| VOLUME 6 | OFFICE@NORTHENDBREEZES.COM | WWW.NORTHENDBREEZES.COM | 💟 @NORTHENDBREEZES | 📭 FACEBOOK.COM/NORTHENDBREEZES

THE HOUSE ON THE HILL

SUBMITTED BY SHERI SELWAY

You might have heard of BIG changes happening in our neighbourhood as new developments are planned and a new community is built on the piers on the northern end of our neighbourhood. But changes are also happening WITHIN our neighbourhood. Sometimes old houses are being fixed up and sometimes old houses are being torn down and new houses are built. You might have received a notice in your mail about developments close to you, because usually, a builder or developer has to go to the "Committee of Adjustment" to get approval for changes that don't quite fit into the current plans/bylaws. If you live within 60 metres of the planned project, you will receive the notice with details of the proposed changes. DO NOT IGNORE THE NOTICE. You can make a difference.

My neighbours and I all received notices about the "old house on the hill" on Mary near Ferrie, which we knew as Betty's old house. Betty and her brother lived there together before he passed away several years ago. They grew up there along with a sister. Betty eventually was no longer able to live there alone. The house was sold. The new owner planned to tear this old brick house down, and build 2 houses on the lot. We worried about the old trees.

Several of us went to the Committee of Adjustment with our arguments. We are not experts in

planning bylaws, but we knew what worked on our street and what we wanted. We did not oppose the new houses. We did argue forcefully that putting 4 parking pads in front of the

new houses would harm current residents and the neighbourhood, as we all rely on street parking. Our street parking more or less works. We also argued strongly that we need trees for shade and air quality and the importance of the tree canopy.

The Committee must have liked our argument, because they allowed the builder to build 2 houses with 2 units in each house, with only 2 parking pads (by-law requires 1 pad per unit). We met with the builder, shook hands and

discussed which tree to cut down and which to save.

We were shocked to learn in March that BOTH trees would be cut down. Earth Day weekend, I had to watch both trees be cut down! The builder and the City (Forestry) agreed that the house could not be built and save the trees. The builder explained he tried several plans to try to make it work. In the end, the builder had to pay for the removal of the trees, has to pay compensation to the city for additional tree planting, and is required to plant 2 new trees.

None the less, it hurts.... a lot. I still miss those old trees. So do many neighbours. I put the book,



THE LORAX up in my window and put a sign on my front lawn. I met several people who dropped by to read my sign and talk. Some students had great arguments "Don't they know that trees clean our air?"

Although we lost the trees, we did win one thing. The development is supposed to put in only 2 parking pads in the front (instead of 4). Next time, I will ask for permeable parking pads, and ask for both parking pads to be together to make the sidewalk ramping easier on pedestrians.

> A tribute to The House on the Hill can be found on page 9.







Comunità Racalmutese Maria SS Del Monte Inc.

423 King Street West P.O Box 301, Hamilton, ON L8P 4Y1 Email: racalmutesecommunityhamiltom@gmail.com Website: www.racalmutesecommunityhamilton.com Facebook: @racalmutesecommunityhamilton Twitter: @hammariadelmont

Instagram: @RacalmuteseHamilton2017

The festival of Maria Del Monte is in its 30th year. This year's festival is being celebrated the weekend of June 22, 23, and 24, 2018. The central location is Our Lady of All Souls parking lot. This is located on the corner of MacNab and Colbourne Street. This festival has significant history in Hamilton and the first celebration occurred in Hamilton circa 1930's. The festival objective is to bring together all people from our community, Hamilton and surrounding areas. The Maria SS. Del Monte is a figure of devotion of the twinning the cities and uniting the 2 communities.

Friday June 22nd

- At 8:00 pm beginning at the Fratellanza Racalmutese Italian Club on 72 Murray (Corso Racalmuto) St. W where a band serenades the spectators with original Folklore music.
- At dusk a candlelight procession begins with band and spectators, carrying banners, & candles. The procession marches through the streets arriving at All Souls Church where there is a service, followed with refreshments in the church parish hall.

Saturday June 23rd

- 2nd Annual Bocce Tournament at the Fratellanza Racalmutese Italian Club starting at 10:00 am.
- 1st Annual James Street North (JSN) Food Festival from 11:00 a.m. to 5:00 pm. Where merchants will showcase their products and services
- Children Area at All Souls Parking lot from 2:00 pm until dusk with a bouncy castle, cotton candy, popcorn and balloons.
- Saturday evening starting at 7:00 pm there will be entertainment with singers and local bands celebrating our culture.

Sunday June 24th

- Begins at 10:00 a.m. with procession of promises where a group of people accompanied by marching band march from the Fratellanza Racalmutese Club to the church to deliver their requests or promises, beautiful tradition.
- At 11:30 a.m. a mass service where the Madonna is crowned. The Madonna is then carried out and placed on a decorated float in the shape of a boat (Barca). 2 other floats in the shape of candles (ciliu) decorated with banners are also part of the tradition.
- At 1:30 p.m. a larger procession starts with various participants and young people dressed in traditional costumes, the band and various groups from the community singing and marching through the streets to arrive at the church parking lot.
- At 6:00 p.m. entertainment begins with singers and dancers and ends at 10:30 p.m. with a spectacular pyrotechnic and laser display.

Our goal is that this Italian festival will add to the unique identity of Hamilton and it will benefit our community by bringing people to this area to learn the historical significance of the "Festa". It will educate the community and community abroad. We would like to make this an authentic Italian Festival in the northwest end of city of Hamilton by preserving the traditions culture, history and heritage; while strengthening the community in this area. The contribution to the community is bringing people to the area to explore the Northwest end of the city.



Comunita Racalmutese Maria SS. Del Monte

HEALTH STARTS AT HOME

VON Hamilton Caregivers

Caregiver Support Group for those looking after an Adult Child:

February-July 2018

The Last Monday of the month 6:30 -8:00 pm

February 26

March 26

April 30

May 28

June 25

July 30

VON Hamilton provides a haven for caregivers to meet, learn, and exchange experiences, coping strategies, and insight with others with similar challenges.

Under the gentle facilitation of an experienced social worker, the group allows for open discussions with much laughter, tears, and connection with those who really understand life as a caregiver.

WHERE:

VON Hamilton Adult Day Centre, 400 Victoria Ave. North (near the General Hospital)

With enough notice,

In-Home Respite Care

(a PSW comes to your home) can be arranged for your family member at \$6/hour so you can attend the support group. Please contact Miriam for details.

QUESTIONS or RSVP: Miriam Cahn at 905-523-1055 ext. 408 or email: miriam.cahn@von.ca

Victorian Order of Nurses for Canada • Hamilton Site 400 Victoria Avenue North, Hamilton, ON L8L 5G8 | T. 905-523-1055 | Fax 000-000-0000 | www.von.c VON is proud to be accredited by Accreditation Canada | VON Canada Charitable Registration # 00000000



David Christopherson, MP Hamilton Centre



My office is always happy to provide assistance with **Federal Programs** and Services.

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STAY CONNECTED WITH THE NORTH END BREEZES

Have some North End news of your own to share?





@NORTHENDBREEZES

AGRITOURISM

SUBMITTED BY BRIAN ROULSTON



Most of Canada's population is of course located in the big cities and smaller towns, so naturally when summer comes we think about getting outdoors; whether that is camping, fishing or a cross country trip.

Here in Ontario we are blessed with more than half of Canada's best farmland. A growing trend world-wide including this big land of ours is Agritourism and Farmstays. Agritourism or agrotourism, as it is defined most broadly, involves any agriculturally based operation or activity that brings visitors to a farm or ranch. Some seem to use these terms interchangeably. Basically, they are farms which mainly profits from crops or farm animals. Some open their farms to adults who just want to rest and maybe try their hand for a few hours, a day or a week at farming.

Some farms are geared towards children with safety in mind for fun and educational purposes. Some have corn mazes, pumpkin/hay rides and even have organized school trips. You could take the kids to places to pick your own strawberries, cherries, vegetables and even show them where eggs or milk come from. There are many places listed on the web to explore if you google "Agritourism, Canada"

A great source for "pick-your- owns" is the website pickyourown.org. You will have to look down the first page and find Canada then click on Ontario or another province. Here you will find a wealth of ideas and places to go in and around Hamilton; areas such as Haldimand, Norfolk or Niagara.

Hamilton Port Authority released its first ever Sustainability Report this PORT AUTHORITY year, as part of a commitment to an economically vibrant, socially connected and environmentally

responsible Port of Hamilton. Here are some highlights:

Social & Community Sustainability

HPA participated in a wide variety of community events and festivals, and hosted public tours and open houses. One of the year's highlights was the Rendez-vous 2017 Tall Ships Regatta, which HPA co-sponsored with the City of Hamilton.

HPA took steps to improve the port-city interface, through public art partnerships and new opportunities for residents to view the harbour.

HPA continued its long-standing commitment to charitable investing, with more than \$222,000 in cash and inkind support for local non-profit organizations in 2017. Environmental Sustainability

HPA is a founding member of the Green Marine program, which helps ensure the port is meeting or exceeding environmental standards.

In 2017, HPA undertook several initiatives to enhance the biodiversity, air and water quality at the port, while reducing waste and energy consumption.

Exciting progress has been made to restore the shoreline at Sherman Inlet, an important historical feature of Hamilton Harbour's original shoreline.

HPA was proud to plant its first pollinator garden in 2017, helping to showcase how the port lands can contribute to a pollinator corridor along Hamilton's bayfront.

Financial & Economic Sustainability

The Report highlights the importance of a financially self-sustainable and profitable port, allowing for reinvestment into new infrastructure. In 2017 alone, more than \$11.4 million was invested by HPA in new infrastructure and ongoing maintenance, to ensure port users are well-served by Ontario's largest and busiest port.

The report highlights the impact the Port of Hamilton has on the local and regional economy, employing more than 2,100 people on port property, and contributing more than \$6 million in local taxes. *Learn more about HPA's sustainability initiatives at www.hamiltonport.ca*.

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HUGGING A TREE

By Aly Fiedler, Bennetto School, with Mom Andrea

I'm hugging a tree because I can hang my hammock on a Sunday afternoon and read while listening to the birds chirp at Bayfront Park.

I'm hugging a tree because I can have fun trying to climb a tree that is short enough for me.

I am hugging a tree because it gives us fresh air to breath and a cool shady place to sit when it is hot outside. The wood from trees builds a roof over our heads to keep us safe. And we can plant new trees to give back (fresh air, birds, wood to build.

The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 ext 3004, by email at office@northendbreezes. com or on our website:

www.northendbreezes.com

Published by:

North End Breezes Board of Directors:

Paul Havercroft, Ian McDonald, Marie Mushing, Chris Pearson, Sarah Harvie, Annabel Krupp, Brenda Duke

Co-Ordinator: Brenda Duke
Layout and Design: Katie Fitzgerald
Ad Sales Management: Annabel Krupp
Circulation & Distribution: JoAnn Osti,
Faye Grasley, Linda Robinson

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION: The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda



Are you looking for your North End T-Shirt? Visit Grandad's Donuts, Your Corner or Fisher's Pier 4 Or email us at office@nor thendbreezes.com for infor

ARTS & ENTERTAINMENT

SUBMITTED BY TRACEE LEE-HOLLOWAY

June is proving to be full of so much to see and do.

Free events and more!

Fans of Rodrigo Jugulator Raquio of The Devil's Cellar fame will be pleased to know that the Pop Culture Market returns June 16th from 12noon to 5pm at The Brew located at 22 Barton Street East. Free admission.

A little further north on James Street, be sure to swing by the You Me Gallery to check out the fabulous puppet art exhibit by Many Hands Art Director, Melanie Skene. You will recognize some of the characters from festivals and parades held downtown and at Gage Park over the past few years.

Speaking of Gage Park, Mid Summers Dream Festival marks it's 7th year returning August 18th. It runs 11am til dusk, with great family fun. Food, music and craft vendors and yes, the joy of being adorned with brightly coloured powder. If you have ever been in years past you will want to join the fun again. It is also free to attend.

Music Mondays are happening at City Hall each consecutive Monday at 12noon. Bring your lunch. It's free to attend. Just look for the new 'Hamilton' sign. Here's the line-up (with genre) so mark your calendar:

May 28 Brad James Country

June 4 Aubrey Wilson Quartet Jazz

June 11 My Will Indie

June 18 Gillian Nicola Folk

June 25 Posey Indie

Sidewalk Sounds returns to Concession Street (Upper Sherman to Upper Wentworth) May 18th in time for the long weekend. There will be music, vendors and familiar faces. Starts 6 pm til 9 pm. Free to attend.

And if you are a fan of the Artcrawl, live music returns on the rooftop at DrDisc Hamilton located at 20 Wilson Street every second Friday.

Pop Culture Market https://www.facebook.com/ events/209025519881261/ http://www.thedevilscellar.com/

> You Me Gallery 330 James Street North 905-523-7754

Many Hands Art https://www.facebook.com/Many-HandsArt/ Mid Summers Dream Festival www.midsummersdream.ca

Music Mondays www.hamilton.ca/musicmondays

Sidewalk Sounds www.concessionstreet.ca https://www.facebook.com/ events/2018812995064947/

DrDisc Hamilton 20 Wilson Street | www.drdisc.ca

Whenever two people meet there are really six people present. There is each man as he sees himself, Each man as the other sees him- And each man as he really is. ~William James 1842-1910

Links to my last columns:

https://goo.gl/0QCZ3h | http://northendbreezes.com/arts-and-entertainment/

Visit me on Facebook! www.facebook.com/tracee.leeholloway

Find me in the Twitter-verse! https://twitter.com/rockstarauthor



Check out my blogs! followtracee.blogspot.ca/thetroublewithtracee.blogspot.ca/

Tracee Lee-Holloway is an arts advocate and creative community builder here in Hamilton. A 2015 Hamilton's Arts nominee for Arts innovations. A fervent supporter of the grassroots arts & music scene, her main agenda is helping and supporting others build momentum to get to the next level.

WALKABOUT

SUBMITTED BY KEN HIRTER



This month's Walkabout Profile of People making a difference within our Community is a family affair with Granddad's Donuts. Located at

the corner of James Street North at Burlington Street, they are the BEST DONUTS IN TOWN by far.

I had the opportunity to meet with Sam, manager of Granddad's Donuts as she shared with me the story of the origin of Granddad's Donuts.

Her parents Barb & Scott Whipps first met when they both were Bakers at Tim Hortons Donuts, 1 guess you can say a match made in Donut Heaven. Their vested interests were the old school donut making methods. Scott's motto was "Quality Matters."

Their vision of 25+ years ago became a reality when Granddad's opened its doors to the general pub-

lic on May the 15, 2007. Sam recalls her first part time job was there when she was around thirteen years old. For the past five years she has been managing the shop.

Her fondest memory is their 10th anniversary when community and neighbors came out to celebrate with a barbecue and raffle. It was great fun for all and that day was the busiest business day to date.

Grandad's Donuts has received the Diamond Award as voted by the View, The Hamilton Spectator has featured them on CHCH's Tim Boland show and of course the Donut Showdown on the FOOD NETWORK during which sales spike with every viewing.

Of course people come from far away as well: the family who visit every

year from the Yukon and order their staple order of the Ghost Buster or the family that ships the donuts to Italy WOW

Sam would like to thank the following staff members in which some having been there since day one; Amanda, Bridgette, Carly, Diane, Joy, Mary, Meghan, Preston and Riley and of course the bakers: Curtis, Dave and Mike and the gentleman, who at closing, picks up the left over donuts and brings them to the guys at Misson Services.

Granddad's was fittingly named after Barb's dad Ken Marsden who recent-



ly passed away March of 2018. Being a carpenter he built the bench seats and oversaw the construction and creation of Granddad's lending his eyes and vision for Barb's and Scott's family. He is remembered as being the family jokester and a all around good guy.

Granddad's is a gathering place that brings together young and old to chat over coffee, tea and of course their fabulous DONUTS. It's a welcoming place to meet old friends and make new ones. Another way they demonstrate their exceptional community support is by supplying coffee and donuts each month to the folding team volunteers of The Breezes.

Till next month take care of yourself and those around you. Cheers!



How Many Housing Units Is the City planning to build on Pier 8 at the foot of John Street?





 \Box 250

□500

□750

□ 1000

 \square 1250

□ 1500

The Pier 8 plan approved by the Ontario Municipal Board was based on 750 housing units. The City is now planning to build 1500 units at the foot of John Street. Plus 13000 square metres of commercial space. Should you ask two more questions?

How many more cars and trucks will drive down John Street in the morning when children are walking to school?

How many parking spaces will be needed in the existing neighbourhood?



Harbour West Neighbours (HWN) is a neighbourhood advocacy group of North End residents working to ensure that the principles of Setting Sail and the North End Traffic Management Plan are implemented. Please send your opinion to us: email:members@harbourwestneighbours.ca
Web: www.harbouresteneighbours.ca/ioin Phone 905-769-0809

HER MAJESTY'S ARMY & NAVY

96 Macnab St N, Hamilton 905-527-1000

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Bring your dancing shoes! Our music is HOT!

UPCOMING EVENTS IN MARCH

Jun 7, 2018

*Phil Myers

June 14, 2018

*Bruce

June 21, 2018 June 28, 2018

*Ted Bertin
*City Kidz

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THE BEST BAR TENDERS.

GREAT MEMBERS AND FRIENDS YOU HAVE NOT MET YET

JOIN US FOR EUCHRE EVERY TUESDAY 1:00 – 3:00 PM.

DARTS OPEN HOUSE ON SATURDAYS. 6 BOARDS AVAILABLE

WE ARE CLOSED SUNDAYS, BUT IT IS NEGOTIABLE. CALL 905-527-1000



Trees Please Is Looking for Volunteers

From June to the end of September, Trees Please will be collecting tree data and air quality information in the North End.

With the data collected, we'll identify hotspots of low tree canopy and poor air quality and see if we can find creative ways to plant trees.

Join us in the North End:

Tuesday, June 5th at 7pm Land's Inlet (where Ferrie St. dead ends)

Starting Tuesday June 12th, we'll meet Tuesdays at 7pm and Wednesdays at 10am

In the Sherman Hub:

Starting Wednesday June 6th, we'll meet Wednesdays at 7pm and Thursdays at 10am Lucy Day Park (33 Clinton St.)

We have all the tools and equipment and provide training on the spot!
For location details and our June calendar visit: www.treespleasehamilton.org
Email: treespleasehamilton@gmail.com



www.treespleasehamilton.org

Trees Please is a project of Environment Hamilton and the Hamilton Naturalists' Club

This project is possible through the generous support of the Ontario Trillium Foundation



HUGHSON STREET BAPTIST CHURCH

383 Hughson St N, Hamilton

CONTACT INFO:

905.527.3972

office@hughson.ca www.hughson.ca

OFFICE HOURS: Mon to Friday 9AM - 4PM

SUNDAY MORNING SERVICE BENNETTO SCHOOL 10:00AM

47 Simcoe St E, Hamilton, ON

Hughson Street Baptist Church has been a part of the North End since 1887. Each Sunday we gather for a lively time of worship with music, and relevant teaching from the Bible. There is a program for children who are babies right through Grade 8. During the week we have several Youth centered programs and our Coffee's On drop-in on Friday mornings. Give us a call, or check the website for details: www.hughson.ca



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BENNETTO COMMUNITY CENTRE

450 Hughson Street North 905-546-4944 • www.hamilton.ca

Want a refreshing summer time activity for your kids? Swim lessons are available all summer long. Contact your local community centre and ask about their summer swim lessons, dates, times and registration information.

OUR OUTDOOR POOLS WILL BE OPENING UP AT THE END OF JUNE.

FOR THE OUTDOOR POOLS AND WADING POOLS SWIM **TIMES**

PLEASE GO TO

www.hamilton.ca/recreation

See you out there enjoying the summer fun!

Free Supie Program

The Recreation Division offers free drop in programs in City of Hamilton Parks through the summer. Our Supie staff organize games, crafts, sports, special events and theme days for children in the neighbourhood.

A few Supie Locations will be at:

McLaren Park, which is the corner of John St N and Cannon St

Eastwood Park, which is the corner of Burlington St E and Mary

YOUR VOICE. YOUR SUP-PORT. YOUR COM-MUNITY.

Donations for the North End Breezes can be made C/O the North Hamilton Community Health Centre, located at 438 Hughson St N, Hamilton.

Donation amount: \$25 \$50 Other \$_

OR monthly donation in the amount

Please complete the following form and enclose if donating by cheque:

ADDRESS:

EMAIL:

PHONE NUMBER:

OR visit northendbreezes.com to make a donation through PayPal! Please make cheques payable to North Hamilton Community Health Centre, Tax receipt will be sent to address above within 30 days of receipt of donation.Please check

ARE YOU LOOKING FOR WAYS TO **BE PART OF A FUN COMMUNITY?**

Consider joining the volunteer team at Welcome Inn.

Great people.

Good fun.

Meaningful work.

Lots of different stypes of volunteering opportunities available. New Horizons Thrift Store. Food Bank. Seniors. Children's After School Clubs. Connect with Ruth, to start the conversation about joining our team!

T• 905-525-5824 | ruth@welcomeinn.ca

SUMMER DAY CAMP 2018

Planning for Summer Day Camp 2018 is already underway. Get ready for fun in the sun including arts and crafts, sports, games, swimming, snacks, weekly trips and so much more!

> Registrations are available at Welcome Inn. Spaces are limited so don't delay!

Who: Campers 5-11 years old Where: Bennetto Recreation Centre

When: July 3rd-27th

Fees: \$60 per camper per week. Subsidies are available.

Contact Gladys to register: 905-525-5824 | gladys@welcomeinn.ca

CALLING ALL GRADE 9-12 STUDENTS

Do you enjoy working with kids? Are you looking to build your resume, gain new skills, meet new friends or get volunteer hours for graduation?

Come join our Summer Day Camp Staff!

Where: Bennetto Community Centre

When: July 3rd-27th - you can choose to volunteer one or more weeks

Why: Because it's fun and you're making a difference!

JOIN OUR TEAM! Contact Gladys if you want to learn more or to schedule an interview: 905-525-5824 | gladys@welcomeinn.ca

WELCOME INN COMMUNITY CENTRE

40 Wood St E | 905-525-5824 | info@welcomeinn.ca

What can we do with the kids?

Summer is around the corner and soon school will be out. We want our kids to be active but also to keep their minds busy so they're ready for school in September. Here are some suggestions for activities in the neighbourhood or a short bus or walk away. There are fees for some but there are also lots of great things to do that are free. There are lots of festivals and events in our neighbourhood that are fun for all.

Check out what's available at Bennetto Recreation Centre. Camp Kidaca registration started in April but there may be spaces available. Supies will be in the parks.

If your little one enjoys digging in the dirt, check out the Grub Club at the North Hamilton Community Health Centre. Aside from dirt under the fingernails, there are opportunities to learn about healthy meals and snacks. Call Scott Paige 905-523-6611 ext. 3006 to register or for more information.

To help your child retain their reading skills over the summer and be prepared to go back to school in September, check out the Summer Reading programme at the Hamilton Public Library. Children can participate by registering and picking up a Summer reading badge. They can register online to track their reading or track them at home. When they have finished a book, talk to them about what they have read; if they liked it and why or why not and their favourite character. Check with the Bookmobile, at Bennetto Rec Centre Tuesday afternoons and Thursday evenings or at Central Library 6 days a week. Storybook Club (Ages birth-4 years): You are your child's first and best teacher! Read together over the summer and your family will be able to exchange tabs for reading incentives, submit tabs for branch draws and earn a free book. Summer Readers (Ages 4-12 years) Kids who read over the summer can track their reading online, enter branch draws and collect reading incentives, including a free book. Reading Buddies (Finished Grade 1 to Age 12) Kids are paired with a volunteer Reading Buddy for individual attention and help with reading. Reading Buddies helps children learn that reading is a fun and rewarding experience that can be shared with family and friends. For more information about Reading Buddies locations and to register in person at your closest branch. The Library has many programmes for kids and families. Pick up a copy of What's Happening at the Bookmobile, at Central or online at hpl.ca.

Check out the many events and festivals happening around town including lots in our neighbourhood. And finally, pack up a lunch, grab your books and spend a few hours in one of the nearby parks. Sit under a tree and read.

NORTH ENDER OF THE YEAR

It's time again to start thinking about The North Ender of the Year Award. The date is Saturday, July 14th and will be hosted at Fisher's Pier 4 . Stay tuned for further updates!

your nomination summerofyesterday@gmail.com

A HUMP OR A BUMP

THIS READER'S LETTER TO COUNCILLOR FARR

This speed bump on Burlington Street is noisy and ineffective and must therefore be fixed or flattened. The first night was horrible, especially during the morning rush hour (our sleeping hours are shift dependent). I went from counting sheep to counting thumps.... Thump Thump, Thumpety thump, Thump thump thump thump thump.... and then...Rattle rattle rattle rattle as trailers/ pickups bounced over and the rumble roar as the few drivers who did slow, accelerated their heavy vehicles away.

This is what I heard through closed windows. What's it going to be like during heat waves when we normally keep windows wide open? We do not, and prefer not, to use air conditioning during sleeping hours. Normal traffic is not a problem as normal whooshing sounds might be audible but are not composed of distinct thumps and clangs. This has become very disturbing.

What are the health implications? I'm already suffering from various medical issues and don't need the sleep loss and extra stress. Why is it there in the first place? I haven't noticed excessive speeding going on in this stretch of road. I don't recall any formal notice from the city that it would be placed right in front of my house. Even if I had, I probably would not have understood I had any choice in the matter and I certainly would not have understood it to be a rattle trap. Most are not so why this? Why not in the nearby intersection? Then I couldn't complain.

My house, being a wood frame construction, is unable to eliminate as much noise as a brick dwelling. Why wouldn't you put these things adjacent to brick dwellings? If nothing else, this is a complete waste of tax-payers hard earned money at a time when too many city roads are rattling cars to bits.

Bad design: Not only is most of the traffic not slowing down, it is apparent that the leading edges are angled in such a way as to cause certain fast moving tires to create the thumping noted. Most speed bumps have a smooth transition - I haven't noticed a specially angled leading edge on other bumps. If this edge were shaved down with a concrete saw (an easy job) it would probably fix most of the problem at very low cost. Therefore, this can and must be done without delay.

Bad concept: I haven't thought about speed bumps much but it appears that in this compromise design, Hamilton has managed to find the worst combination possible... Again!

Bad idea: There seems to be a political group of sanctimonious ideologically driven noisy complainers who demand such things, but never in front of their own residence.... except on Wood Street which is a lunatic installation only 10 yards from a sharp turn! It is apparent that such people and the councilors who cater to them have no consideration for unintended costs and unhealthy penalties imposed on others. This soap box attitude seems especially rampant in matters environmental. Overburdened taxpayers are getting more and more upset and pressed to the wall. What are hoping for here? I hope for and expect a positive resolution of this untenable state of affairs forthwith.

Bob Innes - 66 Burlington Street West, Hamilton

An Update from St Lawrence Church

The Diocese of Hamilton has appointed an Administrator for St. Lawrence Martyr Parish Dear brothers and sisters,

Given the recent clergy appointments published by the Diocese of Hamilton on April 20, 2018, The Pastoral Team wish to inform the Community of St. Lawrence The Martyr Parish, that Fr. Heinner, OMI will be leaving our community as Pastor of this Parish. Replacing him, Monsignor Douglas Crosby, OMI Bishop of Hamilton, has appointed Fr. Piotr Jurzyk as Administrator of St. Lawrence Parish. According to the clergy appointments, Fr. Piotr will take over the care of Saint Lawrence Parish on June 27, 2018.

"Administrator"

"An administrator is a priest who has the same rights and obligations of leadership as a pastor. A priest is often appointed administrator of a parish if the previous pastor has died, retired or had to leave because of illness or another reason. An administrator reports to the bishop just as a pastor would but serves on a temporary basis until a permanent pastor is named." (CL 521.3)

Fr. Heiner, in agreement with his superiors, is leaving this Parish to assume a new obedience from his congregation, the Missionary Oblates of Mary Immaculate. He will be deeply missed and his departure will certainly be felt in the community, however we accept and understand his decision and the decision of his superiors. Fr. Heinner will address the parish in the coming weeks with more details about his departure, and his new adventure as Missionary Oblate of Mary Immaculate. We support Fr. Heinner with our friendship and our prayers as he approaches this new chapter of his life and we invite all members of the parish to continue to build our faith community as we prepare to welcome Fr. Piotr to Saint Lawrence The Martyr Parish. Sincerely, The Pastoral Team

St. Lawrence The Martyr Parish has new a Parish Secretary

We welcome Keith Jolie as our new parish secretary. Keith brings with him many valuable skills and talents to serve our parish community well.

The parish office will now be open Monday to Friday from 9:00am - 1:00pm. We thank all of those who showed interest in this position. Keith can be contacted at the parish office or on Sunday after mass for any of your queries.

"Hello, my name is Keith Jolie and I'm looking forward to serving St. Lawrence the Martyr Parish as the parish secretary. I grew up in the Hamilton Diocese, living in St. George outside of Brantford, and my family have been parishioners here at St. Lawrence for the last 3 years. I've served in the past as a Eucharistic Minister, Lector and currently as a member of our Choir. I've also worked in Youth Ministry and while attending the University of Windsor I was very involved in the Catholic Student Association. My professional career has included roles in staffing, sales and management and most recently I've worked as a consultant. I look forward to continuing the great work that Patricia Le Blanc has been doing in the parish office over the last several months."

NORTH END NEWCOMER: THE ROYAL TREATMENT

SUBMITTED BY ROSE DIVECHA

It wasn't long after moving to the North End, having watched many a paddler from the shoreline of our great harbour, that my husband Rob announced, "I'd like to get a kayak."



I wasn't surprised. Over the years, he'd paddled and sailed and rowed his way across various lakes and rivers, quite often with me onboard, providing little to no assistance. So in a show of support, last Father's Day, my kids and I decided to buy him a life vest and water shoes. We knew he'd want to pick out the kayak on his own. But here we are, almost a year later, and still no kayak. "Where would we put it and how would I get it to the lake?" He'd ponder out loud. So recently, when Hamilton held its annual Doors Open event, we jumped at the chance to visit The Royal Hamilton Yacht Club. We'd heard they offer kayak storage racks but were somewhat hesitant to investigate because we always thought you needed to actually own a yacht to belong to a yacht club. It turns out, you don't.

Upon signing the guestbook, we entered the clubhouse and were warmly greeted by Jan, the Club's Commodore. She provided a wealth of information including the significance of the "Royal" designation. Her very early predecessor, William Eli Sanford, pursued achieving the Royal status and in 1891, Queen Victoria bestowed the designation upon the Club. This year marks the Club's 130 year anniversary holding on to this prestigious honour. No small milestone since there are only 10 clubs in Canada with this title. Rob looked at me and smiled. He's 50% English but 100% loyal to the Monarch. I could tell he was impressed.

As we continued to wander through the building, we were introduced to Katrina, the Club's General Manager. She was the one who informed us of the Social Membership option for non-boaters and then proceeded to tell us everything the RHYC has to offer. The list was extensive and we were itching to explore the grounds. We made our way out of the building and through to the lake side of the property. Upon exiting the doors, I stopped in my tracks.

"Rob, there's a pool!" I announced excitedly. The view was breathtaking and I could immediately picture myself lounging poolside. Now I was impressed.

We spoke with many people in the next hour; Sue, Pat, Rob, John, Matt and Mark just to name a few and they all shared their personal experiences with us. Everyone was genuinely happy to be a member of the Royal Hamilton Yacht Club and as I looked to the blue skies and glistening waters of Lake Ontario, I thought, how could they not be? We were pleasantly surprised by what we learned and saw that day. In addition to a lakeside pool, the club has a bar and restaurant, outdoor patio, sailing lessons, racing, regattas, swim lessons and year round social events. And yes, most importantly, even a place for Rob to store his kayak... just as soon as he gets one!

BOOK CLUB



SUBMITTED BY KIT DARLING

At our May meeting we discussed Frog Music by Emma Donoghue, author of the best-selling Novel, The Room. San Francisco in the summer of 1876 sweltering in a record-breaking heat wave and a smallpox epidemic is the scene of the story. Two apparently very different women meet and become friends, Jenny Bonnet, frog catcher and wearer of men's clothing and Blanche Beunon, exotic dancer, prostitute and landlady. The story bounces back and forth between time periods and many readers found that confusing. For some members it was difficult to identify with the main characters, but there was plenty of discussion about the book. Most would not recommend it to friends.

And here are recommended reads available from the Hamilton Public Library. Visit the Bookmobile at Bennetto Recreation Centre on Tuesday (2:30 to 4:30) and Thursday (6:00 to 8:00) or go online at hpl.ca to reserve a copy.

River Thieves by Michael Crummey. The stark landscape of early 1800 Newfoundland is the setting for this intriguing novel that is both passionate & suspenseful. British naval officer David Buchanan has orders to establish contact with the aboriginal inhabitants who are facing extinction. What unfolds is an unsettling story of love, loss, politics, & racial conflict.

Paige Turner

Trumpocracy - The Corruption of the American Republic by David Frum. "Fascism rose not because it was strong but rather because Democracy was weak." The importance of that sentence cannot be overstated as the author explains in this keenly analyzed and thoroughly researched book. In an easily readable style, Frum chronicles how quietly and steadily Trump has contaminated thousands of careers and millions of minds and imperiled Democracy.

Paige Turner

Have you read any of our recommendations? Liked any of the same books we talked about or disagreed totally? Let us know at bayareabookclub@bell.net.

UPCOMING events

June is Here! Time to stop and smell the roses. Lots to do and celebrate - National Aboriginal History Month, National Electricity Month and National Engineering Month - among others. Provincial elections are coming up June 7th. Listen to debates, read party platforms, get engaged and get out to vote.

Here are some family friendly and neighbourhood events. Some are free and some have

JUNE 2018

Date	Time	Details	Address
1 - 3	Fri 6-10; Sat 11:30-10; Sun 11:30 - 6	Dundas International Buskerfest	Downtown Dundas
2	12-8	Barton Village Festival bartonvillagefestival.com	Barton from Victoria to Wentworth
	12 - 4	From our Garden to Yours; plant sharing event	Dundurn Nat'l. Historic Site
2-30	Sat 12:30 - 1:30; Sun 2-3	Historic Garden tours, weekends until Sept 29.	Dundurn
2-3	Sat & Sun 10-10; Sun 10-4:30	Battle of Stoney Creek Re-enactment, participants in period costume re-enact the battle. Entrance fee	Battlefield Park
2 – 8		Hamilton Arts Week. Various events.	Hamilton Arts Council
3–24	12:30 - 4	Sundays at Westfield. Enjoy the outdoors and tour a pioneer village, Fee	1049 Kirkwall Rd., Rockton
7		Provincial Election	
12		Pathways Year End Celebration	
15-16		Liquid Art Festival; celebrate brewing, music and art Tickets liquidartbrewfest.com	Collective Arts Brewery
16-17	9 - 5	Flyfest Vintage aircraft, fly-past, airplane rides. Tickets www.warplane.com	Canadian Warplane Heritage Museum
17		Father's Day	
22-24		Soaring Spirit Aboriginal Day Festival Branchesofnativedevelopment.com/events	Pier 4 Park
24	11 – 4	Golden Horseshoe Live Steamer Day Catch a ride on a miniature train	Museum of Steam and Technology
27		Pathways Graduation Congrats!	
30 - July 2	Noon-11	It's Your Festival	Gage Park

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Did You Know...

On June 9, 1846, Hamilton officially became a

Ferrie Street which runs East-West from John Street to Emerald Street in Hamilton's North End is named after Colin Campbell Ferrie Hamilton's first mayor.

JUNE IS SENIOR'S MONTH

SUBMITTED BY MICHELLE FERRARA

June is Senior's month, and I encourage everyone to hug their Senior a little more this month. For many Senior's life can be challenging....loneliness and isolation, health issues, mobility issues, housing issues, transportation issues, eating issues, financial issues and on and on...the one thing that seems to make the difference is: a positive attitude!

For those Senior's blessed with a positive attitude and the ability to have resiliency and gratefulness many of life's cares become more manageable-a sunny outlook can't change reality-but it can make it so much easier to cope with. Do you know the saying: It's not how old you are-it's how you are in old

I am amazed at how much older people have to teach us, to show us by example, what "growing older" is all aboutand it isn't the same for everyone. It's impossible to put in a box the "aging experience"-just as we can't generalize on the "women's experience" or the "teen experience". Yes, there are common issues and challenges to be facedbut each individual's life tells a unique story-it is their own experiences which creates their life-but more importantly-shapes their attitude to that life and determines how they will react to all the challenges and the positives that come to them. Remember: "The elderly are the only naturally occurring increasing resource in the world! xo

Come out Wed. June 7th. 7:00 PM at Bennetto Community Centre where we will unveil the winning Gateway Sign Slogan. Visit www.NorthEnd-Neighbours.com for updates on what is happening in our community.

Our neighbourhood has \$150,000 to spend on making our streets more beautiful. Visit www.planlocal.ca/ ward2/ to submit your ideas.

Looking forward to seeing everyone.

Curtis Biehler NENa president.

A TRIBUTE TO "THE HOUSE ON THE HILL"

BY SHERI SELWAY

WITH THANKS TO ROBYN AND MIKE WHO WENT TO "COMMITTEE OF ADJUSTMENT" WITH ME AND DR. SEUSS FOR "THE LORAX"





They planned to demolish Betty's house on the hill. It had been empty a while but folks loved it still. We went to "Committee" to do what we could We wanted the trees to stay where they stood! They listened politely as we spoke for the trees, then carefully explained it was houses we need.

So they brought in a digger, some men and a truck. They dug up the yard and piled up the muck. They smashed down the walls, the roof tumbled in. Bricks, shingles, and rubble went into the bin. The old trees just stood there, they had seen it before! Changes? Oh yeah, what were a few more?

Horse and buggy changed to cars, now paved roads led to town.

Houses were built, and years later torn down. Then out came a chain saw - the trees watched perplexed Suddenly they realized we must be next! Then The Lorax came by to speak for those trees. The men just repeated... its houses we need.

"I speak for the trees for the trees have no tongues. And I am asking you, sir, at the top of my lungs. Oh, please do not cut down another one." "To build houses", they said, "it has to be done". They cut off the branches and chipped them up small. Then they chain-sawed the trunks till there were no trees

Two houses were built on top of that hill, But those beautiful trees are remembered still. New folks were welcomed to the neighbourhood. New trees were planted where the old trees once stood. I'm glad for the friends and the trees that are new, But really, is this the best we can do?

Those century old trees were down in 2 days, 'Cause we can't let old trees get in the way!

Trees give us beauty, clean air, and shade, They are important to life in so many ways The Lorax dropped by the other day. This is what he had to say: Unless we plan for our future like we "care a whole awful

Nothing is going to get better, it's not."

LEGAL: HEALTH BENEFITS

SUBMITTED BY BOB WOOD

Community Legal Clinics are mandated to do Public Legal Education and Law Reform Work.

The Ontario election campaign (in progress as we write this column) provides an opportunity to encourage dialogue on issues important to our community and clients. The matter of health benefits for low-Income people is one such issue.

Here are three facts to think about for the election and the days following.

Fact One: One third of workers in Ontario do not receive employer-paid benefits.

A 2015 study by the Wellesley Institute shows that a growing number of workers (1/3 of all workers) do not receive employer-paid benefits. This means that more and more people are going without prescription drug, dental, and vision coverage. Because jobs without benefits are often low-paid, these workers are unable to afford to pay these expenses on their own. That Wellesley report indicates that women, single parents, racialized groups, new immigrants, temporary foreign workers, Indigenous peoples, people with disabilities, older adults, and youth are more impacted by the lack of employer-paid benefits.

Fact Two: 1.6 million Canadians don't fill prescriptions or skip doses - or fail to take medication at all – because they can't afford to pay for it.

This shocking fact comes from a study published earlier this year from the University of British Columbia School of Population and Public Health.

Fact Three: One in every five Ontarians do not visit a dentist because they can't afford it.

Instead, according to a recent Public Health Ontario study many go to hospital emergency rooms. However, they don't get dental treatment there. In 2014, there were almost 61,000 visits to hospital emergency rooms for dental problems.

People on social assistance get prescription drug coverage and limited dental and vision care. All low-income children get OHIP+ prescription drug coverage and Healthy Smiles Ontario dental coverage. Improvements are called for.

For example, adults receiving Ontario Works (OW) can only access emergency services, not basic dental care.

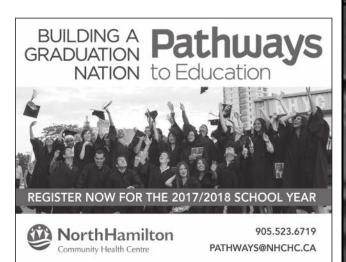
Seniors have some drug benefit coverage but must pay a co-payment when prescriptions are filled and/or pay for their own prescriptions up to a deductible amount. They have no access to public dental coverage.

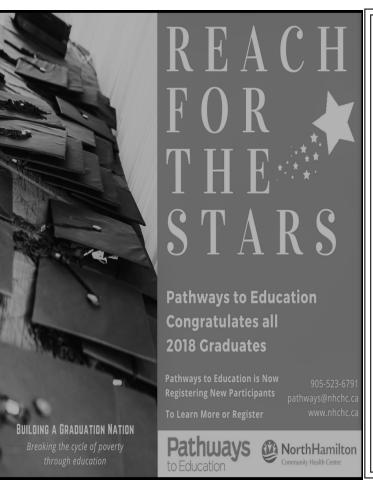
All Ontarians deserve benefits that will contribute to their health and quality of life.

CONTINUED ON PAGE 11



Community Health Centre





GOOD FOOD BOX

Pick up your box at Welcome Inn, or Eva Rothwell Resource Centre! Place your order by the second Wednesday of every month, and pick up on the 3rd Wednesday from 2-5!

High quality, fresh produce at a fair price! \$15 for a large box (\$20 value) \$10 for a small box (\$15 value)

Order at NHCHC or Eva Rothwell. Call for info: 905-523-6611 ext 3007

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Summer 2018

Grub Club is an exciting and educational program for children ages 5-12 living in the North End of Hamilton.

Program Participants engage in organic gardening, cooking, and physical literacy activities.

Each week Children will prepare and cook their own meal!

Grub Club also includes field trips and special guests!

Grub Club takes place at two locations

5:00 PM—7:00 PM

Tuesday Nights Starting May 8th—@ Birge Park
Thursday Nights Starting May 10th @ 438 Hughson Street
North

To register contact Scott Paige 905-523-6611 Ext. 3006 paige@nhchc

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NORTH END HOUSING WORKSHOP

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- Interested in learning about your tenant rights and responsibilities?
- · Concerned about potentially losing your housing?
- Are you experiencing any housing issues at all?

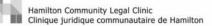
JOIN US- June 12 from 2-4 pm.

Questions? Contact:

Jenna McHugh Community Development Worker mchugh@nhchc.ca 905-523-6611 ext. 3007



Community Health Centre



COUNCILLOR UPDATE

SUBMITTED BY JASON FARR

While out for a walk by the Harbour West Marina not long ago I ran into my old friend Gilly. A good sailor name; especially now that he and his wife Fiametta have recently rented out a slip for their nearly new and comfortably docked 25-foot cruiser. I asked Captain Gilly if he made the recreational retirement buy because of the 140-million-dollar investment the City of Hamilton is making in West Harbour. I was surprised to learn that he only knew of a few of the council approved projects and when I started running down the list, I watched his smile grow as wide as the boat he just bought.

Inspired by my run in with my old friend, I thought no better place and time than the Breezes to remind everyone of much of what this ongoing transformation includes.

Pier 8

A vibrant beautifully designed urban waterfront community. Approximately 1500 residential units and 13,000 square metres of commercial and institutional space 1400 parking spaces. Who will it suit? We will find out in the coming days if we have not already.

Pier 8 Promenade Park

A 30-metre-wide promenade park along the edge of the pier that features a salute to our industrial and shipping history. Play areas for kids, passive areas for those just wishing to relax. The Pier 8 Promenade Park vistas and the park itself will be stunning.

Pier 8 Gateway Park

Here's another Captain Gilly had missed, but was excited to hear of since his boat is as much for he and his fishing buddies as it also for his growing number of grandkids. Adjacent to the boardwalk and transient docks, the gateway park will offer a large open area for outdoor market booths, seating areas and a potential location for food trucks or concessions.

Pier 5, 6 and 7

A new boardwalk at the water's edge. This will be a vibrant commercial village and public piazza at the foot of James Street North; public, commercial and cultural uses. The latest of many Waterfront Trust managed projects. We will look for your ideas the public art piece that will welcome all.

Marina Reconstruction and Expansion and Shoreline Rehabilitation

Features the protection of fish habitats and the construction and installation of the new docks and 440 new slips. All Captain Gilly approved!

Macassa Bay

Includes creating a generously dimensioned trail for recreational uses right at the edge of the shoreline that sees a wetland area or natural aquatic habitats. Also the relocation site for the Police Marine Unit.

Bayfront Park Beach

We all know about this one. It was one of the first projects in the West Harbour to be completed. From waste to waterfront haven! Unfortunately, consistently high levels of E. coli bacteria made the park's beach to the west unsafe for swimming most of the time. We have tried everything from scientific experiments to dogs scaring off geese, but the beach was permanently closed for the 2016 swimming season. Very recently, council asked Health and Public Works to report back on alternative options for the beach.

In mid-2016, the City and Hamilton Waterfront Trust began a study on water quality issues.

Jamesville Redevelopment and the 500 Mac-Nab Tower

Jamesville future: a medium density mixed-income community on 2.3 ha, contributing to the vibrancy of the West Harbour neighbourhood. On now: the inside and out repurposing of 500 MacNab. The 17 story seniors building will be of Passive House design. Very efficient. The first of its kind. Both are brought to you by City Housing Hamilton.

Until next time Breezes Readers (which now includes Captain Gilly), Bon Voyage! Jay

LEGAL: HEALTH BENEFITS -- CONTINUED FROM PAGE

The Income Security and Advocacy Centre has provided more detailed analysis on these issues at http://incomesecurity.org/

Update: Last month we reported on Bill 26, provincial legislation that proposed waiving fees for individuals who cannot afford to pay fees required for photo cards and birth certificates. Sadly, this Bill died when the legislature adjourned in May.

Bob Wood is a Community Worker at the Hamilton Community Legal Clinic.

NORTH END BREEZES FREE CLASSIFIED ADS

Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email office@northendbreezes.com

Come and join the Steel City Wheelers for a fun social an penny sale or learn how to square dance June 2nd 2018 from 1:00 to 4:00 pm at the Hamilton Regional Indian Centre, 34 Ottawa St. North Hamilton . If you are interested please visit our website: scwheelers.wix.com/steel-city-wheelers or call Patty at 905-662-6186

Personal Support Worker wanted part-time mornings, Tuesday to Friday from 9:30 AM to 12:30 PM. Job includes personal care and meal preparation. Please e-mail your resume to lstoeten17@gmail.com or call after 12 PM, 905-528-6159 | \$17.50 per hour Located near the Bayfront Park on a bus route

Volunteer Opportunity – VON Hamilton is looking for volunteers to help out in our adult day centre in the community garden. Call 905-529-0700 or email voncsshamilton@von.ca to showcase your green thumb.

Volunteer Opportunity – VON Hamilton is in need of volunteers to help deliver hot and frozen meals over the lunch hour. Driver and server spots are available. Call 905-529-0700 or email voncsshamilton@von.ca to find out more.

Employment Opportunity. Local Hamilton Delivery company looking to hire mature adult for evenings and weekends. 24-32 hours to start. Please call 289-799-9257 / 905-921-9339

Sewing & Dressmaking. Students and clients wanted. Lessons or alterations available. Ages 6 to 106! Expert in African apparel. Please call Hyacinth 289-308-6176

Children's Birthday Parties! Make your child's birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen. Magic, balloons, paintable tattoos for only \$75.00 per hour. North End Neighbours – special rate of \$65.00 per hour. Earl Ross – 289-439-0166

Minion Parties, Costume Parties. Various characters. For kids and adults. Call Sandra at 289-925-5990

TUTOR AVAILABLE: retired Elementary teacher available to tutor students in my home near Pier 8. I am also TESL certified to assist students with learning English. Please contact me at brockwm@gmail.com if you are interested or have any questions.

Just another reason to join our folding team!
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FYI we will have the Blue Jays game on at 1:07pm so you and Dad can cheer the Jays on to victory





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PARISH CONTACT

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Website: www.stlawrencehamilton.ca Social Media: www.facebook.com/stlawrencehamilton

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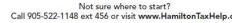
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Call 905-522-1148 ext 456 to book your appointment at North Hamilton Community Health Centre for Wednesday

May 16 at 1:00 pm



Jason Lopez **GPO** Candidate **Hamilton Centre**

On June 7th, let's do politics differently

Jason is a lifelong Hamiltonian a husband and a father. He is a Mcmaster University graduate working as a senior manager at East Hamilton Radio.

Jason is tired of seeing so many people and small businesses struggle while corporations earn record profits. Why allow bottled water companies to take a million litres of our water for under \$4, while communities go without? Why allow mining companies to steal our valuable resources, for a royalty rate of 1.4%. Why pay OPG over 3 times more for hydro than what we could buy it from Hydro Quebec. The list goes on and on.

It doesn't have to be this way. Let's make the polluters pay and give that money back to the people of Ontario. Let's cut the bureaucracy from our schools and social services and focus on frontline needs. Let's transition to the new clean energy economy and bring back high paying manufacturing jobs to Ontario. Let's protect our lakes, forests, and farmland before they are sold off. The established parties will never go for it. A long history of big money donors makes them reluctant to change. What we need now is People Powered Change. Greens have been elected in PEI and BC. Now Conntact us at office@northendbreezes.com for details or see our Ontario is poised for a breakthrough election. Green Party Candidates are passionate rate sheet at www.northendbreezes.com. Your ad is automatically volunteers from all walks of life. We don't have big Campaign budgets or high priced ads. Every vote we receive helps us grow our Party.

Community Gardens

What? Grow your own fruits and vegetables in a neighbourhood garden

Who? Open to all North End residents. Beginner gardeners encouraged!

Where? 1) Paradise Community Garden

(Burlington Street & Wellington Street - OPEN PLOTS)

2) Keith Community Garden

(Burton Street & Douglas Avenue - OPEN PLOTS)

3) St. David's Community Garden (Wentworth Street just south of Burlington Street - OPEN PLOTS)

When? Gardens are open May - October.

Cost? Plots are available for \$15. Tools, water, instruction & seedlings included

For more information or to sign up please call: **Scott** (905) 523-6611 x 3006





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