

THE COMMUNITY NEWSLETTER OF HAMILTON'S NORTH END

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AIR FORCE DAY A CANADA 150 SIGNATURE EVENT JULY 8, 2017

HAMILTON, ON – The Canadian Warplane Museum at 9280 Airport Rd., Mount Hope (Hamilton) presents Air Force Day: Past Present and Future on Saturday, July 8 from 9 a.m. to 5 p.m.

This Canada 150 Hamilton 2017 Signature Event invites the public to meet current members of the Royal Canadian Air Force, see aircraft up close on the ground and learn the many roles performed by Canada's air force today. From helicopters, trainers and transports to the Vimy Flight biplanes and CF-18 Hornet, plus the museum's collection of vintage military aircraft, including the Avro Lancaster bomber, visitors will have a chance to view over 60 aircrafts.

Visit www.Hamilton.ca/Canada150 to learn more about this event and the featured aircraft.

Admission: Adult (age 16+) \$20, Child (age 6-15) \$15. Price includes HST

Weather date: Sunday July 9, 2017

For more details, visit the website: www.warplane.com; Email: museum@warplane.com; Phone: 1-877-347-3359

For more information about the Vimy Flight and A Nation Soars, a Department of Canadian Heritage-sponsored trilogy that commemorates Canada's integral contributions with the evolution of First World War aviation, watch this video trailer: <http://www.vimyflight.ca/ans.html>

To learn more about the Avro Lancaster Bomber, watch this video trailer:

<https://www.youtube.com/watch?v=5Ol2rem6d3g>

“The Canadian Warplane Heritage as ‘Canada’s Flying Museum’ is pleased and privileged to join forces with the City of Hamilton in celebrating Canada’s 150th Anniversary. Looking back over the many achievements of our rich community history and the many significant contributions to our nation’s progress, we proudly remember the past while recommitting ourselves to work even harder for a brighter future.”

- David G. Rohrer, President & CEO, Canadian Warplane Heritage Museum

“This year, Hamilton joins cities across the country to celebrate Canada’s 150th year as a nation. This important anniversary offers us all a chance to reflect on our city’s contributions to the growth of our nation – from our proud industrial roots to the exciting revitalization transforming our city. It’s also a chance to imagine the kind of city we want to build moving forward.”

- Fred Eisenberger, Mayor, City of Hamilton

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DID YOU KNOW?

In total 7,377 Lancasters rolled off the production lines in Britain and Canada, during WW II. Today, 17 Lancasters survive around the world, but only two are in flying condition.

FAMILY & FUN ZONE

This is our section to help you discover fun things to do, share your stories and let us know what's happening in the North End for family fun.

LEARNING & FUN AFTER SCHOOL!

Is your child in grade 1-4 and looking for something to do after school? If they love playing games, need help with their homework, learning about financial literacy and connecting with friends then LAF is for you! Our Learning and Fun program has spaces available every Monday, Wednesday and Friday from 3-5pm for children in grades 1-4! Please call Tom Wittreich, the Children's Programs Coordinator at 905-525-5824 to find out more about our afterschool program for Bennetto and St. Lawrence kids!

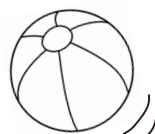
ARE YOU A STUDENT OR A YOUTH WITH STORIES TO SHARE? Contact us at: 905.523.6611 x3004 or office@northendbreezes.com

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**PLEASE ENJOY YOUR
FREE FAMILY SWIM EVERY WEDNESDAY AND FRIDAY, 6 TO 7PM
JULY 3RD – AUGUST 27, 2017**

PICK UP A SUMMER PROGRAM THAT STARTS THE WEEK
OF JUNE 30th, 2016

We will be closed on:

JULY 1ST

AUGUST 7TH

AUGUST 28TH TO SEPTEMBER 10TH FOR MAINTENANCE

CHECK OUT OUR FREE GYM PROGRAMS FOR SUMMER!

Wednesdays:

Family Gym	5:00-6:00pm
Youth Gym 6-12yrs	6:15-7:15pm
Teen Gym 13-17yrs	7:30-8:30pm

CHECK OUT OUR AFTERSCHOOL PROGRAM FOR FALL!

*The program runs Monday to Friday from 3 to 5 pm and is **FREE!** For ages 6 to 12 years old, we do fun things like sports, crafts, challenges, games, board games and swimming on Tuesdays and Thursdays. Each day a healthy snack is provided. Come out and make some new friends or join your already existing ones.*

MISSION TO SEAFARERS

Around the world, The Mission to Seafarers provides help and support to the 1.5 million men and women who face danger every day to keep our global economy afloat.

We work in over 200 ports in 50 countries caring for seafarers of all ranks, nationalities and beliefs. Through our global network of chaplains, staff and volunteers we offer practical, emotional and spiritual support to seafarers through ship visits, drop-in seafarers' centres and a range of welfare and emergency support services.

With the Marine Industry thriving at the Port of Hamilton, there is no better place to connect with employers who are looking to recruit local talent. If you missed our job fair on June 27th, we still have lots of positions still available.

Contacts :

The Rev Ronda Ploughman (Chaplain), The Rev Daniel Phannenhour (Chaplain) Janice Brooks (Volunteer Coordinator/Chaplain). Please contact us at 905-312-0000 or mobile 289-684-1698. We can also be reached through our website www.MTSSO.org or on our face book page.

RAIN BARREL UPDATE!

On May 27th, The North End Breezes held their Rain barrel sale in the parking lot behind Christ Church Cathedral. We sold over 15 rain barrels and various parts raising much needed funds to continue operating The Breezes and bring you the news. Special thanks to Ken Hirter and Marie Mushing who made the time go quickly and assisted. Our thanks to Derek Smith and his team who assisted with the loading and storage and to all of our supporters. Watch for our second annual Rain Barrel Fundraiser in Spring 2018. Bigger and better. Join our fundraising team at office@northendbreezes.com

HUGHSON SUMMER CAMPS PROGRAMS

Escape week
JULY 2-8
for children in Grades 3-8

Your kids are invited to come and enjoy explosive fun in a Christ-centred camp with amazing leaders doing great activities as they enjoy life outdoors in the Muskokas for a whole week.

Visit our website www.hughson.ca for more information and to register your children.

or contact Derek Hisson at 905.517.3972 or by e-mail at derek@hughson.ca

Half-day and Full-day camps for JK to Grade 5
BACKYARD ADVENTURES
For children going into JK to Grade 2 | JULY 17-21 | 12:30-4:00
Lunch, Snack, Crafts, Singing, Bible Stories, Games and MORE!
COSTS ONLY \$10/child

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TRUKSON STREET BAPTIST CHURCH MAKER FUN FACTORY SUMMER CAMP - 2017

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July 24-28
July 31- August 4
August 8-11
9:00AM-4:00PM
ONLY \$25/child/week

visit www.hughson.ca or call 905.527.3972 to register or contact Diana Crosby at diana@hughson.ca

HUGHSON STREET BAPTIST CHURCH

383 Hughson Street N | 905.527.3972 | office@hughson.ca | www.hughson.ca



LET'S GO FISHING!!!

SUBMITTED BY BRIAN ROULSTON



Ahhh...Summer has finally arrived in Southern Ontario. The kids are out of school. That means it's time to hang the "Gone Fishing" sign. It's Fishing Week all across Ontario from July 1st thru July 9th. The Ontario government designates this period to allow

Canadian residences 18 to 64 years of age to LEGALLY fish without a fishing licence. All other rules such as limits still apply however. In Ontario, children below the age of 18 can fish without a licence and take home a full limit of fish if they wish.

Fishing doesn't have to be expensive, a trip to Canadian Tire can get you a cheap starter combo for the kids a fishing rod, reel, line and lures for around \$30 to \$50. Don't forget the live bait!!

Why go fishing? Well.... there are many reasons to go fishing and its fun too!! Being active outside connecting with nature helps you feel better both mentally and physically. You can forget the pressures of daily life. It's all about the challenge of outwitting an elusive perch, trout, pike or bass. You will learn lots patience as well as mastering the art of attracting fish into striking your bait or lure. Fishing can also help you burn unwanted calories while walking or hiking to your fishing spot.

Depending on the weather or the time of day fish move around the lakes and streams in groups called schools in search of food. Ask your fishing buddies, contact the local Conservation Authority or even drop into a local bait and tackle shop. They always know the scoop on what's biting, where and when in the area. Small lakes or ponds that have public access and are probably your best bet to start with. When you get there, walk along the shore. Look for places where the fish might hide or find food. This could include little rock piles, drowned trees, the edges of weed beds, places where the shallow water drops off into deeper water or around docks and piers. Start small, then move to the streams or creeks, then a small lake. Maybe eventually rent a boat to see if you like that. There's nothing like drifting or being anchored and hearing the water slap against the boat while waiting for that big one to come along and snag your line. Again, there are boating licenses and regulations and you must have the proper licenses and permits before you can rent or buy a boat.

If you don't catch anything, don't take it too seriously. There are many reasons the fish aren't biting that day but at least you got out of the house and enjoyed the time with your family. Just remember, if you can't or don't know how to clean(fillet) the fish or intend to eat them.... please... please...put them back in the water.

Check out <http://www.ontariofamilyfishing.com/> for more information on fishing week.

WORK LESS ON YOUR GARDEN, IT'S BETTER FOR EVERYONE (EXCEPT YOUR CHIROPRACTOR)

SUBMITTED BY CANDY VENNI



The last 10 years have seen gardens trends move from the fussy and high maintenance Victorian style, to the 'No Mow' natural look. As much as I fully support our pollinators, I also don't expect everyone to rip up their grass, toss the boxwoods and ditch every annual. Instead, let's find a place where both sides can collaborate and move forward while supporting the environment and saving your back muscles.

1) Try this to amend soil; just add manure as required & sweep leaves directly into the perennial beds. The leaves act as mulch to keep out weeds, while worms and water percolate the manures' nutrients into the soil. Turning the soil (as many landscape maintenance companies do) is actually detrimental, it disturbs the roots of trees, perennials, and the highly beneficial nematodes, fungi, and insects necessary for optimal earth.

2) Try these easy care, drought tolerant, pollinator friendly and tough perennials: Liatris, Coneflower, Columbine, Salvia & Sedum. Easy annuals: Verbena bonariensis, Nicotiana, Alyssum, Calendula (Also easy to save the seeds, skip buying, on all of these and sow directly at the end of May)

3) The lawn has come under a lot of scrutiny of late but it remains a living, breathing, permeable and cooling surface – unlike concrete or acres of black mulch. Many smaller gardens won't need grass; good design and a choice of interesting groundcovers will eliminate mowing (Actually rescuing you from the tyranny of fixing, storing, buying, gassing and starting a mower)

BUT a lawn is also the homeowner's version of a meadow – it's traditional and goes with a traditional home. Larger properties require a grassy area to keep the place looking cared for and inviting. A lawn does not have to be a monoculture with nary a bloom in sight, allowing small spring bulbs, clover and 'gasp', the occasional weed is OK & actually encouraged. An innovative and dependable alternative, Eco-lawn is drought tolerant, requires less fertilizing and can be mown like regular grass or left un-mown for a free-flowing 'carpet effect'. (More info on their homepage www.wildflowerfarm.com)

Continued on page 5

The North End Breezes Team

The Breezes is published on the first day of the month and delivered to 4,200 homes and businesses. Contact us at 905-523-6611 ext 3004, by email at office@northendbreezes.com or on our website www.northendbreezes.com

Published by:

North End Breezes Board of Directors: Sharon Clark, Paul Havercroft, Marie Mushing, Margaret Smith, Chris Pearson, Sarah Harvie

Co-Ordinator: Brenda Duke

Layout and Design: Katie Fitzgerald/Brenda Duke

Ad Sales: Co-Ordinator

Circulation & Distribution: The Board, JoAnn Osti, Linda Robinson, Faye Grasley

The articles written represent the opinions of the individual and must meet the Mission and Vision of The Breezes and the Board of Directors as set out. Articles may be edited for length, tone, clarity and are subject to publication based on available space. We strive to publish articles based on these principles and the applicable time frame for the content.

Deadline for submission is the 15th of the month prior to publication. We appreciate an early notice by the 10th of the month if you want to reserve ad space and early submission gives us time to edit your articles. Pictures and logos are accepted and will be included as space allows.

NORTH END BREEZES MISSION:

The North End Breezes is a not-for-profit team of enthusiastic volunteers who produce a monthly newsletter in order to promote community connectivity and mutual support by engaging our North End Neighbours.

NORTH END BREEZES VISION: The North End Breezes will be a vital resource that promotes harmony, pride and collective community action in a diverse and dynamic neighbourhood.

Help us grow your Breezes. We are looking for ideas, submissions, advertisers. Please email your thoughts to office@northendbreezes.com or call 905-523-6611 ext 3004. Leave your contact name and number and we'll get back to you.

Do you already contribute to our publication? Are you interested in sharing your thoughts about layout, design and content? Let's get together! I'd love to hear your ideas. Email or call and let me know. Thanks, Brenda

**WALKABOUT:
THE HAMILTON WATERFRONT**

SUBMITTED BY KEN HIRTER



“Roll out those Lazy Hazy Crazy Days of Summer” here in Hamilton’s North End this Summer “Yours to Discover” at Discovery Drive at Pier 8. Get to Hamilton’s Waterfront by HSR’s newest Replica Trolley bus by taking the #99 Waterfront Shuttle. For more information their website is www.hamilton.ca/hsr or call 905-527-4441

Visit the HMCS Haida and the Hamilton Harbour or even better yet take the Hamilton Harbour Queen Cruise. If strolling on the grounds you can grab a coffee and dessert at Williams Cafe which has a wonderful patio and an outdoor roller skating rink. Walk around the pier and drop into Sarcoa Restaurant aka JEM at Sarcoa Event Center for a delightful brunch or dinner on their magnificent patio overlooking the beautiful Hamilton Bay.

The Trolleys starting running from June the 25th till September the 04th 2017 and best yet the cost is FREE and is wheelchair accessible.

After getting off the Trolley hop on the Harbour West Trolley Tour ranked #1 on Trip Advisor amongst the top 13 attractions here in Hamilton.

Prices are priced as follows (subject to change) and weather permitting.

- \$6.00 adults
- \$4.00 seniors & children
- FREE for children 3 years and under.

By Day take a calm ride along the picturesque Waterfront to Princess Point each tour is 90 minutes in duration.

For more information please call 905-523-4498 or visit their website www.hamiltonwaterfront.com

If you like spooky and scary and travelling the Trolley by night, then you may enjoy the Trolley Service event called Ghost Walks’ Dark Trolley Tour of Hamilton.

Dark Trolley Tour upcoming dates for 2017:

- July 28th
- August 25th
- October 7th

Also approximately 90 minutes in duration. For more information please call 855-8GHOSTS (844-6787)

For more calendar of Summer events for Hamilton and Hamilton’s North End please contact tourismhamilton.com and for FREE evening outdoors concert series information and dates at Pier 8.

I rode the Red Rocket when I lived in Toronto from 1985-2007 this Summer I will be riding Hamilton’s Red Trolley down to Discovery Drive at Pier 8. Try it today you’ll be glad you did.

Till next month’s Walkabout take care of you and those around you. Cheers



FASHION FOR JULY 2017

SUBMITTED BY ALEXANDRA SEMPIE

“Fashion is about something that comes from within you,”- Ralph Lauren.

As the temperatures rise, designers are playing with different ideas for how to stay cool and look even cooler, so the styles are raging. The most popular design is the classic floral dress, but there’s only so many times a floral dress can be re-designed, so designers are staying on their toes to come up with some new ideas and looks to make sure you stay great and stay cool as you strut your stuff on the beach or on a night out. Let’s have a look at the looks and styles we can expect to see hitting the streets and beaches this month.

With the rising temperatures, the clothes become shorter and more adventurous. Nothing feels as good as a sundress that hugs your every curve and nothing is more freeing than a pair of smashing shorts. This summer, the in thing is bleach white shorts. What better way to keep yourself looking and feeling cool with shorts so bright they practically sparkle. Plus, the bright colour can help reflect those harsh summer rays!

Of course, no outfit is complete without a kicking (pun intended) pair of shoes. This season, pointed flats are all the rage. No matter the colour, pointed flats can bring a touch of class to any outfit.



Pointed flats. Photo courtesy of Vogue Magazine

In	Out
• Metallic shoes	• Overalls
• Ruffles	• Bomber jackets
• Wallpaper print	• Tiny sunglasses

Stay Beautiful!

HER MAJESTY'S ARMY & NAVY

96 Macnab St N, Hamilton
905-527-1000

*The String Theory might be the answer to everything...
..but then again, it might knot.*

**UPCOMING EVENTS
JULY AND AUGUST**

July 6, 2017	Ted Burton
July 13, 2017	Reflections
July 20, 2017	Blue Diamond
June 27, 2017	Big John & The Night Trippers
August 3, 2017	Bruce & Friends
August 10, 2017	Reflections
August 17, 2017	Phil Myles
August 24	City Kidz
August 31, 2017	Big John & The Night Trippers

WE HAVE LOTS TO OFFER!

THE BEST BAR TENDERS.

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HAVE NOT MET YET.

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Sunday: 10:30 am

Join us for Adoration:

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Confession Times:

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OFFICE HOURS

Mon to Friday 9AM - 4PM

SUNDAY MORNING SERVICE

BENNETTO SCHOOL 9:45AM

47 Simcoe St E, Hamilton, ON

Hughson Street Baptist Church has been a part
of the North End since 1887. Each Sunday we
gather for a lively time of worship with music,
and relevant teaching from the Bible. There is a
program for children who are babies right through
Grade 8. During the week we have several Youth
centered programs and our Coffee's On drop-in
on Friday mornings. Give us a call, or check the
website for details: www.hughson.ca

**WORK LESS ON YOUR GARDEN,
IT'S BETTER FOR EVERYONE
(EXCEPT YOUR CHIROPRACTOR)**

Continued from page 3

If you intend to stick with your own, regular sod, try
'Grasscycling,' which was featured on CBC radio
(search their site for the audio file); it involves mow-
ing a dry lawn to prevent clumps of clippings and
only cutting off an inch or so, letting the clippings
fall as a more ecological source of nitrogen and a
natural mulch to keep out weeds.

And there we have it, don't bag and toss your leaves
or mow the grass too much, never mind raking out
the beds or turning the soil. Try even one of the tips
listed above and count the benefits of your 'lackla-
bour' rewards towards a more ecological garden.

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Ask for Rick Brusey or Pat Curtis

COMMUNITY CORNER



FAMILIES RAISING FAMILIES

Are you a Grandparent? Aunt or Uncle? Or another family member raising a young relative?

Let's get together and support each other! Hosted by the Mom's Group from the Keith Neighbourhood, we meet at Eva Rothwell Centre, 460 Wentworth Street, every second Tuesday from 12.30 to 2:00 pm. We'll meet next on May 16 and June 13.

Let us help you find answers with some issues you may face such as:

Behavioural /Frustration Issues/ Disability/Mental Health Issues/Financial Aid/Legal Rights and Support Payments/ Relationships/ School/ Tax Issues.

Your life has changed and together we can learn what to do next.

NORTH ENDER OF THE YEAR AWARD CALL FOR NOMINATIONS

This award recognizes long term residents of the North End for their contributions to the community.

It will be held on July 8, 2017 at Macassa Bay Yacht Club from, noon to 4:00 pm. Come and meet residents, hear their stories and see the amazing photos that have been collected over the years.

Please contact Ed Stewart at 905-844-9360 or email office@northendbreezes.com to register your nomination for 2017 by July 4th.

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SET SAIL ON THE HAMILTON HARBOUR QUEEN FOR A FREE BOAT TOUR

COMPLIMENTS OF THE HAMILTON PORT AUTHORITY

Enjoy an afternoon cruise on the waters of Hamilton Harbour and discover Hamilton's port and its rich maritime history. The tour is on July 16th, from 2:00pm to 4:00pm. Boarding begins at 1:30pm.

For more information please visit Hamilton Port Authority at <http://www.hamiltonport.ca/port-tour>

Tickets will go fast! Book your tickets at <http://www.hamilton-harbourqueen.ca/buy-tickets>

HAMILTON COMMUNITY FOUNDATION

A PLACE TO BELONG

Canada's 150th birthday weekend is almost here! Join us on July 2 to mark the occasion with free admission to 50 conservation, recreation, and cultural locations across the city. For times, details, and locations visit www.placetobelong.ca

Hamilton Community Foundation opens doors across the city for Canada 150. A Place to Belong event provides free access to museums, rec centres and conservation areas

Hamilton, ON – On July 2, 50 cultural, conservation and recreational sites across the city will be open to the public with free admission courtesy of Hamilton Community Foundation. The day-long event called A Place to Belong, is a Canada 150 initiative involving a number of local partners like the Art Gallery of Hamilton, Canadian Heritage Warplane Museum, Workers' Heritage and Arts Centre and Royal Botanical Gardens. Twenty-one recreational centres, 18 conservation areas, and 11 museums and galleries are among the venues open to the public on July 2.

Admission to these sites is free for the day and most include free parking. All the day's activities are family-friendly and vary from venue to venue. Have a swim, go for a picnic or enjoy our museums and world class gardens. From Dundas to Stoney Creek, downtown to the mountain, no matter where you live in Hamilton there's a free activity nearby.

VOLUNTEER OPPORTUNITIES

The North End Breezes is looking for a team with ideas!



We'd like to come together as a community to form a "Fund Raising Committee". These initiatives and ideas will be implemented to help support our newspaper and keep the news of the North End coming to The North End. Email us at office@northendbreezes.com.

START A CONTINUING EDUCATION COURSE THIS SUMMER.

In-class and online courses starting in July and August include:

- Human Resource Management Studies
- Adult Learning
- CPR and First Aid
- Ceramics

More courses are available.
Visit mohawkcollege.ca/ce

Mohawk Alumni can enjoy a \$50 rebate on one Continuing Education course each semester in 2017.



Keep an eye out for our Continuing Education Fall Catalogue in August.



at 50 THE START OF SOMETHING AMAZING

MOHAWK
FUTURE READY

WHO DESIGNS OUR CITIES?

SUBMITTED BY DONNA REID



Spring weather brings people outside – especially to our waterfront, parks, trails, gardens, soccer pitches and pools. I’m sure you’re aware that public space is created, funded (with taxes) and managed by the city. It’s part of city planning. And that is led by our civic leaders and implemented by well trained staff and cherished by the people who make use of these resources.

Did you ever stop to think about the process a city goes through to create a park, garden or gathering place for its citizens? How is use determined? And by what criteria is it evaluated. Who will use it? As the space ages, does it still work? As the demographic of a neighbourhood changes does the space evolve too or become redundant? What’s there now and how is it being used?

A few weeks ago friends and I viewed Citizen Jane at the Westdale Theatre. This is a documentary about Jane Jacobs, a woman who effected change in her New York City neighbourhood. She and fellow residents were galvanized when a city planned and approved freeway would destroy a public park in their Washington Square neighbourhood. This was a place of recreation and congregation for local families and children. She and the team of residents – wealthy with energy, creativity, enthusiasm and dedication took on NYC politicians and decision makers. The “parkway” was never built.

So if more women could influence city planning, would our cities look (and function) differently? Two of the City of Hamilton’s goals are to be “the best place to raise a child” and the recently added “best place to age successfully.” Raising kids and getting old are not the exclusive territory of women but it’s interesting to learn cities around the globe are using a gender lens to gain insight into creating cities that are safe and functional for all. They’re asking new questions.

In June the Useful Knowledge Society of Hamilton hosted a panel discussion entitled Women and the City. If you missed it here’s a link to the evening’s discussion courtesy of The Public Record: <https://www.thepublicrecord.ca/2017/06/useful-knowledge-society-women-and-the-city/>

Let’s keep this conversation going. You may also follow the Useful Knowledge Society of Hamilton on Facebook for interesting articles and conversation about this and other topics.

Have a great summer everyone! Love your city, celebrate your neighbourhood and get involved!

PORT UPDATE

Community Tour Aboard the Harbour Queen – July 16

Hamilton Port Authority is offering a free public tour aboard the Hamilton Harbour Queen on Sunday, July 16. We’ll be answering your questions, sharing information about the role of the Port, and exploring the many different employment activities that take place on Hamilton’s working waterfront. Information available via HPA’s website at www.hamiltonport.ca.

Safe Boating

Operation Safe & Sober is back for another summer. All summer long, HPA and the Hamilton Police Marine Unit will be sharing information about how to stay safe while you have fun on the water. Visit www.hamiltonport.ca for tips and safe boating rules.

Sherman Inlet

HPA has committed to a two-year process to restore the altered shoreline at Sherman Inlet, following an ecologically sound approach, and preserving this feature permanently as a natural space. We know our neighbours are very interested in this project, and we’ll be sharing information as it moves forward.



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dedicated to the core



ELDERBERRIES

SUBMITTED BY PAM WINTER

It’s sad to say goodbye upon the loss of our friend. Megs and I first met Annie many moons ago. She had just returned from Bradenran Beach in Florida. Annie loved the beach life and she made many friends. Her daughter, Sandra, was a nurse who was unfortunately diagnosed with cancer.

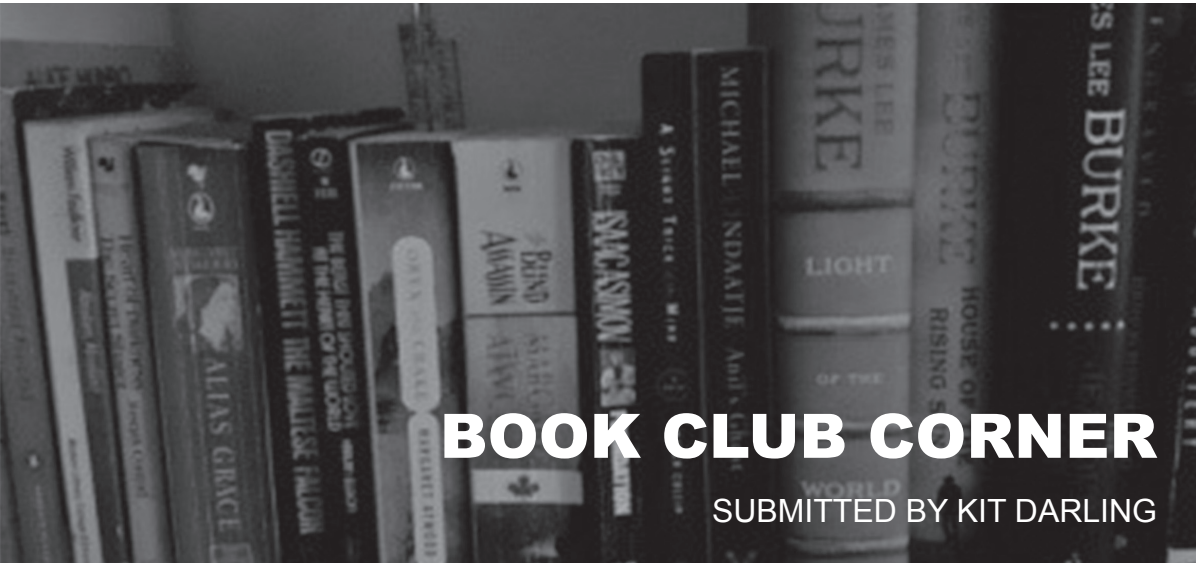
We met Annie at The Welcome Inn. It was winter but there was always a glowing welcome to friends and neighbours. Annie fit us like a glove and so we became the “Terrible Trio” and enjoyed our various activities.

Annie loved to bake, had wonderous stories and accolades that added to her charms. Buka work, wall hangings, soon hung on Annies walls of her new home. Even crochet work – how talented. We grew into a family and remained that way.

We decided “The Terrible Trio” should take a trip to Nashville. My oh my, what a task! Our mood was magical and we enjoyed every minute. We had front row tickets to Loretta Lynn, we rode the rapids. It was a second stab at our childhood. We sang, danced, made new friends and life was good.

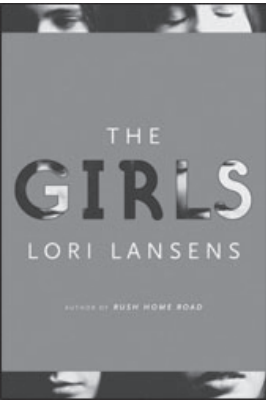
Annie relocated once again to a dear little cottage with a garden on McNab Street. She enjoyed breakfast at Our Corner restaurant and spent time catching up with numerous friends.

The day Annie moved, there was a dandy of a snow storm. Three of us by-passed the main route and loaded our wares into green garbage bags, No hydro and it was cold-cold-cold! But, we laughed and loved every minute of it. Our home from there was yes, The Welcome Inn. It will never be the same! Over the years, we will miss others and but, when we look at the velvet night sky, we remember and appreciate what a true blessing of boundless love and caring we were blessed with. We treasure our large family of friends and cherish how special it is to be loved by them. God speed to a special lady and a special friend. . So many sad years when we have so many goodbyes.



The Book Club members are busy working in their gardens or traveling so here are a few of our past reads, available at Hamilton Public Library. Visit the Bookmobile at Bennetto Recreation Centre on Tuesday from 2:30 to 4:30 and Thursday from 6:00 to 8:00.

***The Hotel on the Corner of Bitter and Sweet* by Jamie Ford** is set in Seattle during WW2. A young Chinese-American boy, Henry Lee meets Keiko Okabe at the English language school where, as the only Asian students they are the target of racism and bullying. When the government rounds up all of the Japanese Americans and interns them in camps far inland, Henry and Keiko are separated. It is only many years later, after Henry’s wife dies, that Henry and Keiko are reunited with the help of Henry’s son. Conflict and love between generations, war and injustice contrasted with the beauty of friendship and music are the ‘bitter and sweet’ of the title. (Nov. 2012)



***The Girls* by Lori Lansens** opens with the lines “I have never looked into my sister’s eyes. I have never bathed alone. I never stood in the grass at night and raised my have arms to the beguiling moon. I’ve never used an airplane bathroom. Or worn a hat. Or been kissed like that. I’ve never driven a car . Or slept through the night. Never a private talk. Or solo walk. I’ve never climbed a tree. Or faded into a crowd. So

many things I’ve never done, but oh, how I’ve been loved.” These words are written by Rose, one of the girls in the title, who is joined at the head to her twin sister Rose. (Dec. 2012)

***The Birth House* by Ami McKay** follows the joys and sorrows, trials and triumphs of Dora Rare, the first girl in five generations of Rares. Situated in a remote Nova Scotia community in the early 20th century, the book addresses issues such as domestic abuse, bigotry, the Halifax Explosion and the blinkered attitudes of the medical profession and society in general toward women, women’s health and childbirth. Engaging characters and insights into life in the early 20th Century make this book a worthwhile read. (May 2013)

***The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer** the story is told through letters exchanged between Juliet Ashton, an author in search of her next book and a group of unlikely book lovers in post-war Guernsey. The characters came alive and the plot moved forward so easily that you forgot that you were reading a bunch of letters. The Literary Society was invented on the spot as an alibi for a group of residents of Guernsey to be out after curfew. The group had met clandestinely to feast on a pig that had been hidden from the German occupiers to prevent it from being confiscated. The characters are engaging and quirky. The occupation of the island of Guernsey was to be Hitler’s stepping stone to England and you learn much of the privations and indignities, the outright brutality of war and the triumph of human spirit as you read this book. (Apr. 2014)



David Christopherson, MP
Hamilton Centre



My office is always happy to provide assistance with Federal Programs and Services.

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Hamilton ON L8N 2V9
www.davidchristopherson.ca

Tel: 905-526-0770
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Have some North End news of your own to share? Follow us on Twitter @northendbreezes and tweet using #TheBreezes or #NEBreezes, or like us on Facebook to stay up to date! As always, you can read an online copy of The Breezes at www.northendbreezes.com



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**Paraphrased Productions Presents
THE HAMILTON FRINGE NEW
PLAY CONTEST WINNER!**

**SUBWAY EXTENSION TO THE MARIANA TRENCH A THE 2017
HAMILTON FRINGE FESTIVAL**

July 8th/2017, Hamilton Ontario: Five years in development and winner of the Hamilton Fringe New Play Contest, Paraphrased Productions proudly presents Subway Extension to the Mariana Trench at the Hamilton Fringe Festival. In Subway Extension to the Mariana Trench a man shoots himself on a busy subway car in Toronto and no one claims to have seen it happen. As police investigate, the play explores the connection of four characters to the event, what brought them there, and how the moment changes them. Mysterious, Intense, touching, at times funny, and ultimately deeply revealing, Subway Extension to the Mariana Trench uses a unique blend of spoken word poetry and theatre to tell a story of human frailty and strength. Reviewers praise playwright Andrew Lee's "crackling dialogue" (View Magazine), noting he "deserves generous praise [and] showcases a unique voice, an ingenious knack for intuitive storytelling" (Mooney on Theatre).

Subway Extension to the Mariana Trench began its life as an entry in the Toronto Fringe 24-hour play contest. Given four elements: The deepest trench in the ocean, a lemur ball, zeitgeist, and the line "a bird in the hand is worth two in the bush" it was written in less than 24 hours and won 1st prize. Over time it was combined with another play called The Seventh Time You Leave and with a little work became what you see today. The play overall has been five years on the contest circuit winning awards before finally coming to stage at the Hamilton Fringe Festival. It plays at the Players Guild of Hamilton July 21st-30th.

Paraphrased Productions is a Hamilton company that features a combination of theatre veterans and new comers, telling stories of memory, trauma, and the journey to find the kernel of truth at the centre of every story. No strangers to Fringe festivals, this will be the fifth production in a Fringe Festival for Paraphrased Productions.

Subway Extension to the Mariana Trench at the Hamilton Fringe is written by Andrew Lee, produced by Katrine Raymond, directed by Cassidy Sadler, and stage-managed by Sophie Munden. The cast features: Arun Varma, Claire Renaud, Ed Heeley, Lindsay Wu, and Isaac Lloyd.

Performances will be held at the Players Guild of Hamilton, 80 Queen Street South, Hamilton ON: Friday July 21 - 7:30 pm; Saturday July 22 - 12:30 pm; Monday July 24 - 8:00 pm; Tuesday July 25 - 6:00 pm; Friday July 28 - 9:30 pm; Saturday July 29 - 5:30 pm; and Sunday July 30 - 12:30 pm.

LATECOMERS WILL NOT BE ADMITTED

Tickets: \$10.00 (with a \$5.00 Fringe Backer button required)

For Advance Online Tickets:

www.hamiltonfringe.ca/tickets

Approximately 60 minutes in length.

Paraphrased Productions Media Contact:

Andrew Lee ~ andrew.lee.a@utoronto.ca ~ 905.525.6964



HEART STRINGS

Heart Strings is an original musical production by director and Playwright Reynold Nathaniel. With lyrics and music by Reynold Nathaniel, Chantal Pike and Hannah Dean. Heart Strings tells the story of corruption, love, drama, repentance and forgiveness.

The musical is set in Ireland 1908, when a young Italian apprentice (Adam Martino), travels to Ireland to deliver a special anniversary gift to Sir William's (Scott Wilson) luxurious house filled with antiques, mechanical music machines and wind and stringed musical instruments. It is there when he crosses paths with Sir William's daughter Elizabeth (Jessica Nicole Tomanzone), who longs for a love like her parents.

Sir William expresses his love for his wife when he decides to acquire a rare and special twenty-fifth wedding anniversary gift for his dear wife Victoria (Krista Barzso). His lawyer friend Douglas Hyde (Yann Archambault) has the perfect gift in mind from Germany, but ultimately greed and envy overtake Mr. Hyde who stops at nothing to obtain the original item for himself! He employs the help of Sir William's man-servant (Manda Dannemann) to satisfy his plot. Ultimately, this plot leads the endangerment of Sir William's family.

What is this gift in Germany that is being fought for? Will lonely Elizabeth find her true love? Who will survive? Will our beloved Sir William and his family get a happy ending?

This is an entertaining comedy with high drama, original music and a beautiful setting. With musical direction by Luc Gaylie. As well as set and costume design by Jeanette Robinson and assistant set design by Madeline Delle Donne, the heartwarming musical Heart Strings will sure pull on your heart strings.

Heart Strings The Musical opens at Hamilton Fringe at the Players Guild (80 Queen St

South, Hamilton). It runs from July 20th, 2017 and runs through until July 30th, 2017 -- with shows on; Thu July 20 6:00pm, Sat July 22 8:00pm, Sun July 23 2:00pm, Mon July 24 9:30pm, Thu July 27 6:00pm, Sat July 29 1:00pm, Sun July 30 9:00pm. Tickets can be purchased for \$10 on www.hamiltonfringe.ca/tickets. LATECOMERS WILL NOT BE ADMITTED.

Company List

Director & Playwright:	Reynold Nathaniel
Casting Director:	Merle Sotillio
Stage Manager:	Madeline Delle Donne
Assistant Stage Manager:	Caterina Capizzano
Set & Costume Designer:	Jeanette Robinson
Lighting Designers:	Madeline Delle Donne, Jeanette Robinson
Assistant Set Designer:	Madeline Delle Donne
Music Director:	Luc Gaylie
Dancers:	Michael Crawford, Melissia Tolkunow
Advertising & Marketing:	Madeline Delle Donne Caterina Capizzano

Cast List

Sir William:	Scott Wilson
Victoria:	Krista Barzso
Understudy Victoria:	Tina Stance
Elizabeth:	Jessica Nicole Tomansone
Understudy Elizabeth:	Krista Barzso
Francesco:	Adam Martino
Understudy Francesco:	Nicolase Merlo
Conrad:	Manda Dannemann
Douglas:	Yann Archambault
Jackie:	Alison Niven
Understudy Jackie:	Tina Stance

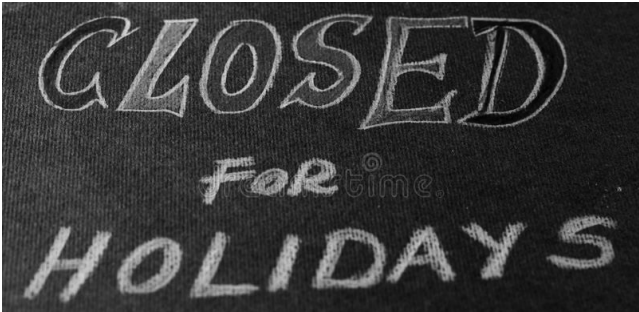
For More information on Heart Strings The Musical

Contact:

Reynold Nathaniel -- Mole Productions
437-344-4529

reynoldnathaniel@yahoo.ca

Hamilton Fringe Box Office:
publicity@hamiltonfringe.ca



WACKY HOLIDAYS

Just a reminder that The North End Breezes is taking a holiday! There will be no publication for the month of August but we'll be back for September 1, 2017. We'll still be available at office@northendbreezes.com and we will be able to upload any events you missed advertising on our face book page and on our website www.northendbreezes.com. See you in September!

In the meantime, we hope you are all enjoying a holiday as well. Have you ever explored wacky holidays? These are holidays that are celebrated on the books, but little known and rarely celebrated but certainly generate mirth, fun and whimsy. Flying under the titles of

Fun, Wacky, Bizarre, Trivial or Obscure, here are some of the holidays you COULD be celebrating this month:

July is Anti-Boredom Month, which is surely interesting for all the moms hosting out-of-school children who love to regale her with choruses of "I'm Bored!" In our house, we chose to classify the 'B' word as a 'swear' and those practicing its use were introduced to another word – CHORES!

July 1st, besides being our 150 Canadian Birthday, also is also International Joke Day. Joke Day is followed by some fun on July 2, such as Build a Scarecrow Day, I Forgot Day and World UFO Day. Do these sound like jokes to you?

More fun days follow with National Bikini Day(5th), Sidewalk Egg Frying Day (4th), and International Kissing Day(6th). The world's record for longest kiss is over fifty-eight and a half hours! Now there's a Smooch for you!

Some of the more interesting days are Cheer up the Lonely (11th), Embrace Your Geekiness Day (13th) and Cow Appreciation Day (15th). They say the latter is a very MOOOOving experience!

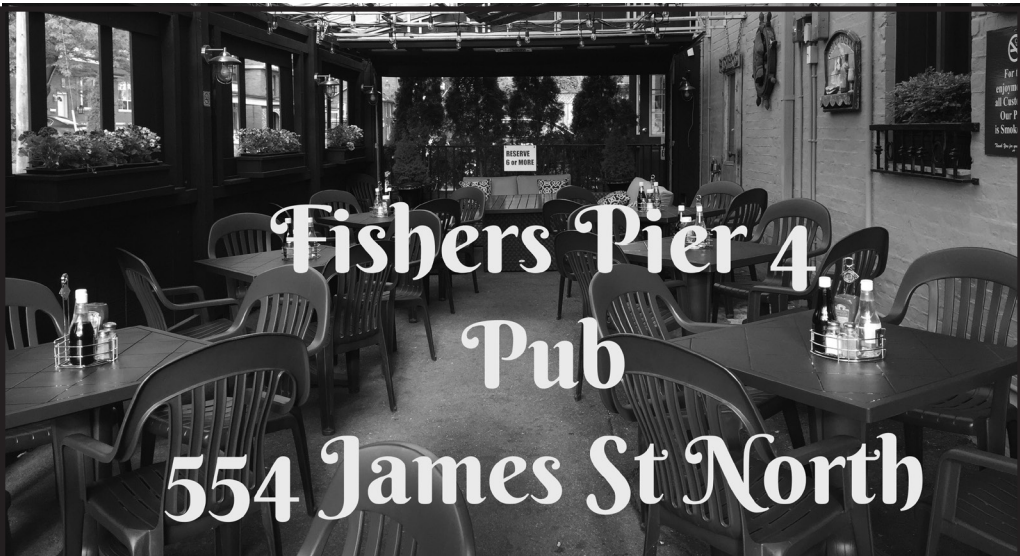
More appropriate might be to celebrate Global Hug Your Kids Day (17th) - but perhaps not, if they are into celebrating Stick Out Your Tongue Day (19th). Rather wait for Parent's Day on the 23rd!

You could celebrate Take Your Pants for a Walk Day (27th) by taking a walk over to your Hammock – Oh Sorry! Hammock Day is on the 22nd! Maybe you could make plans with your block to celebrate your neighbors with International Day of Friendship on the 30th – or at least celebrate Mutt's Day on the 31st.

And July is a great month to eat. Foods celebrated this month also include days for:

Creative Ice Cream Flavors (1st)	Fresh Spinach(16th)
Fried Chicken (6th)	Peach Ice Cream (17th)
Chocolate (7th)	Raspberry Cake (19th)
Strawberry Sundae (7th)	Lollipop Day (20th)
Blueberry (8th)	Vanilla Ice Cream (23rd)
Sugar Cookie (9th)	Milk Chocolate (28th)
Pecan Pie (12th)	Lasagna Day (29th)
Tapioca Pudding (15th)	Cheesecake Day (30th)

So, eat up, meet your neighbors, kiss(!) take a walk, and ENJOY THE NORTH END!



HAPPY 150TH BIRTHDAY CANADA!
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and CLOSED Sunday July 2nd

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HAMILTON  
**FRINGE**

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**WEDNESDAY, JUNE 21, 2017, HAMILTON, ON**

AN ORIGINAL ADAPTATION OF THE MAGICAL FAIRY-PLAY  
*The Blue Bird* IS MAKING ITS HAMILTON FRINGE DEBUT

**PRESENTED BY**

*The BLUE BIRD Theatre*

*The Blue Bird* is a magical **fairy-play for all ages** by Maurice Maeterlinck that tells a story of a young girl, Mytyl, and her quest. With the help of a magical diamond, Mytyl is able to finally see the souls of all the things around her. As she embarks on a perilous and exciting journey in search for the mysterious Blue Bird of Happiness, she discovers exactly how much she has been missing.

Although *The Blue Bird* presents itself as a children's fairy-tale, it does not shy away from some of life's most challenging questions. Maurice Maeterlinck, who won a Nobel Prize in Literature for his many literary achievements, explores the themes of the meaning of life through the use of **symbolism** appealing to **imagination** and **desire of exploration**. With the Quest for Happiness as the central theme, this production has the ultimate power to **uplift and inspire**.

**VENUE AND SHOW TIMES**

**Theatre Aquarius (Studio)**  
190 King William St, Hamilton

Friday, July 21, 8:30pm  
Sunday, July 23, 3:00pm  
Monday, July 24, 6:00pm  
Wednesday, July 26, 8:00pm  
Friday, July 28, 6:00pm  
Saturday, July 29, 9:00pm  
Sunday, July 30, 3:30pm

The performance is approx. 60 min  
  
Please note that latecomers will not be seated.

**TICKETS**

Adult: \$10 Child: \$5  
Fringe Backer button is required

**ABOUT US**

*The Blue Bird* is an Oakville based Theatre and Creativity Club rooted in beauty and magic, presenting reality with unbound imagination and extraordinary imagery, determined to capture the meaning of Happiness. We believe in building a strong artistic and social community, nurturing human need for creative discovery from early childhood and forever taking care of our surroundings and making them a more beautiful place to live and play in.

**OUR TEAM**

**Adapted and produced by** Kristina Yusupov  
**Directed by** Kristina Yusupov and Daniel Kash  
**Original music by** Jackson Seib  
**Choreography by** Marisa McDonald and Kasha Pinel

**Design Team:** Christopher Pattenden, Shara Lee Miller, Dana Rhijnburger  
**Production Team:** Kristina Yusupov, Kelly McAllister and Alex LaPorte  
**Cast:** Monique Stinchcombe, Constantine Karzis, Kelly McAllister, Kasha Pinel, Tanisha Sinclair, Anjali Rai, Marisa McDonald, Jared Doke, Eric Lehmann, and Alyssa Blasak

**MEDIA CONTACT:** Kristina Yusupov, Artistic Managing Director [KRISTINA@BLUEBIRDTHEATRE.CA](mailto:KRISTINA@BLUEBIRDTHEATRE.CA) (905)399-0083



## CANADA'S MOST PRODUCTIVE INVENTOR

SUBMITTED BY BRIAN ROULSTON

George Johann Klein was relatively unknown in his native Canada until the Canadian Encyclopedia dubbed him as Canada's most productive inventor;. He grew up at 12 Caroline Street in Hamilton with his family. Young George would visit his father George Klien's jewelry store, Klien and Binkley on James St. where he nurtured his natural curiosity of how things where made and worked.

His father's store, very successful both selling jewelry, clocks and watches and repairing watches introduced young George to engineering and micro-engineering, a world of watchmakers. He also developed the artist in himself working with gold and silversmiths who made and repaired the jewelry. George spent hours tinkering or building something in the basement workshop. He built a one metre fully functional sailboat and played with it on Hamilton Bay.

He was also an accomplished violinist in both Hamilton and Ottawa. After graduating from the Hamilton Technical School on Wentworth Street North near Cannon, Klein continued his studies at The University of Toronto where he graduated in 1928 with a Bachelor's Degree in Applied Science. He was invited to join his professor as Director of Mechanical Engineering at the National Research Council, Canada's agency of Research and Development, in Ottawa where he stayed for 40 years.

George was involved in many projects such as designing the NRC's first wind tunnel. George was also an avid cross-country skier and this gave him the idea of developing a plastic coating for skis on airplanes to allow them to take off and land from snow or ice-covered runways. This led him to design and build a small, but agile snowmobile.

During the 50's George designed an antenna roughly 4 meters long and flat that could be unfolded to 40 meters called STEM for NASA. The antenna was first successfully used in 1962 aboard the Canadian satellite Aloutte-1. NASA soon after adopted it for use during the Mercury, Gemini, and the Apollo space programs of the 60's and early 70's. It was used when Apollo 11 landed on the moon.

George Klien then retired from the NRC to Carleton University in Ottawa as a part-time lecturer. However, when NASA launched the Space Shuttle program in the early 70's and realized they needed a robotic arm to transfer the heavy payloads from the cargo bay into its intended positions. Today, we know it as the Canadarm.

George Klien passed away November 4, 1992 at 88 years of age after a short illness in Ottawa. In his Honor Carleton University in Ottawa established the George Klein Medal for high school students participating in an industrial design competition.

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 **City School**  
by  
**MOHAWK**

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*Ad content subject to approval by the Board of Directors in keeping with the Mission and Vision of North End Breezes. Call 905-523-6611 ext 3004 or email office@northendbreezes.com*

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**Minion Parties, Costume Parties.** Various characters. For kids and adults. Call Sandra at 289-925-5990

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### SUMMER JOBS OPPORTUNITY

Indwell is recruiting current students for our summer jobs of Community Coordinator and Recreation Coordinator. Please apply before April 10 to be considered. Application information can be found at indwell.ca/get-involved/careers.

*Please note: The Flat Bed Service and scrap vehicle pick-up is no longer available.*

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Community Health Centre

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Community Health Centre

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CANADA 150**



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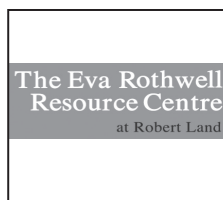
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