

**ANNUAL RAIN
BARREL SALE**

SATURDAY, MAY 5, 2018
9:00 am – 1:00 pm

468 James Street North
 Parking lot behind HomeFront
 Proceeds to fundraise for The Breezes

APRIL 2018 | VOLUME 4 | OFFICE@NORTHENDBREEZES.COM | WWW.NORTHENDBREEZES.COM | @NORTHENDBREEZES | FACEBOOK.COM/NORTHENDBREEZES

“WHERE FAITH BUILDS COMMUNITY” ST. LAWRENCE CHURCH AND THE NORTH END

REPORTED BY ROBYN GILLIM

As reported in the last issue of The Breezes, a town hall meeting was held at St. Lawrence in February to discuss its future in light of the Catholic Diocese of Hamilton’s study of the viability of some smaller downtown parishes. The high attendance and intense discussion that took place at that event highlights the deep connections of St. Lawrence with its parishioners as well as the North End as a whole.

The beautiful red brick church building with its bell tower and memorial garden is a North End landmark and its social and outreach activities play not only a central role in the lives of its members but in the continuing vitality of the neighbourhood. Many of its parishioners are from families who have been here since the beginnings of the North End in the mid 19th century. Who better to present their community history than the parishioners themselves? Here it is in their own words:

“St. Lawrence church was built in 1890 under the direction of Bishop Dowling on the site called Bay-side Hill, also known as St. Lawrence Ward, at the cost of less than \$2000. It was built in less than eight months. The official opening of the church was held

on November 23 at 10am. It was the third Catholic church in the city of Hamilton and the only one built with a hall for community involvement.

“The hall has provided a place for the community to get together, with amenities such as a gym, bowling alley and a stage for plays and concerts. It is also used for parish dinners, dances, bingo, turkey rolls, the Nibble and Bids auction and penny sales. The parish has also been involved in the St. Vincent de Paul Society, Holy Name Society Men’s Club, Catholic Women’s League (CWL), Catholic Youth Organization (CYO), bowling leagues and, from 1944 till 1999, a credit union to help parishioners. The hall was used by the Bennetto School students after the school fire in 1965, until a new school was built. The hall was used each Wednesday from November to March for the Out of the Cold program. The bingo was moved to a bigger location in 1974 and is still active today in maintaining the church.

“The Turkey Roll, as we know it today, started in 1964 and has been an annual event in our community ever since. With the help of parish committee and volunteers, it has brought new and old parish-



MEMORIAL GARDEN AND RECTORY

ioners and North Enders together. The parish has always maintained a working relationship with our own Catholic Separate School in preparation of the Sacraments such as First Communion, Confirmation, and religious programs. St. Lawrence’s also has an excellent literacy program for the children in the parish every week.

“Over the years donations from our faithful parishioners and other donors have helped greatly to cover parish needs and maintenance. We hope, with help from our parish priest, committees and parish organizations to keep the parish alive for many years to come!!!”

It’s clear that St. Lawrence parish’s charitable and social activities play a vital role in our neighbourhood. Let’s give it our continuing support.



**We are here
to help you!**

**Andrea
Horwath**
MPP Hamilton Centre

20 Hughson St. S., Suite 200, Hamilton, Ontario L8N 2A1
 905-544-9644 | ahorwath-co@ndp.on.ca

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 www.jasonfarr.com

 Hamilton

dedicated to the core

READ A ROAD MAP DAY

SUBMITTED BY BRIAN ROULSTON

On Read a Road Map Day, April 5th we can give thanks to that old folded up road map in your glove box or under the car seat for helping us when we were lost or planning that great family vacation. There was a time before the GPS (Global Positioning System) apps and gadgets we could travel across Canada drive up to a gas pump get gas, have our windshield cleaned and the person pumping gas would ask if we'd like our fluids checked. It was also a time when the gas companies would hand out free roadmaps of the area just for the asking. People would cherish these road maps long after their trips to remember some of the places they've driven through or visited while on a vacation or a road trip.

The Turin Papyrus Map is sometimes characterized as the earliest known road map. Drawn around 1160 BC, it depicted routes along dry river beds through a mining region east of Thebes in Ancient Egypt an area known for the Luxor and Karnak Temples that still stand today.

The Manitoba Automobile Association was the first

Automobile Club in Canada. It evolved from the Winnipeg Auto Club and since 1993 has been part of the Canadian Automobile Association. The MAA developed the first Canadian road map in 1904. Maps were hard to use in both Canada and the U.S at the time because there were no numbers or names on either the road or the maps. Early maps would show the road and pictures of landmarks along the route. This didn't work out too well; Landmarks as you know tend to change or disappear over time. The auto clubs on both sides of the border pressured governments to not only name or number these roads, they also pushed to add those road names and number on signs along the routes.

The first 'official' Ontario roadmap is credited to the Ontario Ministry of Transportation in 1923. Late in the 1920's the America Automobile Assoc. (AAA) issued the first colored maps to show the best roads and it was a time when American roads were being upgraded to concrete or paved roads and early maps indicate this.

In the 30's the AAA would send out Pathfinders to compare the routes and seek out construction areas and better routes for people to travel on and reflect these things on their road maps.

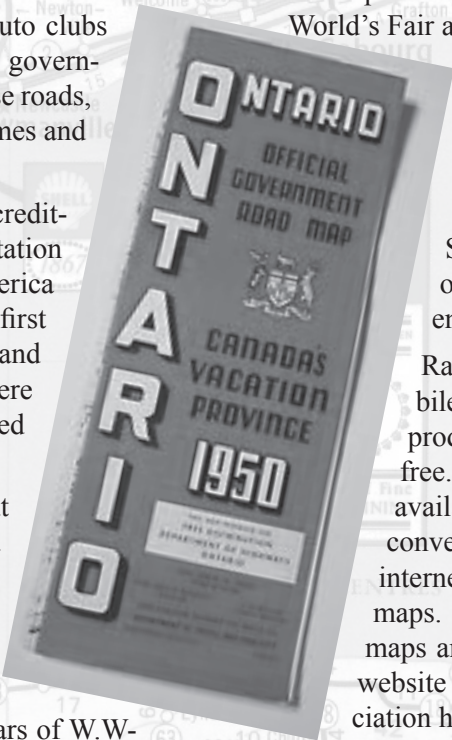
During the 1940's road map printing came to a standstill due to the war years of W.W-II. Tourism all but ended because of the gasoline rations at the time.

From the 1950's into the 60's travel boomed and so did making road maps. Maps began to show a new form of highways called interstates and major highways in Canada the new Trans-Canada Highway opened in 1962 and wasn't fully completed until 1971. Did you know that it was the lengthiest uninterrupted highway in the world at that time? Also parks, military bases and more were being featured on roadmaps. The AAA also issued special maps for special events such as the World's Fair and the Olympics games.

In the 80's a pattern of spring and fall road construction began and it became too costly for oil companies to keep up and show these changes on their maps. Slowly one after another the days of the free road map came to an end.

Rand-McNally and many Automobile Clubs around the world now produce road maps that were onetime free. Folding maps and books are still available in gas stations, grocery stores, convenience stores and bookstores. The internet is also a valuable source of road maps. Today, many of those old road maps are collector items. There's even a website to the Road Map Collectors Association <http://www.roadmap.org>.

Some - how reading a road map online just isn't as much fun as trying to re-fold those old maps.



NOTICE OF PUBLIC MEETING FOR CENTRAL PARK REDEVELOPMENT

Date: Tuesday, April 10th, 2018
Time: 6:00pm to 8:30pm Open house with a presentation from 7:00pm to 7:30pm
Location: Evergreen Hamilton
294 James Street North
Hamilton, ON L8R 2L3

The City of Hamilton will be hosting a Public Information Centre to present the Concept Plan for Central Park (Ward 2), the program elements that will be removed from the park and those that are proposed and the timing of redevelopment. The City would like resident feedback and staff will be available to take questions. Your presence and input will be appreciated.

If you are unable to attend the public meeting you can send your comments to the project manager. Project updates will be posted on the City of Hamilton's website at <https://www.hamilton.ca/parks-recreation/improving-our-parks/central-park>. The project page will remain active for the duration of the project.

For further information you can contact the project manager:
Louise Thomassin, City of Hamilton – Landscape Architectural Services
E-mail: louise.thomassin@hamilton.ca; Phone: 905-546-2424 ext.1303

If you have accessibility requirements to participate in this event please contact Louise Thomassin. Advance requests are encouraged to enable us to meet your needs. Information will be collected in accordance with the Freedom of Information Act and Protection Privacy Act. All comments will become public record with the exception of personal information.



**David
Christopherson, MP**
Hamilton Centre



**My office is always
happy to provide
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22 Tisdale Street South
Hamilton ON L8N 2V9
Tel: 905-526-0770
hamilton@davidchristopherson.ca
www.davidchristopherson.ca

STAY CONNECTED WITH THE NORTH END BREEZES

Have some North End news of your own to share?



[FACEBOOK.COM/
NORTHENDBREEZES](https://www.facebook.com/NORTHENDBREEZES)



[@NORTHENDBREEZES](https://twitter.com/NORTHENDBREEZES)

OLDSTERS AND THE GIFT OF VOLUNTEERING

SUBMITTED BY MICHELLE FERARA

Boomers, Senior's and Oldsters are typically the demographic providing volunteering in our Communities-gaining great benefit during the 'third-age'. Giving of self or donating money to charity provides a feeling of well-being and personal satisfaction. Many of us were raised to be a good neighbour and help out in our local communities-in fact, Canada has the second highest non-profit and charitable sector in the world-Netherlands is number one. Folks are motivated to help others, to give of their time, talent and funds because it makes them feel good and gives back to their community.

For older people, volunteering your time has a health benefit: decreased depression, lowers blood pressure, and improves cognitive function. Studies show that a sense of purpose-being needed-and connecting with others for a good cause, reduces isolation and keeps older people engaged in their communities. A very interesting side benefit to giving back...older people are teaching younger people by example, what it means to be kind and caring for those in your community. Feeling that you have actually made a difference in another person's life is inspiring. An older person with a lifetime of skills and experiences and a willing heart,-suddenly becomes a teacher, a helper, an individual with a reason to get up and show up and contribute!

Hamilton is truly a community of volunteers and worthy causes and numerous social service agencies and charities waiting for you to come on over and lend a hand. Volunteer! You'll never feel so good as when you give!!

Just another reason to join our folding team!
Coffee & Donuts supplied by:

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289-700-0905 - Support our supporters!



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David R. Simpson
James R. Simpson, QC
Real Estate, Wills and Estates, Powers of Attorney,
Mortgages & Small Business Law

MAY IS HEARING AWARENESS MONTH

The Canadian HARD of HEARING Association will be hosting a panel discussion on hearing loss, tinnitus (ringing in the ears) & Meniere's disease.

Thursday, May 31st, 2018 7:00 to 9:00 pm

The South Gate Church, 120 Clarendon Ave. Hamilton - Rear entrance door & parking lot accessed from Terrace Dr.

Charge: Members—no charge, Guests—\$5
Real Time Captioning and Infra-Red System available

To register or for information: chhahamilton2@gmail.com, 905-575-4964 **Refreshments. All are welcome.**



PORT UPDATE

DOORS OPEN

Hamilton Port Authority is pleased to participate in Doors Open Hamilton again this year.

This year, we'll be opening the doors at our main office at 605 James St. North. You'll have the chance to explore our lovingly-maintained Art Moderne-styled headquarters by the bay, and enjoy the panoramic view from the 6th floor boardroom. Learn all about the Port of Hamilton, including the industries served and the cargo that moves through Ontario's largest port.

Please visit us during Doors Open Hamilton, Saturday, May 5, 10:00am-4:00pm, and Sunday, May 6, 12:00 noon - 4:00pm. We'll look forward to seeing you then!

Free on-site/street parking, Bicycle parking, wheelchair accessible, Public washrooms.

ANNUAL GENERAL MEETING

Friday, May 3 is HPA's Annual General Meeting, and everyone is welcome to attend. Visit our website for details closer to the date: www.hamiltonport.ca.

KARIE MEDICATION REMINDER DEVICE

SUBMITTED BY MICHELLE FERARA

May I tell you about a wonderful product called Karie, developed in Guelph Ontario. Karie is an automated medication management system for use at home. Pills are pre-loaded at the pharmacy (just like the bubblepacks) and the pouch is inserted into the dispenser. Dispenser is plugged into the wall...the device 'reads' the pouches and when it is time to take your medication, it reminds you by sounding a chime and lighting up. It can be programmed to notify (via text/email) a caregiver or family member if you don't take your medication.

Developed by AceAge Inc. in Guelph, the company sees many applications for use, but most especially for Seniors living at home who need a reminder to take their meds-and provide peace of mind to a family member by contacting them if the meds are not taken. What a wonderful idea-we will be seeing this in smart homes everywhere-genius!

The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 ext 3004, by email at office@northendbreezes.com or on our website: www.northendbreezes.com

Published by:

North End Breezes Board of Directors:

Paul Havercroft, Ian McDonald, Marie Mushing, Chris Pearson, Sarah Harvie, Annabel Krupp, Brenda Duke

Co-Ordinator: Brenda Duke

Layout and Design: Katie Fitzgerald

Ad Sales: Annabel Krupp

Circulation & Distribution: The Board, JoAnn Osti, Faye Grasley, Linda Robinson

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION: The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

Help us grow your Breezes.

We are looking for ideas, submissions, advertisers. Please email your thoughts to office@northendbreezes.com or call 905-523-6611 x.3004. Leave your contact name and number and we'll get back to you.

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda



ARTS & ENTERTAINMENT

SUBMITTED BY TRACEE LEE-HOLLOWAY

For fans of the Barton Art Party, I am happy to announce that it has been re-branded as King Street Art Fete. The monthly art destination for artists, makers, and visitors to experience the neighbourhood has moved south and is happening April 20th. Contact Jim Watts of Vagabond Saints fame for more information.

As you make your way through town, be sure to visit the amazing new Anne Foster store window display by Whitney McMeekin of (Girl On The Wing) that is featured in the windows at 28 James St N, Inside the Lister Block. The iconic store served Hamilton’s music lovers of all kinds for 50+ years. It’s a nostalgic trip down memory lane.

On the first Friday of every month, admission to the Art Gallery of Hamilton Gallery admission and tours are FREE for everyone from 4:00 pm until 8:00 pm.

Miss the 80’s? The Casbah is the place to be the first and third Saturdays of each month featuring RiskyBiz80’s and FirstWave Retrograde you can dance the night away.

Don’t forget that Soundhaus North, the electronic music event is held every second Friday at Park Street Gasworks. featuring live music, experiments in light and sound, art and a DJ.

Interested in watching and being part of a live art competition? Art Battle happens every third Thursday at the Spice Factory; a chance to get up close and personal. Meet the artists, munch on great food and listen to some great tunes. An experience like none other!

| | |
|---|--|
| King Street Art Fete at Vagabond Saints 461 King Street East, Hamilton L8N 1C7 289.389.0826 | The Casbah 306 King Street West, Hamilton L8P 1B1 905.741.7625 |
| Lister Block 28 James Street North, Hamilton L8R 1A1 | The Park Street Gasworks https://www.facebook.com/pages/Gasworks/1399601473651529 141 Park Street N, Hamilton |
| Girl On The Wing 181 King Street East, Hamilton L8N 1B3 289.389.9898 | Soundhaus North https://www.facebook.com/SoundHausNorth/ |
| AGH (Art Gallery of Hamilton) 123 King Street West, Hamilton L8P 4S8 905.527.6610 | Art Battle https://www.facebook.com/SmithandPatel/ |
| | The Spice Factory 121 Hughson Street North, 905.522.1112 |

Whenever two people meet there are really six people present. There is each man as he sees himself, Each man as the other sees him- And each man as he really is. ~William James 1842-1910

Links to my last columns:

<https://goo.gl/0QCZ3h>
<http://northendbreezes.com/arts-and-entertainment/>

Visit me on Facebook! www.facebook.com/tracee.leeholloway

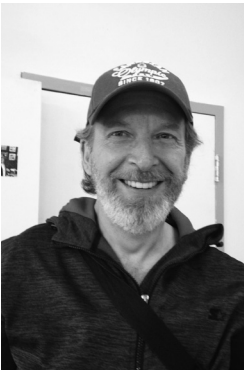
Find me in the Twitter-verse! <https://twitter.com/rockstarauthor>

Check out my blogs! <http://followtracee.blogspot.ca/> • <http://thetroublewithtracee.blogspot.ca/>



Tracee Lee-Holloway is an arts advocate and creative community builder here in Hamilton. A 2015 Hamilton’s Arts nominee for Arts innovations. A fervent supporter of the grassroots arts & music scene, her main agenda is helping and supporting others build momentum to get to the next level.

WALKABOUT
SUBMITTED BY KEN HIRTER



Did you know that the National Volunteer Week-Volunteer Canada runs from April 15th-21st. 2018. This is a time to celebrate and to give thanks to Canada’s 12.7 million volunteers and to recognize the contributions of volunteers within our communities.

This month’s Walkabout “Profile in Faces” features a face that makes a difference within our communities; Miss Lynne John. Lynne started her volunteering upon retiring in 2010 and she shows no sign of slowing down any day soon.

Many here in Hamilton’s North End would recognize Lynne as the effervescent greeter at the Welcome Inn Community Center’s foodbank three times a week. She also performs double duty volunteering with the Seniors Lunch Program dedicating and putting in over 500 hours per year. “No one should have to go to bed starving, nor any senior to be alone or ever forgotten”. I spoke with Miss Lynne recently and at times tears came to her eyes as she fondly remembers the loss of two of her cherished friends from the Welcome Inn Senior’s Lunch Program. Lynne remembers longtime North Ender’s and cherished friends Sylvia Ardrey (Ma), and Miss Annie Barker (Rambling Rose) whom Lynne shared a mother daughter relationship/friendship till her recent passing at the age of 99.

Lynne is a powerful example also that is reflected by her healthy lifestyle developed by attending the North Hamilton Community Center’s Senior’s kitchen every month for healthy alternatives, and both educating and learning about nourishing meals. As for fitness, Lynne reflects that age is just a number and proves that at the age of 75 you can be active, look great and maintain an infectious positive attitude. She does the treadmill and exercises at the Rehabilitation Health Center and also at the NHCHC.

Recently Lynne’s son Brad was featured in the Hamilton Spectator as the (HSR) bus driver who stopped his bus to assist a handicapped passenger get across the street to visit a park. I indicated to Lynne that the apple does not fall far from the tree. Lynne is a proud mother of two sons, six grandchildren and three great grandchildren. They are her gem stones and the twinkling light in her beautiful radiant blue eyes. ~Beauty is in the Eye of the Beholder~

Here in the North End of Hamilton Lynne is a jewel in the eyes of many who have crossed her path or have met her; she is a good friend and a lovely lady. She is of one of those 12.7 million volunteers who follow their passion and their hearts.

In closing I asked Lynne her favorite quotes that resonates and speaks to her. ~LIVE, LOVE, LAUGH and always smile.....and, ~Enjoy today because you don’t know what tomorrow may bring~

Thanks Lynne for your being one of the many pillars within the community to build that of better tomorrow. “Keep on Smiling Sunshine”

Until next month, take care of you and those around you. Cheers everyone and make it a good day today.

SIGNS ARE CHANGING

SUBMITTED BY
NORTH END NEIGHBOURS ASSOCIATION



Our neighbourhood gateway signs are changing. The blue ones you see as you enter our neighbourhood have been temporary and now the city has reached out to the North End Neighbourhood Association to help create new ones. There are 6 signs in total and each one will contain the same artwork and be approximately the same size as the temporary ones.

The city has two requests for North End residents.

1. What text if any do we want on the signs? It can remain the same as it currently is. “Welcome to the North End. A child and family friendly neighbourhood” or it can be something new.
2. Where is the text? The text can be part of the sign or hang below the sign.

NENa is requesting all slogan suggestions be submitted by April 4th 2018 to northendneighbours.com or nen.president@gmail.com

Voting will take place starting April 11th on our website.

Once we have voted on the slogan the city will commence a formal Request for Artwork for the signs. The artwork will be open to all Artists and a jury which will include 2 or 3 members of the neighbourhood will select the winning option.

Get your thinking caps on and have some fun.

Curtis Biehler NENa President





ST. LAWRENCE CHURCH

475 Mary Street, Hamilton, ON
Your Catholic Church in the North End
"Where Faith Builds Community"

Parish Pastor:

Fr. Heinner Paucar, OMI

PARISH OFFICE HOURS

9:00 am - 4:30 pm

Monday to Friday

Email:

stlawrencehamilton
@hamiltondiocese.com

Contact us at (905) 529-3921
Use this number to contact a priest, book a home visit for the sick, inquire about sacraments, request hall rental info and much, much more!

Call (905) 522-9828 to arrange an appointment.

JOIN US FOR SUNDAY MASS:

Eucharistic Adoration
each Saturday at 6:30 pm

Confessions: During the adoration time or before masses

SATURDAY 7:00pm

SUNDAY MASS 10:30 am
(English Mass)

5:00 pm Filipino Mass
(1 and 3 Sunday of each month)

WEEKDAY MASS

Tuesday 8:00am
Wednesday 8:00am
Thursday 8:00am
Friday 8:00am

PARISH HALL FOR RENT St. Lawrence Church (Corner of Mary & Picton Sts.)

Need a place to host a Holiday Party, Family Birthday, Shower, Reception, Anniversary or Special Event.

For more info, to obtain a copy of the Hall Rental Agreement or to check availability, please call

(905) 529-3921

Or Email us at:

stlawrencehamilton@hamiltondiocese.com

HER MAJESTY'S ARMY & NAVY

96 Macnab St N, Hamilton
905-527-1000

"Your Neighbourhood Place for FUN"

Still Open for Business

&

Waiting for you to Drop In!



Bring your dancing shoes! We always have fun!

UPCOMING EVENTS IN MARCH

| | |
|--------------|--------------------------------|
| Apr 5, 2018 | *Tim Hebert |
| Apr 12, 2018 | *City Kidz |
| Apr 19, 2018 | *Blue Diamonds |
| Apr 26, 2018 | *Big John & The Night Trippers |

WE HAVE LOTS TO OFFER!

THE BEST BAR TENDERS.

GREAT MEMBERS AND FRIENDS YOU HAVE NOT MET YET.

JOIN US FOR EUCHRE EVERY TUESDAY AT 2 PM.

DARTS OPEN HOUSE ON SATURDAYS.

6 BOARDS AVAILABLE

WE ARE CLOSED SUNDAYS, BUT IT IS NEGOTIABLE. **CALL 905-527-1000**

Trees Please

Do you wonder about the air quality in the North End?

Would you like to see more trees in the neighbourhood?

JOIN TREES PLEASE!

We will be focused on the North End from June to September 2018.

We need volunteers to:

- Collect air quality data
- Assess tree health

We have the tools and will teach you everything you need to know!

Contact treespleasehamilton@gmail.com
905-549-0900

Air and tree data collected by volunteers will be mapped to highlight areas that have both poor air quality and not enough trees. These areas will be prioritized in a neighbourhood tree planting strategy designed to improve local air quality and the urban forest.



www.treespleasehamilton.org

Trees Please is a project of Environment Hamilton and the Hamilton Naturalists' Club

This project is possible through the generous support of the Ontario Trillium Foundation



HUGHSON STREET BAPTIST CHURCH

383 Hughson St N, Hamilton

CONTACT INFO:

905.527.3972

office@hughson.ca

www.hughson.ca

OFFICE HOURS: Mon to Friday 9AM - 4PM

SUNDAY MORNING SERVICE BENNETTO SCHOOL 10:00AM

47 Simcoe St E, Hamilton, ON

Hughson Street Baptist Church has been a part of the North End since 1887. Each Sunday we gather for a lively time of worship with music, and relevant teaching from the Bible. There is a program for children who are babies right through Grade 8. During the week we have several Youth centered programs and our Coffee's On drop-in on Friday mornings. Give us a call, or check the website for details: www.hughson.ca



CONTINUING EDUCATION IN-CLASS OR ONLINE

Register now and start a program, course or workshop this spring.

ce.mohawkcollege.ca

MOHAWK
FUTURE READY



BENNETTO COMMUNITY CENTRE
450 Hughson Street North
905-546-4944 • www.hamilton.ca

It's SPRING! HURRY IN!
Our Spring swim lessons start as of April 3rd, 2018.
There are spaces still available.
Contact our front desk for registration information.

We have free Family Swims on Mondays from 5:30 to 6:30pm and Fridays from 6:00 to 7:00pm. So come out for some FUN & EXERCISE.

New Spring and Summer Guides are now at your local Recreation Centres for you to pick up.

ON LAND AND IN GYM:

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|-----------------------------------|--|-----------------------------------|--|---|---------------|
| Open Gym (13-17yrs) 7:30-8:30pm | Book Mobile 2:30-4:30pm | Open Gym (Parent and Tot) 11:00am-1:00pm FREE | Book Mobile 6:00-8:00pm | Open Gym (6-12yrs) 6:30-8:00pm FREE | Open Gym (Family) 12:00-2:00pm | CLOSED |
| | | Open Gym (13-17yrs) 7:30-8:30pm | | | Open Gym (9-17yrs) 2:00-3:30pm | |

LAST MONTHLY MOVIE NIGHTS BEFORE FALL

Come and watch a Family movie on the gym wall!
There will be Popcorn and a small low cost concession stand for all your movie munchies!

Friday, April 27th, 2018
Friday, May 25th, 2018

Doors Open At 5:30pm. Movie Starts At 6:00pm
Cost: FREE!!!

Children MUST be accompanied by a Parent Or Guardian (18+)

**YOUR VOICE.
YOUR SUPPORT.
YOUR COMMUNITY.**

Donations for the North End Breezes can be made C/O the North Hamilton Community Health Centre, located at 438 Hughson St N, Hamilton.

Donation amount:
\$25 ☐ \$50 ☐
\$100 ☐ Other \$ _____

OR monthly donation in the amount of \$ _____

Please complete the following form and enclose if donating by cheque:

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE NUMBER: _____

OR visit northendbreezes.com to make a donation through PayPal! Please make cheques payable to North Hamilton Community Health Centre. Tax receipt will be sent to address above within 30 days of receipt of donation. Please check this box if you agree to have your name included in the Breezes as a donor. [Charitable taxation #10392 9162 RR0001]



ARE YOU LOOKING FOR WAYS TO BE PART OF A FUN COMMUNITY?

Consider joining the volunteer team at Welcome Inn.

Great people.

Good fun.

Meaningful work.

Lots of different stypes of volunteering opportunities available. New Horizons Thrift Store. Food Bank. Seniors. Children's After School Clubs. Connect with Ruth, to start the conversation about joining our team!

T• 905-525-5824 | ruth@welcomeinn.ca

THE ADVENTURES IN ART PROGRAM

If you're between theages of 11-14 and enjoy art, come join us for some fun! Learn about different artistic techniques while connecting with some new friends. What are you waiting for?

Who: Ages 11-14
Where: Welcome Inn Community Centre
When: Mondays from 6:30 - 8:30 PM
Contact Gladys to register: 905-525-5824 | gladys@welcomeinn.ca

SUMMER DAY CAMP 2018

Planning for Summer Day Camp 2018 is already underway. Get ready for fun in the sun including arts and crafts, sports, games, swimming, snacks, weekly trips and so much more!

Registrations are available starting April 3rd at Welcome Inn.

Spaces are limited so don't delay!

Who: Campers 5-11 years old
Where: Bennetto Recreation Centre
When: July 3rd-27th
Contact Gladys to register: 905-525-5824 | gladys@welcomeinn.ca

WELCOME INN COMMUNITY CENTRE
40 Wood St E | 905-525-5824 | info@welcomeinn.ca

CITY KIDZ FUNDRAISING GARAGE SALE

Saturday, April 28, 2018 from 8:00 am to 3.30 pm. Over 20 vendors!!
Email William for more information knighthawk14@yahoo.ca for cost to set up.

FREE 8-SESSION WORKSHOPS FOR MOMS & DADS OF CHILDREN UP TO 6 YEARS

- Right From the Start** – For moms and dads of babies under 24 months. Participants will learn how to read babies cues and foster infant attachment security. Begins Tuesday April 24st – June 12th, 2018 - 9:30 a.m.–11:30 a.m. The Waterdown Ontario Early Years Centre, 315 Dundas St. E. Waterdown, ON
- COPEing with Toddler Behaviour** - For moms and dads of children 12-36 months. Participants will learn approaches to enhance the parent-child relationship & improve child behavior. Begins Wednesday, April 4th - May 23rd, 2018 – 6:00 p.m.-8:00 p.m.at the Family Church of Heritage Green, 360 Isaac Brock Dr., Stoney Creek, ON
- Circle of Security Parenting Group** – For moms and dads of children 1-6 years. Participants will learn strategies to enhance the parent - child relationship and improve child behavior. Begins Thursday, May 3rd- June 21st, 2018 - 9:30 a.m.–11:30 a.m. at The Ron Joyce Children's Health Centre, 325 Wellington St. N, Hamilton.

Snacks, prizes, transportation assistance & limited free childcare are available. Register on line at www.mch-communityed.ca (scroll down to Registration Form / Infant Parent Program). For more information please contact me at ellisjul@hhsc.ca or 905-521-2100 ext. 77406 or visit us at www.mcmasterchildrenshospital.ca/IPP

NORTH ENDER OF THE YEAR

It's time again to start thinking about The North Ender of the Year Award. The date is **Saturday, July 14th**. Stay tuned for details of the time and location.

Please email your nomination to **summerofyesterday@gmail.com**



THE SUNSET CULTURAL GARDEN - A PLACE FOR RESTORING WONDER

SUBMITTED BY
CANDY VENNING

There is a place.
Built by volunteers.
Visited by winged creatures that need wild spaces.
A circle to bring us together.
Poetry to feed the soul and flowers to
feed our pollinators
Celebrations of dance.
Children laughing.
Benches to rest upon.
Pathways home.
Sunsets to remember.

The Sunset Cultural Garden was created nearly 4 years ago by local residents, on empty land leased from the City, for use as a community garden space. Traditionally that meant growing vegetables, but garden and community can have numerous meanings. Due to a lack of water on site and a need to maintain large beds with a small labour force, designing a meadow habitat for native plants, native pollinators as well as a fully accessible public space for people to enjoy masses of wild flowers, was the best possible solution.

Through the passion and persistence of a small group of volunteers, some very kind financial donors, (including a grant through the Chinese community via participatory budgeting 2013) what was a flat patch of scruffy grass at the top of a hill has turned into a unique oasis.

The idea of placing poetry in the garden was championed by Rae Pemberton who was inspired by the 76 different languages spoken at nearby Sir John A. Macdonald Secondary School. The poetry plaques each composed to include sunset references, and are written in 14 languages. As for plants; Spring bulbs you might see soon include Scilla, Crocus, Pushkinia, Daffodils and Tulips, & later we can look forward to blue Camassia, Alliums and the huge orange Fritillaria or 'Skunk lily'.

After and amidst the spring bulbs will be an impressive array of over 2000 native perennials.

A full list of plants as well as the history of the gardens' creation, people and groups involved would be lovely on some signage or a plaque someday.

This garden exists despite numerous challenges, some financial and others due to City guidelines. For example, no additional trees were allowed to be planted, no concrete to hold posts for shade structures, and no ornamental fencing or paved walkways were permitted. As a group, we brainstormed creative workarounds to move beyond limitations and built a restorative little oasis with benches, permeable pathways, poetry and big bountiful flowers and grasses.

My hope is that more people will recognize how very privileged we are to have this little oasis and how special it is.

The land it sits upon will be developed in some way, at some time, we don't yet know, and the entire garden will be (literally) up in the air and relocated across the street. We'd love to keep community engaged so this year we hope to bring an outdoor art installation to the gardens, we just had the Easter egg hunt, there will be a Jane's walk and maybe a picnic or other gathering later this year. We'd truly love your support, love to see some additional volunteers, followers, cheerleaders and encouragement - find out more about the garden on Facebook 'The Sunset Cultural Garden' or write directly to me at candyvenning@gmail.com

FASHION FOR APRIL 2018

SUBMITTED BY ALEXANDRA SEMPIE

"You can have anything you want in life if you dress for it," - Edith Head

Spring is in the air, you can feel it in your heart and you can see it on the fashion conscious. Designers have launched their new spring looks and people can't wait to get their hands on new looks and styles. Spring is a curtail time for the fashion industry; Fashion Week is about to kick off and anyone who is anyone is looking to the runways to catch a glimpse of what's hot and what's not this season. Let's have a look at the latest trends we can expect to see hitting the runways this season.

Coats and jackets are often sneered at in the fashion industry. People think that coats cover up your outfit, forcing you to sacrifice style for warmth and comfort. This season, don't worry about your coat covering your style, because your coat IS your style, with the reused trend, trench coats. Trench coats have been in and out of the fashion world for years, but now they're back and being used by some of the most influential designers in the world; Marc Jacobs, Karl Lagerfeld, and Alexander McQueen, to name a few. So whether you have a trench coat from previous years or you want a new accessory to rock your look, grab one now and strut your stuff.

One of the most painful fashions was the hobble skirt, invented by Frenchman Paul Poiret in 1908. While many women suffered at their newly shackled legs, the hobble skirt paved the way for this season's trendiest look: the pencil skirt. The pencil skirt has been a staple in the fashion and business world, providing a sleek and sophisticated look for many women throughout the decades. It provides comfort and elegance without even trying, a style we can all get behind!



*Trench Coats.
Photo courtesy
of Who
What Wear.*

IN

- Waist Belts
- Sneakers
- Shirt Cuffs

OUT

- Puffer Jackets
- Gold Bangles
- Ripped Jeans

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RECENT SOCIAL JUSTICE INITIATIVES

SUBMITTED BY BOB WOOD

The Hamilton Community Legal Clinic (HCLC) continues to be active on social justice initiatives in Hamilton and across the country. Two recent efforts stand out.

Celebration of African Canadian Heritage

In February a celebration of African Canadian heritage took place at the Hamilton Central Library.

The event was billed as Know Your Rights: Access to Justice for the African-Canadian Community Connaissez - Vos droits: L'accès à la justice pour la communauté Afro-Canadienne.

The bilingual event focussed on Access to Justice for the Black Community and dealt with education law, housing law, human rights, criminal law & police complaints, child protection and mental health law.

Panel members spoke to these topics and worked in conversation circles with the more than one hundred participants who attended.

Call for Inquiry

Several years ago the Hamilton Community Legal Clinic embarked on a collaborative journey with Aboriginal agencies and networks.

The program that was developed, called YÉN:TENE, works to improve access to justice for Indigenous people in Hamilton and surrounding communities.

In that context, we felt compelled to address the death of Colten Boushie and the Justice's system response to it.

In 2016, twenty-two old Boushie died in Saskatchewan after being shot by Gerald Stanley. Stanley, charged with second-degree murder was acquitted on February 9th.

Along with other Indigenous Justice Coordinators (IJC's) in Southwest Ontario, we have written to Jody Wilson-Raybould, Minister of Justice and Attorney General of Canada. We have asked for an inquiry into Colten Boushie's death. We want the treatment of Boushie's family that occurred during the investigation process looked into as well.

We have called for funding of Indigenous law institutes. These institutes would promote the development, use, and understanding of Indigenous laws and access to justice in accordance with the unique. That call is spelled out in the Truth and Reconciliation Commissions' Call to Action #50.

"Indigenous people in Canada should never feel we are part of a disposable population. We should never feel unsafe or targeted on our own land. The Gerald Stanley verdict has contributed to the escalating feeling of hopelessness and vulnerability that we feel in this country. There is hopelessness and vulnerability in a legal system that has proven over and over again to not work for us, notes Lyndon George, IJC with YÉN:TENE of the HCLC.

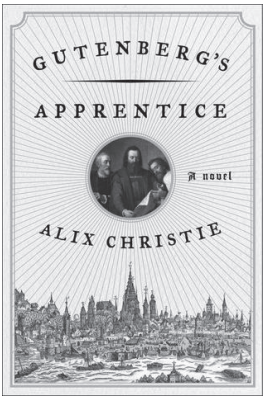
The IJC's are seeking endorsements from other organizations.

Bob Wood is a Community Worker at the Hamilton Community Legal Clinic. More information on the initiatives described above can be found at www.hamiltonjustice.ca

BOOK CLUB CORNER



SUBMITTED BY KIT DARLING



At our March meeting we discussed Gutenberg's Apprentice by Alix Christie.

This novel describes the development of the printing press, an invention that changed the known world rapidly. We follow the events through the eyes of Peter, a trained scribe who is co-opted by his foster father, Johann Fust to apprentice to Johannes Gutenberg in order to keep an eye on Fust's investment in the project. The writing is detailed but not boring, immersing us in the smells, sounds and labour in the workshop and the political intrigue and events that swirled around Europe at that time. Some members found the book a bit too long; others thoroughly enjoyed it.

And here are recommended reads available from the Hamilton Public Library. Visit the Bookmobile at Bennetto Recreation Centre on Tuesday (2:30 to 4:30) and Thursday (6:00 to 8:00) or go online at hpl.ca to reserve a copy.

The Song of Batoche by Maia Caron. Caron was inspired to write a story of the 1885 Northwest Rebellion. Riel returns from his exile in Montana to lead the Métis in the fight for their lands. An interesting perspective on Riel, Dumont and the politics of Canada and the role of Sir John A. MacDonald, the roman Catholic Church and the Hudson's Bay Company. Engaging and informative. (Kit)

Mothers and Other Strangers by Gina Sorell. The opening sentence of this novel grabs you immediately. "My father proposed to my mother at gunpoint when she was nineteen, and knowing that she was pregnant with a dead man's child, she accepted." In some ways, this line may be the best part of the book. Elsie returns home upon her mother's death and becomes embroiled in a mystery. Who was her mother? Why was she so attached to a new-age cult? What event caused her to move precipitously from South Africa to Canada with her young daughter? Eventually Elsie unravels the mystery to the reader's satisfaction. Engaging if not great fiction. (Kit)

Have you read any of our recommendations? Liked any of the same books we talked about or disagreed totally? Let us know at bayareabookclub@bell.net.



Janes walk May 4th, 5th & 6th

To find out more about our 2018 walks and how you can participate please visit janewalk.org/Canada/Hamilton or find us on Twitter @JanesWalkHamOnt or Jane's Walk Hamilton on Facebook.

Jane Jacobs (1916-2006)
In her book The Death and Life of Great American Cities she wrote, "Cities have the capability of providing something for everybody, only because, and only when, they are created by everybody."



Cities have the capability of providing something for everybody, only because, and only when, they are created by everybody.

— Jane Jacobs —

AZ QUOTES

You know spring has officially arrived when you start to see and hear news about the annual Jane's Walk Festival. Jane's Walk is a series of free, citizen-led walking conversations inspired by urbanist and activist Jane Jacobs. Hamilton has been participating since 2013.

The "Walk" honours Jane's ideas and legacy. Although she was not a formally educated planner, Jane had great visions for city design. And her body of work has had a profound influence on planners, architects, politicians, and activists alike.

Jane Jacobs thought of cities as adaptable ecosystems that thrive when communities are designed so that home, work, and play are all within reach. She believed local residents should have a voice in how their cities develop, and encouraged citizens to get to know more about the dynamics of their neighbourhoods. In her 1957 essay "Downtown is for People" she wrote, "No [planner] can find what will work for our cities by looking at ... suburban garden cities, manipulating scale models, or inventing dream cities. You've got to get out and walk."

Jane's Walks are intended to get people walking and talking in our neighbourhoods. They invite us to come out and see for ourselves what makes our city great. Walks are organized and led by everyday Hamiltonians who want to share what they know about special places in the city and typically last from one to two hours. Walks are an opportunity to meet our neighbours, make new friends, learn something new or share our knowledge. We can join a walk in a neighbourhood that we know or choose a walk somewhere we've never explored. To date, hundreds of participants have enjoyed walks throughout the lower city, on the mountain, and in Stoney Creek, Dundas and Ancaster.

Jane's Walks give us an opportunity to have meaningful conversations about the past, present and future of our neighbourhoods - from the architectural aspects to the psychosocial and environmental impacts that affect our everyday lives. The walks also provide us with a platform to make our voices heard inside City Hall. Staying informed and connected on a local level was important to Jane Jacobs.

ARE YOU LOOKING TO GET INVOLVED WITH THE BREEZES?

It's been said that volunteering is a gift that keeps on giving. When you vote, your vote is for a term or a candidate but when you volunteer, your efforts impact many and go on forever to build your community. The North End Breezes relies on volunteers that want to impact many and whatever you can do will carry on. Volunteering is an act of believing in your passion and your beliefs; we need you. Where do your interests lie? Do you enjoy social time with friends and neighbours? Join our Folding Team on the last Friday of the month at Hughson Street Baptist Church. Are you a go-getter and a social person who loves the Breezes? Do you get out and about in the area? Do you know people who need to promote their business or services? Join our Ad Sales Team to spread the word about the benefits of advertising with the Breezes. Or maybe you have ideas that could help us become more visible in the community and raise the money that will make us sustainable. Join our Event Planners Team to help us by offering your skills, your expertise

and your ideas. And what about those that are great at administration and behind the scenes organizing? The Breezes is constantly evolving and looking for ways to improve. Join our Publication Team to bring fresh ideas to the table and help implement them. Maybe you love to walk around your neighborhood/? Maybe you are looking for a part time job close to home? Then come forward and Join our Distribution Team. Pick an area, commit to delivering and help distribute our paper. Are there any "Tech Savy" people who want to get involved? Facebook, Twitter and our web site can all use some help. Join our Media Team and see where you can help to spread the word. These are only a few ideas to continue an unheard of success in the publication world. Over 48 years of bringing news of the community to the community. You can help; a little or a lot, it all makes a difference, Email us at office@northendbreezes.com or connect on our web site at www.northendbreezes.com

GARDENS AND VOLUNTEERING

SUBMITTED BY V.O.N. HAMILTON



VON Hamilton is very excited to be working with Hamilton Victory Gardens again this Spring, planting produce in 15 raised garden beds that will grow fresh produce for local food banks and hot meal programs.

Hamilton Victory Gardens is a not-for-profit team of community volunteers dedicated to alleviating hunger and food insecurity in our communities by transforming empty city lots into places of community, education and growth. VON and the Victory Gardens first met in May 2016 to begin work on the logistics of raised garden beds to be constructed on an unused, fenced area at our Adult Day Centre. The gardens were built at the end of April 2017 and yielded over 1300 pounds of produce last summer.

In addition to contributing to the harvest from Hamilton city locations, this garden is truly meaningful for the frail complex senior clients who spend their days at the Centre. For our clients, this garden harkens back to a time when their generation gardened for both enjoyment and necessity. With support from VON staff, students and volunteers, the garden provides clients with the opportunity to participate as productive members of a community that they helped to build.

If you would be interested in helping with the gardens at the Day Centre, please contact:

Janis Doran

905-529-0700 x2251 or

janis.doran@von.ca

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OPENING DOORS TO HAMILTON'S HIDDEN TREASURES

SUBMITTED BY DONNA REID



Spring! That means Doors Open Hamilton is coming. This annual exploration of our city's unique architecture and hidden cultural spaces happens Saturday May 5 and Sunday May 6. And it's FREE!

The doors open concept originated in Europe in the 1980's as a free admission day to heritage sites. In 2000, the City of Toronto created the first North American event as a millennium celebration of heritage.

Between April and October this year over 40 events will take place in communities across Ontario. 2018 is Doors Open Hamilton's 16th annual event!

Doors Open Hamilton is the signature program of the Architectural Conservancy of Ontario Hamilton Region Branch, in partnership with the Hamilton Burlington Society of Architects. This year throughout the city will be open. Doors Open Hamilton is managed by a small group of volunteers led by Committee Chair and North End resident Barbara Murray.

Two new sites to check out this year:

The Royal Hamilton Yacht Club will open their Clubhouse plus the grounds and docks for self-guided tours. The RHYC is celebrating its rich history in our community and on the water.

Cannon Knitting Mills is a former industrial building that began as a foundry in the 1850's. This is a rare opportunity to experience the "before" of a site to be renovated and adaptively reused for residential and commercial space. (Cannon at Mary.)

The full 2018 site list will be available in April online at: www.doorsopenontario.ca/hamilton

And Doors Open Hamilton on Facebook. Have fun exploring. Please share your photos on Twitter @doorsopenhammer #doh18. Love your city!

Donna Reid owns The Hamilton Store on James Street North. She created Doors Open Hamilton in 2002 and remains involved as time permits.

Hamilton Monarch Awards 2018: Celebrating gardeners who love nature!

Hamilton has a unique garden award program that recognizes function as well as good looks.

The Monarch Awards showcase and champion gardeners who create nature-friendly spaces full of native plant diversity, pollinator habitat, healthy soil, sustainable, ecologically sound approaches to garden care.

NEW

This year, the Monarch Awards has a new category for beginners who have just begun their "gardening for nature" journey. The Caterpillar Award recognizes those gardeners who are on their way to becoming mature Monarchs.

Apply today to one of these programs. It's free!

For more information visit <http://monarchawardshamilton.org/>

Monarch Awards organizers thank the City of Hamilton for its support as well as the support from program partners Royal Botanical Gardens, Hamilton Pollinator Paradise Project (Environment Hamilton and the Hamilton Naturalists' Club) and the Crown Point Garden Club.

NORTH END NEWCOMER: WHAT'S THAT SMELL?

SUBMITTED BY ROSE DIVECHA



April, it turns out, is Cannabis Awareness Month. Let's just say I have never been as aware of cannabis as I have been since moving to the North End. That's not meant to be offensive, that's simply a fact. One you have also probably observed if you've...let's say...left your house. It's quite common, while out walking, to catch a whiff of the skunky smell that so often wafts across our city streets. Okay, okay before you start to feel insulted, let me just state for the record, I'm not saying all North Enders are smokers. Additionally, I'd like to add the disclaimer, I don't smoke it personally, nor do I have anything against anyone who does. But my interest was definitely tweaked one night as my husband and I passed one of the unmarked dispensaries on James Street North while walking home after a dinner out.

We stopped in front of the window to glance inside. I was drawn to the bright lights beyond the tall glass panes, the display cases, the small crowd that had gathered inside. What were we missing?! I had to know. I glanced at one of the two bouncers standing by the front door acting as security. Our eyes met. He smiled and gave a quick head nod in the direction of the shop. Why not? I thought and walked inside.

My husband followed me in and together we perused the glass display cases which held jars filled with buds closely resembling crunchy bite-sized granola clusters. I pretended to know what I was looking at and started wishing I had ordered dessert.

We left the shop, thanking the security guys on our way out, like party goers thanking their hosts. "Thank you, we had such a lovely time!" They were cool and kind and passed no judgement on the fifty year old gawkers. Instead, they held open the door and wished us a good night, the skunky smell I have become quite accustomed to following us out the door.

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For moms and dads of children 0-6 years

Flexible Schedule ♦ Free Childcare
Snacks & Prizes ♦ Transportation Assistance



AWARD WINNING 8-SESSION WORKSHOPS:

- Right from the Start
- COPEing with Toddler Behaviour
- Circle of Security Parenting

REGISTER NOW!

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\$15 for a large box (\$20 value)
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For more info call: 905-523-6611 ext 3007

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Welcome Inn
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STRUGGLING WITH THE TERRIBLE TWOS, TERRIBLE THREES OR TERRIBLE FOURS?

Parenting is incredibly rewarding and it is also one of the hardest jobs in the world. Many children go through the terrible twos (and even the terrible threes and terrible fours!) Does your child have temper tantrums or meltdowns? Is your child constantly fidgeting or unable to concentrate? Are child behaviours causing stress in your family? If you answered yes to any of these questions, then a new study at McMaster University may be for you.



The “Making the Race Fair” study is testing a program aimed at helping families to reduce challenging child behaviours. Many families in the United States have been helped by this program, but it has never been tested in Canada. Researchers at McMaster University want to know if this program will also help Canadian families.

If you are the parent or guardian of a child between the ages of 2 and 4 and are interested in learning more about the “Making the Race Fair” study, please contact Julie Gross by e-mail at grossj@mcmaster.ca or by phone number at (905) 525-9140, ext. 27066. Study visits can take place in your home, and families who take part in the study will be compensated for their time.



McMaster Children's Hospital
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Are You Pregnant?

Join a weekly **free** prenatal nutrition group that's close to where you live!



North Hamilton Community Health Centre
438 Hughson Street North
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Date: Tuesdays 10:00am - 12pm
Thursdays 12:30pm - 2:30pm

Bus Route: 02 or 04

Talk with a Registered Dietitian and a Registered Nurse about:

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You will get:

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Health Connections **905-546-3550**



www.hamilton.ca/PrenatalGroups



[/HealthyFamiliesHamilton](https://www.facebook.com/HealthyFamiliesHamilton)



Hamilton
Public Health Services



NorthHamilton
Community Health Centre

Funding provided in part by the Public Health Agency of Canada

Pier 8 and the OMB

Harbour West Neighbours has appealed the zoning by-law and subdivision plan enacted by City Council to control the future development on Pier 8. The OMB has held two pre-hearing conferences and has approved the six issues to go to a hearing. At the heart of the HWN appeal is the problem created by the fact that the City, as the owner of Pier 8, is the developer. It also has the power to make the rules. It is like the referee at a Tiger Cat game playing for one of the teams. (Two local industries, P+H and Bunge, have also appealed.)

The six issues approved for a hearing can be summarized as follows:

- Are the City traffic and parking studies sufficient to forecast future traffic and parking on the adjacent neighbourhood?
- Does the City zoning for Pier 8 strengthen and enhance the North End Neighbourhood as required by the Official Plan (Setting Sail)?
- Was the public participation carried on by the City adequate and did it provide an effective contribution to the planning process?
- Do the Zoning By-Law and Subdivision comply with the Official Plan (Setting Sail) requirements for an urban design study of Piers 7 & 8?
- Has the North End Traffic Management Plan been fully implemented before development as required by Setting Sail?
- Do the zoning and subdivision by-laws approve a density and character of development for Pier 8 that conforms to the policies of Setting Sail?

The heart of the HWN appeal is that the City has unlawfully moved from the approved number of units (750) and now proposes to build 1500 or more units, increasing traffic and parking demands and preventing Pier 8 development from providing affordable family housing that integrates with the existing homes in the North End neighbourhood. The appeal also will deal with the substantially increased size of commercial and retail uses that also will bring increased traffic and parking. As a child and family friendly neighbourhood, traffic and parking area major issues.

WOULD YOU LIKE TO HELP MAKE A DIFFERENCE?

Together, we can protect our neighbourhood from bad planning decisions by working together. If you will **spend one hour per month** working to make our neighbourhood voice strong, the City may listen. The jobs are simple and easy: Sharing information about new developments; Attending meetings about new developments; Making a phone call to our Councillor; Signing petitions; Taking part in on-line discussions. Making your voice heard. All of these help. If you will spend one hour per month, HWN will coordinate the voices of our neighbourhood on the new City initiatives.



Harbour West Neighbours (HWN) is a neighbourhood advocacy group of North End residents working to ensure that the principles of Setting Sail and the North End Traffic Management Plan are implemented. To help protect your neighbourhood, please send your name, phone number or email address to us. **email:** members@harbourwestneighbours.ca **Web:** www.harbouresteneighbours.ca/join **Phone** 905-769-0809 and we will keep you informed as we work on these issues.

NORTH END BREEZES FREE CLASSIFIED ADS

Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email office@northendbreezes.com

Volunteer Opportunity – VON Hamilton is in need of volunteer drivers to take seniors to medical appointments and provide a little support while waiting. Call 905-529-0700 or email voncsshamilton@von.ca to give your neighbours a lift today.

Volunteer Opportunity – VON Hamilton is looking for volunteers to help out in our adult day centre in the community garden. Call 905-529-0700 or email voncsshamilton@von.ca to showcase your green thumb.

Chef On The Loose-I can shop for food and cook it for you in your home. Lots of experience in the hospitality industry and catering in people's homes. Also, I am looking for salaried work if you know of an open position. Retirement/ Nursing homes, pubs, restaurants, food trucks, camps, cafeterias, I have done it all. Call Les at 905-526-7022 or email: les.szamosvari@gmail.com

Employment Opportunity. Local Hamilton Delivery company looking to hire mature adult for evenings and weekends. 24-32 hours to start. Please call 289-799-9257 / 905-921-9339

Personal Support Worker or equivalent wanted for two or three mornings per week from 10 AM to 1 PM. Also need someone to work in the early evenings for two or three hours per week. \$17 per hour. Job includes personal care, meal preparation and light housekeeping. Looking for someone who lives close to James and Burlington Street.

EMPLOYMENT WANTED: Office administrator with transferable skills in client service, telephone and communications, organization and office management. Part time or full time. Please call Susan at 289 527 3965 or email: sunedghill@yahoo.com

Sewing & Dressmaking. Students and clients wanted. Lessons or alterations available. Ages 6 to 106! Expert in African apparel. Please call Hyacinth 289-308-6176

Children's Birthday Parties! Make your child's birthday the talk of the neighbourhood. Earlee the Entertainer will make it happen. Magic, balloons, paintable tattoos for only \$75.00 per hour. North End Neighbours – special rate of \$65.00 per hour. Earl Ross – 289-439-0166

Minion Parties, Costume Parties. Various characters. For kids and adults. Call Sandra at 289-925-5990

TUTOR AVAILABLE: retired Elementary teacher available to tutor students in my home near Pier 8. I am also TESL certified to assist students with learning English. Please contact me at brockwm@gmail.com if you are interested or have any questions.

YOUR MARKETPLACE



FISHER'S PIER 4 PUB 554 JAMES ST NORTH

World Health Day Saturday April 7th

Try our SPINACH SALAD with dried cranberries, almonds, red onion, baby spinach and your choice of goat or feta cheese served with our homemade spinach dressing (honey, apple cider vinegar and olive oil)

National Siblings Day! Tuesday April 10th

Bring them down for a pint and some wings!!
Tuesday is \$2 off our wings!!

Earth Day! Sunday April 22nd

This is a day we choose to promote efforts that are dedicated to making changes that protect our environment.
At Fishers we will no longer be putting straws in water or pop unless you specify that you would like one.

Open Jam Night: Friday April 27th

Don't forget your dancing shoes!!!
9pm till 12am

Follow us on Facebook, Instagram & Twitter!!!
Sports fans... great TV viewing...even a little cheering once in awhile!!!



JOIN US ON APRIL 21, 2018

Annual Spring Clean Up!

Email: hamiltonalleys@gmail.com
Register your Alley or Join a Team!

THE CN RAIL LINE 

By: Brenda Duke on behalf of Beautiful Alleys

Sad but true, it is a dumping place for people's garbage: old furniture, household waste and building materials. Basically anything that people are too lazy to get rid of properly so they dump illegally.

CN has dedicated staff that patrol and try to do the clean-up but it's a pretty big stretch. It's also one of the first things people notice when they visit the hospital and when they travel through the city.

Beautiful Alleys is dedicated to making our city Clean and Green. Not just the alleys but all of it. People have asked: can't we do anything about the Rail Line? Well, now we have!

This year, CN has partnered with Beautiful Alleys to do a Rail Cleanup. We are recruiting a team of volunteers to work with CN employees do tackle the stretch from Wentworth to John Street. That's going to take a big team. CN will provide supplies, garbage bins and people to move the heavy stuff.

Please contact hamiltonalleys@gmail.com if you'd like to register for the Rail Team so we can verify the area we can cover. Let's Pick it Up!



30 Year Member RAHB



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