There have been many ideas come forward from the two community meetings held. Those ideas will be shared with Council, staff and Waterfront Shores as part of this Right of First Negotiation process.

If Waterfront Shores shows an interest in participating in the Right of First Negotiation they would be increasing overall their commitment to other areas of institutional uses in the Pier 8 development. There are several commercial spaces as part of this new community that should see approximately 1200 new residential units that will include bringing 65 families out of the cycle of poverty with Habitat for Humanity facilitating affordable home ownership as part of the mix.

I want to thank the Editorial Staff of The Breezes for the opportunity to share this update. The Hamilton Waterfront Trust Centre is a great facility and one that we should be proudly accessing for years to come. While there remains an outstanding decision from the courts (re. Sarcoa) that may affect the timing of such, it is important to keep moving forward with a focus on the HWTC as we begin to build the impressive parks and promenades and now, the Waterfront Shores Village in your beautiful North End.

If you have a great idea for Institutional use(s) for the HWTC, please share them with me soon so that I may pass along to all involved.

Until next time, Breezes readers. Jay

THE HISTORY OF FIREWORKS!

SUBMITTED BY BRIAN ROULSTON

Canada Day or America's Independence Day wouldn't be the same without fireworks. Who can resist hearing the loud cackling of fireworks and seeing bright streaks of color shooting up into the night sky?

It has been debated for centuries who actually created the first fireworks India or China. India claims to have known about gunpowder, a proponent of fireworks, since 300 BC according to Sanskrit texts which refers saltpeter (a proponent of gunpowder) as 'Agnichurma'. Saltpeter produces a purple flame and was used to confuse attacking military forces and also as primitive fireworks in celebrations such as holidays and weddings by the well to do set in India.

China claims that between 600 BC and 900 BC Alchemists were mixing chemicals in the search for eternal life. An alchemist mixed sulphur, charcoal and saltpeter into bamboo or paper tubes. When nothing happened the alchemist threw the tubes into a small open fire not knowing what would happen.

The alchemist had created what the Chinese perceived as history's first fireworks. Initially, the Chinese used this new invention to frighten off the mountain men and keep evil spirits away. The Chinese then adapted this gunpowder for military use, by stuffing bamboo shoots tied to arrows. They would then shoot this mixture at enemy forces in a rain of fire. During peace times the Chinese began to experiment further with gunpowder thus creating sparklers, light fountains and rockets.

America's first 4th of July fireworks celebration in 1777 was vastly different from today's, there were no reds, no blues and no white stars. The only visible color available at the time was orange. Still, it was an uplifting and patriotic celebration. Over the next 53 years firework celebrations would remain relatively unchanged until Italian pyro-technicians' in 1830 started adding chlorinated powders and metallic salts such as copper for blue and strontium & lithium for red. This gave us the modern fireworks we know today with many vibrant colors.

The Italians are also credited with inventing the aerial shell which is shaped like an ice cream cone with the fuel in the bottom and firework chemicals on top. Walt Disney World in Florida uses compressed air to launch fireworks into the air and they are considered as the largest consumer of fireworks in the U.S.

China exports more fireworks than any other country in the world today. The factories that manufacture fireworks are ideally located in China where they are surrounded by mountains and the humidity is perfect for both the production of fireworks and storage.

NORTH END BREEZES FREE CLASSIFIED ADS

Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email office@northendbreezes.com

Hamilton – Let's Do Lunch! VON Hamilton is in need of volunteers to help deliver hot and frozen meals over the lunch hour. Driver and server spots are available. Call 905-529-0700 or email voncsshamilton@von.ca to find out more.

Volunteer Opportunity – VON Hamilton is looking for volunteers to help out in our adult day centre in the community garden. Call 905-529-0700 or email voncsshamilton@von.ca to showcase your green thumb.

Come and join the Steel City Wheelers for a fun social a penny sale or learn how to square dance June 2nd 2018 from 1:00 to 4:00 pm at the Hamilton Regional Indian Centre, 34 Ottawa St. North Hamilton. If you are interested please visit our website: scwheelers.wix.com/steel-city-wheelers or call Patty at 905-662-6186

Personal Support Worker wanted part-time mornings, Tuesday to Friday from 9:30 AM to 12:30 PM. Job includes personal care and meal preparation. Please e-mail your resume to lstoeten17@gmail.com or call after 12 PM, 905-528-6159 | \$17.50 per hour Located near the Bayfront Park on a bus route

Volunteer Opportunity – VON Hamilton is looking for volunteers to help out in our adult day centre in the community garden. Call 905-529-0700 or email voncsshamilton@von.ca to showcase your green thumb.

Volunteer Opportunity – VON Hamilton is in need of volunteers to help deliver hot and frozen meals over the lunch hour. Driver and server spots are available. Call 905-529-0700 or email voncsshamilton@von.ca to find out more.

Employment Opportunity. Local Hamilton Delivery company looking to hire mature adult for evenings and weekends. 24-32 hours to start. Please call 289-799-9257 / 905-921-9339

Personal Support Worker or equivalent wanted for two or three mornings per week from 10 AM to 1 PM. Also need someone to work in the early evenings for two or three hours per week. \$17 per hour. Job includes personal care, meal preparation and light housekeeping. Looking for someone who lives close to James and Burlington Street.

Sewing & Dressmaking. Students and clients wanted. Lessons or alterations available. Ages 6 to 106! Expert in African apparel. Please call Hyacinth 289-308-6176

Children's Birthday Parties! Make your child's birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen. Magic, balloons, paintable tattoos for only \$75.00 per hour. North End Neighbours – special rate of \$65.00 per hour. Earl Ross – 289-439-0166

Minion Parties, Costume Parties. Various characters. For kids and adults. Call Sandra at 289-925-5990

TUTOR AVAILABLE: retired Elementary teacher available to tutor students in my home near Pier 8. I am also TESL certified to assist students with learning English. Please contact me at brockwm@gmail.com if you are interested or have any questions.



FISHER'S PIER 4 PUB
554 JAMES ST NORTH

OPEN
SUNDAY JULY 1st
11:30am till Midnight

CLOSED
MONDAY JULY 2nd

CIDER TASTING
FRIDAY JULY 6th
6PM -8PM

Join us for dinner and enjoy an Apple Cider sampling
with Lee from Pommies Cider

OPEN JAM NIGHT
 FRIDAY JULY 27th

Come on down and unleash your inner rockstar

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**DINING AND WINE TASTING EVENT**  
**SATURDAY AUGUST 11th**  
**6PM-10PM**

**LIVE MUSIC with local musicians the,"Nylon Dream"**  
**With Kris Fisher and Jorge Lasso**

**OPEN JAM NIGHT**  
**FRIDAY AUGUST 31st**  
**Don't forget your dancing shoes!!!**  
**You never know who may show up!!!**

**Have a save summer**  
**Please drink responsibly**



**Colleen Harrison**  
Broker of Record  
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Cell: **905-515-5102**  
Email: bluephoenixreal@hotmail.com  
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Sustainable, affordable housing  
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Reliable, consistent representation  
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Adequate care for infrastructure

[www.ward2forall.com](http://www.ward2forall.com)



**Public Consultation Meeting**

**Wednesday, JULY 4, 2018, 6:30pm**  
**Bennetto Community Centre**  
**450 Hughson Street North**  
**Childcare provided**

All North End residents, and other community members interested in affordable homeownership development in Hamilton, are invited to attend a public consultation meeting for the proposed redevelopment of the properties located at 468-476 James Street North, hosted by John van Nostrand Developments (JvN/d) and Svn Architects & Planners in collaboration with City of Hamilton planning staff and the North End Neighbourhood Association. Visit [jvnd.ca](http://jvnd.ca) for more information about the developer and [svnportal.com/468jamesnorth](http://svnportal.com/468jamesnorth) to view all of the planning application documents and provide your feedback.

**JvN/d Svn**

**“New North End development proposes to make homeownership affordable”**

*By Emily from John van Nostrand Developments (JvN/d)*

As house prices rise out of pace with wages, the dream of homeownership feels out of reach for a growing number of Hamiltonians. JvN/d is a development company that aims to reduce the minimum annual income required to own a home from upwards of \$100,000 down to \$25,000, thereby making homeownership affordable for more Hamiltonians. JvN/d is a social enterprise, a for-profit company with progressive economic, social, and environmental goals.

JvN/d takes an innovative approach to architecture, allowing maximum flexibility for homeowners. In our buildings, homeowners have the option to purchase the square footage they want and design their space as they like (either open-concept or subdivided into bedrooms); purchase a partially unfinished unit for a lower price and put in sweat equity to finish the unit; purchase a unit individually or with friends, family, or as a co-housing group; divide their unit in order to live in part and rent out the other part to generate income or to accommodate aging parents or adult children; and grow or shrink their unit over time by purchasing adjacent units as they come on the market or by selling sections of their unit, as households have children, age in place, etc.

For those who struggle to come up with a 20% down payment, JvN/f (John van Nostrand Finance) will co-invest with homebuyers to ‘top up’ their down payments. As co-investors in the equity of the home, JvN/f shares in the growth of the value of the home over time. Most homeowners will be in a position to refinance the mortgage and ‘buy out’ JvN/f’s equity share after five years of living in the home.

JvN/d is proposing to redevelop the properties located at 468-476 James Street North as an eight storey, mixed use condominium. This will be the first development of this kind in Canada, taking inspiration from Japan and the Netherlands.

The design concepts and down payment financing program have been developed through extensive surveys and interviews with North End residents about their housing needs, the financial barriers to homeownership they have faced, their fears about displacement, and the values they believe should guide development. Development projects often accelerate neighbourhood change and the displacement of existing households. This project aims to intervene in this process by providing low- and moderate-income households access to homeownership and long-term housing security in the neighbourhood they love.